



# THE DINGLEY DOSSIER

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[www.dvnc.com.au/dossier](http://www.dvnc.com.au/dossier)

## R U OK? DAY - THURSDAY 11TH SEPT

### ASK R U OK? ANY DAY BECAUSE LIFE HAPPENS EVERY DAY



Whilst R U OK? Day is the National Day of Action, you are encouraged to Ask R U OK? Any Day of the year because a conversation could change a life.

A lot can happen in a year, a month, a week. Whether it's your friend, family member, colleague, partner, or teammate, the people you care about go through life's ups and downs every day.

By having regular, meaningful conversations, you build trust and normalise talking about what's really going on, so when the people in your world find themselves struggling, they know you're someone they can talk to.

#### HOW TO ASK R U OK?

##### Simple Steps that could Change a Life

###### 1. Ask R U OK?

- Pick your moment. Start the conversation at a time and in a place where you'll both be comfortable.
- If they can't talk when you approach them, organise a time when they can.
- Be relaxed and friendly in your approach. Think about how you can ease into the conversation.
- If they don't want to talk, let them know you'll be there for them when they are ready, or ask if there's someone else they'd be more comfortable chatting to.



###### 2. Listen with an open mind

- Be prepared to listen. Don't try and solve their problems right away.
- Have an open mind.
- Don't rush them, or interrupt. Let them speak in their own time.
- Encourage them to explain.
- Show you've listened by repeating back what you have heard and asking if you have understood them correctly.



###### 3. Encourage action

- Once they've opened up, encourage them to do something that might lighten the load or, if appropriate, consider professional support.
- You don't have to have the answers or be able to solve their problems, but you can help them consider the next steps and actions they can take to manage their situation.
- Some good options might include talking to family, a trusted friend, their doctor or another appropriate health professional.
- You can also suggest they think about what's worked for them or helped when they've felt this way or faced similar challenges in the past.
- Things that help them relax or bring them joy might include going for a walk, seeing a movie, watching or playing some sport etc.



###### 4. Check in

- Remember to check in again soon to see how the person is doing. During the conversation, ask them to suggest a time that's good



- "Do you mind if I drop by again soon to see how you're travelling?"
- Ask them how they're feeling and if they've found ways to better manage their situation.
- If they haven't done anything, be encouraging and remind them you're always there if they need a chat. Remember that for now they might just need someone to lend a listening ear.
- Understand that it can sometimes take a long time for someone to be ready to see a health professional. Try to reinforce the benefits of seeking professional help and suggest they try different avenues.
- If they've had a bad experience with a helpline or doctor, encourage them to keep trying. You could ask, "Would it be useful if we tried some other options to help you get through this?"
- Pop a reminder in your diary to drop in or call them in a couple of weeks. If they're really struggling, follow up with them sooner.
- Stay in touch and be there for them. Genuine care and concern can make a real difference.

You can find more information, support and resources at [www.ruok.org.au/how-to-ask](http://www.ruok.org.au/how-to-ask). If you are concerned for your safety or the safety of others, seek immediate assistance by calling Triple Zero (000).

Lifeline (24/7) 13 11 14 | [www.lifeline.org.au](http://www.lifeline.org.au)  
Beyond Blue (24/7) 1300 224 636  
[www.beyondblue.org.au](http://www.beyondblue.org.au)  
Kids Helpline (24/7, for ages 5-25) 1800 55 1800  
[www.kidshelpline.com.au](http://www.kidshelpline.com.au)  
Suicide Call Back Service (24/7) 1300 659 467  
[www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

Information in this article provided by © R U OK? Limited ACN 138 676 829 (R U OK?).

## FARMERS' MARKET

SATURDAY 20<sup>TH</sup> SEPTEMBER | 8:30AM - 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.

# WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

31B Marcus Road, Dingley Village. 8512 0505 admin@dvnc.com.au

## LIVING IN DINGLEY VILLAGE

### IMPORTANT NUMBERS

**City of Kingston:**  
1300 653 356

**Emergency:** 000

**Police:** 131 444

**Crime Stoppers:**  
1800 333 000

**Lifeline:** 13 11 14

**Suicide Call Back Service**  
1300 659 467

**SES:** 13 25 00

**Poisons Info:** 13 11 26

**Emergency Relief**  
(MADDV) 9551 1799

**MensLine:**  
1300 789 978

**WIRE**  
(Women's Information and  
Referral Exchange):  
1300 134 130

**Safe Steps:**  
1800 015 188

**Nurse on Call:**  
1300 60 60 24

**Tip Smells & Dust:**  
EPA 1300 372 842

**Aircraft Noise:**  
1800 802 584

**Neighbourhood Centre:**  
8512 0505

**Community Association:**  
dvcasecretary@gmail.com

**Men's Shed:**  
9551 5892

**VicRoads Faults  
and Hazards:**  
13 11 70

**RSPCA**  
9224 2222

**Justice of the Peace**  
Marion Harriden 9551 1799  
Allan Harris 9558 2591

**Document Signing Station**  
Springvale Library  
1300 630 920

### Music with Mummies

An interactive and personable experience for both you & your child. Ages: 6 months -3 yrs, Wednesdays in the Library Meeting Room 2. All enquires contact Emma: Ph: 0412 796 424 or email: musicwithmummies@gmail.com



### Teens Games Group

Fun environment for teenagers from 13 - 17 to enjoy games together. Strategy, fantasy & sci-fi style board & role-playing. Friday 5.30 - 7.30 pm in DVNC meeting room 4.5 & 6. **Free event.**

### Dingley Village Playgroup

Now on Monday and Tuesday from 9am to 11am. Fee per term is \$40.00. In the new playgroup room in the new DV Neighbourhood Centre & Early Years services building



### Zumba Gold with Norma

Zumba Gold is a low- impact dance fitness class perfect for beginners of all ages and fitness levels. Thurs, 9.30am -10.30am in the Harold Box Hall, \$10.00 per class. No need to book just come along.



### Seniors Body and Balance with Norma

This class focusses on balance, ranges of motion and coordination. Thurs, 11am-12pm in the Harold Box Hall, \$10.00 per class No need to book just come along.

### Social Table Tennis with John

Catering to all skill levels both men & women. Come along and join this friendly group. Mon, 9am & Wed 12.30pm in the Harold Box Hall \$3.00 per session. New members Welcome. No need to book just come along.



### Pilates

Mums and Bubs Pilates Tuesdays 11.15am-12pm \$12 session. Mat Pilates Tuesdays 12.30 - 1.15 pm \$12 per session in the Harold Box Hall but please pay at reception first. Need to bring Yoga Mat, Water bottle and towel. All enquires please contact admin@dvnc.com.au or Ph: 8512 0505.

### Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am -12pm in DVNC meeting room 4 & 5. Free Class, no need to book- Just come along.

### Chatty Café with Sue & Jo

The Chatty Café Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation and loneliness. Let's keep our community connected! Wed 10am to 12pm in the staff room in the new DV Neighbourhood centre. **Free, just some along.**



### Collection Point

You can drop off the following items at the Centre: prescription glasses/ hearing aids, stamps & unused toiletries from hotel rooms. These items are then recycled for use by local service groups.

### Taekwondo with David

Mon & Thurs 5 -7pm in the 'Harold Box Hall'. If you are interested in joining, contact David on 0439 304 579.

### Tai Chi

Tai Chi aids the reduction of anxiety of stress; it also helps increase flexibility and balance. Sessions are held in the Harold Box Hall. Tuesdays from 9am -11am. Wednesdays 6.30pm-9.30pm Contact James: 0430 570 460.

### Agna Yoga with Sneha

NEW class starting on May 16th, weekly on Fridays from 6pm-7pm. Yoga & Meditation class in the Harold Box Hall: All enquires to agnayogawellness@outlook.com or Ph: 0421 876 858

### Sound Healing with Danielle

Bio tuning session weekly on Tuesdays from 7pm-7.45pm in the Harold Box Hall. All enquires contact Danielle at Biofieldbayside@outlook.com or Ph: 0478 736 675.

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# COMMUNITY

## Fathers' Day

To all the fathers, grandfathers, stepdads, foster dads, dads-to-be, father figures, and all those doing the father role, wishing you all a wonderful day filled with love and laughter.



## Your Neighbourhood Centre needs YOU

The neighbourhood centre needs your skills, your ideas, your commitment to the local community and your enthusiasm! If this is you, why not nominate and fill a position on the Board of Governance, at the AGM on the 23rd of September. (see notice further in Dossier)

## Dingley Primary School Turns 100! Celebrate With Us!

This year marks a once-in-a-lifetime milestone for our school and community – Dingley Primary School is turning 100! We're inviting all past and present students, families, staff, and friends of the school to join us for two days of celebrations that honour our history, showcase our achievements, and look ahead to the future. We'd love the community to be part of these celebrations – whether by attending, sharing your school memories, or loaning historical items for the display. You can send in stories, photos, or memorabilia by scanning the QR code on our event flyer (further in Dossier) or emailing [dingley.ps@education.vic.gov.au](mailto:dingley.ps@education.vic.gov.au)

## City of Kingston 2025 Library Survey



Whether you're a regular borrower, an occasional visitor, or haven't stepped inside a library for years, City of Kingston want to hear from you. Complete the short survey before 21 September 2025 and you'll go into the draw to win one of three \$100 Visa gift cards.

