

# THE DINGLEY DOSSIER

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[www.dvnc.com.au/dossier](http://www.dvnc.com.au/dossier)



## FOR OUR ELDERS

2-9 JULY 2023

**NAIDOC is celebrated by people from all walks of life, Indigenous and non-Indigenous. The week is an opportunity to participate in a range of culturally rich activities and to support and amplify the voices of Aboriginal and Torres Strait Islander communities.**

The National NAIDOC Committee has announced that the 2023 National NAIDOC Week theme is 'For Our Elders'.

Aboriginal and Torres Strait Islander Elders are a fundamental part of our communities. Our Elders are our wisdom keepers. They have witnessed the many changes, so dramatically incurred in their lifetime. They are the vital bridge between the modern world and Aboriginal culture.

They are the leaders of our communities. There is no time more urgent to sit down and listen to our Elders than now.

"The Elders are the ones that hold on to the culture and the lore, they are the most important aspect of healing our people. They have the enormous task of maintaining and passing on traditional knowledge, values and customary practices, while helping us find balance as we navigate between two very different worlds," National NAIDOC Committee Co-

## NAIDOC WEEK

Chair, Steven Satour said. "They have laid the foundations for us to be successful across multiple sectors like health, education, the arts, politics and everything in between. "The inspiration they spark in us as Anangu (Aboriginal) people allows us to dream of futures that are bigger, brighter and blacker and that's what we are celebrating this NAIDOC Week."

### Do you know what NAIDOC stands for?

On 26 January 1938, while many Australians celebrated the 150th anniversary of the landing of the First Fleet, a group of over 1000 Aboriginal people gathered at Australia Hall in Sydney to call for full citizenship status' and laws to improve the lives of First Nations people. As one of the first major civil rights gatherings in the world, this day became known as the Day of Mourning.



Since then, National NAIDOC Week has grown to become both a commemoration of the first Day of Mourning as well as a celebration of the history, culture and

excellence of First Nations people. National NAIDOC Week is observed annually from the first Sunday in July until the following Sunday. As awareness of the distinct cultural histories of Aboriginal and Torres Strait Islander peoples grew, NADOC was expanded to recognise Torres Strait Islander people and culture.

The committee then became known as the National Aborigines and Islanders Day Observance Committee (NAIDOC). The National NAIDOC Committee makes key decisions regarding national celebrations each year as stewards of National NAIDOC Week events on behalf of all First Nations people.

The NAIDOC Week 2023 theme will be 'For Our Elders'. The NAIDOC Week 2023 theme was chosen to reflect the important role that elders play in the lives of Indigenous Australians.

Information in this article was provided under Common Licence, by National Indigenous Australians Agency and NAIDOC Committee. You can find more information on the diverse history, cultures and heritage of Aboriginal and Torres Strait Islander Australia at [www.aiatsis.gov.au](http://www.aiatsis.gov.au).

The NAIDOC Committee respectfully acknowledges the now defunct and inaccurate term 'Aborigines', whilst retaining the term in our title due to historic use by our Elders in establishing.

## FARMERS' MARKET

SATURDAY 15<sup>TH</sup> JULY | 8:30AM - 1:00PM



*We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.*

# WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

## LIVING IN DINGLEY VILLAGE

### IMPORTANT NUMBERS

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**Emergency:** 000

**Police:** 131 444

**Crime Stoppers:**  
1800 333 000

**Lifeline:** 13 11 14

**Suicide Call Back Service:**  
1300 659 467

**SES:** 13 25 00

**Poisons Info:** 13 11 26

**Coronavirus Hotline**  
1800 675 398

**MensLine:**  
1300 789 978

**WIRE**  
(Women's Information  
and Referral Exchange):  
1300 134 130

**Safe Steps:**  
1800 015 188

**Nurse on Call:**  
1300 606 024

**Tip Smells & Dust:**  
EPA 1300 372 842

**Aircraft Noise:**  
1800 802 584

**Neighbourhood Centre:**  
8512 0505

**Community Association:**  
dvcasecretary@gmail.com

**Men's Shed:**  
9551 5892

**VicRoads Faults  
and Hazards:**  
13 11 70

**RSPCA:**  
9224 2222

### Justice of the Peace

Malcolm Gilbert: 0418 549 800  
Marion Harriden: 9551-1799  
Allan Harris: 0412 073 719

### Zumba Gold with Norma

Zumba Gold is a low- impact dance fitness class perfect for beginners of all ages and fitness levels. Thurs, 9.30am -10.30am in the Harold Box Hall, \$10.00 per class. No need to book just come along.

### Seniors Body and Balance with Norma

This class focusses on balance, ranges of motion and coordination. Thurs, 11am-12pm in the Harold Box Hall, \$10.00 per class No need to book just come along.

### Social Table Tennis with John

Catering to all skill levels both men & women. Come along and join this friendly group. Mon, 9am & Wed 12.30pm in the Harold Box Hall \$3.00 per session. New members Welcome. No need to book just come along.

### Writing for Pleasure

Beginners to Established. People write for many different reasons. Would you like to explore your creativity in a supportive group. Wed, 10am to 12pm in the Centre. Free drop-in group.

### Social Art group

Art group for those who would like to finish off a project while having a chat and a coffee in the evening. Every Tues evening 6.30pm-8.30pm in the 'Craft Room', near the Harold Box Hall. Free Class, no need to book.

### Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am -12pm in the Centre. Free Class, no need to book- Just come along.

### Tai Chi with James

Tai Chi helps increases flexibility and balance. Tues 9 - 11 am in the 'Harold Box Hall'. To book phone 0430 570 460.

### Chatty Café

The Chatty Café Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation and loneliness. Let's keep our community connected!

Wed 10am to 12pm in the 'Harold Box Hall in the Foyer'. Free, just some along.



### Safe Seats Safe Kids with Michael

We have free Child car restraint fittings and safety check done here at the Centre carpark. Thursday 10am-2pm. Bookings go to: [www.safeseatssafekids.com.au](http://www.safeseatssafekids.com.au)

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# COMMUNITY

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If your hard drive fails, your laptop, tablet or mobile phone is stolen, or your fall victim to a computer virus, you're at risk to losing EVERYTHING. Precious photos? Gone. Important documents? Gone. Favourite memes? Gone.

## What's on at the Dingley Library?

Drop in Badge Making, Thursday, 06 July 2023 | 03:00 PM to 05:00 PM. Pop into Dingley Village Library to make your very own badge with our brand-new badge making machine. Colour in a picture of use some beautiful, patterned paper to create some show stopping pins.

Free, no bookings required. Keep an eye out for that else is happening at Dingley Village library [www.kingston.vic.gov.au/library/Home](http://www.kingston.vic.gov.au/library/Home)

## Telstra wants you to Snitch a Scammer

No one likes receiving a scam call or text, which is why Telstra has just announced a new SMS and MMS scam reporting line. To use the reporting line Telstra customers just need to forward any SMS or MMS message they believe to be a scam to the number "7226".

The telco says it won't be charging customers for sending the message and it won't reply to customers.

## If you're an iPhone user:

1. Touch and hold down the message you wish to forward and select More. You can also select additional messages from the same person
2. Select Forward and enter the number 7226
3. Tap Send

## There's a similar process for Android users in the default messaging app:

1. Touch and hold down the message you wish to forward
2. Select the menu indicated by three dots and tap Forward
3. Choose 7226 from your contacts or type it in and tap Send SMS
4. Find out more at <https://exchange.telstra.com.au/7226-scam-sms-reporting/>



If you weren't driving at the time, you can transfer the toll invoice by nominating another driver. <https://>

## Special Dates in July

### NAIDOC Week 2nd – 9th July

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by people of all backgrounds.

### National Diabetes Week 9th – 15th July

Did you know that 1.7 million Australians suffer from Type 1 or 2 Diabetes? National Diabetes Week is an opportunity to reflect on what choices we could make to lead healthier, happier lives and prevent, or manage, diabetes.

### Donate Life Week 23rd – 30th July

1,224 lives changed when they received a transplant in 2022. There are currently around 1,800 people are on the organ transplant waitlist. There are also around an additional 14,000 people on dialysis,

some of whom may benefit from a kidney transplant. The best chance to help those on the waitlist is to have more Australians say yes to donation – both to registering and consenting to donation in the hospital if there is the opportunity to donate. One minute is all it takes to register as a donor. <https://www.donatelife.gov.au/>

### International Tartan Day 1st July

International Tartan Day is a celebration of Scottish heritage commemorating the repeal of an English law in 1782 that banned the wearing of tartan. In North America, this day is celebrated on 6 April, the date the Declaration of Arbroath was signed in 1320.

