



THE DINGLEY DOSSIER

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CITY OF KINGSTON'S 2024-25 BUDGET

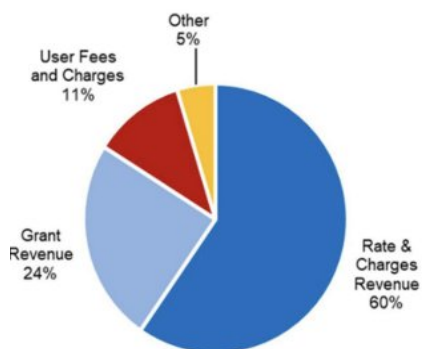
The Annual Budget outlines the services and initiatives that Council will undertake each financial year.

The Budget includes detailed information about:

- rates and charges to be levied
- capital works program to be undertaken
- where Council allocates its financial resources
- other financial information

Devised on the back of 459 community submissions made through the Talking Kingston platform, the draft budget was well supported during the recent public consultation period and was adopted at the Council Meeting on 27 May 2024.

Focused on building an even stronger and more connected city through providing top-quality facilities, first-class infrastructure, and support for all, the budget also clearly demonstrates Council's sound financial position.



Revenue sources

Mayor Jenna Davey-Burns thanked everyone who had contributed to the budget process. "I am super proud to present the most collaborative budget in our city's history. It includes the ideas and aspirations of our residents, and we can't wait to put what we've heard into practice over the next year and beyond," Cr Davey-Burns said.

infrastructure like playgrounds, sporting facilities, walking and cycling paths and shopping strip upgrades. "In challenging economic times this is a responsible budget that reflects the wishes and needs of our community."

The highlights of a \$85.7 million capital works program include:

- \$35.0 million for the new aquatic and leisure centre
- \$18.4 million for community and sporting facilities
- \$14.3 million for roads, drains, footpaths, and bike paths
- \$8.6 million for parks and reserves
- \$7.7 million for playgrounds and active recreation



Ward specific capital works allocation

"We have worked hard to strike the right balance between ensuring the necessary funding is available to provide all our vital community services, while maintaining our community assets, and still investing in new

The 2024/25 Budget is part of group of key financial documents, which also includes the 2024-2034 Long Term Financial Plan, and the 2024-2028 Revenue and Rating Plan, visit kingston.vic.gov.au/budget.



FARMERS' MARKET

SATURDAY 20TH JULY | 8:30AM - 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.

WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

LIVING IN DINGLEY VILLAGE

IMPORTANT NUMBERS

City of Kingston:
1300 653 356

Emergency: 000

Police: 131 444

Crime Stoppers:
1800 333 000

Lifeline: 13 11 14

Suicide Call Back Service
1300 659 467

SES: 13 25 00

Poisons Info: 13 11 26

Emergency Relief
(MADDV) 9551 1799

MensLine:
1300 789 978

WIRE
(Women's Information and Referral Exchange):
1300 134 130

Safe Steps:
1800 015 188

Nurse on Call:
1800 022 222

Tip Smells & Dust:
EPA 1300 372 842

Aircraft Noise:
1800 802 584

Neighbourhood Centre:
8512 0505

Community Association:
dvcasecretary@gmail.com

Men's Shed:
9551 5892

VicRoads Faults and Hazards:
13 11 70

RSPCA
9224 2222

Justice of the Peace

Marion Harriden 9551 1799

Allan Harris 0412 073 719

Teens Games Group

Fun environment for teenagers from 13 – 17 to enjoy games together. Strategy, fantasy & sci-fi style board & role-playing. Friday 5:30 – 7:30 pm Free event.

Zumba Gold with Norma

Zumba Gold is a low- impact dance fitness class perfect for beginners of all ages and fitness levels. Thurs, 9.30am -10.30am in the Harold Box Hall, \$10.00 per class. No need to book just come along.



Seniors Body and Balance with Norma

This class focusses on balance, ranges of motion and coordination. Thurs, 11am-12pm in the Harold Box Hall, \$10.00 per class No need to book just come along.

Social Table Tennis with John

Catering to all skill levels both men & women. Come along and join this friendly group. Mon, 9am & Wed 12.30pm in the Harold Box Hall \$3.00 per session. New members Welcome. No need to book just come along.

Writing for Pleasure

Beginners to Established. People write for many different reasons. Would you like to explore your creativity in a supportive group. Tues, 10am to 12pm. Free drop-in group.

Social Art group with Carla

Art group for those who would like to finish off a project while having a chat and a coffee in the evening. Every Tues evening 6.30pm-8.30pm in the 'Craft Room', near the Harold Box Hall. Free Class, no need to book.



Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am -12pm in the Centre. Free Class, no need to book- Just come along.

Chatty Café

The Chatty Café Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation and loneliness.



Let's keep our community connected! Wed 10am to 12pm in the 'Harold Box Hall in the Foyer'. Free, just some along.

Collection Point

You can drop off the following items at the Centre: prescription glasses/ hearing aids, stamps & unused toiletries from hotel rooms. These items are then recycled for use by local service groups.

Playgroup Victoria for Dingley Village

Tuesdays 9.45 am-11.45 am in the Harold

Box Hall. Need to contact Hannah via Facebook: *Dingley Village Playgroup*



Taekwondo with David

Mon & Thurs 5.30pm -7pm in the 'Harold Box Hall'. If you are interested in joining, contact David on 0439 304 579.

Tai Chi

Tai Chi aids the reduction of anxiety and stress, it also helps increase flexibility and balance. Wednesday 6.30 – 8.30pm Contact James 0430 570 460.

Southern Taekwondo
Affiliated with No's Taekwondo
Classes for men, women & children of all ages. Qualified Coaches. Gradings at all Levels.
Classes held at Dingley Village Neighbourhood Centre, Marcus Rd
For class times or more information Ph 9583 5680 or 0439 304 579

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COMMUNITY

You can pick up copies of the *Dingley Dossier from the Neighbourhood Centre, 31C Marcus Road, Dingley Village Newsagents and Woolworths Dingley Village. We also have a colour version online www.dvnc.com.au/dossier*

Dingley SurfPlay Aquatic Park

A 3.8ha aquatic park, billed as the southern hemisphere's biggest, has been approved for Melbourne's south-eastern suburbs. The Dingley SurfPlay Aquatic Park has been greenlit for a 5.7ha site at 321 Old Dandenong Road, Dingley Village. The Victorian Government's Development Facilitation Program granted approval for the \$171-million project in May, five years after the project was first mooted.



Tax Scams increasing with EOFY

The ATO is warning people to be vigilant with an increase in phishing emails. Scammers are becoming more sophisticated impersonating the ATO, with emails & SMS using ATO and MyGov branding and appearing legitimate at first glance. Never click on a link in an email or SMS, either contact ATO via their website www.ato.gov.au or login to your MyGov app through your usual device.



Braeside Park Walking Group. We need more walkers

Friendly mixed group meets Tuesday and Friday at the Visitors Centre Carpark. Arrive 9.20am for a 9.30 start to Circuit 5 km or shorter. Stay around for a chat afterwards, no booking just come along.

Street Library

Introducing Dingley's newest Street Library in Snead Court, Dingley Village. It is currently stocked with both adults and kids books. Please feel free to visit! Take a book, if you see something you would like to read, take it!



Give a book, leave books that you no longer read for other book lovers to enjoy. Share a book, return your book to this or another street library or pass it on to a friend, neighbour or relative. Pay it forward.

Special Dates in July

7th – 14th of July, NAIDOC Week

Is a time to celebrate Aboriginal and Torres Strait Islander history, culture and achievements. It is an opportunity to recognise Indigenous Australians' contributions to our country and society. This year's theme is 'Keep the Fire Burning! Blak, Loud & Proud!'



14th – 20th of July National Diabetes Week

Every day almost 300 Australians are diagnosed with diabetes. But for many the diagnosis is being made too late putting them at risk of life threatening or serious health issues.

28th July – 4th August Donate Life Week

DonateLife week aims to encourage all Australians to register their donation decision and to discuss their donation decisions with their loved ones.



1st of July, International Tartan Day

International Tartan Day is a celebration of Scottish heritage commemorating the repeal of an English law in 1782 that banned the wearing of tartan.

7th of July, Al Hijri (Islamic New Year) *Islam

According to the lunar or Islamic Calendar, Al Hijri (Al Hijrah in Arabic) is the Islamic New Year observed on the first day of Muharram. Muharram is the Islamic Calendar's first month of the year and is the second holiest month after Ramadan.



9th of July Martyrdom of the Bab* Baha'i

Baha'i commemoration of the anniversary of the execution of the Bab (Siyid 'Ali- Muhammad), the herald of the Baha'i Faith, by a firing squad on July 9 1850, in Tabriz, Persia (now Iran).



