



THE DINGLEY DOSSIER

Volume 51
 Number 11
 December 2023
www.dvnc.com.au/dossier

HAVE YOUR SAY ON THE DRAFT MASTERPLAN FOR SPRING ROAD RESERVE, DINGLEY VILLAGE

The City of Kingston, as part of its commitment to improving our open space, have developed a draft masterplan for Spring Road Reserve, to guide the long-term planning for the site. They want to hear from you, did they get it right!

Project background

Last year City of Kingston consulted with the community to understand how we currently use Spring Road Reserve- and how we would like to use it in the future. Detailed feedback revealed that the community desires:

- Picnic areas with BBQ and shelters
- Active spaces and nature play
- More trees and garden beds
- Improvements to the dog park
- Toilet facilities
- More benches and seating options
- Exercise and fitness equipment
- More paths and walking/running circuits
- More formalized car parking



Project details

The draft masterplan has been developed with significant input from the community, clubs and stakeholders to ensure the reserve meets the community's needs now and in the future.



Key areas for improvement identified in the draft masterplan include:

- Enhanced Ecology (tree canopy coverage and biodiversity)
- Acknowledgement (Indigenous cultural inclusion)
- Connections and movement (paths and improved connections to surrounding areas)
- Recreation (active spaces and a fenced dog park)
- Reserve facilities (picnic areas, toilets, seating and parking)
- Unique experiences (amphitheatre/ stage, sculptures, view lookouts, kite flying)

You can view the full draft masterplan for Spring Road Reserve and complete a survey at <https://www.yourkingstonyoursay.com.au/>

Have your say

You can provide your opinion by:

- Taking part in the online survey
- Chatting to a City of Kingston Officer at the pop-up engagement stall on the 2nd December at the Kingston Farmers Market, Kingston Heath Reserve, Cheltenham
- 285 Centre Dandenong Road, Cheltenham, 07:30 AM - 01:00 PM
- Make a further submission via email to info@kingston.vic.gov.au or mailing PO Box 1000 Mentone.

This consultation is open until Sunday 10th December 2023.



FARMERS' MARKET

SATURDAY 16TH DECEMBER | 8:30AM - 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land and the important role all Aboriginal and Torres Strait Islander people continue to play within Australia.

WHAT'S ON AT THE NEIGHBOURHOOD CENTRE?

LIVING IN DINGLEY VILLAGE

IMPORTANT NUMBERS

City of Kingston:
1300 653 356

Emergency: 000

Police: 131 444

Crime Stoppers:
1800 333 000

Lifeline: 13 11 14

Suicide Call Back Service:
1300 659 467

SES: 13 25 00

Poisons Info: 13 11 26

Coronavirus Hotline
1800 675 398

MensLine:
1300 789 978

WIRE
(Women's Information and Referral Exchange):
1300 134 130

Safe Steps:
1800 015 188

Nurse on Call:
1300 606 024

Tip Smells & Dust:
EPA 1300 372 842

Aircraft Noise:
1800 802 584

Neighbourhood Centre:
8512 0505

Community Association:
dvcasecretary@gmail.com

Men's Shed:
9551 5892

VicRoads Faults and Hazards:
13 11 70

RSPCA:
9224 2222

Justice of the Peace

Malcolm Gilbert: **0418 549 800**
Marion Harriden: **9551-1799**
Allan Harris: **0412 073 719**

Zumba Gold with Norma

Zumba Gold is a low- impact dance fitness class perfect for beginners of all ages and fitness levels. Thurs, 9.30am -10.30am in the Harold Box Hall, \$10.00 per class. No need to book just come along.

Seniors Body and Balance with Norma

This class focusses on balance, ranges of motion and coordination. Thurs, 11am-12pm in the Harold Box Hall, \$10.00 per class No need to book just come along.

Social Table Tennis with John

Catering to all skill levels both men & women. Come along and join this friendly group. Mon, gam & Wed 12.30pm in the Harold Box Hall \$3.00 per session. New members Welcome. No need to book just come along.

Writing for Pleasure

Beginners to Established. People write for many different reasons. Would you like to explore your creativity in a supportive group. Wed, 10am to 12pm in the Centre. Free drop-in group.

Social Art group

Art group for those who would like to finish off a project while having a chat and a coffee in the evening. Every Tues evening 6.30pm-8.30pm in the 'Craft Room', near the Harold Box Hall. Free Class, no need to book.

Knit, Craft & Natter with Marlene

Have a knitting or any other craft project lying around or want to learn how to knit. Thursdays 10am -12pm in the Centre. Free Class, no need to book- Just come along.

Chatty Café

The Chatty Café Scheme aims to get people chatting to build and encourage social connections within the local community, and to help reduce social isolation and loneliness.

Let's keep our community connected!
Wed 10am to 12pm in the 'Harold Box Hall in the Foyer'. Free, just some along.

Safe Seats Safe Kids with Michael

We have free Child car restraint fittings and safety check done here at the Centre carpark. Thursday 10am-2pm. Bookings go to: www.safeseatssafekids.com.au

Collection Point

You can drop off the following items at the Centre: prescription glasses/ hearing aids, stamps & unused toiletries from hotel rooms. These items are then recycled for use by local service groups.

Playgroup Victoria for Dingley Village

Tuesdays 9.30am-11.30am in the Harold Box Hall. Need to contact Hannah via Facebook: Dingley Village Playgroup.

Taekwondo with David

Mon & Thurs 5.30pm -7pm in the 'Harold Box Hall'. If you are interested in joining, contact David on **0439 304 579**.

Tai Chi with James

Tai Chi helps increases flexibility and balance. Wed 6.30 - 8.30pm in the 'Harold Box Hall'. To book phone **0430 570 460** or qigongsong@hotmail.com

Children & Adult Art Classes with Lesley:
starts 14/11/23

Children's classes: Mon & Thurs 4.30pm - 6.00pm in the 'Craft room' in the Harold Box Hall.

Adult classes: Paint & Sip *Must be over 18+ to attend. Mon & Thurs 7pm-9pm in the 'Craft room' in the Harold Box Hall. Contact Lesley to book via email ezfrommelbz@gmail.com.



Southern Taekwondo
Affiliated with No's Taekwondo
Classes for men, women & children of all ages. Qualified Coaches. Gradings at all Levels.
Classes held at Dingley Village Neighbourhood Centre, Marcus Rd
For class times or more information
Ph 9583 5680 or 0439 304 579

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COMMUNITY

Victorian Container Deposit Scheme (CDS Vic)

CDS Vic provides a 10 cent refund for every eligible drink container returned at refund points across Victoria. Every bottle, can and carton you return helps divert valuable containers from landfill. Most aluminium, glass, plastic and liquid paperboard (carton) drink containers between 150mL and 3 litres are eligible. Do not crush and keep the lids on, CDS Vic recycle them too! See DVCA article for local refund points.



Congratulations EcoSouLife & Brainwave Bikes

Both these Dingley Village businesses took out awards in the City of Kingston Sustainable Business Awards for 2023. Brainwave Bikes took out the Diversity and Inclusion Award. They retail second-hand bicycles to reduce landfill waste and have processed over 2,000 bicycles, many of which are donated to needy communities. They also provide work opportunities for youth with disabilities.

EcoSouLife took out two awards, Ethical Sourcing and Procurement, offering environmentally friendly tableware alternatives to harmful plastics, foams, and metals. Their products naturally degrade when buried. The second award was Sustainable Leadership for their profound social and environmental influence. This has been demonstrated with the way they have positively impacted Indonesian communities by utilising leaves, once considered waste, to make biodegradable bowls sold in Australia. This has significantly uplifted the local economy, enabling children to attend school.

