

THE DINGLEY DOSSIER

Volume 52 Number 10 November 2024 www.dvnc.com.au/dossier

YOU ARE INVITED TO THE ...

* DINGLEY VILLAGE ANNUAL INFORMATION NIGHT

Organized by the Dingley Village Community Association

NOVEMBER 19TH - 7:00PM

GUEST SPEAKERS

- KINGSWOOD GOLF COURSE
- HAWTHORN FOOTBALL CLUB
- KINGSTON CITY COUNCIL
- BENDIGO BANK



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GENERAL

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31B Marcus Road, Dingley Village

FARMERS' MARKET

SATURDAY 16TH NOVEMBER | 8:30AM - 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.

WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

LIVING IN DINGLEY VILLAGE

IMPORTANT NUMBERS

City of Kingston: 1300 653 356

Emergency: 000

Police: 131 444

Crime Stoppers: 1800 333 000

Lifeline: 13 11 14

Suicide Call Back Service

1300 659 467 **SES:** 13 25 00

Poisons Info: 13 11 26

Emergency Relief

(MADDV) 9551 1799

MensLine: 1300 789 978

WIRE

(Women's Information and Referral Exchange):

1300 134 130

Safe Steps: 1800 015 188

Nurse on Call: 1300 60 60 24

Tip Smells & Dust: EPA 1300 372 842

Aircraft Noise: 1800 802 584

Neighbourhood Centre: 8512 0505

Community Association: dvcasecretary@gmail.com

Men's Shed: 9551 5892

VicRoads Faults and Hazards:

13 11 70

RSPCA 9224 2222

Justice of the Peace

Marion Harriden 9551 1799 Allan Harris 9558 2591

Document Signing Station
Springvale Library
1300 630 920

Teens Games Group

Fun environment for teenagers from 13 – 17 to enjoy games together. Strategy, fantasy & sci-fi style board & role-playing. Friday 5.30 – 7.30 pm Free event.

Zumba Gold with Norma

Zumba Gold is a low- impact dance fitness class perfect for beginners of all ages and fitness levels. Thurs, 9.30am -10.30am in the Harold Box Hall, \$10.00 per class. No need to book just come along.

Seniors Body and Balance with Norma

This class focusses on balance, ranges of motion and coordination. Thurs, 11am-12pm in the Harold Box Hall, \$10.00 per class No need to book just come along.

Social Table Tennis with John

Catering to all skill levels both men & women. Come along and join this friendly group. Mon, 9am & Wed 12.30pm in the Harold Box Hall \$3.00 per session. New members Welcome. No need to book just come along.

Writing for Pleasure

Beginners to Established. People write for many different reasons. Would you like to explore your creativity in a supportive group. Tues, 10am to 12pm. Free drop-in group.

Social Art group with Carla

Art group for those who would like to finish off a project while having a chat and a coffee in the evening. Every Tues evening 6.30pm-8.30pm in the 'Craft Room', near the Harold Box Hall. Free Class, no need to book.

Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am -12pm in the Centre. Free Class, no need to book- Just come along.

Chatty Café

The Chatty Café Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation and loneliness. Let's keep our community connected! Wed 10am to 12pm in the 'Harold Box Hall in the Foyer'.

Collection Point

Free, just some along.

You can drop off the following items at the Centre: prescription glasses/ hearing aids, stamps & unused toiletries from hotel rooms. These items are then recycled for use by local service groups.

Playgroup Victoria for Dingley Village

Tuesdays 9.45 am-11.45 am in the Harold Box Hall. Need to contact Hannah via Facebook: *Dingley Village Playgroup*

Taekwondo with David

Mon & Thurs 5.30pm -7pm in the 'Harold Box Hall'. If you are interested in joining, contact David on **0439 304 579**.

Tai Ch

Tai Chi aids the reduction of anxiety and stress, it also helps increase flexibility and balance. Wednesday 6.30 - 8.30pm Contact James **0430 570 460**.

ADVERTISE IN THE DINGLEY DOSSIER

Distribution is 4,500 across homes and businesses in Dingley Village.

Contact the editor, dingleydossier@dvnc.com.au details available www.dvnc.com.au/dossier



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COMMUNITY

You can pick up copies of the Dingley Dossier from the Neighbourhood Centre, 31C Marcus Road, Dingley Village Newsagents and Woolworths Dingley Village. We also have a colour version online www.dvnc.com.au/dossier

Editor's Note

The October edition of the Dingley Dossier contained several glaring, spelling and layout errors in the Caruana Ward Candidates article, apologies to all and specially to Eric Lee.

Make another child's Christmas a lot more special

Is your child going to get a lot of presents from Father Christmas this year? Why not consider cleaning out their old toys, that are in good order, in November and donate them to an opportunity shop. More families are struggling with the rising cost of living and many parents will be visiting opportunity shops looking for low cost presents so their children can still have a happy Christmas.

City of Kingston Election

At the time of printing the November Dingley Dossier, voting had not closed and the the results will not be declared until 15th November.

Remembrance Day Service

Please note that there will be no Remembrance Day service at the Marcus Rd memorial this year. Services open to the general public are being held at Noble Park RSL & Cheltenham RSL.

Safe Steps

Safe Steps Family Violence Response Centre is Victoria's statewide 24/7 crisis response service for people experiencing domestic and family violence. They offer support to anyone who needs to escape domestic and family violence and live free from abuse.

If you or someone you know needs help, call Safe Steps FREE 24/7 response line on **1800 015 188** for confidential support and Information. Interpreter and Disability services are available.





Special Dates in November

Movember

Movember raises vital funds and awareness for men's health, with a specific focus on prostate cancer and depression in men.



Lung Cancer Awareness Month

Lung cancer is the leading cause of cancer deaths for both sexes. This year alone, more than 15,122 new Australian families will be touched by lung cancer.

6th – 12th November: Neighbourhood Watch Week

Neighbourhood Watch is a community led safety and awareness program in partnership with police. It aims to prevent crime, stop social isolation and increase the safety, security and quality of life for everyone in the community!



11th–17th November: National Recycling Week

Reducing our waste not only keeps valuable materials out of landfill it also benefits the environment by reducing greenhouse gas emissions.

1st November: Diwali, Hinduism

Diwali, also known as Festival of Lights, is one of the most celebrated Hindu festivals, commemorating the victory of good over evil. Diwali means 'row of lamps/lights' and refers to the rows of lamps celebrants place around their homes or on top of temples.



1st November: All Saints Day, Christianity

Honours saints, known and unknown. Saints are men and women recognised for lives of holiness and devotion to God or who were martyred for their faith.

2nd November: Birth of the Bab*, Baha'i

The anniversary of the birth in 1819 CE in Shiraz, Persia (now Iran), of Siyyid 'Ali-Muhammad, who later took the title of 'the Bab', meaning 'the Gate'. The Bab was the herald of the Baha'i faith.

