



The DINGLEY DOSSIER

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LOOKING AFTER YOUR MENTAL HEALTH & WELLBEING

Everyone experiences stress or feels anxious at times, it is part of life, but it is how we deal with stress or the level of stress in our lives that causes problems.

When we first entered this pandemic earlier this year we were hopeful. The situation we found ourselves in was a little surreal, but most of us were optimistic it would end quickly. There was even talk about a vaccine by September! So we (mostly) did all the things we were meant to do and got on with life.

Down the track we now have large numbers of active cases and deaths occurring in a second wave and we're realising just how insidious and grim this virus is.

This is all being played out in the 24/7 media cycle. It's exhausting, it's stressful and we're scared and angry. It's no wonder many of us are feeling the impact on our mental health.

Both the State and Federal Governments acknowledge that mental health is a priority during these times and are allocating funds for support and resources. Many existing organisations focused on mental health and wellbeing are providing support specifically around the impacts of COVID-19.

Many of the things that contributed to our positive mental health such as spending time with close friends and family, working, hobbies, sport, volunteering and experiencing new things are not possible under restrictions.

Here are things you can do to take care of your mental health and wellbeing.

Look after your physical health

Exercising and eating well help us stay physically and mentally healthy.

Getting a good night's sleep is a really important part of staying healthy.



Stay connected

Maintaining social connections is important to feeling safe and well.

You can still keep in touch with family and friends while you practise physical distancing through: video chats, phone calls, online groups, chats with neighbours while keeping 1.5 metres apart

Develop new routines

We're used to having routines to guide our days and give us a sense of achievement. When so much seems out of our control, establishing some structure in our days will help to provide stability and a 'new normal'.

This is particularly challenging for families adjusting to home learning. Try to create new routines as a family to help separate 'work and school time' and 'family time'.

Think about the parts of your usual routine you value the most and find ways to make these part of your day — such as having lunch

with colleagues via video chat, or finding an online gym class.

Take breaks

Be kind to yourself and take time just for you, even if it is just a few minutes to take some deep breaths and step outside into the fresh air.

Plan your breaks and use them to do something that makes you feel calm and happy.

Reach out to others

Some people are particularly vulnerable for different reasons. They may be older, live on their own, have a chronic medical condition, or live in a challenging home situation.

Reaching out to give people support, if you are able, can help your mental wellbeing and make a big difference to someone else's life.

Seek support

It's normal to have ups and downs, and it is important to talk about how you're feeling with family and friends. In times like these, they are likely experiencing similar feelings.

Support available.

Beyond Blue Coronavirus Mental Wellbeing Support Service Phone: 1800512348 or <https://coronavirus.beyondblue.org.au>

Lifeline Australia on 13 11 14 for 24 hour crisis support and suicide prevention. <https://www.lifeline.org.au/about-lifeline/contact-us>

Red Cross: Talking to Children about Coronavirus. <https://www.redcross.org.au/stories/covid-19/talking-to-kids-about-covid-19>

Smiling Mind: <https://www.smilingmind.com.au/thrive-inside>

Reach Out: resources for young people <https://au.reachout.com/collections/coping-during-coronavirus>

FARMERS' MARKET 19th Sept 8.30 am – 1 pm

LIVING IN DINGLEY VILLAGE

IMPORTANT NUMBERS

City of Kingston:
1300 653 356

Emergency: **000**

Cheltenham Police
Station: **9583 9767**

Crime Stoppers:
1800 333 000

Lifeline: **13 11 14**

SES: **13 25 00**

Poisons Info: **13 11 26**

Nurse on Call:
1800 022 222

National Security:
1800 123 400

MensLine:
1300 789 978

WIRE

(Women's Information and Referral
Exchange):

1300 134 130

Safe Steps

1800 015 188

Tip Smells & Dust:

EPA **1300 372 842**

Cleanaway

1800 213 753

Aircraft Noise:

1800 802 584

Neighbourhood Centre

9558 1866

Community Association

9551 5442

Men's Shed

9551 5892

VicRoads Faults and

Hazards:

13 11 70

RSPCA

9224 2222

COMMUNITY

DON'T FORGET TO SHOP & DO BUSINESS LOCALLY

STOP PRESS: COUNCIL ELECTIONS WILL GO AHEAD

Despite lobbying to postpone the upcoming state wide council elections, they will go ahead in October. The ongoing pandemic has impacted the ability for candidates to campaign and consult with their communities on vital issues. The October edition of the Dingley Dossier will include a Q&A undertaken by the Dingley Village Community Association with candidates for Caruana Ward. As we are only electing one councillor to represent us it is vital that you have access to information about and from candidates and vote wisely.

MEET THE CANDIDATES PUBLIC MEETING CANCELLED

Unfortunately the public meeting on the 6th October has been cancelled due to COVID -19 restrictions. The Dingley Village Community Association and the Neighbourhood Centre are working on an online event. Details will be available via their Facebook pages or websites

COUNCIL MOVES TO PROTECT DINGLEY VILLAGE

Council has voted to make sweeping changes to the Housing Strategy & Neighbourhood Character Study, based on feedback from the local community. This will preserve the current character of Dingley Village and limit the type of future development. For details see the article further in the Dossier.

MENTAL HEALTH & WELLBEING

Is isolation generating some negative challenges for you?

Are you suffering from anxiety at times or are other mental health issues impacting your life? Are you tired of binge-watching TV and achieving so little?

Learn to paint, terrarium and bonsai making, mandala drawing and in the coming

months we will present various other exciting sessions.

We have adapted our approach from face-to-face and deliver all you need to undertake these activities at home to ensure we adhere to the compliance with COVID-19 restrictions.

Mindful Makings Inc. is a Dingley Village non-profit organisation supporting residents with vulnerabilities to maintain positive mental health. We deliver creative and fun workshops in conjunction with an introduction to mindfulness techniques.

'create - connect - be present'

Stay informed on Facebook: Mindful Makings Inc.

Review our website: mindfulmakingsinc.org or email mindfulmakings@outlook.com

SURGE IN SCAMS, DODGY CORONAVIRUS CURES AND PHISHING



Australians and particularly Victorians are being bombarded with attempts by unsavoury characters to scam them, they are preying on people's fear, uncertainty and anxieties during these unprecedented times.

Scamwatch has received over 3600 scam reports mentioning the coronavirus and urges everyone to be cautious and remain alert to coronavirus-related scams. Scammers are hoping that you have let your guard down. Do not provide your personal, banking or superannuation details to strangers who have approached you.

Scammers may pretend to have a connection with you. So it's important to stop and check, even when you are approached by what you think is a trusted organisation.

If you have been a victim of a cyber-crime, go to <https://www.cyber.gov.au/acsc/report> and report it.