Theft from Vehicles

In late October and early November, there were a spate of vehicle break-ins' and attempted break-ins' in Dingley Village. Victoria Police recommend the following to reduce your risks.

- Remove all valuable items.
- Lock your car, even when parking at home.
- Close all windows, including the sunroof.

- Lock external toolboxes and equipment, if they can't be removed.
- Park off the street. A locked garage is best or a driveway if you don't have a garage.
- If parked in a driveway, consider the installation of a sensor light and CCTV.
- If you need to park on the street, park in a well-lit area.



Special Dates in December & January

Advent 3rd – 24th Dec

Advent is the period leading up to Christmas. It begins on the fourth Sunday before Christmas (Advent Sunday) and continues through to December 24th (Christmas Eve). In Western churches, Advent Sunday marks the beginning of Christian liturgical year.

Chanukah Festival of Lights 7th – 15th Dec

Chanukah or Hanukkah commemorates the recapture and rededication by the Jewish people of the Jerusalem Temple. The festival lasts eight days and nights, with an additional candle lit each night to symbolise the miracle of the cruse of oil that lasted eight days.

Bodhi Day 8th Dec

Bodhi Day commemorates the day Buddha attained enlightenment under a Bodhi tree. It generally falls on the eighth day of the twelfth month of the lunisolar calendar.

Human Rights Day 10th Dec

Our basic human rights sit at the core of how our societies function and the protection and advancement of our human rights is key to a sustainable and safe society. Things that many of us take for granted – such as the right to an education, the right to receive medical care, and the freedom to practice our chosen

religion – are not equally available to all Australians and people in other parts of the world.

Christmas Day 25th Dec

Christmas is the celebration of the birth of Jesus Christ, who is considered by Christians to be the Son of God, and the saviour of all people. Christmas is celebrated by many in Australia regardless of religious affiliation. Christmas lights and trees are displayed, carols are sung, and individuals come together to exchange gifts and spend time with family and friends.

New Year's Eve – 31st Dec

New Year's Eve is a time for communities, families and friends to celebrate the year past and the year to come according to the Gregorian calendar.

Christmas Day (Orthodox Christians) – 7th Jan

Christmas falls on a different day in the Orthodox Church because they still observe the traditional Julian calendar, which has the original dates for Christian celebrations before the Gregorian calendar was introduced.

Australia Day- 26th Jan

Australia Day is the official National Day of Australia. Observed annually on 26 January, it marks the 1788 landing of the First Fleet at Sydney Cove and raising of the Union Flag by Arthur Phillip following days of exploration of Port Jackson in New South Wales.

In present-day Australia, celebrations aim to reflect the diverse society and landscape of the nation and are marked by community and family events, reflections on Australian history, official community awards and citizenship ceremonies welcoming new members of the Australian community.





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Make A Difference Dingley Village

Christmas Food Drive

11 - 14th December 2023

JOIN US TO HELP FAMILIES IN NEED

Make a Difference are extremely busy supporting families and need help from the residents of Dingley Village.

WHAT WE NEED:

JUICES, PASTA, RICE, CANNED VEGETABLES, CEREAL, TEA, COFFEE, SUGAR, CANNED FOODS, TOILETRIES, LAUNDRY PRODUCTS ETC.

DROP OF AT 29 MARCUS ROAD 9AM - 3PM
Phone: 03 9551 1799

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SATURDAY
16th DECEMBER

8.30 AM - 1PM
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www.dvnc.com.au/farmersmarket

DINGLEY VILLAGE COMMUNITY ASSOCIATION

We wish every Dingley Village resident a Happy & Safe Christmas. We hope you have enjoyed and been informed of local issues in our monthly articles. We will be back in February and hope everyone has a Happy and Prosperous 2024.

Congratulations to our new Mayor - City of Kingston

We hope you have enjoyed and been informed of local issues in our monthly articles. We will be back in February and hope everyone has a Happy and Prosperous 2024. Congratulations to Cr Jenna Davey-Burns, our newly elected Mayor of the City of Kingston, and Cr. Tracey Davies who has been elected Deputy Mayor.

DVCA wishes to acknowledge and thank Cr. Hadi Saab for his terrific service as Mayor for our community over the past year.

Annual Community Consultation Meeting 2023 - Thankyou

Thankyou to all the local businesses and community who supported the Annual Community Consultation meeting held last month at the Dingley Village Neighbourhood Centre (DVNC).

DVCA greatly appreciated the generous donation of prizes, for the raffle held at the meeting, made by the following local businesses.

- Anytime Fitness
- Bendigo Bank
- Buxton Real Estate
- Charcoal Chicken Takeaway
- Eva Rose Hair Salon
- Hawthorn Football Club
- Mona's Bakehouse
- Spring Park Golf Course
- Woolworths Supermarket
- Archibald Honey
- Bunnings Keysborough
- Cellarbrations

- Discount Chemist Outlet
- Flowers By Kathleen Florist
- Match & Co Cafe Bistro
- Pizza Lioni
- Soul Press Cafe

Christmas Shopping - Support Our Dingley Village Shops

When doing your Christmas shopping or eating out during the Festive Season, don't forget to support our local shops and excellent restaurants/cafes - it's in your interest to do so!

Please remember - each dollar you spend locally helps keep our shopping centre strong and vibrant for us all and continuing to provide us with great local services right here in Dingley Village.

Container Deposit Scheme - Recycle Your Bottles & Cans

Great we now can recycle our drink containers - helping the environment to reduce waste and being paid to do it! From 1 November, Victoria finally got into action (only Tasmania remains without bottle recycling) and we can now recycle all our drink containers / bottles which have the eligible 10c refund labelling on them.

Where Can You Go to Recycle Your Drink Containers - Dingley Village

Currently, recycling facilities located close to the village, are:

1. The Dingley Hotel Carpark - 334 Boundary Rd Dingley Village

A RVM Kiosk (single shipping container) - a small capacity facility

2. NU container Recycling - 100 Malcolm Rd Braeside

A Depot - great for recycling large numbers of containers quickly and easily and has a cash refund facility. Staffed and operated 7 days per week.

So don't toss out those Christmas drink cans and bottles, collect and

recycle them instead. Recycle Your Soft Plastics Waste Also Soft plastics, such as plastic shopping bags, frozen food and veggie produce bags, cling wrap and other packaging can also be dropped off for recycling.

This all helps to protect the environment from soft plastic waste which can seriously pollute our ecosystems and oceans. Your closest collection points for soft plastic soft plastic recycling are located at:

1. Council Offices - 1230 Nepean Hwy, Cheltenham
2. Clarinda Community Centre - 58 Viney St, Clarinda
3. Springers Leisure Centre - 400 Cheltenham Rd Keysborough

Make sure the soft plastics you drop off for recycling are food-free and empty.

Can We Help?

If you are a resident in Dingley Village and have an issue concerning our Village you would like addressed - please let us know and we will see if we can help.

DVCA Contact Info:

Contact us by email at dvcasecretary@gmail.com or come to our monthly evening meeting.

Meetings are held in the library, on the second Tuesday each month, February-November at 7.30pm. located at 31 Marcus Rd. New members are most welcome to attend. For further information please contact the DVCA Secretary at dvcasecretary@gmail.com, or visit www.dvca.info.

DVCA is actively seeking new enthusiastic members to join and help keep our village a great place to live and work in. Membership is open to all residents who genuinely care about our Village.