Your voice matters — help us make our libraries better for everyone. Take the survey at [www.yourkingstonyoursay.com.au/library-survey-2025](http://www.yourkingstonyoursay.com.au/library-survey-2025).

## Market Day

Lexington Gardens Retirement Village is holding a market in their main dining room on Friday 5th September from 10 am - 1 pm at 114 Westall Rd, Springvale. Crafts, food items, gifts, jewellery... and lots more. Some stalls CASH only. FREE entry, FREE parking. Café is open for morning tea/lunch

## Keysborough Bowls Club

Keysborough Bowls Club is a progressive and friendly Club not far from Dingley Village. If you would like to learn or are already an experienced bowler, why not visit and check the club out. Contact: Gloria on 0421 123 495 or [keysboroughbowls@outlook.com.au](mailto:keysboroughbowls@outlook.com.au).



## Victorian Seniors Festival

The Victorian Seniors Festival is a major state-wide festival for and involving seniors and runs from 1-31 of October every year. The festival delivers a range of free and low-cost events for older Victorians, make sure you look out for upcoming events in October and book early.

## Special Dates in September

### Prostate Cancer Awareness Month

It's the most commonly diagnosed cancer in Australian men, with more than 24,000 men expected to receive a diagnosis this year. Today is a time to learn the symptoms, and most importantly, learn how you and your loved ones can reduce the risk of developing it.



### Dementia Awareness Month

Dementia describes a collection of symptoms that are caused by disorders affecting the brain. It is not one specific disease though Alzheimer's disease is the most common form. Dementia affects thinking, behaviour and the ability to perform everyday tasks. Brain function is affected enough to interfere with the person's normal social or working life.

### 1st – 5th September: Women's Health Week

This Women's Health Week, it's time to prioritise your health – because when women thrive, everyone around us also benefits. [www.jeanhailes.org.au](http://www.jeanhailes.org.au)

### 5th September: Mawlid Al-Nabi\* Islam (Birth of the Prophet Muhammad)

An annual festival commemorating the birthday of the Islamic prophet Muhammad, Muslims view the celebration as a sign of respect and adoration of Muhammad, whom they believe to be God's messenger and final prophet.



### 11th September: RUOK? Day

RUOK? Day is a National Day of Action, reminding everyone that we have all got what it takes to ask, 'are you ok?' and support those struggling with life.



## 22nd – 24th September: Rosh Hashanah\* Judaism

Rosh Hashanah, the Jewish New Year festival, is the beginning of the holiest time of the year for Jews, and the anniversary of the creation of the world. Marked by the blowing of the horn (shofar) which begins the ten days of penitence culminating in Yom Kippur (Day of Atonement). Work is not permitted on this day.



## 29th September: National Police Remembrance Day

National Police Remembrance Day is the day to pause and honour Australian Police Officers who have been killed on duty or have died as a result of their duties, and to recognise the unique nature of police service and the dangers that police face in their daily pursuits.

\* Holy days (mainly Jewish, Islamic and Baha'i) which begin at sundown on the previous day listed.

\*\* Local or regional customs may use a variation of this date.



Dingley Village  
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is now on



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## Dingley Village Police Update



**Crime Stoppers (1800 333 000)**  
To provide crime information, it can be anonymous.



neighbourhoodwatchkingston



www.nhw.com.au

## Machete Amnesty

A Machete Amnesty will run from 1 September to 30 November 2025 to support the safe disposal of machetes. Safe disposal bins will be installed at select police stations across metropolitan and regional Victoria. You can hand in a machete without penalty during this time.

Find a safe disposal bin at  
[www.vic.gov.au/machete-amnesty](http://www.vic.gov.au/machete-amnesty)



### Penalties

From 1 September 2025, machetes are banned in Victoria. Possession without exemption can lead to

- \* up to 2 years in prison, or
- \* a fine of more than \$47,000.

*Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.*

# Little Villagers Childcare

**Commonwealth Childcare Subsidy Approved Provider**

Don't need full time childcare, working part-time, working from home, home schooling or just need a few hours child free, then we have the answer. We have **6** hour sessions available for pre-school aged children.

You do not have to be eligible for Commonwealth Childcare subsidy for your child to attend, we offer affordable fee for service rates.



**Open 9 am - 3 pm**

Monday - Friday

**8512 0509**

Dingley Village Community Hub

31B Marcus Road, Dingley Village

Email: [lvcc@dvnc.com.au](mailto:lvcc@dvnc.com.au)

**Our caring, nurturing staff invite you to check out our new modern Childrens' Centre**

# DINGLEY VILLAGE COMMUNITY ASSOCIATION

## DVCA Annual General Meeting

The DVCA Annual General Meeting was held on Tuesday 12th August 2025. Chairing the AGM, David Madill thanked the DVCA Executive for their generous service over the past year.

**We are pleased to announce the new DVCA Executive as follows:**

- Chairperson - Geoff Blake
- Vice Chairperson - Leigh Gridley
- Secretary - Natan Raykhtin-Breitenfeld
- Treasurer - Nigel D'Souza

## 2025 Year in Review - DVCA

At the AGM, DVCA Chairperson, Geoff Blake, reviewed the past year, identifying some of the issues DVCA members have been actively involved in and the continuing challenges for our village.

## In Memory of Jon Garrard

Jon served on the DVCA Executive in various roles over many years and was very passionate about Dingley Village. Whether standing up for local causes, sharing a joke, offering advice, Jon was there and always offering to help out where he could, with his characteristic drive and determination. Jon's ideas and hard work for Dingley Village will continue to be seen for many years to come.

## Annual Community Information Night

Another successful meeting, organised by the DVCA, was attended by residents in record numbers and received very positive feedback. The information night, provided local updates and some lively Q&A sessions, giving an excellent platform for the exchange of ideas and views and demonstrated our village's vibrant community spirit.

## Council Election

The election of Cr. Caroline White, who represents Dingley Village in Caruana Ward, has already had a positive impact on the community. Her strong focus on local issues and accessible relationship style is welcomed and supported by the community and the DVCA. We look forward to her continued strong representation and advocacy of village issues.

## Looking Forward:

DVCA concerns for our community are ongoing and we will continue to focus on such key issues as:

**1. Kingswood Golf Course Development Proposal: version 3** - DVCA is opposed to the latest redevelopment plan submitted for Kingswood by Satterley Property Group. This redevelopment proposal, for a dense 941 block housing development, threatens to change Dingley forever and would adversely impact all residents.

DVCA remains committed to advocating for responsible planning of Kingswood, which prioritises open space, environmental sustainability, suitable housing development and protection of our village's special character. DVCA will continue to engage with State Government, Council and Residents on Kingswood. A decision on the Satterley redevelopment proposal is



expected to be made later this year by Victorian Planning Minister the Hon. Sonya Kilkenny.

**2. Spring Road Reserve** - Implementation of the first stage of the Spring Road Reserve Park Master Plan commenced during the past year with:

- a number of trees planted
- fencing of the wetlands area
- bird signage
- new parking arrangements

Further works in this Six Stage Master Plan for our 38 hectare park are scheduled over 2025/2026. DVCA will continue to monitor the progress of their implementation by Council.

**3. Tootal Road Upgrade** - The proposed Tootal Rd upgrade, both road and pedestrian footpaths, has been deferred by Council until 2026 or later. Tootal Road is an important road in our village, providing access to Hawthorn Football Club's new Kennedy Community Centre, many village streets and the Dingley By-Pass. DVCA will continue to advocate for these important road works to be implemented by Council as soon as possible.

**4. Shopping Centre Improvement** - The DVCA seeks to improve the lighting, footpaths and shopfronts of our village Shopping Centre and are supported in this by local businesses. Council has met with the DVCA and the Shopping Centre Owners and supports these important Dingley Village Shopping Centre improvements proposed by DVCA.

## Power Saving Bonus \$100 - Apply Now

Don't forget to apply for the State Government's Power Saving Bonus of \$100, paid to eligible households in Victoria.

## Who Can Apply for This?

Anyone with an eligible concession card, such as:

- pension concession card
- health care card
- DVA gold card

Please remember you must apply for this in order to receive the bonus \$100.

## How Do I Apply?

From 25 August 2025, simply go to the Victorian Energy Compare website: <https://compare.energy.vic.gov.au/> and complete the online application for it.

## Can We Help?

If you have a local issue, you need help with - don't hesitate to contact us and we will see if we can assist you with this.

## DVCA Contact Info:

Contact us by email at [dvcasecretary@gmail.com](mailto:dvcasecretary@gmail.com) or come to our monthly evening meeting. Meetings are held in the Library Meeting Rooms, on the second Tuesday each month, February-November, at 7.30pm, located at 31b Marcus Rd. New members are most welcome to attend. For further information please contact the DVCA Secretary at [dvcasecretary@gmail.com](mailto:dvcasecretary@gmail.com).



