

# THE DINGLEY DOSSIER

Volume 53 Number 10 November 2025

# INFORMATION NIGHT

**TUESDAY | 7:00 PM | 18TH NOVEMBER 2025** 

HAROLD BOX HALL • 31B MARCUS ROAD, DINGLEY VILLAGE

Organized by the Dingley Village Community Association



# **GUEST SPEAKERS**

ST MARKS PRIMARY SCHOOL DV HISTORICAL SOCIETY **BENDIGO BANK** DV NEIGHBOURHOOD CENTRE HAWTHORN FOOTBALL CLUB SUBURBAN RAIL LINK SAVE KINGSWOOD KINGSTON CITY COUNCIL



MONSTER RAFFLE!



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# WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

31B Marcus Road, Dingley Village. 8512 0505 admin@dvnc.com.au

# LIVING IN DINGLEY VILLAGE

# **IMPORTANT NUMBERS**

City of Kingston: 1300 653 356

Emergency: 000

**Police:** 131 444

Crime Stoppers: 1800 333 000

**Lifeline:** 13 11 14

Suicide Call Back Service 1300 659 467

SES: 13 25 00

Vic Emergency Hotline 1800 226 226

Poisons Info: 13 11 26

Emergency Relief (MADDV) 9551 1799

MensLine: 1300 789 978

WIRE (Women's Information and Referral Exchange):

1300 134 130

Safe Steps: 1800 015 188

Nurse on Call: 1300 60 60 24

**Tip Smells & Dust:** EPA 1300 372 842

Aircraft Noise: 1800 802 584

Neighbourhood Centre: 8512 0505

Community Association: dvcasecretary@gmail.com

Men's Shed:

9551 5892

VicRoads Faults and Hazards:

13 11 70

**RSPCA** 9224 2222

# Justice of the Peace

Marion Harriden 9551 1799

Document Signing Station

Springvale Library

1300 630 920

# Power Saving Bonus \$100.00

If you have a current Pension /Concession /DVA Gold card, you are eligible for a \$100.00

rebate on your electricity bill. Contact the DVNC to make an appointment and you will need to bring in your electricity bill, concession card, Medicare card, bank account details if you want the \$100.00 to go back into your bank account, email address & Mobile Number.

Please contact admin@dvnc.com.au or Ph: **8512 0505** 

# Neurodiverse Parents Support Group with Geraldine

Parent lead group for children under the age of 16 with Autism, ADHD, Dyslexia and Dyscalculia. Meetin Meeting Rooms 4/5 every 3rd Wednesday of the Month from 6.3 opm-8.0 opm Contact Geraldine Howley on 0449 150 415 or email: geraldineahowley@gmail.com

# **Music with Mummies**

An interactive and personable experience for both you & your child. Ages: 6 months -3 yrs, Wednesdays in the Library Meeting Room 2. All enquires contact Emma: Ph: **0412 796 424** or email: musicwithmummies@gmail.com

# **Teens Games Group**

Fun environment for teenagers from 13 – 17 to enjoy games together. Strategy, fantasy & sci-fi style board & role-playing. Friday 5.30 – 7.30 pm in DVNC meeting room 4.5 & 6.

Free event.

## Dingley Village\_Playgroup

Monday 9.00am-11.00am Tuesday 9.30am-11.30am \$40.00 Term fee in the Playgroup room. In the new DVNC centre & Early Years services building. Email: admin@dvnc.com. au or Ph: **8512 0505** 

# Zumba Gold with Norma

Zumba Gold is a low- impact dance fitness class perfect for beginners of all ages and fitness levels. Thurs, 9.30am -10.30am in the Harold Box Hall, \$10.00 per class. No need to book just come along.

# **Body and Balance with Norma**

This class focusses on balance, ranges of motion and coordination. Thurs, 11am-12pm in the Harold Box Hall, \$10.00 per class No need to book just come along.

# Social Table Tennis with John

Catering to all skill levels both men & women. Come along and join this friendly group. Mon, 9am & Wed 12.30pm in the Harold Box Hall \$3.00 per session. New members Welcome. No need to book just come along.

### Pilates

Mums and Bubs Pilates Tuesdays 11.15am-12pm \$12 session. Mat Pilates Tuesdays 12.30 – 1.15 pm \$12 per session in the Harold Box Hall but please pay at reception first. Need to bring Yoga Mat, Water bottle and towel. All enquires please contact admin@dvnc.com.au or Ph: 8512 0505.

### Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am -12pm in DVNC meeting room 4 & 5. Free Class, no need to book- Just come along.

# Chatty Café with Sue & Jo

The Chatty Café Scheme aims to get people chatting to build



and encourage social connections within the local community, and to help reduce social isolation and loneliness. Let's keep our community connected! Wed 10am to 12pm in the staff room in the new DV Neighbourhood centre. **Free, just some along.** 

### **Collection Point**

You can drop off the following items at the Centre: prescription glasses/ hearing aids, stamps & unused toiletries from hotel rooms. These items are then recycled for use by local service groups.

# Taekwondo with David

Mon & Thurs 5 -7pm in the 'Harold Box Hall'. If you are interested in joining, contact David on **0439 304 579**.

# Tai Chi

Tai Chi aids the reduction of anxiety of stress; it also helps increase flexibility and balance. Sessions are held in the Harold Box Hall. Tuesdays from 9am -11am. Wednesdays 6.30pm-9.30pm Contact James: 0430 570 460.

# Agna Yoga with Sneha

Yoga & Meditation class in the Harold Box Hall, weekly on Fridays from 6pm-7pm. All enquires to agnayogawellness@outlook.com or Ph:0421 876 858

# Sound Healing with Danielle

Bio tuning session weekly on Tuesdays from 7pm-7.45pm in the Harold Box Hall. All enquires contact Danielle at Biofieldbayside@outlook.com or Ph: 0478 736 675.



# COMMUNITY

### Remembrance Day

On the 11th hour on the 11th day of the 11th month, a minute's silence is observed to honour those who have served and sacrificed in wars, conflicts and peace operations.

We will remember them.

# Dingley Village ANZAC DAY Organising Committee

The correct website address for the committee is <u>www.dingleymemorial.org.au</u>

You can contact the committee via the website if you are interested in joining or would like further information. Please disregard website listed in the September edition of the Dingley Dossier.

### **Rose Show**

The Rose Society of Victoria is holding its annual Rose Show on Saturday November 8th, 2025, 1.00-5.00 in the Harold Box Hall, (behind Library), 31B Marcus Rd. Entry \$5 for non-members, Raffles, Devonshire tea and Rose sales on site. www.rosesocietyvic.org.au

# **Spreading the Cheer**

It was Alison's 70th birthday on 17th September, and she requested gifts for her birthday, go instead to Make A Difference (MADDV), Dingley Village.

Alison arrived at Make A Difference with a large boot load of goods!!!, that will go to people in need. MADDV, are so excited and delighted with this generous donation and wish to again thank Alison and to all those who attended her celebration. Maybe those reading the Dossier, can we encourage YOU to consider this way of celebrating!



# Dingley Village Neighbourhood Centre is now on O Instagram We would love for you to follow us. Please either scan the code or search Dingley Village Neighbourhood Centre on Instagram

# **Special Dates in November**

### Movember

Movember is responsible for the sprouting of moustaches on thousands of men's faces across the country. The aim of Movember is to raise vital funds and awareness for men's health, with a specific focus on prostate & testicular cancer and depression in men.