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Dingley Village Police Update



Crime Stoppers (1800 333 000)
To provide crime information. It can be anonymous.

STAY SAFE ON THE ROAD THIS CHRISTMAS AND NEW YEAR

During peak holiday periods it's important to be patient, as there is likely to be extra traffic on the road.

Plan your route to your destination, stop and take regular breaks if travelling long distances.

Watch out for pedestrians, particularly in busy car parks and popular tourist/holiday spots.

Do not drink alcohol or take drugs if you are driving, including prescription drugs that cause drowsiness.

Do not respond to other drivers on the road who may be driving aggressively.

Make sure your vehicle is running properly.



neighbourhoodwatchkingston



www.nhw.com.au



Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.

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Don't need full time childcare, working part-time, working from home, home schooling or just need a few hours child free, then we have the answer. We have 5 hour sessions available for pre-school aged children.

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Monday - Friday

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OUR COUNCIL

Historic moment as Kingston elects first female Mayor and Deputy team.

Kingston will be led by its first ever female Mayor and Deputy Mayor team with Councillor Jenna Davey-Burns elected as Mayor and Tracey Davies as Deputy Mayor for the year.

Wattle Ward Councillor Davey-Burns was elected to Council in 2020 and is serving her first term as Mayor. She has previously served as Deputy Mayor. Chicquita Ward Councillor Davies was also elected to Council in 2020 and is serving her first term as Deputy Mayor.



Cr Jenna Davey-Burns (Mayor) and Cr Tracey Davies (Deputy Mayor)

Cr Davey-Burns said she was deeply honoured that her colleagues had placed their trust in her and is both humbled and elated to serve and lead Kingston.

"I am very focused on building strong, collaborative, and transparent partnerships with our community. By working together, breaking down barriers and celebrating everyone in our community we can build an even more cohesive, connected, and inclusive Kingston," Cr Davey-Burns said.

This historic moment is the first time Kingston has elected a female Mayor and Deputy Mayor team. "How exciting to be part of Kingston's first all-female Mayor and Deputy Mayor team," Cr Davey-Burns said.

"Representation matters. Girls and young women deserve to have strong role models and opportunities to take up leadership roles in their schools, clubs, workplaces, and local councils." Chicquita Ward Councillor Tracey Davies said it was an incredible honour to be elected Deputy Mayor.

"I am extremely proud to represent Kingston as Deputy Mayor and look forward to continuing to work collaboratively with the Mayor, councillors and the community to achieve positive results," Cr Davies said.

"Council will continue working hand-in-hand with our community and I am

confident that together we can deliver a bright future for our city."

The pair paid tribute to the many friends, family and mentors who had encouraged and supported them to succeed.

"We have a truly remarkable community, live in one of the most wonderful places in the world and have so much ahead of us. We are stronger together," Cr Davey-Burns said.

Keep talking to us Kingston

26 October 2023

Most councils ask once a year for budget ideas from the community, but in Kingston we've decided to make that opportunity available all year-round! Mayor Hadi Saab said since launching our innovative Talking Kingston earlier this year, we've been simply blown away with the positive response.

"Our aim in introducing this 365-days-a-year platform was to provide our residents and businesses with the opportunity to provide early input and a greater level of influence over how we invest your rates into our city at all times," Cr Saab said.

"Thanks to everyone who has contributed so far, including the more than 160 submissions that helped shape the 2023/24 budget - we have loved putting your ideas into action and delivering new services, initiatives, and projects."

You've been talking, we've been listening:

- You've been championing a Chain of Parks for Kingston and we are completing another link in that chain with the upcoming opening of the fabulous new Elder Street South Reserve.
- \$2.3 million has been committed to revitalise Edithvale shopping strip and deliver a great local shopping experience.
- More than 4,500 trees are being planted to create the green and canopied Kingston you told us you want to live in.
- You told us you wanted the Kearney Drive Playground in Aspendale Gardens upgraded - works are currently underway to revitalise this playground for the community.
- We're building female-friendly facilities at Southern Road Pavilion to make sure we're providing equal access to sports for women and girls.
- Plus, much more.

Mayor Saab said he is looking forward to the momentum continuing.

"As we look ahead to 2024-25 and beyond, we are strongly encouraging everyone to keep engaging and talking to us about

Submit your ideas before 31 December for them to be considered as part of the 2024/25 budget. Visit www.yourkingstonyoursay.com.au/talking-kingston

Kingston in the spotlight at MAV meeting and awards

25 October 2023

The City of Kingston and our longest serving councillors took centre stage during the recent Municipal Association of Victoria (MAV) Annual Conference and State Council.

Along with other long serving councillors across the state, Kingston councillors Steve Staikos (15 years), David Eden and Tamsin Bearsley (both 10 years) were acknowledged for their exceptional commitment to the municipality of Kingston and contributions to the Local Government sector during the annual Councillor Services Awards ceremony.

Mayor Saab said serving the community through local government was a privilege and a unique responsibility.

"As mayor I have the great privilege of seeing firsthand the hard work and hours our dedicated Kingston councillors put into their role, often on top of their day job, and it's great to see Steve, David and Tamsin being recognised," Cr Saab said.

"They always have our community's best interests front of mind and we are lucky to have them as true local representatives."



At State Council the following day, continuing a tradition of being strong advocates for our residents and the broader Victorian population, Kingston had all three submitted motions strongly supported by the delegates in attendance.

The motions respectively concerned the State Government providing a clear policy direction aimed at improving the design, useability, specifications, and accessibility of car stackers; the State Government

reviewing the Planning Guidelines for the Conversion of Golf Course Land to other Purposes, and their practical application; and the State Government ensuring that freeways and arterial roads for which VicRoads are responsible are maintained to an appropriate level.

Mayor Hadi Saab said each of the motions focused on issues that are very topical across local government at present and he is looking forward to the Victorian Government acting on them.

"In all three cases we are seeking consistency and leadership from the state level. It's essential that all levels of government work collaboratively to find solutions for issues impacting our communities, our state, and our nation," Cr Saab said.

"Car stackers are becoming more common across Melbourne in particular, with this likely to only grow further, with the large-scale development on the way to meet the housing crisis.

"There are a number of golf courses (including Kingswood and Rossdale within Kingston) looking to redevelop their land and the guidelines and process around this need to be robust.

"And as always it is essential for safety and amenity that our key roads are maintained appropriately."

Kingston remains committed to reconciliation

26 October 2023 (This statement can be attributed to Mayor Hadi Saab):

After observing the week of silence following the Voice Referendum, I want to acknowledge that this is a very difficult time for many in our community.

On a personal level, I am deeply saddened by the outcome, but I was pleased to see that local support for the Voice was strong. The result does not impact the City of Kingston's commitment to reconciliation or on our local action including our support of the Derrimut Weelam Gathering Place in Mordialloc.

We will continue to listen to and work with our First Nations community members and we acknowledge that First Nations people have a rich and continuous connection to this area.

It's now essential to move away from the rancour of the last few months and pause, reflect, connect, heal, and move forward together. We confirm, in the strongest possible terms, our continuous commitment to work through our Reconciliation Action Plan.

Information in this article is provided by City of Kingston

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Given that Australia has one of the highest rates of bowel cancer in the world it is extremely important that colonoscopies are performed as soon as possible for patients with symptoms such as a change in their bowel habits, have onset of abdominal bloating or pain or who are passing blood with their stools. This advice is relevant to patients of all ages, not just those over the age of 50. Gastroenterologists around the world are seeing increased rates of bowel cancer in people from age 25 to 50 years.