### Asalha Puja (Dhamma) Day 3rd July

Asalha Puja Day or the Dhamma Day celebrates the first teaching of the Buddha. This Buddhist event commemorates the first sermon delivered by the Buddha after his enlightenment. This event is one of the most important festivals for Theravada Buddhists.

### Al Hijri (first day of Muharram)

#### - Islamic New Year 19th July

Al Hijri (Al Hijrah in Arabic) is the Islamic New Year observed on the first day of Muharram. Muharram is the Islamic Calendar's first month of the year and is the second holiest month after Ramadan.

### Ashura Sunset 27th – Sunset 28th July

For Muslims, Ashura marks the day God delivered the Israelites, led by the Prophet Musa (Moses), from the tyranny of Egypt's Pharaoh by parting the Red Sea, thus allowing them to cross safely.

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# DINGLEY VILLAGE COMMUNITY ASSOCIATION

## DVCA Retirement - Karen Hastings

DVCA members wish to acknowledge the outstanding contribution given by Karen Hastings over many years during her active membership of the DVCA. Karen's service and hard work on the DVCA Committee and as DVCA Vice-President and Secretary has been a terrific contribution to both the DVCA and the Dingley Village community. Following Karen's retirement, DVCA congratulates Geoff Blake on his appointment as DVCA Vice-President.

## The Importance of Being Green

Our village, built around the green treed environs of Kingston Golf Course and surrounded by the City of Kingston Green Wedge is pretty unique and a great environment to live in.

## How can we protect and look after our environment? What can we do?

### Recycle

Simple actions make a big difference, such as;

1. making sure all recyclable rubbish is placed in the Yellow recycle rubbish bin
  2. using reusable shopping bags
  3. buying less plastic
- Recycling also reduces our landfill (where the red bin rubbish ends up)

### Plant a Tree

Make sure you get a free plant when Council next has their annual plant giveaway (usually in Autumn). You can get up to 5 native trees, plants and grasses to plant on your property and help our environment. This also supports Council's Urban Forest Strategy, which seeks to increase Kingston's tree canopy from the current 12.5% to 20%. Our tree canopy being an important issue for our community, significantly impacting urban cooling,

flooding, air quality, habitat and biodiversity.

## Reduce Energy Consumption and Reduce Your Power Bills

Check that all your light bulbs are now LED - low wattage and extremely long life. Install Solar Panels on your roof and generate your own power - we are lucky in Dingley Village in that most homes have their own individual roofline on which solar panels can be installed.

State and Federal Governments rebates are available to help with the cost of installing solar. The Victorian Government Solar Homes Program and Energy Upgrades Program for households provide details of the current energy reduction rebates available. Information on these programs is available on their websites as follows:

### Solar Homes Program

[https://www.solar.vic.gov.au/Energy Upgrade Program](https://www.solar.vic.gov.au/Energy-Upgrade-Program)

<https://www.energy.vic.gov.au/for-households/victorian-energy-upgrades-for-households>

## City of Kingston Advisory Committees

DVCA is pleased to have representing our community.

- DVCA President David Madill as a member of the Environment and Open Spaces Advisory Committee, which looks at environmental matters and the design, use and maintenance of City of Kingston Open Spaces.
- DVCA Secretary Natan Raykhtin-Breitenfeld as a member of the Youth Advisory Committee, which seeks to provide advice on policy and service provision for youth in the City of Kingston.

## City of Kingston Representative Community Panel

We are also pleased to have DVCA Vice President Geoff Blake and DVCA Secretary Natan Raykhtin-Breitenfeld participating as members of the Community Representative Panel, which was recently established by Council to provide advice and feedback on local issues.

## New Hard Rubbish Collection - Starts July 2023

Council's annual hard rubbish collection has changed to an on-call collection service and residents can now book two free on-call rubbish hard collections each year. Further information about this new service is on Council's website: <https://www.kingston.vic.gov.au/services/rubbish-and-recycling/hard-waste>

## Aircraft Noise

If you experience any consistently loud and disturbing aircraft or helicopter traffic overhead, report this immediately to Air Services Australia (ASA).

## How Do I Report Aircraft/Helicopter Noise Problems?

1. Ring Air Services Australia:
  2. Moorabbin Airport Noise Concerns 24 hour hotline **1300 302 240**, or
  3. Toll Free **1800 802 584** (10am - 4pm (Sydney time) Mon - Fri (excluding public holidays))
  4. Or Lodge a Complaint Online on the Air Services Australia website: <https://www.airservicesaustralia.com/community/environment/aircraft-noise/about-making-a-complaint/>
- So please be proactive, it is important to take action and report aircraft/helicopter noise problems to ASA.



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# OUR COUNCIL

## High achievers celebrated in Kingston's Community Awards



### Kingston's 2023 Citizen of the Year

The Mordialloc Jazz Orchestra's Musical Director Peter Foley is Kingston's 2023 Citizen of the Year. A talented, inspiring, and inclusive leader, Peter has made an enormous contribution to the cultural fabric of our city in his over 30 years at the helm of MoJO, with thousands of people of all ages experiencing the joy of music through both rehearsals and performances in that time.

Of particular note is the multiple generations of children of all-abilities and from diverse cultural and socioeconomic backgrounds who have been empowered and inspired and benefitted from Peter's tutelage, with many progressing to become professional musicians and teachers themselves.



His work at MoJO also creates important social connections and a feeling of wellbeing for many. So much so that aspiring musicians from all over Melbourne come to Mordialloc each week to play with the band.

The success of events like Jazz-a-oke, Carols by Kingston and the Big Band Sunsets concerts, including the involvement of stars such as James Morrison, Kate Ceberano and Marina Prior, are also testimony to Peter's vision, capacity, and tireless work.

### Community Group of the Year

The Community Group of the Year award has been awarded to two groups this year, with STEM Incubators and the Cheltenham Community Centre both recognised for their tremendous work. Grassroots for purpose charity, STEM Incubators, is focused on creating a thriving young Australian generation

by supporting them to develop key life traits such as resilience and leadership and STEM (Science/Technology/Engineering/Maths) related skills including analytical thinking, innovation, complex problem solving, and critical thinking.

They are particularly active in the local Culturally and Linguistically Diverse (CALD) communities and work closely with deep-tech industries, universities, and public organisations to provide tailored programs, career pathways and innovative solutions to real world issues.

STEM Incubators are currently working on an AI-based mobile app that helps track the best-before-date on grocery items to reduce food waste.

The Cheltenham Community Centre has strengthened the Kingston community through the provision of low-cost health and wellbeing programs for 37 years. The centre provides a warm, welcoming, and inclusive environment with a particular emphasis on the needs of disadvantaged and isolated people and promoting social connection. Among the offerings and programs at the centre are childcare services, school holiday activities, life skills classes for people with disabilities, English language classes and the drop-in Soul Café.



Importantly over 1200 people of all ages, socio-economic and cultural backgrounds are supported by the centre each week. Mayor Hadi Saab presented the awards at the Kingston Volunteer Appreciation event on Thursday night and said the winners were selected from a fantastic group of nominees, all of whom had helped make Kingston such a strong and connected community. "Peter, the STEM Incubators and the Cheltenham Community Centre all make remarkable

contributions across a wide range of areas in Kingston are great examples for us all to strive towards," Cr Saab said. "We have some amazing citizens, community organisations and volunteers in Kingston and these awards and event are a great way to thank them for their efforts and acknowledge the outstanding impact they all make." For more information about Kingston's awards program visit [kingston.vic.gov.au/council/awards](http://kingston.vic.gov.au/council/awards)

### Kingston crowns new Junior Mayor

Kingston is sparking a love of democracy in local youngsters thanks to our long-running Junior Mayor program. Grade six student Alexandra Shewan, from Chelsea's St Joseph's Primary, has been elected as Kingston's Junior Mayor for 2023/24. Alexandra will now work alongside Kingston Mayor Hadi Saab to represent the community at key events and functions including citizenship ceremonies, official openings and much more.

Kingston Mayor Hadi Saab said the Junior Mayor program was a fantastic way to get young people excited about democracy and their local community. "It's amazing to see our local students so engaged and excited to learn more about how government works, how their voice and vote matters, and how they can make a positive contribution to their local area," Cr Saab said. The Junior Mayor program has run for over 60 years in a successful partnership with Chelsea Rotary. "We're proud to give local youngsters an opportunity to grow and develop their leadership skills to help create leaders of tomorrow," Cr Saab said.