16th of July, Ashura * Islam

For Sunni Muslims, Ashura marks Noah's departure from the ark and the exodus of Moses from Egypt and is usually marked by a day of non-obligatory fasting. For Shia Muslims, it marks the anniversary of the martyrdom of Prophet Muhammad's grandson Hussein in Karbala, Iraq, and is commemorated with public processions.

21st of July, Asalha Puja ** Buddhism

Asalha Puja commemorates Buddha's first teaching (the Wheel of Dharma). Also known as 'Dharma/Dhamma Day', it is recognized as the beginning of Buddhism and the monastic Sangha (community of Buddhist monks and nuns). This event is one of the most important festivals for Theravada Buddhists.



7 IN 10 CARS ARE STOLEN WITH THEIR OWN KEYS.

POP. LOCK. STOP.



DINGLEY VILLAGE COMMUNITY ASSOCIATION

DVCA Annual General Meeting

The DVCA Annual General Meeting will be held on Tuesday 9th July 2024 at 7.30pm at the Library, Marcus Road Dingley Village. All residents of Dingley Village are welcome to attend, please come along & see what we do.

Dingley Village Community Bank Grant says Thankyou

DVCA was delighted to be one of the recipients in this year's Dingley Village Community Bank's grant program. The bank's community grant program assists:

"Projects/ programs that support the broader community, for example: mental health programs, educational programs, playgrounds, community engagement, arts and culture."

We thank the bank for this support and recognition of DVCA's work for the Dingley Village community.

is being scheduled to open in 2027, with an expected 767,000 people using the park in the first year.

Approval was made under the Victorian Government's Development Facilitation Program (DFP), which has fast-tracked this development's approval and allowing it to be built on land zoned green wedge.

However, DVCA remains concerned that approval of projects such as this, sited on green wedge land, risks setting a precedent for more green, agricultural land to be developed inappropriately in the Kingston Green Wedge.

For further information and to see detailed plans of the Surf n Play Park, visit the website:

<https://engage.vic.gov.au/planning-scheme-amendment-c222king-321-old-dandenong-road-dingley>

- sit in the middle of the road and then cross the double white lines to park at the shops, or
- when leaving the shops, back out and do a U-Turn over the double white lines, which is highly dangerous and illegal.

Under the law you are not permitted to cross the double white lines along Centre Dandenong Road, road rules clearly stating:

If you are on a road with 2 continuous lines (double lines) down the middle, you must:

- stay to the left of the lines at all times
- not make a U-Turn across the lines

There is a substantial fine for breaking these road rules and with the increasing occurrence of drivers crossing the double lines on Centre Dandenong Rd outside the shops, police will be monitoring our village shopping centre for this. These rules are there to protect us - so let's all observe them and help prevent any serious traffic accident occurring here.



Can We Help?

If you are a resident in Dingley Village and have an issue concerning our Village you would like addressed - please let us know and we will see if we can help. DVCA seeks new enthusiastic members to join and help keep our village a great place to live and work in. The DVCA is a voluntary group of Dingley Village residents, not affiliated to any political party and membership is open to all residents who genuinely care about our village.

DVCA Contact Info:

Contact us by email at dvcasecretary@gmail.com or come to our monthly evening meeting. Meetings are held in the Library Meeting Rooms, on the second Tuesday each month, February-November, at 7.30 pm, located at 31b Marcus Rd. New members are most welcome to attend. For further information please contact the DVCA Secretary at dvcasecretary@gmail.com, or visit www.dvca.info



Surf-N-Play Aqua Park Development - 321 Old Dandenong Rd/ Planning Amendment C222king

The Aqua Park development proposal, to be built at 321 Old Dandenong Road, has now been approved by the Planning Minister. Consequently, Dingley Village is to be home to the largest water park in Australia and this is an exciting project for our village.

The Surf n Play Aqua Park proposed to be built, a massive 18,200 square metres indoors and 20,000 square metres outdoors, will have slides, zip machines, an aquarium and surfing waves 1.8 metre high. This mega project, with an estimated cost of well over \$100 million,

Traffic Safety Issue Alert: Dingley Village Shops Centre Dandenong Rd

There are a number of clearly visible No U-Turn signs displayed in the shopping strip.

Unfortunately, some drivers, when driving to the village shops and parking outside the shops in Centre Dandenong Rd



Support the bank that supports your community.

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Call us on 9551 6111 or search Bendigo Bank Dingley Village.



Community Bank
Dingley Village

Bendigo and Adelaide Bank Limited ABN 11 068 049 178, AFSL/Australian Credit Licence 237879 A1389134, OUT_1269197, 28/05/2020



Dingley Village Police Update



Crime Stoppers (1800 333 000)
To provide crime information. It can be anonymous.

The Major Collision Investigation Unit

For most passers-by, the scene of a serious road collision is a sad sight quickly forgotten after driving past the flashing lights of emergency services.

But for the Major Collision Investigation Unit (MCIU), the scene is the beginning of a months-long process to hold offending drivers to account and provide a degree of closure to victims of road trauma.

The specialised unit of 48 detectives investigate fatal and serious injury collisions under many circumstances, including those involving criminal negligence by a surviving driver.

MCIU detectives also act as the primary police contact point for families throughout investigations and ensure they are well supported and informed.



www.nhw.com.au



[neighbourhoodwatchkingston](https://www.facebook.com/NeighbourhoodWatchKingston)



Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.

Little Villagers Childcare

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Don't need full time childcare, working part-time, working from home, home schooling or just need a few hours child free, then we have the answer. We have 5 hour sessions available for pre-school aged children.

You do not have to be eligible for Commonwealth Childcare subsidy for your child to attend, we offer affordable fee for service rates.



Open 9 am - 2 pm

Monday - Friday

8512 0509

Westall Community Hub

35 Fairbank Road, Clayton South

Email: lvcc@dvnc.com.au

**Please Note the relocation
of Little Villagers Childcare
service during current
building works @
31B Marcus Rd**

OUR COUNCIL

Junior Mayor program fostering a love of democracy

Kingston continues to foster a love of democracy in local youngsters thanks to our long-running Junior Mayor program. Grade six student Isabella Koukoumanos, from Our Lady of the Assumption, has been elected as Kingston's Junior Mayor for 2024/25.

Isabella will now work alongside Kingston Mayor Jenna Davey-Burns to represent the community at key events and functions including citizenship ceremonies, official openings and much more. Mayor Davey-Burns said the Junior Mayor program was a fantastic way to get young people excited about democracy and their local community.



"It's amazing to see our local students so engaged and excited to learn more about how government works, how their voice and vote matters, and how they can make a positive contribution to their local area," Cr Davey-Burns said.

The Junior Mayor program has run for over 60 years in a successful partnership with Chelsea Rotary. "We're proud to give our local young people an opportunity to grow and develop their leadership skills to help create the leaders of tomorrow," Cr Davey-Burns said.

Kingston's Junior Mayor is elected at an annual event where grade six representatives from primary schools across Kingston present speeches on a key theme. This year 23 local schools were represented. Isabella was elected by her peers to serve as Junior Mayor for the next 12 months, alongside 12 other students who were elected to Kingston Junior Council. Karkarook Ward Councillor Hadi Saab said having visited many schools I know lots of our young students look forward to this event each year.

"Inspiring the next generation of leaders starts with giving them a voice today. Our Junior Council election is about empowering our youth to shape the future of our city," Cr Saab said.

This year students were asked to present on the topic: If you could add to the vision of a child-friendly creative Kingston, what would your ideas be?

Isabella alongside her team members Peter, Olivia and Alessio presented a creative and well thought out speech about the Kingston Pen Pals Program. The Kingston Pen Pals Program focuses on helping kids build friendships and connections. Isabella and her peers aimed to create a program to "help children who have a difficult time making friends and support and assist them to improve their socialising skills with others."

Lucian Hendricks from St John Vianney's Primary School was elected Deputy Junior Mayor.

The full Junior Council for 2024-25 is:

- Brooklyn Vanderheiden from Patterson Lakes Primary School for Banksia Ward
- Ibraheem Mohamed from Fitra Community School for Burjil Ward
- Esmee Kerkhof from Dingley Primary School for Caruana Ward
- Lucian Hendricks from St John Vianney Primary School for Chicquita Ward
- Hudson Harris from St Patrick's Primary School for Como Ward
- Azra Karadagli from Le Page Primary School for Karkarook Ward
- Eva Gladman from Chelsea Heights Primary School for Longbeach Ward
- Jaden Hack from Mordialloc Beach Primary School for Melaleuca Ward
- Angelina Nastas from Edithvale Primary School for Sandpiper Ward
- Isabella Koukoumanos from Our Lady of Assumption for Wattle Ward
- Joshua David from Aspendale Gardens Primary School for Yammerbook Ward
- Indiana Lewis and Lauchlan McHarry from Yarrabah School as Councillor's Choice

Kingston Youth Services receive Rainbow Tick accreditation

Kingston's ongoing commitment to acknowledging, including, supporting, and celebrating LGBTIQ+ communities has been recognised through our Youth Services achieving Rainbow Tick accreditation. In 2021, Council resolved to complete the Rainbow Local Government Pledge commitments, one of which was to undertake Rainbow Tick Accreditation to create LGBTIQ+ inclusive and culturally



safe spaces for community members accessing our services and Kingston employees in our work environments. The other commitments, that were previously achieved, included:

- Developing and implementing an LGBTIQ+ Action Plan for Council
- Establishing or continuing an LGBTIQ+ Advisory Committee to Council
- Flying the rainbow flag from Council buildings on LGBTIQ+ awareness days.
- Marching at Pride March under a council banner or participating in Midsumma or local pride events.