The earliest, most treatable forms of bowel cancer generally have no symptoms. Clinical trials have shown that offering bowel cancer screening tests i.e. faecal occult blood kits saves lives through early detection. These kits are sent to patients after the age of 50, arranged by their GP or can be purchased from the local chemist. Patients who have had a positive test or who have a positive family history of bowel cancer are candidates for screening colonoscopy. Colonoscopy is a cost-effective way to detect and prevent (with polypectomy) bowel cancer at early and curable stages.

When bowel cancer is suspected, either through screening or investigation of symptoms, the bowel lining can be examined by colonoscopy. The colonoscope is a flexible video camera which is passed into the bowel through the anus. Interventions such as biopsy, polypectomy (removal of polyps) etc are part of this procedure.

A colonoscopy is performed as a Day Procedure. Preparation drinks are needed to clear the bowel prior to the colonoscopy. It is performed under sedation for which you will need a person to take you home from the Day Procedure Centre and you do require 24-hour surveillance after your sedation. It is generally covered with your insurance fund apart from your excess and a small out of pocket from the doctor.

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JAKE MABEY



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Wondering why your finance broker is contacting you after you've settled on your property? The simple answer is that a finance broker is with you for life.

You've scored the home of your dreams with the help of your finance broker, and you've just popped the bubbly to celebrate. Congratulations!

When the bottle's empty and you've settled into your new home, you'll notice your finance broker is still in your life, and you might wonder why – after all, they got you the loan and earned their commission. Why would they still care how you are going?

Care, of course, is what it is all about. A good finance broker does care. They know it's a good idea to keep in touch. After all, you should be reviewing your current loan every year and your finance broker can let you know how you're tracking along.

Building a long-term relationship with your finance broker is a good idea, as he or she will know the ins and outs of your circumstances and what you want for your future. Your finance broker will also stay on top of your account and, with expert industry knowledge, keep his or her ear to the ground for any new products or better interest rates that would benefit you. As well as expecting to hear from your finance broker regularly, there are a few times you should contact them. This is because if your life circumstances change, it may impact your mortgage.

For example, you may be welcoming a baby into your home, you may receive a higher salary, your income may be temporarily reduced, or you may decide to get married. Otherwise, you may want to refinance to a better deal or consolidate your debts. You may also want to access the equity that you have accumulated in your home for a renovation, an investment or a holiday- all of which your finance broker can help you with.

We have all evidenced how fast things can change. Two years ago, Australia had the lowest interest rates in its history. Internationally rates were proclaimed as being at a 5,000-year low. Rapid movement in rates since then has highlighted the importance of access to ongoing expert advice.

At Integrity Finance Australia we have several clients who have been with us for more than 15 years. We have assisted them survive the global financial crisis (GFC) of 2008, and through multiple periods of increasing and decreasing rates, including to the recent record low rates (great time for fixing!) and beyond.

Even those most seasoned of borrowers benefit from staying in touch with their broker, who can assist them with lower rates, lower repayments, and better access to required funding. And if you decide to invest in property, your finance broker can help look for investment loan options.

Every bank has different calculators, guidelines, costs, and rates. Your broker

will help you maximise your returns.

Life is not just a destination; it is a journey. That journey is best undertaken with roadmaps and with mentors. Those who make random and ill-informed decisions are more likely to become lost. A good finance broker will assist with your map and will assist you through your journey.

2023 has been an eventful year in that journey. If we all lived life only by the news headline stories, then the stress and worry of 2023 would have us all in an early grave. We need to remember that when a glass is half empty, it is also half full.

Moving into the Christmas holiday season I give thanks to be living in Dingley Village. We are truly blessed to be in such a home. Integrity Finance Australia has been serving this community since 2006, and our lending advice services have changed many lives for the better.

If we can assist you, please email support@ifafinance.com.au, or call us on **03 9511 8883**.

From all of us, to all our readers, we wish you a Merry Christmas and Happy New Year, we hope 2024 brings you peace, cheer, good health and prosperity.

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SAFE COMMUNITY

ACCC warns online fraud rife in lead-up to Christmas, flagging common scams to watch out for



Experts are urging shoppers to exercise extreme caution when buying online in the lead-up to Christmas, listing a number of scams to watch out for. Last year, the Australian Competition and Consumer Commission (ACCC) revealed Australians lost a record \$3.1 billion to scams — an 80 per cent increase on total losses recorded in the 2021 calendar year.

ACCC National Anti-Scam Centre executive general manager Heidi Snell agreed online scams were “rife” at Christmas. She warned fraudsters were creating websites that looked like major brands and chains, which people often searched for.

“There are a lot of fake stores out there,” she said. “We see a lot of impersonations of bigger brands.”

Australian Federal Police Cybercrime Operations Acting Commander Grace Calma said online scams were among the fastest growing crime types in Australia.

“As the busy Christmas period approaches,

Australians are urged to be hyper vigilant to scams as cyber criminals attempt to take advantage of stressed and time-poor victims,” she said.

Scams to look out for.

The ACCC has identified three main types of scams to look out for this festive season:

- **Classified scams**, which target people selling unwanted items via online marketplaces such as Facebook Marketplace, utilising fake profiles and impersonating PayPal authorities, and asking sellers to update details or send additional funds to allow a transaction to take place.
- **Online shopping scams**, where thieves create near-perfect replicas of major retailers’ websites to dupe consumers. Scammers also create online stores advertising known/famous brands at discount prices, product received is a cheap imitation if received at all.
- **Parcel scams**, which leverage the fact many people are expecting online shopping orders of gifts over the festive period. Scammers send consumers a fake text about a delayed package or one that requires payment for redirection. They subsequently ask for private information that’s used to scam people by impersonating their bank.

Tips for protecting yourself from scams.

- Use a search engine to find information and reviews before buying from an unknown vendor.
- Don’t respond to unsolicited communication, especially if it involves requests for money or personal information. If you’re in doubt, call or email the company or service yourself.
- Avoid links in unsolicited emails and text messages.
- Be suspicious of investment opportunities and offers that seem too good to be true.
- Never provide remote access to your computer.
- What to do if you suspect a scam.
- Stop sending money immediately, even if you’re told its necessary to withdraw funds or get an item delivered.
- Report the scam to your bank or financial institution, local police and ASIC.
- You can also report the scam to the ACCC’s Scamwatch. The ACCC can’t help you recover your money or track down a scammer but your report may help prevent future scams.



Advertisement



Keep up to date

Stay in touch with what’s happening at the former golf course site at Centre Dandenong Road in Dingley Village.

On 1 September 2023, it was announced that Expressions of Interest (EoI) are being sought for the sale of the site.

The website will publish the latest information about the sale process, maintenance, tree, and site management. There are also contact details for those with queries.

dingleyvillage3172.com.au

Combatting Australia's 'national cancer'

When it comes to skin cancer, we need to do more to protect all Australians from the sun. Often called our 'national cancer', Australia has the highest rate of skin cancer in the world, with approximately two in three Australians diagnosed with skin cancer during their lifetime. Sadly, around 2000 Australians will die from this disease this year, and it is estimated that almost twice as many men as women will die from melanoma this year alone.

Yet research shows that many Australians, particularly men, aren't regularly using all five forms of sun protection. This year, Cancer Council Australia in partnership with the Australasian College of Dermatologists, is urging all Australians, especially men aged over 40, to be SunSmart and reduce their risk of developing skin cancer.