You can also report scams to <https://www.scamwatch.gov.au/>



INNER STRENGTH

If you can start the day without caffeine or pep pills,

If you can be cheerful, ignoring aches and pains,

If you can resist complaining and boring people with your troubles,

If you can eat the same food every day and be grateful for it,

If you can understand when loved ones are too busy to give you time,

If you can overlook when people take things out on you, when, through no fault of yours, things go wrong,

If you can take criticism and blame without resentment,

If you can face the world without lies and deceit,

If you can conquer tension without medical help,

If you can relax without liquor,

If you can sleep without the aid of drugs

If you can do all these things,

Then you are probably the family dog.

Letters to the Editor

Dear Editor

Re: Kingswood Golf Course Park

Thank you to all residents who contacted councilors and contributed to the Kingston Council's decision to have no three storeys in Dingley Village. The overcrowding three storey proposal was totally against Village character and the wishes of residents. Dingley Village has floods in the area along Centre Dandenong road, does not have a true activity centre and infrastructure would be overloaded. It would also have set precedent for developers wanting to attempt building units on the Kingswood Golf Course.

We continue to fight to keep Kingswood Golf Course Park as open space. In recent times, the Planning Minister set up a Golf Course Advisory Committee to review any future applications. David Madill from the DVCA and I spent two

hours in conference with the Committee, (in person, pre-Covid) and believe they will give Dingley Village residents' views very favourable consideration, if Kingswood is ever brought before them. It's hard for them not to listen to the wishes of 97 percent of Dingley Village.

Thank you for your feedback and tips on things you see happening on the Golf Course. Please contact me any time if you see tree felling, floods, unusual flora and fauna and the like.

Kevin Poulter, President, the Save Kingswood Group incorporated, Ph: 0435 378 678, savedingley@gmail.com, www.savedingley.com



Save Kingswood Group Incorporated

THE BENCHMARK!

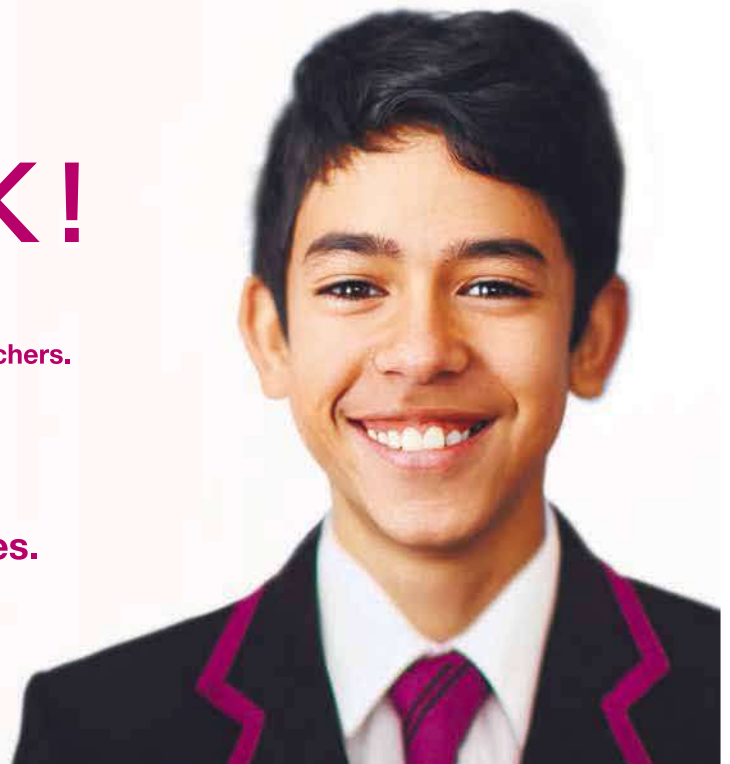
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COUNCIL STUDY

DRAFT NEIGHBOURHOOD CHARACTER & HOUSING STUDY – CITY OF KINGSTON

Council has voted to make sweeping changes to the Housing Strategy & Neighbourhood Character Study, based on feedback from the local community.

Kingston Mayor Georgina Oxley said Council had listened to the extensive feedback it had received from the community on the proposed Housing Strategy and had made significant changes based on that.

“The local community told us they wanted less development and wanted to ensure dwellings over two-storeys were kept to a minimum in Kingston”, said Cr Oxley.

Under the proposal, Dingley Village would become a Neighbourhood Residential Zone and its current neighbourhood character, heritage, environmental and/or landscape characteristics would be maintained.

In addition, the draft Housing Strategy identifies areas for substantial, transitional, incremental and limited housing growth. Dingley Village is identified as an area of Limited change and anticipated to accommodate the slowest rate of housing change.



What does this mean for Dingley Village

- 9 metre height zone, meaning no 3 – 4 storey development
- No more than two units on an average-size lot (proportionally more on larger lots)
- Requiring any development reflects existing streetscape and setbacks

You can download a copy of the full Draft Neighbourhood Character & Housing Study report on the City of Kingston

website, <https://www.kingston.vic.gov.au/Property-and-Development/Planning-for-our-future/Housing-Strategy-and-Neighbourhood-Character-Study> and click on the Draft Neighbourhood Character & Housing Study

Council will now submit the revised proposal to the Minister for Planning to consider the request to authorise the formal Planning Scheme Amendment, and the next stage of consultation. The Minister for Planning or his Department will make the final decision on what goes out for consultation.

Council expects to open consultation towards the end of the year or in early 2021. All residents will be notified by post.

The Victorian Government estimates that the population of Greater Melbourne will grow to 7.9 million people by 2051 and has set out how all local Councils must accommodate growth.

“It’s incredibly important we get the balance right as it affects everyone who lives in Kingston”, said Cr Oxley. “For that reason, we have been consulting with the community throughout this process”.

To meet demand, Kingston Council is planning to accommodate our share of population growth generally in and around key activity centres, close to public transport, shops and services. This would allow us to protect the neighbourhood character and amenity of our quieter residential streets.

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FARMERS' MARKET

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Our next market is on Saturday 19th Sept

Farmers' Markets are classed as an essential service under Stage 4 restrictions : Retail Trade (Goods) markets for food only. We take the health and safety of our market community seriously. All our COVID-19 measures will still be in place for the September market, even if restrictions are easing.

Many of our stall holders are also classified as agriculture, another essential industry, and are small businesses also affected by COVID-19. The market is currently not a social event and we will continue to ensure the health and safety of customers, stall holders and staff as a priority and will adhere to all restrictions and directions from the Department of Health & Human Services. Cheltenham Police attend each market, not only to check measures in place but to also chat and reassure residents, talk to stallholders and pick up delicious food and treats.



Whether you buy from one, two, ten or all of our vendors, the fact that you come along and support our stallholders is the main thing. Thank you to Vindy for sharing a picture of your August market haul and supporting the market. Many of our stallholders offer home delivery or take home packs as a service to customers. You can find out more about them by visiting our market facebook page: Dingley Village Farmers Market and following links to individual stallholders Facebook page or website.



Whilst our stall holders are small businesses, the market is run on cost recovery. It does not operate to raise funds, but to provide a service to customers and vendors. we will continue to operate as long as restrictions allow and stall holders want to attend. Everyone's safety is the priority.