# OUR COUNCIL

## Have your say: help shape the future of our libraries

We are inviting the community to share their thoughts in our 2025 libraries survey.

Whether you're a regular borrower, an occasional visitor, or haven't stepped inside a library for years, we want to hear from you. Your feedback will help us improve our services, programs, and resources to ensure we continue meeting the needs of our community. We're asking you to share what you love, what could be improved, and what you'd like to see in the future of our libraries. Every perspective counts.

Last year's survey helped shape exciting changes, including:

- Expanding extended access hours at Dingley and Patterson Lakes
- Increasing volunteering opportunities
- Boosting our adult programs
- Offering more introduction sessions to the digitisation station, 3D printing and podcasting
- Growing our e-audiobook collection by 10%
- Adding more than 33,000 new books to our shelves

Across eight locations, Kingston Libraries offers a diverse range of collections, programs and services, from books, DVDs and magazines to a Library of Things, computer and Wi-Fi access, children's programs, tech help, heritage resources, craft activities, and an extensive suite of online resources including Ancestry, BorrowBox and LinkedIn Learning. Complete our short survey before 21 September 2025 and you'll go into the draw to win one of three \$100 Visa gift cards.

Your voice matters — help us make our libraries better for everyone. Take the survey at [yourkingstonyoursay.com.au/library-survey-2025](http://yourkingstonyoursay.com.au/library-survey-2025).

## Kingston Power Savers

Are you looking for ways to save energy in your home?

Our Kingston Power Savers program makes it easier to improve energy efficiency and lower energy bills, connecting you with trusted, vetted suppliers for a range of home and business energy upgrades, including:

- Split system heating and cooling
- Hot water heat pump systems
- Induction cooktops
- EV chargers
- Insulation
- Draught proofing
- Solar PV
- Batteries
- Home energy assessments

Get expert advice, reliable quotes, guidance on accessing available rebates, compare suppliers, and manage paperwork more easily.

To get started go to [www.kingston.vic.gov.au/energy-efficiency](http://www.kingston.vic.gov.au/energy-efficiency)

This program is delivered by Solar Savers.

## Major road upgrades welcome – but more work needed to fix gridlock

Kingston Council has welcomed more than \$28 million in federal funding to improve two notorious traffic hot spots in Melbourne's southeast — but says more investment will be needed to fully fix the bottlenecks and keep up with population growth. The Australian Government has committed \$25 million to upgrade the Thompson Road and Mornington Peninsula Freeway intersection at Patterson Lakes, and a further \$3 million to improve safety and traffic flow at the McLeod Road and Station Street intersection in Carrum.

Mayor Cr Georgina Oxley said the funding is a major win for local residents and commuters who regularly face long delays and dangerous traffic conditions. "These are critical intersections that have become choke points for drivers coming from booming suburbs like Clyde, Carrum Downs and Sandhurst," Cr Oxley said.

Deputy Mayor and Banksia Ward Councillor Chris Howe welcomed the important upgrades achieved following strong community advocacy. "This investment will make a real difference, particularly the long-awaited safety improvements at the Carrum intersection, where we've seen serious crashes and lengthy traffic queues," Cr Howe said.

Works at the McLeod Road intersection, which will be delivered in a partnership between the Australian and Victorian Governments, will improve safety at the site via:

- A new left-turn lane from Station Street into McLeod Road
- Two right-turn lanes onto Nepean Highway
- Improved signage to help traffic flow.

Cr Howe also welcomed the commitment to upgrade the Thompson Road/Mornington Peninsula Freeway intersection but said a larger package of works is also needed to address congestion long-term.

"Traffic engineers are clear — upgrading the intersection is a great start, but to fix this properly we need to duplicate the single-lane bridge and widen the freeway on-ramp," Cr Howe said. "Without these further upgrades, we risk shifting the bottleneck rather than solving it."

"Kingston is a key access point for Melbourne's southeast and we need strong partnerships with the state and federal governments to make sure our road network is modern, safe and future-proof," Cr Oxley said.

*Information in this article provided by City of Kingston*



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# LOOKING AT LOANS



## AI Advice?

Previous generations living through the invention of electricity, of the car, of the plane marvelled at the pace of change. In more recent decades, technology has evolved even more dramatically, reshaping the way individuals, businesses, and societies operate.

This rate of change is not linear - it's exponential. Advancements that once took centuries now occur in years or even months.

'Moore's Law' was an observation made in 1965, that computing power doubles approximately every two years. Amazingly 60 years later that observation still holds. The simplicity of the statement became a target for the industry, and then a self-fulfilling prophecy.

In 2025 the interconnectedness of global markets, widespread access to high-speed internet, and collaborative platforms make it easier than ever for ideas to spread and evolve. The proliferation of smartphones, the rise of artificial intelligence, and the ubiquity of cloud computing are all contributing to a rapidly moving present.

However, this rapid change brings challenges. The gap between technology development and regulation can leave societies vulnerable. It also places pressure on individuals and industries to continually adapt.

GPS systems are now integral in the most ancient (and important) industry we have - agriculture. Every industry is affected. Including finance broking.

Like the farmer, finance industry use of technology continues to evolve and change, improving quality of performance and productivity. Property purchasers value the advice of their mortgage broker. Integrity Finance Australia has been operating from its Dingley Village base

since 2006, in that time aiding people buying homes with more than one billion dollars in financing.

Will that be replaced by AI? Possibly one day; However, the Integrity and Trust implicit in what we do will not easily be replaced by a machine.

Incredibly, recent figures showed 76.8% of all new residential home loans in Australia were settled via mortgage brokers, a record high market share, which seems to just keep growing. Given the industry was threatened with extinction not too long ago, with concerted efforts by the banks to undermine mortgage broking as a viable business, that is a massive number.

Ultimately, the swift pace of technological evolution is both a promise and a puzzle - offering immense potential while requiring thoughtful navigation. Embracing flexibility and continuous learning will be key to thriving in this era of constant transformation.

That applies to all of us, in and out of work. Even the AFL are trialling computer-chip technology in footballs to assist in goal umpire decisions. Let's hope they get that right!

As we head into September, we wish all the dads a Happy Father's Day, and for those lucky enough to have their teams in finals, Good Luck and enjoy the ride!

Integrity Finance Australia has been serving the Dingley Village community since 2006. If you have any questions on the issues raised in this article or borrowing capacity or your home loan in general, then please email [loans@ifafinance.com.au](mailto:loans@ifafinance.com.au), or call us on **03 9511 8883**

Daryl Borden, your Dingley Village Mortgage Broker, ACL 392184

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## Brighter Days Dementia Care

- Do you love someone living with Dementia? Would you like them to:
  - Stay at home longer
  - Improve their quality of life
  - Improve their life in aged care
- and receive:
- Education and support for yourself and the family

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### HEAD OFFICE

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### PHONE

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AUSTRALIAN CREDIT LICENCE  
392184

To arrange an appointment contact one of our consultants



**Daryl Borden**  
0417 593 893



**David Browne**  
0409 051 111

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# SAFE COMMUNITIES

## Use-by and best-before dates

Most packaged foods with a shelf life of less than 2 years must have a 'best-before' or 'use-by' date stamped on the box, wrapper or bottle. Date marks give a guide to how long food can be kept before it begins to deteriorate or may become unsafe to eat.



The two types of date marking are use-by dates and best-before dates. The food supplier is responsible for placing a use-by or best-before date on food.

### Use-by.

Foods that must be eaten before a certain time for health or safety reasons are marked with a use-by date. Foods should not be eaten after the use-by date and can't legally be sold after this date because they may pose a health or safety risk.

These dates are typically found on highly perishable foods like meat, dairy, and pre-prepared meals. Example: A "use-by" date on milk means you should not consume it after that date, even if it appears normal, as it could contain harmful bacteria.

### Best-before.

Most foods have a best-before date. You can still eat foods for a while after the best-before date as they should be safe, but they may have lost some quality. Foods that have a best-before date can legally be sold after that date provided the food is fit for human consumption. It's generally safe to eat food past its "best-before" date, as long as it is not damaged, deteriorated, or perished.

Canned goods, dried foods, and packaged fruits and vegetables may have "best-before" dates. Example: You can still eat pasta after its "best-before" date, but the taste or texture might not be optimal.

### Exceptions.

The only food that can have a different date mark on it is bread, which can be labelled with a baked-on or baked-for date if its shelf life is less than seven days.

Foods that have a shelf life of two years or longer, e.g. some canned foods, do not need to be labelled with a best-before date. This is because it is difficult to give the consumer an accurate guide as to how long these foods will keep, as they may retain their quality for many years and are likely to be consumed well before they spoil.

### Food needs proper storage.

Whether or not a product keeps fresh and edible right up to the 'use-by' or 'best-before' date depends on how it is stored. The food label must provide the directions for use and storage needed to meet the 'use-by' and 'best-before' dates. Many foods need to be kept at certain temperatures, either in the fridge or freezer.