Kingston's Junior Mayor is elected at an annual event where grade six representatives from primary schools across Kingston present speeches on a key theme. Alexandra Shewan was elected by her peers to serve as Junior Mayor for the next 12 months, alongside 11 other students who were elected to Kingston Junior Council.

This year students were asked to present on the topic: What three initiatives would you create to support mental health for young people in Kingston? Vanessa Comarmond from Parktone Primary School was elected Deputy Junior Mayor, while Westall Primary School's Sreyan Prottoy picked

up the Councillor's Choice Award and will also serve on the Junior Council. Alexandra replaces outgoing Junior Mayor Eli Murphy who was acknowledged for his contributions, including being a strong representative for the Junior Councillors over the past year.

The full Junior Council for 2023-24 is:

- **Keira Jessop** from Patterson Lakes Primary School for Banksia Ward
- **Pranav Premnath** from Clayton South Primary School for Bunjil Ward
- **Suomon Naing** from Dingley Primary School for Caruana Ward
- **Vanessa Comarmond** from Parktone Primary School for Chicquita Ward
- **Benjamin Trouw** from St Patrick's Primary School for Como Ward
- **Gabriel Kovalev** from Southmoor Primary School for Karkarook Ward
- **Alexandra Shewan** from St Joseph's Primary School for Longbeach Ward
- **Grace Conway** from Parkdale Primary School for Melaleuca Ward
- **Madeleine Stacey** Edithvale Primary School for Sandpiper Ward
- **Kiara Morris** from Our Lady of the Assumption for Wattle Ward
- **Ella Ryan** from Aspendale Primary School for Yammerbook Ward
- **Sreyan Prottoy** from Westall Primary School, Councillors Choice Award



Information in this article is provided by City of Kingston



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# DINGLEY VILLAGE FARMERS' MARKET

SATURDAY

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8.30AM—1 PM

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[www.dvnc.com.au/farmersmarket](http://www.dvnc.com.au/farmersmarket)





# THE VOICE REFERENDUM

## THE CONVERSATION

Academic rigour, journalistic flair

The Dingley Dossier has been printing articles in relation to the Voice to Parliament Referendum. These articles have provided information and addressed questions and concerns raised by the general public about what they will be asked to vote on, and how that will look when implemented. Whilst those supporting the Vote Yes campaign support both Recognition and a Voice to Parliament, the No Vote campaign has multiple players, who all support a No Vote but their reasons and what should be done vary from:

- No to a referendum at all, use existing government powers and processes to address issues.
- No to constitutional recognition and No to a Voice to Parliament.
- Yes to constitutional recognition but No to a Voice to Parliament.
- Referendum should ask two questions separating Recognition and Voice to Parliament.
- Rewording of proposed changes to constitution as ambiguous or misleading.
- It has been difficult to find and publish articles that support the No Vote that are free to republish, easy to read and research-based news and analysis. Below are dissenting views that are by people known and respected in their fields, more views can be found in submissions to the Joint Select Committee on the Aboriginal and Torres Strait Islander Voice Referendum Legislation. (details at end of article)

### The Recognise a Better Way Plan

At the heart of it, the No Case Committee doesn't trust that the Federal Government can create a collective that'll improve the lives of First Nations peoples. "Bureaucracies have been built in the past, and they have all failed miserably," said Nyunggai Warren Mundine.

"We need to be getting down into Alice Springs and all of the other communities and working there, not working in Canberra." This distrust can also be demonstrated in Recognise a Better Way's three-step proposal to improve the lives of First Nations peoples.

#### Instead of establishing a Voice, they are suggesting that:

1. First Nations peoples are recognised as the original custodians of these lands in a prequel to Australia's constitution, rather than in the constitution itself.
2. The Federal Government creates an all-party committee that assists native-title holders.
3. The Federal Government provides direct support to Aboriginal community-controlled organisations. Such support would reduce the government's involvement in dealing with First Nations issues.

However, it's worth noting that this proposal is still up for debate. Just like the Voice, it deserves to be commented on by First Nations peoples, if these folks so wish.

The No Case Committee's proposed prequel to our constitution is very ambitious. Not only would this text recognise the sovereignty of First Nations folks, but it would also reference Australia's immigrants and refugees. Mundine said that this preamble

would detail the stories of the two later groups, reference the circumstances that brought them here, and how they've contributed to their communities. As Mundine said, "It's about recognition of all the people who have come to Australia, who have been here first, and how we built this great country of ours." Nyunggai Warren Mundine AO DUniv (Hon. Causa). Director, Indigenous Forum, Centre for Independent Studies and Unity Australia. Chair of Recognise a Better Way an organisation advocating for a 'no' vote on the proposed Indigenous Voice to Parliament.

For more information: [www.recogniseabetterway.org.au](http://www.recogniseabetterway.org.au). Nyunggai Warren Mundine has also made a submission to the Joint Select Committee on the Aboriginal and Torres Strait Islander Voice Referendum Legislation. (Unfortunately, it is too large to include here, but well worth reading for an indigenous No Vote perspective). Information on accessing submissions can be found at the end of this article. Submission to the Joint Select Committee on the Aboriginal and Torres Strait Islander Voice Referendum Legislation. By The Honourable Terence Cole AO RFD KC 19 April 2023. I respectfully make the following submissions regarding the substance of the proposed referendum seeking to amend the Australian Constitution to incorporate an Aboriginal and Torres Strait Islander Voice.

1. The purpose of the enabling legislation is to allow the Australian people to determine if they wish to amend the Constitution to incorporate an Aboriginal and Torres Strait Islander Voice. (the Voice).
2. The Voice is critical to the objectives made clear in the Uluru Statement from the Heart (the Uluru statement) that Aboriginals and Torres Strait Islanders wish to establish:
  - (a) Aboriginal Sovereignty over Australian territory.
  - (b) Ownership of Australian land and surrounding waters.
  - (c) Makarrata Commissions resulting in "reconciliation," including a treaty between Aboriginal and Torres Strait Islanders on the one hand, and the Commonwealth of Australia and its people on the other, together with monetary and other compensation.
  - (d) truth telling.
3. Regarding (a), The High Court of Australia has consistently rejected the claim for Aboriginal sovereignty which is inconsistent with the sovereignty of the Commonwealth of Australia. Aboriginals seek to change this.
4. Regarding (b), ownership of land and waters in Australia is determined by Australian statutes. Aboriginals seek to change this.
5. To achieve the objectives in (c), it is necessary to split the Australian people permanently into two groups based solely on race. This is wrong in principle. It will be to the permanent detriment of Australia and its peoples. It will confer on one group of Australians only, rights to influence future lawmaking which other Australians do not have. This will divide Australians.
6. A Makarrata Commission would look backwards, trawling over events, legislation, policies and administrative actions over the past 225 years to discover areas of discontent in the minds of present living Aboriginals, all of whom were born since Federation. And to award them compensation. This will divide Australians.
7. And so too will "truth telling" which will seek to revise Australian history to have an Aboriginal perspective.
8. Dividing Australian society permanently based on race is inconsistent with the great unified multicultural society Australia has established since World War 2.

9. The Voice is the tool the Aboriginal interests will use to achieve advantage for one small minority in our society.

10. The potential for great irremediable harm to Australian society means the Voice should never be incorporated in the Australian constitution, which should be amended only if such amendment advantages Australian society as a whole. The Voice does not.

11. I attach a paper I wrote on this topic on 4 April 2023 which expands on this submission. The paper has not been printed but was published in The Spectator On- Line on 6 April 2023. I request that it be marked as an exhibit, and its contents be considered as part of this submission.

**TRH Cole AO RFD KC**

- Royal Commissioner for the Inquiry into certain Australian companies in relation to the UN Oil-For-Food Programme 10 November 2005 – 27 November 2006.
- Royal Commissioner for the Royal Commission into the Building and Construction Industry 29 August 2001 – 27 March 2003
- Judge of the Supreme Court of New South Wales 1988–1998
- Judge of the Court of Appeal of New South Wales 1994–1998
- Deputy Judge Advocate General, Australian Defence Force 1994–1998
- Commissioner of the Chief of the Australian Defence Force's Inquiry into the Loss of HMAS Sydney 2008–2009

All submission to the Joint Select Committee on the Aboriginal and Torres Strait Islander Voice Referendum Legislation can be found at [www.aph.gov.au/Parliamentary\\_Business/Committees](http://www.aph.gov.au/Parliamentary_Business/Committees) enter 'Joint Select Committee' in Keyword search, click on Joint Select Committee on the Aboriginal and Torres Strait Islander Voice Referendum in results.