### **Pancreatic Cancer Awareness Month**

Pancreatic cancer has a tragic and low survival rate, making early detection crucial. Symptoms are often vague, similar to other illnesses, and can lead to a later diagnosis.



# 10th - 16th November: National Recycling Week

Reducing our waste not only keeps valuable materials out of landfill it also benefits the environment by reducing greenhouse gas emissions. By visiting www. recyclingnearyou.com.au you can find out about what you can and can't recycle in your household recycling services.

# 1st November: All Saints' Day, Christianity

This Christian day honours saints, known and unknown. Saints are men and women recognised for lives of holiness and devotion to God or who were martyred for their faith.

# 1st & 2nd November: Day of the Dead (Día de los Muertos)\*\*

The Day of the Dead, or Día de los Muertos as it's known in its native South America, is an iconic festival that celebrates and commemorates those who have passed on. It's a festival and a celebration, in which people remember their loved ones and celebrate their lives and memories together.



# 5th November: Birth of Guru Nanak Dev Sahib Ji, Sikhism

Observes the birth of Sri Guru Nanak Dev Sahib Ji, the founder of the Sikh religion, born in 1469 CE. An accomplished poet, 974 of his hymns are part of the Sikh scriptures (Guru Granth Sahib)



# 11th November: Remembrance Day

Remembrance Day is known in some countries as Armistice Day or Veterans Day. This date marks the end of fighting in the First World War, and is a day is generally marked as a day to remember all those who died or suffered in wars and armed conflicts.

# 16th November: International Day for Tolerance

International Day for Tolerance reminds us of the importance in respecting, accepting and appreciating those who may be different from us.



# 24th November: Guru Tegh Bahadur Martyrdom Day, Sikhism

Commemorates the martyrdom of Guru Tegh Bahadur, the ninth Sikh Guru, who was executed in 1675 by the Mughal Emperor for defending religious freedom of other faiths and protecting the rights of persecuted communities.

# 30th November: First Sunday of Advent, Christianity

Christians celebrate Advent by lighting advent candles, displaying wreaths and hosting special ceremonies. For Christians, Advent anticipates the celebration of the arrival of Jesus during Christmas, while also anticipating his return.

- \* Holy days (mainly Jewish, Islamic and Baha'i) which begin at sundown on the previous day listed.
- \*\* Local or regional customs may use a variation of this date.



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# Party Safe Program

Victoria Police Partysafe provides advice on how to host a safe and trouble free event. Avoid complaints gatecrashing, violence and intoxication by planning carefully and supervising responsibly.

# Register Your Party

Register with Victoria Police Partysafe at least one week before the event. You can register online at www.police.vic.gov.au/partysafe or at your local police station.

Registration will provide your local police with information to assist should a serious problem arise, but is no substitute for responsible planning and supervision

nhw.com.au responsible planning and supervision.

Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.



Email: lvcc@dvnc.com.au

# DINGLEY VILLAGE COMMUNITY ASSOCIATION

# Dingley Village Annual Community Information Meeting 2025

Make sure you don't miss the Annual Community Information meeting to be held at 7.30pm pm on Tuesday 18th November in the Dingley Village Library, Marcus Rd. Refreshments served from 7.00 pm prior to the meeting.

Come along, our local Politicians, Councillors and other Community Leaders will be reporting back to you, about our local community here in Dingley Village on current issues, including;

- · Kingswood Golf Course State of Play
- Tootal Road Upgrade
- Hawthorn Football Kennedy Community Centre Development
- Village Shopping Centre Improvements
- Spring Road Reserve Master Plan Implementation

Mark this date in your calendar, the meeting is open to all Dingley Village residents and is a great opportunity to find out and ask questions about the village issues affecting YOU.

# **Recycle Your Soft Plastics Waste**

Now that we have a soft plastic collection bin right here in the village at Woolworths, as shown, you can recycle your soft plastic waste and help protect our environment.

## Why Recycle Soft Plastics?

Our large-scale use of plastics in Australia is producing a major plastic waste problem. So instead of tossing your soft plastics in with your general waste (red rubbish bin), please make the effort to set aside any soft plastic rubbish and take it to the Woolworths collection bin.



Each time you collect and deposit your soft plastic waste into the recycling collection bin, YOU help to:

- **1.** Reduce the amount of plastic waste in our environment and entering into our waterways and oceans.
- **2.** Prevent soft plastics polluting our ecosystems, entering the marine ecosystem and affecting the human food chain.



**3.** Help protect wildlife from plastics entanglement, ingestion, and habitat destruction, by keeping soft plastics out of their habitats.

# What Soft Plastics Can We Recycle?

- Bags, such as plastic shopping bags, frozen food and veggie produce bags
- Bread Bags
- O Biscuit Packet Wrapping
- O Toilet Paper & Paper Towel Wrapping
- O Nappy Packaging (Not The Nappy)
- O Chip Packet Wrapping
- O Sweet/ Lolly Packets
- O Cling Wrap

Make sure the soft plastics you drop off for recycling are food-free and clean.

# Do NOT include any:

- Glass
- Cans
- Plastic Bottles
- Plastic Containers such as hard plastic take away food containers
- Paper Bags
- O Coffee Cups, etc

Including these materials can contaminate the Woolworths collection bin and result in the bin contents being sent to landfill instead of being recycled.

# Vale - Eddie Oak

We note with deep regret the passing of Eddie Oak. Eddie was a keen supporter of our Dingley Village community and a valued DVCA member for many years. Eddie will be greatly missed and the DVCA extends our sincerest sympathy to his family.

# Rose Society of Victoria - Spring Rose Show

Saturday 8th November 2025 - 1pm to 5 pm. The Rose Society of Victoria is holding its annual Spring Rose Show right here in Dingley Village. Don't miss out on this great opportunity to see beautiful prize winning roses displayed at their best, together with roses available for sale and Devonshire teas being served.

Where: Harold box Hall, Marcus Road. Tickets: \$5

# Australian Welsh Male Choir Concert

Sunday 9th November 2025 at 2pm.

The internationally renowned premier Welsh Male Choir in Australia will be performing a stirring, beautiful and wide range of songs at Christ Church (at the roundabout) Dingley Village. This concert is a rare opportunity to hear glorious harmonies and singing at its best.

Tickets available online at: <a href="https://www.trybooking.com/DFRBV">www.trybooking.com/DFRBV</a>

Tickets: \$35, Concession: \$30 Christ Church, 387-405 Old Dandenong Rd, Dingley Village.

# Can We Help?

If you have a local issue, you need help with - don't hesitate to contact us and we will see if we can assist you with this.

### **DVCA Contact Info:**

Contact us by email at dvcasecretary@ gmail.com or come to our monthly evening meeting.

# **DVCA Meeting Info:**

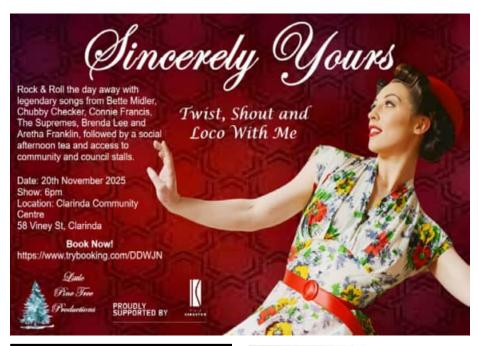
Meetings are held in the Library Meeting Rooms, on the second Tuesday each month, February-November, at 7.30pm located at 31b Marcus Rd. New members are most welcome to attend.

