



# The DINGLEY DOSSIER

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## SURVIVING CORONAVIRUS TOGETHER



Our lives have changed dramatically from a month ago, many have lost their jobs or are working significantly fewer hours, our homes have become our world and new terms such as social distancing and flattening the curve have become everyday sayings. We have learnt to adapt, reflect on what is important to us and wonder what our world will look like in 6 months' time.

In response to these challenging times Kindness is spreading and sweeping around the world. At a time when uncertainty and chaos are powering greed and selfishness, amongst some, another human quality, a generous spirit, has emerged from crisis — that of kindness. A kindness both considered, and as random as a smile for a stranger.

Despite social isolation and worrying financial uncertainty, Australians are arming themselves with that most powerful of weapons, simple acts of kindness, to fight COVID-19.

While some think only of themselves, many are coming together, revealing the country's long treasured values of mateship, compassion and generosity still flourish in tough times.

Social media sites have been flooded with acts of compassion. From donating coffee to health care workers and chocolates for supermarket staff, to cooking meals for neighbours and shopping for the elderly.

Looking around Dingley Village you can see teddy bears in windows, people smiling or waving to each other and boxes at front fences sharing books or produce from gardens. The Dossier has heard stories of teenagers offering to walk the dog of an elderly neighbour, local clubs setting up phone trees amongst their members to keep everyone in touch, neighbours connecting with those in their street for the first time and hopefully making long term connections. For every image of people fighting over toilet paper or a supermarket

worker in tears there are multiple acts of kindness taking place.

Experts have warned that acts of kindness — no matter how small — have never been more important.

Ali Walker, Social Scientist for the Centre for Social Impact, UNSW Sydney, said "Australians will look back on as this period as the time they learned to reconnect with their communities. Imagine if this once in a lifetime pandemic becomes the turning point for the way we treat each other."

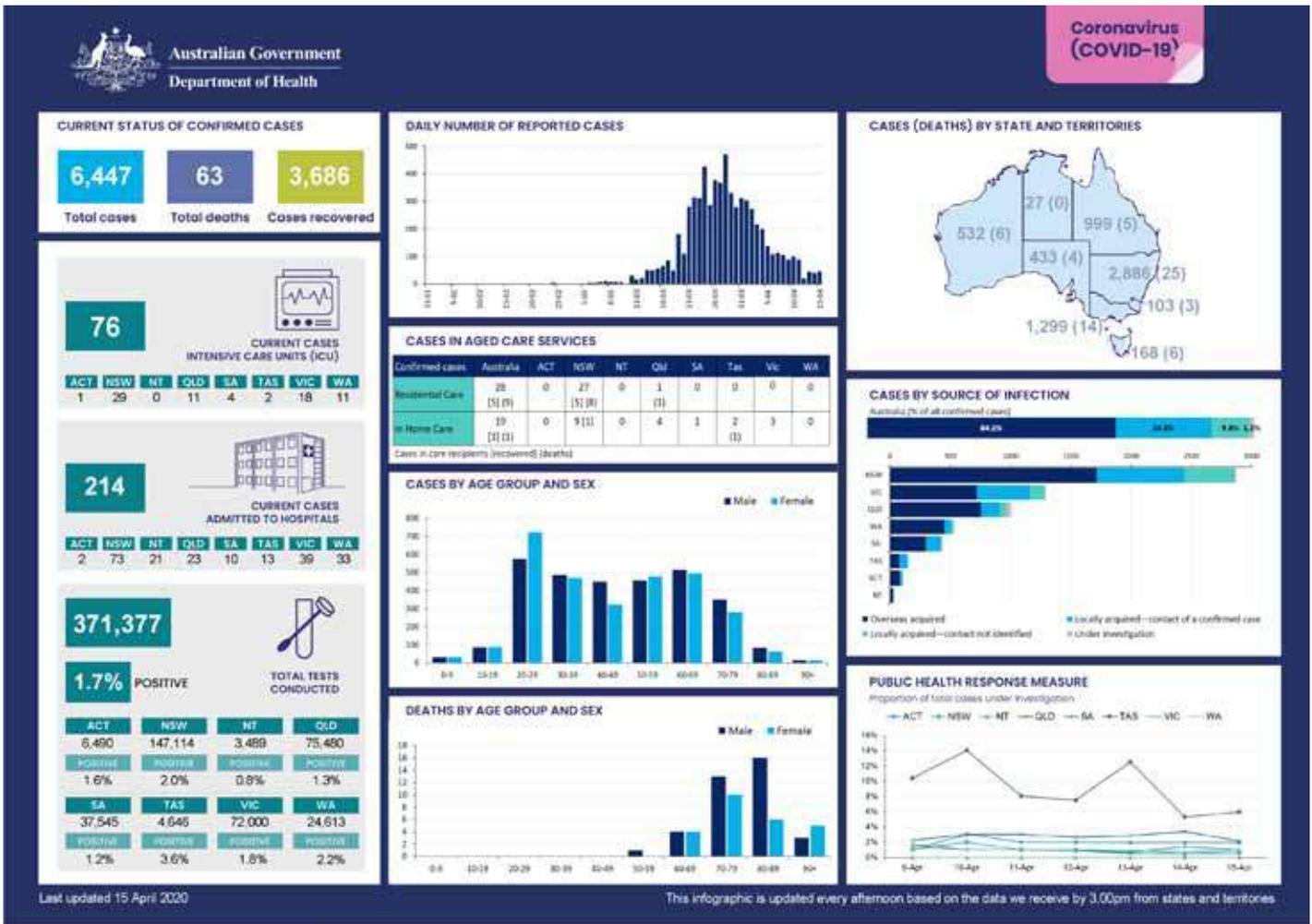
"We need connection now more than ever," Dr Walker said. "Most of all, we need to expand our minds to be others-centred rather than self-centred. We will all feel much better." 