For instance, fresh milk needs to be refrigerated. If a carton of milk is left out on the kitchen bench, it will quickly sour, regardless of its 'best-before' date.

### Check the packaging.

Foods can become spoiled well before their 'use-by' or 'best-before' date, either because their packaging has been damaged or they weren't transported or stored properly before sale. When you buy food, check for dents, leaks and tears in the packaging. If you can see any sign of damage, don't buy the product, as it might be contaminated with bacteria.

You should also follow any directions for use or cooking instructions that the supplier has put on the label.



*Information in this article provided by Food Standards Australia New Zealand & Health Channel*



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31 Marcus Road







# Centenary Celebrations

**Wednesday 15 October 2025**

Dingley Primary School warmly invites you to join us in celebrating 100 years of education and community. This milestone event will provide an opportunity to reflect on our school's rich history, reconnect with past and present members of our community, and commemorate the legacy of Dingley Primary School.

## *Centenary Assembly 9:30am*

A formal gathering to commemorate our school's rich history and achievements.

## *Morning Tea*

Reconnect with fellow guests over refreshments.

## *Art Show & Historical Display 11:00am*

Explore student artwork and historical memorabilia showcasing our school's evolution.

We invite you to share your memories and connection to Dingley Primary School via the QR code below or emailing [dingley.ps@education.vic.gov.au](mailto:dingley.ps@education.vic.gov.au)



We look forward to celebrating this special occasion with you!



# SENIOR SUPPORT

**Did you know, If you don't have computer, you can visit your local library and ask librarian for assistance to access websites.**

## **Be Connected: Free Digital Skills Sessions for Over 55s**

Cheltenham Community Centre offers free digital skills sessions for Australians aged 55 and over. Whether you're learning to shop online, send emails, edit photos, or stay safe on your device, the sessions provide hands on support in a relaxed and friendly setting.

Each session runs for two hours and is followed by a complimentary light lunch. A few sessions are held each term — book early to secure your spot. Participants are also introduced to the Be Connected website, which offers a wide range of easy-to-follow online resources that can be accessed anytime for ongoing learning and support. Bookings are essential. To book, call **9583 0095**

## **The New Rights-Based Aged Care Act**

The new Act starts from 1 November 2025 and responds to issues facing older people, aged care service providers, workers and the broader sector.

It puts the rights of older people at the centre of the aged care system and will make aged care safer, fairer and more respectful. The Act aims to improve the ways the services are delivered to older people in their homes, approved residential care facilities and community settings.

### **The Act will:**

- outline the rights of older people who are seeking and accessing aged care services
- create a single-entry point, with clear eligibility requirements
- include a fair, culturally safe single assessment framework
- support the delivery of aged care services
- establish new system oversight and accountability arrangements
- increase provider accountability through a new regulatory model
- strengthen the aged care regulator

For more information, visit [www.health.gov.au](http://www.health.gov.au) and search for 'aged care act'

## **Supporting Unpaid Carers**

Connect with Carers Victoria. If you provide care to a family member or friend who needs support due to ageing, disability, mental illness or a chronic condition, you might be one of the three quarters of a million unpaid carers in the state and Carers Victoria is here for you.

Carers Victoria is the peak body representing unpaid carers across the state. They are the leading voice for carers in Victoria, advocating for better recognition, resources and support. They work directly with carers and partner with government and community organisations to improve carers' lives.

### **Carers Victoria provides free and practical support including:**

- A free Carer Advisory Service to help navigate services and systems: **1800 514 845**
- Workshops, education sessions, and events to build carer knowledge and wellbeing
- Carer Support Groups to help you connect with others who understand
- Tailored information through their monthly e-newsletter
- Advocacy and opportunities to share your voice

**Membership with Carers Victoria is free and open to carers, former carers, supporters, and carer support groups. As a member, you'll receive:**

- Invitations to events and workshops
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- Digital access to the Australian Carers Guide magazine

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Find out more  
[kingston.vic.gov.au/community-support](http://kingston.vic.gov.au/community-support)



# LETTER TO THE EDITOR

Dear Dingley Dossier,

Recently all permanent/semi-permanent residents of the 5 Ways Caravan Park were given eviction notices as the Caravan Park will close in August 2026. The owner of the Caravan Park recently informed us that it's to make way for Housing Development.

All residents must be off the land by the 25th of August 2026. We must relocate our dwellings that we own at our own expense. Some cabins will need to be removed by specialised truck incurring somewhere around \$2,500-\$5,000 fee plus mileage more if a crane is required. Others aren't so lucky, and their cabins can't be moved. Several issues arise from this, where can we relocate to, as there is nowhere to relocate, other than far away. Others in the park are renting from the owner, and as of the eviction date will become homeless!

A majority of the people are elderly vulnerable people with financial limitations! The whole community here are at a loss of what is to become of us. For example, I am 70 on a disability pension, living from week to week and will be homeless once evicted!

We have notified the Kingston Council who are looking into the situation. They have been very helpful so far. Launch housing are involved as well. I don't know if you have any interest in this story, but I thought I would run it past you. I noticed your article about homelessness in your last edition, and this is in a similar vein. Not to mention another large building site coming to the area.

Murray Bult  
Permanent resident 5 Ways Caravan Park

Dear Editor

Melbourne water is creating another Maribyrnong disaster. In a move that will go down in infamy, Melbourne Water has approved Satterley developer's hydrology and drainage plans for Kingswood Golf Course Park, Dingley Village.

The developer's plan includes destruction of all the existing flood control measures including hundreds of kilometres of drains, sprinklers, the greens soak, pumping stations, immense Aquifer and some dams. Then replacing them with water collectors like roofs, roads, and footpaths!

In a desperate attempt to alleviate the floods tsunami, Satterley developers plan to dig the existing Melbourne water dam deeper at their expense. That dam is already damaged and has overflowed

regularly. Any extended depths would require pounding extremely long piles into the ground to make retaining walls, causing massive damage to the houses in the immediate area. The Save Kingswood Group inc. lobbied for years to present their 60-page report on Dingley Village flooding to Melbourne water. (copy at [www.savedingley.com](http://www.savedingley.com))

It represents over 10 years research. Our files include more than 300 flood photographs, graphically proving the flooding. This highly researched report includes input from previous golf course staff and the methods they used to save the park and Dingley Village from flooding. Including establishing one of the largest Aquifers in the country, assisted by government funding.

The Save Kingswood Group was granted just one meeting with Melbourne water, despite MW admitting they met with Satterley developer's consultants fortnightly. At that one meeting, the Save Kingswood group was shocked and appalled at the lack of expertise and knowledge exhibited by Melbourne Water. Their engineers did not instill confidence in their awareness about the Kingswood park's flooding.

Especially when he was standing in front of a large map of the Golf Course Park and said, "is this the right map?" Of course we have witnesses to that statement.

We fortunately have not seen floods recently, as it has been a record dry. Caroline White, Kingston Councillor for the area said: "The City of Kingston Councillors and planning department have unequivocally rejected these defective proposals, echoed by a strong 1,482-signature petition from local residents.

The Council's initial response described the plans as "poor quality, lacking transparency, clarity, and detail" as well as "confusing, containing technical errors and inconsistencies." Plans also saw individual dwellings drawn at a "preposterous" 4.5m wide.

A comprehensive 150-page assessment has been submitted to the Labor State Government Planning Minister Sonya Kilkenny MP, the key decision maker for this site.

Kevin Poulter | President  
Save Kingswood Group incorporated.  
[www.savedingley.com](http://www.savedingley.com)  
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## Hypnotherapy and your Health

### What is Hypnotherapy?

Hypnotherapy is a clinical practice used to assist in making positive changes in your life. 'Hypnosis' a natural state which we all go into multiple times every day to differing levels. Who hasn't driven a car home then had no recollection of the journey! When you are in a state of hypnosis you are deeply relaxed, comfortable and yet highly focussed on the hypnotherapist's voice. It is a very similar state to meditation, although easier, which gives access to the sub conscious mind. It is different from sleep.

When you let go of other thoughts and worries, your Hypnotherapists' suggestions become locked deeply into your mind, making it easy to make positive changes. It's not magic, or taking control of your mind as is often portrayed in movies, it's just incredibly helpful and empowering in relation to whatever change you wish to make in your life.

### What are the most common issues Hypnotherapy can help with?

Most people know someone who has stopped smoking (or now vaping) through Hypnotherapy, and this is still very common and incredibly effective, although there are so many other issues Hypnotherapy can assist with, usually in just 2 or 3 sessions.

Hypnotherapy can assist in helping to lose weight through making much better food choices and stopping sugar or processed food cravings and addiction.

Gambling, alcohol or any other addiction can be lessened or stopped completely. Sleep issues, anxiety, overthinking and fears can be successfully treated with Hypnotherapy.

In fact, I believe Hypnotherapy is the most powerful therapy there exists in overcoming these issues and I have personally helped people get rid of so many fears.

These include fear of spiders, sharks, dogs, cats, enclosed spaces, heights, flying and even drinking water! (This is more common than people realise.) A good Hypnotherapist will always put lots of positive and motivational messages and suggestions into the Hypnosis as well so that clients leave feeling more confident, optimistic, empowered and generally happier.

