



# THE DINGLEY DOSSIER

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[www.dvnc.com.au/dossier](http://www.dvnc.com.au/dossier)

## MAKE YOUR VOTE COUNT



Between 7th and 25th October this year, Dingley Village will have the opportunity to elect a new Councillor who they think best represent them for a better, stronger and more sustainable community.

Voting will be via post, and you will receive your voting information and ballot papers commencing the week of the 7th of October.

With Dingley Village residents electing a new Councillor, due to Cr Hua not renominating, it is vital that you make an informed vote that reflects your vision for where you live. The middle of this month's Dingley Dossier contains an election section, where four candidates responded to the call from the Dingley Dossier.

These Caruana Ward candidates have provided information about themselves, election issues, plus issues and needs specific to Dingley Village. The article was finalised prior to nominations closing, so there may be more candidates than profiled here as well as candidates who chose not to participate.

There are several key elements to the role of a Councillor i.e., participating in high level decision-making, setting the strategic direction of the council and representing the local community.

Being a Councillor comes with a heavy workload, there is more than just attending council meetings and serving on sub committees, with all the preparation, research and reading that they require.

To be effective, a Councillor needs to keep in touch with residents and community groups, attend civic and community events, work with other wards' councillors, respond to phone calls, emails and correspondence raising issues of concern from residents and other members of the municipal community.

On top of that there are also voluntary commitments that many councillors undertake in external organisations, such as local sports, school and recreational committees. These organisations have their own meeting schedules and procedures.

Most councillors retain their employment and undertake the role of Councillor in their own time, so there is also work life balance that councillors need to consider in undertaking their role. Being a Councillor is therefore not a role to be taken lightly.

How will they balance the workload and be an effective Councillor? Are they already active within the community? Is there something they have done that has benefited the community?

Do they reside or pay rates in the Caruana Ward/ City of Kingston? the list could be never ending. Candidates may be known or unknown to the community at large, but that may not reflect their position and work within our community.



*The publishers of the Dingley Dossier do not support any candidate or endorse any candidate's opinions or material they have provided for publication.*



## FARMERS' MARKET

SATURDAY 19<sup>TH</sup> OCTOBER | 8:30AM - 1:00PM



*We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.*

# WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

## LIVING IN DINGLEY VILLAGE

### IMPORTANT NUMBERS

City of Kingston:  
1300 653 356

Emergency: 000

Police: 131 444

Crime Stoppers:  
1800 333 000

Lifeline: 13 11 14

Suicide Call Back Service  
1300 659 467

SES: 13 25 00

Poisons Info: 13 11 26

Emergency Relief  
(MADDV) 9551 1799

MensLine:  
1300 789 978

**WIRE**  
(Women's Information and  
Referral Exchange):  
1300 134 130

Safe Steps:  
1800 015 188

Nurse on Call:  
1300 60 60 24

Tip Smells & Dust:  
EPA 1300 372 842

Aircraft Noise:  
1800 802 584

Neighbourhood Centre:  
8512 0505

Community Association:  
dvcasecretary@gmail.com

Men's Shed:  
9551 5892

VicRoads Faults  
and Hazards:  
13 11 70

RSPCA  
9224 2222

Justice of the Peace  
Marion Harriden 9551 1799  
Allan Harris 9558 2591

Document Signing Station  
Springvale Library  
1300 630 920

### Teens Games Group

Fun environment for teenagers from 13 – 17 to enjoy games together. Strategy, fantasy & sci-fi style board & role-playing. Friday 5:30 – 7:30 pm Free event.

### Zumba Gold with Norma

Zumba Gold is a low- impact dance fitness class perfect for beginners of all ages and fitness levels. Thurs, 9.30am -10.30am in the Harold Box Hall, \$10.00 per class. No need to book just come along.



### Seniors Body and Balance with Norma

This class focusses on balance, ranges of motion and coordination. Thurs, 11am-12pm in the Harold Box Hall, \$10.00 per class No need to book just come along.

### Social Table Tennis with John

Catering to all skill levels both men & women. Come along and join this friendly group. Mon, 9am & Wed 12.30pm in the Harold Box Hall \$3.00 per session. New members Welcome. No need to book just come along.

### Writing for Pleasure

Beginners to Established. People write for many different reasons. Would you like to explore your creativity in a supportive group. Tues, 10am to 12pm. Free drop-in group.

### Social Art group with Carla

Art group for those who would like to finish off a project while having a chat and a coffee in the evening. Every Tues evening 6.30pm-8.30pm in the 'Craft Room', near the Harold Box Hall. Free Class, no need to book.



### Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am -12pm in the Centre. Free Class, no need to book- Just come along.

### Chatty Café

The Chatty Café Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation and loneliness.



Let's keep our community connected! Wed 10am to 12pm in the 'Harold Box Hall in the Foyer'. Free, just some along.

### Collection Point

You can drop off the following items at the Centre: prescription glasses/ hearing aids, stamps & unused toiletries from hotel rooms. These items are then recycled for use by local service groups.

### Playgroup Victoria for Dingley Village

Tuesdays 9.45 am-11.45 am in the Harold

Box Hall. Need to contact Hannah via Facebook: *Dingley Village Playgroup*



### Taekwondo with David

Mon & Thurs 5.30pm -7pm in the 'Harold Box Hall'. If you are interested in joining, contact David on 0439 304 579.

### Tai Chi

Tai Chi aids the reduction of anxiety and stress, it also helps increase flexibility and balance. Wednesday 6.30 – 8.30pm Contact James 0430 570 460.

**Southern Taekwondo**  
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# COMMUNITY

You can pick up copies of the Dingley Dossier from the Neighbourhood Centre, 31C Marcus Road, Dingley Village Newsagents and Woolworths Dingley Village. We also have a colour version online [www.dvnc.com.au/dossier](http://www.dvnc.com.au/dossier)

Congratulations Dingley Venturers, Kingstons Young Community Group of the Year 2024. The Dingley Venturers Unit is the most active in Kingston, known for their strong teamwork, community spirit, and dedication to service. From mentoring younger scouts to volunteering at ANZAC Day services, park cleanups, and Kingston events, they consistently give back.

Their commitment inspires younger scouts, fostering a spirit of volunteerism and leadership. With 80% of them pursuing the prestigious Queen's Scout Award, these Venturers are not just reaching milestones, but shaping themselves as future leaders.



## Don't forget to adjust your clocks

Daylight Saving Time begins at 2am (AEST) on Sunday 6th of October, so remember to put your clocks forward 1 hour before you go to bed.



## Do I have to vote in the Council election?

If you are a state-enrolled voter and reside in Kingston, you will automatically be enrolled to vote in the 2024 Kingston council elections. Voting is compulsory, including those aged 70+. You risk receiving a fine if you do not vote. You can check your enrolment status on the VEC website. [www.vec.vic.gov.au/enrolment](http://www.vec.vic.gov.au/enrolment)



## Shop Local, Shop Independent, Shop Small & do Business Locally

Did you know you can also support small local businesses in other ways? Tell and recommend to family and friends like, comment, subscribe or follow on a post. Shout out on social media, Tag a friend, repost or share a post. Give positive reviews.

## Special Dates in October

### Mental Health Awareness Month

October is Mental Health Month and a time to show extra support to those who may be struggling!

### Breast Cancer Awareness Month

Australia's Breast Cancer Awareness Month provides an opportunity for us all to focus on breast cancer and its impact on those affected by the disease in our community.



BREAST  
CANCER  
AWARENESS MONTH

### 13th – 19th October: National Carers Week

Anyone at any time can become a carer. National Carers Week is about recognising and celebrating the outstanding contribution that Australia's 2.7 million unpaid carers make to our nation.

### 2nd October: Mahatma Gandhi Jayanti

This day commemorates Mahatma Gandhi's birthday. It is marked with a prayer for peace, ceremonies and events throughout India. The United Nations has further declared this day the International Day of Non-Violence in honour of Gandhi's philosophy of non-violence (Ahimsa).

### 2nd - 4th October: Rosh Hashanah\* Judaism

Beginning at nightfall on 2nd October and ending at nightfall on October 4th, Rosh Hashanah, the Jewish New Year festival, commemorates the creation of the world. Customs include the blowing of the Shofar, a ram's horn trumpet, which begins the ten days of penitence culminating in Yom Kippur (Day of Atonement). It is the beginning of the holiest time of the year for Jews, and the anniversary of the creation of the world. Work is not permitted on this day.



### 12th October: Yom Kippur\* Judaism

Yom Kippur, also known as Day of Atonement, is the holiest day of the year for the Jewish people, characterized by repentance and forgiveness. Jewish people traditionally observe this holy day with fasting and intensive prayer, often spending most of the day in synagogue services.

### 13th October: Pink Ribbon Day

Cancer Council's Pink Ribbon Day helps raise funds in support of the many thousands of Australian women affected by breast and gynaecological cancers.