*The information in this edition of the Dingley Dossier is based on resources provided by the Australian Government and is valid as of 15 April 2020 [www.health.gov.au](http://www.health.gov.au).*

*To speak to someone about coronavirus (COVID-19) call the National Coronavirus Helpline on 1800 020 080. It operates 24 hours a day, 7 days a week. If you require translating or interpreting services, call 131 450.*

**FARMERS' MARKET 16th MAY 8.30 am – 1 pm**



As at 15th April 2020, for up to date information go to <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/coronavirus-covid-19-current-situation-and-case-numbers>

“Science tells us that being kind is actually one of the best things we can do for ourselves — it boosts our mood, reduces stress and makes us happier.”

**Get involved with random acts of kindness**

- Call a friend that you haven't spoken to for a while
- Tell a family member how much you love and appreciate them
- Make a cup of tea for someone you live with
- Arrange to have a cup of tea and virtual catch up with someone you know
- Help with a household chore at home
- Arrange to watch a film at the same time as a friend and video call
- Tell someone you know that you are proud of them
- Tell someone you know why you are thankful for them
- Send a motivational text to a friend who is struggling
- Send someone you know a joke to cheer them up
- Send someone you know a picture of a cute animal



- Send an inspirational quote to a friend
- Send an interesting article to a friend
- Contact someone you haven't seen in a while and arrange a phone catch up
- Spend time playing with your pet
- Reach out to call a friend, family member or neighbour who is experiencing loneliness or self-isolation

- Donate to a charity
- Lend your ear – call a colleague and ask how they're finding the change in routine
- Give praise to your colleague for something they've done well
- Arrange to have a video lunch with a colleague
- Send an inspirational story of kindness people around the world are doing for others to someone you know
- Donate to foodbanks
- Offer to skill share with a friend via video call - you could teach guitar, dance etc.
- Offer support to vulnerable neighbours
- Offer to send someone a takeaway or a meal

So whilst times are challenging, let's all take a big deep breath and go gently on ourselves and those around us. In six months' time, when we look back on how we acted, I hope we can each say we acted with compassion and kindness, for the best interest of others, as well as ourselves.

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# Important information

Stay home. Protect the health system.  
Save lives.

There are only four reasons to leave home:

- shopping for what you need - food and essential supplies.
- medical, care or compassionate needs.
- exercise, locally in compliance with the public gathering requirements.
- work and study if you can't work or learn remotely.