Remembrance Day

Is a Memorial Day to remember all those who died or suffered for Australia's causes in all wars and armed conflicts. To pay our respects, Australians are encouraged to pause at 11am for a minute of silence.



19th November: DonateLife's Thank You Day

Celebrate organ and tissue donation in DonateLife's Thank You Day! Join the register, read about people's stories, and express gratitude for the life-changing gift of donation.



* Holy days (mainly Jewish, Islamic and Baha'i) which begin at sundown on previous day and continues until sundown.

**Local or regional customs may use a variation of this date.





DINGLEY VILLAGE COMMUNITY ASSOCIATION

Community Information Meeting

All residents welcome.

Tuesday 19th of November in the Dingley Village Neighbourhood Centre 31 Marcus Road. Coffee and snacks served from 7:00PM for a prompt start.

AGENDA

- 7:00PM Meet and Greet mingle in foyer of hall.
- 7:30PM Meeting Commences
- · Acknowledgement of Country
- Speaker from the BENDIGO BANK
 our main sponsor
- Dingley Village Neighbourhood Centre, address by Rob Guerra, President Board of Governance and Trudy Pritchard.
- Kingston City Council, address by Jonathan Guttmann, General Manager for Planning and Place.
- Kingswood Golf Club, Satterley Update, by Jack Hoffmann
- Hawthorn Football Club Update, by Mick Lin, General Manager.

Raffle Draw and Auction

We have EFTPOS and Cash is available, so please make sure to bring some money to buy raffle tickets and have your chance to win some fabulous gifts which have been generously donated by our community minded local businesses.

Send/Snap/Resolve App

This App continues to work well. Residents are reminded that they can use this App to send a photograph of a local problem to the appropriate authorities. This could be in relation to uneven footpaths, traffic hindrances, damaged infrastructure and so on.

Can We Help?

If you are a resident in Dingley Village and have an issue concerning our Village you would like addressed - please let us know and we will see if we can help.

DVCA seeks new enthusiastic members to join and help keep our village a great place to live and work in. The DVCA is a voluntary group of Dingley Village residents, not affiliated to any political party and membership is open to all residents who genuinely care about our village.

DVCA Contact Info

Contact us by email at dvcasecretary@gmail.com or come to our monthly evening meeting.

Meetings are held in the Neighbourhood Centre, on the second Tuesday each month, February-November, at 7.30pm located at 31b Marcus Rd. New members are most welcome to attend.

For further information please contact the DVCA Secretary at dvcasecretary@ gmail.com, or visit <u>www.dvca.info</u>

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Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.



OUR COUNCIL

Kala Petronijevic is Kingston's Young Citizen of the Year & Dingley Venturers Group is Young Community Group of the Year. The Dingley Venturers Unit is the most active in Kingston, known for their strong teamwork, community spirit, and dedication to service. From mentoring younger scouts to volunteering at ANZAC Day services, park cleanups, and Kingston events, they consistently give back.

"Their stories as young leaders are inspiring as they drive positive change across our city, and I can't wait to follow their journeys moving forward. They are going to achieve great things."

The Youth Awards are open to young people aged 12-25 who have a strong connection to Kingston. To find out more head to www.kingstonyouth.org.au



Kala Petronijevic and the Dingley Venturers Group were the big winners at this year's Kingston Youth Awards. Kala is Kingston's Young Citizen of the Year for 2024, while the venturers were named the Young Community Group of the Year.

Kala's story is one of incredible resilience and determination. Despite severe vision impairment, she has excelled academically and demonstrated exceptional adaptability.

Beyond her studies, Kala introduced blind tennis to Cheltenham, creating an inclusive space for children with vision impairments to enjoy sports.

Through her efforts, she has fostered a supportive community, empowered others, and promoted social connection. Kala's dedication to breaking down barriers makes her a true role model, inspiring a more inclusive future.

Their commitment inspires younger scouts, fostering a spirit of volunteerism and leadership. With 80% of them pursuing the prestigious Queen's Scout Award, these Venturers are not just reaching milestones, but shaping themselves as future leaders.

The winners were selected from an outstanding group of finalists, who have all made a significant contribution to the Kingston community. Kingston Mayor Jenna Davey-Burns said the annual awards are a wonderful celebration of the talents and achievements of our young people in Kingston

"We are really lucky to have so many young people in Kingston taking such an active role in our community and we're proud to host this event to shine a light on their positive contributions,"

Cr Davey-Burns said.

Sharps disposal

Council provides a free sharps disposal service and free sharps containers to Kingston residents. This service is not available to businesses.



Containers can be collected and dropped off at our Cheltenham offices at 1230 Nepean Highway, Cheltenham, Monday to Friday, 8.30am to 5pm. A free replacement container can be supplied when needed.

There are also pharmacies that participate in the Victorian Government Needle and Syringe Exchange Program that can also be accessed for sharps disposal. Please note: Sharps containers that are damaged, enclosed in other bags or where sharps are visible will not be accepted.

Businesses that use sharps for procedures/ services they provide must arrange for sharps disposal via a private contractor. Contact Council's Environmental Health team on 1300 653 356 for more information.

Sharps collection

If you find a syringe or yellow SHARPS container that may contain syringes on Council land, contact us on **1300 653 356** to arrange collection.

Information in this article provided by City of Kingston



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Remembrance Day

We will remember them

Remembrance Day is on 11th November and traditionally one minute's silence at 11.00am marks the sacrifice made by our servicemen and women. Remembrance Day has evolved since it was first marked by allied countries after World War I, in which more than 60,000 Australians lost their lives. Remembrance Day marks the end of fighting on the Western Front on November 11, 1918.

Originally the anniversary was known as Armistice Day, in reference to the formal agreement the German leaders signed to end the war. The name was changed to Remembrance Day after World War II ended in 1945.

November 11 is now observed around the world as a day to remember the sacrifice that countless people have made in service to their country. One minute of silence at 11.00am on this day provides time to remember a relative, friend or ancestor, or reflect on the sacrifice of those who have served and died in war.

The red poppy has been a symbol of remembrance and hope since World War I and many people purchase and wear poppies and poppy badges on the week leading up to Remembrance Day. Remember that poppies sold help our local RSLs fund their programs for ex servicemen and women. The poppy is symbolic because the bright red flowers grew in their thousands in the barren, muddy battlefields of Western Europe. Rosemary is also a symbol of remembrance and has particular significance to Australians as it grows wild on the Gallipoli peninsula.

The Rotary Club has made the decision to concentrate their efforts in facilitating two highly regarded ANZAC Services in April and not hold a Remembrance Day Service, but we invite members of the community and/or community groups to place flowers on the memorial in Marcus Road if they wish to on 11th November.