DVCA seeks new enthusiastic members to join and help keep our village a great place to live and work in.

The DVCA is a voluntary group of Dingley Village residents, not affiliated to any political party and membership is open to all residents who genuinely care about our village.

For further information please contact the DVCA Secretary at dvcasecretary@gmail.com.





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AND SO MUCH MORE - COME IN AND SAY HELLO

# **OUR COUNCIL**

# Keep talking to us, Kingston — have your say on the future budget

We are encouraging residents, traders and community groups to share their ideas for the 2026–27 budget through our innovative Talking Kingston platform. Most councils ask once a year for budget ideas from the community, but in Kingston the opportunity is open 365 days a year. Mayor Cr Georgina Oxley said Talking Kingston makes it easier than ever for people to help shape the city's priorities.

"We always value our community's ideas and aspirations for our city – they will always make us more adaptive, innovative, connected, and resilient," Cr Oxley said.

"This is your chance to tell us what matters most - whether it's improving local parks, supporting businesses, building better paths and playgrounds, or enhancing community services. "We're proud to offer this year-round opportunity for you to share your ideas and have a real influence on how we invest your rates to make our city an even better place to live, work and play."

Ideas submitted before 31 December 2025 will be considered as part of the 2026-27 budget. Those received in the new year will help guide future budgets.

Since launching Talking Kingston, Council has already received hundreds of community suggestions — which have helped deliver traffic improvements, new playgrounds, greener streets, shopping strip upgrades and better sporting facilities across the city.

"We've listened, and we're putting your ideas into action," Cr Oxley said.

"We want to keep that momentum going — so please, keep talking to us, Kingston." To find out more and share your ideas, visit yourkingstonyoursay.com.au/talking-kingston.

# Another big year of project delivery in Kingston

The City of Kingston has completed another strong year of capital works, with 93 per cent of the budget delivered across the community in 2024-25.

Mayor Cr Georgina Oxley said the results reflected Council's ongoing commitment to building a liveable, sustainable and well-serviced city. "These projects are about making a real difference in people's daily lives – whether it's creating great places for children and families, improving our parks and open spaces, or investing in the community facilities that bring people together," Cr Oxley said.

"We're proud to have delivered more than 230 projects across Kingston this year, with a strong focus on supporting active lifestyles, community connection and our future growth."

# Key highlights from the 2024-25 program included:

- Commencing construction on the Mordi Aquatic Centre redevelopment (\$23.9 million)
- Completing the new Dingley Village Neighbourhood House and Early Years Centre (\$4.2 million)
- Major improvements to drains (\$4,7 million) and roads and footpaths (\$7 million)
- New and upgraded playgrounds, parks and reserves (\$3.6 million combined)
- Upgrades to community clubs, sporting facilities and pavilions including the Dingley Reserve Souter Pavilion (\$3.5 million)



Cr Oxley said the range of projects delivered demonstrated Council's commitment to balancing investment across suburbs and services. "From safer roads and drains to better playgrounds, libraries and community hubs, we're ensuring that every part of Kingston benefits from these investments," she said.

"This is about building the foundations of a city that is inclusive, connected and ready for the future." In total, Council delivered \$70.8 million worth of capital works, including \$23.8 million on the Mordi Aquatic Centre project which remains on track for completion in late 2026.

Stronger support for local groups through grants program changes The City of Kingston is refreshing our \$1.9 million annual grants program to make it easier for local groups to access funding and deliver projects that benefit the community.

The changes come after a detailed evaluation of the program, which included an independent review, hearing from more than 450 applicants, and feedback from local stakeholders.

Mayor Georgina Oxley said the updated program will help ensure the grants continue to make a real difference across Kingston. "We know how important these grants are — they help power everything from community centres and welfare agencies to local festivals, clubs and cultural groups," Cr Oxley said. "We listened to our community's feedback, and we're making changes to simplify the process, reduce red tape and make it fairer for everyone."

# The key changes include:

- simplifying the application and assessment process
- · clearer eligibility criteria and funding priorities
- renaming and refining grant streams to reduce confusion
- creating new funding categories under the Welfare Services stream
- removing the minimum threshold for Bi-annual Grants to increase flexibility
- providing more support and resources to applicants.

"By strengthening the program, we're helping community organisations spend less time on paperwork and more time doing what they do best — building connections, supporting people in need, and creating opportunities for our residents," Cr Oxley said.

"These changes will ensure the program continues to be well-governed and meet the community's needs, while aligning with the priorities in our Council and Wellbeing Plan."

The changes to Community Bi-annual and Small Grants will take effect from January 2026, while other updates will apply from July 2027 when the current funding cycles conclude.

Council will consider an updated Kingston Grants Program Policy in December 2025. For more information about grants in Kingston visit <a href="kingston.vic.gov.au/grants">kingston.vic.gov.au/grants</a>.

Information in this article provided by City of Kingston

# LAST ORDERS

# Local identity, Kathie Shearer releases Last Orders: The Ultimate Guide to Dying Happy

A candid, compassionate, and surprisingly uplifting companion for anyone wanting to live fully and leave thoughtfully.

Few people appreciate life's journey more than Kathie Shearer. Through an anthology of experiences, a string of personal losses, and a career as a funeral celebrant — Kathie's authority on life and death comes not from theory, but from living it.

These experiences have coloured Kathie's profound understanding and acceptance of dying, a topic which most of us avoid thinking — let alone — talking about.

Having witnessed countless families unprepared, stricken by grief and not knowing how to manage the death of a loved one, Kathie knew it was time to write Last Orders: The Ultimate Guide to Dying Happy — a book to help you navigate through the complicated maze of dying while you are still alive and kicking.

What kind of send-off would you like? Do you want to be buried, cremated or tossed out to sea? How many Beatles classics would you like played at the party? Who's paying for this party? And on that note, where's your will?

"Think of it like taking the reins of your destiny while you are still in control."

# Who Last Orders is for:

Anyone wanting to take control of their final chapter with dignity and humour.

Families who want to avoid confusion, conflict, and unnecessary heartache in times of grief. Those curious (or anxious) about death and looking for guidance, courage, and clarity.



**Available online** at <u>lastordersbook.com</u> and select bookstores.

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# LOOKING AT LOANS



News reports on changes to one of the First Home Buyer Schemes have been in the headlines, but just in case you have missed it:

The Federal Government Home Guarantee Scheme which effectively replaces the need for a parent guarantee has been extended to include more people, and more property.

You only need a 5% deposit (plus some costs allowance) to purchase, with the Government acting as guarantor for up to 15% of the loan, meaning you can avoid lender's mortgage insurance.

# What's Changing?

# Income caps removed.

Previously, single applicants needed to earn under \$125,000 and joint applicants under \$200,000. These restrictions are being removed

# Property price thresholds lifted.

The maximum property price you can buy under the scheme is being raised. This is in recognition of increased property prices and opens many more options for purchasers.