Public gatherings, excluding household members, have been reduced to a maximum of two people.

People aged 70 and over should stay at home for their own protection. The same advice applies to people over 60 with a chronic illness, and Indigenous people over the age of 50.

# COMMUNITY



## IN THIS TOGETHER

Many in our community are experiencing financial hardship for the very first time through no fault of their own. To those affected, there is help available and people who care and will support you, you do not have to go through this alone. It can be hard asking for help when you have never had to do it before, but these are extraordinary times, so reach out, help will gladly be given. See article on Food and Financial support.



## SHOP LOCAL

It is now more important than ever to shop and do business locally, not just for our own health but to support the businesses that support us. Many of our local businesses have had to make hard, emotional decisions to remain operating and ensure that they survive. Unfortunately — fear — it closes wallets. It means people are

less likely to spend ... and that really does impact our local businesses. Keeping on using those businesses, keeping those doors open for them, is really important because if they perhaps have to close their business, it's very unlikely that they'd be able to pick up and open again. If you are still working and can, consider using a local business to get that job you have always put off done. Don't forget our cafes, who now offer takeaway, we need these places to still be in business when restrictions are lifted, so we can catch up face to face with friends and extended family.



## STAGE THREE RESTRICTIONS

Victoria's stage three shutdown restrictions strictly state no one can leave the house unless it is for "essential" reasons: **There are only 4 essential reasons to be out:**

- shopping for what you need - food and essential supplies
- medical, care or compassionate needs
- exercise in your local area, in compliance with the public gathering requirements
- work and study if you can't work or learn remotely

Victoria Police has the power to issue on-the-spot fines of up to \$1,652 for not complying with social distancing rules. <https://www.vic.gov.au/coronavirus-covid-19-restrictions-victoria>



## FLU SHOTS MORE IMPORTANT THAN EVER

As COVID-19 spreads throughout Victoria, health experts are warning people not to forget another potentially deadly virus lurking around the corner – influenza.

It come on the heels of a devastating flu season last year, which killed more than 130 Victorians and hit 69,351 people across the state.

Alfred Health infectious diseases expert Allen Cheng urged everyone to get their flu shot.

“This year, more than any other, we're really keen to get people vaccinated to reduce the possibility of confusion with coronavirus,” he said. “The flu vaccine wouldn't protect against coronavirus obviously, but the last thing we need when everyone is worried about respiratory infections is someone to get the flu.”



## CONTINUE TO ACCESS NORMAL HEALTHCARE SERVICES

People have been urged not to avoid or cancel their regular medical appointments for non-coronavirus related health issues. Patients have been advised to call their doctors ahead but continue to seek

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treatment for issues such as blood pressure, heart conditions and other chronic illnesses.

"One of the things that we know from the experience of past epidemics and pandemics around the world is that often people do not continue to get the regular healthcare that they need," Professor Michael Kidd said.

"And sometimes, we see more morbidity and mortality occurring from preventable chronic conditions than actually occur from the infectious agent itself.

"And that's why it's incredibly important that everybody in Australia continues to receive the healthcare which they would normally be receiving at this time."



### HAWTHORN FOOTBALL CLUB'S MOVE TO DINGLEY POSTPONED DUE TO COVID-19

In an email to members Hawks president Jeff Kennett and chief executive Justin Reeves said all work on the facility, construction of which was hoped to start later this year, had been put on hold. "During this time, there is also a need for us to make decisions to ensure the long-term viability and future of Hawthorn Football Club," they said.

"As custodians of the club, it is our role to ensure there is a Hawthorn, today, tomorrow and always. With that in mind, the decision has been made to place the Kennedy Community Centre (KCC) project on-hold until further notice".



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### HISTORICAL RADIO SOCIETY OF AUSTRALIA

The Historical Radio Society of Australia (HRSA) is registered in Dingley Village, with members in Australia and worldwide.

Members who love the style of old radios from the 1920s to the 1960s share information, circuits, how to restore old radios and in normal times, meetings around Australia, Auctions and Sales.

Parts and spares are still available by mail now and in the future. The heart of every early radio is valves and the Society has 52,000 new or tested valves offered at members low prices.

