

THE DINGLEY DOSSIER

Volume 50 Number 8 September 2022

ULURU STATEMENT FROM THE HEART

In May 2017, over 250 Aboriginal and Torres Strait Islander Delegates from all points of the Southern Sky gathered in Mutitjulu in the shadow of Uluru and put their signatures on a historic statement. The Uluru Statement from the Heart is an invitation to the Australian people from First Nations Australians.

It asks Australians to walk together to build a better future by establishing a First Nations Voice to Parliament enshrined in the Constitution, and the establishment of a Makarrata Commission for the purpose of treaty making and truth-telling.

ULURU STATEMENT FROM THE HEART

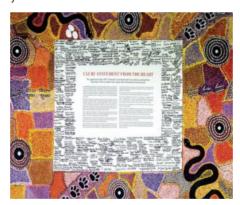
We, gathered at the 2017 National Constitutional Convention, coming from all points of the southern sky, make this statement from the heart:

Our Aboriginal and Torres Strait Islander tribes were the first sovereign Nations of the Australian continent and its adjacent islands and possessed it under our own laws and customs.

This our ancestors did, according to the reckoning of our culture, from the Creation, according to the common law from 'time immemorial', and according to science more than 60,000 years ago. This sovereignty is a spiritual notion: the ancestral tie between the land, or 'mother nature', and the Aboriginal and

Torres Strait Islander peoples who were born therefrom, remain attached thereto, and must one day return thither to be united with our ancestors. This link is the basis of the ownership of the soil, or better, of sovereignty. It has never been ceded or extinguished and coexists with the sovereignty of the Crown.

How could it be otherwise? That peoples possessed a land for sixty millennia and this sacred link disappears from world history in merely the last two hundred years?



With substantive constitutional change and structural reform, we believe this ancient sovereignty can shine through as a fuller expression of Australia's nationhood. Proportionally, we are the most incarcerated people on the planet.

We are not an innately criminal people. Our children are aliened from their families at unprecedented rates.

This cannot be because we have no love for them. And our youth languish in detention in obscene numbers. They should be our hope for the future.

These dimensions of our crisis tell plainly the structural nature of our problem. This is the torment of our powerlessness.

We seek constitutional reforms to empower our people and take a rightful place in our own country. When we have power over our destiny our children will flourish. They will walk in two worlds and their culture will be a gift to their country. We call for the establishment of a First Nations Voice enshrined in the Constitution.

Makarrata is the culmination of our agenda: the coming together after a struggle. It captures our aspirations for a fair and truthful relationship with the people of Australia and a better future for our children based on justice and self-determination.

We seek a Makarrata Commission to supervise a process of agreementmaking between governments and First Nations and truth-telling about our history.

In 1967 we were counted, in 2017 we seek to be heard. We leave base camp and start our trek across this vast country. We invite you to walk with us in a movement of the Australian people for a better future.

FARMERS' MARKET

SATURDAY 17TH SEPTEMBER | 8:30AM - 1:00PM



We acknowledge the Traditional Custodians of the land on which we live, and pay our respects to them, their culture, their Elders past, present and future and uphold their relationship to this land.

COMMUNITY

LIVING IN **DINGLEY VILLAGE**

IMPORTANT NUMBERS

City of Kingston: 1300 653 356

Emergency: 000

Police: 131 444

Crime Stoppers:

1800 333 000

Lifeline: 13 11 14

Suicide Call Back Service:

1300 659 467

SES: 13 25 00

Poisons Info: 13 11 26

Coronavirus Hotline

1800 675 398

MensLine:

1300 789 978

WIRE

(Women's Information and Referral Exchange):

1300 134 130

Safe Steps:

1800 015 188

Nurse on Call:

1300 606 024

Tip Smells & Dust:

EPA 1300 372 842

Aircraft Noise:

1800 802 584

Neighbourhood Centre:

8512 0505

Community Association:

dvcasecretary@gmail.com

Men's Shed:

9551 5892

VicRoads Faults

and Hazards:

13 11 70

RSPCA:

9224 2222

Justice of the Peace

Malcolm Gilbert: 0418 549 800 Marion Harriden: 9551-1799 Allan Harris: 0412 073 719

Fathers' Day

To all the fathers, grandfathers, step dads, foster dads, dads-to-be, father figures, and all those doing the father role, wishing you all a wonderful day filled with love and laughter.

There is a difference between talking with a financial advisor and a financial counsellor. An advisor has suggestions as to how you handle and maybe invest your money. A counsellor is able to help you with serious money concerns. We are lucky at Make a Difference Dingley Village, that we have a qualified professional financial counsellor available to meet and assist you (at no cost of course). Kate is able to help you deal with a range of issues including spiralling bills, rising debt or dealing with creditors. Please call us (9551 1799) at 29 Marcus Rd. Kate would be pleased to see and assist you.

PLEASE DON'T FEED Magpies and Native Birds Mince!

It's the same story, every single year. Spring time, and wildlife rescue centres get calls about fledglings that can't walk, that look scraggly, that are being attacked by other birds. This is a DIRECT RESULT of people feeding there parents mince meat, diced meat, cat food or bread. The chick doesn't end up with enough calcium or phosphorus in growth and its legs deform into weak clasped toes. Its feathers are weak, tatty and broken. Often their beaks are bent or broken. Please, if you want to feed birds in your garden, buy insects from your local pet shop to throw on the grass for them, dig some worms out of your compost or even simply just water your lawn so insects come to the surface. But please, please, don't feed them meat. It's killing

GO DINGOES

Its finals time and Dingley Village will be well represented with teams from senior football, junior football and netball all participating. Great to see our local teams doing so well after the past two years of disruption.

Special Dates in September

Blue September - 1-30 September

Blue September is a nationwide awareness and fundraising initiative about all the cancers that affect men - not just prostate and testicular cancer, but also bowel, lung, liver, pancreatic and other cancers. The campaign aims to raise funds for Australian Prostate Cancer Research and Australian Cancer Research Foundation charities to raise men's awareness of cancer and help them to reduce the risk of developing and dying from cancer by making better lifestyle choices and seeking help sooner rather than later. Website: <u>www.blueseptember.org.au</u>



Adult Learners Week - 1-8 September

Adult Learners Week is an international celebration of lifelong and lifewide learning. Visit the Adult Learners Week Website for more information. Website: ala.asn.au/adult-learners-week/

National eSmart Week - 4-10 September

In 2021, the Alannah & Madeline Foundation celebrated 'Responsible Action' for National eSmart Week from 6-12 September. By taking responsible action, we can demonstrate how we all keep kids safe online and offline. Website: www.esmart.org.au/events/national-esmart-week/

R U OK? Day - 8 September

Are You Ok Day is an annual national day of action that aims to get Australians connecting with friends and loved ones, by reaching out to anyone doing it tough and simply asking: "Are you ok?" talking about suicide with someone at risk actually reduces the chances of them taking their life. R U OK? Day is about prevention, preventing little problems turning into big problems. Website: www.ruokday.com/

World Alzheimer's Day - 21 September

World Alzheimer's Day, September 21st of each year, is a day on which Alzheimer's organizations around the world concentrate their efforts on raising awareness about Alzheimer's and dementia. Alzheimer's disease is the most common form of dementia, a group of disorders that impairs mental functioning. At the moment, Alzheimer's is progressive and irreversible. Website: www.dementia.org.au.