### What this might mean for you

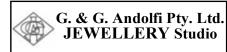
- More choice. You'll have a much wider selection of suburbs to consider, not just outer or regional areas.
- Easier access. Without income caps, and with reduced deposit requirements, more buyers will be able to get on the housing ladder.
- Important to plan carefully.
- Even though thresholds rise, prices do too. It's still crucial to borrow what you can comfortably afford and to understand all loan terms.

# How Integrity Finance Australia can help

At Integrity Finance, we understand how confusing navigating home-loan schemes can be. Here's where we step in:

- Free eligibility check.
- We'll help you see if you qualify under the new scheme.
- Tailored home-loan options
- We compare rates and features, so you get a loan that works for you.
- Support through the process.

From deposit planning to purchase to settlement, we are here to help. If you (or someone you know) is looking to buy their first home, then call us on 03 9511 8883 or email us at: loans@ifafinance.com.au and we'll help get you into your first home.



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9586 0500

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# SAFE COMMUNITIES

# **Quishing Scams**

### Beware the QR code scam

Whether you're ordering drinks to your table in a pub or want to pay for car parking, QR codes make life simple.



A quick scan of a black-and-white grid on your mobile phone takes you straight to a website to carry out the transaction.

But that harmless looking square can now hide a cunning scam. This is known as "quishing", where fraudsters trick you into handing over bank details or personal data, or download dangerous malware to your phone. Here's what you need to know.

# What is Quishing?

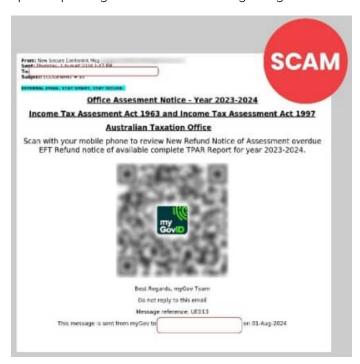
Quishing is a form of phishing attack that uses QR codes instead of text-based links in emails, digital platforms or on physical items. Quishing is a social engineering technique used by scammers and cybercriminals to trick you into providing personal information or downloading malware onto your device.

### What is a QR code?

A QR code (or Quick Response code) is a square barcode-like image. It serves a number of legitimate purposes, allowing quick access to internet-based resources such as websites, product or event information and payment facilities. You can access the information by scanning the code with the camera on your smart device.

# How does quishing work?

Cybercriminals take advantage of the popularity and inherent trust in QR codes to help disguise their nefarious intent. When you scan the fraudulent QR code with your smart device, it can link you to malicious websites or prompt you to download files designed to monitor your online activities, steal your sensitive details or gain access to your device. Malicious websites often look legitimate and may replicate information found on a business or organisation's real website. Because QR codes are increasingly used, both in the digital and physical world, this updated phishing method has become a growing threat."



### Where are fake QR codes being found?

They can be found in phishing emails that impersonate legitimate services and businesses such as ATO, Banks, Centrelink etc. Fraudulent QR codes are being found on signs for FREE public WiFi and payment machines in public spaces.

Car parks are the most common hotspot for quishing scams, with fraudsters placing fake QR code stickers on payment machines.

### How to avoid quishing scams

Like most phishing scams, quishing works by catching people when they're rushed or distracted.

- The best defence is to pause, stay alert, and think before you scan.
- If using a payment machine, do not scan a QR code that is on a sticker as it maybe covering a legitimate QR code.
- · Look for spelling errors/ mistakes in the web address.
- Manually navigate to online payment facilities using a known and trusted URL.
- Avoid downloading apps and files using QR codes, instead download from a trusted app store or website.
- Keep your personal and business devices updated with the latest version of software and download security patches as soon as they are released.
- Check Scamwatch for advice on known scams using QR codes.

# Think you've been targeted by a quishing attack?

To speak to someone who can assist, call the Australian Cyber Security Hotline on **1300 CYBER1 (1300 292 371)** open 24 hours, 7 days a week or submit a report at <a href="https://www.cyber.gov.au/report-and-recover/report">www.cyber.gov.au/report-and-recover/report</a>

If you think you've installed malicious software (malware) from a phishing email, text message or QR code:

- Run antivirus software or a security scan software on your devices to remove any malware. Contact an IT professional if you are unsure how to do this.
- Report the incident to Australian Cyber Security Centre: www.cyber.gov.au/report-and-recover/report
- Visit AustralianCyberSecurityCentre, Malware information page for details on how to identify, protect yourself and recover from malware. www.cyber.gov.au/threats/ types-threats/malware

Information in this article provided by Australian Cyber Security Centre <u>www.cyber.gov.au</u>

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# GARDENING GUIDE

# **Preparing your Garden for Summer heat**

To prepare your garden for summer heat, water deeply early in the morning, apply a thick layer of mulch to retain moisture and cool the soil, provide shade for delicate plants using shade cloth or natural cover, use seaweed solution for plant stress relief, and remove weeds to reduce competition for water. Additionally, avoid fertilizing new growth and consider installing drip irrigation for efficient watering.

# Watering and Soil

- Water Deeply: Water plants slowly and deeply in the early morning to allow moisture to reach the roots and prevent evaporation.
- Apply Mulch: Distribute a thick layer of mulch, such as straw or wood chips, to keep the soil cool, retain moisture, and suppress weeds.
- Use a Wetting Agent: Apply a wetting agent to improve the soil's ability to absorb and hold water.
- **Weed Thoroughly:** Remove weeds to ensure your plants don't have to compete with them for precious water.



# **Shade and Protection**

- Install Shade Structures: Use shade cloth, umbrellas, or even natural barriers like taller plants to shield vulnerable vegetables and delicate plants from the harsh sun.
- Use Anti-Transpirant Sprays: For very special plants, consider applying an anti-transpirant spray that forms a protective film on leaves, reducing water loss and preventing sunburn.
- Move Potted Plants: Relocate pots to the coolest part of the garden, like the south side of a house or under dense trees, and cluster them together to create humidity.



### **Plant Care**

**Apply Seaweed Solution:** Use a liquid seaweed solution to help plants develop stronger cell walls, increasing their resilience to heat and drought.

**Avoid Fertilizing:** Do not fertilize plants or encourage new growth during the hot summer months.

**Keep Lawns Taller:** Don't mow your lawn too short; a longer lawn provides more shade for the roots and adds to the soil's protection.



# Long-Term Strategies

- Install Irrigation: Set up a drip line or soaker hose irrigation system to deliver water directly to the plant roots, minimizing waste.
- Choose Heat-Tolerant Plants: Select plants that are naturally heat and drought-tolerant for a more resilient garden.





# Planet Ark's National Recycling Week

# RECYCLING GUIDE

# **Buy Better**

Buy second hand, buy products made from recycled and recyclable materials, or reduce how much you buy. You can find out more at Planet Ark's Reuse Hub.



# Compost food scraps

Discover how easy a home composting system is or find your local council's composting and FOGO initiatives and services Planet Ark's Composting Guide.

# Check it before you Chuck it

Check packaging for the

Australasian Recycling Label and recycle right.



# Put it in loose

Keep recyclables out of bags!

Otherwise, they won't be sorted correctly and will end up in landfill.



# Leave it out

...of the recycling bin

- Recyclables in plastic bags
- Soft plastics
- Food waste
- Crockery
- Nappies

- Clothes/Fabric
- Polystyrene
- CDs/DVDs/Videos
- Window/drink/ glass
- Batteries
- Mobile phones

# **Drop it off**

Discover drop-off locations for other recyclable materials, such as mobile phones or printer cartridges, on Planet Ark's Recycling Near You.