Over-exposure to UV radiation causes 95% of melanomas. In every region across Australia, it is likely to reach extreme levels of UV over the summer months. We encourage Australians to check the UV before you head outside, on the SunSmart app, via the Bureau of Meteorology's website or your local weather forecast.

Fortunately, most skin cancers can be prevented by using all five forms of sun protection when the UV level is 3 or higher:

- Slip on sun protective clothing that covers as much skin as possible.
- Slop on broad spectrum, water resistant SPF30 (or higher) sunscreen. Apply 20 minutes before going outdoors and every two hours afterwards.
- Slap on a hat – broad brim or legionnaire style to protect your face, head, neck and ears.
- Seek shade.
- Slide on sunglasses – make sure they meet Australian Standards



It is important to ensure that babies are well protected from the sun, keep babies away from direct sunlight as much as possible when UV levels are 3 or above. Childhood sun exposure contributes significantly to the lifetime risk of skin cancer, and babies' skin can burn easily.

Applying sunscreen

Cancer Council recommends using sunscreen every day on days when the UV Index is forecast to be 3 or above. Sunscreen should be incorporated into your daily morning routine on these days. Sunscreen should be applied 20 minutes before exposure to UV in order to create the intended protective barrier. It should be applied liberally and evenly to clean and dry skin. For an adult, the recommended application is 5mL (approximately one teaspoon) for each arm, leg, body front, body back and face (including neck and ears).



That equates to a total of 35mL (approximately seven teaspoons) for a full body application. When spending time outdoors, sunscreen should always be reapplied at least every two hours, irrespective of the water resistance of the sunscreen. Swimming, sport, sweating and towel drying can reduce the effectiveness of the product, so sunscreen should always be reapplied after these activities.

10 Myths about sun protection

Here are 10 myths about sun protection debunked by Cancer Council.

1. Sun damage is not possible on windy, cloudy or cool days. FALSE You can get sun damage on windy, cloudy and cool days. Sun damage is caused by ultraviolet (UV) radiation, not temperature.

2. A fake tan darkens the skin, protecting the skin from the sun. FALSE Fake tanning lotion does not improve your body's ability to protect itself from the sun, so you will still need sun protection.

3. Sunscreen is not necessary when using cosmetics with SPF. FALSE Unless cosmetics are labelled with an SPF30 or higher rating, you should wear additional sunscreen under your makeup if you're going to be in the sun for an extended period.

4. People with olive skin are not at risk of skin cancer. FALSE People with olive skin can get skin cancer too. Regardless of skin type, exposure to UV radiation from the sun and other artificial sources, such as solariums, can cause skin to be permanently damaged.

5. You can stay out longer in the sun when you are wearing SPF50+ than you can with SPF30. FALSE No sunscreen is a suit of armour and sunscreen should never be used to extend the amount of time you spend in the sun.

6. Plenty of sun exposure is required to avoid vitamin D deficiency. FALSE Australians shouldn't expose themselves to potentially harmful UV in order to get more vitamin D. Research suggests that prolonged sun exposure does not cause vitamin D levels to continue to increase further but does increase the risk of skin cancer.

7. You don't have to be concerned about skin cancer because if it happens you will see it, and it is easy to treat. FALSE Skin cancer treatment can be much more serious than simply having a lesion 'burnt off'. It can include surgery, chemotherapy and can result in permanent scarring.

8. Only sun seekers get skin cancer. FALSE Excessive exposure to the sun does not just happen when deliberately seeking a tan. In a high UV environment like Australia, we can be exposed to dangerous levels of UV radiation during all sorts of daily activities, such as working outdoors, gardening, walking the dog or having a picnic. This sun exposure adds up over time, increasing the risk of skin cancer.

9. If you tan but don't burn, you don't need to bother with sun protection. FALSE There's no such thing as a safe tan. If skin darkens, it is a sign of skin cells in trauma, even if there is no redness or peeling.

10. You can't get burnt in the car through a window. FALSE You can get burnt through a car window. Untinted glass commonly used in car side windows reduces, but does not completely block transmission of UV radiation.

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EYES RIGHT

The Importance of UV Protection for Your Eyes

Our eyes are incredibly precious, serving as the windows to the world, allowing us to experience the beauty of nature, art, and the faces of our loved ones. While we often take our vision for granted, it is crucial to understand the significance of protecting our eyes from the harmful effects of ultraviolet (UV) radiation. UV protection is not limited to sunscreen and clothing; it extends to safeguarding our eyes.

Ultraviolet (UV) radiation is an invisible part of the electromagnetic spectrum emitted by the sun and artificial light sources. It is categorised into three types: UVA, UVB, and UVC. UVA and UVB rays can penetrate the Earth's atmosphere and are of particular concern when it comes to eye health. Overexposure to UV radiation can lead to poor health outcomes for our eyes.

The most immediate and common effect of excessive UV exposure on the eyes is sunburn of the cornea, known as photokeratitis. Symptoms include redness, pain, and a gritty sensation in the eyes, similar to sunburn on the skin. Although this condition is usually temporary, it is incredibly uncomfortable and can result in vision impairment while it persists.

Long-term exposure to UV radiation is associated with more severe eye conditions, including cataracts and age-related macular degeneration (AMD). Cataracts are the clouding of the eye's natural lens, leading to blurred vision and eventual blindness if left untreated. UVB radiation is a major contributor to the development of cataracts. AMD, on the other hand, is a progressive eye disease that damages the macula, a part of the retina responsible for sharp central vision.

Prolonged exposure to UVA radiation is linked to an increased risk of AMD, which can lead to permanent central vision loss. The treatment of keratoconus depends on the severity of the condition and the individual's visual needs. Here are some common treatment options:

Furthermore, the skin around our eyes can be vulnerable to skin cancers such as melanoma, basal cell carcinoma (BCC) and squamous cell carcinoma (SSC) when we are exposed to excessive UV radiation. Pterygium and pinguecula are non-cancerous growths that can also develop in association with UV exposure, leading to red and irritated eyes as well as increased levels of astigmatism.

UV protection for the eyes is essential to reduce the risk of these eye conditions. The use of sunglasses with 100% UV protection is an effective way to shield your eyes from harmful UV rays. When purchasing sunglasses, it's crucial to ensure they offer protection against both UVA and UVB radiation. A wide-brimmed hat can also provide additional protection by reducing the amount of UV radiation that reaches the eyes.

Children are particularly vulnerable to the harmful effects of UV radiation. Their eyes are more transparent, allowing more light and therefore UV radiation to reach the sensitive structures inside the eye. Protecting children's eyes with UV-blocking sunglasses and hats from an early age can significantly reduce their risk of developing eye conditions in the future.

It's worth noting that UV exposure is not limited to sunny days or summertime. UV radiation is present year-round, even on overcast days, and can be reflected off surfaces like water, sand, and snow, intensifying its effects. Therefore, wearing UV-protective sunglasses should be a daily habit, regardless of the weather.

In conclusion, the importance of UV protection for your eyes cannot be overstated. UV radiation poses a significant threat to the health and well-being of your eyes, potentially leading to conditions such as cataracts and age-related macular degeneration.

By wearing UV-protective sunglasses and taking other precautionary measures, you can significantly reduce your risk of eye damage and enjoy clear vision throughout your life. Remember, taking care of your eyes today means a brighter and clearer vision tomorrow.

At Dingley Eye Centre, we pride ourselves on our knowledge and desire to stay up to date with the latest research to better look after your eyes and preserve your vision. We are passionate about your sight and the health of your family's eyes. Call us to make an

appointment, book online on our website www.insightfuleyecare.com.au or come down for a chat with us about how you can better look after your eyes.