Membership is just \$40 per year, including all the member's only services above, and our world-class quarterly

Radio Waves magazine in full colour, printed locally for world-wide readers.

Radio Waves magazine has articles on Vintage radios and how to restore them. The Society is open to all, even if you have no electronics experience, and we have a number of enthusiastic ladies in our membership.

Until we can meet in groups again, the HRSA is producing regular email newsletters that show members things to see and do for many hours each week. Of course there's like-minded radio mates to chat with on the phone too.

Especially at this time, the HRSA doesn't offer old radio valuations or repairs to the public, however if you have an outstanding radio or collection you need to move, then call Kevin Poulter on 0435 378 678.

For more information, including a joining form, please visit [www.hrσα1.com](http://www.hrσα1.com)

### DINGLEY VILLAGE NEIGHBOURHOOD CENTRE SURVEY

Thank you to all who participated in the Centres recent survey, and provided valuable feedback and information. Winners of the \$50 Visa Gift Cards will be announced in June Dossier





# Enrolments Year 7 2022

## Open Now

closes Friday 21st August, 2020

**School tours available** - see website for details

# FOOD AND FINANCIAL RESOURCES

As at 5 April 2020

## 1. SUPERMARKETS

### COLES – Online Priority Shop (COPS) – 1800 455 400

or send query text (with all your ID) to 0429 989 656, or go online to register

<https://shop.coles.com.au/a/national/content/coles-online-priority-service-application>

*For most vulnerable and isolated*

### IGA – Priority Shop – 1800 018 384

Details are passed to a local IGA to process. Call to register, or go online <https://igashop.com.au/register/>

#### Eligibility criteria apply:

- Those with confirmed cases of COVID-19
- Those in mandatory isolation due to exposure to COVID-19
- The elderly (70+ years) who are isolating to minimise COVID-19 exposure
- Elderly Indigenous people (50+ years)
- Those with chronic illnesses (60+ years) who are isolating to minimise COVID-19 exposure
- Those with respiratory issues who are isolating to minimise COVID-19 exposure
- Those who are immunosuppressed who are isolating to minimise COVID-19 exposure
- Those who are eligible for the NDIS who are isolating to minimise COVID-19 exposure

### WOOLWORTHS - Priority Assistance – 1800 000 610 for general assistance with online

Or go online to register <https://www.woolworths.com.au/shop/discover/priorityassistance>

#### Eligibility:

Seniors, people with a disability, those with compromised immunity, and those required to self-isolate

## 2. EMERGENCY FOOD AND FINANCIAL ASSISTANCE

### Centrelink <https://www.servicesaustralia.gov.au/individuals/help-emergency>

Lots of online resources, especially for existing Centrelink customers. Crisis payments phone line 132 850 (special conditions apply explained online <https://www.servicesaustralia.gov.au/individuals/services/centrelink/crisis-payment/who-can-get-it>)



### CIS Vic (03) 9672 2099 Melbourne

#### <https://www.cisvic.org.au/getting-help/financial-hardship>

Directory of CISVic member agencies across Victoria that may help (there is a search by postcode too):

<https://www.cisvic.org.au/getting-help/directory-list>

[CISVic Community Information and Support Victoria – peak body representing local community information and support services – formerly citizens Advice Bureau]

### Make A Difference Dingley Village

Food vouchers, Telstra vouchers, Utility and Pharmacy assistance

Wednesdays 9.30 am – 11.30 am at Neighbourhood Centre, 31B Marcus Rd,

### Salvation Army - contact your local Salvos <https://www.salvationarmy.org.au/contact-us/>

There is a No Interest Loan Scheme as well as emergency relief

### Vinnies Welfare Assistance

Line is 1800 305 330 (Monday– Friday 10:00am to 3:00pm)

[https://www.vinnies.org.au/page/News/VIC\\_News/](https://www.vinnies.org.au/page/News/VIC_News/)

COVID-19 - Vinnies\_Victoria/

Soup buses have been suspended, but individual need is assessed over the phone

## 3. BANKS

Australian banks have hardship teams ready to help. If you're dealing with the impact of the COVID-19 pandemic, or drought, bushfire or flood, there are practical ways your bank can help. The type of assistance will depend on individual circumstances.