### 16th – 23rd October: Sukkot\* Judaism

Sukkot, also known as the Feast of Booths, is an eight-day Jewish festival of giving thanks for the fall harvest. The name refers to the booths (sukkot) used by Israelites during the 40 years of wandering in the desert after the giving of the Torah atop Mt Sinai. The celebration is a lead up to Simchat Torah, commencing the evening of the 24th.



### 24th - 25th October: Simchat Torah\* Judaism

Simchat Torah, commencing on the evening of the 24th and concluding at sundown 25th, is a celebratory Jewish holiday that marks the completion of the annual Torah reading cycle. Simchat Torah means 'Rejoicing in the Law' in Hebrew. Special attention is given to children who join the celebrations with flags and singing.



For help with elder abuse  
Call: 1300 368 821

Monday to Friday  
10am-5pm



## ANNUAL DVCA INFORMATION NIGHT

Make sure you don't miss the Annual Community Information Night to be held at 7.30pm on Tuesday 19th November in the Dingley Village Library, Marcus Rd. Refreshments will be served prior to the meeting at 7.00 pm.

The meeting is open to ALL Dingley Village residents and is a great opportunity to find out and ask questions about the issues affecting our village. Local Politicians, Councillors and other Community Leaders will advise on current local developments, projects, and issues.

### 2024 Kingston Council Elections

#### It's Time To Vote For A New Councillor to represent Caruana Ward.

Dingley Village is located in the Caruana Ward, with a single Councillor to be elected. Council elections are being held this month. There are approximately 15,000 people in Caruana Ward and the 2021 census states there are 10,495 residents in Dingley Village. This means approximately 70% of voters in the upcoming election for Caruana Ward reside in Dingley Village. We need to make sure OUR voice is heard. Your vote counts, the elected Councillor will be our voice to the Kingston Council for the next four years.

You will soon be receiving ballot papers and candidate information regarding this election in the post. Upon receiving the candidate literature, make sure you READ carefully when you are assessing who you will vote for in this important election and make sure they meet the following requirements:

- have local experience and knowledge
- are actively involved and contributing to our community
- have the time and ability to represent ratepayers effectively throughout their 4 year term and be able to cope with the heavy workload required to be undertaken as a Councillor

To date there are four registered candidates for our ward. DVCA is proudly apolitical and never supports any party in state or federal elections, but we do take particular interest in the Council elections which affect Dingley Village so directly. It is crucial that residents elect a candidate that will represent and work hard for our area, to maximise community benefits and neighbourhood character, while protecting against over-development. There would be nothing worse than getting an apathetic, uncontactable or counterproductive candidate. For this reason, the DVCA is wholeheartedly endorsing Natan Raykhtin-Breitenfeld.

Natan is the Secretary of the DVCA, and already regularly consults with the current

Kingston Council to pitch and progress projects through to their successful completion. While other candidates may also claim to love their neighbourhood (and they probably do!), we believe actions speak louder than words. Natan has been "walking the walk" of representing his local area with passion and skill on his own volunteer time for the last two years. He has been constantly approachable and proactive and this is what Dingley Village needs in a councillor for the next four years.

We also acknowledge and thank candidates Eric and Rizwan for attending our latest meeting and sharing their thoughts and plans for our area. Good luck to all candidates, and we encourage you to continue with representation and community service no matter who is elected.

#### Hawthorn Football Club, Kennedy Community Centre Update

The latest information from Hawthorn Football Club (HFC) about their Kennedy Community Centre development in Tootal Road:

Next year, HFC will move to their new home in Dingley, the Kennedy Community Centre (KCC), when Stage 1 works are completed. The KCC will serve as a home for the entire Hawthorn family, including past players, members, fans and the wider community. It will also include a publicly accessible space, including Hawks Museum, Retail space and coffee kiosk, where Hawthorn members & supporters feel welcome to gather, learn and celebrate the Club's history & future. Stage 1 includes a Community Pavilion & AFLW Oval and Harris Elite Training Facility which will house equal elite facilities for their AFL and AFLW programs.

The Community Pavilion & AFLW Grandstand will be the future home to the Club's AFLW team. Key features include dedicated AFLW match day facilities including full broadcast facilities, 500 grandstand seating facilities in addition to match day facilities and home and team change rooms, umpire facilities and change rooms + separate community change rooms and function space which

seats up to 150 people. AFLW match days will feature a number of family engagement opportunities including kiosk offering, food trucks and onsite activations including face painting inflatables etc. The Club has a Community-Use agreement with the City of Kingston for a minimum of 20 hrs per week (As discussed, HFC and Kingston will partner on coordinating the local community groups closer to opening).

DVCA thanks Hawthorn Football Club for their ongoing communication and congratulates the Club on their successful return to AFL finals this year.

#### Bottle Refunds

If you are a local resident who would like to help the DVCA but you don't know how, one option is to contribute your recycling bottles and cans to our 'Return It' CDS Vic Depot fund by using our Barcode number: C2000009985. We welcome everyone's support and contributions.

#### Dingley Venturers

The DVCA would like to congratulate the Dingley Venturer Unit for winning the City of Kingston Young Community Group of the Year Award. This award recognises the outstanding service and achievements that they have given to our community. Our community is very proud of you all.

#### Can We Help?

If you are a resident in Dingley Village and have an issue concerning our Village you would like addressed - please let us know and we will see if we can help. DVCA seeks new enthusiastic members to join and help keep our village a great place to live and work in. The DVCA is a voluntary group of Dingley Village residents, not affiliated to any political party and membership is open to all residents who genuinely care about our village.

#### DVCA Contact Info:

Contact us by email at [dvcasecretary@gmail.com](mailto:dvcasecretary@gmail.com) or come to our monthly evening meeting. Meetings are held in the Library Meeting Rooms, on the second Tuesday each month, February-November, at 7.30pm, located at 31b Marcus Rd. New members are most welcome to attend. For further information please contact the DVCA Secretary at [dvcasecretary@gmail.com](mailto:dvcasecretary@gmail.com), or visit [www.dvca.info](http://www.dvca.info)

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## Dingley Village Police Update



**Crime Stoppers (1800 333 000)**  
To provide crime information. It can be anonymous.

## How Safe is Your Place?

While crime on average is declining across Victoria, it still happens. Almost one-third of home burglaries occur without force because doors, windows or fences are not secure. While some crimes are unavoidable, there are steps you can take to stay safe.

Learn how your home might be at risk of crime by taking a short free quiz, created by Neighbourhood Watch Victoria. The free quiz takes just 5 minutes and provides a full report on security tailored to your place.

To take the survey for your home, visit [How safe is my place?](http://How safe is my place? www.howsafeismyplace.com.au) [www.howsafeismyplace.com.au](http://www.howsafeismyplace.com.au).

If you are in danger, need to report a crime in progress, or for immediate police attendance, always call **Triple Zero (000)**.

You can report non-urgent crimes or events 24 hours a day, seven days a week, by:

- calling the Police Assistance Line on 131 444
- making an online report [www.police.vic.gov.au](http://www.police.vic.gov.au)



[neighbourhoodwatchkingston](http://neighbourhoodwatchkingston)



[www.nhw.com.au](http://www.nhw.com.au)



*Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.*

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Please Note the new session hours of Little Villagers Childcare and temporary address'

# OUR COUNCIL

## Working together to tackle the waste crisis

At least 95 per cent of household waste from nine councils in Melbourne's south east is to be diverted from landfill and used to create a valuable energy source, under a smarter solution for dealing with household waste.

The councils have banded together to enter a Waste Supply Agreement with Maryvale EfW Project Co Pty Ltd (a consortium between Veolia Australia and New Zealand, Opal Australian Paper, and Masdar Tribe Australia) to send waste to an advanced waste processing facility in Maryvale in Victoria's Latrobe Valley.

The nine councils are shareholders in South East Metropolitan Advanced Waste Processing (SEMAWP) Pty Ltd, a company created by the councils for the purpose of this procurement.

Announcing the agreement, SEMAWP's Board Chair and Bayside City Council Chief Executive Officer, Mick Cummins, said by diverting SEMAWP Councils' residual waste from landfill it will contribute to reducing greenhouse gas emissions by 270,000 tonnes annually, equivalent to removing 50,000 cars from the road per year.

"This is a great outcome for residents of the nine councils involved in this project that began in 2019," Mr Cummins said.

"This solution provides an alternative to landfill that makes better use of household waste than burying it in the ground. Items that can't be reused or recycled will be put to better use."

"It is expected to create more than 500 temporary jobs during construction and an estimated 455 permanent operating jobs, including direct and flow-on, over the coming years. So, it reduces emissions, creates investment and employment, and preserves land for better uses than landfill." Kingston Mayor Jenna Davey-Burns said we are proud to be partnering with our neighbours in the south-east to move away from our reliance on landfill.

"We are facing a waste crisis and we need real solutions fast. We simply cannot keep dumping waste in landfill. We've already adopted food recycling and our own soft plastics recycling service but want to do all we can to play a positive role. That's why we're proud to join with other councils to look for innovative solutions," Cr Davey-Burns said.

With household waste in Melbourne's south east projected to increase by 40 per cent by 2046, alternatives to landfill need to be found.