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YOUTH CORNER



Dingley Scouts

Wow, December already. Where has this year gone? Our sections have ended the year the same way they started. Lots of fun, games, adventure and friendships.



Our cubs had an amazing time learning about the history of kites. They were able to make their own and fly them down at Spring Rd Reserve. We even had a sneaky venturer there to 'help' the section that night. Yeah right. Never too old to fly a kite right.....

Scouts have had some amazing experiences. They have learnt about CB radios and other forms of radio communications, they have gone bike riding and learnt some basic bike maintenance and learnt some survival skills.

A number of our venturers ended the year at VG23. Vic Gathering 23. The objective of VG is to provide a fun weekend for venturers, guides, rovers and leaders to unwind at the end of a busy year. And wasn't it just what the doctor ordered. Ventures got to play laser tag in the forest, four wheel driving, white water rafting and so much more. It was a great way for our older youth to end the year.

I think you would agree it's been a huge year for our Group with so much adventure both here, at home, but also overseas. Can't wait to see what 2024 brings.

Wishing everyone a safe and happy holiday season.

| | |
|----------------------|--|
| Joey's 5 – 7yrs | Please contact our Group Leader below. |
| Cubs 8 – 10yrs | Monday 6:45pm – 8:15pm |
| Scouts 11 – 14yrs | Thursday 7:00pm – 9:00pm |
| Venturers 15 – 17yrs | Friday 7:30pm – 9:30pm |
| Rovers 18 – 26yrs | Monday 7:30pm – 10:00pm |

For more information contact Vanessa on **0402 489 773** or email dingleyscoutgroup@gmail.com



WRITERS CORNER



A Station Waiting Room

The red dust had turned to mud in my eyes and was the only thing that was keeping them open. It hurt to blink, which I was doing repeatedly as a railway station appeared out of the billowing dust storm ahead.



I rolled my wrist forward to slow my bike as the station came into focus as reality not a mirage. Dog Kennel Flat the sign read. Coasting to a stop the engine was tinkering as it cooled. It was hard to hear over the cracking of my joints as I hooked the side-stand down with my heel.

The dust storm had moved on leaving the air furnace hot and dry. I lifted my helmet off and tried to lick my lips, but my tongue was stuck in my mouth. My mind was running the map and trip notes through in my head as I swung off the bike and stretched arching my back to ease the tension as I took my jacket off.

I was riding to Alice Springs to reclaim the freedom of pre pandemic motorbike rides. Either I was lost, or I had missed something major in my research of the route. There was no mention of Dog Kennel Flat station that I had seen and the nearest the railroad came to this part of the road was 100 clicks away! Feeling more confused, my boots scraped, as I gimped up the steps to the platform.

It was very real. I hoped that there was a tearoom, or even better a beer, in this station that should not be here. Could not be here. The platform was stark and empty with no trace of the dust storm or people. There was the distinctive "Sweet Click" of a can being opened from inside the waiting room as I entered. A cold can was pressed into my hand before my eyes had adjusted to the gloom. My head dropped back as I drank deeply. I opened my eyes to confirm what my tastebuds were screaming "Speights". What the!

A New Zealand beer in the middle of the Australian Outback. "You needed that bro" Mark grinned at me.

"Chur. I was not expecting this for sure." I placed the empty can on the ground, placed a heavy boot on top before balancing in a crouch on the can. Fingers danced in from both sides, to trigger the can crushing to a flattened disc.

"I haven't done that in over thirty years." Looking round the room I saw that I knew everyone here. They were from different parts, or phases, of my life so there were small knots of people scattered around the room.

Mark was with Dave, L J and Slug from my festival times. Muzza and Pete from my motorbike days. Joansie and Brian from my working days in NZ. My eyes swept the room again. Did they only have me in common?

I spun to the door needing to get out! "I see you have it worked out, you always were quick on the uptake." I turned to Steve my drinking buddy for 30 years. "You are all dead" I stammered to him. The lopsided grin of his shone back at me "Try again genius." "We? We are all dead?"

"Being met by those you remember makes it easier to adjust" his grin still shining as he passed me a cigar, with a scotch chaser, then headed to the pool table. "You hit a Big Red at 100 clicks, no second chance with that ... and, no going back."

Lance R 2023

Dingley Village Writers Group

We need you! We are a small group who have been enjoying creative writing experiences and great casual conversation for a few years now. We meet each Wednesday morning at the DV Neighbourhood Centre - when it's not school holidays. Attend when you like and participate whenever you like, there is no cost. We have all improved our writing from learning from each other and if you want a tip or two, we can offer those too. Call 8512 0505 and leave your details. A member of the Writing Group will call or email. No obligations.



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**Victorians urged to
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CIRCLING THE CLUBS



Country Women's Association Dingley Village



"All women, all ages, all places. grow, connect, improve."

Save the date: CWA Christmas Stall, Saturday, December 9, 2023, from 9am @ Woolworths, Dingley Village

The Dingley Village CWA girls have been busy crafting an array of Christmas gifts, delightful baby knits and stunning aprons, as well as delicious homemade Christmas baking and preserves. The best part? Every dollar raised at the Christmas Stall will go directly to charity, making a meaningful difference in the lives of those in need.

Mark your calendar: Woolworths, Dingley Village, Saturday, December 9, 2023, from 9am until sold out (cash only).

CWA Dingley Branch meets at the Dingley Village Neighbourhood Centre on the 4th Wednesday of the month at 10am. If you need any further information about CWA or would like to consider becoming a member, please contact Sue **0434 879 875**.

Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 14th of December and the January one is on the 11th. Starting time is 7.00 PM and meals and snacks are available if you want to make a night of it. Of course, you have the usual wide choice of beverages being dispensed for your indulgence.

Our regular dinner on the last Saturday of the month is proving popular with members and the next one will be on the 30th of December. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board.

We wish a speedy recovery to those suffering any illnesses. To all our members and Dossier readers have a great Christmas season and an enjoyable New Year.

We are more than happy to welcome new members to the Group. Enquiries can be made to Graeme on **9551 3462**.

PS – Make the most of the extra hours of sunlight and your current state of health.

Probus Club Dingley Central



At our November meeting the guest speaker was Mick Lin from the Hawthorn Football Club. He is the General Manager - Commercial Strategy and infrastructure, and he spoke to our club about the development of a world class sports and recreation facility, that is currently under construction in Tootal Road, Dingley.

There will be 2 main ovals, one a training ground for the Hawthorn AFL team on an MCG sized oval, and the other will be used for AFLW games that will include night time lighting. Some buildings and grounds will be available for community use, and the main foyer will be open to the public. There will be opportunities for blind football and wheelchair teams to play as well. The HFC has been collaborating with the council utility providers EPA. Being in close proximity to the airport, the Football Club has also consulted with CASA, which resulted in a lower height for their light towers. They have been designed to avoid stray lighting for aircraft, cars and nearby houses.

Activities planned for December: Happy Hour, Legs Morning Coffee, Wine Tasting, Camera Club, Morning Melodies and Christmas Lunch.

Our meetings are held on the 1st Monday of the month, at The Salvation Army Kingston City, 13/12-16 Boulevard, Dingley Village. New members are always welcome. For further information contact Jean on **0438 272 232**.

Dingley Village Senior Citizens Club Incorporated

Sadly, we have to report the passing of Lyn Trotter. Lyn was a long time and dedicated Member of the Club and also a Past President. Our condolences go out to her brother, Peter, and her family.