### How will I feel during, afterwards and how long does it last?

Common experiences of hypnotherapy include clients stating they heard every word spoken while they were relaxed in a trance and yet often lose track of time. A smoker will feel they just don't want to smoke anymore and feel fine around other smokers. Likewise, a client wanting to lose weight will feel happy to have just one piece of chocolate or find it very easy to say no to seconds and yes to healthy exercise.

It is a very positive experience which increases confidence, will power and determination. The question of 'how long does it last?' misses the point; as previously stated, it's not magic.

As a professional Hypnotherapist of over 16 years, I personally record each Hypnosis session on the client's smart phone so they can listen back as often as they like, which is like having as many free 'Top Up' sessions as needed! When it comes to healthy eating, we are all being bombarded with so many subliminal messages every day in the form of advertising, (also a form of hypnosis) urging us to eat fast food, chocolate and ice cream!

Hypnotherapy counteracts this and helps to get rid of 'diet' mindset and unhelpful beliefs which can stem all the way back to childhood.

You remember – "Eat up everything on your plate like a good girl then you can have some desert! Think of those poor starving children in Africa!" Hypnotherapy helps you to be more aware of these subconscious triggers and get back to having a healthy relationship with food and with yourself.

### Can everyone benefit from Hypnotherapy?

Yes! Everyone can be Hypnotised and can enjoy and benefit from Hypnotherapy. Some people do go deeper than others, as our brains are all a little bit different.

This is why I, and any good hypnotherapist, will take the time to get to know every client, at least 30 to 50 minutes in the first session before the Hypnosis begins, then personalise the therapy to suit.

Sessions typically last for 90 minutes. Hypnotherapy in a group setting is a general session and not tailored to individuals so is far less effective. Likewise, Hypnotherapy in a one-on-one setting is far more powerful than remote zoom sessions.

I personally am happy to also see children over 10 who are relatively mature, and Hypnotherapy can be very helpful in helping children with School attendance and anxiety issues. Children under ten I recommend seeing a child psychologist or a Hypnotherapist specialising in young children. It's perfectly safe, enjoyable and the most powerful way to naturally make positive long-lasting change for anyone wanting to do so!

Please feel free to call or message me on **0409 533774** for further information or check out my website [adampalmerhypnotherapy.com.au](http://adampalmerhypnotherapy.com.au) or on fb. Adam Palmer has been a Professional Clinical Hypnotherapist in Dingley Village for 8 years and has been practicing since 2009.

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## Protecting Your Vision: Diabetes and Eye Health

Diabetes is a growing health concern worldwide, and its impact extends beyond blood sugar levels. One of the most serious yet often overlooked complications of diabetes is its effect on eye health. Diabetes, if left unmanaged or managed poorly, can lead to vision loss and even blindness. However, much of this is preventable with regular care.

### The Scope of the Problem

According to the World Health Organization, diabetic retinopathy affects over one-third of people living with diabetes globally. In fact, it is the leading cause of vision loss in working-age adults. In Australia alone, more than 1.5 million people live with diabetes, and around one in three of them will develop some form of diabetic eye disease.

Despite these numbers, studies show that over 50% of people with diabetes do not undergo regular eye checks, putting them at increased risk of undetected damage.

### How Diabetes Affects the Eyes

Diabetes can damage blood vessels throughout the body, including the tiny, fragile vessels in the retina—the light-sensitive layer at the back of the eye. This condition, known as diabetic retinopathy, can cause blood or fluid to leak into the retina, impairing vision.

In more advanced stages, abnormal new blood vessels may grow, leading to scarring, bleeding, or retinal detachment. Another common condition, diabetic macular edema, occurs when fluid builds up in the central part of the retina, affecting sharp, central vision. People with diabetes are also twice as likely to develop cataracts and glaucoma, both of which can further compromise vision if not managed properly.

### The Importance of Regular Eye Exams

Early stages of diabetic eye disease often have no symptoms, making regular exams crucial—even for those with good vision. A comprehensive dilated eye

exam allows optometrists to detect early signs of damage long before noticeable symptoms occur. The National Health and Medical Research Council (NHMRC) recommends that all people with diabetes have a dilated eye exam at least once every year. Early detection and timely treatment can reduce the risk of vision loss by between 90-95%.

### How to Protect Your Vision

Good diabetes management is the foundation of eye health. Here are a few important steps:

- Keep blood sugar, blood pressure, and cholesterol within recommended levels.
- Avoid smoking, which increases the risk of diabetic complications.
- Schedule a yearly comprehensive eye exam even if your vision seems fine.
- Report any vision changes to your optometrist promptly, including blurriness, floaters, or dark spots.

### In Summary

Diabetes-related eye conditions are serious, but largely preventable. With regular monitoring, good blood sugar control, and timely intervention, most people with diabetes can maintain healthy vision for life. Don't wait for symptoms to appear. A simple annual eye exam could be the key to preserving your sight.

At Insightful Eye Care, we are passionate about protecting your vision at every stage of life. If you have diabetes, now is the perfect time to book your next eye test. You can make an appointment by calling us, booking online at [www.insightfuleyecare.com.au](http://www.insightfuleyecare.com.au), or visiting us in person.

Dingley Eye Centre - Insightful Eye Care™  
- Josefina Karjanmaa, Dr Mark Glogowski,  
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Ph: 9551 4244

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### Care for kids

Recommendations







## It's Official

The visit of the General Manager (GM) of the Victorian Men's Shed Association (VMSA) Jim Kane to our shed on Friday July 18th was much anticipated and most informative. It brought with it the recognition that ours is one of the largest, by membership, of all the current 360+ Men's Sheds in Victoria.

Not only that but our facilities are amongst the best equipped and most diverse that Jim has seen in our state. He admitted that he had never seen another shed with its own Putting surface!! Some DVMS members may know that prior to being elevated to the role of GM Jim was the VMSA rep visiting many if not all Victorian Men's Sheds.

So, it was gratifying and fascinating to know that in Jim's own words "You guys are certainly doing something right here, keep it up". Although this was the third visit to our shed Jim confessed that with the VMSA state office located in Dandenong this visit would not be the last.

In fact, he was delighted to know that our "Dingley Village Shed Men" (Music Group), following their triumphant inaugural gig, had been invited back to play at the July Dingley Village Farmer's Market the following day, July 19th. We will organise a video with sound so that Jim can perhaps assess the opportunity for our group to play at the VMSA Statewide Fo-um and AGM at Broadmeadows this coming October. Stay tuned for the potentially exciting outcome.

Arriving circa 9.30am and departing at circa 11.30am the visit gave Jim and DVMS members the chance to chat, ask questions and feel the personal interest Jim has for our movement. All in all, a very positive outcome for our members and the VMSA.



## Local Men Warm Winter's Chill

Our very own Music Group alias Dingley Village Shed Men (DVSM) brought much warmth and enjoyment to patrons at the July '25 Dingley Village Farmer's Market. Well done guys. With band leader Peter O'Leary away following a minor op his place in the group was taken by Harry (Bass guitar) who was recruited by Band/ Dingley Village Men's Shed (DVMS) member Brian. Now, Harry was pretty good so band leader Peter might have a job winning his place back in the team. He (Peter) is doing well and should be back with us very soon.

Whilst the weather was cold and the wind strong thankfully, we had no rain. The crowd ebbed and flowed but the little tackers just could not get enough of the music, some even moved to dance about!! Our Farmers Market really is a family affair with Mums, Dads, Kids and dogs all turning out to enjoy the wide variety of hot food, produce, craft, bric-a-brac and music on offer. Our DVMS AM team had the market ready to go before 8am and our PM team had the area looking like nothing had happened there that day well before 2pm.

So, yet another successful day was enjoyed by all, stallholders, DVMS our DVSM and the public. A strong feeling of community and involvement is fast building with this regular monthly event. Sincere thanks to Terry Vines for managing the PM session and all that goes with it.



**DINGLEY VILLAGE  
NEIGHBOURHOOD CENTRE**

You're invited to the

## Annual General Meeting

of the Dingley Village  
Neighbourhood Centre Inc.

**Tuesday 23rd September 2025  
6:30pm—7:30pm**

DVNC Meeting Rooms 4 & 5,  
Harold Box Hall building  
31C Marcus Road, Dingley Village

Enjoy light refreshments as we reflect on the year's achievements, discuss upcoming initiatives and connect with fellow members of our vibrant community.

Please R.S.V.P. by Thursday 18th September  
to [admin@dvnc.com.au](mailto:admin@dvnc.com.au) or call **8512 0505**  
Your participation helps shape the future of our Centre,  
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# Sincerely Yours

A tribute to  
**Dame Vera Lynn**


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**Date**  
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## NAPLAN is just one test. Here's what to do if your child's results were in the bottom bands.

### THE CONVERSATION

Academic rigour, journalistic flair

Published: July 30, 2025 4.20pm AEST  
Sally Larsen: Senior Lecturer in Education  
University of New England

The latest round of NAPLAN results are out, along with a string of news reports about "students falling behind" and "failing", and experts sounding the "alarm" about school progress.