Mayor Jenna Davey-Burns said she was extremely proud to lead a Council that was delivering on its commitments and more broadly placing inclusion and respect at the heart of everything we do. "Two years ago, we set our organisation the task of meeting the Rainbow Local Government Pledge commitments as a way of better supporting those in Kingston who are members of LGBTIQ+ communities and having now achieved the Rainbow Tick it is very rewarding to have done that," Cr Davey-Burns said.

"The Rainbow Tick accreditation process is very robust and challenges organisations to prioritise ongoing improvement. It has been both educational and eye opening for us and provided us with some really valuable tools."

Como Ward Councillor Chris Hill said the accreditation was a testament to the inclusive environment the Youth Services team have created. "We have an absolutely awesome Youth Services team and the work they are doing across the board with our young people is making a real difference to lives. It was great to see their outstanding culture recognised in the final accreditation report," Cr Hill said.

Kingston Youth Services is a free, confidential, and non-judgemental service. Our Youth Service staff work with young people (aged 12 - 25) who live, work, and study in the City of Kingston. They can help

with accessing information, support, and referrals on a range of issues, including those experienced by LGBTIQ+ young people, and develop, promote, and run programs, activities, and events while also providing counselling and individual supports.

To find out more about how Kingston is supporting our LGBTIQ+ community members visit kingston.vic.gov.au/community/lgbtiqa-community. To find out more about Kingston Youth Services visit kingstonyouth.org.au.

About Rainbow Tick

The Rainbow Tick is a quality framework that helps health and human services organisations show that they are safe, inclusive and affirming services and employers for the LGBTIQ community. The Rainbow Tick standards, owned and developed by Rainbow Health Australia, are designed to build lasting LGBTIQ inclusion.

Accreditation is provided through independent assessment, provided by Quality Innovation Performance and Australian Council on Healthcare Standards. Services can include the six standards as part of their cycle of service accreditation or can apply to do the Rainbow Tick as a stand-alone assessment subject to ongoing reassessment and quality improvement.

Work going strong to improve our network for cyclists and pedestrians

Last year we committed to roll out 68 projects that will improve the experience of getting around our city on a bike or on foot, as part of Kingston's Walking and Cycling Plan 2023-28. Mayor Jenna Davey-Burns said she is very proud to see work going strong in this space, with ten of these projects now delivered.

"As a leader in addressing climate change and making urban areas more accessible for everyone, we need to find safer, healthy, inclusive, accessible, and sustainable ways of getting around," Cr Davey- Burns said. "People powered transport also helps to promote a greater sense of social connection, independence, health, safety, and well-being and I'm really happy we are putting our plan into action. "Importantly, this includes advocating strongly to the State Government around the Suburban Rail Loop and level crossing removal projects and the importance of having a connected active transport corridor next to the train lines."

Longbeach Ward Councillor Georgina Oxley said the most recent project completed was the installation of traffic lights at the intersection of Scotch Parade and Thames Avenue.

"With thousands of people heading to Bicentennial Park every week – and foot traffic stepping up with visitation to key events, such as our popular Carols by Kingston event every year, these traffic signals were a crucial step towards improving the safety of pedestrian access across Thames Promenade in Chelsea," Cr Oxley said.

"Traffic signals have long been identified as a priority at this location, to combat traffic congestion and improve safety for cyclists and pedestrians." Other Walking and Cycling projects we've recently completed in Kingston, include:

- Bay Trail improvements at Parkdale Café
- Bay Trail improvements at Mentone Life Saving Club
- Bay Trail improvements at Parkdale Yacht Club
- Industrial footpath upgrades at Percy Street and Crown Avenue, Mordialloc
- Footpath completion on Fowler Street, Bonbeach (between Royal Road and Bondi Road)

- A new wombat crossing on Bath Street, Chelsea
- New speed cushions on Mentone Parade, Mentone
- Improved beach access for pedestrians on The Glade, Bonbeach
- Pedestrian safety upgrades on Monica Avenue, Bonbeach.

Karkarook Ward Councillor Hadi Saab said work is continuing right across Kingston.

"We're excited to have delivered 10 of the projects we promised to deliver in our city's ambitious Walking and Cycling Plan. We'll continue our work to deliver the remaining 58 over the next few years," Cr Saab said.

To complement this important work, we have engaged Talis Consultants to survey the conditions of our 1.144 million linear metres of footpaths across Kingston.

"Keep an eye out for their 'Path Survey Vehicle' buggy – which will be travelling over Kingston's footpaths and trails to gather footage and pictures, for the next nine weeks."

DINGLEY VILLAGE

FARMERS MARKET

SATURDAY
20th JULY

8.30 AM - 1 PM
31 Marcus Rd Dingley Village

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LOOKING AT LOANS



Your New Home

Are you still planning to buy your dream home? There is a real concentration on saving a deposit to enable that dream home purchase: Continual discussions of affordability emphasise that, and for many it is the primary stumbling block.

However, there is more required to enable a successful loan application than that. Some do not realise how many hurdles, large and small, there are to overcome. Today we concentrate on living expenses, how important that is in determining how much you can borrow – and if you really can afford that dream home!

In a loan application, banks will assess your income and your expenses to determine your free cash flow available to pay loan repayments. How your living expenses are calculated will vary bank-to-bank, but in general two key metrics are applied:

1. The Household Expenditure Measure (HEM)

The HEM is a benchmarking tool used by lenders to allocate an expected cost of living. It will vary with household size (dependents), location, and income.

Whilst the numbers are based on Australian Bureau of Statistics data, each bank will have their own interpretation of HEM numbers applied within loan applications. What the HEM does is set a minimum expected basic living expense

number for each application.

2. Your Living Expenses

In a loan application you will be asked to declare your living expenses. Your declaration may be required to be verified by your bank account and credit card statements.

If your declaration of living expenses is below HEM you should expect additional scrutiny of your application, and that the bank will apply their minimum expense number anyway.

Importantly banks will categorise some regular expenses to be on top of the HEM minimum number. Such allocation can be the difference between a loan application being successful or failing.

Luckily, different banks have different rules, so there can be flexibility. Which is the best bank for you may vary after living expense detailed analysis.

What This Means For You

Your lifestyle and spending habits matter, both before and after buying a home. Budgeting in the pre-purchase stage will enable you to build your deposit faster and assist in the loan application. It will also ensure that you are comfortable with your own ability to afford that loan.

Obtaining your dream home is not an end in itself, meeting ongoing loan repayments to keep the home and eventually pay off the debt is the goal.

Are you planning to buy a new home? Or just a dreamer? If you are planning to buy, then you will have a plan. Cut the discretionary spending, limit personal debt obligations, check your credit score. These should all be part of the plan.

Your broker can assist you in that planning. It's complicated! Another reason over 70% of residential home loans settled in Australia are now lodged via mortgage brokers.

Did you know mortgage brokers are under a statutory obligation to act in the best interests of consumers, an obligation that does not apply to banks? Quality brokers will work with you through the planning stages, assisting you in obtaining your best possible outcome.

Integrity Finance Australia has been serving the Dingley Village community since 2006. If you have any questions on the issues raised in this article or borrowing capacity or your home loan in general, then please email support@ifinance.com.au, or call us on 03 9511 8883.



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392184

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Daryl Borden
0417 593 893



David Browne
0409 051 111

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566 Main St Mordialloc VIC 3195

Authorised by Mark Dreyfus MP, ALP, 566 Main Street Mordialloc 3195.



Diabetes is the epidemic of the 21st century and the biggest challenge confronting Australia's health system.

What is diabetes?

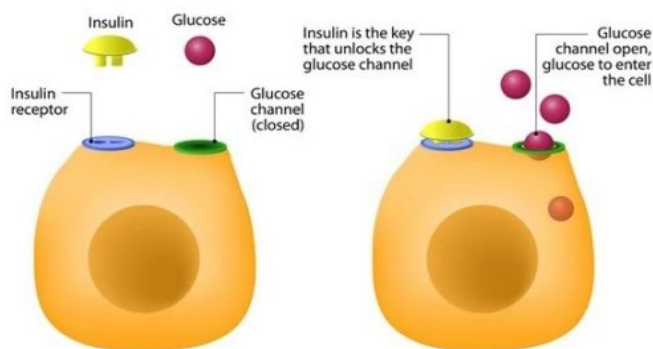
Diabetes mellitus, or diabetes, is a condition where there is too much glucose in the blood. The body can't make insulin, enough insulin or is not effectively using the insulin it does make. Over time high glucose levels can damage blood vessels and nerves, resulting in long term health complications including heart, kidney, eye and foot damage.