Cash Out facility is available at the Neighbourhood Centre office during the market, if you require extra cash for shopping.

Please observe all COVID measures whilst attending the market



DINGLEY VILLAGE FARMERS' MARKET



DINGLEY VILLAGE FARMERS' MARKET
SATURDAY
19th September
8.30AM—1 PM
 31 Marcus Rd,
 Dingley Village
Free entry & parking
www.dvnc.com.au/farmersmarket

KINGSTON TO TAKE ACTION ON GRAFFITI ACROSS THE CITY

Free graffiti removal kits, education for young people, the fast removal of undesirable graffiti and supporting public and street art are some of the ways Council will manage graffiti in Kingston under its new Graffiti Action Plan 2020-2025. With the help of the community, Council has developed an updated plan that seeks to find better, more innovative ways to manage graffiti across the municipality and build on its already strong reputation in this space.

Kingston Mayor Georgina Oxley said the community wants Council to be proactive in finding new ways to manage the issue of graffiti in their neighbourhoods and that's why we have developed a new action plan.

"We recognise that unwanted graffiti and tagging can create social and economic problems in the City of Kingston", Cr Oxley said. "We want to work with the community to remove undesirable graffiti quickly".

Young people and graffiti artists were part of the consultation and helped shape the Action Plan thanks to funding from the Victorian Government's Graffiti Prevention Grants Program.

Part of the plan is finding appropriate locations to facilitate murals by street artists and expanding Public Art projects across the city.

"We want to encourage and support quality, progressive and varied public art across Kingston including artworks by street artists", said Cr Oxley.

Council will also work closely with police to support the investigation and prosecution of graffiti offenders.

Key actions include:

- Removal of obscene or offensive graffiti within 24 hours of it being reported to Council
- Supporting the provision of quality, progressive and varied public art into the urban landscape.
- Working to educate young people's understanding of the value of public assets
- Promoting community reporting of graffiti to Victoria Police
- Providing free graffiti removal kits to the community to remove graffiti from their property
- Kingston's proactive approach to tackling graffiti has been recognised by other Victorian councils and they are now looking to Kingston as a leader as they shape their own graffiti management policies.

COUNCIL AWARDS MORE THAN \$1.6 MILLION IN GRANTS TO KINGSTON'S COMMUNITY GROUPS

Social welfare groups, schools, theatres and sporting clubs across the municipality will share in just over \$1.62 million to continue their great work thanks to Kingston's annual community grants.

Kingston Mayor Georgina Oxley said Council was delighted to assist local not-

for-profit groups deliver a wide range of services, programs and special events to the community.

"The need in the community has been greater than ever this year due to COVID-19 and our Community Grants program is all about supporting our local not-for-profit groups and organisations in delivering social welfare services, opportunities and activities for all residents in Kingston", said Cr Oxley.

A total of 183 grants have been allocated this year, among those were a record number of social welfare groups providing emergency relief measures and food hampers to the many in the community struggling to make ends meet.

"There are so many fantastic community groups doing great work across Kingston, Council is proud to be able to support their efforts", Cr Oxley said.

The 2020-21 funding includes:

- \$1,171,189 for three-year Partnership Grants to long established key organisations that provide important social and welfare services to Kingston residents
- \$315,100 in Annual Grants of up to \$10,000 for not-for-profit community groups to help develop a healthy, active and socially connected community
- The 2020-21 Community Grants Program attracted 75 Partnership and 120 Annual grant applications.

The grants include:

- \$489,153 to support local neighbourhood houses and community centres
- \$392,482 to support community social welfare organisations
- \$82,079 to support local multicultural and seniors' groups
- \$74,663 for sporting clubs and scout groups

Kingston Council's Community Grants Program also includes Individual Development Grants, Student Achievement Grants, Arts Grants, and Children's Week Grants.

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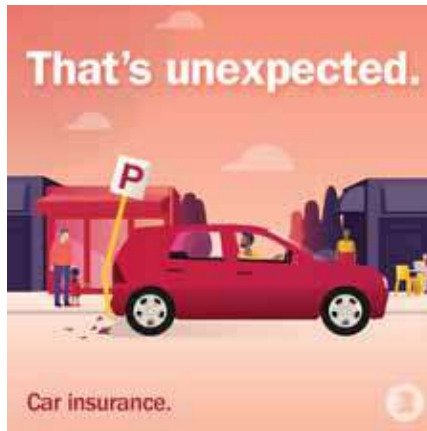
That's why we offer a broad range of insurance products.

We have insurance policies for your home, car, caravan, travel, rental property or business.

To make sure you are adequately insured let us review your insurance needs. We can arrange a quote and the cover best to suit you.

For every quote between now and September 30, 2020 you'll receive a voucher from us to get a free coffee at Match & Co. in Dingley Village. Bendigo Insurance. We've got you covered.

If you are starting your home loan journey Dingley Village Community



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The process of buying your home can be broken down into some simple steps and Penelope our Lending specialist can work out how much you can borrow and what deposit you need.

You will learn how and where to start in obtaining a home loan, the loan process, settlement and costs. Most of all Penelope our lender will help with all the ins and outs of the loan process.

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DINGLEY VILLAGE COMMUNITY ASSOCIATION

DVCA ANNUAL GENERAL MEETING

The DVCA Annual General Meeting was held online via Zoom on 18 August 2020.

Our congratulations to the new DVCA Executive for the next year;
Chairperson - Leigh Gridley
Vice Chairperson - David Madill
Treasurer - Paula McLean
Secretary - Jon Garrard

Our new chairperson Leigh Gridley, is a committed Dingley Village resident.

At the AGM DVCA members acknowledged the outstanding service provided by our past Chairperson and Secretary David Madill over many years. David is a dedicated community advocate and tireless worker for Dingley Village, helping to make our village the great place we all live in.

Acknowledgement and thanks were also made to our North Ward Councillors for their continued support of the DVCA over the past year, especially the contribution made by Cr Staikos. Cr Staikos has attended DVCA meetings, provided numerous progress reports on Council activities and contributed constructive and thoughtful input on many issues to the DVCA and our community.

YEAR IN REVIEW - DVCA

Whilst progress is often frustratingly slow, particularly in this "year of Covid-19", positive things do happen.

• Spring Road Reserve

Council continues development of the old Springvale tip as our community park. The latest park improvement being installation of a new skateboard facility.

DVCA has worked with Council to form a "Friends of Spring Rd Park" group to progress plantings, signage and maintenance, to ensure our new park is for the enjoyment of all residents.

• Chain of Parks

Council is currently preparing trail plans (walking & cycling paths) for the Chain of Parks. The finalised trail plans will recommend future actions for the provision of trail paths linking the chain of Parks from Karkarook Park down to Braeside Park. This continues implementation of the Chain of Parks recommendations in the Council's Green Wedge Management Plan.

The Chain of Parks, first proposed in the 1970s, comprises the gradual redevelopment of former closed and remediated landfills within the Kingston Green Wedge zone into a series of linked recreational parks.