As the Holiday Season and Christmas are coming up, we only have two Mondays of organised activities left for 2023. For Monday the 4th of December – Games, Cards, Rummikub and Scrabble, or just come in for a chat and a cuppa.

Monday the 11th – this will be our Christmas Breakup Luncheon, to be held at the Club. Bookings for this are essential.

We wish a Happy, Safe, and Healthy Festive Season and New Year towards all of our readers. Our first meeting for 2024 will be held on the 22nd of January. For more information, contact our President, Margaret, on **9580 4321** or our Vice President, Joan, on **0421 736 795**.

Dingley Village Historical Society

We are open Monday Tuesday and Thursday, 10am-12noon. During the Dingley Village Farmers Market on the third Saturday of the month 10am -12noon. We can open other days if requested.

We are at 31A Marcus Rd, near the library. Phone number **9551 4374** or email at enquiries@dvhs.com.au

Dingley Village Men's Shed



Opening Hours and General Activities:

| Day of Week | Open Hours | General Activities |
|-------------|--|---|
| Monday | 9:00am - 1:00 pm | Metal Work, Wood Work, Art, Bicycle & Car Maintenance |
| Tuesday | 9:00am - 12:00 pm 1:30pm - 3:30pm | A' Team workgroup & Bike Riding Group Photography |
| Wednesday | 9:00am - 12:00 pm | Bike Riding Group & Music Group |
| Thursday | 9:00am - 12:00 pm 1:00 pm - 3:00 pm | A' Team workgroup Pool / Snooker |
| Friday | 9:00am - 1:00pm | Members Muster This is our main day! |

Every Friday Morning (except holidays as designated), come along, enjoy a cuppa, a chat & meet with your fellow shedders. We also hold a great Raffle (fundraiser) for members & visitors, and also a Golf Putting Comp.

Other Activities from time to time include Golf Days, Special Event Days e.g., Cup Day & Australia Day BBQ's, plus, the occasional outing to places of interest.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road. Ph. **9551 5892**, E-mail: info@dvms.org.au www.dvms.org.au



Lions Club of Dingley Village



If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre. Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne – 9551 3770 /0488 004 809. dingleyliions@gmail.com

Rotary Club Noble Park – Dingley



Active Rotarians – making friends and making a difference.

The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities. Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide.

We meet at 6.30pm on the first three Thursdays of each month at Keysborough Golf Club in Hutton Road. Please email info@npdrotaryclub.org.au for more information.

Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings. VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children. Australia has over one million children living below the poverty line.

Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education. Women from all walks of life are most welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or 0419 309 931.

Meeting; Second Tuesday of the month at 10am. Where: Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking.

Italian Senior Citizens of Kingston - "La Baracca"

The Italian Senior Citizens of Kingston offer a two course homecooked lunch with coffee and biscuits every Wednesday and Sunday at 12 pm. \$17 for members, \$20 non-members.

New members welcome. All are welcome to socialise, play billiards, bocce and cards and once a month Sunday Bingo. The last Sunday of every month we hold a lunch dance at 12pm offering a three course meal with coffee and a live band. Booking essential Giovanna 0421 045 648.

Keysborough & District Multicultural Senior Citizens Inc.

This over 55s club is located at 352 Cheltenham Road Keysborough and the following activities are available for members and visitors:

Tuesdays – Bingo on the 1st, 2nd and 4th of the month 1pm to 3pm. \$3.00 entry and \$1.50 book. Concerts with professional entertainers on the 3rd Tues of the month 1pm to 3pm. \$3 entry.

Wednesdays – Line Dancing 1pm to 3pm \$3 entry

Thursdays – Ballroom dancing lessons 12.30 to 1.00pm and Ballroom dancing from 1.00pm to 3.00pm. \$3 entry. Tea and coffee are supplied for all activities.

12 December - Christmas Luncheon

16 January - Rob Foenander.

20 February - Alex Matthews.

The Christmas luncheon is at the Highway Club on 12th December and the club will close after the 14th of December. 2024 activities will commence on 16th January. Club membership for F/Y 23/24 is \$10.00. Contact is Jo on 0409 944 133.

Spring Park YWCA Golf Club

A friendly welcoming group of ladies of varying standards meet at 7.45am for an 8.00am start on Monday mornings at Dingley's Spring Park Golf Course. Cup of tea & biscuit is shared after the round.

We play 9 holes & provide an excellent starting point for those who have completed golf lessons & are ready to hit the fairways. Further information: Jillian Sanders 0419 501 365 (Captain), Julie Westcott 0438 269 622. (President), Jan Boyes 0497 096 377 (Secretary)



Mentone Hub Activity Group

We are a group of seniors who get together every Tuesday to play cards and various other games at the Mentone Hub in 29 Venice St, Mentone. We play Bingo very few weeks (for chocolates as prizes, not sheep stations), also Crazy Whist for similar prizes.

We don't take it too seriously; the point is to enjoy ourselves. We are under the auspices of Kingston U3A, so if you are a member there, you are already paid up.

We start at 10am, BYO lunch, we supply tea, coffee, milk and biscuits and finish at 3pm. If you are registered with the Kingston Council for Home Help or other services, you can arrange to be picked up and brought home, we are happy to welcome new members.

Kingston Communicators Toastmasters Club

Gain valuable skills in Effective Communication & Leadership at all our meetings.

Join us at a club meeting as a guest! We meet each 2nd, 4th and 5th Wednesday of the month from 7:15 pm for a 7:30pm start at Mentone Activity Hub, 29 Venice Street, Mentone, VIC, 3194

For details or more information call 0497 839 947 or visit us at <https://kingston.toastmastersclubs.org/>



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Kingston City Church



Our Vision: Connecting People To Jesus Christ

Our Mission: Reach, Restore, Relate, Resource And Release.
Ph: **8551 6600**, Fax: **8551 6690**.
Web: www.kcc.crm.org.au
Email: admin@crm.org.au

Senior Pastor: Dan Parker
Sunday Services: 10am Service has Children's Ministry.

Kingston City Church is Celebrating Christmas!

Sunday 10 December - 4.30pm to 7.30pm.

Kingston City Church will not have a morning service on Sunday 10 December. Instead, we are having our Christmas celebration at 4.30pm to 7.30pm.

We will have outdoor activities on site from 4.30pm to 6pm. There will be a petting zoo and jumping castle for the kids and for those that are a bit peckish, a sausage sizzle, drinks and coffees will be available to purchase.

Then at 6pm, we will head into our Auditorium for an evening of Christmas carols from our KCC worship team and a Christmas play titled: 'The Case for Christmas'. The kids from Kingdom Kids will also be performing a Christmas song. It will be an awesome afternoon and evening of family fun, fellowship and celebration.

All are welcome to come along and celebrate the birth of our Lord and Saviour Jesus Christ. We hope to see you there on Sunday 10 December. From Kingston City Church, we hope that you have a lovely Christmas and New Year.

Heatherton-Dingley Uniting Church



Cnr. Kingston and Old Dandenong Roads, Heatherton.

Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m. All enquiries phone **0431 244 561**.

www.heathertondingleyua.org.au

Our Vision and our Mission

To seek to connect people to God and each other.

Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life

Christmas Services

Carols by Candlelight - Sunday, 17th December at 7.30 p.m. followed by supper. Christmas Day - 10.00 a.m.

What's On:

Wednesdays - Prayer meeting at the church 9.00 - 9.30 a.m. If you have a concern that you would like prayed about ring Margaret on **0401 392 772**.