The last remaining landfill in the south east of Melbourne will close in the next few years. This project will ensure that residents' waste is used to create a valuable energy source for an important industry in the Latrobe Valley.

The Maryvale Energy from Waste (EfW) facility will be adjacent to the existing Opal Australian Paper Maryvale Mill, and the paper mill will utilise the combined heat and power from the EfW facility. Councils will deliver waste to a transfer station planned for construction in Melbourne's south east, where it will be prepared for bulk transfer to Maryvale EfW. Energy from waste facilities are being used safely and reliably in metropolitan areas around the world, including in the United Kingdom, Europe, Asia and North America.

Modern, best-practice advanced waste processing facilities have strong safety track records and are designed to meet strict emissions standards, with real-time emission monitoring to make sure they meet strict air quality standards. In Victoria, they are regulated by the Environment Protection Authority Victoria and Recycling Victoria such that EfW facilities must be appropriately located, constructed and operated according to strict regulations that minimise risks to the environment and people.

The contract term for the Waste Supply Agreement will be for 25 years. Mr Cummins said this would provide cost certainty and waste processing security to participating councils.

### About SEMAWP Pty Ltd

The nine councils taking part in the project have set up a company called South East Metropolitan Advanced Waste Processing (SEMAWP) Pty Ltd to work together to deliver an advanced waste processing alternative to landfill.

The councils are:

- Bayside City Council
- Cardinia Shire Council
- City of Casey
- City of Greater Dandenong
- Frankston City Council
- Kingston City Council
- Knox City Council
- Whitehorse City Council
- Yarra Ranges Shire Council



By forming a single entity, the councils strengthen their influence on the economic, environmental and social outcomes of the project. SEMAWP is like many other companies, it is governed by a constitution and reports to a board of directors. Each participating council is bound by a shareholders' agreement and has an equal share in SEMAWP. Having an equal share means each council has an equal say on how the contract is managed regardless of the size of the council and the amount of household waste being supplied.

SEMAWP exists only to manage the contract agreement for the advanced waste processing facility and cannot make decisions on other waste or council matters.

### Community at the heart of State Government advocacy

Community remains at the heart of our advocacy to the State Government in these times of significant growth and change. This was again reflected by Council unanimously committing to reinforce the importance of putting local communities in the centre of projects including the Suburban Rail Loop (SRL), Plan Victoria, and the government's challenging new housing targets at the August meeting.

Mayor Jenna Davey-Burns said we continue to always put the best interests of Kingston forward.

"The housing targets will almost double the number of homes in Kingston and the SRL will create profound change in Highett, Cheltenham and Clayton South especially, so it's essential we are at the table," Cr Davey-Burns said.

"Housing is a critical issue for all levels of government and innovative solutions are needed to deliver much-needed housing supply, while retaining all the things our residents love about Kingston.

"We know Melbourne can't keep sprawling outwards and have worked hard to channel this required growth into the right places – near train stations, activity centres and major roads, while protecting quieter residential streets."

The Suburban Rail Loop Authority is currently developing a structure plan for Cheltenham, Highett and Clayton/Clayton South that is due for release in early 2025 and community submissions will be sought on the plan. Community submissions will go before an independent advisory committee review, which will be the primary chance for the community to have their say before the new planning rules will come into force.

Among the anticipated changes is that the State Government will be looking to increase building heights around the SRL precincts to provide for more housing and jobs.

"With this in mind, we are assembling a team of experts to lead our response to the independent review," Cr Davey-Burns said. "Our absolute focus is on ensuring the right balance between growth and liveability is achieved.

"We have also undertaken a comprehensive analysis and developed a detailed response to the Victorian Government's Plan Victoria and new housing targets.

"The work provides a confidence that Kingston can accommodate the envisaged housing, though it critically draws out that new parks, drainage upgrades, sporting fields, cycle paths and community services must be supercharged to keep up with the anticipated population growth.

"We have worked closely with our community over the past six years to deliver updated planning rules for our city as part of developing our Housing Strategy.

"We are well placed to continue to enable growth, while ensuring our communities are liveable, safe, connected, and healthy.


"Our Council has also been a very strong advocate on the importance of providing environmentally sustainable and affordable housing and Government can play a key leadership role with the significant land parcels it has in close proximity to the SRL."

Information in this article provided by City of Kingston


**YOUR VISION - YOUR FUTURE - YOUR CANDIDATE**

# VOTE Riz 1

**INDEPENDENT**



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**LOCAL DINGLEY VILLAGE RESIDENT**

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Authorised by M.Rizwan, 1 Dorrington Court, Dingley Village VIC 3172

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# LOOKING AT LOANS



**MORTGAGE CLIFF VANISHES** - Are you one of the lucky ones still with a low fixed interest rate from 'the good old days'? If so, congratulations! There are not many left.

Some have recently asked me about the mortgage cliff so much of the media was predicting: That time has come and gone; and we have not seen the masses falling off any cliff. Most recent data shows only a small increase in mortgage arrears, and that is off very low levels, so of no real significance. The principal reason has been put down to low unemployment. Where home loan borrowers maintain their jobs, they can generally find a way to maintain their home loan repayments. Refinancing has also assisted. Whilst some borrowers have been trapped and unable to move banks to lower rates where required, for most borrowers, they have managed to find a way. Perhaps that is tied in with the continued rise in home loans being processed via the mortgage broker channel? It is notable that 75% of all residential mortgage loans are now being processed to banks via brokers. Broker service and credit advice has certainly helped borrowers navigate the challenging times.

## DINGLEY VILLAGE APPEAL

Media have once again recognised how happy we (the residents of this marvellous suburb) are to live in Dingley Village (not that we need to be told).

In the list of 'forever suburbs', where homeowners stay the longest, we are ranked 4th in Melbourne, living in a suburb where the average homeowner stays for 17.95 years.

I can relate to that - my wife and I felt like the new-comers on our street for the first 15 years! Now, 30 years in, we feel 'established' in Dingley. The downside is for those wanting to move to here. With little turn-over of housing, it is a difficult place to buy into.

There is good news for home buyers in general though, with dramatic increases in property listings across Melbourne.

There are 2 factors which are key to the increased listings. Firstly, household budget pressures of interest rate rises and cost of living rises. This is not the mortgage cliff some were expecting, however mortgage stress is real. Particularly for more recent purchasers. Secondly, and perhaps more importantly, investor sales. Property investors have been abandoning the Melbourne market due

to stricter residential tenancy legislation and higher land taxes. This has opened significant opportunity for first home buyers, as this investor stock is often ideal for a first home. For those in a position to buy, this may well be an opportunity never to be repeated.

Unfortunately, increased stock for sale is not being matched by increased total housing numbers. Quite simply, there are less properties available to rent, and the landlord costs of holding those properties have increased substantially. Little wonder rents have gone up.

I know some politicians who have glibly smiled about investors exiting the property market - but what about those wanting to rent? Who is going to supply that housing? By the numbers: There are currently 5.8 million people living in Melbourne, and 6.8 million in Victoria.

The Victorian government is expecting 8 million people to live in Melbourne by 2050, equating to a need for 1.5 million more residential dwellings here. Owning your own home and owning investment properties to provide accommodation to those wanting to rent remains an important part of living in a city such as Melbourne, with such a shortage

of residential housing. Integrity Finance Australia proudly continues to support homeowners and investors alike in their struggles to build, to buy and to hold. Integrity Finance Australia has been serving the Dingley Village community since 2006. If you have any questions on the issues raised in this article or borrowing capacity or your home loan in general, then please email [support@ifafinance.com.au](mailto:support@ifafinance.com.au), or call us on **03 9511 8883**.

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**Daryl Borden**  
0417 593 893



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Authorised by Mark Dreyfus MP, ALP, 566 Main Street Mordialloc 3195.



## What is thunderstorm asthma?

Thunderstorm asthma is triggered by a mixture of grass pollen in the air and thunderstorm conditions.

It happens when pollen grains are drawn up into the clouds as a thunderstorm forms. The pollen grains absorb water, swell and burst open. Particles containing pollen allergens are released. The wind can push these tiny particles down to ground level where they can be breathed into the lungs.

Thunderstorm asthma usually affects people in the windy period before the rain starts. It usually happens in spring and early summer. Even people who have never had asthma before can get thunderstorm asthma.



If your symptoms become severe call triple zero (000) and ask for an ambulance — say it is an asthma emergency.

## Who gets thunderstorm asthma?

The risk of thunderstorm asthma is highest in adults who are sensitive to grass pollen (particularly rye grass pollen) and have seasonal hay fever. Thunderstorm asthma can happen in people of any age.

## What are the symptoms of thunderstorm asthma?

If you have thunderstorm asthma, you might have one or more of these symptoms:

- shortness of breath
- tightness in your chest
- wheezing when you breathe
- persistent coughing

## What should I do if I have thunderstorm asthma?

If you are experiencing thunderstorm asthma, follow these instructions.