Diabetes is a serious and chronic condition which can affect the entire body. While there is currently no cure, you can live an enjoyable life by learning about the condition and effectively managing it.

The are three main types of diabetes; all types are complex and serious:

- Type 1
- Type 2
- Gestational diabetes

Pre-diabetes may be diagnosed before it progresses to type 2 diabetes.



Everything our bodies do requires energy. For our bodies to work properly we need to convert carbohydrates in food from starch and sugars into glucose which enters the bloodstream and is transported to the body's cells. If we don't eat enough carbohydrates our body will make glucose from fat and protein.

A hormone called insulin is produced by the pancreas. It acts like a 'key' in the 'lock' of our cell's 'doors' to let the glucose in where it is used to provide energy. In people with diabetes, the glucose stays in the blood resulting in high blood glucose levels.

Three things you need to know about diabetes:

- It is not one condition – there are three main types of diabetes: type 1, type 2 and gestational diabetes
- All types of diabetes are complex and require daily care and management.
- Diabetes does not discriminate; anyone can develop diabetes.

Symptoms

In type 1 diabetes, symptoms are often sudden and can be life-threatening, so it is usually diagnosed within hours or days.

In type 2 diabetes, many people have no symptoms at all, while other signs can go unnoticed being seen as part of 'getting older'. By the time symptoms are noticed, complications of diabetes may already be present. Common symptoms include:

- Being more thirsty than usual
- Passing more urine
- Feeling tired and lethargic

- Always feeling hungry
- Having cuts that heal slowly
- Itching, skin infections
- Urinary tract or fungal infections
- Blurred vision
- Unexplained weight loss (type 1 or type 2 diabetes)
- Gradually putting on weight (type 2 diabetes)
- Mood swings
- Headaches
- Feeling dizzy
- Leg cramps



Diabetes is serious

Diabetes can be managed well but the potential complications are the same for type 1 and type 2 diabetes. Early diagnosis and optimal self-management and treatment have been shown to reduce the risk of diabetes-related complications.

We know diabetes:

- Is the leading cause of blindness in working age adults.
- Is a leading cause of kidney failure and dialysis.
- Increases the risk of heart attacks and stroke by up to four times.
- Is a major cause of limb amputations.
- Affects mental health as well as physical health. Depression, anxiety and distress occur in more than 30% of all people with diabetes.

Facts about diabetes in Australia

- More than 300 Australians develop diabetes every day. That's one person every five minutes
- Almost 1.9 million Australians have diabetes. This includes all types of diagnosed diabetes (almost 1.5 million known and registered) as well as silent, undiagnosed type 2 diabetes (up to 500,000 estimated)
- Almost 120,000 Australians have developed diabetes in the past year
- For every person diagnosed with diabetes there is usually a family member or carer who also 'lives with diabetes' every day in a support role. This means that an estimated 2.4 million Australians are affected by diabetes every day
- Total annual cost impact of diabetes in Australia estimated at \$17.6 billion (inflation adjusted)
- Diabetes is the seventh most common cause of death by disease in Australia
- Aboriginal and Torres Strait Islander Australians are three times more likely to develop type 2 diabetes than non-Indigenous Australians, 4.3 times more likely to be hospitalised with type 2 diabetes, and four times as likely to die from it
- Around 1.3 million people are hospitalised with diabetes-related conditions every year



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The coffee was cold

I let my hand unclench the old tin cup favoured by Dad since I don't know when. A small dint in the side; he told us kids that he used to bang his head with the cup when he needed to knock some sense into it.



A quick look around the one room miner's cottage showed that he had not been around for a while. The blackberry creepers advancing on the walls of his refuge further evidence.

The cabin, built in the era of the great Victorian rushes, had the smell and feel of Dad, a man who kept things simple. The cabin had its own soul, it felt like it was accustomed to taking care of the itinerant: a soft blanket of dust, lacy curtained spider webs draped between the cup and the waxy overflow of a candle glued to the little table that took pride of place. Dad's bed was more a bundle of rags and newspapers atop a rickety wooden frame, laying for its own rest upon old wooden floorboards that were peeled in parts.

The cabin could have easily been a canvas for my Dad. The cabin and the man; reminders of a different age and different perspectives of how to live, to survive happily enough on the basics. We were a happy family, three boys and Mum and Dad.

When Mum passed, then older, my siblings and I ventured to the city for work, while Dad stayed to pursue his dream of finding a vein of gold that he was certain passed through these hills.

He bet his geology degree on it, he always said, when we went out with him to fossick. Eighty five years of age and he still travails these hills and valleys searching for the golden elixir to satisfy his dream and to help soothe his loss of Agnes. With the earth, the elements and strong coffee for company, very strong coffee! We all loved him and understood.

We never considered he had deserted us, it was his time and his space. He always left little reminders of his love and connection with us. Before he took his leave of us, he would take us to some of the little shacks that he used to frequent. He would always leave a half emptied coffee cup when we left. I asked him once why he did that. He just smiled and winked at me.

Reflecting as I held the little cup, not cold now warm in my hands, I understood the reason. Whenever I have a coffee, I leave a little behind in the cup. It's one of many small ways that I think of Dad of how he wanted to be remembered.

"It's the little things, mate," he had told me one day while we were sluicing a crevice in the Ovens River near Bright. You're right Dad I was thinking, as I returned up the narrow brush covered, baked clay path that led me back to my car waiting up the hill. I think of him a lot now, especially whenever I have a coffee, a strong coffee of course.

And I always leave a little behind. I suspect that my children will catch on like I did with my Dad.

- Warren Duncan 2024

LETTER TO THE EDITOR

As many residents now know, Kingswood is owned by a new Developer. They plan to prepare blocks of land for sale, rather than house and land packages. They have a history of making better estates than most developers.

But it's difficult to see how they can provide any benefit for Dingley Village, considering (a) they paid way too much - \$220 million, (b) need to provide extended dams (which we claim will not keep Dingley Village flood-free) (c) both the developer and the State Government still state there will be 800 units and traffic plus 40 other problems are still an issue.

We will have talks with the developer again soon, but not with any expectation of meeting your interests.

If the State Government followed their own rules, this would not be permitted. So, the State Government is entirely to blame for overdevelopment on our 'Central Park'.

Kevin Poulter, President
Save Kingswood Group incorporated.
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Dry Eye Treatments: Beyond Eye Drops

For many years, artificial tear lubricant eye drops were the first line of treatment when it came to dry eye, no matter the type or severity.

As more becomes known about the mechanisms driving dry eyes (especially those related to meibomian gland dysfunction), several new treatment techniques have been developed to be performed both at home and in a clinical setting to better manage and prevent the symptoms and signs of dry eyes.

At-home treatments for meibomian gland dysfunction (MGD) include warm compresses to liquefy gland secretions and lid hygiene with gentle cleansers to reduce inflammation, with eyelid massages recommended following warm compresses help express the meibum.

These combined methods can enhance meibomian gland function and provide significant relief, but consulting an eye care professional before starting any new treatment is recommended.

The future of treating dry eye in clinical settings is poised for significant advancements, driven by innovative technologies and a deeper understanding of the condition's underlying causes. Emerging therapies are focused on addressing the multifactorial nature of dry eye, which encompasses tear film instability, inflammation, and meibomian gland dysfunction. Dry eye treatments like Intense Pulsed Light (IPL), Blephasteam, and low light therapy masks target different aspects of dry eye disease, particularly focusing on the meibomian glands and overall ocular surface health.

Intense Pulsed Light (IPL)

IPL therapy uses broad-spectrum light to treat the underlying causes of dry eye, particularly meibomian gland dysfunction (MGD). The treatment involves applying pulses of light to the skin around the eyes. This light energy:

- **Reduces Inflammation:** It reduces inflammation by targeting blood vessels that contribute to ocular surface inflammation.
- **Melts Meibum:** The heat from the light helps to liquefy the meibum (oil) in the meibomian glands, facilitating better secretion and improving the tear film's stability.
- **Kills Bacteria and Demodex Mites:** IPL has antimicrobial effects, reducing bacteria and Demodex mites that can contribute to inflammation and meibomian gland dysfunction.

Blephasteam

Blephasteam is a device that provides controlled moist heat therapy to the eyelids. It is designed to:

- **Soften Meibum:** The moist heat helps to soften the meibum in the meibomian glands, making it easier to express and improving gland function.
- **Hydrate and Cleanse:** The steam helps to hydrate the ocular surface and cleanse the eyelids, reducing symptoms of dry eye and blepharitis.
- **Reduce Inflammation:** By improving gland function and reducing stagnation of meibum, it helps to reduce inflammation and discomfort associated with dry eye.