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## Your Rotary Club In Action Noble Park - Dingley



This year, as it has done for the past 6 years, the Rotary Club of Noble Park Dingley conducted hearing and sight tests for kindergarten, Prep and Grade 1 students at one of our local schools – Kingswood Primary. Problems with hearing and vision sometimes go un-noticed and the sooner they are detected, the sooner the child can have the necessary corrective treatment to enable full participation in the classroom.

The Club does the tests with the generous assistance of the University of Melbourne Audiology and Optometry final year students and their supervisors with the help of the principal of the school where the testing occurs. So far three different Primary schools and an Early Learning Centre have been the sites of tests. Initially the University nominates a Saturday for the event and our Rotary Club contacts a local school to see if they are interested in hosting the testing. The school then contacts parents of Foundation (Prep) and Grade 1 students as well as the feeder Kindergartens in the area to attend the testing day. Appointment times are made. On the day of testing, we set up a registration table and a waiting area.

The University students set up the classrooms used for testing and the Staffroom is used as a gathering area for everyone involved. The appointments are staggered to avoid too much waiting and sometimes the parents arrive with another sibling in tow – "Can this one be tested too?" We can usually fit them in if the child is between the ages of 3 and 9 years. After the testing the results are checked by the Consultant Supervisor and the parent is given a letter with the

result – either all OK or a suggestion to seek a referral for further testing. As the University students don't have access to hi-tech equipment whilst at the school, it is stressed that this is only a preliminary test. The demographic of each venue is quite different, and both the students and Rotarians gain skills in accessing interpreting services and dealing with sometimes difficult children, as well as Dads who don't know their child's birth date!

Our Club provides lunch for the students and supervisors and the teacher (often the principal) who is on site for the day. This year there were 40 students tested. The results were quite confronting. 50% of children were referred for further sight testing and 10% for auditory testing. In previous years when we just organised auditory tests, there were often 25 – 30% referred on.

The past two years since we have also been conducting vision tests a large number of children have been referred for more comprehensive vision testing. We wonder if this is a result of early use of screens! The supervisors assured us that most of the referrals are for minor matters, but the Club knows that if just one child is set for a better start to education, then it is a very worthwhile project.

The Rotary Club of Noble Park-Dingley has an active social and project program, they meet at 6.30pm on the first three Thursdays of each month at Keysborough Golf Club in Hutton Road. Please email [info@npdrotaryclub.org.au](mailto:info@npdrotaryclub.org.au) for more information.



# SAFE COMMUNITY



## Scams

### Scams target everyone

Scams target people of all backgrounds, ages and income levels across Australia. There's no one group of people who are more likely to become a victim of a scam, all of us may be vulnerable to a scam at some time.

Scams succeed because they look like the real thing and catch you off guard when you're not expecting it. Scammers are getting smarter and taking advantage of new technology, new products or services and major events to create believable stories that will convince you to give them your money or personal details. According to the ACCC's Targeting Scams report, Australian's lost \$3 billion to online scams in 2022, this is an 80 per cent increase on total losses recorded in 2021.

The losses are increasing because scams are harder to spot, and anyone can be caught. Leveraging emerging technology, scammers impersonate the phone numbers, email addresses and websites of legitimate organisations. Their text messages can appear in the same conversation thread as genuine messages. Fake ads, social media profiles and reviews are easily, and cost effectively deployed. This makes scams incredibly difficult to identify.

**Tax time** is a gold mine for scammers with tax refund SMS and tax lodgement email scams peaking in July. These scams tell you that you're owed an income tax repayment and ask you to click a hyperlink and complete a form. Clicking the link takes you to a fake ATO webpage that asks for your personal identifying information, including your credit card details.

Tax lodgement scams tell people their '2023 tax lodgement' has been received. The email asks them to open an attachment to sign a document and complete their 'to do list details'. Opening the attachment takes you to a fake Microsoft login page designed to steal your login details. Entering your password could give the scammer access to your Microsoft account, allowing them to reset your passwords for other accounts like banking and online shopping. Tax lodgement scams tell people their '2023 tax lodgement' has been received.

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The email asks them to open an attachment to sign a document and complete their 'to do list details'. Opening the attachment takes you to a fake Microsoft login page designed to steal your login details. Entering your password could give the scammer

access to your Microsoft account, allowing them to reset your passwords for other accounts like banking and online shopping. The real ATO may use email or SMS to ask you to contact them, but they will never send an unsolicited message with a link to click on, ask for personal information or your credit card details. If you receive an SMS or email like this, don't click on any links. Report the scam to the ATO: [ReportScams@ato.gov.au](mailto:ReportScams@ato.gov.au) and Scamwatch, then delete message or email. Only interact with the ATO via your MyGov, phone 1800 008 540, do not use the contact details provided in the message, or through your Tax Agent.

### Scamwatch

Scamwatch ([www.scamwatch.gov.au](http://www.scamwatch.gov.au)) is run by the Australian Competition and Consumer Commission (ACCC).

Established in 2002, its primary goal is to make Australia a harder target for scammers. To achieve this, they raise awareness about how to recognise, avoid and report scams. They also share intelligence and work with government, law enforcement and the private sector to disrupt and prevent scams. Many people who report to Scamwatch are not victims of scams. The reports of non-victims provide useful intelligence that helps them warn the public about emerging scams. You can find out more information about scams and how to protect yourself at [www.scamwatch.gov.au](http://www.scamwatch.gov.au). The ATO also have alerts on current Tax Scams [www.ato.gov.au](http://www.ato.gov.au). If you have any doubts about an SMS, email, letter etc do not respond, if appears to be from a government department of recognised business contact them directly. If sender not known do a google search for business and a google image search of any photos and images, but again any doubts, don't engage.



Information in this article is provided by Australian Competition and Consumer Commission (ACCC) and the Australian Tax Office



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- keep your PINs and passwords secret and strictly to yourself
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- do not store internet banking passwords in an undisguised form on your computer.
- send your card details only through secure internet sites
- be fussy about sending personal details to an online business

### Check your history

- conduct regular checks/reconciliations of your credit/debit card account records
- contact your institution immediately if there are transactions listed that you do not understand or dispute
- a contact number should appear on your account statement

### Watch your card when it is out of reach

- when paying bills at restaurants or other locations, keep your eye on your card at all times



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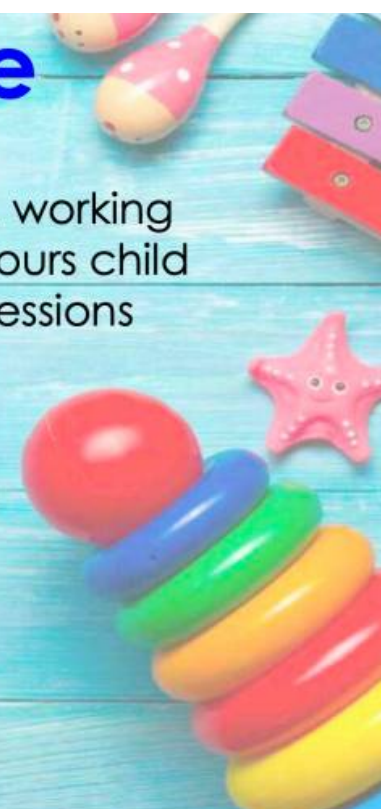
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## Say Goodbye to Debt

The most important thing about getting into debt is being able to get out of debt! It's all too easy to rack up debt – credit cards, car loans – and it may seem all too hard to pay it off. Debt will have a big impact on funds available to repay your home loan, so minimising additional debt is essential.

Here are eight steps you can take towards minimising your debt.

### 1. Work out how much you're spending

Create a spreadsheet and track your expenses for a month – record everything so you can see where your money is going. You may be spending much more than you think on some things – more than you can really afford.

### 2. Decide where you can cut back

With a clear idea of how much you spend each month, you can figure out how much you really need to spend, and where you can cut back. That barista coffee could be costing you \$20 a week – that's \$1,000 a year. Preparing your own lunch could save you thousands. With a bit of commitment, you can rein in your spending and have more money to repay debt.

### 3. Make a budget

The only way to get on top of your credit cards is to stop using them. Make a budget for the money you need to spend each week or fortnight, based on how much

money is coming in and what your necessary expenses are, and stick to it. Calculate how much is left over after you've paid for the necessities, then figure out how much you want for discretionary spending and how much you can put towards repaying debt. Also, put money into a contingency fund to cover unexpected expenses such as car repairs that could bust your budget and cause you to reach for the credit card.