In March, all Australian students in years 3, 5, 7 and 9 sat tests in literacy and numeracy. There are four broad bands of achievement, from "needs additional support" to "developing", "strong" and "exceeding". The national results, released on Wednesday, show once again that about 10% of students need additional support and about 20% developing towards expectations. Individual reports were also going home to families during the last week in July. Amid the dire headlines, however, how should parents and students be thinking about their individual results?



#### It's just one test

NAPLAN tests important literacy and numeracy skills and these are foundational to other parts of the curriculum. For example, students need literacy skills for history and numeracy skills for science. But while NAPLAN results can highlight an issue that may have been missed in a child's schooling, the tests are not very precise individual-level assessments. Other school-based assessments provide teachers with more detailed information on students' progress across a range of outcomes across the full school year.

NAPLAN also does not test everything in the school curriculum. It can't tell you how well students are developing their knowledge in other subject areas (such as history and science). It does not say anything about the creative arts, physical education and social skills. These are also really important components of a well-rounded education.

Parents may also not appreciate that the tests get relatively harder as students get older. Expectations go up. So, if your child was in the "developing" band in Year 3 and then in the same "developing" band in Year 5, they have made progress.

Tests this year were completed primarily online – younger children, particularly those in Year 3, may still be getting used to the technology. This is all part of the learning process at school. Sometimes individual NAPLAN results may simply be a reflection of how a child interacted with the assessment on the day.

#### Teachers are always assessing kids

Another key thing to note is teachers are likely already aware if there are particular issues for any student.

They are constantly assessing students in their classrooms – indeed, schools are awash with data these days. NAPLAN results are designed to be interpreted alongside other school-based assessments. Results are supposed to provide "additional information to support teachers' professional judgement about students' levels of literacy and numeracy attainment and progress".

Teachers will therefore already be providing support in their classrooms to students at all different stages of progress – albeit often in environments impacted by teacher shortages and funding limitations. Families can talk to their child's teacher to understand what the school is already doing to support progress and how they can support their child at home.

Families will have also recently received their child's half-yearly school report. Parents can use this, together with NAPLAN and their own perceptions of how their child is faring, to talk to teacher(s).

#### It's not a 'failure'

There is often a lot of emphasis on standardised tests in education – governments and the media seize on them because they provide lots of data and easy comparisons. If the results are not what you or your child hoped for, try not to catastrophise them. For one thing, NAPLAN was done about four months ago – kids will have made progress since then.

Schooling itself is also a developmental process. It's not just about getting certain results in standardised tests. If you do identify an issue, put the emphasis on "I can progress, I can improve". It's not a failure.

#### Disclosure statement

Sally Larsen does not work for, consult, own shares in or receive funding from any company or organisation that would benefit from this article and has disclosed no relevant affiliations beyond their academic appointment.

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## Dingley Football Netball Club



At the time of this report, the Senior and Reserve football teams have just two Rounds to go before the Finals.

The Seniors have a 10 point [two and a half game] buffer on second placed St Pauls McKinnon, ensuring a week's rest in the first week of the finals which are scheduled for August 30 and 31.

Fifteen wins from sixteen games has exceeded all our early predictions and in a major coup for the club, Senior Coach Zac Horsley has already re-signed for 2026 which will lock him into his fourth year at the helm. Zac has an acute footy brain, is a great leader, and it is his management of the entire playing list which has kept the club as a continual force in local football.

In recent games the Seniors held off a strong challenge from Narre Warren in Round Fourteen to win by 33 points. Four individual players scored three goals each in an even performance across the board.

Round Fifteen was a twilight game at Murrumbena and after a desperate physical challenge from the locals, who



were fighting for fifth spot on the table, we came away with a 56 point win despite an increasingly long injury list going into the game.

A quality midfield led the way, reinforced by a number of first and second year boys which is testimony to the clubs ongoing commitment to the promotion of new young talent. Small Forward Tom Morecroft's four goals for the

evening took him to the top of the SFNL goalkicking table after fifteen games with 41 for the year.

In Round Sixteen, we welcomed a confident second placed St Pauls McKinnon to 'The Den' in beautiful finals like weather and despite having a patched up team through injuries, Dingley lead all day and got home by seven points in a high quality game.

The Reserves have recovered from a surprise 3 point loss to Murrumbena in Round Fifteen to remain on top of the table on equal points with Bentleigh. The eventual top ladder position will now come down to the final round on August 23.

Colin Craney's 'Thirds' are also finals bound with some recent strong wins.

Dingley Netballers are already in Finals action recording wins in Divisions A1, A2, B4, C1 and D4, with narrow losses to our A4 and B2 teams.

Follow all the results on our Facebook page each week.

[www.facebook.com/TheDingoes/](https://www.facebook.com/TheDingoes/)

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Richard



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# **ANZAC DAY DAWN SERVICES TO CONTINUE**

A meeting was held on 30th July to establish a committee made up of Dingley Village residents who would like to take on the tasks of organizing future Dawn Services at our memorial in Marcus Road.

Previously services were organized and facilitated by the Rotary Club of Dingley Village (now the Rotary Club of Noble Park-Dingley) since the memorial was commissioned in 2012 (a project of the Rotary Club). Due to dwindling membership and members getting older, we needed a younger team who are more tech savvy for all the online paperwork, have the ability to enlist a larger group of helpers and have a desire to see that ANZAC Dawn Services are held way into the future so that all our residents both young and old will continue to remember the ANZAC story.

A group was formed and will be known as the  
**DINGLEY VILLAGE ANZAC COMMITTEE.**

The Rotary Club will continue to underwrite the insurance for the event and for Rotary purposes the group will be known as “Companions of Rotary”, so that all members of the group are covered by insurance. The Rotary Club will source a grant from the local branch of the Bendigo Bank who have indicated that they will continue funding this event. The Neighbourhood Centre has offered to be the link between the organizing group and the City of Kingston. Meng Heang Tak, State Member has kindly sourced a laptop for use by the group.

We needed someone who would bring it all together and oversee all the aspects of the tasks involved. Thank you to local residents Sam Porter who with the help of Connie McGuinness will manage the team. Shane and Brigitte Costello have offered to be the website managers and also take care of the invitations to community groups. They have already designed a new website **[www.dingleyanzac.org.au](http://www.dingleyanzac.org.au)**

We have also been fortunate that The Men’s Shed and the Dingley Football Club have offered their help. The C.W.A. will continue to support the service. Rotary will offer their assistance however the group would welcome some additional help either in the organisation beforehand or the tasks involved on the day.

If you would like to be part of this new group, please send us a message on our new website [www.dingleyanzac.org.au](http://www.dingleyanzac.org.au) or attend our next meeting 7pm on Wednesday 8th October at the Neighbourhood Centre in Meeting Rooms 4 and 5 at the rear of the library. Take first driveway and park at rear of library building.”



# VILLAGE REFLECTIONS

## Grenda's Bus Service

In 1945, George Grenda, a man who had established and run a successful milk carrying venture for 20 years, moved into the bus business, purchasing four routes and six vehicles from Shaves Bus Service in Dandenong.

Within a year, he had sold his milk business to concentrate entirely on buses, all of which travelled between Dandenong and an eastern suburb of Melbourne.

In the 1940s Dandenong wasn't a suburb of Melbourne so much as an outpost – a small country town, really. But it was also the logical gateway to Gippsland. And it was on the rise.

By the middle of the 1950s it was the fastest growing area in Australia. As well as becoming popular as a residential zone, it became a significant industrial centre – large factories were built on Princes Highway to accommodate companies like General Motors Holden and HJ Heinz.

Many workers travelled to these factories by train and needed buses to commute between the factories and Dandenong Station. At the same time, the children of the post-war baby boom were reaching school age and new schools were established to take pressure off Dandenong High. Again, buses were required.

Grenda Bus Services thrived as Dandenong did, and by the 1970s Grenda Bus Services had become a hugely successful route bus company while also running coaches throughout eastern and central Australia.

The company had at the same time developed a reputation as one of the best bus body repair shops in Melbourne. After being based in Foster Street, Dandenong for 50 years, Grenda's moved to a new depot in Cheltenham Road in 2008.



In May 2014 the fleet consisted of 181 buses and coaches. Grenda's Bus Services had a livery of cream with red stripes and later adopted the standard white with red and yellow flashes of Grenda Corporation.

The bus service was included in the sale of parent company Grenda Corporation to Ventura Bus Lines in January 2012.

Ref: <https://volgren.com.au/about-volgren/our-history/>

The Dingley Village Historical Society has a collection of documents, photographs and information on the history of Dingley Village and its early families, we are always looking to add to our collections and would welcome any information people would like to share with us.

If you would like information or would like to share any information with us please contact:

The Dingley Village Historical Society enquiries@dvhs.com.au or visit us at 31A Marcus Road, Monday, Tuesday or Thursday from 10am to 12.