Rosh Hashanah (Jewish New Year) - 25 - 27 September

Rosh Hashanah, the Jewish New Year festival, commemorates the creation of the world. Customs include the blowing of the Shofar, a ram's horn trumpet, and the dipping of apples in honey as a symbol of the sweet New Year that lies ahead. Work is not permitted. It starts on the evening of Sunday, September 25th ending the 2 day celebration at sundown on Tuesday, September 27th.

National Police Remembrance Day - 29 September

The National Police Remembrance Day honours the memory of those police men and women who have given their lives in the service of the community





OUR NEXT MARKET IS ON SATURDAY 17TH SEPTEMBER

FRESH LOCAL PRODUCE

Rain hail or shine the market runs year round. Next Market is on Saturday 17th September

At their heart, farmers' markets are a place for food producers and consumers to connect directly in the buying and selling process. Our farmers' market gives you a chance to meet the person who grew or made your food.

Just because farmers benefit from farmers' markets, doesn't mean shoppers miss out. Farmers' markets allow food consumers to buy high-quality goods without the retail margin. On top of that, there's no middle-man taking a cut so you can know that your money is actually supporting a local farmer. Farmer's markets also allow foodies to try exciting new products from small suppliers who may not be able to get supermarket shelf space. Gluten-free, vegan, vegetarian and FODMAP options are available.











DingleyVillageFarmersMarket

It is an activity of the Dingley village Neighbourhood Centre and does not operate for profit. Customer feedback, concerns and ideas are welcome, look out for Market Manager Amy and market staff in orange hi-vis vests that say EVENT STAFF.







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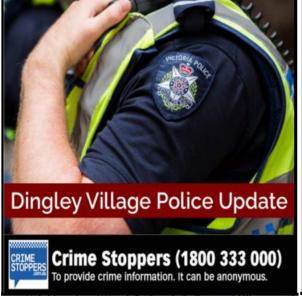
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Parcel Delivery Theft

Despite the best efforts of delivery drivers to leave items in a safe place, there's always a risk when leaving a parcel unattended.

Request signature on delivery for your parcel. This means that packages cannot be left behind unattended by the courier. Instead, your courier will send it to your nearest post office or facility for you to collect.

Get parcel insurance. Parcel insurance covers the purchase value of lost, damaged or stolen deliveries.

If you receive regular deliveries consider purchasing a parcel locker for your deliveries to be left in.

Set up a simple WIFI security camera to deter thieves. If package is taken you will have evidence for police.

Have your parcel delivered to your workplace, if allowed or redirected to your local post office

The majority of online retailers allow you to leave instructions for the courier. In case you miss it, this section is usually available to you before finalising your transaction. The instructions can be as simple as letting them know where they can safely leave your parcel.

Neighbourhood Watch & Victoria Police would like to remind everyone to always securley lock your vehicle and never leave valu ables visible.

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DINGLEY VILLAGE COMMUNITY ASSOCIATION

DVCA Annual General Meeting

The DVCA Annual General Meeting was held on 9 August 2022 and the newly elected DVCA Executive are.

Chairperson - Leigh Gridley Vice Chairperson - Karen Hastings Treasurer - Jon Garrard Secretary - David Madill

Cr Hadi Saab, Karkarook Ward and Jonathan Guttmann, General Manager Planning -Place, City of Kingston, addressed the AGM on key issues affecting our village, advising.

- Hawthorn Football Club development works scheduled to start later this year
- Construction of the new Council Aquatic Centre at Governor Rd Mordialloc, which has a 5 year development timeline, should be commencing in 2024
- Spring Rd Reserve Masterplan community consultation will occur in first half of 2023
- The proposed pedestrian crossing (opposite Mona's Bakery) on Centre Dandenong Road is now scheduled for construction in 6 months time.

DVCA Chairperson, Leigh Gridley thanked the DVCA executive and members for their service over the past year, especially Paula McLean for her outstanding term as DVCA Treasurer over the past 10 years.

2022 Year in Review - DVCA

DVCA proudly and effectively represented Dingley Village residents in a variety of areas during the past year and some of the issues DVCA members have been actively involved in are.

Chadwick Reserve

Chadwick Reserve playing surfaces and play area completed in 2021, the pavilion works progressed, and a plan was developed for the adjacent "Paddock" area. Handover to the sporting clubs is only weeks away, but DVCA will continue to address this site for any further work needed.

Souter Oval

Souter Oval redevelopment was funded, put to tender and confirmed. The DVCA contributed to the Stage 1 vision and preliminary plans. Work is expected to begin after the 2022 football season.

DVNC

Dingley Village Neighbourhood Centre Redevelopment Stage 2 plans are complete, with our call for the retention of a full-sized basketball court accepted. Council has received \$2 million from the State Government for this project.

Hawthorn Football Club

Hawthorn Football Club gradually progress their plans for the Kennedy Community Centre on Tootal Road. Their communication has been good, and the plans appear to strongly value community - we must ensure that this continues.

Moorabbin Airport

DVCA member John Cincotta continues to represent and update us on matters of the Moorabbin Airport and its effects (particularly aircraft noise) on Dingley Village. His comprehensive submission to the MAC Masterplan on our behalf contributed to the resulting restrictions on non-aircraft development on that site.

Kingswood Golf Course

The Public Hearing on the Kingswood proposed development ran throughout November 2021, with presentations made by DVCA Chair Leigh Gridley, as well as many other key players and concerned citizens. A decision was expected to be made in early 2022 by Planning Minister Richard Wynne, but we still await a decision on this

This decision is now to be made by Lily D'Ambrosio as Alternate Planning Minister, following disclosure of a conflict of interest by the newly appointed Planning Minister, Lizzie Blandthorn, whose brother's lobbyist firm, Hawker Britton, has Australian Super (owner of Kingswood Golf Course) as a client

The Liberal (Opposition) Party have pledged to reject the development plan if elected in November 2022. They added that if a decision is made prior to November, should they win office they will negotiate to reduce density and increase community involvement to the best of their ability. The current Government has not responded to this.

Have Your Say - Housing Strategy Amendment C203

Amendment C203 Housing Strategy (City of Kingston Neighbourhood Character and Housing Study 2021), is now on public exhibition for your feedback. This Amendment sets out proposed residential zones for the City of Kingston.

What does this mean for our Village?

This important Amendment sets out proposed residential zones for the City of Kingston, with;

- Most of Dingley Village is designated Neighbourhood Residential zoning (NRZ) with a 2 storey height limit.
- A limited area around the village shopping centre precinct (200 metres

walking distance), to have General Residential zoning (GRZ) with a 3 storey height limit.

Whilst we do not want 3 storey medium density housing units in our village, destroying our unique neighbourhood character, the current State Government will not accept this. Consequently, Council however has done a good job minimising the required GRZ zone (3 storey building height) to our village activity centre (shops).

DVCA hopes that this Amendment, when finally legislated into the Planning Scheme, will assist in preserving our unique village environment and protect the neighbourhood character and amenity of our residential streets and suburbs from inappropriate housing, such as Australian Super's current proposed development of Kingswood Golf Course for the large-scale construction of medium density "front and rear loading townhouses" up to 3 storeys high.

Amendment C203 Process Timeline

- Public Exhibition: 6 weeks from 18 August to 29 September 2022
- Council Consideration of our Feedback: December 2022
- State Government Directions
 Hearing: week of 13 February 2023
- State Government Panel: week of 27 March 2023

What Do You Need To Do?

- Check out the planning zones proposed for our village and your property
- Have Your Say to Council about this important planning Amendment C203 and send in your feedback / submission to Council before 29 September 2022.