• Community Centre Redevelopment

Stage one of our Community Centre redevelopment has been completed and now provides modern facilities for residents, including a new library. An excellent result.

• New Centre Dandenong Road Pedestrian Crossing

DVCA is working with Council on the provision of an additional pedestrian crossing for Centre Dandenong Rd, east end of the shops. Approval for the new crossing has been given, with the crossing design now being prepared.

• Chadwick Reserve

Refurbishment of the playing fields and pavilion at Chadwick Reserve is well under way, with all works scheduled for completion by December 2021.

• Dingley Reserve

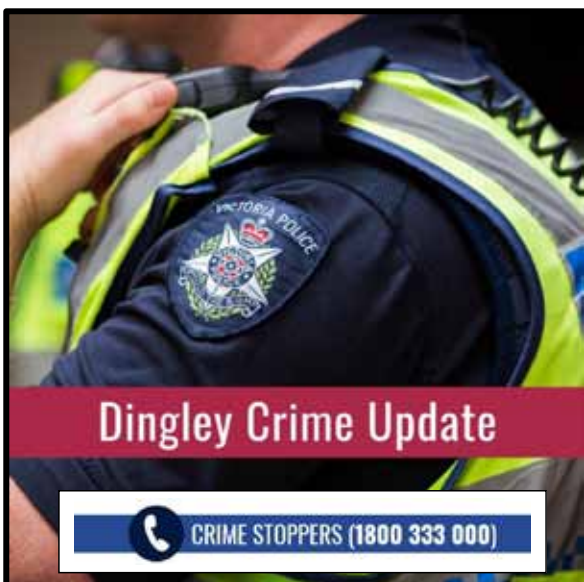
Redevelopment of the Dingley Reserve has commenced with early plans being prepared, after community input.

• Draft Neighbourhood Character & Housing Study - Kingston

Council recently supported the proposed Neighbourhood Character & Planning zoning rules for the whole of Dingley village to be placed in the 9 metre height zone, meaning no 3-storey development for Dingley Village. A very good result which reflected residents wishes.

CITY OF KINGSTON COUNCIL ELECTIONS - DINGLEY VILLAGE - CARUANA WARD

Council Elections will be held on 24 October 2020 and Dingley Village residents are voting for a single Councillor to represent our community in Caruana Ward.



THANK YOU!

Moorabbin Proactive Policing Unit were very excited to support our friends at Neighbourhood Watch recently. In early August, NHW put a call out to assist the vulnerable young people living in residential care in our areas during this time of lockdown. These restrictions are hard on all of us, but these young people don't have the support of family or close friends.

A request for donations of board games, card games, sporting goods, jigsaw puzzles and gaming consoles was sought, to enable these young people to stay home and feel supported.

After an overwhelming response from the community which saw the PPU collecting items from over 50 homes, we have completed distributing the items to the care units and their reactions have been priceless. They are extremely grateful for all the donations and look forward to sharing the love amongst their residents.

Neighbourhood Watch, Police and the residential homes all want to thank each and every one of you for your fantastic outpouring of love, support, messages and donations.



Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.

DVCA will be seeking candidates' views on Kingswood Golf Course, Neighbourhood Character and other important community issues. Our new Councillor should be able to demonstrate they have the time, ability and commitment to successfully address and support Dingley Village issues and represent all voters in Caruana Ward at Kingston Council.

AIRCRAFT NOISE PROBLEMS

We are aware of increasing complaints about aircraft noise at this time. If aircraft noise is creating problems for you at home during our Coronavirus lockdown, please report this immediately to Airservices Australia.

To do this either:

Ring: Monday to Friday 9am to 5pm -

Airservices Noise Line 1800 802 584

Online: <https://www.airservicesaustralia.com/aircraftnoise/about-making-a-complaint/how-to-make-a-complaint/>

com/aircraftnoise/about-making-a-complaint/how-to-make-a-complaint/

DVCA

PLEASE CONSIDER JOINING the DVCA - The DVCA is open to all residents who genuinely care about our Village.

Meetings are held in the Community Centre, 2nd Tuesday each month (except Dec. and Jan.) at 7.30pm. New members are most welcome to attend.

Please note: no DVCA meetings are currently being held during the Coronavirus lockdown period.

DVCA Contact Details

Please note our new DVCA website please check it out: www.dvca.info

For further information: contact the Chairman/Secretary by e mail: dvcasecretary@gmail.com

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DINGLEY JUNIOR SPORTS STAR

The Dingley Sports and Recreation Club's Junior Sports Star for July is Ben Campbell.

Ben was chosen because of his achievements in cricket and baseball. The local Dingley Village lad excelled at both sports over the past summer. Now 16 years old, Ben played up to U12 cricket with the Dingley Cricket Club before focusing on baseball. He made a return to cricket this past summer with the Heathmont Cricket club. There he played in the seniors only and was instrumental in helping his team with their premiership. Ben was their opening bowler and came 2nd in the team's bowling statistics as well as taking out the club's fielding award. During the 2019/20 season, Ben also played junior and senior baseball, helping the Moorabbin Panthers 2nds claim the premiership title. Ben was also selected in the Southern Mariners All Star team which was due to compete at the State titles in March for a spot in the National championships but unfortunately COVID-19 saw an end to the National championships with the state titles still pending.



Ben has excelled at two sports over the summer and is a deserving winner of a rising star award. As a result of being the Junior Sports Star for July, Ben will now be considered for the Bendigo Bank

Dingley Junior Sports Star of the Year. To nominate a local junior (16 years or younger) for sporting performance in 2019 or 2020 please go to www.dingley-sportsclub.com.au



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FRIENDS OF BRAESIDE PARK

Stage 4 Covid restrictions have made Braeside Park more important to communities within its five-kilometre radius.

Citizens now know that Braeside Park has over 12 kilometres of tracks for walking, running, jogging, bike-riding, and pram-pushing. The Park's 312 hectares of environments include Red Gum forest, grasslands, heathlands and wetlands.

It is possible there to forget the surrounding suburbia and major road infrastructure, although the noise, light and dust from the building of the Mordialloc Freeway is becoming more and more difficult to ignore. This Vic. Government Major Roads Projects Victoria is detrimental to the only slice of bushland in south-east Melbourne.

Many people now know Braeside Park through their daily 1 hour of exercise, but I wonder how well they understand the value of the Park?

Braeside Park has a checkered post-European history: vegetable farming, horse training, sewerage treatment, and now urban parkland.

Pre-Europeans, the local Bunurong people lived there for many thousands of years using the wetlands for food and valuing its significance. It was re-named part of Carum Carum Swamp by Europeans for whom it was a "dark, dismal place" best drained, grazed, farmed and then subdivided.

Today, we are still "reclaiming" this land for human use. The isolation restrictions have seen some realise that open, indigenous spaces are more than just exercise tracks, playgrounds, picnic spots, mown grassed areas, and vegetable gardens. They are spaces for conserving and re-wilding Australia's unique plants and animals.