# HEALTH & WELLBEING

# What's the difference between freckles, sunspots and moles?

**Published:** March 25, 2025 10.08am AEDT Updated: March 28, 2025 5.41pm AEDT

# THE CONVERSATION

Academic rigour, journalistic flair

**Published:** April 7, 2014 2.31pm AEST **Mike Climstein:** Associate Professor, Faculty of Health, Southern Cross University

**Jeremy Hudson**: Adjunct Associate Professor, Faculty of Health, Southern Cross University

**Michael Stapelberg:** Adjunct Associate Professor, Faculty of Health, Southern Cross University

**Nedeljka Rosic**: Senior Lecturer, Faculty of Health, Southern Cross University

You've got a new brown spot on your face, but is it a freckle or a sunspot? Or perhaps you've found a spot on your back that looks like a mole but is flatter than your other ones – is it a mole or a dark freckle?

Here's how to tell the difference between freckles, sunspots and moles – and when you need to get a spot checked to see if it's skin cancer.

# **Freckles**

Freckles, known as ephelides, are small, flat, light brown spots that appear on people with fair skin, or red or light-coloured hair. These people are more likely to have the MC1R gene, which leads to freckles forming. Freckles are caused by sun exposure and are more noticeable in summer. When sunlight hits the skin, cells called melanocytes produce melanin, the pigment that gives skin its colour. In people prone to freckles, the melanin doesn't spread evenly. Instead, it clumps together, creating freckles.

Freckles generally appear in childhood and may fade with age, especially if sun exposure reduces. As we age we produce less melanin, or it can break down or disperse, resulting in lighter or fewer freckles. Using sunscreen and wearing protective clothing can help prevent new freckles from developing, especially on the face and arms. While freckles are completely harmless, they are a sign that someone is genetically at higher risk of developing skin cancer.



# Sunspots

Sunspots are also called age spots or solar lentigos (or liver spots, but they have nothing to do with the liver). They are larger than freckles: sometimes the size of a small coin, and appear as flat brown spots.

Sunspots develop over time due to longterm sun exposure, which leads to excessive melanin production. They tend to appear on skin with greater sun exposure, such as the face, hands, shoulders and arms. Unlike freckles, which tend to get lighter with less sun exposure, sunspots will not fade with time, and may further darken with continued sun exposure. However, some people try to remove their sunspots for cosmetic reasons using either a laser, chemical peel or a prescription topical cream.

While sunspots are not dangerous, they do increase your risk of other skin cancers in that area.

It's also important to monitor them, as slow-growing melanomas may initially look like sunspots. If you see the spot changes in size, shape or colour, see your doctor to rule out skin cancer.



### Moles

Moles are often dark, raised or flat skin growths that can appear anywhere on your body.

Although moles can exist from birth, they typically grow during childhood, adolescence and early adulthood (including during pregnancy, when hormones are changing), until around the age of around 40. Moles can increase in size, and new ones can also appear. Most adults have between ten and 40 moles on their body. A person with a high mole count has 50 or more, while someone with a very high mole count has 100 or more.

Moles form when melanocytes grow in clusters instead of spreading evenly throughout the skin. Moles can either be raised or flat, depending upon their type, depth and age. Raised moles, referred to as compound nevi, have both flat and raised portions and typically have pigment that is deeper in the skin. Dermal nevi are skin-coloured or light brown moles that are also raised.

Most moles are harmless. Some may have hair growing from them and some may disappear, whereas other moles may darken or alter with age or hormonal changes. However, some moles can develop into melanoma, a dangerous form of skin cancer.



# When to see your doctor

While freckles and sunspots are completely harmless, moles do require more attention, especially if they change in size, shape, colour or texture.

If a mole shows any of the following warning signs, see your doctor, who will use the ABCDE rule to detect if a lesion is a skin cancer:

- Asymmetry: if one half of the mole looks different from the other half
- Border: if your mole is shaped irregularly, jagged or has poorly defined edges
- Colour: varied shades or sudden changes in colour of the mole
- Diameter: if it is larger than 6 millimeters (about the size of a pencil eraser)
- Evolving: if your mole has any changes in its size, shape, colour, or sensation such as itching or bleeding for more than a few weeks.

Our research shows only 21.7% of people can correctly identify melanoma on their own, so professional checks are essential.

# How to prevent skin damage

Since freckles, sunspots and some moles are influenced by exposure to the sun, you can protect your skin by:

- Avoiding the sun when ultraviolet rays are strongest
- Wearing sunscreen with SPF 50 every day, even when it's cloudy. Apply it 20 minutes before going outside and reapply every two hours
- Wearing protective clothing, including a wide-brimmed hat to cover your face, neck and ears, and long-sleeved shirts and pants to protect your arms and legs.



# Disclosure statement

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# FREE CAKE

26.







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**GIVEAWAY** 

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# EYES RIGHT (C)

# **Soft Contact Lens Myth Busters**



Since being invented in 1959, soft contact lenses have come a long way. They are more comfortable, more breathable and easier to wear than ever before. There are however a few myths still floating around that can cause some people to feel hesitant from giving them a go. Let's clear up some of the most common ones we hear in the clinic.

# Myth 1: Contact lenses are uncomfortable

Modern soft contact lenses are super soft and most wearers say they forget they're even in after a few minutes! If the lenses are ever a bit irritating, your optometrist can adjust the fitting of the lenses or different lens types to suit your eyes better.

# Myth 2: They can get stuck behind your eye

Good news! That won't ever happen. There is a clear tissue (conjunctiva) that covers the white part of your eye that stops anything from going behind it.

# Myth 3: Contact lenses are too hard to get in and out

Don't worry, your optometrist will run through everything you need to know about inserting and removing your lenses, and ensure you can do so safely before taking them home. As with all things, practice makes perfect. Initially it can take a few tries, however after some practice, you'll be able to pop them in and out with ease.

# Myth 4: Contact lenses are bad for your eyes

When used correctly, contact lenses are very safe. Problems can arise if the lenses are used incorrectly, e.g. worn for too long, not cleaned properly or slept in when they're not designed for overnight

Following the simple cleaning and replacement schedule your optometrist gives you will keep your eyes healthy and comfortable.

# Myth 5: Contact lenses are only for young people

Not true! Many contact lens wearers are in their 40s, 50s and beyond. It is possible to correct for both distance and reading ranges in specially designed contact lenses. They allow you to see at all distances; reading, driving and everything in between.

# Myth 6: My child is too young for contact lenses

You may be surprised to know that we can fit contact lenses to kids as young as eight, sometimes even younger! Kids and teens adapt into contact lenses really quickly and they can be a great solution for sports.

In addition, special contact lenses can even be used to slow down the progression of short-sightedness in children.

# Thinking about Trying Contacts?

If you've ever been curious about contact lenses but weren't sure where to start, feel free to get in contact with us and we'll guide you through the whole process.

At Insightful Eye Care we fit a wide range of lenses, including daily, fortnightly, monthly and multifocal options. We also fit more specialised contact lenses including orthokeratology, RGPs and scleral lenses.

Book an appointment by calling us, booking online or simply dropping in to see us in person.