### 4. Prioritise your debt

Work out how much money you owe on credit cards and loans – you may not realise how much it is. When you know how much debt you're in, you can think more realistically about repaying it. You must pay at least the minimum amount on time each month to avoid going backwards and in some cases being charged fees and penalties. But by paying only the minimum, you may never get credit cards paid off; you need to pay more to make progress.

Consider:

- Paying high interest credit cards and loans first to save on interest.
- Paying smaller debts first to give you the sense that you're getting ahead, and that paying off debt is possible (then close the facility).

### 5. Make a repayment plan

Armed with your budget and having worked out your debt priorities, you can plan which debts you will pay off over what

plan which debts you will pay off over what period. Having a plan will increase your sense of control over your debt; sticking to it will increase your sense of achievement.

### 6. Consider debt consolidation

There are times when debt refinancing can be advantageous. Look at the options!

### 7. Set goals and celebrate them

The thought of paying off all your debt may seem daunting, so breaking it down into milestones will help you see the way ahead. Set goals such as paying off 10%, then paying off 25% and so on. Remember to celebrate each time you reach a milestone – buy yourself lunch or go to a movie as a small reward for your achievement.

### 8. Stick to the plan – and ride out the setbacks

Keep going with your repayment plan. If you miss a payment because of an unforeseen expense, stay positive. Avoid feeling demoralised or derailed by looking forward to the next debt milestone – you can get there. Next month: Say Goodbye to home loan debt!

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## No, vapes aren't 95% less harmful than cigarettes.

### THE CONVERSATION

Academic rigour, journalistic flair

Published: April 28, 2023, 6.17am AEST

Michelle Jongenelis

Associate Professor, Melbourne Centre for Behaviour Change, The University of Melbourne

- E-cigarette use involves the inhalation of toxic substances and is associated with poisoning, lung injury and burns.
- Nicotine e-cigarettes can cause dependence or addiction in non-smokers.
- Young non-smokers who use e-cigarettes are more likely than non-users to initiate smoking and become regular smokers.
- E-cigarettes do not result in reduced harm if users continue to smoke (which most do). This study found no difference between e-cigarette users' and smokers' rates of smoking-related disease and self-reported health six years later.



#### Here's how this decade-old myth took off

It's 2013. The Harlem Shake is on the radio and e-cigarettes are becoming a thing. A group of researchers convene to discuss these and other products containing nicotine. In a 2014 paper detailing the outcomes of that meeting, the authors rated "electronic nicotine delivery systems" (e-cigarettes) as having "only 4%" of the maximum relative harm of cigarettes.

Critically, the authors stated their "understanding of the potential hazards" of e-cigarettes was "at a very early stage" because they lacked "hard evidence for the harms of most products on most of the criteria" they examined. In other words, they noted their work was methodologically weak and their estimates were just that – guesses based on their opinions rather than scientific evidence.

But one of those "guesstimates" has gone on to become the most cited piece of vaping misinformation globally: e-cigarettes are 95% less harmful than tobacco cigarettes. The problem is, it's wrong.

#### How the guesstimate took off

Public Health England used the 95% figure in its 2015 review of e-cigarettes but failed to mention the caveats of the guesstimate.

This prompted widespread criticism from experts. An editorial in The Lancet medical journal labelled the 2014 paper "an extraordinarily flimsy foundation" on which to base the major conclusion of Public Health England's review.

The Lancet editorial notes Public Health England used the guesstimate despite it being based on "the opinions of a small group of individuals with no prespecified expertise in tobacco control" and "an almost total absence of evidence". The 2015 editorial also raised concerns about conflicts of interest, noting that some researchers involved in developing the guesstimate had connections to Big Tobacco. These conflicts were described further in the British Medical Journal in September and November.

Despite this, the 95% figure remained in Public Health England's communications. It had also spread to e-cigarette advertising. By 2020, the guesstimate had become a "factoid": unreliable information repeated so often it becomes accepted as fact. Yet given the growing evidence of harms associated with e-cigarette use, the factoid was even less valid seven years later.

#### How it has been used in Australia

The industry and its allies have been so effective at publicising this unscientific guesstimate, it continues to be used to undermine Australia's public health policy. In submissions made to Australia's 2020 Senate Inquiry into Tobacco Harm Reduction, industry bodies and allies leaned heavily on the factoid in their arguments for legalising e-cigarettes. They continued to do so in the 2020 Therapeutic Goods Administration's consultation on the rescheduling of nicotine as prescription only and most recently in the 2022 consultation on proposed reforms to the regulation of vaping products to limit importation and improve product standards.

#### Why does it matter?

Although this factoid has been debunked, it continues to influence people's thinking. Misinformation researchers refer to this as the continued influence effect: once it takes hold, it's notoriously difficult to dislodge. As a digestible, attention-grabbing stat, it circulates in the media, and is repeated again and again. And because we are more likely to believe false information when it has been repeated many times (the illusory truth effect), the misinformation becomes "truth", even after we have been told it's false.

Even this year, harm-reduction experts have used the factoid to argue vaping is less harmful than smoking and that Australia could look to other countries that legally sell vapes to adults without prescription.

#### What's the solution?

We must debunk the myth that e-cigarettes are 95% less harmful than tobacco cigarettes often and with factual evidence. Public health policies should be informed by impartial evidence, not industry-backed guesses. It's time to leave the factoid back in 2013 with The Harlem Shake.

#### Disclosure statement

Michelle Jongenelis receives funding from the National Health and Medical Research Council. She is affiliated with the Australian Council on Smoking and Health, the Public Health Association of Australia, and the World Federation of Public Health Associations' Tobacco Control Working Group.

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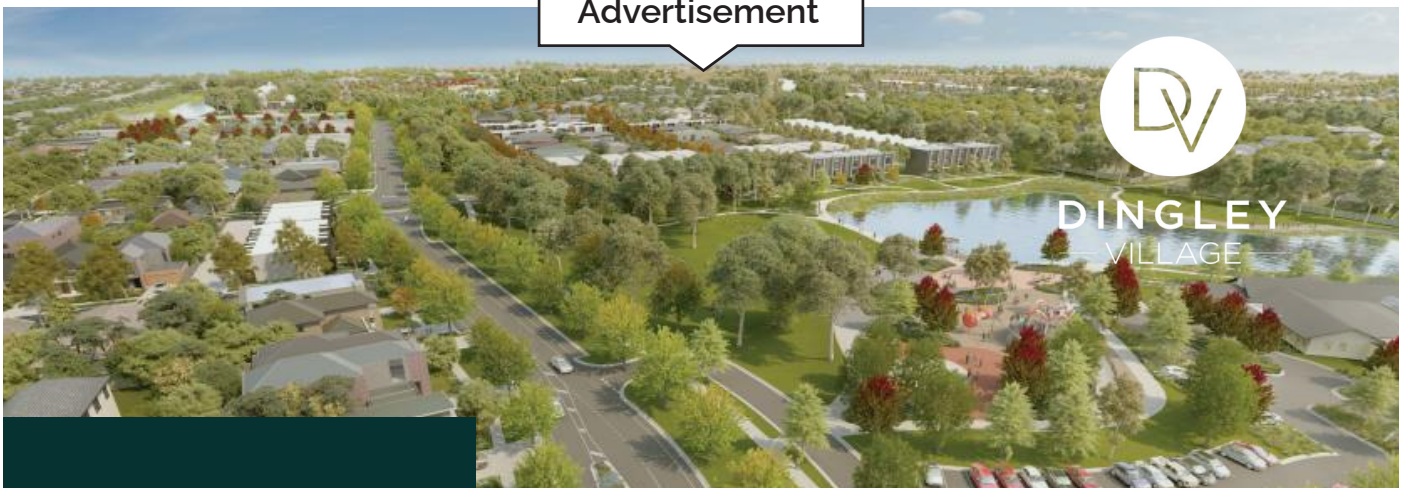
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## Unveiling Hidden Clues: Diseases Detected Through Eye Exams by Optometrists

Beyond being the window to the soul, our eyes can provide valuable insights into our overall health. Optometrists play a crucial role not only in assessing vision and prescribing corrective measures but also in detecting various systemic diseases.

### Diabetes

Diabetes affects millions of people worldwide, and the eyes are particularly vulnerable to its effects. Optometrists can detect early signs of diabetic retinopathy, a condition caused by damage to the blood vessels in the retina. By examining the retina's appearance and using specialised imaging techniques, optometrists can identify changes indicative of diabetes and refer patients for further management.