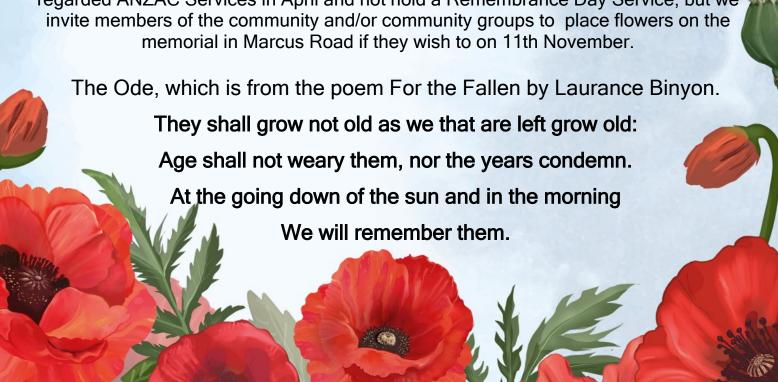


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LOOKING AT LOANS (§

Future home buyers should be ready

There are many pitfalls for unwary homebuyers. However, there are a few simple precautions that you can take to make the experience of buying a property an enjoyable and profitable one.

1. Get into the 'saving' habit

A savings record proves you can manage your spending, with proven lower living expenses increasing your ability to obtain a loan. The deposit you save also increases options available. How much deposit you need is an individual discussion - call us for that!

2. Control existing debt

Be responsible with existing debts. How you manage your credit cards, car loans or personal loans, determines your credit profile in buying a house. Making repayments on time is important, having a debt default is a major hurdle to overcome. Speak to your broker about if it is best to pay out existing debt or not, there is a balance between needing deposit and needing free monthly cash flow, this will vary person to person, you should seek personal advice.

3. Understand property costs

Learn the actual cost of buying and owning a property. There are significant purchase costs, then ongoing fixed expenses such as council and water rates, and variable expenses like utilities and maintenance. Budgeting the loan repayment is only a part of the equation.

4. Know your limits

Only go house hunting after you know how much you can borrow and what purchase price you can afford. There is no point in setting your heart on a house that is out of your price range.

5. Compare lenders, and loan products

There are thousands of loan products in the marketplace, each has its place and purpose. You deserve the loan product most appropriate to your personal

requirements, one that suits your budget and your circumstances. The above may sound daunting, but it need not be. Develop your trusted team and open the discussions. If you have a 'money talk' phobia, it is time to get over it!

MONEY TALK

Unfortunately, researchers report almost half of Australians don't want to talk about money. Surveys show 42% avoid discussing personal finance, a higher percentage than avoiding talking about religion (40%), sex (38%), or politics (23%).

I think that is disappointing. Whilst keeping personal finance details keeping confidential is understandable, general discussions and passing on to others what you have learnt is an important part of assisting friends and family find their way financially.

Attitudes are changing, with the younger generations being more open. The study did show Gen Y being far more open to money talk than Baby Boomers. Of course, it is always important to consider the 'qualifications' of who you talk with.

A healthy dose of scepticism should always be on hand. However, in these days of social media bombardment we are all used to that.

We should remember:

- There will always be someone who knows something we do not; learning opportunities should be sought.
- There will always be someone you can assist to a better financial knowledge.
- Learning from mistakes is important as any other advice! Let others know your mistakes and try to learn from mistakes made by others.

With over 70% of home loans now submitted via the broker channel, mortgage brokers are proven to be a key part of the 'money talk' team for most Australian homeowners.

Brokers exist to help you to the best loan and structure, but also to make the experience of purchasing a house stressIntegrity Finance Australia has been serving the Dingley Village community since 2006. If you have any questions on the issues raised in this article or borrowing capacity or your home loan in general, then please email support@ifafinance. com.au, or call us on 03 9511 8883.

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HEALTH & WELLBEING

Lung cancer

Lung Cancer is the leading cause of cancer deaths for both sexes and it is estimated that there will be over 8,900 deaths from lung cancer in 2024. While most people with lung cancer develop it at 60 and over, it can affect people of any age. Symptoms vary from person to person so it's important to stay on top of your health and have a check-up if there's anything of concern

If lung cancer is found at an earlier stage, there is more chance of a better outcome. It's important to know the symptoms of lung cancer as although lung cancer occurs mostly in people aged 60 and over, it can affect people of any age.

New and constantly evolving treatments such as immunotherapy are likely to continue to improve outcomes for people affected by lung cancer.

What is lung cancer?

Lung cancer occurs when abnormal cells in the lungs grow in an uncontrolled way. The cancer may start to grow in the lungs first (primary cancer) or may spread to the lungs from a cancer somewhere else in the body (secondary cancer/metastatic cancer).

What are the symptoms?

- · coughing up blood
- · a new or changed cough that doesn't go away
- chest pain and/or shoulder pain or discomfort
 the pain may be worse with coughing or deep breathing trouble breathing or shortness of breath
- hoarse voice
- weight loss
- loss of appetite
- · chest infection that doesn't go away
- tiredness or weakness
- Many conditions can cause these symptoms, not just lung cancer.



Many conditions can cause these symptoms, not just lung cancer. Anyone can get lung cancer, even if they have never smoked.

If you have any of these symptoms and they are persistent, talk to your doctor.

11

What are the risk factors for lung cancer?

A risk factor is any factor that is associated with increasing someone's chances of developing a certain condition, such as cancer. Some risk factors are modifiable, such as lifestyle or environmental risk factors. Others cannot be modified, such as inherited factors and whether someone in the family has had cancer.

Having one or more risk factor does not mean that you will develop cancer. Many people have at least one risk factor but will never develop cancer, while others with cancer may have had no known risk factors.

Factors that are associated with a higher risk of developing lung cancer include the following:

Lifestyle factors

Current or former tobacco smoking – this is the greatest risk factor for lung cancer. The risk is greatest for people who begin smoking early in life, smoke for longer and smoke more often.

Environmental or occupational factors

- Exposure to second-hand smoke (passive smoking).
- Occupational exposures, such as exposure to radon, asbestos, diesel exhaust and silica. Exposure to asbestos also increases the risk of developing mesothelioma, which starts in the lining surrounding the lungs (the pleura).
- Exposure to air pollution.

Personal factors

- Increasing age.
- Family history of lung cancer.
- History of chronic lung disease, including chronic obstructive pulmonary disease and pulmonary fibrosis.
- Personal history of cancer, including lung cancer, and head and neck cancer.
- History of radiation therapy to the chest for other cancers.
- Infection with HIV (human immunodeficiency virus)
- · Certain gene mutations.

If you have any of these symptoms and they are persistent, or are concerned about your risks, talk to your doctor.

Information in this article is provided by Cancer Australia and is intended as general information only and not as medical advice. If you have any concerns about your health, see a health professional.





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EYES RIGHT ()

Systemic Diseases Detected Through a Posterior Eye Examination

A posterior eye examination is not only vital for assessing ocular health but also plays a crucial role in identifying systemic diseases.