- If the symptoms are moderate or mild, begin asthma first aid using your asthma reliever inhaler (if you have one).
- Take any hay fever preventer medication, such as a nasal spray containing corticosteroid or antihistamine as directed.
- If your breathing problems are severe, call triple zero (000) and ask for an ambulance — say it is an asthma emergency. If you have a reliever inhaler you should begin asthma first aid.

- If you are with someone who is experiencing asthma symptoms, sit the person upright and follow the instructions above. Stay with them and be calm and reassuring.

## Can I prevent thunderstorm asthma?

If you have asthma or hay fever, you can help protect yourself from thunderstorm asthma by managing these conditions and planning for emergency situations.

- See your doctor to develop an asthma action plan or hay fever treatment plan.
- Your plan should include what preventive medications you can take to manage your condition and what you should do in an asthma emergency. You should review your treatment plan regularly with your doctor.
- Your doctor may refer you to an allergy specialist if you've had symptoms of thunderstorm asthma. They may recommend that you have allergy testing to confirm if you are allergic to rye grass pollen. Specialised treatment (immunotherapy) for rye grass allergy may be an option.
- People at risk of thunderstorm asthma should carry an asthma reliever medicine during the pollen season. Asthma preventer medicine may also be recommended.

## How can I avoid thunderstorm asthma triggers?

You can check weather forecasts and pollen counts with these sources:

- the Bureau of Meteorology (BOM) site or the BOM Weather app
- the Australian Pollen Allergen Partnership, which shares pollen count in some cities
- the AirRater app, which links your symptoms to weather conditions, including pollen counts, and can notify you of triggers.

If a thunderstorm is approaching you and it's a high pollen count day:

- make sure you have your reliever medication with you
- stay inside, especially when it is windy before the rain
- close your doors and windows
- if an air conditioner is on, set it to recirculate air

Face masks don't protect you against thunderstorm asthma.



## When should I seek help for thunderstorm asthma?

If your breathing problems are severe, call triple zero (000) and ask for an ambulance — say it is an asthma emergency.

*Information in this article is provided by healthdirect Australia and is intended as general information only and not as medical advice. If you have any concerns about your health, see a health professional.*

## Sources:

- The Victoria Government (What is thunderstorm asthma?)
- Australasian Society of Clinical Immunology and Allergy (ASCI) (Allergic Rhinitis Treatment Plan)
- National Asthma Council Australia (Asthma first aid)
- Therapeutic guidelines (Thunderstorm asthma)

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Name \_\_\_\_\_ Golf Club \_\_\_\_\_

Mobile Number \_\_\_\_\_ Handicap AGU/GA \_\_\_\_\_

Name \_\_\_\_\_ Golf Club \_\_\_\_\_

Mobile Number \_\_\_\_\_ Handicap AGU/GA \_\_\_\_\_

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Team Name \_\_\_\_\_

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Entries close Wednesday 13th Nov, 2024

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Gerry Vander Horst	thevans1972@gmail.com	0419 538 062



## Protect Your Vision: The Latest Nutrition Guidelines for Managing Age-Related Macular Degeneration (AMD)

Age-Related Macular Degeneration (AMD) is the leading cause of vision loss in Australia, affecting approximately 1.5 million Australians. The Macular Disease Foundation Australia (MDFA) conducted a systematic review earlier this year looking into the role of nutrition in preventing AMD and/or slowing its progression. Here are the latest findings and how you can use dietary habits to help maintain vision and decrease your risk of AMD:

### Adopt a Mediterranean or Asian Diet

Evidence suggests that following a Mediterranean or Asian-style diet may lower your risk of AMD. The Mediterranean diet is characterised by high consumption of vegetables, fruits, fish, nuts and seeds, whole grains and extra virgin olive oil. The Asian-style diet pattern includes a high intake of vegetables, fish, soy, whole grains and plant-based proteins, as well as lower amounts of meat and dairy. These diets offer a wealth of antioxidants and omega-3 fatty acids that support eye health.

### Include Omega-3 Fatty Acids

Eating fatty fish such as salmon, tuna, and mackerel, which are high in omega-3 fatty acids (EPA and DHA), is beneficial for your retinal health. Aim to include these fish in your diet regularly instead of relying solely on omega-3 supplements.

### Eat Foods High in Lutein and Zeaxanthin

Add foods rich in lutein and zeaxanthin to your meals, such as spinach, kale, corn, and egg yolks. These antioxidants are known to help protect the retina from oxidative damage.

### Moderate Your Alcohol and Meat Intake

Consider limiting alcohol consumption to less than one standard drink per day, as excessive alcohol can increase the risk of AMD. Additionally, reducing your intake of red and processed meats may also decrease your risk.

### Focus on a Balanced Diet

Rather than focusing on individual nutrients or supplements, prioritise an overall balanced diet. The combined effects of various nutrients from whole foods, such as those found in Mediterranean and Asian diets, are more effective in reducing AMD risk than certain foods or nutrients alone.

### AMD Supplements:

Research has shown the AREDS2 formula to have a protective effect against AMD progression, particularly from moderate AMD to late AMD. However, like with most

supplements, they should not replace a healthy diet. Remember to have your eyes tested regularly.

Regular eye examinations are crucial for detecting AMD early. Early detection allows for timely treatment and management, which can help preserve your vision. By making these dietary adjustments and keeping up with regular eye check-ups, you can take significant steps towards reducing your risk of AMD and maintaining your eye health.

At Dingley Eye Centre, we pride ourselves on our knowledge and desire to stay up to date with the latest research to better look after your eyes and preserve your vision. We are passionate about your sight and the health of your family's eyes. Call us to make an appointment, book online on our website [www.insightfuleyecare.com.au](http://www.insightfuleyecare.com.au) or come down for a chat with us about how we can identify any macular changes before they lead to significant vision loss. Your proactive approach can make a big difference in safeguarding your vision for the future.

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# CARUANA WARD CANDIDATES

The following article has information on candidates standing for Caruana Ward in the City of Kingston 2024 election.

As nominations closed after the Dingley Dossier went to print, there may be other candidates, but the following candidates responded to the Dingley Dossier, when the call was put out to potential candidates.

Caruana Ward also covers parts of Clarinda and Clayton South which will have specific issues related to their location, but we have asked candidates to be Dingley Village specific for this article.

The order in which each candidate's information appears is based on a random draw and no significance should be taken. The opinions and information put forward by candidates, is provided as a service to residents and the Publisher & Editor do not endorse any candidate or the information they provide.



## Rizwan Nasir

A retired airline captain, married with three adult children, living in Dingley. Am a foster carer and blood donor. With my law degree and having worked in various government/non-government boards.

Can dedicate more time advocating for our rights. I will represent the community interests by listening to you.

### Qualifications:

- Diploma Community Services
- Bachelor of Law
- Master of Business Administration

### Experiences:

- Save Kingswood Golf Club
- Kingston Representative Community Panel
- Kingston Collaborative Engagement Group
- Serving on Rotary, College and Professional boards
- Fund-raising for Men's mental health
- Promoting aged-care services.
- Mentoring NDIS Youth

### Your Vision - Your Future

- If elected, will strive for a more effective and efficient Kingston Council, that works for you.
- Promote projects that make life easier to live, work, shop, play etc. "locally" in a safe, sustainable and friendly environment.

### Election Issues:

- Mental/Health & Wellbeing (Funding for Churches etc.)
- More sports & recreation facilities (benches/toilets).
- Connected Communities (shuttles to trains, schools, shopping, community services & events).
- Managing Climate Change by works on drainage/sewage (water flooding).
- Safety & Security (more lighting, patrolling and Neighbourhood Watch programs).
- Free Wi-Fi and Smart Kingston app/portal (support local trades & businesses).
- Prioritise Aged Care & Child Care (better and more facilities with rebates for seniors and single parents).
- Improving roads, bike lanes and pedestrian sidewalks (showcasing Dingley heritage).
- Greener and Cleaner suburb (Vision 2050).

### What are the most important issues or needs facing Dingley Village:

Key issues facing Dingley residents are "major developments", these will require mature representation for the next four years and beyond.

- Ex-Kingswood Golf Club.
- Spring Reserve.
- Hawthorn Football Club.
- Surf'n'Play Aquatic Park.
- Green Wedge plan (Braeside Park).

I have a history of delivering desired outcomes. These ongoing and future projects require good advocacy and perseverance to favour the community wishes. Just the "construction phase works" if not planned properly can be a nightmare. Voting for a mature and experienced "local Dingley resident" is necessary. Vote & support me to fight for our rights and making your vision a reality. Dedicated to serving with integrity. Experience and a genuine commitment to the community.

### To hear more/Contact info:

Email: [capt.riz@outlook.com](mailto:capt.riz@outlook.com)

Mobile: **0420 789 126**



## Eric Lee

I am a local resident and experienced community leader running to be your independent representative for Caruana Ward, covering Dingley Village, Clayton South and Clarinda.

With a background in governance and project management, I have applied my skills in delivering student services at Swinburne University and serving on not-for-profit boards.