### Hypertension

Diabetes affects millions of people worldwide, and the eyes are particularly vulnerable to its effects. Optometrists can detect early signs of diabetic retinopathy, a condition caused by damage to the blood vessels in the retina. By examining the retina's appearance and using specialised imaging techniques, optometrists can identify changes indicative of diabetes and refer patients for further management.

### Hypertension

Certain autoimmune disorders, such as lupus and rheumatoid arthritis, can manifest in ocular symptoms. Optometrists are trained to recognise signs of these conditions during eye exams. Dry eyes, inflammation, and changes in the blood vessels of the eye can be indicators of an underlying autoimmune disorder. Detecting these ocular manifestations can lead to early diagnosis and appropriate referral for systemic evaluation.

### Thyroid Dysfunction

Thyroid disorders, such as hyperthyroidism and hypothyroidism, can cause noticeable changes in the eyes. Optometrists may detect protrusion of the eyes (exophthalmos), eyelid retraction, or other eye muscle

abnormalities associated with thyroid dysfunction. Early identification of these ocular manifestations can prompt further investigation and collaboration with endocrinologists for comprehensive care.

### Multiple Sclerosis

Multiple sclerosis (MS) is a chronic neurological disease that can affect vision and eye movements. Optometrists play a critical role in identifying optic neuritis, an inflammation of the optic nerve often associated with MS. By assessing visual acuity, colour vision, and performing specialised tests, optometrists can identify these early signs and facilitate prompt referral to a neurologist for diagnosis and treatment.

### Alzheimer's Disease

Alzheimer's disease is believed to be caused by tau proteins and amyloid beta plaques within the brain that then disrupts neurotransmission and thus memory retention. Deposition of the amyloid beta in the brain over many years is a characteristic of Alzheimer's disease and recent research indicates that it also accumulates in the retina, given that the retina is an extension of the brain.

Using specialised colour imaging, optometrists may one day routinely observe Alzheimer's disease in a routine eye examination. Hopefully in the future, with a treatment available, optometrist will be the front line in combating Alzheimer's disease. Optometrists are not only vision experts but also vigilant healthcare professionals who can detect various diseases through comprehensive eye exams. From diabetes and hypertension to autoimmune disorders

and neurological conditions, the eyes offer valuable clues about our overall health.

Regular eye exams with optometrists can serve as a proactive approach to identify these diseases at their early stages, leading to timely intervention, collaboration with other healthcare providers, and improved patient outcomes. Remember, caring for your eyes means caring for your overall well-being.

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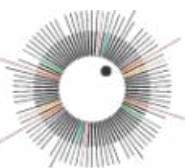
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## Dingley Football Netball Club



After the completion of Round Eight of Football/Netball, the King's Birthday long weekend provided a week's break with all football and netball having a scheduled bye. At the start of the year, if anyone had suggested that your senior football team would be on top of the table after seven straight wins, they would probably have been advised to change whatever they had been drinking or at least seek some professional help.

At my last report, the seniors' team had recovered from a first round loss to win its next four games. At the point of writing this report, we are approaching a danger 'away' game in Round Nine against Bentleigh at Bentleigh on June 17, with a seven wins and one loss record. Our reserves have also recovered from a slow start to the year and are amongst the top group and our Under 19s, who were struggling for numbers in the pre-season are also looking threatening.

Our Thirds have been battling away with mixed success although we expect things may turn around soon. In terms of a summary of football results in the Senior competition, we visited the Peanut Farm in St Kilda in Round Six and came home winners by over twelve goals, having never been seriously challenged on the day. Chelsea Heights, 2022 Second Division Premiers and long-time rivals came to play on May 17, but went home empty handed, your local side more than ten goals to the good to the end of proceedings.

This was an emotional day, with the entire club celebrating the 150th game of Lucas Walmsley, who is recognised as probably the greatest player in our 65 year history. The pregame address from captain Jackson Peet, about his mate 'Noodles', will live in the memory of those who witnessed it, and this was one game the boys were never going to let slip. St Pauls McKinnon have always been a strong club and perennial finalists.

In Round eight and with our confidence growing by the week and despite a slow start where we conceded a four goal start, the end results was a sound seven goal win. The whole playing group are enjoying their seasons under the guidance of first year coach Zach Horsley.

Zach has passionately adopted his new surrounds and has quickly gained the respect of all around him. All football and netball lovers are strongly encouraged to follow our fortunes on the club website or get the results of all games each weekend on the SFNL website: "Competitions at Southern Football Netball League". Even better, get along to support your local club. Home games are still at Souter Oval, despite the current rebuild of the complex which is now looking like it will be something for the entire Dingley community to be proud of.

The Hunt is On.



## Pirelli Motul Victorian Road Racing Championship 2023

At the opening round of the Victorian road racing championship at Broadford on the 3rd & 4th June, local resident Brendan Wilson of SSP racing got off to a great start to the season in the Supersport 600 category.

After qualifying in 2nd place driving in full wet conditions with a time of 1:05.2, the tricky conditions in Race one saw Brendan crashing whilst in the lead, then nursing the bike back home in 9th position. Race two saw Brendan take on Harley Side in a tight race with Brendan taking 2nd place by 0.61. In Race three after a close, hard but enjoyable race against Harley, Brendan came out on top taking 1st place. Over the racing weekend, Brendan also set a new personal best lap time of 57.4 seconds.

Brendan was thankful for support on the weekend from Lee Allen of T.T. Motorcycles, Mornington, providing mechanical support and Rhys Belling for his huge help in the pits. Brendan's sponsors/supporters, Brad-Signs, The Grinning Dingo Australia, MotoGo & YRD ensure that he can get his Yamaha YZF R6 out on the track this season.

Now sitting in 2nd in the championship, 12 points back, Brendan will be heading to South Australia early July for round 2.



Image by Russel Colvin



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## Dingley Scouts

And they are up, up and away.....

To Jacinta, Sam, James and Ben who are heading to Switzerland to attend KISC100 and to Kyle heading to South Korea to WSJ23, wishing you all safe travels. These are amazing opportunities that we know you are all proud to be a part of. A big thankyou to the parents and carers, and members of our own Dingley Scout Group, who have supported and believed in them, helping to achieve their dream. And lastly a massive thankyou to family, friends and the community who helped support these youth at fundraisers and sausage sizzles – this truly has been a team effort. We'll have updates in coming Dossiers so stay tuned.

But there is still fun to be had at home base too. Our Venturers have been doing a bit of night travel and navigating with a fun trip in and around the city. They also did a mystery drop where they were taken to a secret location (another scout hall) and needed to find their way back to home base. No Venturer's were lost during these activities.....

Our scout section has been doing some construction, building structures using knots and lashings. There's also been a bit of cooking on the open campfire which is always a favourite



activity. They have even been showing off their acting talents entertaining each other with some sketches and skits. Members from our Cubs section are starting to get prepared for Cuboree which is being held in September school holidays. Cuboree is a 5 day / 4 night camp held every 3 years. This year it is being held at Gilwell Park, a favourite with all our youth.

Want to know more, contact our Group Leader, Vanessa, her details are below, and let's see where the adventure takes you.

Joey's 5 – 7yrs	Please contact our Group Leader below.
Cubs 8 – 10yrs	Monday 6:45pm – 8:15pm
Scouts 11 – 14yrs	Thursday 7:00pm – 9:00pm
Venturers 15 – 17yrs	Friday 7:30pm – 9:30pm
Rovers 18 – 26yrs	Monday 7:30pm – 10:00pm



For more information about Dingley Scout Group contact Vanessa on **0402 489 773** or email [dingleyscoutgroup@gmail.com](mailto:dingleyscoutgroup@gmail.com)

# WRITERS CORNER



## Unlikely Companions

It never should have worked, me and her. She's a bit too 'high end' for this down and dirty working type. I never needed much in the way of friends. I guess you could say I'm too much of a workaholic. I get on famously with the boss. We're like two peas in a pod. We're like minded you see. He's as scruffy as me and neither of us are afraid of a bit of hard work. There's no task too tough and no job too dirty.

You'll find the pair of us hard at it come rain or shine. The temperatures could be creeping towards forty degrees and there we'll be. He knows he can rely on me. It never occurs to me to have a lie in or to chuck a sickie. I'd probably be out on my ear if I started that kind of caper.

So, here we were chugging along to keep the business running successfully when before I knew it, we had been invaded by a couple of new types. Both far too precious to be in this business. I haven't got the time of day for tidy, clean, and sweet-smelling types and these two were the sweetest smelling pair I had ever encountered. I hate change at the best of times. I mean, things need to stay the same in order for routine to run effectively. It was bad enough when we started using drones around the place.