The eyes are often referred to as "windows to the body" because many systemic conditions can manifest through changes in the retina and other structures at the back of the eye. Let's explore systemic diseases that can be detected during a posterior eye examination:

Diabetes Mellitus

Diabetes can lead to diabetic retinopathy, characterised by damage to the retinal blood vessels. Signs such as microaneurysms (small bulges in the small blood vessels), retinal haemorrhages, and cotton wool spots (nerve inflammation of the retina) can be identified during the examination. Early detection of these changes is essential for preventing vision loss and managing diabetes more effectively.

Hypertension

High blood pressure can cause hypertensive retinopathy, identifiable through changes in the retinal vessels. An optometrist may observe narrowing of the arteriesmand retinal haemorrhages. These findings can indicate the need for better blood pressure management and monitoring of cardiovascular health.

Hyperlipidemia

Elevated cholesterol levels can lead to the formation of retinal deposits, yellowish-white skin exudates (known as xanthelasma) or arcus senilis(the white ring located on the coloured portion of the eye). These findings can suggest systemic hyperlipidemia, prompting further cardiovascular risk assessment and lifestyle modifications.

Multiple Sclerosis (MS)

In MS, inflammation of the optic nerve can be observed during a posterior eye examination. Signs such as optic disc edema or changes in the optic nerve head can indicate demyelinating lesions, providing important diagnostic clues.

Systemic Infections

Infections like syphilis or HIV can affect the eyes, leading to conditions such as retinitis or chorioretinitis(inflammation of the retina and/or the retinal blood supply). An eye examination may reveal characteristic retinal changes, aiding in the diagnosis of these systemic infections.

Thyroid Disease

Thyroid disorders, particularly Graves disease, can lead to changes in the eyes, including proptosis (bulging eyes) and alterations in the optic nerve appearance. A posterior eye examination can reveal signs that suggest thyroid dysfunction, leading to further evaluation.

Cancer

Certain systemic cancers, like leukaemia or lymphoma, can manifest in the eye through retinal haemorrhages or infiltrates. These findings can be critical for early diagnosis and intervention in systemic malignancies.

Cerebral Masses

Brain tumours, whether primary or metastatic, can lead to increased intracranial pressure, resulting in papilledema (swelling of the optic nerve head). During a posterior eye examination, an optometrist can observe this swelling, which may prompt further neuroimaging to investigate potential cerebral masses.

Heart Disease

Conditions such as atherosclerosis can lead to the development of plaques in the retinal blood vessels, similar to those found in coronary arteries. These changes can be visible during an eye examination and may indicate an increased risk of heart disease. Additionally, findings like retinal ischemia or changes in the optic nerve can suggest compromised blood flow to the heart and other organs.

A posterior eye examination serves as a valuable tool for detecting a variety of systemic diseases. Changes in the retina and optic nerve can provide early warning signs, facilitating timely intervention and management. Regular eye exams are essential, especially for individuals with risk factors for these conditions. If you experience any visual disturbances or have a history of systemic diseases, consider scheduling a comprehensive eye examination to safeguard your overall health.

At Dingley Eye Centre, we pride ourselves on our knowledge and desire to stay up to date with the latest research to better look after your eyes and preserve your vision. We are passionate about your sight and the health of your family's eyes.

Call us to make an appointment or you can book online through our website at www.insightfuleyecare.com.au or come down for a chat with us about how we can identify any macular changes before they lead to significant vision loss. Your proactive approach can make a big difference in safeguarding your vision for the future.

Josefina Karjanmaa, Dr Mark Glogowski, Darran Yeow and the team @ Dingley Eye Centre - Insightful Eye Care™ We are your local optometrist.

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116 Centre Dandenong Rd, Dingley Village Website: www.insightfuleyecare.com.au (Book appointments online) Email: dingley@insightfuleyecare.com.au







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SENIOR SUPPORT SERVICES

City of Kingston's Positive Ageing portfolio aims to have policies, services and structures that support people aged 55+. Council recognise older people as valuable members of the community and respect and acknowledge their contributions made to Kingston. They provide opportunities to maintain health and well being by participating in local activities and events, to increase social connection.

Your Voice newsletter

You can subscribe to our quarterly Senior's newsletter, Your Voice, to stay updated with all the latest news, events, and activities related to positive ageing.

Each edition of your voice includes information about:

- Activities
- Community groups
- Events
- Positive ageing
- Senior services in your local community

To request past editions, subscribe to future mailouts or to contribute an article, please contact our Social Inclusion Officer on 1300 653 356 or email info@kingston.vic.gov.au

Seniors Festival

The Kingston Seniors Festival celebrates ageing positively throughout the month of October and recognises the important contribution older people make to our community. The Festival is an annual event and is an opportunity for people aged 55+ to learn what activities are available to them and to join clubs and groups in the local community.

Seniors Services Expo

Each November we host a free Seniors Services Expo to enable seniors and their families to discover services and opportunities for seniors, including:

- Commonwealth Home Support Program
- and Home Care Package providers
- Approved aged care service providers
- Retirement villages
- · Respite and carer support
- · Health and wellness services
- Social and recreational activities
- Much more!

Those interested in volunteering and employment in the aged care sector can meet representatives from various organisations and learn about local positions.

For any enquiries, please contact call **1300 653 356** or email info@kingston.vic.gov.au

Clubs networks

The purpose of the Clubs networks:

- To build fellowship between Clubs and Kingston Council and to provide an avenue for effective communication;
- To support collaboration and information sharing between Clubs;
- To assist Clubs with their activities and events by providing information, resources and promotion;
- To identify and encourage potential partnerships;
- To provide information about grants, nominations for awards and trainings;
- To provide information relevant to seniors to maintain their engagement in

the community e.g. transport options, services, aged care system etc.

Probus clubs

Kingston has nine Probus Clubs providing activities for residents. They offer variety of activities including guest speakers, craft, games, walking groups and bus tours.

Senior clubs

The senior club network comprises of more than fifty clubs including senior citizens, ethnic specific and multicultural groups. Clubs offer a variety of activities including guest speakers, concerts, exercise groups, games, outings, morning tea and lunch /dance events. For more information about individual Clubs and calendars of events visit mycommunitylife.com.au.

Community bus and transport assistance

To help older residents get around town and to their medical appointments, AccessCare offers a range of transport options for seniors. These include:

- our community bus, which provides a number of regular routes throughout the City of Kingston
- · our volunteer transport service
- our taxi card program.

For more information please visit the AccessCare website www.accesscare.org.au/Home or call our friendly team on 1300 819 200.





CAR BOOT SALE

SATURDAY

23 November

5PM-8PM

Food - Film - Fun - OP Shop

BOOKING ESSENTIAL

Email: admin@ccd.org.au Church Office: PH 9551 7871

\$10 per Car Boot (cash only)

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Christ Church Dingley Anglican Church

387 Old Dandenong Rd (at the Roundabout)

use Old Dandenong Road Entrance only

FREE CAKE

26.







To celebrate International Cake Day on Tuesday 26 November, simply visit Mona's Bakehouse to receive a FREE cupcake!*

*T&C's apply. While stocks last. First 200 customers. One per person.