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## **PROBUS OPEN DAY, MONDAY 6<sup>th</sup> OCTOBER**

### **With special guest speaker from AccessCare**

Are you retired or semi-retired and looking to stay active, informed and socially connected? Come and experience the fun, fellowship and friendship of the Probus Club of Dingley Central. We'd love to share with you a typical meeting that you can experience firsthand at our Open Day on Monday 6<sup>th</sup> October at 10.00am.

Our Probus Club has over 100 members, both men and women who love to mingle with likeminded people. Our Open Day celebrates Probus Month which also coincides with Kingston Seniors Month. Probus is non-political, non-sectarian and non-profit. The major difference between Probus and many other community clubs is that Probus focuses on friendship, not fundraising. We aim to enrich members' lives through social connection, engaging activities and shared experiences.

Our Open Day will feature our Club meeting formalities, morning tea, then we'll be hosting our special guest speaker from AccessCare who will be presenting an informative session on the proposed changes to aged care and explain how they are adapting to these latest changes. Please note that this is an information session only and not intended to provide advice.

AccessCare is an experienced provider of home care and support services managed by Kingston City Council. They are dedicated to encouraging their clients to continue living independently in their own homes and communities. Whether you're already using aged care services or simply planning ahead, this is a valuable opportunity to gain clarity and ask questions in a relaxed, welcoming setting. Following the meeting, some of our members go to a nearby venue for lunch and you're welcome to join us.

Our Probus Club recently enjoyed Christmas in July, a fun event full of belly laughs and food.



Sue Beech joins  
in the fun with  
Probus

There are plenty of activities on days throughout the month and you are invited to join us for a coffee and chat at a local café or go for a walk around the lake. You can enjoy learning about and tasting different wines. You can connect with

passionate card players or ask questions in the iPad and computer group. If your only camera is a phone, you are still welcome to the camera club or you might prefer to develop your skills in the craft group. Throughout the year our

Club members love going on a bus day tour while some members prefer multi-day extended tours.

If you've been thinking about joining a club but weren't sure where to start, this is your opportunity. You'll meet current members, enjoy a warm welcome, and discover all the benefits of becoming part of the Probus community.



Annette and Ray  
Smith celebrate  
Christmas in July

The Open Day is on Monday 6<sup>th</sup> October, meeting at 9.45am for 10.00am start. The Probus Club of Dingley Central meeting finishes at around 12.15pm. We meet at Kingston City Salvos, 12 16 Garden Blvd, Dingley Village which is a comfortable, accessible venue with plenty of parking. As seats are limited, bookings are essential before Friday 3<sup>rd</sup> October. Please reserve your place with our Secretary, Jean on 0438 272 232 and please let her know whether you intend to go to lunch.



# CIRCLING THE CLUBS



## Country Women's Association Dingley Village



On Saturday, September 6, the CWA Dingley Village branch held our popular Father's Day Stall at Bunnings Keysborough, delighting the community with an array of homemade treats. Freshly baked scones, along with a tempting selection of slices, biscuits, cakes, and preserves, were snapped up quickly by eager customers.

Our branch extends heartfelt thanks to Bunnings Keysborough for their ongoing support, as well as to everyone who purchased from the stall, helping to make the day such a success.

Looking ahead, our branch is already preparing for our Christmas stall in December. Our members dedicate monthly craft sessions to create beautiful handmade items, investing months of preparation into both the Mother's Day and Christmas. CWA Dingley Branch meets at the Dingley Village Neighbourhood Centre on the 4th Wednesday of the month at 10am. If you need any further information about CWA or would like to consider becoming a member, please contact Sue **0434 879 875**.

## Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 11th of September and the October one is on the 9th. Starting time is 7.00 - 7.30 PM and meals and snacks are available. Of course you have the usual wide choice of beverages being dispensed for your indulgence.

Our regular dinner is held on the last Saturday of the month and the September one will be on the 27th. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend. A number of 60 Plussers were entertained by Alex Matthews at the Keysborough Seniors Club in August.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board.

We are more than happy to welcome new members to the Group and enquiries can be made to Graeme on **9551 3462**. PS - Spring has sprung at last.



## Probus Club Dingley Central



At our August meeting our motivating guest speaker was Carol Cook whose topic was "Chasing a Dream". Carol chased her dream over 42 years, two countries and three sports, swimming, rowing and cycling. She was told at 9 years old she would never become a gymnast which was her dream.

Her mother told her, "Don't let anyone tell you what you can and can't do" and "If you want to go to the Olympics there are other sports to try". Swimming was her chosen sport after that and she was very successful. She served in the Police Force for 14 years in Canada, her home country, then came to Australia, married and became an Aussie.

She took up the challenge when she was diagnosed with MS in 1998, pursued rowing on the Yarra River and gained classification to compete as a Paralympian.

She also later took up Para-Cycling and won a gold medal at the 2012 London Paralympics, two gold medals at the 2016 Rio Paralympics, and a silver medal at the 2020 Tokyo Paralympics which she displayed for us. She was very inspiring and advised us to take up opportunities as they arise, look for the positives in life and it's never too late to try.

Activities planned for September: Happy Hour, Walking Group, Morning Coffee, Wine Tasting, Camera Club, Morning Melodies, Dine Out, Film Day, Craft Group, Ladies Lunch and Games Day.

Our meetings are held on the 1st Monday of the month, at the Salvation Army Kingston Centre, 13/12-16 Garden Boulevard, Dingley Village. New members are always welcome. For further information please contact Jean on **0438 272 232**.

Website: [dingleycentralprobus.wix.com/dingleycentralprobus](http://dingleycentralprobus.wix.com/dingleycentralprobus)

## Dingley Village Senior Citizens Club Incorporated

The Dingley Village Senior Citizens Club Inc welcomes new members to join their weekly meetings every Monday from 12:30 PM to 3:30 PM

**Mark your calendars for September, as we have some fantastic activities lined up for you:**

- **1st** - Games, Cards, and Dominoes. Executives Meeting
- **8th** - Bingo
- **15th** - Games, Cards, and Dominoes
- **22nd** - Bingo
- **29th** - Lunch outing

For more information, feel free to reach out to our President, Margaret, at **9580 4321**, or our Secretary, Asha, at **0417105646**

## Dingley Village Historical Society



DVHS aims to document and collate information regarding our local history. The society holds information on early families of Dingley Village and the surrounding areas as well as the market gardens, farms, clubs and societies in the area. We welcome any information or photographs of Dingley Village through time that we can copy.

Located at 31A Marcus Rd, (near the library) we are open Monday, Tuesday and Thursday from 10am - 12pm. We are also open on the third Saturday of the month during the Farmers Market and other times on request.

Contact by email: [enquiries@dvhs.com.au](mailto:enquiries@dvhs.com.au)

## Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities
<b>Monday</b>	9:00am - 1:00 pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance
<b>Tuesday</b>	9:00am - 12:00 pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography
<b>Wednesday</b>	9:00am - 12:00 pm	Bike Riding Group & Music Group
<b>Thursday</b>	9:00am - 12:00 pm 1:00 pm - 3:00 pm	A' Team workgroup Pool / Snooker
<b>Friday</b>	9:00am - 1:00pm	<b>Members Muster</b> This is our main day!

Every Friday Morning (except holidays as designated), come along, enjoy a cuppa, a chat & meet with your fellow shedders.

We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp. Other Activities from time to time include Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's, plus, the occasional outing to places of interest. The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road.

Ph. **9551 5892**, E-mail: [info@dvms.org.au](mailto:info@dvms.org.au)  
Web: [www.dvms.org.au](http://www.dvms.org.au)

## Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne – 9551 3770 / 0488 004 809. dingleylions@gmail.com

## Rotary Club Noble Park – Dingley



Active Rotarians – making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at the Keysborough Golf Club in Hutton Road. Please email [info@npdrotaryclub.org.au](mailto:info@npdrotaryclub.org.au) for more information.

## Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings. VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education. Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. [franniet@gmail.com](mailto:franniet@gmail.com) or 0419 309 931.

**Meeting:** Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.

## Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm.

\$17 for members, \$20 non-members. New members welcome.

All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo. The first Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna 0421 045 648.

## Braeside Park Walking Group

We need more walkers. Friendly mixed group meets Tuesday and Friday at the Visitors Centre Carpark. Arrive 9.20am for a 9.30 start to Circuit 5 km or shorter. Stay around for a chat afterwards, no booking just come along.

## Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at the Rowley Allan Reserve 352 Cheltenham Road Keysborough and the following activities are available for members and visitors:

**Tuesdays** – Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 per book. **Concerts** with professional entertainers are on the 3rd and 5th Tuesday of the month 1pm to 3pm. \$3.00 entry.

**Wednesdays** – Line Dancing 1pm to 3pm \$3.00 entry.

**Thursdays** – Ballroom dancing from 1.00pm to 3.00pm. Entry \$3.00.

**Tea and coffee are supplied for all activities.**

Club members and visitors enjoyed an afternoon with Lone Star who kept us dancing with a great variety of Country, Line Dancing and Rock and Roll songs.

**Future entertainment for members and visitors:** 16th September, Alex Matthews and 30th September, The Two of Us, 21st October Marcia Rae.