The benefit is not just uniting us as Australians, but recognising that we are custodians of the environment for the next generations. Spotting over 60 species of wetland birds, some of which travel from Japan (Latham's Snipe) or north-eastern Siberia (Sharp-tailed Sandpiper) each Summer, cannot be ignored. The Spring and Summer flowering of the native pea-bushes, bursarias, native orchids and the beautiful Wedding Bush are visual splendours.

We do not own nature, we are actually part of nature and we, like the Bunurong people, draw on nature for succour in times of need - like this pandemic. History is full of the demise of civilisations that over-reached their natural resources' capacity. The State and Federal Governments plan to log, to mine, to drain, to sell and to build on all our nature for money. This is no real leadership to any future.

What has this to do with Braeside Park? Well, the Victorian State Government has written to invite the Friends of Braeside Park to make their submission to the Inquiry into Environmental Infrastructure for Growing Populations. The Inquiry Committee is interested in the views and insights of stakeholders.

Who knows whether this is a step forwards or backwards? Calling the natural world which makes the air that you breathe "environmental infrastructure" could mean that our authorities now take it as seriously as they do the billions of dollars which they spend on the freeways which no informed person thinks is a way to the future; or that 'clean coal' with all the credibility of 'solid air.' But, that depends on how well you think that we are governed? Left to themselves, do our governments give us the infrastructure we want or need, or shoddy expedients?

This Inquiry will have consequences also for the development of the former golf course in Dingley Village and the remaining Green Wedge. I would urge you to think about making a submission. The closing date for submissions is 28 September 2020. Submissions can be lodged by:

1. Email to eii@parliament.vic.gov.au; or
2. eSubmission at www.parliament.vic.gov.au/eii; or
3. Hard copy to: The Committee Manager

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LOOKING AT LOANS



JUST WHEN WE THOUGHT IT WAS SAFE TO GO BACK IN THE WATER ...

These crazy times make us all feel like we are in a movie, perhaps a futurist dystopian drama, or perhaps a little like JAWS 2, with COVID-19 replacing the shark.

"It seemed we had everything under control. For a time. But nature cannot so easily be controlled: Not only did the danger return, it is worse."

As in that movie we see our leaders needing to walk the tightrope, in a balancing act between safety and the economy. Each decision made is critical.

We also have our heroes fighting the foe. For the rest of us we must keep safe: Our isolation is our keeping out of the water.

It is in these times of isolation we need most of all to maintain motivation, to continue to focus on the moment, on our lives, providing support where we can to those around us, and caring for ourselves.

The 5 km current boundary restrictions force the support of local community. As a Dingley Village resident and an employer with a Dingley Village office I am a strong supporter of the Dingley Dossier "Shop Local" campaign. I hope you are too.

In the world of finance and real estate, interest rates are at record lows. Whilst many property owners are not currently in a position to refinance there are many who are. If you are home in isolation use the time to review your finances. There will be money to be saved. Our business continues to operate without the need for face-to-face meetings.

Real estate agents are currently hamstrung. Property sales will track at record lows due to this lockdown. That does not mean your local agents are not working! If you are looking at buying or selling now is the time to plan it. Speak to your local agents, they are waiting for your call.

There will be a catch-up phase in property sales. If you are a prospective buyer put your finances in order now, so you will be ready to move. If you are a prospective seller speak to your agent and be ready to beat the listing rush which will come.

The psychology of every one of us is affected by this pandemic. It is your reaction to this situation that determines your future. From another movie, I leave you with advice from Rocky (Rocky Balboa, 2006):

"Let me tell you something you already know.

The world ain't all sunshine and rainbows.

It is a very mean and nasty place and it will beat you to your knees and keep you there permanently if you let it.

You, me, or nobody is gonna hit as hard as life.

But it ain't how hard you hit; it's about how hard you can get hit, and keep moving forward.

How much you can take, and keep moving forward.

That's how winning is done.

Now, if you know what you're worth, then go out and get what you're worth.

But you gotta be willing to take the hit, and not pointing fingers saying you ain't where you are because of him, or her, or anybody.

Cowards do that and that ain't you. You're better than that."

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MEDICAL MATTERS

COVID 19 AND YOUR HEALTH

Interviewed by Norman Swan on the ABC this week, Professor Grant McArthur of the Peter MacCallum Cancer Centre has noted that there has been a 30% reduction in the reporting of cancers since the COVID 19 lockdown began in March. He said this equates to the delayed diagnosis of approximately 3000 cancers in Victoria over a 6 month period. This will mean that cancers will be presenting in a more advanced state making treatment more difficult.

This has been occurring as a result of patients not visiting their doctor to discuss their health and not undergoing routine tests such as blood tests, cervical screening tests, prostate exams and mammograms.

I would like to take this opportunity to advise the Dingley community that interHealth is operating as usual. All of the doctors at the medical centre are working their normal hours and are available for consultations.

We are able to offer appointments for over the phone consultations which are ideal for non urgent matters such as repeat prescriptions and referrals. These appointments are available to any patient with a valid Medicare card. Prescriptions will be emailed to your pharmacy of choice for easy pick-up.

Face-to-face consultations will continue to be offered where it is necessary. Please call 9558 2155 to speak to our friendly reception staff who will arrange an appropriate appointment with your doctor.

The COVID 19 pandemic has changed everyone's lives in many ways and I urge all Dingley residents to stay safe and obey the rules in these difficult times. Please look after your health and do not hesitate to contact interHealth should you need a medical appointment.

Dr Stuart Turnbull

DOLLARS & SENSE



5 TIPS TO SURVIVE A DECLINE IN INCOME

Since precautionary measures were heightened to slow the spread of COVID-19, almost 1 million Australians have lost their jobs. According to the Australian Bureau of Statistics, Australia lost 7.5 per cent of its jobs between 14 March and 18 April. If you're one of the many Australians who has lost their job, it's understandable that you may be feeling stressed about managing your finances.

Put together a new budget

The first thing you need to do if your income has fallen is put together a new budget. With a reduction in your income, you'll likely be looking to reduce your fixed and discretionary expenses. Put together a budget that includes your essential expenses such as your mortgage or rent payments, bills, and groceries. This is also a good time to assess which expenses you can do without until your income rises again.

Set up payment plans

Losing your source of income can be stressful, especially when you have ongoing payments to meet. If you've put together your new budget and you're not sure you'll

be able to meet your regular payments, speak to your mortgage lender and other providers about setting up a payment plan. The important thing is that you do this proactively and keep communication open as having these conversations now will put you in a much better place to negotiate.

See what support you may be entitled to

The government has announced a range of support packages available to people who have lost their source of income or have had their income significantly reduced. Check which support you may be eligible to receive and organise all of the details you need to apply. Full details about the Federal Government's measures to support individuals and businesses are available on the Treasury website.

If you've lost your income due to illness or injury and you have income protection insurance, check what claims you are eligible to make and what payments may be available to you.

Identify potential savings

When you put together your new budget, you probably identified expenses you

could do without such as gym memberships and other discretionary expenses. To identify further savings, check if you can switch to cheaper providers for your utilities such as electricity, gas and internet and consider winding back your mortgage payments if you have been paying extra.