GIVEAWAY

TUESDAY 26TH NOVEMBER

FREE CAKE

Have you been enjoying our monthly in-store retailer giveaways?

Stay in the loop by following Dingley Village Shopping Centre on socials. Facebook @dingleyvillageshoppingcentre or Instagram @dingleyvillage





MONEY MINDSET

Navigating Beneficiary Tax: Protecting Your Superannuation Legacy

Superannuation plays a pivotal role in Australia's retirement system, providing individuals with a tax-effective way to save for their later years. However, when it comes to passing on superannuation benefits to beneficiaries, tax implications arise that many people overlook. This is referred to as Beneficiary Tax. Understanding these tax obligations, and then implementing strategies to minimise them can help protect benefits passed down to loved ones.

What is Beneficiary Tax in Superannuation?

When a superannuation member passes away, their superannuation balance is typically paid to a nominated beneficiary, or their estate. This balance may consist of two components: a tax-free component and a taxable component. You may have noticed these on your super or pension statements. The way each component is taxed depends on the relationship between the deceased and the beneficiary.

Death Benefits Paid to a Dependent

If the beneficiary is a "superannuation dependent," such as a spouse, de facto partner, or dependent child (under 18, or financially dependent), the entire death benefit can generally be received tax-free as a lump sum.

Death Benefits Paid to a Non-Dependent

If the beneficiary is a non-dependent for tax purposes, such as an adult child over 18 and not financially dependent, they will likely pay tax on the taxable component. The tax rates applied are:

- 15% plus Medicare levy on the taxable component taxed within the fund (the element taxed).
- No tax on the tax-free component.

This tax can significantly erode the inheritance, especially if the superannuation balance is large and comprises of a considerable taxable component. For example, a \$500,000 superannuation death benefit with a taxable component of \$400,000 could attract a tax liability of up to \$68,000 for non-dependents.

How is Taxable Component Created?

Taxable Component is an accumulation of any income of the superannuation, which can include contributions that are concessionally taxed within the fund. For example, when an employer makes a superannuation guarantee contribution (SGC) into your fund, the employer receives a tax deduction within their business. This tax deduction means that the amount of the contribution has not yet been taxed by anyone. Enter the ATO! The contribution made by the employer is taxed within your superannuation fund at 15% (Contributions Tax).

As the business making the contribution may be normally paying a higher rate of tax than 15%, then it is deemed to be a CONCESSIONAL rate of Tax. By adding these amounts to the Taxable Component, the government are effectively 'flagging' these so they can be taxed later if that superannuation does not end up becoming a part of your (or your spouse's or dependant children's) retirement funding.

The same applies for contributions you might make personally, such as salary sacrifice or tax-deductible contributions. Earnings of your superannuation fund (which are generally taxed at 15%) can also added to the Taxable Component 'Bucket'.

How is tax free component created?

Effectively, any contribution made to your superannuation fund that has already been taxed, is allocated to your Tax-Free Component. These are often called Non-Concessional (or after tax) contributions.

Strategies to Minimise Beneficiary Tax

There are several different strategies that can be utilised to minimise (or even eliminate) the impact of Beneficiary Tax, all of which have pros and cons. Great caution should be taken before employing any of those strategies, as some will have unintended consequences which may result in you paying more tax than what your beneficiaries would have.

We have chosen not to disclose these strategies in this article as it is important that all factors should be considered prior to any implementation.

How does Taxable Component affect me?

In short, it doesn't. Regardless of whether you implement strategies to reduce your taxable component within superannuation or not, there is zero financial benefit to you. In truth, all you get out of minimising this hidden "Death Tax" is the peace of mind in knowing that you took all available steps to maximise the financial legacy you leave behind to your loved ones. Given the complexity of these strategies and the ever-changing superannuation landscape, it's advisable to seek professional advice tailored to individual circumstances. Thoughtful estate planning can ensure that superannuation savings provide the maximum benefit to loved ones with minimal tax implications.

Richard

FINANCIAL PLANNING DISCLAIMER:

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LOCAL SPORTS

Dingley Football Netball Club



Both the Football and Netball seasons are now behind us and again 'Your' Dingley Football Netball Club has achieved outstanding results, some of are highlighted below. Significantly the Southern Football Netball League has for the eighth time in ten years recognised DFNC as its 'Club of the Year.' That is just reward for everybody who has worked so hard to obtain that honour.

Brand new facilities await us in 2025 at Souter Oval as we enter an exciting new era, and we invite all Dingley residents to be part of it as we strive for continued success.

A brief summary of some of the 2024 on field achievements are as follows:

- The Senior football team were Runners-Up to unbeaten Cheltenham, [falling short by just two points].
- Dingley Reserves were Premiers, after being unbeaten all year. See picture below.
- Under 19s made it to the Preliminary Final after being short of numbers at the start of the year.
- Our Thirds produced some big wins towards the end of the year after a slow start.
- SFNL Seniors Leading Goalkicker: Caleb Lewis

- SFNL Reserves Leading Goalkicker: Luke Frith.
- SFNL Reserves Best and Fairest joint winner: David Cowell and Cameron Hansen.
- Division 1 and Division 2 Netballers were Runners up.
- SFNL Netball Leading Goal shooter: Monique Lenahan- Moustaffa.
- SFNL Netball Division A1 Best and Fairest: Lorna Clark.
- SFNL Netball Division C2 Best and Fairest: Caitlyn Van Elewoud.
 - Senior Football Club Best and Fairest went to Jackson Peet "by the length of the straight" after he played every

Please visit the club's website for all the club's various award winners, which include the election of two new Life Members.

Just hours after the SFNL Grand Final, the club lost one of its most respected volunteers in Ron Mohamad, who served as Property Steward for decades before his recent illness. Ron was unique, passionate about his club and respected by all who knew him, and he is being sadly missed.

His memory will live on, as the club's annual Best Club Person Award is now known as the Ron Mohamad Award.

Go Dingoes in 2025"



MENS SHED



Does Recycling Really Work?

And who cares anyway???

A couple of months ago Tim Moran, Kingston Council staffer and coordinator of the Kingston Local Government Area (LGA) Men's Sheds floated the idea of two sheds combining with a local small business to assist the council in an upcoming awards night.

The concept was that recycled piano timber be used by the two Men's Sheds to make certificate frames for awards to be presented at the Sustainable Business Awards Night. The Dingley Village and Chelsea Men's Sheds combined with Pianos Recycled to make the timber frames for the certificates for this gala event.

The venue was the Moorabbin Town Hall, where more than 300 people in formal attire participated making the occasion a night to remember. With the Men's Sheds and Pianos Recycled receiving well earned recognition for their part in re-birthing what might otherwise have gone to landfill it was a fitting way to acknowledge the many businesses involved in recycling in our LGA.

What really stood out was to see and hear about the number of clever recycling ideas which are transforming the way we live - and the best part - it is happening right in our own backyard. Making us ALL winners. Surely, this is proof of the old adage.