Our community needs a strong voice with the proven experience to fight for our fair share of support and funding at Dingley Village. I will work hard to protect us against overdevelopment and ensure that upcoming projects and local infrastructure serve the community's needs. As a driven and passionate advocate, I am committed to being a visible and proactive councillor who delivers real results for the residents of Caruana Ward.

### Election Issues:

- Resident consideration of the Kingswood Golf Club redevelopment, particularly density concerns, road and traffic management, and air pollution.
- Ensuring completion of upcoming developments: Kennedy Community Centre, Spring Road Masterplan, and SurfNPlay Aquatic Park, and ensuring its surroundings and roads are up to scratch.
- Development of a masterplan to improve the Dingley Village shopping centre.
- Expanding home and community care for seniors.
- Enhancing and supporting services for children, youth, and families, particularly supporting child care and youth programs and activities.
- Enhancing support for community groups, churches, and sports clubs.
- Developing programs for youth employment and skills development.

### What are the most important issues or needs facing Dingley Village:

Dingley Village is at a critical junction in its history. Major developments like the Kingswood Golf Course, Kennedy Community Centre, SurfNPlay Aquatic Park, and the Spring Road Masterplan are set to reshape our suburb. Without the care and consideration of local residents, the quality of life and wellbeing in our community will be at risk.

A key issue is revitalising and enhancing the Dingley Village shopping centre. It's a focal point for the community, but it needs more support and visitors to keep local businesses thriving. We must ensure it remains a vibrant hub for everyone.

While these are two major challenges, Dingley is a diverse community, and every resident deserves their fair share of support—whether it's senior care or childcare, we need to stand together. Supporting every resident is essential to building a stronger, more connected Dingley Village.

**To hear more/Contact info:** Email: [vote@ericforkingston.com.au](mailto:vote@ericforkingston.com.au) Mobile: **0439 838 755**



### Caroline White

I am a successful small business owner of over a decade. Establishing and operating my dance studio has provided me with strong business acumen, leadership and commercial pragmatism. I plan on bringing my management skills and business experience to the Council to improve its performance and outcomes for ratepayers and residents.

Having grown up with my grandparents in Aspendale and living most of my life in the area, I am very passionate about where we live and preserving the area's long-term liveability as well as seeing local businesses flourish.

As proud mum to my beautiful 11-year-old son Lenny, I am heavily involved local sports clubs, schools and community groups.

Now more than ever I believe we need local government representation that has no affiliation to any political party, a truly independent voice to represent the best interests of our community, local businesses and our home. I am inspired to raise the transparency of our local council; improve the integrity; lift the accountability and performance of the organisation.

#### Election Issues:

My priorities are to

- Reduce Council rates to help residents with cost-of-living pressure.
- Cut wasteful project spending and rein in government overspending that's contributing to higher prices.
- Optimise Council resources and operations by cutting the bureaucracy and inefficiency to ensure rate payers receive the best value for money.
- Increase transparency, integrity and accountability within Council.
- Improve the culture of Council to facilitate entrepreneurship, support small business and economic growth.
- Slash excessive parking and minor infringement penalties and have more leeway on marginal offences.

#### Dingley Village Issues:

I have strongly advocated against the inappropriate over development of Kingswood Golf Course and I plan to continue to stand for the wishes of our community. Our Green Wedge needs protecting. The Caruana Ward has become the dumping ground for the State Government's toxic Big Build waste. This is a health hazard for Dingley Village residents, and I will continue to advocate for its removal. Tootal Road is dangerous and needs urgent upgrading, along with other deteriorating road and footpaths. I believe Council needs to bring the focus back to delivering the basics.

We need basketball courts and ovals to properly accommodate our sporting communities. I will work to increase community engagement for residents to engage in real consultation and ensure lines of communication are open. It's our home, we should have a say in its direction and Council should be working to better serve our community.

#### To hear more/Contact info:

Email: [caroline@votecaroline.com](mailto:caroline@votecaroline.com)  
Mobile: **0411 256 653**  
Facebook: <https://www.facebook.com/caroline.white.real.independent/>  
Web Page: <https://votecaroline.com/>



### Natan Raykhtin-Breitenfeld

Hello fellow Dingley Village residents, As a proud and enthusiastic Dingley Village resident, I have been advocating for our local community by being on various committees and community associations that impact our neighbourhood area, such as being a member of the Dingley Village Community Association for two and a half years, in which I hold, and have held the executive position of Secretary for two of those years.

I am also a board member of the Dingley Village Neighbourhood Centre and participate in the Kingston Council Youth Advisory Committee. I am passionate about the area in which I call home, and the community that I wish to serve.

This is why I decided it was time to nominate. Our local area deserves a leader who has experience within our community, a proven track record in fighting for the upgrades and improvements that we need, and someone who lives in the area and spends time day-to-day within our community, that you can trust will be available and open to hearing your voice. If elected, I will be a councillor

that is present and active, a councillor who will respond to your emails and answer your calls.

#### Election issues

- Reducing Overdevelopment within Dingley Village and the wider council.
- Fixing and revamping the footpath near the Dingley Village shopping strip, to make it safer for all residents.
- Upgrading Tootal Road, to minimise flooding risks and ensure smoother traffic flow.
- Improving local parks and playgrounds throughout the ward and ensuring a successful delivery of Spring Road Reserve.
- Advocating to improve the bus connections throughout the ward, to ensure faster and safer access to key locations, such as Monash University and Monash Hospital.
- Supporting our local Community groups and sporting clubs, to ensure their longevity well into the future.

#### What are the most important issues or needs facing Dingley Village?

The most important issues facing Dingley Village, are ensuring our local footpaths and roads are well maintained and free from potholes and dangerous hazards, promoting a smoother traffic flow, and a safer journey around our suburb.

Overdevelopment is another key issue on the top of all Dingley Village residents' minds, and we need to ensure we have a councillor who has a track record of fighting for our community and ensuring we as a community, can maximise the Net Community Benefit on an area such as Kingswood.

Ensuring a successful delivery of major projects in our area, such as Spring Road Reserve, is another essential piece of the puzzle in terms of our community. Establishing a safe and accessible off-leash dog play area, and an addition to parking spots being made available opposite Rowan Road Reserve, were key components to the Masterplan, and ensuring a successful delivery is just as important.

#### To hear more/Contact info:

Email: [NatanforCaruana@gmail.com](mailto:NatanforCaruana@gmail.com)  
Mobile: **0492 972 750**  
Instagram: @NatanR\_B  
Facebook: Natan Raykhtin-Breitenfeld Caruana Ward Candidate.



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## Natan Raykhtin-Breitenfeld for Caruana Ward

Authorised by Natan Raykhtin-Breitenfeld, PO Box 2, Dingley Village VIC 3172



# SENIOR SUPPORT SERVICES

## Victorian Seniors Festival 1st – 31st October

The Victorian Seniors Festival is a major state-wide festival for and involving seniors. The festival runs from 1–31 October every year, with over 2,000 free and low-cost events right across Victoria. Major events will include Celebration Day at Fed Square, the Melbourne Town Hall Dance, the Aged Care Tour and the Country Concerts.

The theme this year is – 'Explore. Engage. Evolve.' – encouraging older Victorians to stay curious and connected by exploring new activities, meeting new people, and changing how we think of ageing.

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As a Victorian Seniors Card holder, you can explore Victoria with free Festival travel from Sunday 6 October to Sunday 13 October 2024. During these dates you won't be charged when you touch on and off with your Myki Card

## How safe is my place?

Learn how your home might be at risk of crime by taking a short free quiz, created by Neighbourhood Watch Victoria. After taking the quiz, you'll get a handy report with security tips tailored to your place.

While crime on average is declining across Victoria, it still happens. Almost one-third of home burglaries occur without force because doors, windows or fences are not secure. While some crimes are unavoidable, there are steps you can take to stay safe.

## Take the How Safe is My Place quiz

The How Safe Is My Place program was created by Neighbourhood Watch Victoria to help you learn where your home might be vulnerable to crime and identify some simple, actionable steps you can take to feel safer.



The FREE quiz takes just 5 minutes and provides a full report on security tailored to your place. The quiz is also available in Traditional Chinese, Simplified Chinese, Vietnamese, Arabic and Punjabi. To take the survey for your home, visit How safe is my place? [www.howsafeismyplace.com.au](http://www.howsafeismyplace.com.au)

## Always contact the police if you are in danger

If you are in danger, need to report a crime in progress, or for immediate police attendance, always call Triple Zero (000).

You can report non-urgent crimes or events 24 hours a day, seven days a week, by:

- Calling the Police Assistance Line on **131 444**
- Making an online report [www.police.vic.gov.au](http://www.police.vic.gov.au)

## Home Care Packages with AccessCare

Did you know that the City of Kingston offers Home Care Packages through AccessCare, the Council's own in-home care provider? For 30 years, AccessCare has supported Kingston's senior community members to live independently and with dignity in their own homes.

With our team of support workers, aged care advisors, community nurses, home maintenance officers and more, AccessCare is available to help you live your life, your way.