Council will consider our feedback, then review and finalise Amendment C203 for approval by the Planning Minister and inclusion in Planning Scheme legislation.

DVCA

The DVCA is open to all residents who genuinely care about our Village. Meetings are held in Harold Box Hall at the library, on the second Tuesday each month, February-November, at 7.30pm.

New members are most welcome to attend. For further information please contact Leigh (President) and Jon (Secretary) at dvcasecretary@gmail.com, or visit: www.dvca.info.



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OUR COUNCIL

Supporting our community through annual grants program

Social welfare organisations, education providers, emergency services and sporting groups across Kingston are among those sharing in over \$1.5 million to continue their great work, thanks to Council's Annual Community Grants Program.

Kingston Mayor Steve Staikos said Council was delighted to continue to support local not-for-profit groups to deliver a wide range of services, programs, and special events for the community.

The number and diversity of our community groups and clubs is one of the main reasons Kingston is such a great place to live, work and play and we are very proud to be able to support their ongoing efforts, Cr Staikos said.

"We continue to live in challenging times and these organisations provide invaluable support networks, social engagement opportunities and a real sense of belonging for so many across our community."

A total of 196 Community Grants have been allocated this year.

Among those most represented were preschools and other early learning groups, who provide services to our youngest residents.

"Access to quality learning, social stimulation and support for children is just so vital for their development and for families, and to be able to assist our local services through these grants is particularly important," Cr Staikos said.

Council has also provided funding to multicultural and seniors organisations to enable these groups to meet for regular social, educational, and cultural activities which help to break down social isolation and build community connections. Kingston's Community Grants Program is split into two main categories:

Partnership Grants

Partnership Grants provide secure and longer term (three years) funding support to community centres, neighbourhood houses, emergency services, social welfare organisations and seniors and multicultural groups to address organisational operational requirements and includes festivals and events components.

Annual Grants

Annual Grants are for multiple neighbourhood area groups and Annual

Grants are for multiple neighbourhood area groups and organisations and designed to provide funding for one-off activities that have municipal significance. The maximum funding available for an Annual Grant is \$10,000 per application. The broader funding categories also include Individual Development Grants, Student Achievement Grants, Arts Grants, and Children's Week Grants.

Kingston Council statement in response to the Victorian Government's announcement regarding the Suburban Rail Loop Environmental Effects Statement:

Kingston Council joins with our community in disappointment that the train stabling yard will proceed next to Heatherton homes at the Delta Site in Kingston's Green Wedge. Despite this setback for Heatherton residents, Kingston Council recognises the Victorian Government's commitment to provide replacement open space and significant mitigation measures to reduce impact on residents.

Kingston Council had opposed the use of the Delta Site for a train stabling yard - as the site had been identified through a Public Acquisition Overlay for decades as part of the Sandbelt Open Space Chain of Parks Project - and earmarked to meet a critical regional need to address the shortfall of sporting facilities.

The loss of land that would have included regional sporting facilities to cater for the growing need for women's and girls' sports must be urgently replaced, with an open space site to provide the community with a much-needed and long-promised sporting facility.

Acting Kingston Mayor Jenna Davey-Burns said the Delta site was a key part of the Kingston Green Wedge Plan and it is going to be hard to accept for Council and our community. "Our community for decades had been looking forward to having new open space and extensive sporting facilities on the Delta Site in Kingston's Green Wedge," Cr Davey-Burns said.

"Council is keen to now see the significant promise of the Chain of Parks delivered. This means a fit-for- purpose replacement for the 34 hectares of planned regional sporting facilities which will be lost to the train stabling, must be urgently provided.

Our community deserves access to green open spaces, which are so important for the environment and our health and wellbeing. We are glad that the Government has

recognised this and is committed to delivering a suitable replacement site, which we will be pushing as a matter of highest priority."

Cr Davey-Burns said she welcomes the findings of the EES process, which support many of Council's suggested improvements for the project, incorporated at the new station at Sir William Frv Reserve in Highett and the train stabling yard in Heatherton. "Kingston proactively developed improved designs that aimed to maximise new green open spaces, putting climate change and our community at the centre of the design. With a strong focus on connectivity through improved pedestrian and cycling pathways and a prioritisation on community facilities like the much-loved farmers market and skate park, Council's designs reflect what we as a community love and need," Cr Davey-

Kingston conducted significant community engagement to develop international best-practice designs for both sites. Cr Davey-Burns acknowledges the significant efforts the community made towards the EES process to help recommend improvements to Kingston's design for the project which resulted in positive changes being recommended in the EES report. Changes announced by the Victorian Government, many of which respond to Kingston Council's significant advocacy, include:

- Replacement open space for the 34-hectare Delta site be identified and acquired as a high priority, with Council and community views considered. Delivery of replacement open space should occur as soon as possible with intention to establish it prior to operation of the stabling facility.
- Replacement of open space lost at Sir William Fry Reserve to be delivered at the neighbouring Gas Works development site.
- Consideration of a green roof at the Heatherton Stabling yards – to minimise noise impacts, substantially improve visual appearance and deliver climate resilient infrastructure – similar to what was delivered at the Government's desalination plant.
- Widening the pedestrian bridge between the new SRL station (at Sir William Fry Reserve) and the existing Southland Station/Southland precinct to improve pedestrian/cycling links.
- Investigating options for a local alternative to replace the loss of vehicle right turn at Old Dandenong Road/Kingston Road.

- Improved pedestrian/cycling connections between the new SRL station (Sir William Fry Reserve) and the eastern side of Nepean Highway.
- Giving Councils a seat at the table to provide greater influence over designing spaces its community will enjoy for the next 100 years.

Karkarook Ward Councillor Hadi Saab said that residents are deeply disheartened by the stabling yard outcome despite strong advocacy by Council and the community and he is committed to doing everything he can to continue bringing residents' concerns to the forefront.

'While we are disappointed that not all mitigation measures suggested by the community and Council were recommended for adoption, we are looking forward to working closely with the Suburban Rail Loop Authority and the local community to ensure that the tougher requirements on construction impacts announced by the Victorian Government address the concerns of neighbouring residents," Cr Saab said.

"Unfortunately, neighbouring residents are facing years with a construction site next

door, and we want to work closely with the Suburban Rail Loop Authority to ensure all options are considered and every effort made to minimise the impact on their daily lives.

"Council will be working proactively with the Suburban Rail Loop during the design, construction and operation phases to get the best possible outcomes for our community."

Cr Saab noted the Suburban Rail Loop Authority is recognised as the biggest infrastructure project in the State's history and with this comes an enormous responsibility to get the planning and procurement parameters right.

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Authorised by Mark Dreyfus MP, ALP. 566 Main Street Mordialloc 3195.

LETTER TO THE EDITOR



Did you know the Government is forcing three storey buildings into Dingley Village and we must accept it? Why? If we don't accept Kingston Council's compromise, then the Andrews Government will enforce a bigger area

This coercion is unacceptable, but please know Kingston Council is brilliant and have fought for years to slow overdevelopment. We can only hope a change of Government will throw out three storey in Dingley Village, or we will find ever increasing high density, due to "precedent".

affects Save Kingswood, as AustralianSuper want to impose nearly 700 three storey units on our Golf Course Park. We know the fiasco where the new Planning Minister cannot make a decision on Kingswood, due to conflict of interest. Are they withholding good news until just before the Election, to boost the incumbent's votes? Or withholding bad

news until after the election, so we cannot make Kingswood an election issue? Where is the democracy? Kingston Council already abandoned three plans for Kingswood and the Minister said about Kingswood:

"I always encourage councils to make decisions in line with the expectations of their local communities - planning outcomes are always better when the voice of the community is heard."