"United We Stand - Divided We Fall"

Geoff Hergt, President - Dingley Village Men's Shed



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Cat confinement

Kingston City Council requires all owners of cats to keep their cat/s securely confined to the owner's property between sunset and sunrise. This was introduced in response to public consultation undertaken with the community regarding their concern about the negative environmental impact of cats on native animals and the nuisance value of wandering animals for neighbouring households.

Why is cat confinement important?

There are many benefits related to cat confinement and cats can be easily trained to accept confinement. Cats allowed to roam can be killed or injured through car accidents and fights with other animals. They may contract fatal diseases such as Feline AIDS or be more likely to require veterinary attention for fleas, ticks, worms, abscesses, cuts, diarrhoea and other illnesses. For these reasons, cats kept inside generally live longer than cats which are not confined. The safety benefits are even greater for cats kept inside or in an enclosure both day and night.

Better neighbourhood relations

By keeping your cat indoors, it will not be able annoy neighbours by spraying and howling. Roaming cats also cause disputes and anxiety between neighbours by causing dogs to bark, by fighting with other cats, and by defecating in gardens.

Less predation of wildlife

Cats are most active at night, particularly between dusk and dawn. This coincides with the activity periods of many species of native wildlife. If given the opportunity, cats will instinctively hunt and kill wildlife, even if they are not hungry. Keeping your cat indoors will help protect our Australian wildlife.

Compliance with laws

Kingston City Council requires all owners of cats to keep their cat/s securely confined to the owner's property between sunset and sunrise. In addition, if your cat repeatedly enters private property without permission, the landowner or occupier has the right to take action to stop your cat trespassing, under section 23 of the Domestic Animals Act 1994.

Are cats happy indoors?

Yes! If you provide for all their needs, de-sexed cats are happy to live indoors. Cats do not need to roam; they need exercise and play.

Where and how do I confine my cat?

- There are several options for confining your cat.
- · Simply keep your cat inside the house with you
- Confine your cat at night in the garage
- Build a cat enclosure for your yard
- Build a cat-proof boundary fence around your property

For more information on how to confine your cat go to:

www.kingston.vic.gov.au/council/local-laws/pets/cat-ownership www.agriculture.vic.gov.au/livestock-and-animals/animal-welfarevictoria/cats/enclosures-and-fencing





ndis

Do you need assistance with your NDIS support and funding?

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Support coordinator for a free
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We wish to thank all our clients and particularly those residing in Dingley Village, for their constant support for so many years!

For Decades we have been renowned for the high quality and perfection of our hand crafted Jewellery. We are one of the few left in this unique and challenging "Manufacturing Jewellery Industry." Everything else is just mass-produced, average quality, and not even made in Australia!

Let me update you on my progress, in writing my Book "History of Our Jewellery Manufacturing in Australia!." The book will cover five decades and each decades will be specific on the design and styles, of the time. You'll be amazed in reading how we contributed to the evolving of the Jewellery Making in Melbourne and in Australia.

The first Decade is now - on the go - and it will cover not only our Jewellery Making History, but photos, as well as designs/ sketches by hand! It will take a long time, but five decades are a long time!...

*I take this opportunity to recommend to you, our valued clientele, our Senior Club * "La Baracca" #30 Ross Street, Heatherton, where George and I are going, on Sunday,for some fantastic lunch. It is an "Italian Cuisine" and at a very reasonable price. Everyone is welcome, every age and so is every nationality! Great for small party Celebration, Birthday, Special Occasion, Anniversary and so on. Once a month there is a Lunch / Dance with an Orchestra and great music. Call, Giovanna, Our President on 0421 045 648. Tell Giovanna, that Grace Andolfi has recommended, the Club ... "La Barracca"

Call us to make an appointment, and for a jewellery check up! Avoid any further damaged to your Jewellery. We will always be happy in helping and advising you!

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WRITERS CORNER



New Glasses

My new glasses were the very latest concept glasses and promised to change the way I viewed some of the more enjoyable things in my life.



They were designed by AI to be the perfect combination of looks and practicality. The first was essential to get the high cost of them passed Sue who was very much a form over function type. I was in the function over form type of guy so they had

and deliver on the claim to change my view of the world. If they failed to deliver on either of the claims, someone was going to be upset.

My hands were steady as I opened the box and lifted our new glasses out. Sue murmured softly "They look perfect."

She was happy. I eased the cork out a bottle of malt and poured a generous measure. Lifting it I savoured the aroma of the malt before tasting it.



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BOOMERANG BAGS **CHRISTMAS SPECIALS**



Boomerang Bags will have some lovely Patchwork and Christmas Bags as well as Bottle Bags and Gift bags available at the November and December Dingley Village Farmers Market.

We also have dog bandannas and beautiful quilts and small gift bags. Come and visit our stall and see all the beautiful designs.

If you have a specific size or requirement we can cater for all your needs. We also have lots of our usual shopping bags. All our bags are made from recycled and donated materials. We support 4 charities including Chelle's Saving Starfish (Cancer Care Packs) located in







We look forward to seeing everyone at the market but we only take cash as we are a non profit group run by volunteers. If you have any queries contact either Debbie on 0411058804 OR Heleanne 0425862718.

Are you due to lodge your **Certificate of Compliance?**



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CIRCLING THE CLUBS



Country Women's Association Dingley Village

"All women, all ages, all places. grow, connect, improve."

Get ready to kick off the festive season with CWA Dingley Village's Annual Christmas Stall! Join us at Woolworths, Dingley Village on Friday December 6th from gam until sold out for a fantastic Christmas shopping experience. Remember cash only.

Our talented members have been crafting and preparing all year to bring you unique, one-of-a-kind, hand-made Christmas gifts. From knitted baby items, beautiful aprons, knitted knee rugs, tea cosies etc, we have everything covered to help you cross off your holiday shopping list. But don't forget our Christmas baked treats and preserves! Our baking makes the perfect gift when saying thank you to teachers, work colleagues, neighbours etc. Nothing says it better than a home baked treat!

The best part? All the money raised will go towards supporting regional charities like the RFDS and our local Food Bank. By shopping with us, you're not just buying a gift for your loved ones, but you're also making a positive impact in the lives of those in need. Mark your calendars for December 7th and make sure to stop by our stall for some holiday cheer and giving back to the community. See you there! If you would like to know more, please contact Sue on **0434 879 875**.

Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 14th of November and the December one is on the 12th. Starting time is 7.00 PM and meals and snacks are available if you want to make a night of it. Of course, you have the usual wide choice of beverages being dispensed for your indulgence.

Our regular dinner is held on the last Saturday of the month and the November one will be on the 30th. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend. A number of 60 Plussers had an enjoyable afternoon when they joined the Keysborough Seniors for entertainment by Sandy Dodd

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board.

We are more than happy to welcome new members to the Group. Enquiries can be made to Graeme on 9551 3462.