Low Light Therapy Masks

Low light therapy masks, also known as low-level light therapy (LLLT) masks, use specific wavelengths of light (often in the red or near-infrared spectrum) to:

- **Stimulate Cellular Activity:** The light stimulates cellular activity, promoting healing and reducing inflammation in the meibomian glands and ocular surface.
- **Improve Meibomian Gland Function:** The therapy can enhance the function of meibomian glands, helping to normalise oil production and improve tear film stability.
- **Increase Circulation:** The light therapy increases blood flow to the eyelids and ocular surface, which aids in reducing inflammation and promoting healing.

These treatments, while diverse in their mechanisms, all aim to address the multifaceted issues of dry eye disease by improving gland function, reducing inflammation, and enhancing overall ocular surface health. At Dingley Eye Centre, we pride ourselves on our knowledge and desire to stay up to date with the latest research to better look after your eyes and preserve your vision.

We are passionate about your sight and the health of your family's eyes. Call us to make an appointment, book online on our website www.insightfuleyecare.com.au or come down for a chat with us about how you can better protect yourself against blue light and digital eye strain.

Dr Mark Glogowski, Dr Georgia Maloney, Darran Yeow and the team @ Dingley Eye Centre - Insightful Eye Care™
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SENIORS SUPPORT SERVICES



Dignified and Respectful Decisions

A new free resource for Victorian Seniors and their families.

Palliative Care Victoria recently launched the Dignified and Respectful Decisions project – a new set of resources filled with information and support for families and substitute decision-makers who are caring for a loved one who can no longer make decisions for themselves. The information is designed to help prepare family carers for the different types of decisions they may need to make on behalf of their loved one without decision-making capacity. It provides guidance on developing a sound understanding of what your family member would want for ongoing care and at end-of-life, particularly when no advance care plan or advance care directive is in place. The resource also includes tips on how to care for your own wellbeing during a time that can be both difficult and unpredictable.

Please visit the website pallcarevic.asn.au/dard and meet Nola and Marlene – two family members with lived experience of caring for a family member who can no longer make decisions for themselves. You can also view a range of animations that bring to life some of the decisions and challenges that you may face as carer for your family member in care.

We also have printed resources that you can download from the website, or you can request a free resource pack by emailing dard@pallcarevic.asn.au or call **9662 9644**.

COTA Care Finder Program

COTA Victoria's Care Finder Program helps the most vulnerable older people who would not be able to arrange aged care services without intensive support, and who do not have a carer or support person who can help. COTA Victoria's Care Finder assists those residing within the City of Kingston.

Services are free, providing you with personalised, independent information and guidance so that you can access the right aged care services for you. COTA Care Finder can help with:

- Support to register with My Aged Care.
- Attendance and further support at your assessment.
- Finding, shortlisting, and linking to aged care providers in your area.
- Completing forms and the explanation of aged care service agreements.
- Checking in with you once services are up and running.
- Solving other challenges and connecting you to other supports in the community, such as health, mental health, housing and homelessness, drug and alcohol services and community groups.

Referrals can be made on someone else's behalf, providing they've given consent to contact COTA. For enquiries, or to make a referral to COTA Care Finder team, visit tinyurl.com/cotavic-care-finder call **1300 135 090** or email carefinder@cotavic.org.au.

Aged Care Reform updates

In February 2024 the Department of Health and Aged Care published the 'Changes to Aged Care in Australia' booklet on their website.

The booklet outlines reforms to improve the quality and accessibility of aged care services for older people. Very interesting reading for those who want to learn more about the aged care reform, including the following topics:

- Accessing Aged Care – Getting Started with Aged Care
- Shifting to person – centred care
- Easier assessment system
- Updates on new Aged Care Act
- Improving in-home aged care
- Improving residential aged care
- And more

A copy of the booklet can be downloaded from health.gov.au/resources/publications/changes-to-aged-care?language=en Information about the new Support at Home program can be found at health.gov.au/our-work/support-at-home

If you don't have a computer or a family member who can assist with accessing this information, please visit your local library and ask the librarian for assistance.




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WHERE THERES A WILL THERES A WAY

What happens if you die without a will?

THE CONVERSATION

Prue Vines
Professor, Law Faculty, UNSW Sydney
Published: July 13, 2022 1.21pm AEST

Here's what happens if you die without a will in Australia – and why you should make one if you haven't already.

The law of intestacy

If you don't leave a will, then the law of intestacy will apply. Each state and territory in Australia has rules for intestacy. These set out who is to inherit, and in what shares, when the deceased hasn't made a will. The rules are based on Western ideas of kinship, derived from English law. They focus on the nuclear family as it descends over time.

Although rules differ in each state, there's a pattern that puts the spouse first (married, registered partner, de facto, same sex, heterosexual). The spouse gets a significant part – sometimes all – of the estate.

If there's anything left after the spouse takes their share, then the children, and grandchildren, and so on share the remainder. If there's no spouse and no children or grandchildren, then the estate may go to parents, then aunts, uncles and cousins. Some states extend this a little, but if none of these relatives survives, the estate goes to the government.

If you make a will, you can decide not only who will take particular parts of your estate, but also who is your "executor" – the person tasked with carrying out your wishes.

You can explain your wishes and trust they will carry them out after they have been granted "probate". Probate gives them the right to deal with your body and property. If you die intestate you get no choices – a court will decide who should administer your estate, and appoint someone (the administrator) to do that. This might be the Public Trustee or anyone the court thinks suitable.

The executor or administrator is supposed to pay debts, gather assets, do the last tax return for the deceased and manage the property until it's clear who will benefit, and then distribute to the beneficiaries.

People making a will

Making a will gives you choices and control over what happens to your money and assets when you die.

Who's in the family?

In intestacy it's assumed you think about your family in the same way the legal system does. Intestacy may work very well where property held isn't very complex, and for people whose idea of family matches the law's view of family. But many people in Australia do not, including some immigrants whose ideas of family may be more extended, and many Aboriginal and Torres Strait Islander people whose ideas of family connections may be very different.

Where kinship ideas don't match, intestacy can be problematic. For example, in many Aboriginal groups, children regard their aunt or uncle as "mother" or "father". Aunts and uncles often have obligations to help take care of their siblings' children, who they think of as their own children, according to my research into culturally appropriate will making. But the intestacy scheme will ignore this. This can create ill-feeling and confusion.

This is why in the Northern Territory, New South Wales and Tasmania it's possible to use customary law for Aboriginal and Torres Strait Islander people who die without a will.

You lose choice without a will

For the rare people whose property consists only of a house held in joint tenancy, a joint bank account and superannuation, you may not need a will because property will pass to the other owner by the mere fact of living longer.

But anyone with more complex property than this needs a will. Intestacy has no room for individual differences. For example, without a will you cannot set up a special trust for a child who has an intellectual disability, or donate to a charity, or pick out the particular people you wish to get particular things.

Death creates grief and sometimes grief overwhelms good sense and creates greed leading to disputes. Intestacy is a safety net, but where there has been no planning in the form of a will there may be greater grief and confusion because people do not know what to do.

The advantages of a will include that it can smooth the changeover of property from one person to another, and allows the individual to have their own wishes respected.

Disclosure Statement

Prue Vines received funding from the NSW Trustee and Guardian for research contributing to this article. This article was originally published on The Conversation and is republished in the Dingley Dossier under Creative Commons licence.

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Keep up to date with the latest news from Dingley Village Shopping Centre!



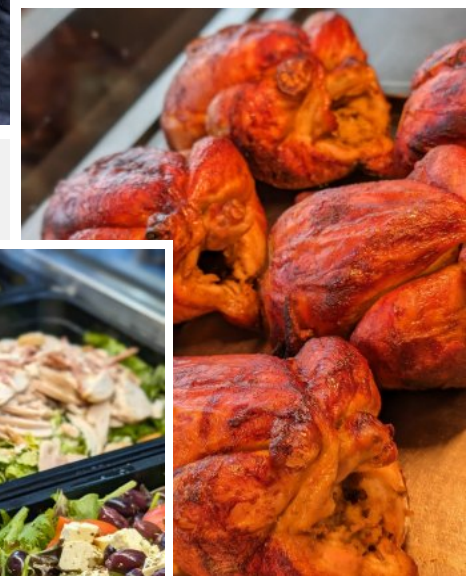
We stopped in to see Girish from Dingley Charcoal Chicken in this locally-loved, little takeaway shop in Dingley Village.

Girish, a hard-working father of two, filled-us in about his last 4 years or so at Dingley Village Shopping Centre.

Serving up to what he says is a very nice group of; local, regular customers, Girish admitted; he might not always remember names, but faces he knows.

Among local's favourites from the menu, there's classic charcoal chickens, lamb souvlakis with lots of sauce, and quality chips with just the right amount of chicken salt.

Always up for a chat, Girish mentioned that getting to know locals has also lead to a lot of catering jobs, where they're able to feed big-groups for good-value, at events and family get-togethers in the community.