Your eyes deserve the best care. We're here to help you look after them, and tailor eye care solutions to you and your lifestyle.

Dingley Eye Centre - Insightful Eye Care™ Josefiina Karjanmaa, Dr Mark Glogowski, Darran Yeow and the team

# Ph: 9551 4244

116 Centre Dandenong Rd, Dingley Village Email: dingley@insightfuleyecare.com.au





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# When should you call an ambulance?

Call Triple Zero (000) if you or someone you're with needs urgent medical help. If it's not an emergency, consider non-emergency services.

You should call Triple Zero (000) if you or someone you're with is experiencing:

- major trauma as a result of a car crash
- chest pain
- signs of a stroke
- a seizure
- uncontrolled bleeding
- physical assault causing severe injury
- severe burns.



# Non-emergency services.

Remember, if you need urgent healthcare now, but it's not life-threatening, you can get free help faster by:

- Contacting the Victorian Virtual Emergency Department (24/7) where a team of experienced medical professionals are available around the clock to triage and treat non-life-threatening emergencies, right from the comfort of your home. www.vved.org.au
- Attending in person at an Urgent Care Clinic. Find your nearest clinic here: www.betterhealth.vic.gov.au/urgent-care-clinics

You can also get help with:

- Nurse-on-Call (24/7) 1300 60 60 24
- Your GP or local pharmacist.

Help us keep our paramedics and first responders on the road for our sickest patients and save paramedics for life-threatening emergencies.

# LOCAL SPORTS 😵

# **Dingley Football Netball Club**

The Football and Netball seasons ended with mixed results in terms of winning the ultimate rewards of premiership cups, but by any measure DFNC again overachieved and was again recognised as being the Southern Football Netball League's 'Club of the Year' for the twelfth time in the last fifteen years.

Both the Senior and Reserves teams, having both finished on top of First Division, tripped at the last hurdle to finish runners ups. Those two results were the 'bitter' part of our bitter/sweet seasons. Our netballers' results were as 'sweet' as we could have imagined with four premiership flags for their efforts. Similarly, the Football Thirds [Open Age] team won its first premiership in recent years. If readers haven't already done so, all those results are featured on the club's website.

The Club Presentation Night Dinner celebrated all our 2025 achievements and award winners. Past players, Travis La Rocca, Matthew Morwood and Jack Ades were admitted into the club's Players Hall Of Fame and we congratulate those three great past players and all our award winners.

The club particularly thanks our generous and loyal sponsors who not only provided their support this year but who have been consistent backers for so many years. Our sponsors' loyal support is one of the reasons the club holds its reputation in the eyes of the SFNL, and without which, we could not continue to be successful.

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0405 205 092



So we soldier on in the continual pursuit of high achievement. To that end, while the football department recoups and recovers, our netballers, have retained the services of senior coach A.J Ballantyne for a tenth year and in pursuit of remaining a destination club for young netballers are holding '2026 Netball Trials on Mondays November 20 and 27 at the Rohan Rd complex at 6pm. This is a fantastic chance for new players to register for 2026 and to be tutored by one of netball's master coaches.

The Football Department has also instigated a new Football Academy initiative under senior coach Coach Zac Horsley.

The aim is to provide 10 sessions of football coaching by master coaches for youngsters born between 2007 and 2010. This is a terrific opportunity for potential young talent to develop their skills. Please refer to the link on the Dingley Football Netball Club website to register your interest.

Future reports will aim at updating readers of events during the summer, including our hunt for a new Reserves Coach following the retirement of 2024 Premiership Coach Sam Williams, important administrative changes and player recruitment action for season 2026."

Go Dingoes in 2026



# **FARMERS' MARKET**

SATURDAY 15TH NOVEMBER | 8:30AM - 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.



# LEXINGTON GARDENS RETIREMENT VILLAGE

# 114 Westall Road, Springvale

Held inside in our main dining area - entry via Reception

# FRIDAY 5th DECEMBER 2025 10 AM - 1 PM

**Christmas Ornaments/Gifts** 

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Lions Club Christmas Cakes

Knit wear

**Jewellery** 

Bags/Purses

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Plants/ Flowers

Ugg boots/ slippers

Soaps & reed Diffusers

Wooden toys/items from the Village Men's Shed

plus.... Lots More

# FREE ENTRY & FREE PARKING

\* Some Stalls are CASH ONLY

- \* Village Cafe open for morning tea and/or lunch
- \* Parking on site Visitor car park on left of Westall Road







# VILLAGE REFLECTIONS 6



# **Telford Stables**

On his death on 1891 Thomas Keys left 458 acres on Lower Dandenong Road to his sons Robert Charles Keys and James William Keys. The property known as 'Braeside' included a four room brick cottage and several outbuildings. After 19 years they sold the property to Dr Arthur Syme, a physician and surgeon.

Arthur Syme established a team of racing horses, built a stable and quarters for his employees and constructed both a sand and grass track to train his horses.

Syme sold the property in 1928 to the Metropolitan Board of Works who wanted this property and the adjacent property to construct a sewerage treatment plant. Before construction could commence the Depression of the 1930's forced the MMBW to shelve their plans. In 1929 The Syme land was leased to Harry Telford for £800 per year.

In 1927, at the yearling sales at Trentham, New Zealand, Harry Telford bought a colt by Night Raid out of Entreaty for owner David Davis, paying 160 guineas. When Davis saw the colt he refused to take him and leased him to Telford who then became the owner/trainer of Phar Lap.

After Phar Lap's death in California in 1932 Harry Telford continued to train at the complex in Braeside before returning to Sydney, finally retiring from racing in 1957.

The stables were destroyed by fire in 1982.





The Dingley Village Historical Society has a collection of documents, photographs and information on the history of Dingley Village and its early families, we are always looking to add to our collections and would welcome any information people would like to share with us.

If you would like information or would like to share any information with us please contact: The Dingley Village Historical Society enquiries@dvhs.com.au or visit us at 31A Marcus Road, Monday, Tuesday or Thursday from 10am to 12...



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# **CIRCLING THE CLUBS**



Country Women's Association Dingley Village

We had a truly special September Branch Meeting! A big shout-out to our guest speaker, Kathie Kenyon, who shared her incredible "life experience" poetry and humour. It was a privilege to also support a cause close to her heart, donating to The Australian Brain Cancer Foundation.

Kathie's poetry does not follow any rules and is a reflection of her life's experiences so far. Kathie is in demand as a performance poet and has performed at pubs, in talent quests, at Retirement Homes and clubs.

After losing a friend to an aggressive brain cancer in 2024 Kathie founded "Laugh for a Cure" and teamed up with The Australian Brain Cancer Foundation to fundraise for this worthy cause whilst entertaining groups all around Melbourne for a donation to ABCF reciting her hilarious poems and encouraging more people to pick up a pen and try their hand at writing a poem. A huge thank you to Kathie who entertained us with her humorous poetry and great sense of mischief!

**SAVE THE DATE:** CWA Dingley Village Annual Christmas Stall - Friday December 5, 2025, Woolies Dingley Village.

CWA Dingley Branch meets at the Dingley Village Neighbourhood Centre on the 4th Wednesday of the month at 10am. If you need any further information about CWA or would like to consider becoming a member, please contact Sue **0434** 879 875.