To find out more about how you can get a Home Care Package with AccessCare in the City of Kingston, please call us on: **1300 819 200** or visit [accesscare.org.au](http://accesscare.org.au)

# LETTER TO THE EDITOR



In the forthcoming Council elections, Dingley residents have a rare opportunity to elect an outstanding candidate, as our Caruana ward councillor.

Natan Raykhtin-Breitenfeld is a young man who embodies all the attributes we could wish for, in our Local Government representative. He is currently at university, holds two part time jobs and is enthusiastic, caring, capable and conscientious. He has lived in DV almost all his life, understands our needs and is the current Secretary of the Dingley Village Community Association (DVCA). Natan has an excellent understanding of how Local Government functions and is fully aware of what is

required to be an effective councillor. As past President/Secretary/member of the DVCA, for over twenty years, I firmly believe we have not had such a quality candidate stand for election. I have worked closely with Natan, seen his heart for Dingley Village and unreservedly endorse him as the best candidate to represent Dingley Village residents.

Please consider your vote carefully, it is your chance to significantly improve our collective voice on Kingston City Council. Thank you. Vote Natan Raykhtin-Breitenfeld Number 1.

David Madill

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## Turning 60 and Still Working?

### Maximize Your Pre-Retirement Years: The Benefits of a Transition to Retirement Strategy

As people approach the milestone age of 60, thoughts naturally begin to shift toward retirement and the financial transition into a life after work. For those who are still employed and considering their financial future, a Transition to Retirement (TTR) Strategy can be a powerful and effective tool which can help build your retirement savings through income tax savings. Here's why a TTR strategy is worth considering for anyone aged between 60 - 64 who remains in the workforce. For those over 65 the deal gets even better!

### What is a Transition to Retirement Strategy?

A TTR strategy was introduced in 2005 to give older Australians more control over their retirement savings. It allows individuals who have reached their preservation age (which is currently 60), to access part of their superannuation as a tax free pension, whilst continuing to work. The amount that you draw can be between 4% - 10% of your total superannuation balance. These payments can be taken on a regular basis or as lump sum.

### Balancing Work and Lifestyle

One of the primary reasons to consider a TTR strategy is the flexibility it offers in balancing work and lifestyle. At 60, many individuals may not be ready or financially prepared to fully retire, yet they might want to reduce their working hours. However, they are concerned that their reduced hours will result in reduced income which would affect their lifestyle.

A TTR strategy enables you to supplement your reduced income from working with superannuation payments, allowing you to ease into retirement gradually rather than making an abrupt transition. This can make the retirement process less stressful and more aligned with personal lifestyle goals.

### Repaying your home sooner

For a lot of people, one of the most important things that they would like to achieve before retiring is to be free from debt and a mortgage. It is increasingly common for people to retire whilst having a mortgage on their home. The additional income provided by a TTR Pension will enable those individuals the available cashflow to repay their mortgage (or other liabilities) much quicker than they otherwise would.

### Boosting superannuation savings through tax efficiency

Another compelling reason to adopt a TTR strategy is its potential to boost your superannuation savings. If you're still working and earning an income, you can use your pre-tax salary to make additional contributions to your superannuation, while drawing a pension from your existing superannuation balance. This approach can be particularly advantageous if you are in a higher tax bracket, as it allows you to make salary sacrifice contributions, which are taxed at the concessional superannuation rate of 15%, rather than your marginal tax rate. For example, if you earn \$90,000 a year and have a super balance of \$250,000, you could salary sacrifice \$20,000 into your superannuation. This would reduce your taxable income to \$70,000, saving you \$6,400 in income tax annually!

Although this would reduce your take-home pay from about \$5,867 to \$4,734 per month (a decrease of \$13,600 per year), you could draw a pension of \$13,600 to offset this reduction. The \$20,000 contributed would be taxed at 15%, leaving \$17,000 in your super, resulting in a net benefit of \$3,400 without costing you anything.

### Considerations Before Starting a TTR Strategy

While the benefits of a TTR strategy are substantial, it's important to approach it carefully. Drawing on your superannuation early can impact the longevity of your retirement savings, so it's crucial to ensure that your superannuation balance is sufficient to support you through your retirement years.

Consulting with a Financial Adviser is highly recommended to tailor a TTR strategy to your specific needs and to assess how it fits within your broader retirement plan. Contact us to discuss what would work best for you and your retirement.  
Richard.

*Article written by Richard Vaughan, Senior Financial Adviser at Highview Accounting & Financial. Richard has written his article for general information purposes only and it does not constitute personal advice. This information has been prepared without considering any individual's objectives, financial situation or needs. You should not act solely on the basis of material contained in this article. We recommend that formal advice is sought which considers all your individual objectives and needs.*

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## Dingley Football Netball Club



As I write, it's into the Grand Final for both DFNC Senior and Reserves football teams, despite the club operating out of the Souter Oval construction site. Both Grand Finals will be decided on Sunday September 22nd at RSEA Stadium Moorabbin. The conclusion to the home and away football season was a mixed bag for the Seniors, firstly easily accounting for Mordialloc by a massive 180 points in Round 17, with the league's leading goalkicker Caleb Lewis kicking 11 goals.

Round 18 was a different story as we hosted St Pauls McKinnon, who took the points for the second time for the year by 20 Points. Both sides were locked into second and third spots on the ladder, so although the game was basically a 'dead rubber', the win no doubt provided St Pauls with a lot of confidence going into the finals.

Footy is a funny game though and in a low scoring Qualifying Final dogfight (actually a Bulldog and Dingo dogfight), a six goal final quarter propelled the indigenous dog into the Second Semi Final against unbeaten Cheltenham. In another low scoring affair, Cheltenham outlasted our boys by a single point to advance to the Grand Final.

This meant that we had to again overcome St Pauls in the Preliminary Final to have another crack at the all-conquering Cheltenham Rosellas. Jack, Jackson Peet and Caleb Lewis were our best on the day. On a cold and blustery dirty day for football, your football team pulled off another great victory kicking 4-14-38 to the Doggies 3-6-24.

This was a magnificent win made even more memorable as it was also the milestone 200th senior game for skipper Jackson Peet. 'Jacko' represents everything that one could hope for in a captain of a football team and it was a game to savour for that fact alone.

He is a star, on an off the field.


Both Seniors and the undefeated Reserves are programmed to meet Cheltenham in the decider. Prior to Round 1, we had a bare 18 players in our Under 18 team and for them to reach their Preliminary Final before bowing out was a fantastic effort. Coach Brodie Ferguson will again be in charge for

2025 when they will have another go at that hard to win flag. Heartbreak for our Netballers however, as after so much success throughout the season, Grand Final victories eluded those who made it through. Proving that sports can be cruel at times, our Division 1 team went down to Caulfield 40 to 41, Division 2 lost 41 to 48 and Division 10 also fell one goal short, 33 to 34.

Our next report will have all the news from the big games coming up, but you can keep up with results on our club's Facebook page.

Go Dingoes  
Brian Edwards





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## Alive

The 1980 Royal Melbourne Show was an event that I would never forget. It was the first time I was allowed to go without my parents.

I was fifteen years old, much older than when most kids were allowed to go unaccompanied, but my parents were stricter than most, which was embarrassing for a boy my age. The stipulation was I must go in a group. No problem for me who always wanted to hang out with the boys, my little gang of mates- four in all. The intoxicating sense of unbridled freedom I felt that day has never been repeated in my lifetime. I felt grown up, alive and ready for anything.

Me and the boys ran riot that day, trying our luck on all the amusements and daring each other to go on the most terrifying rides. The four of us were proud members of the Kiss army so gravitated towards the showbag stall selling Kiss showbags.

The 'Kiss' tunes being blasted from the loudspeaker attached to the stall beckoned to us like the Pled Piper's pipe had mesmerised the children of Hamlyn according to legend. We bought our Kiss showbags complete with iron on transfer, choker and grotesque Gene Simmons masks. We ran wild sporting the hideous masks feeling every bit the Rock N Roll icons we weren't, although not for long as the rubbery plastic became quite sweaty quickly.

Especially so, once we met a group of girls the same age as ourselves. To this day the smell of deep fried food coupled with tomato sauce will take me right back to the hot food stall under the grand stand and into the beguiling green eyes of Lynne. We all noticed the girls at the same time, particularly Lynne. She was something else. Her long dark hair really made those

bewitching green eyes quite striking and there was no denying those hypnotic eyes were fixed on mine. My mates paired off with her less enticing mates. They hadn't much choice. Once Lynne had made her feelings for me apparent there was no way I was going to pass up that chance of a lifetime.

We all bought pies, chicko rolls, dagwood dogs, pies and hot jam donuts and headed for the grandstand to watch the evening's entertainment, not that we saw much as we spent most of the time talking and laughing.

Right on the climax of the night performance I took a chance and nervously kissed Lynne who didn't object and seemed more experienced than I was. It was innocent and clumsy but I'll never forget it. I often wonder if Lynne ever gave that kiss a moment's thought all these years later.