Probus Club Dingley Central



Our day tour was to the Tesselaar Tulip Festival. A spectacular display of Tulips and Spring Flowers, plenty of delicious food options and photo opportunities, contributed to a very relaxing day in the sunshine. The day was thoroughly enjoyed by all.

The guest speaker at our October meeting was Pam Haigh, along with her working dog Bryl and retiring dog Aster. Pam explained how new technology was helping blind people with their daily routine, such as answering emails making and receiving mobile calls etc. Pam travels with Bryl domestically and Internationally, and has just returned from America, where she did a Mississippi River cruise for 10 days, along with another 10 days in LA. Guide dogs cost \$70,000-\$80,000 to train, but unfortunately the government provides no subsidy for training these guide dogs.

Activities offered for November

Happy Hour, MTC, Legs and Morning Coffee, IPad Group, Wine Tasting, Camera Club, Morning Melodie's, Day Trip, Mens Lunch, Craft Group, Ladies Lunch and Games Day.

Our meetings are held on the 1st Monday of the month, at the Salvation Army Kingston Centre, 13/12-16 Garden Boulevard, Dingley Village. New members are always welcome.

For further information please contact Jean 0438 272 232

Web: <u>dingleycentralprobus.wix.com/dingleycentralprobus</u>

Dingley Village Senior Citizens Club Incorporated

How the year appears to be going so fast!

The Seniors' Bus Trip last month to the Werribee Zoo was found to be a bit disappointing by some Members. A lot of the animals were not on display or could not be seen from the tour "train"... Anyway, we are looking forward to our next bus trip early in the New Year.

Our arrangements for the month of November are as follows:

- 4th Games, Cards and Dominoes followed by Afternoon Tea;
- **11th –** Bingo, followed by Afternoon Tea;
- 18th Games, Cards and Dominoes followed by Afternoon Tea; and
- **25th** Bingo, followed by Afternoon Tea.

For more information regarding our Club, contact our President, Margaret, on 9580 4321 or our Vice President, Joan, on 0421 736 795.

Dingley Village Historical Society

DVHS aims to document and collate information regarding our local history. The society holds information on early families of Dingley Village and the surrounding areas as well as the market gardens, farms, clubs and societies in the area. We welcome any information or photographs of Dingley Village through time that we can copy.

Located at 31A Marcus Rd, (near the library) we are open Monday, Tuesday and Thursday from 10am – 12pm. We are also open on the third Saturday of the month during the Farmers Market and other times on request.

Phone: 9551 4374, email: enquiries@dvhs.com.au



Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities
Monday	9:00am - 1:00 pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance
Tuesday	9:00am - 12:00 pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography
Wednesday	9:00am - 12:00 pm	Bike Riding Group & Music Group
Thursday	9:00am - 12:00 pm 1:00 pm - 3:00 pm	A' Team workgroup Pool / Snooker
Friday	9:00am - 1:00pm	Members Muster This is our main day!

Every Friday Morning (except holidays as designated). come along, enjoy a cuppa, a chat & meet with your fellow shedders.

We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp. Other Activities from time to time include Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's. plus, the occasional outing to places of interest.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road. Ph. 9551 5892, E-mail: info@dvms.org.au
Web: www.dvms.org.au

Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne – 9551 3770 /0488 004 809. dingleylions@gmail.com

Rotary Club Noble Park - Dingley



Active Rotarians - making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at the Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings. VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education. Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or 0419 309 931.

Meeting: Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.

Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm.

\$17 for members, \$20 non-members. New members welcome. All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo. The first Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna 0421 045 648.

Braeside Park Walking Group

We need more walkers. Friendly mixed group meets Tuesday and Friday at the Visitors Centre Carpark. Arrive 9.20am for a 9.30 start to Circuit 5 km or shorter. Stay around for a chat afterwards, no booking just come along.

Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at the Rowley Allan Reserve 352 Cheltenham Road Keysborough and the following activities are available for members and visitors:

Tuesdays – Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 per book. Concerts with professional entertainers are on the 3rd and 5th Tuesday of the month 1pm to 3pm.

Wednesdays - Line Dancing 1pm to 3pm \$3.00 entry.

Thursdays - Ballroom dancing lessons 12.30 to 1.00pm and Ballroom dancing from 1.00pm to 3.00pm.

Tea and coffee are supplied for all activities.

Entertainment schedules

- 19 Nov Alex Matthews
- 10 Dec Rob Foenander

Club members and visitors enjoyed an afternoon with Sandy Dodd giving her rendition of Queens of Country. As usual a polished performance from Sandy.

Club membership for F/Y 24/25 is \$10.00. Contact is Julie on **0428 561 694**.

Spring Park YWCA Golf Club



A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's Spring Park Golf Course. Cup of tea & biscuit is shared after the round.

We play 9 holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways.

Further information: Jillian Sanders **0419 501 365** (Captain), Julie Westcott **0438 269 622**. (President), Jan Boyes **0497 096 377** (Secretary)

Kingston Communicators Toastmasters Club

Here you get to gain valuable skills in Effective Communication & Leadership at all our meetings. Join us at a club meeting as a guest!

We meet each 2nd, 4th and 5th Wednesday of the month from 7:15 pm for a 7:30pm start at Mentone Activity Hub, 29 Venice Street, Mentone, VIC, 3194

For more information call **0432 676 952** Or visit us at https://kingston.toastmastersclubs.org/



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Victorians urged to slow down as speed drives up road deaths



Kingston City Church



Our Vision: Connecting People To

Jesus Christ

Our Mission: Reach, Restore, Relate, Resource And Release. Ph: 8551 6600, Fax: 8551 6690. Web: www.kcc.crm.org.au Email: admin@crm.org.au

Senior Pastor: Dan Parker

Sunday Services: 10am Service has Children's Ministry.

The Young Adults Ministry at Kingston City Church continues to grow strong this year with an average of 30 in attendance each week.

Operating every Wednesday @7pm, we start the night off with a delicious meal, followed by worship, and finishing off with an interactive discussion on the word of God. The Holy Spirit has really been teaching in our discussions this year as we've been going through the book of Matthew and Luke. As we enter term 4, we look forward to seeing what God will do next.

The Young Adults Ministry caters for those who are aged between 18-30 years and would like to fellowship with like-minded believers. The ministry operates from Kingston City Church every Wednesday (except school holidays) from 7pm-9:30pm.

If you are a Young Adult and would like to grow in your faith, please contact Carlo – carlo@crm.org.au or call **03 8551 6610**

Heatherton-Dingley Uniting Church



Cnr. Kingston and Old Dandenong Roads, Heatherton. Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone **0431 244 561**. www.heathertondingleyuca.org.au

Our Vision and our Mission

To seek to connect people to God and each other. Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life.

What's On

Wednesdays - Prayer meeting at the church 9.00 - 9.30 a.m. If you have a concern that you would like prayed about ring Margaret on 0401 392 772.