Seek advice from financial professionals

In stressful times, it can be hard to look beyond the current period of financial stress. However, this is also an opportune time to reset your financial plan for the future. Take this opportunity to speak with your financial professionals, including your mortgage lender or broker, accountant, and a financial adviser to manage your finances now and into the future effectively.

Moving forward

At a stressful time for people, it's important that you don't feel like you need to weather financial challenges alone. Taking the time to see what support may be available through the government's support packages is a good place to start. And to set up a financial plan for the future that also addresses your current financial challenges, make sure you speak to a qualified financial professional for tailored advice.

Richard Vaughan

Ashfords Wealth Advisors

Tel 9551 2822 Corporate Authorised Representative 358609 of Ashfords Wealth Advisors Pty Ltd AFSL 226184

EYES RIGHT

By Dingley Eye Centre

COSMETICS AND OCULAR HEALTH

Beauty is in the eye of the beholder. But many of us spend a tremendous amount of time and money trying to spruce up our looks, often by applying makeup. However, if makeup is not used appropriately near the eyes, it can lead to some pretty unpleasant consequences; including infection, allergic reactions or injury.

Developing an eye infection defeats the purpose of wearing makeup in the first place. After all, there's nothing pleasant about a puffy, red eye. You can avoid this by following some basic rules and applying common sense to your makeup routine. If cosmetics are used for longer than recommended, they can become contaminated with bacteria and fungi.

Cosmetics should be discarded and replaced according to manufacturer recommendations, usually every three months for mascara. Writing the purchase date on the packaging can help you keep track of the dates. Additionally, clean your brushes and other applicators regularly to remove pathogens. If you have had an eye infection, discard and replace all eye makeup to prevent reinfection.

Sharing cosmetics, including the use of tester products in stores, is another potential avenue for introducing infection. One of the most common infections transmitted via makeup is conjunctivitis, which is inflammation of the membrane that covers the inner surface of the eyelid and the outer surface of the eye. Using disposable applicators may reduce the risk of transmission; however, bacteria and fungi may still be present in the cosmetic container if it is not wiped clean between uses. Proper storage can also contribute to product safety; temperatures below 30°C is recommended as the preservatives of products stored at higher temperatures are more likely to deteriorate. Finally, don't "top-off" dry mascara with water and don't use lip liners on your eyes.

Not all reactions to makeup are caused by infection, sometimes, allergies can be the culprit. Common allergens found in cosmetics include nickel, iron oxide and ingredients found in preservatives and fragrances. Be wary of the term "hypo-allergenic"; this label is no guarantee that the product is allergen-free. Try to introduce new cosmetic products one at a time to determine your sensitivity to specific components, especially if you are prone to allergies.

Be wary of applying makeup around the eyes, as this requires a steady hand. Mechanical injury to the eye can result in corneal abrasions, or worse, perforation. For this reason, you should never put on makeup in a moving vehicle, especially if you're the one driving! You can also avoid tempting fate by wearing makeup only

on the distal (outside) lash margin—and never inside, where you might introduce bacteria to the ocular surface. Placing makeup along the inside of the lash margin also can block up your glands.

When you apply makeup before putting on contact lenses, some of the oils or bits of makeup can smudge or get stuck on the lens. For this reason, it's best to wash your hands, put in your contact lenses and then apply makeup as a final step. There is one exception to this process: If you wear hard or rigid contacts, insert them after makeup application, but use caution to avoid smearing the lens during the process.

Finally, whatever makeup you put on, needs to come off at bedtime. Depending on what type of makeup you use, ordinary soap and water may not do the trick—especially on mascara. When mascara dries, it gets stiff and can cause the natural eyelash to break, possibly leading to lid disease, ocular surface disease and contact lens intolerance. Simple precautions to maintain eye health while using cosmetics can help keep your eyes not only looking great, but also feeling and functioning at their best.

At Dingley Eye Centre, we are passionate about your vision and the health of your families' eyes. Call us to make an appointment or book online, we can chat about anything related to your eyes and makeup too. We are an "essential service," what could be more essential than seeing comfortably and clearly, and hence we will continue to be open to assist you during these trying COVID-19 times.

Dr Richard Pryor, Darran Yeow, Dr Hashinini Seneviratne and the team @ Dingley Eye Centre

We are your local optometrist and we thank you for your ongoing support!

Ph: 9551 4244

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CIRCLING THE CLUBS



DINGLEY VILLAGE SENIOR CITIZENS CLUB INCORPORATED

Now that restrictions have changed again, we cannot predict just when we will all be able to meet up once more. Our AGM has had to be postponed again and just when this will come about we are not sure either.

Our condolences go out to the family and friends of the late Stan Myring, who passed away in July at the grand age of 104 years. Stan was a long-time past member of our Club.

Also, some of our members have not been well and our best wishes go out to them.

Meanwhile, we again hope that all of our readers stay safe and well!

If you have a query, or for any further information, please contact our President, Lyn, on 9585 5039 or our Vice President, Maureen, on 9551 8425.

In one of our recent videoconferences, we learnt that one of our members still rides a bicycle that he has ridden since 1947. He showed viewers his original receipt of eleven pounds, ten shillings that he paid for the bike back then. That's roughly equivalent to \$795 in today's money.

Getting together is fundamental to our Club's life and our committee is striving to find ways to keep our members informed throughout this difficult period.

When we resume, our meetings will be held on the first Monday of the month at 9:30am for 10:00am start at "The Salvation Army Kingston City", 12-16 Boulevard, Dingley Village. For more information about Dingley Central Probus please contact our secretary, Ruth, on 9587 0432.

DINGLEY 60 PLUS SOCIAL GROUP

The current restrictions have forced the Group into temporary lockdown with the closure of our weekly meeting venue and other places that we would normally frequent for entertainment and meals. When we are able to resume our activities, it will be back to business as usual.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with our peers.

The week will start on a Thursday night from 7.30 pm in the Sports Bar of the Dingley International Hotel (DIH) where you can join the Group for a casual chat and a drop of your preferred beverage.

A list of proposed activities over the next month or so is available at these gatherings. Regular activities undertaken by the group include dinners, theatre nights, movies, BBQs, picnics, breakfasts, concerts, holidays, trips, walks and dinner dances.

For our members and the Dossier readers, try to keep in touch with your friends and relatives in these trying and restrictive times.

We are always happy to welcome new members to the Group. Any enquiries about the Group may be directed to Graeme on 9551 3462 or Shirley on 0410 625 731.

PS As Vera Lynn sang "We'll meet again" but when is the question?

COUNTRY WOMEN'S ASSOCIATION DINGLEY VILLAGE



"All Women, All Ages, All Places. Grow, Connect, Improve."

With the current restrictions in force, in an effort to control the spread of COVID 19, our members have been unable to hold their regular monthly meetings and various other activities including our craft mornings. Members support one another by keeping in touch by email and by phone. We have also been busy swapping patterns and making face masks to keep ourselves and the community safe.