In the meantime, they are relentlessly moonscaping the Kingswood Golf park. Do you agree "AustralianSuper destroys the environment"?

If you are not on our newsletter list, please email savedingley@gmail.com, with "Save Kingswood Newsletter" in the Subject.

Kevin Poulter, President, Save Kingswood Group inc.



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RETIREES INVITED TO OPEN DAY

Dingley Central Probus
Open Day

9.45 a.m. Monday 3rd October 2022

Kingston City Salvos Hall, Unit 13, 12-16 Garden Blvd, Dingley Village.

Reserve your seat with the Dingley Central Probus Secretary, Jean on 0438 272 232

One of the most challenging questions you may ask moving into retirement is, "what now?". Typically, the first priority is to stay healthy, both physically and mentally. Learning new things and expanding social networks can go a long way in keeping you mentally fit.

Probus provides an opportunity for retirees to connect socially, learn new skills, explore new interests and hobbies and share their own knowledge and experiences. Membership is open to anyone who is retired or semi-retired. Probus is non-political, non-sectarian and

non-profit. The major difference between Probus and many other community clubs, is that Probus is not a service club and does not engage in fund raising or community sponsorship.

Probus is fun, friendship and fellowship in retirement.

To help celebrate Probus Day the local Dingley Central Probus club is opening its doors on 3rd October to retirees who would like to see for themselves what the club is doing. Club president Tim Parkin said, "I'd be thrilled to see many new visitors come along to our Open Day. I'm sure they'll be made to feel most welcome".

Central Probus Dingley regular club meetings are at Kingston City Salvos hall on the first Monday of the month where up to a hundred retired men and women attend. During these meetings interesting guest speakers value bv informina members about their The diversity of specialty.

Central Probus' Dinalev membership allows for a wide range of activities to be held at other times during the month. Some of the popular activities include, trips and outings, camera club, craft group, games days, dine outs and happy hours. The popular morning walks around Waterways Lake helps with fitness and social interaction.

Dingley Central Probus Open Day is on Monday 3rd October, meeting at 9.45 a.m. for a 10.00 a.m. start. The meeting finishes at 12.00 noon. The club will hold this meeting at Kingston City Salvos, 12-16 Garden Blvd, Dingley Village. As seats are limited, bookings are essential before Friday 30th September. Please Secretary, Jean o n 0438 272 232.

MEDICAL MATTERS

Dementia

dementia australia

What is dementia?

Dementia is the term used to describe the symptoms of a large group of illnesses which cause a progressive decline in a person's functioning. It is a broad term used to describe a loss of memory, intellect, rationality, social skills and physical functioning. There are **many types of dementia** including Alzheimer's disease, vascular dementia, frontotemporal dementia and Lewy body disease. Dementia can happen to anybody, but it is more common after the age of 65.

Dementia can affect thinking, memory and behaviour. Brain function is affected enough to interfere with someone's normal social or working life. No two people experience dementia in the same way.



Signs and symptoms of dementia

Early signs of dementia can be subtle and may not be immediately obvious. Common symptoms include:

- Memory loss
- · Changes in planning and problem-solving abilities
- Difficulty completing everyday tasks
- Confusion about time or place
- Trouble understanding what we see (objects, people) and distances, depth and space in our surroundings
- · Difficulty with speech, writing or comprehension
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgement
- Withdrawal from work or social activities
- · Changes in mood and personality

Dementia risk reduction

Being brain healthy is relevant at any age, whether you are young, old or in between. However, it is particularly important once you reach middle age as this is when changes start to occur in the brain.

While we cannot change getting older, genetics or family history, scientific research suggests that changing certain health and lifestyle habits may make a big difference to reducing or delaying your risk of developing dementia.



There are 12 recommendations for reducing risk for cognitive decline released by the World Health Organisation:

- Be physically active
- Stop smoking
- Eat a balanced diet, like the Mediterranean diet
- Drink alcohol in moderation
- Cognitive training
- · Be socially active
- Look after your weight
- Manage any hypertension
- Manage any diabetesManage any cholesterol
- Manage depression
- Look after your hearing and manage hearing loss.

What Makes A Healthy Brain Social Time Spiral time with your served and family Mental Activity Try reasing, puzzles, and meaningful geometricity Relax Take time as to write time as to writ

Seeking support

Dementia is progressive. Symptoms often begin slowly and gradually worsen over time. There is no known cure for dementia. There are healthcare professionals, medications and other therapies that can help with some symptoms, and support you to look after your health and wellbeing.

Support is vital for people living with dementia. The help of families, friends and carers can make a positive difference to managing the condition and living well.

Further information

Dementia Australia offers support, information, education and counselling.

National Dementia Helpline:

1800 100 500

For language assistance:

131 450

Visit our website: dementia.org.au

This information is provided by Dementia Australia and is of a general nature only and should not be substituted for medical advice or used to alter medical therapy. It does not replace consultations with qualified healthcare professionals to meet vour individual medical needs



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LOOKING AT LOANS



What is refinancing and when should I do it?

As a homeowner with a mortgage, chances are you've heard of the term 'refinancing'. Refinancing involves reviewing your current mortgage, and potentially swapping your loan to another lender, who can better meet your current needs, wants and circumstances. It can be a strategy to secure a lower interest rate, switch to a different type of loan and can also allow you to consolidate your debts or pay down your mortgage more quickly.

Another common reason borrowers look to refinance is to access equity – the amount you'd get from selling your home after settling any associated loans and any other costs associated with the property. However, refinancing isn't suitable for everyone. There are many different factors you'll need to consider when thinking about refinancing a loan. So how will you know that refinancing is the right option for you?

The first step is to speak to a professional, such as a mortgage broker, about your needs, objectives, current financial situation and whether you can afford a different loan structure, particularly if you have more than one property.

Are you looking to pay less interest?

Refinancing to move to a lower interest rate could potentially save you a lot of money in the long-term. We are currently refinancing one client calculated to save approximately \$40,000 over the next 5 years due to the move! However careful consideration is required in assessing costs and benefits: Sometimes refinancing may only save you a small amount per year, particularly when you take into consideration any exit costs, application fees and taxes involved.

Refinancing may also not offer benefits if the loan will attract Lenders Mortgage Insurance (LMI) or features like an offset account aren't offered with the new loan.

Do you want to change your loan type?

Refinancing may allow you to change to a different loan type, with consideration given to variable vs fixed, offset, or interest only loans. Working with a broker rather than going straight to a lender has the advantage of access to loan options from a range of different lenders and if there's a better opportunity for you, we can access it

Do you want to consolidate your debts?

If you want to refinance to lower total monthly repayments, speak to your broker who can help you look at consolidation of your personal loans and credit cards into the one loan. This could help you in lowering your minimum monthly repayments helping keep your repayments on time and saving interest in the long term when managed correctly.

Want to know more?

Call your broker for professional advice. At this point, your broker will need to find out about your current financial situation including your income, existing loan details, any other current debts and about any assets you own. The broker will then review the various loan options and figure out whether it's worth it for you to refinance.

It is essential to have the right advice. For those not currently affiliated with a professional mortgage broker: Integrity Finance Australia has been serving the Dingley Village community since 2006 and is available to assist you.

Call us on **(03) 9511 8883** or email: support@ifafinance.com.au.

For further information call us on (03) **9511 8883** or email support@ifafinance.com.au.