Know Your Bible 9.30 - 11.00 a.m.

An interdenominational study of the Bible for women

Know Your Bible 9.30 - 11.00 a.m.

An interdenominational study of the Bible for women. For further information contact Kaye **0412 715 363**.

Second And Fourth Thursdays Of The Month

Unleash the Music in You – 7.30 p.m. at the Church. For further information contact Bob Lorraine on **0418 998 714**

Third Saturday On Odd Months Of The Year.

Bark And Chat - This is an informal group of dog lovers who bring their dogs along for a chat and short information session on different topics relating to dogs, followed by morning tea. For further information contact Margaret on 0401 392 772

Third Saturdays On Even Months Of The Year.

A special service for dog owners and lovers to which you can bring your dog. For further information contact Rev Deacon Andrea Mayes on **0408 65 939**.

SPECIAL SERVICE

A special service will be held on Sunday, 21st November for dog lovers and/or owners to give thanks for what dogs do for us. You are invited to bring your dog to church this day for a special service with a guest speaker from Hearing Dogs Australia.

Village Church Inc.



Address: 7-9 Fiveways Blvd Keysborough 3173

Pastor: Rodney Hole

Elders: Andrew Weston & Malcolm Crouch

Church Office: **8712 8254** or admin@villagechurch.org.au

Visit our website: www.villagechurch.org.au

Village Church has been in the Dingley and Keysborough areas since the 1930's and exists for the purpose of the advancement of the Kingdom of God as we seek to obey our Lord's command to go out and make disciples of all people.

Sunday Morning 10am Worship Service

In person or can watch livestream on our webpage.

The church service includes:

- Bible teaching through expository preaching.
- Pastor Rodney Hole is currently preaching through the book of Hebrews.
- Communion is held twice a month for those who know Jesus Christ as their personal Saviour and Lord.
- Kids Church Younger Primary (4-8 years old) and Older Primary (9-12 years old).
- Little Blessings Preschool Program (0 4 years old)
- Tea and coffee are served after the service.

Life Groups

Meets for Bible study and fellowship in various suburbs on a fortnightly basis in Springvale, Narre Warren, Pakenham, and Lyndhurst areas.

Ladies Bible Study

Meets regularly to work through an entire book of the Bible, alternating between the Old Testament and the New Testament. Previously studied are the books of Ruth, Philippians, Genesis and James.

In 2024, there will be a video teaching series on "War of Words" by Paul Tripp based on his book.

Men of Faith

Meets once a month at Village Church on a Sunday evening for a BBQ and men's Bible study.

Village Church Youth Group (Years 7 -12)

Meets weekly on Friday nights from 7-9pm during the school term for Bible study and fellowship.

Street Ministry

Village Church partners with 'Bought with a Price Ministry' here in Melbourne. Every Wednesday and Friday from 5pm to 7pm, a team witnesses at either Dandenong, Noble Park, Glen Waverley, Ringwood, or Springvale areas.

Marriage and Family Support

At Village Church, our heart is to serve the surrounding community to support the growth of families. Families and marriages are under attack, and we are committed to helping you out in any way.

We have many gifted and equipped members who would love to listen, encourage, and give sound advice to you. Please call the church office if you need help.

Christ Church - Anglican Church Dingley Village



Vision: From within you shall flow rivers of living waters" John 7:38

Special Events

Sat 23rd Nov: Twilight Event, 5pm-8pm. Car Boot Sale, Jumping Castle, Sausage Sizzle (minimal cost), Op Shop open. Inquiries via the office.

Sunday Services

8.30am (Heritage Church) Holy Communion Service

10.30am (Auditorium) Worship Service with Kids' Church.

Next Combined Service: Sun 1st Dec at 10am.

Life Groups for Bible Study

For more information, please contact our office.

Youth Group Saturday NEW DAY FOR SUMMER

Runs during School Term. Drop off 6:30 pm, pick up 9 pm (sign-in essential). Lots of fun and engaging activities for ages 11 to 17 years. Please contact our office for details.

Pleasant Tuesday Service 2pm, 2nd Tuesday Each Month

Traditional Holy Communion Service with favourite hymns in the Heritage Church followed by a social afternoon tea. Please contact our office for transport IF needed.

Weekly Prayer Meetings Wednesday 11am in the Prayer Rooms. Saturday 8am in the Atrium. Healing, Deliverance & Prayer Ministry available upon request.

Roundabout Op Shop

Supports communities Locally, Nationally, and Internationally. Offering many bargains (good quality clothing, books, bric-a-brac, toys.

Volunteers Welcome!

Opening Hours:

Wednesday - 9.30am - 4:00 pm Thursday - 9.30am - 1.30 pm Saturday - 9.30am - 1.30 pm

Donations: We take clean useable items but cannot accept electrical goods, or baby/child equipment.

MMA Stall

MMA Stall runs quarterly. Next Stall: Sun 1st December.

Supported Missions

PHONE:

CCD supports: Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

Food Parcels Available

For those in need, upon request.

Prayer Ministry

Please contact our parish office for details and bookings.

Senior Minister: Rev. Richard Loh Parish Office: 03 9551 7871 Email: admin@ccd.org.au Website: www.ccd.org.au

St. Mark's Catholic Church

511 Lower Dandenong Road, Dingley Village, 3172. Phone: 9551 6930 or 9547 4877 Email: Springvale@cam.org.au Website for further information: ST JOSEPH SPRINGVALE | Catholic church Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

Mass Times

- Saturdays, 6pm
- Sundays, 9.30am
- Confession starts from 5.30 pm before Mass on Saturdays

The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village. Office Phone: (03) 9558 2045.

Facebook.com/KingstonCitySalvos www.salvationarmy.org.au/kingstoncity/ Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington.

Hours of operation

10:00am - 4:00pm Monday to Friday or by appointment.

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

Emergency Relief | Casework

Salvation Army Kingston City Doorways team offers assessments for emergency relief. Please phone 9558 2045, Wednesdays, Thursdays & Fridays between 10am - 4pm to make an appointment.

Echo Church



"Your Kingdom come, your will be done, on earth as it is in heaven." - Matthew 6:10

50 Tootal Rd. Dingley Village info@echochurch.org.au www.echochurch.org.au Sunday's at 10AM Senior Leaders: Justin & Leigh Box



For help with elder abuse Call: 1300 368 821

Monday to Friday 10am-5pm





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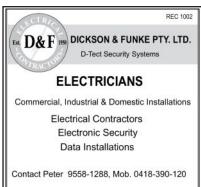


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DINGLEY **DOSSIER**

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Editor: Pam Gates

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Dingley Village. 3172 Phone: 8512 0505

Email: dingleydossier@dvnc.com.au

Community items:

We appreciate contributions from the community. Please contact us for details.

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Email: dingleydossier@dvnc.com.au Post: Dingley Dossier

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Submission deadline:

4 pm 15th of each Month (excluding December) Artwork requirements Artwork should only be supplied in two formats:

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