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MONEY MINDSET

Welcome to the first edition of Money Mindset prepared by the Financial Advisory Team at Highview Accounting & Financial.

Our aim each month is to deliver insightful content covering a range of topics including Retirement Planning, Estate Planning, Investing and Wealth Creation, Aged Care Planning and Centrelink Strategies. In this debut edition, Richard Vaughan, our Senior Financial Adviser, has chosen to focus on Retirement Planning. We look forward to delving into additional strategies you may wish to consider in our upcoming editions – so stay tuned each month!

Retirement Planning

Investments

Let's get the elephant in the room out the way – and quickly refer to investments in retirement planning. Although investments are an important aspect to retirement, they are just the 'fuel' that drives effective strategies, rather than being the most important part of planning for your retirement. Now, moving on.

On the Road To Retirement

Think about retirement as a journey, but more specifically – a thoughtfully planned out, long scenic car journey with many activities or events (even beautiful views!) to be enjoyed along the way.

It is essential that all necessary preparations have been made, just like making sure your car is in optimal condition before setting off on a long road trip. Keep in mind that this journey may span over a period of 20 to 30 years, during which there may be changing conditions that you should be prepared for. It is also vital that you identify what your roadmap is going to look like. Will your vehicle last the timespan? What 'servicing' will your vehicle need throughout the journey? And ultimately, where do you want to go, what do you want to see, and what kind of money will you need to get there?

Firstly, you will need to make sure that your tank is full of 'fuel' (investments). However, the type of fuel you use, whether it be it Ethanol based, Regular, Premium or even High Octane may be irrelevant if you don't have the right equipment (financial goals and strategies). You want good suspension to navigate rough terrains, quality tyres to handle sharp turns safely, a reliable GPS for efficient navigation, functional brakes and airbags for unexpected situations, and routine maintenance for optimal performance... I think you get my drift.

Of course, everyone's journey and financial position is going to be different. Some people may enjoy and have the ability to travel in luxury – complete with leather seats and the sunroof down. While others may prefer a simpler journey, with a ride to just take them from Point A to Point B.

The best way to plan your retirement journey is to get the set up right first, build the navigation plan, know where you want to get to, and be prepared to alter the plan if things change. Ok, enough with the analogies...

As Advisers, it is important for us to assist our clients in developing a comprehensive retirement plan tailored to their individual needs and goals. Each client has unique financial circumstances, retirement aspirations, and considerations for their legacy. It is our responsibility to recognise and address these differences, as there is no one-size-fits-all approach to retirement planning.

Over the next few editions, we will be looking to share an insight on some of the strategies that we employ to help our clients live their best lives in retirement including, but not limited to: Superannuation Balance Maximisation, Tax Planning, Transition to Retirement, Investing for Retirement, Centrelink Maximisation Strategies, Estate Planning and critically, the importance and value of Ongoing Financial Advice.

Plus, oh so much more! The Dingley Dossier is your publication, so we want to ensure that the information we provide is relevant to YOU. We encourage our readers to write to us via email with any specific queries or suggestions for future content, and we will gladly respond. You can email us at financialplanning@highview.com.au - Safe Driving Everyone!

Richard.

Article written by Richard Vaughan, Senior Financial Adviser at Highview Accounting & Financial. Richard has written his article for general information purposes only and it does not constitute personal advice. This information has been prepared without considering any individual's objectives, financial situation or needs. You should not act solely on the basis of material contained in this article. We recommend that formal advice is sought which considers all your individual objectives and needs.

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Dingley Football Netball Club



Our 2024 football and netball seasons remain well and truly on track at the half way mark.

As I write this report, the Senior footballers have just suffered their second loss for the year at St Pauls McKinnon in Round Nine which allowed them to [temporarily] displace us in second place behind the unbeaten Cheltenham, who we meet for a rematch of Round One at 'The Den' on June 22nd.

That game promises to be a classic, as do the 2024 finals series when September rolls around. In older Senior's football results, in Round Six we overcame a slow start against Bentlyigh to eventually run out winners by 86 points, with Full Forward Trent Dennis-Lane kicking nine goals.

The trip to Port Melbourne Colts is never an easy task and although again being challenged early, the boys came away with another 80 point victory. Bulldog onballer Kai Stretton, on release from VFL duties was equal to the Port Colts aggression, Caleb Lewis, also available, free from his commitments with VFL side Casey, bagged five and Dennis-Lane chimed in with another bag of seven.

It was a strong courageous win, full of spirit and commitment. This was followed by a complete demolition of a struggling Mordialloc at home in Round Eight. The result on this occasion was an emphatic nineteen goal win. Young Mitchell Cook led the

way, along with some old stagers in Lucas [Noodles] Walmsley, who could be on the way to his third league best and fairest award, and his best mate, skipper Jackson Peet, also having a stellar season. The club's spread of exciting youth like Mitch Cook, Jake Johnson, Jack Lalor, Jordan Letts and others, under the guidance of these great team leaders is the club's greatest strength.

Sam Williams' Reserves remain unbeaten, having taken all before them and they are red hot favourites for the flag. The Under 19s are still well in the mix with plenty of talent on display and the Thirds continue to battle through their spate of injuries which has prevented them from any success at this stage.

Despite our success over the last decade or two, it took thirty five years for Dingley to win its first Senior Premiership. In 1994, the Dingoes defeated Cranbourne by twenty four points in the last Grand Final in the SWGFL.

Now after a lazy thirty year gap, that 90's group of plyers are bringing their grey and receding hair and expanding waistlines to a re-union at this year's home clash against Cranbourne at the Den on July 13th.

If you were involved at the club, in any capacity in the nineties, please put aside that date and come and celebrate that epic win. It will be a day to remember.

"The Hunt is On."



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Who Goes to a Men's Shed and Why?

Our shed, the Dingley Village Men's Shed (DVMS), has been up and running now for 11 years. We have grown from a handful of hopeful originals to a very active membership of just over 200.

During those 11 years we have:

1. Renovated two derelict sheds evicting possums and other rodents to make those sheds habitable.
2. Extended both sheds to circa double their original size.
3. Built a wonderful Golf Putting surface between the two sheds over what was a very ordinary drain. This facility alone now attracts many members each Friday morning to 'have a go'.
4. Obtained exclusive use of the Rosella Car Park, especially for our big weekly meetings on a Friday morning when we regularly have 80 - 100 members enjoying our facilities along with the company of other likeminded members. Many of these guys did not know each other before they joined our shed, but now they are regular attendees.
5. We have more than 17 Special Interest Groups each of which has a knowledgeable member(s) to assist any new member wishing to join that group. A list of these groups, leaders, contact details and times each group meets during the week is on the notice board in the Amenities Shed.
6. We have a regular and well-respected Monthly Newsletter available to every member, so if for any reason a member is away, they can be brought right up to date with happenings at our shed.
7. Although we are a MEN'S Shed, we encourage participation of our partners in a number of events during each year.
8. Our extensive workshop enables our shed members to be actively involved in their own projects but also our local Dingley community. We do this by supporting local Kindergartens, Farmers Markets, Make A Difference, Salvation Army etc. Our members also assist our landlord ParksVic with many elements of park management relating to both Braeside and Karkarook Parks.
9. In recognition of our service to our community we were acknowledged by the Bendigo Bank with their Citizen of the Year Award for 2023. First time in 20 years a group rather than an individual has been recognised with this award.
10. We recently obtained a very generous grant from the local Bendigo Bank to completely renovate our kitchen in the Amenities shed.

All this has been achieved without the expense of any full-time paid employees - we are totally voluntary in all that we do. So, if this is what we have achieved as a cohesive group let's look at our individual members: We have 200+ members, many nationalities with varying skills, interests, knowledge & experience. Something you may not know is that of our 200+ members the average age is 76yrs ranging from 36 to 98.

The majority of members were born between 1939 and 1949 with this group representing 1 in every 3 current members.

Our foundation members total 42 or 21% of all current members. That is an astounding 1 in every 5 members with 5 of those 42 foundation members currently active on our management committee.

Not a bad effort after 11 years of extraordinary and consistent growth.

Summary	Total Members	Ave Age -76 years	Age Range	Comments
Members born in same year	14	1947	as young as 36	What a great place to be enjoying the company of your mates and doing things you love or maybe that you might never have thought you would do
Members born between 1939 and 1949 represent	13	1945	to as mature as 98 years	
30% of all members. This is circa 1 in 3 or 60 members	12	1949		
	11	1939		

Our foundation members total 42 or 21% of all current members. That is an astounding 1 in every 5 members with 5 of those 42 foundation members currently active on our management committee.

Not a bad effort after 11 years of extraordinary and consistent growth. Everyone has something valuable to offer, large or small - What will YOU offer the DVMS??

Men's Health Week '24 - A Pollie and a Physiologist

It's not often that we have a pollie visit us at the DVMS but that is just what happened on Friday June 14th. Our local (ISAACS) Federal Member is not any old pollie, he is in fact the current Attorney General Mark Dreyfus MP.