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AUSTRALIAN CREDIT LICENCE 392184

To arrange an appointment contact one of our consultants



Daryl Borden 0417 593 893



David Browne 0409 051 111

www.integrityfinanceaustralia.com.au

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of the Dingley Village
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Annual General Meeting

September 6th 2022 6pm

Dingley Village Neighbourhood Centre
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Dingley Village Vic 3172

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WRITERS CORNER



Leather, Hot Oil and Chanel No 5

Zeus, our German Shepard, was the first to react. He lifted his head and his tail thumped once as he lay in the sun. I ran to the window "Gran's coming". I had been watching Zeus from the kitchen door waiting for his distinctive "Gran response".

I had been practising standing tall at the kitchen door where my height had been marked off since I could stand. Today was my birthday and measuring day. I was practising standing tall for Gran 'cos she said it was important and she had a special tape that she brought to measure my height. It had a black line marked on it that Gran said was the magic line. I was just under it last year and she had winked as she whispered, "Next year for sure".

I was impatient as she had not appeared and looked at Zeus accusingly "Zeus are you sure?" Then I heard it the Whirr Pop of Grans bike. "Grans' on the Bantam" I yelled excitedly, the door slammed behind me as I ran out to meet her. I stopped at the edge of the veranda bouncing from foot to foot. I stopped bouncing and locked into my best "standing tall" position when I saw the blue bike turn into our drive.

Gran only rode the Bantam once or twice a year now as it was getting harder to find parts for to keep it running. The bike was as old as she was, as when her dad had bought it new, the day she was born.

Gran stopped and turned the Bantam off setting it on the centre stand with a lurch before swinging off. She knelt down and opened her arms. I ran to her smiling as I smelt what will always be heaven to me - leather, hot oil and Chanel No 5.

"What does BSA stand for?"

I started to reply, struggling with the "Birmingham" when she grinned "Buggers Stop Anywhere."

Gran's tape closed with a whirr and a snap.I was a full inch over her magic black line!

"That's the test, it's time. Taller than the handlebars and it is time to pillion," she said.

Now here I was snuggled close to Grans' back, my arms just reaching around her with the wind blowing the scent of heaven away. Leather. Hot oil. Chanel No 5.

Lance Risk, 2022



Dinaley Writers Group is a small group of beginners and experienced writers who welcome everyone to join them each Tuesday at 10 am at the Neighbourhood Centre. We help each other to learn how to become better at writing anything _ including memoirs, short stories, and poetry. Best of all we enjoy each other's company. Contact Warren at wasdunc@bigpond.net.au

YOUTH CORNER



Dingley Scouts

Our Cub Scouts had an amazing time exploring Dingley on a recent scavenger hunt which led them all around our wonderful community. Needing to use the clues they were given, they moved from

place to place looking for hidden treasurers. Lots of fun and laughs were had by all. Scavenger hunts are always a winner.

Scouts got to enjoy a weekend skills camp aimed at helping them further develop their camping skills. From planning the weekend, which went from the Friday night til the Sunday afternoon, Scouts were involved every step of the way. Putting up tents in the dark! You got this. Planning and preparing your meals! Well of course. Making and managing a fire! Definitely. And the obligatory, have heaps of fun while doing it! Yes, yes, yes



All that is hard to beat but our Venturer Scouts had a great time recently when visited by a Graffiti Artist who was able to share the history of graffiti and do this really cool piece that will hang in our hall. It was a fun and engaging session that was given a huge thumbs up.

We also had a number of members attend South Metro Showtime. We are lucky enough to have FOUR members from Dingley, Kyle, Shea, Tegan and Ayannah in this year's production, so was great to be able to go and not only watch a fun production but support our fellow members. Well done guys. The show was a blast.

Want to know more? Contact our Group Leader, Vanessa, her details are below, and let's see where the adventure takes you.

Joeys 5 - 7yrs - Please contact our Group Leader below Cubs 8 – 10yrs - Monday 6:45pm – 8:15pm Scouts 11 - 14yrs - Thursday 7:00pm - 9:00pm Venturers 15 – 17yrs - Friday 7:30pm – 9:30pm Rovers 18 - 26yrs - Monday 7:30pm - 10:00pm



For more information about Dingley Scout Group contact Vanessa on

0402 489 773 or email dingleyscoutgroup @gmail.com

DOLLARS & SENSE



Building Financial Resilience

Resilience is the ability to quickly recover from setbacks, and while setbacks can come in many forms most of them will have a financial component. So what can you do to build financial resilience?

Expect the unexpected

Rarely do we get advance warning that something bad is about to happen to us, so the time to develop your resilience strategy is now. And while we don't know the specifics, we can anticipate events that would throw our finances into disarray. A house burning down or a car being stolen. Not being able to work due to illness or injury. The death of a breadwinner or caregiver.

With some idea of the type of threat we face we may be able to insure against some of them. If you have taken out any type of insurance policy you've already made a start on your resilience plan.

Create buffers

You can't insure against every possibility, but you can build financial buffers. This might simply be a savings account that you earmark as your emergency fund that you contribute to each payday. If your home loan offers a redraw facility you can also create a buffer by getting ahead on your mortgage repayments. Buffers can be particularly important for retirees drawing a pension from their super

fund. Redeeming growth assets for cash in order to make pension payments during a market downturn can lead to a depletion of capital and reduction in how long the money will last. By maintaining a cash buffer of, say, two year's worth of pension payments, redemptions of growth assets can be deferred, giving time for the market to recover.

Cut costs

The Internet abounds with tips on how to cut costs and save money. In difficult economic times cost cutting can help you maintain your financial buffers and important insurances.

Key to cost cutting is tracking your income and expenditure and yes, that means doing a budget. Find the right budgeting app for you and this chore could actually be fun.

Invest in quality

There are many companies out there that have long track records of consistently pumping out profits and dividends. They may not be as exciting (i.e. volatile) as the latest techno fad stocks but when markets get the jitters these blue chip companies are more likely to maintain their value than the newcomers. This is important. The more volatile a portfolio the more likely an investor is to sell down into a declining market. This

turns paper losses into real ones, depriving the investor the opportunity to ride the market back up again. The other key tool in creating resilient portfolios is diversification.

Buying a range of investments both within and across the major asset classes is a fundamental strategy for managing portfolio volatility.

With a well-diversified portfolio of quality assets there is less need to regularly buy and sell individual investments. Unnecessary trading can create 'tax drag' where the realisation of even a marginal capital gain triggers a capital gains tax event and consequent reduction in portfolio value.

Take advice

Building financial resilience can be a complicated process requiring an understanding of a range of issues that need to be balanced against one another and prioritised.

Your financial planner is ideally placed to assist you in developing your own, personalised plan for financial resilience.

Adrian Mastroianni Client Services Administrator Ashfords Wealth Advisors Pty Ltd Phone: (03) 9551 2822



Keep up to date

Stay in touch with what's happening at the former golf course site at Centre Dandenong Road in Dingley Village. The exhibition period for the redevelopment plans is now complete but you can still see what's being proposed by visiting the project website.

The website will publish the latest information about the planning process, about maintenance, tree and site management. And there are contact details for those with queries.

dingleyvillage3172.com.au

LOCAL SPORTS



Dingley Junior Football Club



Players Corner

As the season comes to an end for some of our teams and Auskickers we take this time to reflect on some of our end of season club events such as the Under 8 and Under 9's Lightening Carnival. Along with the celebration of Milestone Game Achievements to players throughout the 2022 season.