Slowly we all headed back to the train station, not wanting the evening to end, but not before I bought Lynne a Kewpie doll. We boarded the train to Flinders Street Station and headed all made our separate ways once we got there. I gave Lynne my phone number but she never called. I never forget Lynne or that carefree day with my best mates. Such joy will never be repeated.

JS 2024

# PROBUS OPEN DAY

## An invitation to Probus Open Day

If you are retired, you are invited to come along as a visitor to the Probus Club of Dingley Central Open Day on Monday, 7th October at 10.00 a.m. to see why this Probus Club is so popular. The committee and club members would like to invite you to join their activities. The Club meets monthly, and you will be entertained by guest speakers and listen to shared stories. You can also join a coffee/chat group, visit local cafés or go for lunch with like-minded people. You can join the knitting group to make scarves, gloves and beanies for those in need or connect with passionate card players.

On sunny, warm days, you can enjoy the Club's morning teas in the local park or attend occasional bus day tours and extended tours. Most importantly, you can make new friends, have a bit of fun and always have something to look forward to. The Club's monthly meetings are held on the first Monday of the month Kingston City Salvos, 12 16 Garden Blvd, Dingley Village.

Probus provides an opportunity for men and women to connect socially, learn new skills, explore new interests and hobbies and share their own knowledge and experiences. Membership is open to anyone who is retired or semi-retired.

Probus is non-political, non-sectarian and non-profit. The major difference between Probus and many other community clubs is that Probus is not a service club and does not engage in fund raising or community sponsorship. Probus is fun, friendship and fellowship in retirement.

## The Open Day is on Monday 7th October

**Meeting at 9.45 a.m. for a 10.00 a.m. start.**

**The meeting finishes at 12.15 p.m.**

**The club will hold this meeting at Kingston City Salvos - 12 16 Garden Blvd, Dingley Village.**

As seats are limited, bookings are essential before Friday 4th October. Please ring our secretary Jean on **0438 272 232**.

Dingley Central Probus regular club meetings are at Kingston City Salvos Hall on the first Monday of the month where up to a hundred members attend. During these meetings interesting guest speakers share their stories with our members.

There is a diverse range of activities that are held at other times during the month. Some of the popular activities include, trips and outings, camera club, craft group, games days, dine outs and happy hours. The popular morning walks around Waterways Lake are great for fitness and social interaction.





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## Country Women's Association Dingley Village



"All women, all ages, all places. grow, connect, improve."

Surprising as it may be to some, the CWA is not all about fundraising. The Dingley Village branch holds just four fundraising events per year. We bake and craft for the Mother's Day and Christmas stalls, and we only bake for our Father's Day event. And as the name suggests, our Winter Warmers stall has all things knitted!! The best part of our raising effort happens each August, when we decide how to distribute our money. Later, in October we hold our AGM, where we start with a small balance in the bank, and we hold our elections.

Our branch comprises a social group of ladies: we often go out for lunch to celebrate "milestone" birthdays of our members among other things. In addition to our formal monthly meetings, our fortnightly craft mornings (which are not compulsory) offer a great opportunity for members to catch up on their UFOs (un-finished objects) or to just come along for a chat, cuppa and a laugh. CWA Dingley Village Branch is a great group of ladies ranging in age from 50s to 80s although age is not a barrier, and neither is cooking or craft ability. If you would like to know more, please contact Sue on **0434 879 875**.

### Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 10th of October and the November one is on the 14th. Starting time is 7.00 PM and meals and snacks are available if you want to make a night of it. Of course, you have the usual wide choice of beverages being dispensed for your indulgence.

Our regular dinner is held on the last Saturday of the month and the October one will be on the 26th. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend.

A number of 60 Plussers had an enjoyable day when they joined the Keysborough Seniors for a bus trip to the Lynbrook Hotel for morning tea, entertainment and lunch. Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board. We are more than happy to welcome new members to the Group. Enquiries can be made to Graeme on **9551 3462**.

PS - Warmer weather is coming so there will be one less excuse for not venturing out.

## Probus Club Dingley Central



At our September Meeting the guest speaker was Carolyn Pethick, her topic "To Hell and Back" For over 30 years Carolyn served with the Victoria Police with pride. She loved her job, but during these 30 years, she was continually bullied discriminated against for being female and sexually harassed. Her resilience and willingness to challenge what was wrong, sometimes at horrendous cost have been captured in her book, "To Hell and Back A Policewomans Story"

Carolyn encourages both men and women to speak up and report the discriminative treatment that they experience in the workplace. She also educates the offenders on the long term effects their behaviour can have on their victims. Carolyn has made it her mission to be the voice of the victims who are unable to speak out for themselves.

Activities planned for October: Happy Hour, Wine Tasting, Camera Club, Legs and Morning Coffee, Morning Melodie's, Dine Out, Film Day, Ladies Lunch, Craft Group and Games Day.

Our meetings are held on the 1st Monday of the month, at The Salvation Army Kingston Centre, 13/12-16 Garden Boulevard, Dingley Village. New members are always welcome. For further information please contact Jean on **0438 272 232**.

Web: [dingleycentralprobus.wix.com/dingleycentralprobus](http://dingleycentralprobus.wix.com/dingleycentralprobus)

### Dingley Village Senior Citizens Club Incorporated

Oh well, the weather has continued to be difficult to forecast accurately, nevertheless the AFL footy season has come to an end and now some of us can look forward to horse-racing and the cricket season. Myself, I would rather go for a nice country drive.

Our Seniors' Club held their AGM in September, which went well, and it was good to appoint a few new volunteer Members to our Committee. At the end of September, we had another "Fish and Chips" luncheon followed by a Trivia Afternoon which is always a fun day for all.

### Our arrangements for the month of October are as follows:

- **For Monday the 7th** – Games, Cards, Rummikub and Dominos, to be followed by afternoon tea.
- **Wednesday the 9th** – Bus Trip (bookings are essential for this).
- **Monday the 14th** – Bingo, followed by afternoon tea.

**Monday the 21st** – Games, followed by afternoon tea.

**Monday the 28th** – Bingo, followed by afternoon tea.

We are more than happy to welcome new Members to our friendly Group. Our afternoon activities are held in the Harold Box Hall (from 1:00 p.m. of a Monday unless otherwise advised). For more information regarding our Club, contact our President, Margaret, on **9580 4321** or our Vice President, Joan, on **0421 736 795**.

### Dingley Village Historical Society

We are open Monday Tuesday and Thursday, 10am-12noon. During the Dingley Village Farmers Market on the third Saturday of the month 10am -12noon.

We can open other days if requested. We are at 31A Marcus Rd, near the library. Call **9551 4374** or email at [enquiries@dvhs.com.au](mailto:enquiries@dvhs.com.au)

### Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities
<b>Monday</b>	9:00am - 1:00 pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance
<b>Tuesday</b>	9:00am - 12:00 pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography
<b>Wednesday</b>	9:00am - 12:00 pm	Bike Riding Group & Music Group
<b>Thursday</b>	9:00am - 12:00 pm 1:00 pm - 3:00 pm	A' Team workgroup Pool / Snooker
<b>Friday</b>	9:00am - 1:00pm	<b>Members Muster</b> This is our main day!

Every Friday Morning (except holidays as designated), come along, enjoy a cuppa, a chat & meet with your fellow shedders.

We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp. Other Activities from time to time include Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's, plus, the occasional outing to places of interest.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road. Ph. **9551 5892**, E-mail: [info@dvms.org.au](mailto:info@dvms.org.au) Web: [www.dvms.org.au](http://www.dvms.org.au)

## Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne - 9551 3770 / 0488 004 809. dingleylions@gmail.com

## Rotary Club Noble Park - Dingley



Active Rotarians - making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

## Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings. VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education. Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or 0419 309 931.

**Meeting:** Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.

## Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm.

\$17 for members, \$20 non-members. New members welcome. All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo. The first Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna 0421 045 648.

## Braeside Park Walking Group

We need more walkers. Friendly mixed group meets Tuesday and Friday at the Visitors Centre Carpark. Arrive 9.20am for a 9.30 start to Circuit 5 km or shorter. Stay around for a chat afterwards, no booking just come along.

## Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at the Rowley Allan Reserve 352 Cheltenham Road Keysborough and the following activities are available for members and visitors:

**Tuesdays** - Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 per book. Concerts with professional entertainers are on the 3rd and 5th Tuesday of the month 1pm to 3pm.

**Wednesdays** - Line Dancing 1pm to 3pm \$3.00 entry.

**Thursdays** - Ballroom dancing lessons 12.30 to 1.00pm and Ballroom dancing from 1.00pm to 3.00pm.

Tea and coffee are supplied for all activities.

## Entertainment schedules

- 17 Sept - 15 Oct - Freddie G
- 19 Nov - Alex Matthews.

Club members and visitors enjoyed a bus trip to Lynbrook Hotel where they were treated to scones jam and cream for morning tea, morning melodies and a smorgasbord lunch. What a great combination.