Know Your Bible - 9.30 - 11.00 a.m. An interdenominational study of the Bible for women.

Second And Fourth Thursdays Of The Month

Unleash the Music in You - 8.00 p.m. at the Church. For further information contact Bob Lorraine on **0418 998 714**.

First Friday Of Each Month

Indoor Carpet Bowls - 2.00 p.m. in the Church Hall followed by a cuppa.

Third Saturday On Odd Months Of The Year

A special service for dog owners and lovers to which you can bring your dog. For further information contact Margaret on **0401 392 772** or Rev Deacon Andrea Mayes on **0408 65 93**.

Third Saturday On Even Months Of The Year.

Bark And Chat - This is an informal group of dog lovers who bring their dogs along for a chat and short information session on different topics relating to dogs, followed by morning tea. For further information contact Margaret on **0401 392 772**.

Village Church Inc.



"Inspiring People to Discover and Develop Life in Christ"

Church Office: 7-9 Fiveways Blvd, Keysborough, 3173
Phone number: **8712 8254**
Email: admin@villagechurch.org.au
www.villagechurch.org.au

Our Church offers a range of ministries as follows:

Christmas Eve

Sunday 24th 10.00 a.m.

Christmas Eve Worship Service, please come and join us at 7 Fiveways Boulevard, Keysborough and via livestream through <https://www.villagechurch.org.au>

Christmas Day

Monday 25th 9.00 a.m. Christmas Day Worship Service, please come and join us at 7 Fiveways Boulevard, Keysborough and via livestream through <https://www.villagechurch.org.au>

Sundays

10.00 a.m. Worship Service at 7 Fiveways Boulevard, Keysborough and via livestream through <https://www.villagechurch.org.au> *Kids Church at 7 Fiveways Boulevard, Keysborough - 10.30am for 4-year-olds through to Grade 6. All welcome.

Prayer Time

Weekly - Wednesdays 10-11am at the church. Monthly - Contact Church for times and dates.

Bible Studies

We have different fortnightly groups that run throughout the week.

Monthly Ladies Group

Once a month 2nd Saturday of the month at 1.30pm.

Monthly Men's Group

Once a month on the 4th Sunday of the month at 4.30pm (BBQ and study)

Young Adults' Life Groups

Fortnightly on Wednesday evenings 7.00pm.


Youth Group

Every Friday night during school term 7pm till 9pm. Youth group not held during school holidays. Please contact the office for further details.



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Marriage & Family Support

For nearly 90 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all. As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion.

Please give us a call on **0481 352 404**, we'd love to be able to encourage, support and strengthen you. Our Church Office is at 7 Fiveways Boulevard, Keysborough. Please feel free to call Helen or Lesley on **8712 8254** with any enquiries you might have and leave a message if the office is unattended. Our Pastor is Rodney Hole who may be contacted through the Church Office.

Christ Church - Anglican Church Dingley Village



Vision: From within you shall flow rivers of living waters" John 7:38

Christmas is just around the corner! On Sat 2nd Dec, Ladies wear a splash of Pink and please bring a plate of food to share and join us for our Advent Ladies' High Tea from 3pm-5pm. We will be singing Christmas Carols in Dingley Village on Sat 16 Dec.

On Sun 17th Dec we will be having Carols by Candlelight in the Heritage Church, celebrating our 150th Christmas, starting at 7pm. Office is Closed 25/12 - 2/1/2024.

Christmas Services

- 8:30AM Sunday Service (Heritage Church) Sun 24th
- 5PM Nativity Carols Family Service (Auditorium) Sun 24th
- 11PM Midnight Service (Auditorium) Sun 24th
- 8:30AM (Heritage Church) Holy Communion Mon 25th
- All are welcome to join us.

Sunday Services

8:30 AM (Heritage Church) Holy Communion Service. 10:30 AM (Auditorium) Worship Service with Kids' Church.

Connect Groups for Bible Study

For more information, please contact our office.

Youth Group Friday

Drop off 6:30 pm, pick up 9 pm (sign-in essential). Lots of fun and engaging activities for ages 11 to 17 years during school term. Contact our office for details. Last 2023 Youth Group 15th Dec. Youth Group returns 2nd Feb 2024.

2nd Tuesday Monthly Service

2 PM Pleasant Tuesday. Traditional Holy Communion with favourite hymns in the Heritage Church followed by a social afternoon tea. Please contact our office for transport if needed.

Weekly Prayer Meetings

Wednesday 1 PM in the Heritage Church
Saturday 8 AM in the Atrium Healing, Deliverance & Prayer Ministry available upon request.

Roundabout Op Shop

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- Wednesday 9.30am - 4 pm
- Thursday 9.30am - 1.30 pm
- Saturday 9.30am - 1.30 pm

Donations: We take clean useable items but cannot accept electrical goods, bedding, or baby/child equipment
Last date for 2023: Sat Dec 16th
Reopens Sat 3rd Feb 2024

MMA Stall:

MMA opens quarterly, usually on the first Sunday of the month but a change of date for December. Next MMA Sunday 10th December

Supported Missions:

CCD supports: Make A Difference, Dingley Village; Common Grace; Hands At Work, Africa; BCA; CMS; NCIC.

Food Parcels Available

For those in need, upon request.

Prayer Ministry

Please contact our parish office for details and bookings.

Senior Minister: Rev. Richard Loh

Parish Office: **03 9551 7871**

Email: admin@ccd.org.au

Website: www.ccd.org.au

St. Mark's Catholic Church

511 Lower Dandenong Road, Dingley Village, 3172.

Phone: **9551 6930** or **9547 4877**

Email: Springvale@cam.org.au

Website for further information: ST JOSEPH SPRINGVALE | Catholic church Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

Mass Times

- Saturdays, 6pm
- Sundays, 9.30am
Confession starts from 5.30 pm before Mass on Saturdays

The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village.

Office Phone: **(03) 9558 2045**

Facebook.com/KingstonCitySalvos

www.salvationarmy.org.au/kingstoncity/

Corps Officers (Ministers): Major Jennifer Cloke and Major Andrea Elkington.

Hours of operation

10:00am - 4:00pm Monday to Friday or by appointment.

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

Our Vision

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia, one life at a time, with the love of Jesus.

Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief. Please phone **9558 2045**, Wednesdays, Thursdays & Fridays 10am - 4pm to make an appointment.

Echo Church



Vision: 'heaven to earth'

"Your Kingdom come, your will be done, on earth as it is in heaven."
- Matthew 6:10

50 Tootal Rd. Dingley Village

info@echochurch.org.au

www.echochurch.org.au

Sunday's at 10AM

Senior Leaders: Justin & Leigh Box

DINGLEY VILLAGE TRADE DIRECTORY

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| Dingley Chiropractic Centre | 9558 1436 |
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CHURCHES

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| Christ Church, Dingley | 9551 7871 |
| Heatherton Dingley Uniting | 0431 244 561 |
| Kingston City Church | 8551 6600 |
| St. Mark's Catholic Church | 9551 6930 |
| Salvation Army | 9558 2045 |
| Village Church Inc. | 8712 8254 |
| Echo Church | 9558 3980 |

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THE DINGLEY DOSSIER

ABN: 71 463 442 675

Editor: Pam Gates
Publisher: Dingley Village Neighbourhood Centre Inc.
 31B Marcus Road,
 Dingley Village. 3172
Phone: 8512 0505
Email: dingleydossier@dvnc.com.au

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