The Auskickers had their presentation evening held on a cold wintery Friday night under lights at Souter Reserve. Whilst the weather was a dampener, their enthusiasm was not, with many turning up to enjoy the St. Kilda Inflatable's and the Saints support staff to try their best at handballing, kicking and the shuttle course obstacles. The Auskickers in attendance were presented with their end of season trophies and certificates of attendance.

The Under 8's and Under 9's enjoyed a sunny day for their partaking in their respective Lightening Carnivals. Nothing better than being able to play 3 games in 1 day against 3 other teams to celebrate the end of their season. I cannot wait to see all these players return for 2023!



(The serious and not so serious Under 8's team)





The under 9's with their many helpers and parents and smiles all round team photo

The Dingley Junior Football Club would like to congratulate the following players on reaching their <u>50th game Milestones this</u> season.



Levi B (Under 11's)



CONGRATULATIONS

GAMES

Tahlia H (Under 16's)



Jessica S (Under 16's)









Ben L (Under 12s)



Rory T (Under 13's)



Evan J (Under 12's)













Next edition - our new facilities at Chadwick Reserve, Howard Road, Dingley Village and possible FINALS appearances and game results to be announced.

Michael Moran - Secretary of DJFC.

Special mention: to Jake M, a Dingley Seniors player for his assistance in taking some of these photos. Great Work!

Dingley Football Netball Club



"The senior football team cemented its spot in its tenth successive finals campaign since entering the Southern Football Netball League in 2007, only missing out in years 2009,10 and 11. Our Reserves have not missed a finals series at all throughout that period. Although arguably we are not as strong a force as we were in a purple patch through the middle of the last decade, our senior team remains very competitive and has a self-belief, born of that great tradition. With one game remaining at the time of this report, fifth place on the ladder is assured and a date with St Pauls McKinnon looks likely in the Elimination Final on Sunday 28 August.

The Reserves Team has not missed a finals series since 2007 and is well placed to go deep into September having won fifteen of the seventeen games so far. In recent games, in Round Fourteen, we ventured to Cranbourne to take on the all conquering Cranbourne Eagles.

This was a 'must win' for us to stay in the finals race and the boys dug deep to record a thirteen point win: our best win of the year in terms of working against the odds. The confidence generated from that win was too much for old foes Mordialloc at Souter Oval in Round Fifteen, which was unfortunately soured by a recurrence of a knee injury to Jack Williams who now faces another long recovery period, but we know he has what it takes to make it back.....again.

We had ten goal kickers on that day in a great 81 point win but it's a cruel game sometimes. We celebrated Kristen Feehan's 100th Game at Bentleigh the following week, and despite losing some vital players through injury, won by an amazing 25 goals.

Round Seventeen promised a massive game against St Pauls and it didn't disappoint as a spectacle. A nineteen point win meant that we had recorded a win and a loss against the four sides ahead of us on the ladder and are finals bound. The final game approaches [as I write this report] against the winless East

Malvern and if all goes to plan, we can look forward, along with the Reserves, Under 18s, Thirds and our dominant netballers to more final's success.

All of us at DFNC value your continued support and we hope to see a big 'Dingo pack' at finals venues. Go Dingoes"



Mid fielder: Nathan Freeman



Winger: Lachie Lamble

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SCANNING THE SCHOOLS



Dingley Primary School



Student Representative Council

The S.R.C. have worked hard throughout this term to organise some great events for the students of Dingley Primary School and to raise awareness of important community issues.

Students and staff came dressed in their favourite pair of pyjamas on Friday the 22nd of July to support National Pyjama Day and raise money for the Pyjama Foundation, which assists children living in out-of-home care.

The International Day of Friendship was celebrated on the 29th of July; with the school community wearing a splash of yellow to share the message of friendship. The S.R.C. members helped to run a range of team building activities and friendship games which were enjoyed by the students. Finally, the S.R.C. collected donations of food and hygiene products from the school community in support of the Salvation Army Winter Appeal. Thank you to all those who donated items for this appeal.

100th Day at School

The Prep students celebrated their 100th day at school on the 2nd of August. They dressed up in their favourite party outfits and had a fun-filled day of 100-themed activities, party food and dancing.

Book Week

Dingley Primary is looking forward to many exciting activities as part of our Book Week 2022 celebrations. Three fantastic authors; Felice Arena, Stef Gemmill and Vikki Petraitis will work with students and there will be a wonderful book adaptation performance of the picture story book 'Stellarphant' by James Foley. A favourite book character dress up day will top off the celebrations.



Heatherton Christian College



We have an exciting Community Fair event coming up on the 8th of September, from 4pm to 7pm. There will be plenty of food, music, market stalls, and fun. It is also the perfect opportunity for families and friends to experience Heatherton Christian College.

In accordance with the event, our Head of Campus and Executive Principal will be taking groups on a tour of the College. If you wish to not only attend the event but go on a tour, please register below.

We look forward to a fantastic afternoon.







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EYES RIGHT ()

Optometry and its role in the diagnosis of Alzheimer's Disease

Alzheimer's disease is a progressive neurodegeneration affecting mostly the elderly.

The incidence of Alzheimer's disease increases with age, with one in 30 Australians aged 70 to 74 years estimated to have Alzheimer's disease, one in eight aged 80 to 84 years and one in three aged 90 to 94 years. Patients with Alzheimer's disease suffer from cognitive decline culminating in a difficulty to perform bodily functions for everyday living, including walking and swallowing.

The current diagnosis of Alzheimer's disease predominantly involves cognitive assessment combined with vascular and neuronal tests

When a diagnosis is made, a significant amount of cognitive impairment is already present, at which point a serious amount of brain pathology has likely been present for up to 10 years.

When optometrists look into the back of a patient's eye, we are looking directly at live neural tissue in the form of the retina and the optic nerve. Thus, it's not surprising that Alzheimer's pathology can be observed within the retina. A bulk of animal models and studies conducted on patients suffering from Alzheimer's disease have been summarised in a recent review, The Retina: A window in which to view the pathogenesis of Alzheimer's disease.

The retinal manifestations associated with Alzheimer's disease include deposits of A and tau proteins, neural degeneration, vascular manifestation and microglial activation. All of which occur in the brain.

Thus, optometrists' can use imaging techniques, some of which already exist in the clinic, to observe Alzheimer's related retinal pathologies.

Most interestingly, these retinal pathologies precede the changes in the brain, which potentially gives a higher chance of early Alzheimer's disease detection. This gives optometrists of the future a key role in the management of Alzheimer's disease. When an efficacious cure/therapy for Alzheimer's is finally discovered and implemented, it will likely be your local optometrist that discovers the early signs of disease and thus, with treatment, preventing it from becoming clinically significant dementia.

Insightful Eye Care- Dingley pride ourselves on our knowledge and desire to stay up to date with the latest research

to better look after your eyes, vision and general health. We are not quite there yet with Alzheimer's disease, but as soon as we are able, we will be one of the early adopters of any technology that will help us, look after you.

We are passionate about your vision and the health of your family's eyes. Call us to make an appointment, book online on our website:

www.insightfuleyecare.com.au or come down for a chat at any time on how we can take care of you. We thank you for your continued support of our local small business and patience during these COVID challenging times. Take care and stay safe.

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CIRCLING THE CLUBS



Probus Club Dingley Central



At our August meeting the guest speaker was author John Howell, who presented a most interesting insight into his book "The Only Woman at Gallipoli".

In November 1915 a woman appears amid the fighting at the Gallipoli Peninsula and places a wreath on the grave of Charles Doughty Wyllie,(he was awarded the Victoria Cross posthumously)and then mysteriously disappears.