The boss seems very partial to one of them, Lisa she's called. She used to pop up occasionally but now she seems to be here full time along with the other one that I'm stuck with,

Mollie. As I said earlier, she's bloody posh and high end so you just know I wanted nothing to do with that sort of character.

She was so bloody precious that she was useless at work, but she seems to be settling in now. They both are. And I guess I'd better get used to it because Lisa and Mollie have moved in, and Lisa's belly is starting to grow.

Now, Mollie's not as annoying as she was at the start. She doesn't work with us on the farm. Cavoodles are pretty rubbish at farm work, but she is a pretty decent companion and seeming as the boss and Lisa want more time alone together, this old kelpie doesn't mind the company of Mollie so much, in fact I'm quite fond of her and I've got to say I'm surprised at just how much I do enjoy her company.

I got used to the drones quickly enough, so I suppose it won't be too hard to get used to this designer breed and her mistress.

JS 2023



### Dingley Village Writers Group

*We need you! We are a small group who have been enjoying creative writing experiences and great casual conversation for a few years now. We meet each Wednesday morning at the DV Neighbourhood Centre - when it's not school holidays. Attend when you like and participate whenever you like, there is no cost. We have all improved our writing from learning from each other and if you want a tip or two, we can offer those too. Call **8512 0505** and leave your details. A member of the Writing Group will call or email. No obligations.*



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**Lindsay O'Kane**  
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**9558 2155**



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# CIRCLING THE CLUBS



## Country Women's Association Dingley Village



Our Winter Warmers stall at Parkmore Shopping Centre was a great success thanks to the wonderful support of our local community. A special thanks also, to those ladies who are not members, but knit for our stalls. And a big thank you to Parkmore Shopping Centre and those in the community who have donated knitting wool to our group. If you have any knitting wool (more than one ball of the same colour) and would like to donate it to the CWA, please contact Sue **0434 879 875** to arrange a collection.

CWA Dingley Branch meets at the Dingley Village Neighbourhood Centre on the 4th Wednesday of the month at 10am. If you need any further information about CWA or would like to consider becoming a member, please contact Sue **0434 879 875**.



## Probus Club Dingley Central



A group of members enjoyed a guided tour of the Moorabbin Air Museum, followed by lunch at the flight deck.

At our June meeting our guest speaker was Captain Rob Anderson, who gave us an insight into his very adventurous life. Briefly he went to sea as a 15yo, serving on every type of ship imaginable, and gained his first command as Master of a foreign going ship at age 29.

He has also held a license as a Great Barrier Reef Ship Pilot and has been Harbour Master for Gippsland Ports (which includes the largest recreational waterway in Australia). He regularly donates his time to drive ships for Sea Shepherd, and has held a Private Pilot Aeroplane license for more than 30 years, owning and operating his own aircraft (including crashing one into the sea). Rob is also involved in the National Trust in the re preservation of the Polly Woodside.

Activities planned for July: Happy Hour, Legs and Morning Coffee, iPad group, Wine Tasting, Camera Club, Morning Melodies, Day Tour, Men's Lunch, Craft Group and Games Day.

Our meetings are held on the 1st Monday of the month at The Salvation Army Kingston City, 13/12-16 Boulevard, Dingley Village. New members are always welcome. For further information please contact Jean on **0438 272 232**.

## Dingley Village Senior Citizens Club Incorporated

The Members who came to our Luncheon/ Trivia Day had a fun time - so we may organise another one later on during the year. Our Member Jean had a fall, and we hope her recuperation is going well.

We look forward to Jean being back at the Club soon. We welcome back our President Mary who has been out and about travelling overseas.

Arranged Activities for July are as follows:

- 3rd - Bingo followed by afternoon tea.
- 10th - Games followed by afternoon tea.
- 17th - Bingo followed by afternoon tea.
- 24th - Committee Meeting followed by Games and afternoon tea.
- 31st - Lunch - to be advised.

Plus, on Wednesday the 5th of July - Bus Trip TBA.

For more information, contact our President, Mary, on **0439 426 728** or our Vice President, Joan, on **0421 736 795**.

## Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 13th of July and the August one is on the 10th. Starting time is 7:00 PM and meals and snacks are available if you want to make a night of it. Of course, you have the usual wide choice of beverages being dispensed for your indulgence.

Our regular dinner on the last Saturday of the month is proving popular with members and the next one will be on the 29th of July. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board.

We are more than happy to welcome new members to the Group. Enquiries can be made to Graeme on **9551 3462**.

PS - Half the year gone already!

## Dingley Village Historical Society

We are open Monday, Tuesday, and Thursday, 10 - 12noon and during Dingley Village Farmers Market, 3rd Saturday of the month 8:30am - 1pm. (closed public Hols.) We can open other days if and as requested. We are at 31A Marcus Rd, near the library.

Ph **9551 4374** (a message can be left) or email, enquiries@dvhs.com.au .

## Spring Park YWCA Golf Club

A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's

Spring Park Golf Course. Cup of tea & biscuit is shared after the round. We play 9 holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways. Further information: Jillian Sanders **0419 501 365** (Captain), Julie Westcott **0438 269 622**. (President), Jan Boyes **0497 096 377** (Secretary)



## Boomerang Bags, Dingley Village



Our aim is to REDUCE waste, REUSE quality shopping bags and RECYCLE fabric. Boomerang Bags Dingley Village is a community group which creates reusable shopping bags from donated recycled fabrics.

You can help yourself to one of our FREE bags at the Dingley Village Farmers market or pick one up at the Dingley Village Neighbourhood Centre reception.

If you have clean sheets or fabrics you would like to donate, please contact Debbie on **0411 058 804** or Helen on **0425 862 718**.

## Dingley Village Men's Shed



Opening Hours and General Activities:

Day of Week	Open Hours	General Activities
Monday	9:00am - 1:00 pm	Metal Work, Wood Work, Art, Bicycle & Car Maintenance
Tuesday	9:00am - 12:00 pm 1:30pm - 3:30pm	A' Team workgroup & Bike Riding Group Photography
Wednesday	9:00am - 12:00 pm	Bike Riding Group & Music Group
Thursday	9:00am - 12:00 pm 1:00 pm - 3:00 pm	A' Team workgroup Pool / Snooker
Friday	9:00am - 1:00pm	Members Muster This is our main day!

Every Friday Morning (except holidays as designated), come along, enjoy a cuppa, a chat & meet with your fellow shedders. We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp. Other Activities from time to time include Golf Days, Special Event Days e.g. Cup Day & Australia Day BBQ's. plus, the occasional outing to places of interest.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road.

Ph. 9551 5892, E-mail: info@dvms.org.au  
www.dvms.org.au

### Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne - 9551 3770 / 0488 004 809. dingleylions@gmail.com

### Rotary Club Noble Park - Dingley



Active Rotarians - making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

### Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our

and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education. Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or 0419 309 931.

Meeting; Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.

### Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm. \$17 for members, \$20 non-members. New members welcome.

All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo. The last Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna 0421 045 648.

### Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at 352 Cheltenham Road Keysborough and the following activities are available for members and visitors:

#### Tuesdays

Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 book. Concerts with professional entertainers on the 3rd Tues of the month 1pm to 3pm. \$3 entry.

A Bus, day trip to Phillip Island including entry fee to various tourist attractions are planned in lieu of Bingo on 25 July 2023. Lunch at own expense. Cost \$50.00 for members.

#### Wednesdays

Line Dancing 1pm to 3pm \$6 entry.

#### Thursdays

Ballroom dancing lessons 12.30 to 1.00pm and Ballroom dancing from 1.00pm to 3.00pm. \$3 entry. Tea and coffee are supplied for all activities. Entertainment schedules arranged are: 20 June - Michael Reed and 18 July - Co Perkins

Club membership for F/Y 23/24 is \$10.00. Enquiries can be made to Julie on 0428 561 694.

#### Mentone Hub Activity Group

We are a group of seniors who get together every Tuesday to play cards and various other games at the Mentone Hub in 29 Venice St, Mentone. We play Bingo very few weeks (for chocolates as prizes, not sheep stations), also Crazy Whist for similar prizes. We don't take it too seriously; the point is to enjoy ourselves. We are under the auspices of Kingston U3A, so if you are a member there, you are already paid up.

We start at 10am, BYO lunch, we supply tea, coffee, milk and biscuits and finish at 3pm. If you are registered with the Kingston Council for Home Help or other services, you can arrange to be picked up and brought home, we are happy to welcome new members.