It was the Friday of Men's Health Week which was another reason for Mark to visit. I think what surprised members, was that Mark is a local, regular kind of guy who was happy to field questions following his brief address.



Whilst our shed is 'apolitical', i.e. not especially aligned to any political party, it was refreshing to see the 'down to earth' approach of a polly at the top of his game. As our local member Mark has been very helpful with several issues we have faced recently. This was recognised and appreciated by all.

This meeting was especially busy because we also had Travis Pickles, a Physiologist from Link Health, Clayton to talk to us about a variety of aspects which we need to consider as part of maturing and maintaining optimum health. Travis suggested that we need to take positive action ALL year round not just for one week. Contact details for both visitors and specific health matters were left for members to collect.

22 Years Young and over \$6 million Dollars later

One of our longtime major sponsors has just celebrated its 22nd Birthday.



The Dingley Village Bendigo Community Bank has not only assisted our Dingley Village Men's Shed (DVMS) to achieve above and beyond our wildest dreams but many other organisations in the Dingley area have enjoyed similar support. Local sporting clubs, community organisations such as the Dingley Village Neighbourhood Centre (DVNC) and ourselves are better off today than they were 22 years ago before we had our own Bendigo Bank.

The monthly Dingley Village Farmers Market, under the auspices of the DVNC, is just another example of the practical ways in which our whole community has benefitted by having a Community Bank. Under their charter a significant percentage of the profits made from providing a competitive and valuable service to the community is required to be returned to the community.

During the past 22 years over six million dollars (\$6,000,000) have been returned to our community by way of sponsorships and grants. The benefits are there for all to see when folk from surrounding suburbs come to Dingley to participate in the Farmers Markets and a similar variety of activities which, were it not for the sponsorship/grants received, might not exist.

Now-a-days it seems that everyone is out for themselves, but our Community Bank is ready and willing to give back in a way which benefits as many locals as possible. Aren't we fortunate to have a local business which not only services local needs but is prepared to share their success with those who contributed to it!!

Many of our members supported the fund (became shareholders) which established our own bank 22 years ago and now we are amongst those sharing in the success of our forethought. Current Chair Darren Bodey officiated at a gathering of shareholders, customers and local organisations at the Dingley branch of the Bendigo Community Bank to celebrate and recognise this mutually beneficial achievement. Our DVMS was also well represented.

Our Men's Shed received the bank's 2023 Citizen of the Year Award in recognition of our 'ser-vice to the Dingley community'. This was the very first time in 20 years that a group rather than an individual has received this award.

Geoff Hergt
President DV Men's Shed



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CIRCLING THE CLUBS



Country Women's Association Dingley Village



"All women, all ages, all places. grow, connect, improve."

The Country Women's Association is for all women, all ages and from all places in the country and the city. CWA Victoria was formed in 1928 and today has approximately 5,000 members. We are a vibrant, volunteer philanthropic organisation of women with a focus on friendship, supporting women, children and families right across Victoria and we'd love you to join us. We encourage members to support each other, make a difference in their communities.

We cook, we craft (these are not a necessity) and we advocate for change, while always remaining relevant. Learn and share new skills. Make new friends, become part of the community. Our volunteering is to assist those most vulnerable and in need.

Our Dingley Village branch is looking for new members. Our meetings are held on the 4th Wednesday of each month from 10am till approximately 11.30am, which we follow up with a cuppa and a shared light lunch. If you would like to come along and join us one Wednesday, to see if our group is a good fit for you or if you would like more details about CWA or the Dingley Group, please call Sue on 0434 879 875.

Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 11th of July and the August one is on the 8th. Starting time is 7.00 PM and meals and snacks are available if you want to make a night of it. Of course, you have the usual wide choice of beverages being dispensed for your indulgence.

Our regular dinner is held on the last Saturday of the month and the July one will be on the 27th. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board.

We are more than happy to welcome new members (especially males) to the Group. Enquiries can be made to Graeme on 9551 3462.

PS - Winter solstice has passed, and it is going to get warmer?



Probus Club Dingley Central



Are you retired or only working part time? Do you want to make new friends, enjoy outings and activities with other like-minded people? If so Probus membership might be of interest to you.

Our day tour was to the Shrine of Remembrance and on arrival members were able to wander and investigate at their own pace. After lunch we were given a guided tour of the various displays featured, an added highlight was meeting London based artist, Ian Aldermen who created the "Recovering The Past" photographic exhibition.

At our June meeting the guest speaker was motivational speaker Winston Marsh. His easy to listen style and humorous presentation had our immediate attention, encouraging us to face each day positively, and to set goals and achieve them. His topic "Lies Your Mother Told You", Winston took us on a trip down memory lane, with classic sayings we were told by our parents when growing up. For example, eat your crusts and your hair will grow curly, if the wind changes your face will stay like that. What a different world we lived in then.

Activities offered for July: Happy Hour, Legs and Morning Coffee, iPad Group, Wine Tasting, Camera Club, Morning Melodies, Day Trip, Men's Lunch, PAV Friendship Day, Craft Group and Games Day.

Our meetings are held on the 1st Monday of the month, at The Salvation Army Kingston Centre, 13/12-16 Garden Boulevard, Dingley Village. New members are always welcome. For further information please contact Jean on 0438 272 232.

Dingley Village Senior Citizens Club Incorporated

Our arrangements for the month of July are as follows:

- **Monday the 1st** – Games, Cards, Rummikub and Scrabble plus our new Dominoes game, to be followed by afternoon tea.
- **Monday the 8th** – Bingo (commences at 1:00 p.m.) to be followed by afternoon tea.
- **Monday the 15th** – Games, followed by afternoon tea.
- **Wednesday the 17th** – Bus trip including lunch – departs at 9:30 a.m., destination to be advised.
- **Monday the 22nd** – Bingo, to be followed by afternoon tea, and
- **Monday the 29th** – A trivia and lunch day commencing at 12:30 p.m.

We are more than happy to welcome new Members to our friendly Group. Our afternoon activities are held in the Harold Box Hall at 1:00 p.m. For more information regarding our Club, contact our President, Margaret, on 9580 4321 or our Vice President, Joan, on 0421 736 795.

Dingley Village Historical Society

We are open Monday Tuesday and Thursday, 10am-12noon. During the Dingley Village

Farmers Market on the third Saturday of the month 10am -12noon. We can open other days if requested. We are at 31A Marcus Rd, near the library. Phone number 9551 4374 or email at enquiries@dvhs.com.au.

Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities
Monday	9:00am - 1:00 pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance
Tuesday	9:00am - 12:00 pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography
Wednesday	9:00am - 12:00 pm	Bike Riding Group & Music Group
Thursday	9:00am - 12:00 pm 1:00 pm - 3:00 pm	A' Team workgroup Pool / Snooker
Friday	9:00am - 1:00pm	Members Muster This is our main day!

Every Friday Morning (except holidays as designated). come along, enjoy a cuppa, a chat & meet with your fellow shedders. We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp. Other Activities from time to time include Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's. plus, the occasional outing to places of interest.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road.

Ph. 9551 5892, E-mail: info@dvms.org.au
www.dvms.org.au

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Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne - 9551 3770 / 0488 004 809. dingleylions@gmail.com

Rotary Club Noble Park – Dingley



Active Rotarians – making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings. VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education. Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or 0419 309 931. Meeting: Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.

Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm. \$17 for members, \$20 non-members. New members welcome. All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo.

The first Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna 0421 045 648.

Braeside Park Walking Group

We need more walkers. Friendly mixed group meets Tuesday and Friday at the Visitors Centre Carpark. Arrive 9.20am for a 9.30 start to Circuit 5 km or shorter. Stay around for a chat afterwards, no booking just come along.

Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at the Rowley Allan Reserve 352 Cheltenham Road Keysborough and the following activities are available for members and visitors:

Tuesdays – Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 per book.

Concerts with professional entertainers are on the 3rd and 5th Tuesday of the month 1pm to 3pm. \$3.00 entry.

Wednesdays – Line Dancing 1pm to 3pm - \$3.00 entry.

Thursdays – Ballroom dancing lessons 12.30 to 1.00pm and Ballroom dancing from 1.00pm to 3.00pm. Entry \$3.00. Tea and coffee are supplied for all activities.

Entertainment schedules: 16 July - Col Perkins, 30 July - Lone Star, 20 Aug - Brendon Scott.

AGM – 20 August at 11.00 am followed by a light lunch then entertainment.

Club membership for F/Y 24/25 will be \$10.00. Contact is Julie on 0428 561 694.

Club membership for F/Y 24/25 will be \$10.00. Contact is Julie on 0428 561 694.

Spring Park YWCA Golf Club

A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's Spring Park Golf Course.

Cup of tea & biscuit is shared after the round.