Five years of research has revealed this amazing true story, and unpublished love letters have proven two women were in love with Charles. Both accomplished women of their time, his wife Lillian a dedicated nurse and hospital founder, and Gertrude Bell an archaeologist and photographer. A most intriguing story, and as John did not inform us of the identity of the mystery woman, he suggested we read his book.

Activities for September: Happy Hour, Legs and Morning Coffee, iPad Group, Group, Wine Tasting, Camera Club, Mens Lunch, Dine Out, Craft Group and Games Day.

Our meetings are held on the 1st day of the month at 10am at "The Salvation Army Kingston City" 13/12-16 Garden Boulevard, Dingley Village.

New members are always welcome. For further information please contact Jean on **0438 272 232**.

Country Women's Association Dingley Village



"All women, all ages, all places. grow, connect, improve."

Our Winter Warmers stall at Parkmore Shopping Centre was a great success, also our Father's Day Cake & Craft Stall at Bunnings Keysborough. Many thanks to the ladies who donated knitted garments.

Thank you also to the ladies who donated material and knitting wool. They were very much appreciated.

We have now turned our attention to making items for our Christmas Cake & Craft Stall to be held at Woolworths Dingley Village, date to be confirmed. Our next Craft Meeting will be held on 12th

October 2022 at the home of a member. Our next Business Meeting will take place on 26th October 2022 at the Dingley Village Neighbourhood Centre. In 2022 our meetings will be subject to Covid guidelines.

If you need any further information about C.W.A., or would like to consider becoming a member, Please contact either - Kathy on **0403 468 969** or Julie on **9584 1139**.

Dingley 60 Plus Social Group

Our gatherings adjacent to the Sports Bar of the Dingley International Hotel are being held only on the 2nd Thursday of the month so the next one will be on the 8th September. Starting time is 7.00 PM and meals and snacks are available if you want to make a night of it. Of course you have the usual wide choice of beverages being dispensed for your indulgence. Despite the cold weather we are getting good support from members for our monthly gatherings.

Our regular dinner on the last Saturday of the month is proving popular with members and the next one will be on the 24 September.

It is proposed to hold our September dinner dance at Freccas Azzurra's Wednesday Night Rock and Roll night. Advice of future activities and venues are made at the Thursday gatherings and to facilitate bookings you can indicate which particular events you wish to attend.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. Events can be proposed by members and those interested can get on board.

We are more than happy to welcome new members to the Group. Enquiries can be made to Graeme on 9551 3462.

PS - Despite the fact that three of our members have taken a tumble over the past month there is no truth in the rumour that we are changing our name to the Autumn Leaves Social Group.

Dingley Village Senior Citizens Club Incorporated

Roll on Spring! Last month we held our AGM. We thanked our outgoing President, Lyn Trotter, who has been President for a few years. We welcomed in our new President, Mary Moore. This was followed by Games and a nice Afternoon Tea.

Activities for September are as follows:

- 5th Cards and Games.
- 12th Committee Meeting followed by Bingo.
- 19th Cards and Games.
- · 26th Bingo.

Please take care and stay well.

For more information, contact our President, Mary, on **0439 426 728** or Joan on **0421 736 795**.

Lions Club of Dingley Village



Lions is an international non-political service organisation, and is the largest of its kind in Australia. Lions assist with local community fundraising for special causes and helps build local parks, community venues, and sporting centres

In addition to community service, Lions Australia has a history of providing natural disaster and emergency relief, as well as supporting medical research.

Lions are people who get involved in humanitarian efforts locally, nationally, and internationally. If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre.

Pre-loved spectacles, sunglasses and hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 4th Monday at 7.00pm at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries, please contact Lynne – 9551 3770 /0488 004 809. dingleylions@gmail.com

Burden Park Bowls Club



The good news is that if you have been thinking of joining a lawn bowls club, this is your time to act. So come down and have a go, you'll love it. We are currently looking for new members to play lawn bowls and are offering all new members, men, women and children a deal you can't go past.

The first year is FREE with some small conditions.

- 1. You must play at least one game of pennant for Burden Park.
- 2. You must remain a member for 2 years.

What you will receive,

- 1. Free coaching
- 2. Free pennant shirt.
- 3. A key to get in to bowl whenever you like. (\$50.00 deposit is required)
- 4. We have several pennant sides so everybody will get a game of pennant.
- 5. You will be joining a club with fun loving and friendly members.
- 6. In the summer we play competitive pennant and, in the winter, we play social bowls So if you're interested in having a bowl give Rob a call on **0407 326 481** he'd love to hear from you.

We are located on the corner of Springvale Rd and Heatherton Rd Springvale. We hope to see you soon.

Dingley Village Men's Shed



The Shed is operating under a COVID-19 safe plan. Member's morning muster: Friday, gam till 2pm.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road.
Ph. 9551 5892 E-mail: info@dvms.org.au www.dvms.org.au

Rotary Club Noble Park - Dingley



Active Rotarians - making friends and making a difference. The Rotary Club of Noble Park-Dingley has an active social and project program. Our members love being part of our club and enjoy participating in our activities.

Once you get to know us you might like to join us in being part of a network of 1.2 million Rotary volunteers worldwide. We meet at 6.30pm on the first three Thursdays of each month at Keysborough Golf Club in Hutton Road. Please phone Reny Frighetto on 0437 080 333 for more information.

Dingley Cheltenham VIEW Club (Voice Interest Education of Women)



New members are most welcome to join our monthly meetings and learn from our guest speakers and enjoy our monthly social outings.

VIEW (Voice Interests, and Education of Women) Clubs support The Smith Family and their Learning for Life Programme which provides education for vulnerable Australian children.

Australia has over one million children living below the poverty line. Dingley Cheltenham VIEW Club are currently sponsoring 7 Children with their education. Women from all walks of life are most

welcome to join us please contact Fran Thomas for further information. franniet@gmail.com or **0419 309 931.** Meeting; Second Tuesday of the month at 10am. Where, Keysborough Golf Club, 55 Hutton Rd Keysborough, easy parking. Masks and proof of Double Vaccination required.

Boomerang Bags, Dingley Village



Our aim is to REDUCE waste, REUSE quality shopping bags and RECYCLE fabric. Boomerang Bags Dingley Village is a community group which creates reusable shopping bags from donated recycled fabrics. You can help yourself to one of our FREE bags at the Dingley Village Farmers market or pick one up at the Dingley Village Neighbourhood Centre reception.

The group meets each Thursday morning, subject to COVID19 restrictions, at the Dingley Village Neighbourhood Centre, 9:30-12pm. If you have clean sheets or fabrics you would like to donate, please contact Debbie **0411 058 804** or Helen **0425 862 718**.



"Good News"

God So Loved you and I that He sent his only son Jesus to pay a debt we could not pay, a debt that He did not own.

Hope, for the Hurting Healing, for the Sick

Sat Sept 17th 6pm

(Free Entry)

Location: The Salvation Army - Dingley Village Unit 13, 12-16 Garden Boulevard

Info: www.ploughmanministries.com

www.facebook.com/ploughmanministries

Heatherton Dingley - Uniting Church



Cnr Kingston and Old Dandenong Roads, Heatherton. Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.00 a.m.

All enquiries phone **0431 244 561** www.heathertondingleyuca.org.au

Our Vision and our Mission:

To seek to connect people to God and each other.

Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life.