**Club membership for F/Y 24/25 is \$10.00.** Contact is Julie on 0428 561 694.

## Spring Park YWCA Golf Club



A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's Spring Park Golf Course. Cup of tea & biscuit is shared after the round.

We play 9 holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways. Further information: Jillian Sanders 0419 501 365 (Captain), Julie Westcott 0438 269 622. (President), Jan Boyes 0497 096 377 (Secretary)

## Kingston Communicators Toastmasters Club

Gain valuable skills in Effective Communication & Leadership at all our meetings. Join us at a club meeting as a guest! We meet each 2nd, 4th and 5th Wednesday of the month from 7:15 pm for a 7:30pm start at Mentone Activity Hub, 29 Venice Street, Mentone, VIC, 3194

For details or more information call 0432 676 952 or visit us at <https://kingston.toastmastersclubs.org/>



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## Kingston City Church



**Our Vision:** Connecting People To Jesus Christ

**Our Mission:** Reach, Restore, Relate, Resource And Release.  
Ph: **8551 6600**, Fax: **8551 6690**.  
Web: [www.kcc.crm.org.au](http://www.kcc.crm.org.au)  
Email: [admin@crm.org.au](mailto:admin@crm.org.au)

**Senior Pastor:** Dan Parker

**Sunday Services:** 10am Service has Children's Ministry.

Young Marrieds – Matched, Hitched & Hatched! At Kingston City Church we strongly value and support our young families, especially for couples to have wonderful marriages and to parent well. The purpose of this vibrant group – Young Marrieds – is to help young couples to navigate successfully through the life-stages of engagement ("matched"), marriage ("hitched") and early parenthood ("hatched"). Our heart is to support couples going through these life-stages, encouraging and helping them to be God-centred as spouses and parents so that they can enjoy love-filled, healthy marriages and happy families. This helps provide their children with strong foundations for life.

Couples in this group are at exciting times in their lives. Some are recently engaged and planning weddings or are in the first few years of married life together, while others are starting to have children and are beginning to see new family dynamics unfold while learning how best to parent and realising that this can be challenging and also needs to change as your children grow.

Meeting fortnightly on Tuesday evenings, the group enjoys fellowship and Scripture-based learning, as well as Spirit-led insights, guidance, prayer and support. There is a natural emphasis on marriage, parenting and raising children. Within a safe environment, couples discuss and share about pertinent issues, and support each other to deal with relationship, parenting and work challenges, as well as life generally. If you are interested in being a part of this enriching group, please feel free to contact our church office.

## Heatherton-Dingley Uniting Church



Cnr. Kingston and Old Dandenong Roads, Heatherton. Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone **0431 244 561**.  
[www.heathertondingleyca.org.au](http://www.heathertondingleyca.org.au)

## Our Vision and our Mission

To seek to connect people to God and each other. Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life.

## What's On

**Wednesdays** – Prayer meeting at the church 9.00 – 9.30 a.m. If you have a concern that you would like prayed about ring Margaret on **0401 392 772**.

**Know Your Bible 9.30 – 11.00 a.m.**  
An interdenominational study of the Bible for women

**Know Your Bible 9.30 – 11.00 a.m.**  
An interdenominational study of the Bible for women. For further information contact Kaye **0412 715 363**.

**Second And Fourth Thursdays Of The Month**  
Unleash the Music in You – 7.30 p.m. at the Church. For further information contact Bob Lorraine on **0418 998 714**

**Third Saturday On Odd Months Of The Year.**  
**Bark And Chat** - This is an informal group of dog lovers who bring their dogs along for a chat and short information session on different topics relating to dogs, followed by morning tea. For further information contact Margaret on **0401 392 772**

**Third Saturdays On Even Months Of The Year.**  
A special service for dog owners and lovers to which you can bring your dog. For further information contact Rev Deacon Andrea Mayes on **0408 65 939**.

## Village Church Inc.



Address: 7-9 Fiveways Blvd Keysborough 3173  
Pastor: Rodney Hole  
Elders: Andrew Weston & Malcolm Crouch  
Church Office: **8712 8254**  
or [admin@villagechurch.org.au](mailto:admin@villagechurch.org.au)

Visit our website:  
[www.villagechurch.org.au](http://www.villagechurch.org.au)

Village Church has been in the Dingley and Keysborough areas since the 1930's and exists for the purpose of the advancement of the Kingdom of God as we seek to obey our Lord's command to go out and make disciples of all people.

**Sunday Morning 10am Worship Service**  
In person or can watch livestream on our webpage.

**The church service includes:**

- Bible teaching through expository preaching.
- Pastor Rodney Hole is currently preaching through the book of Hebrews.

- Communion is held twice a month for those who know Jesus Christ as their personal Saviour and Lord.
- Kids Church - Younger Primary (4-8 years old) and Older Primary (9-12 years old).
- Little Blessings Preschool Program (0 – 4years old)
- Tea and coffee are served after the service.

## Life Groups

Meets for Bible study and fellowship in various suburbs on a fortnightly basis in Springvale, Narre Warren, Pakenham, and Lyndhurst areas.

## Ladies Bible Study

Meets regularly to work through an entire book of the Bible, alternating between the Old Testament and the New Testament. Previously studied are the books of Ruth, Philippians, Genesis and James.

In 2024, there will be a video teaching series on **"War of Words"** by Paul Tripp based on his book.

## Men of Faith

Meets once a month at Village Church on a Sunday evening for a BBQ and men's Bible study.

## Village Church Youth Group (Years 7 –12)

Meets weekly on Friday nights from 7-9pm during the school term for Bible study and fellowship.

## Street Ministry

Village Church partners with 'Bought with a Price Ministry' here in Melbourne. Every Wednesday and Friday from 5pm to 7pm, a team witnesses at either Dandenong, Noble Park, Glen Waverley, Ringwood, or Springvale areas.

## Marriage and Family Support

At Village Church, our heart is to serve the surrounding community to support the growth of families. Families and marriages are under attack, and we are committed to helping you out in any way. We have many gifted and equipped members who would love to listen, encourage, and give sound advice to you. Please call the church office if you need help.

## Christ Church - Anglican Church Dingley Village



Vision: From within you shall flow rivers of living waters" John 7:38

**Sunday Services**  
**8.30am** (Heritage Church) Holy Communion Service  
**10.30am** (Auditorium) Worship Service with Kids' Church.  
**Next Combined Service:** Sun 1st Dec at 10am.

**Life Groups for Bible Study**  
For more information, please contact our office.

### Youth Group Friday

Runs during School Term. Drop off 6:30 pm, pick up 9 pm (sign-in essential). Lots of fun and engaging activities for ages 11 to 17 years. Please contact our office for details.

### Pleasant Tuesday Service 2pm, 2nd Tuesday Each Month

Traditional Holy Communion Service with favourite hymns in the Heritage Church followed by a social afternoon tea. Please contact our office for transport IF needed.

### Weekly Prayer Meetings

Wednesday 11am in the Prayer Rooms.  
Saturday 8am in the Atrium. Healing, Deliverance & Prayer Ministry available upon request.

### Roundabout Op Shop

Supports communities Locally, Nationally, and Internationally. Offering many bargains (good quality clothing, books, bric-a-brac, toys.

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### Opening Hours:

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Thursday - 9.30am - 1.30 pm  
Saturday - 9.30am - 1.30 pm

**Donations:** We take clean useable items but cannot accept electrical goods, or baby/child equipment.

### MMA Stall

MMA Stall runs quarterly.  
Next Stall: Sun 1st Dec.

### Supported Missions

CCD supports: Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

### Food Parcels Available

For those in need, upon request.

### Prayer Ministry

Please contact our parish office for details and bookings.

**Senior Minister:** Rev. Richard Loh

**Parish Office:** 03 9551 7871

**Email:** admin@ccd.org.au

**Website:** [www.ccd.org.au](http://www.ccd.org.au)

### St. Mark's Catholic Church

511 Lower Dandenong Road,  
Dingley Village, 3172.

Phone: 9551 6930 or 9547 4877

Email: [Springvale@cam.org.au](mailto:Springvale@cam.org.au)

Website for further information:

ST JOSEPH SPRINGVALE | Catholic church  
Parish Priest: Fr. Joseph Truong Nguyen  
OFM Conv.

### Mass Times

- Saturdays, 6pm
- Sundays, 9.30am
- Confession starts from 5.30 pm before Mass on Saturdays

### The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard,  
Dingley Village. Office Phone:  
(03) 9558 2045.

[Facebook.com/KingstonCitySalvos](https://www.facebook.com/KingstonCitySalvos)

[www.salvationarmy.org.au/kingstoncity/](http://www.salvationarmy.org.au/kingstoncity/)

Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington.

### Hours of operation

10:00am - 4:00pm Monday to Friday or by appointment.

### Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith

pathways, building healthy communities, & working for justice.

### Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

### Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief. Please phone 9558 2045, Wednesdays, Thursdays & Fridays 10am - 4pm to make an appointment.

### Echo Church



"Your Kingdom come, your will be done, on earth as it is in heaven."

- Matthew 6:10

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info@echochurch.org.au

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