# Dingley 60 Plus Social Group

Our friendly group of singles and couples meet at the Dingley Hotel on the second Thursday of the month from 7.00pm, with the next one on the 13th of November.

We also have a group dinner at various locations on the last Saturday of the month. Please come and join us – new members are welcome!

For more information contact Shirley on **0411 265 261** or Graeme on **0407 930 515** 



# **Probus Club Dingley Central**



At our October meeting the guest speaker was from Access Care, and she presented an insight into the proposed changes to the assessment process, which is intended to make the system easier to negotiate, and will take place in November. The goal of Access Care is to help older Australians to live in their homes independently and with dignity. Services offered include Home, Health and Community care.

Access Care is managed by the Kingston City Council.

Our September day tour was enjoyed by 30 members who travelled to the Docklands, where they boarded a ferry for a return trip to the historic coastal town of Port Arlington.

Activities planned for November: Happy Hour, Legs and Morning Coffee, iPad Group, Wine Tasting, Camera Club, MTC Live Theatre, Morning Melodies, Dine Out, Men's Lunch, Craft Group, Ladies Lunch and Games Day.

Our meetings are held on the 1st Monday of the month, at the Salvation Army Kingston Centre. 13/12-16 Garden Boulevard, Dingley Village. New members are always welcome for further information please contact Jean on 0438 272 232.

Web: <u>dingleycentralprobus.wix.com/dingleycentralprobus</u>

# Dingley Village Senior Citizens Club Incorporated

The Dingley Village Senior Citizens Club Inc welcomes new members to join their weekly meetings every Monday from 12:30 PM to 3:30 PM in the Harold Box Hall. October activities lined up for you are Games, cards, dominoes and Bingo.

For more information, feel free to reach out to our President, Margaret, at **9580 4321**, or our Secretary, Asha, at **0417 105 646** 

# **Dingley Village Historical Society**



DVHS aims to document and collate information regarding our local history. The society holds information on early families of Dingley Village and the surrounding areas as well as the market gardens, farms, clubs and societies in the area.

We welcome any information or photographs of Dingley Village through time that we can copy.

Located at 31A Marcus Rd, (near the library) we are open Monday, Tuesday and Thursday from 10am – 12pm. We are also open on the third Saturday of the month during the Farmers Market and other times on request.

Contact by email: enquiries@dvhs.com.au

### Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities	
Monday	9:00am - 1:00 pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance	
Tuesday	9:00am - 12:00 pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography	
Wednesday	9:00am - 12:00 pm	Bike Riding Group & Music Group	
Thursday	9:00am - 12:00 pm 1:00 pm - 3:00 pm	A' Team workgroup Pool / Snooker	
Friday	9:00am - 1:00pm	Members Muster This is our main day!	

Every Friday Morning (except holidays as designated). come along, enjoy a cuppa, a chat & meet with your fellow shedders.

We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp. Other Activities from time to time include Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's. plus, the occasional outing to places of interest. The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road.

Ph. **9551 5892,** E-mail: info@dvms.org.au Web: <u>www.dvms.org.au</u>

# Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed.

Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne - 9551 3770 / 0488 004 809. dingleylions@gmail.com

### Rotary Club Noble Park - Dingley



Active Rotarians – making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at the Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

# Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings.

VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 9 Children with their education. Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or 0419 309 931.

**Meeting:** Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.

# Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm.

\$17 for members, \$20 non-members.

New members welcome.

All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo. The first Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna **0421 045 648**.



### **Braeside Park Walking Group**

We need more walkers. Friendly mixed group meets Tuesday and Friday at the Visitors Centre Carpark. Arrive 9.20am for a 9.30 start to Circuit 5 km or shorter. Stay around for a chat afterwards, no booking just come along.

### **Burden Park Bowls Club**

The good news is that if you have been thinking



of joining a lawn bowls club, this is your time to act. So come down and have a go, you will love it.

If you're interested in having a bowl, call **9546 8851**, or check out club website for more information www.burdenpark.bowls.com.au. We are located on the corner of Springvale Rd and Heatherton Rd Springvale. We hope to see you soon.

# Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at the Rowley Allan Reserve 352 Cheltenham Road Keysborough and the following activities are available for members and visitors:

**Tuesdays** – Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 per book. **Concerts** with professional entertainers are on the 3rd and 5th Tuesday of the month 1pm to 3pm. \$3.00 entry.

**Wednesdays –** Line Dancing 1pm to 3pm \$3.00 entry.

**Thursdays** – Ballroom dancing from 1.00pm to 3.00pm. Entry \$3.00.

# Tea and coffee are supplied for all activities.

Club members and visitors enjoyed an afternoon with TWO OF US who kept us line dancing with a great variety of appropriate songs and music. Freddie G will be performing on 18th of November.

Our Christmas function for members will be at the Sandown Park Hotel.

Club membership for F/Y 25/26 remains at \$10.00 and it is not too late to join this growing organisation.

Contact is Julie on **0428 561 694**.

# Spring Park YWCA Golf Club



A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's Spring Park Golf Course. Cup of tea & biscuit is shared after the round.

We play 9 holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways.

Further information: Jillian Sanders 0419 501 365 (Captain), Julie Westcott 0438 269 622. (President), Jan Boyes 0497 096 377 (Secretary).

### Mordialloc/Chelsea Evening VIEW Club

Mordialloc/Chelsea Evening VIEW Club is on the lookout for new members who want to give back to their community and make new connections with women in the area.

"We are always looking for women of all backgrounds and ages to join us and look forward to welcoming new faces at our next monthly meeting," said Club President Rhonda.

Our meetings are held on the first Tuesday of each month at The Bridge Hotel 1-4 Nepean Highway Aspendale at 6.30pm, includes dinner and a guest speaker.

RSVP Myra **0407 041 734** 

Anyone interested in becoming a member can call Maria on **0419 507 384** or Helen on **0418 557 358** or visit <u>www.view.org.au</u> for further information.



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# 

### **Kingston City Church**



Our Vision: Connecting People To Jesus Christ Our Mission: Reach, Restore, Relate, Resource And Release. Ph: 8551 6600, Fax: 8551 6690. Web: <a href="https://www.kcc.crm.org.au">www.kcc.crm.org.au</a> Email: admin@crm.org.au

Senior Pastor: Dan Parker Sunday Services: 10am Service ha Children's Ministry.

The Young Adults Ministry at Kingston City Church continues to grow strong this year. Operating every Wednesday @7pm, we start the night off with a delicious meal, followed by worship, and finishing off with an interactive discussion on the word of God. As we enter term 4, we look forward to seeing what God will do next.

The Young Adults Ministry caters for those who are aged between 18-30 years and would like to fellowship with like-minded believers. The ministry operates from Kingston City Church every Wednesday (except school holidays) from 7pm-9:30pm.

If you are a Young Adult and would like to grow in your faith, please contact Carlo - carlo@crm.org.au or call 03 85516610

# **Heatherton-Dingley Uniting Church**



Cnr. Kingston and Old Dandenong Roads, Heatherton. Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone Kaye on **0438 873 784** www.heathertondingley.ucavictas.org.au

# Our Vision and our Mission

To seek to connect people to God and each other. Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life.