We play 9 holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways. Further information: Jillian Sanders 0419 501 365 (Captain), Julie Westcott 0438 269 622. (President), Jan Boyes 0497 096 377 (Secretary)



Kingston Communicators Toastmasters Club

Gain valuable skills in Effective Communication & Leadership at all our meetings.

Join us at a club meeting as a guest! We meet each 2nd, 4th and 5th Wednesday of the month from 7:15 pm for a 7:30pm start at Mentone Activity Hub, 29 Venice Street, Mentone, VIC, 3194

For details or more information call 0432 676 952 or visit us at <https://kingston.toastmastersclubs.org/>

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Kingston City Church



Our Vision: Connecting People To Jesus Christ

Our Mission: Reach, Restore, Relate, Resource And Release.

Ph: **8551 6600**, Fax: **8551 6690**.

Web: www.kcc.crm.org.au

Email: admin@crm.org.au

Sunday Services: 10am Service has Children's Ministry.

Emergency Resources - Food Relief Program

Emergency Resources, a food relief agency of Kingston City Church, assists struggling families in our local community. We currently support over 180 families through our distribution center at Christ Church Dingley. Our program operates almost every Wednesday, providing food parcels, fresh produce, and bread.

Pastor Joy Hansen started the program in May 1994 with the goal of helping people in financial hardship. It began with just two volunteers and six families. Today, we have a dedicated team of over 30 volunteers.

Funded by Kingston City Church, with the help of grants, support from local businesses, and a venue at Christ Church Dingley, the team at Emergency Resources feel blessed they can make a difference.

Christmas Sponsors

Breeze Logistics, Bunnings South Oakleigh, Lions Club Lysterfield, Sues Bible Study, The Owen Family, Parkdale Secondary College, 3Fold Resources, Pinchapoo, Share the Dignity, DJM, Christway College.

Program Sponsors

The Onebox, Bakers Delight Southland, Charles Bakehouse Aspendale Gardens, Woolworths Waverley Gardens, McDonalds Braeside & Heatherton, FareShare, Kingston City Council - Grants, Bendigo Bank - Grant.

Details:

- Open every Wednesday (except school holidays) from 10am - 2pm
- Location: 387-405 Old Dandenong Rd, Dingley Village VIC 3172
- Contact: **03 8551 6610**
- er@crm.org.au

Heatherton-Dingley Uniting Church



Cnr. Kingston and Old Dandenong Roads, Heatherton

Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone **0431 244 561**.
www.heathertondingleyua.org.au

Our Vision and our Mission

To seek to connect people to God and each other. Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life.

What's On

Wednesdays - Prayer meeting at the church, 9.00 - 9.30 a.m. If you have a concern that you would like prayed about ring **0401 392 772**.

Know Your Bible 9.30 - 11.00 a.m.

An interdenominational study of the Bible for women.

Second And Fourth Thursdays Of The Month

Unleash the Music in You - 7.30 p.m. at the Church. For further information contact Bob Lorraine on **0418 998 714**.

First Friday Of Each Month

Indoor Carpet Bowls - 2.00 p.m. in the Church Hall followed by a cuppa.

Third Saturday On Odd Months Of The Year.

Bark And Chat - This is an informal group of dog lovers who bring their dogs along for a chat and short information session on different topics relating to dogs, followed by morning tea. For further information contact Margaret on **0401 392 772**

Third Saturdays On Even Months Of The Year.

A special service for dog owners and lovers to which you can bring your dog. For further information contact Rev Deacon Andrea Mayes on **0408 65 939**.

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Address: 7-9 Fiveways Blvd Keysborough 3173

Pastor: Rodney Hole

Elders: Andrew Weston & Malcolm Crouch

Church Office: **8712 8254**

or admin@villagechurch.org.au

Visit our website:

www.villagechurch.org.au

Village Church has been in the Dingley and Keysborough areas since the 1930's and exists for the purpose of the advancement of the Kingdom of God as we seek to obey our Lord's command to go out and make disciples of all people. Village Church offers the following ministries to 'Inspire People to Discover and Develop Life in Christ'.

Sunday Morning 10am Worship Service

In person or can watch livestream on our webpage.

The church service includes:

- Bible teaching through expository preaching.
- Pastor Rodney Hole is currently preaching through the book of Hebrews.
- Communion is held once a month for those who know Jesus Christ as their personal Saviour and Lord.
- Kids Church - Younger Primary (4-8 years old) and Older Primary (9-12 years old).
- Little Blessings - Preschool Program (0 - 4 years old)
- Tea and coffee are served after the service.

Special Event

Women's Conference Bookings

"Emotions - a Biblical View" Friday 5th & Saturday 6th July. Guest speakers from Grace Redeemer's Church in San Diego, USA. Bookings have opened on TryBooking which can be accessed through the Village Church website. Tickets must be purchased online only. Limited seating.

Life Groups

Meets for Bible study and fellowship in various suburbs on a fortnightly basis in Springvale, Narre Warren, Pakenham, and Lyndhurst areas.

Ladies Bible Study

Meets regularly to work through an entire book of the Bible, alternating between the Old Testament and the New Testament. Previously studied are the books of Ruth, Philippians, Genesis and James. In 2024, there will be a video teaching series on "War of Words" by Paul Tripp based on his book.

Men of Faith

Meets once a month at Village Church on a Sunday evening for a BBQ and men's Bible study.

Village Church Youth Group (Years 7 –12)

Meets weekly on Friday nights from 7-9pm during the school term for Bible study and fellowship.

Street Ministry

Village Church partners with 'Bought with a Price Ministry' here in Melbourne. Every Wednesday and Friday from 5pm to 7pm, a team witnesses at either Dandenong, Noble Park, Glen Waverley, Ringwood, or Springvale areas.

Marriage and Family Support

At Village Church, our heart is to serve the surrounding community to support the growth of families. Families and marriages are under attack, and we are committed to helping you out in any way. We have many gifted and equipped members who would love to listen, encourage, and give sound advice to you. Please call the church office if you need help.

Christ Church - Anglican Church Dingley Village



Vision: "From within you shall flow rivers of living waters" John 7:38

Sunday Services

8:30 AM (Heritage Church) Holy Communion Service.
10:30 AM (Auditorium) Worship Service with Kids' Church.

Life Groups for Bible Study

For more information, please contact our office.

Youth Group Friday

Runs during School Term. Drop off 6:30 pm, pick up 9 pm (sign-in essential). Lots of fun and engaging activities for ages 11 to 17 years.

Please contact our office for details.

Pleasant Tuesday Service

2 pm, 2nd Tuesday Each Month. Traditional Holy Communion with favourite hymns in the Heritage Church followed by a social afternoon tea. Please contact our office for transport if needed.

Weekly Prayer Meetings

Wednesday 11am in the Prayer Rooms.
Saturday 8 AM in the Atrium. Healing, Deliverance & Prayer Ministry available upon request.

Roundabout Op Shop

Supports communities Locally, Nationally, and Internationally. Offering many bargains (good quality clothing, books, bric-a-brac, toys.

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Opening Hours:

Wednesday - 9.30am – 4:00 pm

Thursday - 9.30am – 1.30 pm

Saturday - 9.30am – 1.30 pm

Donations: We take clean useable items but cannot accept electrical goods, or baby/child equipment.

MMA Stall

MMA Stall runs quarterly.

Next Stall: Sun 1st Sept, Sun 1st Dec.

Supported Missions

CCD supports: Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

Food Parcels Available

For those in need, upon request.

Prayer Ministry

Please contact our parish office for details and bookings.

Senior Minister: Rev. Richard Loh

Parish Office: 03 9551 7871

Email: admin@ccd.org.au

Website: www.ccd.org.au

St. Mark's Catholic Church

511 Lower Dandenong Road, Dingley Village, 3172.

Phone: 9551 6930 or 9547 4877

Email: Springvale@cam.org.au

Website for further information:

ST JOSEPH SPRINGVALE | Catholic church

Parish Priest: Fr. Joseph Truong Nguyen

OFM Conv.

Mass Times

- Saturdays, 6pm
- Sundays, 9.30am
- Confession starts from 5.30 pm before Mass on Saturdays

The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village.

Office Phone: (03) 9558 2045

Facebook.com/KingstonCitySalvos

www.salvationarmy.org.au/kingstoncity/

Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington.

Hours of operation

10:00am – 4:00pm Monday to Friday or by appointment.

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating

faith pathways, building healthy communities, & working for justice.

Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief. Please phone 9558 2045, Wednesdays, Thursdays & Fridays 10am – 4pm to make an appointment.

Echo Church

ECHOCHURCH
heaven to earth

Vision: 'heaven to earth'

"Your Kingdom come, your will be done, on earth as it is in heaven."

- Matthew 6:10

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www.echochurch.org.au

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THE DINGLEY DOSSIER

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Publisher: Dingley Village Neighbourhood Centre Inc.
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Phone: 8512 0505
Email: dingleydossier@dvnc.com.au

Community items:
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Submission deadline:
4 pm 15th of each Month
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