What's On

Wednesdays

Prayer meeting at the church 9.00 – 9.30 a.m. If you have a concern that you would like prayed about ring Margaret on **0401** 392 772.

First Friday Of Each Month

Indoor Carpet Bowls - 7.30 p.m. in the Church Hall followed by supper

Second And Fourth Thursdays Of The Month

Unleash the Music in You - 8.00 p.m. at the Church. For further information contact Bob Lorraine on **0418 998 714**.

Kingston City Church



Our Vision: Connecting People To

Jesus Christ

Our Mission: Reach, Restore, Relate, Resource And Release.

Ph: **8551 6600**, Fax: **8551 6690**. Web: <u>www.kcc.crm.org.au</u> Email: admin@crm.org.au

Senior Pastor: Dan Parker

Sunday Services: 10am Service has Children's Ministry.

moMENtum is the Men's Network Group of Kingston City Church.

The purpose of this group is to connect with men in our community, to build strong friendships and support each other, whilst developing from being good men to being great men.

Our focus is to mentor men to develop into great sons, husbands and fathers, and be a positive influence in the community. In order to achieve this, we get together every 2 to 3 months and hangout for a chat or social night going ten pin bowling or playing lawn bowls. We also have events to focus on areas of interest that impact men and our progress in life. Our program is built around encouraging men to develop physically, mentally, spiritually and socially. Our events are driven by this purpose and vision.

We believe in developing good networks and support groups for our men to not only deal with the challenges of life, but to enjoy and cherish the moments in life with a positive attitude.

If you are a man in our local community and looking for a group of like-minded men to hang out with, then please contact us. We have a men's weekend camp coming up from Fri 28 to Sun 30 Oct 2022 at Gilwell Park, Gembrook. Please email us if you want more information and wish to join in.

You can email us on men@crm.org.au or call us on **85516600** and we can keep you updated on our events, so you can join us and check us out.

Looking forward to having you join us and make new friends, as we support and empower each other.

Dishan Rajaratnam

Village Church Dingley



"Inspiring People to Discover and Develop Life in Christ"

Church Office: 7–9 Fiveways Blvd., Keysborough. 3173 Phone number: **8712 8254** Email: admin@villagechurch.org.au www.villagechurch.org.au

Our Church program for August is as follows:

Sundays

10.00 a.m. Worship Service at 7 Fiveways Boulevard, Keysborough and via livestream through https://www.villagechurch.org.au.

*Kids Church at 7 Fiveways Boulevard, Keysborough - 10.30am for 4 year old's through to Grade 6. All welcome.

Prayer Time

Weekly - Wednesdays 10-11am at 7 Fiveways Boulevard.

Monthly - Saturday 16th July; 9-10am at 7 Fiveways Boulevard and Monday 18th July 7:30-8:30pm via Zoom link. Contact office for link.

Bible Study

*Women's -Precept Ministries study on Genesis. Thursdays fortnightly at 7 Fiveways Boulevard, 10-11.30am 1st and 15th September and repeat alternate fortnights 2.30-4pm via Zoom. Contact office for Zoom link.

Monthly Ladies Group

Sisters in Christ - first Saturday of every month, 3rd September 1.30pm at 7 Fiveways Boulevard.

Monthly Mens Group

Men of Faith - once a month, Sunday 25th September, BBQ starting at 4.30pm and study starting at 6pm, 7 Fiveways Boulevard.

Youth Group

Every Friday during school term, 7.00-9.00pm at 7 Fiveways Boulevard for Years 7-12 youth. Contact the office for further details and to register your interest.

*Not held during school holidays.

Marraige and Family Support

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all.

As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion.

Please give us a call on 0481 352 404, we'd love to be able to encourage, support and strengthen you. Our Church Office is at 7 Fiveways Boulevard, Keysborough. Please feel free to call Lesley on 8712 8254 with any enquiries you may have and leave a message if the office is unattended.

Our Pastor is Rodney Hole who may be contacted through the Church Office.

Christ Church Dingley - Anglican Church



Sunday Services

9AM Heritage Church Service 10.30AM Worship Service in the Auditorium with Sunday School for kids

2nd Tuesday Monthly Service

2PM Traditional Holy Communion with favorite hymns in the Heritage Church followed by social afternoon tea Transportation available upon request Please contact our office 9551 7871

Weekly Prayer Meetings

Wednesday 1PM in the Heritage Church Saturday 8AM in the Atrium

Roundabout Op Shop

Offering many bargains (good quality clothing, books, bric-a-brac, toys) Volunteers Welcome!

Opening Hours:

- · Wednesday 9.30 am 4pm
- Thursday 9.30am 1.30pm
- Saturday 9.30am 1.30pm

Donations: We take clean useable items but cannot accept electrical goods, bedding or baby/child equipment.

Other Supported Missions

Medical Mission Auxiliary (MMA) Fundraising stalls open on 1st Sunday Monthly after morning services. Offering beautiful handmade goods, yummy jams, cakes, and relishes. Funds support medical supplies to hospitals in Tanzania, Nepal and Kenya.

ALPHA Courses

Join us to freely explore life and the basics of the Christian faith in a friendly, open and informal environment.

Christian Against Poverty (CAP)

A free course to help manage & budget finances.

English Second Language (ESL)

Course to help migrants needing to learn

Professional Counselling

Please contact our office 9551 7871

Parish Office

Senior Pastor: Richard Loh Parish Office: **03 9551 7871** Email: admin@ccd.org.au Website: <u>www.ccd.org.au</u>

St Mark's Catholic Church

511 Lower Dandenong Road,
Dingley Village, 3172.
Phone: 9551 6930 or 9547 4877
Email: Springvale@cam.org.au
Website for further information:
ST JOSEPH SPRINGVALE | Catholic church. Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

Mass Times

- Saturdays, 6pm
- · Sundays, 9.30am
- Confession before Mass on Saturdays



Vision: 'heaven to earth'

"Your Kingdom come, your will be done, on earth as it is in heaven."

- Matthew 6:10

50 Tootal Rd. Dingley Village info@echochurch.org.au www.echochurch.org.au Sunday's at 10AM Senior Leaders: Justin & Leigh Box

We make time to ask RU ●K? Marketime to ask

The Salvation Army Kingston City 'You Belong'



13/12-16 Garden Boulevard, Dingley Village, Office Phone: (03) 9558 2045 facebook.com/KingstonCitySalvos www.salvationarmy.org.au/ kingstoncity/ Corps officers (ministers): Major Jennifer Cloke and Auxiliary Lieutenant James Singer

Hours of operation: 8:30am - 5:00pm Monday, Wednesday, and Friday or by appointment.

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

Family Worship Service

If you would like to receive a video link to our Sunday worship services, or a Sunday worship pack sent by mail, please email kgreception@gmail.com or phone 9558 2045 and we will be in touch.

Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers assessments for emergency relief (currently via phone). Please phone 9558 2045, Wednesdays, Thursdays & Fridays 10am-4pm.





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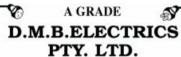
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ABN: 71 463 442 675

Editor: Pam Gates

Publisher: Dingley Village Neighbourhood Centre Inc. 31B Marcus Road,

Dingley Village. 3172 Phone: 8512 0505

Email: dingleydossier@dvnc.com.au

Community items:

We appreciate contributions from the community. Please contact us for details.

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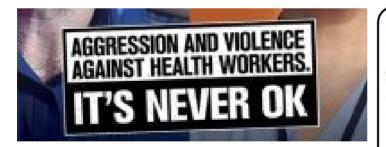
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