# What's On

Second And Fourth Thursdays Of The Month Kingston Music Club – 7.30 p.m. in the Church Hall Community singing and music group. Instrumentalists and singers welcome. For further information contact Bob Lorraine on 0418 998 712

Third Saturday And Odd Months Of The Year Bark And Chat - This is an informal group of dog lovers who bring their dogs along for a chat and short information session on different topics relating to dogs, followed by morning tea. On Sunday, 16th November there will be a special service to give thanks for what our dogs do for us. All dogs and owners are invited to participate. For further information contact Margaret on 0401 392 772.

# APPRECIATION OF SERVICE

On Sunday, 5th October at Heatherton-Dingley Uniting Church, a tree was planted and a plaque uncovered in appreciation for Neil and Lorna Burgess. They have graced the church with their presence, their faith and their unwavering commitment for over 90 years for Neil and 75 years for Lorna. Over this time they have witnessed the evolution of the church community and helped shape it. A cake was cut at morning tea which was shared by the congregation and Neil and Lorna's family. They had been long time residents of Heatherton, working their market garden, before retiring to Rosebud.



### Village Church Inc.



Address: 7-9 Fiveways Blvd Keysborough 3173

Pastor: Rodney Hole

Elders: Andrew Weston & Warren Dean

Church Office: **8712 8254** or admin@<u>villagechurch.org.au</u>

Visit our website: www.villagechurch.org.au

Village Church has been in the Dingley and Keysborough areas since the 1930's and exists for the purpose of the advancement of the Kingdom of God as we seek to obey our Lord's command to go out and make disciples of all people. Village Church offers the following ministries to 'Inspire People to Discover and Develop Life in Christ'.

# Sunday Morning 10am Worship Service

In person or can watch livestream on our webpage.

# The church service includes:

- Bible teaching through expository preaching.
- Pastor Rodney Hole is currently preaching through the book of Hobrany.
- Communion is held twice a month for those who know Jesus Christ as their personal Saviour and Lord.
- Kids Church Younger Primary (4-8 years old) and Older Primary (9-12 years old).
- Little Blessings Preschool Program (0 – 4 years old)
- Tea and coffee are served after the service.

### Life Groups

Meets for Bible study and fellowship in various suburbs on a fortnightly basis in Springvale, Narre Warren, Pakenham, and Lyndhurst areas.

### Ladies Bible Study

Meets regularly to work through an entire book of the Bible, alternating between the Old Testament and the New Testament. Previously studied are the books of Ruth, Philippians, Genesis and James and a video teaching series on "War of Words" by Paul Tripp based on his book.

We are currently studying through the book of Daniel and Martha Peace's "The Excellent Wife".

### Men of Faith

Meets once a month at Village Church on a Sunday evening for a BBQ and men's Bible study. We are also holding studies on Stuart Scott's book "The Exemplary Husband" at three weekly intervals.

### Fundamentals of Faith Bible Study

Meeting monthly to work through John MacArthur's book, "Fundamentals of Faith", a study that covers foundational truths of Christianity.

# Village Church Youth Group (Years 7 -12)

Meets weekly on Friday nights from 7-9pm during the school term for Bible study and fellowship.

### Street Ministry

Village Church partners with 'Bought with a Price Ministry' here in Melbourne. Every Wednesday and Friday from 5pm to 7pm, a team witnesses at either Dandenong, Noble Park, Glen Waverley, Ringwood, or Springvale areas.

# Marriage and Family Support

At Village Church, our heart is to serve the surrounding community to support the growth of families. Families and marriages are under attack, and we are committed to helping you out in any way. We have many gifted and equipped members who would love to listen, encourage, and give sound advice to you. Please call the church office if you need help.

### Christ Church - Anglican Church Dingley Village



**Vision**: From within you shall flow rivers of living waters" John 7:38

# SPECIAL EVENTS

**Sunday 2nd November –** Visit from Bishop Paul Barker. Combined service.

**Saturday 8th November** - Op shop Sale & Sausage Sizzle.

**Sunday 9th November** – Australian Welsh Men's Choir.

# NEW Weekly Sunday Service

Bahasa Malaysia Service 3.00pm (Heritage Church).

# Weekly Sunday Services

8.30 AM (Heritage Church) Holy Communion Service

10.30 AM (Auditorium) Worship Service with Kids' Church.

Next Combined Service: Sun 2nd November at 10am, then Sunday 23rd November

# Life Groups for Bible Study

For more information, please contact our office.

# Saturday Youth Group

Change of day for Term 4 - now on Saturdays Saturday 11th October - Saturday 13th December.

Lots of fun and engaging activities for ages 11 to 17 years. Drop off 6:30 pm, pick up 9 pm (sign-in essential) Please contact our office for details.

### 2nd Tuesday Monthly Service: NEW TIME

1.30pm Holy Communion Service Formerly Pleasant Tuesday.

Traditional Holy Communion with favourite hymns in the Heritage Church followed by a social afternoon tea. Please contact our office for transport if needed.

Next Service: Next Service: 1.30pm, Tuesday 11th November

Weekly Prayer Meetings

Wednesday 10:30am for worship then 11am for prayers in the Prayer Rooms. Saturday 8 AM in the Atrium. Héaling, Deliverance & Prayer Ministry available upon request.

# Roundabout Op Shop

Supports communities Locally, Nationally, and Internationally. Offering many bargain's (good quality clothing, books, bric-a-brac, toys. Volunteers Welcome!

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Wednesday - 9.30am - 4:00 pm Thursday - 9.30am - 1.30 pm **Saturday -** 9.30am - 1.30 pm

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**Supported Missions** 

CCD supports: Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

### Food Parcels Available

For those in need, upon request.

### **Prayer Ministry**

Please contact our parish office for details and bookings.

Senior Minister: Rev. Richard Loh Parish Office: 03 9551 7871 Email: admin@ccd.org.au Website: www.ccd.org.au

### St. Mark's Catholic Church

511 Lower Dandenong Road, Dingley Village, 3172. Phone: 9551 6930 or 9547 4877 Email: Springvale@cam.org.au Website for further information: ST JOSEPH SPRINGVALE | Catholic church Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

### **Mass Times**

- Saturdays, 5pm
- Sundays, 9.30am
- Confession 4:30 4:50 pm before Mass on Saturdays

# The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village.Office Phone: (03) 9558 2045.

Facebook.com/KingstonCitySalvos www.salvationarmy.org.au/kingstoncity/ Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington.

# Hours of operation

10:00am - 4:00pm Monday to Friday or by appointment.

# Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

### Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

# Emergency Relief | Casework

team offers assessments for emergency relief.

Please phone 9558 2045, Wednesdays, Thursdays & Fridays between 10am - 4pm to make an appointment.

### **Echo Church**



"Your Kingdom come, your will be done, on earth as it is in heaven." - Matthew 6:10

50 Tootal Rd. Dingley Village info@echochurch.org.au www.echochurch.org.au

Sunday's at 10AM Senior Leaders: Justin & Leigh Box

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Editor: Pam Gates

Publisher: Dingley Village Neighbourhood Centre Inc. 31B Marcus Road,

Dingley Village. 3172 Phone: **8512 0505** 

Email: dingleydossier@dvnc.com.au

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We appreciate contributions from the community. Please contact us for details.

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Post: Dingley Dossier 31B Marcus Road, Dingley Village, 3172

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4 pm 15th of each Month (excluding December) Artwork requirements Artwork should only be supplied in two formats:

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