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## Heatherton-Dingley Uniting Church



Cnr. Kingston and Old Dandenong Roads, Heatherton  
 Sunday services at 10.00 a.m.  
 Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone **0431 244 561**  
[www.heathertondingleyuca.org.au](http://www.heathertondingleyuca.org.au)

### Our Vision and our Mission

To seek to connect people to God and each other.

Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life

### What's On:

#### Second Tuesday Of Each Month

Queer Allies - A Peer Support Group for family and friends of LGBTQIA+ people to share the journey of growing in understanding, acceptance and support. Meets at 7.00 p.m. Questions: Andrea Mayes **0408 65 939** or [heathertondingleyunitingchurch@gmail.com](mailto:heathertondingleyunitingchurch@gmail.com).

**Wednesdays** - Prayer meeting at the church 9.00 - 9.30 a.m. If you have a

#### Second And Fourth Thursdays Of The Month

Unleash the Music in You - 8.00 p.m. at the Church. For further information contact Bob Lorraine on **0418 998 714**.

#### First Friday Of Each Month

Indoor Carpet Bowls - 2.00 p.m. in the Church Hall followed by a cuppa.

#### Third Saturday On Odd Months Of The Year

Bark And Chat - This is an informal group of dog lovers who bring their dogs along for a chat and short information session on different topics relating to dogs, followed by morning tea. For further information contact Margaret on **0401 392 772**.

#### Third Saturdays On Even Months Of The Year

A special service for dog owners and lovers to which you can bring your dog. For further information contact Margaret on **0401 392 772** or Rev Deacon Andrea Mayes on **0408 65 939**.

## Kingston City Church



**Our Vision:** Connecting People To Jesus Christ

**Our Mission:** Reach, Restore, Relate, Resource And Release.  
 Ph: **8551 6600**, Fax: **8551 6690**.  
 Web: [www.kcc.crm.org.au](http://www.kcc.crm.org.au)  
 Email: [admin@crm.org.au](mailto:admin@crm.org.au)

**Senior Pastor:** Dan Parker

**Sunday Services:** 10am Service has Children's Ministry.

**Emergency Resources** is a food relief agency of Kingston City Church that provides assistance to struggling families in our community. We currently support over 170 families via our rented space at Christ Church Dingley. Our program operates every Wednesday (except school holidays) between 10am-2pm. We provide food items such as packaged foods, fresh produce and bread.

Pastor Joy Hansen began the program in May 1994 with the aim of helping people in financial hardship. It began with 2 volunteers and 6 families. Now we have a committed team of over 30 volunteers and provide food relief for over 170 families week to week.

Funded by Kingston City Church, with the help of Kingston Council grants, and the rented venue at Christ Church Dingley, the team at Emergency Resources feel blessed they can make a difference in people's lives.

#### Our corporate Sponsors:

Howmet Fastening Systems, Breeze Logistics, Bunnings South Oakleigh, Lions Club Lysterfield, Parkdale Secondary College, Bakers Delight Southland, McDonalds Braeside and Heatherton, Fareshare.

#### Individual Sponsors:

Sue's Bible group, Tim Owen, Emily Hill.

#### Grant assistance:

Kingston Charitable Fund, a Community Fund Account of Lord Mayor's Charitable Foundation. Kingston Council Annual Grants.

#### Details:

Open every Wednesday (except school holidays) from 10am - 2pm

Location: 387-405 Old Dandenong Rd, Dingley Village VIC 3172  
 Contact: **03 8551 6600**, [er@crm.org.au](mailto:er@crm.org.au)  
[www.mycommunitylife.com.au/Clubs/Emergency-Resources-Christian-Resource-Care-Ltd](http://www.mycommunitylife.com.au/Clubs/Emergency-Resources-Christian-Resource-Care-Ltd)

## Village Church Inc.



"Inspiring People to Discover and Develop Life in Christ"

Church Office: 7-9 Fiveways Blvd, Keysborough. 3173  
 Phone number: **8712 8254**  
 Email: [admin@villagechurch.org.au](mailto:admin@villagechurch.org.au)  
[www.villagechurch.org.au](http://www.villagechurch.org.au)

### Our Church offers a range of ministries as follows:

#### Sundays

10.00 a.m. Worship Service at 7 Fiveways Boulevard, Keysborough and via livestream through <https://www.villagechurch.org.au> \*Kids Church at 7 Fiveways Boulevard, Keysborough - 10.30am for 4-year-olds through to Grade 6. All welcome.

#### Prayer Time

Weekly - Wednesdays 10-11am at the church. Monthly - This month is Saturday 15th July; 9-10am at the church. Monday 17th July; 7.30-8.30pm via Zoom Only. Contact office for link. Please contact the office for further details and to register your interest in any of the following groups.

#### Bible Studies

We have different fortnightly groups that run throughout the week

#### Monthly Ladies Group

Once a month 2nd Saturday of the month at 1.30pm

#### Monthly Men's Group

Once a month on the 4th Sunday of the month at 5pm (BBQ and study)

#### Young Adults' Life Groups

Fortnightly on Wednesday evenings 7.30pm

#### Youth Group

Every Friday night during school term 7pm till 9pm. \*Youth group not held during school holidays.



## Marriage & Family Support

For nearly 90 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all. As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion. Please give us a call on 0481 352 404, we'd love to be able to encourage, support and strengthen you.

Our Church Office is at 7 Fiveways Boulevard, Keysborough. Please feel free to call Helen or Lesley on **8712 8254** with any enquiries you might have and leave a message if the office is unattended.

Our Pastor is Rodney Hole who may be contacted through the Church Office.

## Christ Church - Anglican Church Dingley Village



**Vision:** "From within you shall flow rivers of living waters"

## Sunday Services

8:30 AM (Heritage Church) Holy Communion Service. 10:30am (Auditorium) Worship Service with Kids' Church.

## Connect Groups for Bible Study

For more information, please contact our office.

## Youth Group Friday

Drop off 6:30 pm, pick up 9pm. Lots of fun and engaging activities for ages 12 to 18 years. Contact our office for details.

## 2nd Tuesday Monthly Service

2pm Pleasant Tuesday Traditional Holy Communion with favourite hymns in the Heritage Church followed by social afternoon tea. Please contact our office for transport if needed.

## Weekly Prayer Meetings

Wednesday 1pm in the Heritage Church  
Saturday 8am in the Atrium. Healing, Deliverance & Prayer Ministry available upon request.

## Roundabout Op Shop

Supports communities Locally, Nationally, and Internationally. Offering many bargains (good quality clothing, books, bric-a-brac, toys,

Volunteers Welcome!

## Opening Hours:

- Wednesday 9.30 am – 4 pm
- Thursday 9.30am – 1.30 pm
- Saturday 9.30am – 1.30 pm

**Donations:** We take clean useable items but cannot accept electrical goods, bedding, or baby/child equipment.

## Supported Missions

### Medical Mission Auxiliary (MMA)

Monthly 1st Sunday, after morning services. Beautiful handmade goods, yummy jams, cakes, and relishes. Funds support medical supplies to hospitals in Tanzania, Nepal & Kenya.

Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

## Food Parcels Available

For those in need, upon request.

## Pastoral Counselling

Please contact our parish office for details and bookings.

## The Marriage Course

Coming to CCD. 7 Week marriage enrichment course, Thursday nights, 7pm-9:45pm, starting 3rd August. All welcome. Registration required. Please call the office for information or to book.

Senior Pastor: Richard Loh  
Parish Office: **03 9551 7871**  
Email: [admin@ccd.org.au](mailto:admin@ccd.org.au)  
Website: [www.ccd.org.au](http://www.ccd.org.au)

## St. Mark's Catholic Church

511 Lower Dandenong Road, Dingley Village, 3172.  
Phone: **9551 6930** or **9547 4877**  
Email: [Springvale@cam.org.au](mailto:Springvale@cam.org.au)  
Website for further information:

St Joseph Springvale | Catholic church.  
Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

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## Mass Times

- Saturdays, 6pm
- Sundays, 9.30am
- Confession before Mass on Saturdays

## The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village, Office Phone: **(03) 9558 2045**  
[facebook.com/KingstonCitySalvos](https://facebook.com/KingstonCitySalvos)  
[www.salvationarmy.org.au/kingstoncity/](http://www.salvationarmy.org.au/kingstoncity/)

Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington

## Hours of operation:

10:00am – 4:00pm Monday to Friday or by appointment.

## Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

## Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

## Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief. Please phone **9558 2045**, Wednesdays, Thursdays & Fridays 10am – 4pm to make an appointment.

## Echo Church

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*heaven to earth*

Vision: 'heaven to earth'

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- Matthew 6:10

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# THE DINGLEY DOSSIER

ABN: 71 463 442 675

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