It has been difficult to plan too far

PROBUS CLUB DINGLEY CENTRAL



Our Dingley Central Probuss committee is focused on the well-being of our members during this lockdown time. There may well be further tough decisions in the immediate short-term and members may not be able to see each other in the flesh but rather continue seeing each other in virtual meetings.

An important message from the Victorian Government

IF YOU THINK YOU HAVE CORONAVIRUS, GET TESTED TODAY.

If you have any of these symptoms, get tested today and save lives.

Mild flu-like symptoms.

Sore throat or runny nose.

Cough or cold.

More information on testing at coronavirus.vic.gov.au

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ahead, but we hope that we will be able to meet again soon. Our meetings are normally held on the 4th Wednesday of the month at 10 a.m. at the Dingley Village Neighborhood Centre and on the 2nd Wednesday morning of the month at a member's home for craft.

In the meantime we hope Dossier readers and their families keep well and stay safe.

If you would like more information about the CWA or would like to become a member, you can contact President Carmel Mullen on 9796 2897 or Secretary Diana Muir on 0409 031 942.

**PROBUS CLUB OF
DINGLEY VILLAGE
INC.**



We will meet on the first Thursday of the month at the Dingley Sports and Social Club at Souter Oval, from 10.00am once restrictions are lifted. Visitors and prospective members are always welcome at our meetings, and for further information, or to join one of our activities, please contact President Vi on 9551 1076.

**LIONS CLUB OF
DINGLEY VILLAGE**



We are in need of new members, a great opportunity to help your community.

Our fundraiser this year is the Entertainment Book at a cost of \$70.00. This can be purchased as a digital copy, and great savings can be had. (Hard copy books not available this year). The application can be purchased through www.entbook.com.au/9121w52. The money raised will go towards ongoing Lions' projects. Many of our normal fundrais-



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ing activities have been cancelled due to the coronavirus, making this fundraiser important to our club.

For any enquiries please contact Lynne – 9551 3770 /0488 004 809.
dingleylions@gmail.com

**DINGLEY
CHELTENHAM
VIEW CLUB**



**(Voice Interests
Education of Women)**

Women of all ages are invited to join our monthly meetings, which include a guest speaker followed by morning tea, once restrictions are lifted.

Where; Keysborough Golf Club, 55 Hut-ton Rd Keysborough.

When Second Tuesday of the month.
Time 10am till 11.30am approx.

Please contact Fran Thomas for further information. franniet@gmail.com or call 0419 309 931

**BOOMERANG
BAGS, DINGLEY
VILLAGE**



Our aim is to REDUCE waste, REUSE quality shopping bags and RECYCLE fabric.

Boomerang Bags Dingley Village is a community group who create reusable shopping bags from donated recycled fabrics. So far, our small group of volunteers has made over 1400 FREE shopping bags for our community. You can help yourself to one of our FREE bags at the Dingley Village Farmers market or pick one up at the Dingley Village Neighbourhood Centre reception.

The group meets each Thursday morning, once restrictions are lifted, at the Dingley Village Neighbourhood Centre, 9:30-12pm and the 4th Sunday of the month 2-5pm. If you have clean sheets or fabrics you would like to donate then please contact Debbie 0411 058 804 or Helen 0425 862 718.

**DINGLEY VILLAGE
MEN'S SHED**



The Shed is currently closed and will reopen when restrictions are lifted

Member's Morning Muster: Friday, 9am till 2pm. The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road. Ph. 9551 5892, E-mail: dvms3172@gmail.com www.dvms.org.au

As restrictions alter please check with individual clubs for any changes or updates

CHURCHES & CHALLENGES



As restrictions ease please check with individual churches for any changes or updates.



VILLAGE CHURCH DINGLEY

"Inspiring People to Discover and Develop Life in Christ"

Church Office: 7-9 Fiveways Blvd., Keysborough. 3173 Phone: 8712 8254

Email: admin@villagechurch.org.au

www.villagechurch.org.au

See below for link to live streaming of services

Our Church program for SEPTEMBER is as follows:

SUNDAYS- 10.00 a.m. **Worship Service** using livestream link: <https://villagechurch.au.faithlivesites.com/live>

MONTHLY LADIES GROUPS:

*Homemakers – not on for the time being
"Sisters in Christ" Ladies Group – 7.30-9pm. Fellowship and sharing. Monday 14th September via Zoom. Contact Office for details.

LIFE GROUPS:

*Tuesday nights – Fortnightly 7.30-9.00pm. 1st and 15th September. Contact office for Zoom link.

*Wednesday nights – Fortnightly 7.30-9.00pm. 9th September. Contact office for Zoom link.

Sunday nights – 1st and 3rd Sundays of the month 7-8.30pm. 6th and 20th September. Contact office for Zoom link.

PRAYER TIME:

Weekly - Wednesdays 10-11am via Zoom link. Contact office for link.

Monthly – Saturday 19th September 9-10am and Monday 21st September 7.30-8.30pm via Zoom link; Contact office for links.

BIBLE STUDY:

*The Excellent Wife study (Martha Peace) – Wednesdays weekly 12.30pm-2pm via Zoom. Contact office for Zoom link.

*Women's –Precept Ministries study on Genesis. Thursdays fortnightly 10-11.30am and 2.30-4pm via Zoom, 3rd and 17th September. Contact office for Zoom link.

*Open – Fortnightly Thursdays 10th September on the Gospel of Luke via Zoom. Contact office for Zoom link.

*Not held during school holidays.

MARRIAGE & FAMILY SUPPORT:

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all. As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust, and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions to any and every area that brings tension, pain and confusion. Please give us a call on 0481 352 404, we'd love to be able to encourage, support and strengthen you.

Our Church Office is at 7 Fiveways Boulevard, Keysborough, but contact is recommended by phone on 8712 8254 until the current restrictions are lifted. Please feel free to call with any enquiries you may have and leave a message if the office is unattended or contact Lesley on 0488009716 if urgent.

Our Pastor is Rodney Hole who may be contacted through the Church Office.

ST. MARK'S CATHOLIC CHURCH

511 Lower Dandenong Road, Dingley Village 3172

Office open Tuesdays 8:30am to 11:30am
Phone / Fax: 9551 6930

Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

The Church is presently closed due to the social distancing regulations, but if you have any enquiries, please contact the Friars at St Mark's or St Joseph's.

Baptism: Bookings through the St. Joseph's Parish Office, Springvale (9547 4877).