## Spring Park YWCA Golf Club



A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's Spring Park Golf Course. Cup of tea & biscuit is shared after the round.

We play 9 holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways.

**Further information:** Jillian Sanders 0419 501 365 (Captain), Julie Westcott 0438 269 622. (President), Jan Boyes 0497 096 377 (Secretary).

"We are always looking for women of all backgrounds and ages to join us and look forward to welcoming new faces at our next monthly meeting," said Club President Rhonda.

Our meetings are held on the first Tuesday of each month at The Bridge Hotel 1-4 Nepean Highway Aspendale at 6.30pm.

includes dinner and a guest speaker RSVP Myra 0407041734. Anyone interested in becoming a member can call Maria on 0419507384 or Helen on 0418557358 or visit [www.view.org.au](http://www.view.org.au) for further information

## Mordialloc/Chelsea Evening VIEW Club

Mordialloc/Chelsea Evening VIEW Club is on the lookout for new members who want to give back to their community and make new connections with women in the area.

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## Kingston City Church



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**Our Mission:** Reach, Restore, Relate, Resource And Release.

Ph: **8551 6600**, Fax: **8551 6690**.

Web: [www.kcc.crm.org.au](http://www.kcc.crm.org.au)

Email: [admin@crm.org.au](mailto:admin@crm.org.au)

**Senior Pastor:** Dan Parker

**Sunday Services:** 10am Service has Children's Ministry.

Men's Group at Kingston City Church.

The purpose of this group is to connect with men in our community, to build strong friendships and support each other, whilst developing from being good men to being great men.

Our focus is to mentor men to develop into great sons, husbands and fathers, and be a positive influence in the community. In order to achieve this, we get together every 2 to 3 months and hangout for a chat or social night going ten pin bowling or playing lawn bowls.

We also have events to focus on areas of interest that impact men and our progress in life. Our program is built around encouraging men to develop physically, mentally, spiritually and socially. Our events are driven by this purpose and vision.

We believe in developing good networks and support groups for our men to not only deal with the challenges of life, but to enjoy and cherish the moments in life with a positive attitude.

If you are a man in our local community and looking for a group of like-minded men to hang out with, then please contact us.

You can email us on [men@crm.org.au](mailto:men@crm.org.au) or call us on 85516600 and we can keep you updated on our events, so you can join us and check us out.

Looking forward to having you join us and make new friends, as we support and empower each other.

Dishan Rajaratnam

## Heatherton-Dingley Uniting Church



Cnr. Kingston and Old Dandenong Roads, Heatherton. Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone Kaye on **0438 873 784**  
[www.heathertondingley.ucavictas.org.au](http://www.heathertondingley.ucavictas.org.au)

### Our Vision and our Mission

To seek to connect people to God and each other. Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life.

## What's On

**Wednesdays** – Prayer meeting, if you have a concern that you would like prayed about, ring Margaret on **0401 392 772**

**Second And Fourth Thursdays Of The Month**  
Unleash the Music in You – 7.30 p.m. at the Church. For further information contact Bob Lorraine on **0418 998 714**

## Village Church Inc.



Address: 7-9 Fiveways Blvd Keysborough 3173

Pastor: Rodney Hole

Elders: Andrew Weston & Warren Dean

Church Office: **8712 8254**

or [admin@villagechurch.org.au](mailto:admin@villagechurch.org.au)

Visit our website: [www.villagechurch.org.au](http://www.villagechurch.org.au)

Village Church has been in the Dingley and Keysborough areas since the 1930's and exists for the purpose of the advancement of the Kingdom of God as we seek to obey our Lord's command to go out and make disciples of all people. Village Church offers the following ministries to 'Inspire People to Discover and Develop Life in Christ'.

### Sunday Morning 10am Worship Service

In person or can watch livestream on our webpage.

### The church service includes:

- Bible teaching through expository preaching.
- Pastor Rodney Hole is currently preaching through the book of Hebrews.
- Communion is held twice a month for those who know Jesus Christ as their personal Saviour and Lord.
- Kids Church - Younger Primary (4-8 years old) and Older Primary (9-12 years old).
- Little Blessings Preschool Program (0 – 4 years old)
- Tea and coffee are served after the service.

### Life Groups

Meets for Bible study and fellowship in various suburbs on a fortnightly basis in Springvale, Narre Warren, Pakenham, and Lyndhurst areas.

### Ladies Bible Study

Meets regularly to work through an entire book of the Bible, alternating between the Old Testament and the New Testament. Previously studied are the books of Ruth, Philippians, Genesis and James and a video teaching series on "War of Words" by Paul Tripp based on his book. We are currently studying through the book of Daniel and Martha Peace's "The Excellent Wife".

### Men of Faith

Meets once a month at Village Church on a Sunday evening for a BBQ and men's Bible study.

### Village Church Youth Group (Years 7 –12)

Meets weekly on Friday nights from 7-9pm during the school term for Bible study and fellowship.

## Street Ministry

Village Church partners with 'Bought with a Price Ministry' here in Melbourne. Every Wednesday and Friday from 5pm to 7pm, a team witnesses at either Dandenong, Noble Park, Glen Waverley, Ringwood, or Springvale areas.

## Marriage and Family Support

At Village Church, our heart is to serve the surrounding community to support the growth of families. Families and marriages are under attack, and we are committed to helping you out in any way. We have many gifted and equipped members who would love to listen, encourage, and give sound advice to you. Please call the church office if you need help.

## Christ Church - Anglican Church Dingley Village



**Vision:** From within you shall flow rivers of living waters" John 7:38

This September we celebrate 152 years of worship in the Heritage Church.

### NEW Weekly Sunday Service

Bahasa Malaysia Service.  
3.00PM (Heritage Church)

### Weekly Sunday Services

8.30 AM (Heritage Church) Holy Communion Service. 10.30 AM (Auditorium) Worship Service with Kids' Church.

### Next Combined Service

Sun 14th Sept at 10am.

### Life Groups for Bible Study

For more information, please contact our office.

### Youth Group Saturday

Youth Group returns to Friday nights. Lots of fun and engaging activities for ages 11 to 17 years. Drop off 6:30 pm, pick up 9 pm (sign-in essential) Please contact our office for details.

### Pleasant Tuesday Service

2pm, 2nd Tuesday Each Month

Traditional Holy Communion Service with favourite hymns in the Heritage Church followed by a social afternoon tea. Please contact our office for transport IF needed.

**Next Service:** 2pm, Tuesday 9th September.

### Weekly Prayer Meetings

Wednesday 10:30am for worship then 11am for prayers in the Prayer Rooms Saturday 8 AM in the Atrium. Healing, Deliverance & Prayer Ministry available upon request.

### Roundabout Op Shop

Supports communities Locally, Nationally, and Internationally. Offering many bargains (good quality clothing, books, bric-a-brac, toys. Volunteers Welcome!

### Opening Hours:

**Wednesday** - 9.30am – 4.00 pm

**Thursday** - 9.30am – 1.30 pm

**Saturday** - 9.30am – 1.30 pm

**Donations:** We take clean, useable items but cannot accept electrical goods, or baby/child equipment. Please bring donations during opening hours. Thank you.

#### Supported Missions

CCD supports: Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

#### Food Parcels Available

For those in need, upon request.

#### Prayer Ministry

Please contact our parish office for details and bookings.

**Senior Minister:** Rev. Richard Loh

**Parish Office:** 03 9551 7871

**Email:** admin@ccd.org.au

**Website:** [www.ccd.org.au](http://www.ccd.org.au)

#### St. Mark's Catholic Church

511 Lower Dandenong Road,  
Dingley Village, 3172.

Phone: 9551 6930 or 9547 4877

Email: [Springvale@cam.org.au](mailto:Springvale@cam.org.au)

Website for further information:

ST JOSEPH SPRINGVALE | Catholic church

Parish Priest: Fr. Joseph Truong Nguyen

OFM Conv.

#### Mass Times

- Saturdays, 5pm
- Sundays, 9.30am
- Confession 4.30 – 4.50 pm before Mass on Saturdays

#### The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village. Office Phone: (03) 9558 2045.

Facebook.com/KingstonCitySalvos  
[www.salvationarmy.org.au/kingstoncity/](http://www.salvationarmy.org.au/kingstoncity/)  
Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington.

#### Hours of operation

10:00am – 4:00pm Monday to Friday  
or by appointment.

#### Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

#### Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

#### Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief. Please phone 9558 2045, Wednesdays, Thursdays & Fridays between 10am – 4pm to make an appointment.

#### Echo Church

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# THE DINGLEY DOSSIER

ABN: 71 463 442 675

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**Publisher:** Dingley Village Neighbourhood Centre Inc.  
31B Marcus Road,  
Dingley Village. 3172

**Phone:** 8512 0505

**Email:** [dingleydossier@dvnc.com.au](mailto:dingleydossier@dvnc.com.au)

## Community items:

We appreciate contributions from the community. Please contact us for details.

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## Submission deadline:

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Artwork should only be supplied in two formats:

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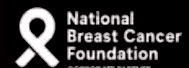
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