Baptisms will be held at St Joseph's Springvale and St Mark's Dingley on alternate months- contact the church offices

Weddings: By appointment only

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Confession: 5:30pm prior to Saturday Vigil Holy Mass, or by appointment

Holy Mass Times:

Monday to Friday: 7:00am in the Friary Chapel

Saturday: 6:00pm Vigil in the Church

Sundays: 9:30 AM Sunday Mass (NB. only one Mass on Sunday)

Some important dates for the month of September

- 3rd St Gregory the Great Pope & Doctor
- 5th Mother Teresa of Calcutta
- 8th Nativity of the Blessed Virgin
- 14th Triumph of the Cross
- 15th Our Lady of Sorrows
- 18th St Joseph of Cupertino
- 21st St Matthew Apostle & Evangelist
- 23rd St Pio of Pietrelcina
- 29th Sts Michael, Gabriel & Raphael
- 30th St Jerome Priest & Doctor

CHRIST CHURCH DINGLEY



387 Old Dandenong Road, Dingley (at the roundabout)

Contact: admin@ccd.org.au or 9551 7871

Web: www.ccd.org.au

Our Vision: *To be a Thriving, Need-Meeting and Life-Transforming Community with Jesus at the Centre.*

CCD Weekly Church Service can be accessed at 'christchurchdingley YouTube' from 10.30 each Sunday.

Church Office: For all enquiries contact the office: 9551 7871

Ministers:

Vicar: Rev. Wayne Walters: 0425 163 730

Associate Minister: Rev. Tanya Cummings 0408 912 412

Youth & Children's Minister: Baden Harvey

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Office Phone: (03) 9558 2045 [facebook.com/KingstonCitySalvos](https://www.facebook.com/KingstonCitySalvos)

[www.salvationarmy.org.au/kingstoncity/CorpsOfficers\(Ministers\):Steph & Stuart Glover](http://www.salvationarmy.org.au/kingstoncity/CorpsOfficers(Ministers):Steph&StuartGlover) | Henry Roehrig

Office Hours: Mon, Tues, Wed, Fri 9am – 4pm

Our Mission

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

Our Vision

Wherever there is hardship or injustice Salvos will live, love and fight alongside others to transform Australia one life at a time, with the love of Jesus.

Family Worship Service

If you would like to receive a video link to our Sunday worship services, or a Sunday worship pack sent by mail, please email steph.glover@salvationarmy.org.au or phone 0414 430 414 and we will be in touch.

Emergency Relief | Casework

The Salvation Army Kingston City Doorways team offers Assessments for emergency relief (currently via phone). Please phone 9558 2045, Monday, Tuesday, Wednesday, Friday 9am – 4pm

'Big Day Out'

(Currently not running due to CoVid19 restrictions)

A ministry for people living with special needs (1st Tuesday of every Month) 10am – 2pm

Friendship, Lunch, and activities for community members with special needs (and their carers).

For more details, contact the church office, send us a message on Facebook @ KingstonCitySalvos or phone Steph on 0414 430 414

Hire Of Facilities

(Currently not available due to CoVid19 restrictions)

For enquiries please phone Steph on 0414 430 414 or email steph.glover@salvationarmy.org.au



KINGSTON CITY CHURCH

OUR VISION: CONNECTING PEOPLE TO JESUS CHRIST

OUR MISSION: REACH, RESTORE, RELATE, RESOURCE and RELEASE
316-322 Kingston Road, Clarinda, 3169 (near Clayton & Boundary Roads intersection).

Ph: 8551 6600, Fax: 8551 6690. Web: www.kingstoncitychurch.com.au

Email: admin@crm.org.au

Senior Pastor: Dan Parker Senior Associate Pastor: Dave Harrison

moMENTum is the Men's Network Group of Kingston City Church.

The purpose of this group is to connect with men in our community to build friendships and support each other, whilst developing from being good men to being great men.

Our focus is to mentor men to develop into great sons, husbands and fathers, and

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be a positive influence in the community. In order to achieve this, we get together every 2 to 3 months and hangout for a chat or social night going ten pin bowling or playing lawn bowls. We also have events to focus on areas of interest that impact men and our progress in life. Our program is built around encouraging men to develop physically, mentally, spiritually and socially. Our events are driven by this purpose and vision.

We believe in developing good networks and support groups for our men to not only deal with the challenges of life, but to enjoy and cherish the moments in life with a positive attitude.

If you are a man in our local community and looking for a group of like-minded men to hang out with, then please contact us.

You can email us on men@crm.org.au or call us on 85516602 and we can keep you updated on our events, so you can join us and check us out. Due to the prevailing Covid lockdown, we are connecting through zoom and keeping our

group active in supporting each other. Please feel free to drop us an email to join in on moMEntum zoom and connect with the guys.

Looking forward to having you join us and make new friends as we support each other through this challenging time.

Dishan Rajaratnam



HEATHERTON-DINGLEY UNITING CHURCH

Cnr. Kingston and Old Dandenong Roads, Heatherton

Sunday services at 10.00 a.m.

Sacrament of Holy Communion second Sunday of the month at 10.30 a.m.

All enquiries phone 9580 6983

www.heathertondingley.unitingchurch.org.au

Our Vision and our Mission

To seek to connect people to God and each other

Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life

TO VIEW OUR WORSHIP SERVICE PLEASE VISIT OUR FACEBOOK PAGE: Heatherton-Dingley Uniting Church FOR THE LINK

What's On once restrictions lifted

Wednesdays – **Prayer meeting** at the church 9.00 – 9.30 a.m. If you have a concern that you would like prayed about ring Margaret on 9551 9494

Know Your Bible 9.30 – 11.00 a.m. An interdenominational study of the Bible for women

For further information contact Jennifer on 0419 115 811

FIRST FRIDAY OF EACH MONTH

Indoor Carpet Bowls – 7.30 p.m. in the Church Hall followed by supper

SECOND AND FOURTH THURSDAYS OF THE MONTH

Unleash the Music in You – 8.00 p.m. at the Church. For further information contact Bob Lorraine on 9589 493 or 0418 998 714



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From day one, our committed and caring staff will make you and your child feel right at home as we partner with you on their journey of discovery.

To find out more about Prep at Heatherton Christian College, please visit our website at <https://www.hcc.vic.edu.au/learning/prep-curriculum/> or contact our Enrolments Officer on 03 8551 6650 or via enrolments@hcc.vic.edu.au.



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DINGLEY COMMUNITY TRADE DIRECTORY

Every so often, as a service to our readers, The Dingley Dossier runs an updated summary of its advertisers and contributors to make it easier for our readers to find the details of the services and tradespeople they may require. We urge you to "Look Locally" and support the businesses that support your community newspaper.

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Dingley Chiropractic Centre	9558 1436		MEDICAL SERVICES		
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The DINGLEY DOSSIER

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Editor: Pam Gates

Publisher: Dingley Village

Neighbourhood Centre Inc.

31B Marcus Road,

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Phone: 9558 1866

dingleydossier@dvnc.com.au

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We appreciate contributions from the community. Please contact us for details.

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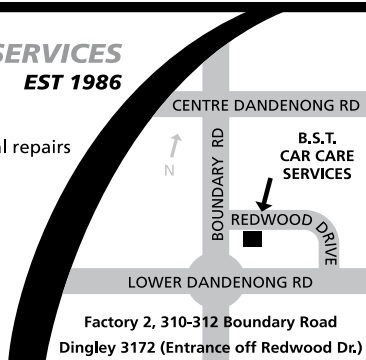
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