#### Assistance may include:

- A deferral of scheduled loan repayments

- Waiving fees and charges
- Debt consolidation to help make repayments more manageable.

Australian banks will defer loan repayments for 98% of all businesses affected by COVID-19 for six months.

They are also offering loans, including overdrafts, with no repayments for the first six months, at very low interest rates, supported by the Government, through an SME Loan guarantee.

### Mortgage

Banks are now offering customers the option to defer home loan repayments for up to six months.

### Credit card

If you have been impacted by COVID-19 and are experiencing hardship, contact your bank. Assistance can include waiving fees, restructuring loans or other things to help get you through the pandemic. Check your banks website under 'Hardship'.

## 4. PHARMACY

Vulnerable people and people in self isolation will be able to order their Pharmaceutical Benefits Scheme (PBS) and Repatriation Pharmaceutical Benefits Scheme (RPBS) prescriptions remotely and have their medicines home delivered to reduce their potential exposure to COVID-19.

**Nova Discount Pharmacy** Dingley, 97 Centre Dandenong Road offers free home delivery to Dingley residents and you can have your scripts sent electronically to them from your Doctor for dispensing.

## 5. UTILITIES

If you are in financial difficulty contact your utility provider as soon as possible, most utility providers have set up specific support centres and made the commitment not to disconnect residential customers in financial stress if they have contacted them. They are tailoring payment plans, providing advice on grant programs that customers may be eligible for and advice on energy usage.

Relief grants for paying overdue energy or water bills are available to low-income Victorians experiencing unexpected hardship. Phone your electricity, gas or water retailer to request an application.

# Letters to the Editor



## WE ARE NOT A PART OF THE TRAGEDY

The Dingley Village Men's Shed has recently been identified as a component of 'The Tragedy Of Victorian Parks' (ref, Dingley Dossier- April 2020 – page 12). This reference to our men's shed



and its members could not be further from the truth! The author has completely misjudged or misinterpreted what a men's shed is, what we are about and exactly what it is we do. Any imagined or perceived threat to our local Braeside Park by the presence of the Dingley Village Men's Shed is viewed by our members as a very curious point of view! There has not been any opportunity offered to the Dingley Village Men's Shed by the author to enlighten the same on the finer points of men's sheds.

### What is a men's shed?

Taking the concept of the typical backyard shed and expanding on this, the modern Men's Shed is an updated version of the shed in the backyard that has long been a part of Australian culture. Men's Sheds continue to spring up all around Australia. This concept has now been adopted in several other countries around the world. If you looked inside one you might see a number of men restoring furniture, perhaps restoring bicycles for a local school or charity, maybe manufacturing, restoring or painting seats for the local park or making a child's cubby house. You would also hear that some sheds are very active in their local communities. However, the primary purpose of a men's shed is to support the advancement of the health and well-being of its members, by providing a safe and happy environment where the men regardless of their abilities can, in the company of other men, pursue their hobbies, pastimes and interests. They can also, learn new skills or practice and pass on old skills to others. Also, acquire information about their own and other men's health and well-being and receive communication, education and training on health and wellbeing issues such as first aid training, men's health checks etc, where some are provided at seminars, or by guest speakers. While improving the health and wellbeing of members, the shed helps to reduce the number of men who are at risk from preventable health issues that may emanate from isolation, e.g. depression. The development of

men's sheds is an initiative of the Federal Government and is strongly supported by State and local governments and in fact is particularly well aligned with Parks Victoria's 'Healthy

### Parks, Healthy People' initiative.

The Dingley Village Men's Shed members by their efforts, contribute to their families, their friends, the Shed and their community. Mentoring and working with each other, they undertake many and varied projects for the benefit of the Dingley Village Community, City of Kingston, Parks Victoria (including the Friends of Braeside Park) and the broader community as well as other charitable purposes. Far from just being 'Mature Men's Shedders, who regularly visit Braeside Park to chat, drink coffee, and do 'group activities' and expand their shed', as also depicted by the same author in the February 2020 issue of the Dingley Dossier, the Dingley Village Men's Shed is much, much more than this very flawed description. Since our beginning in early 2013, the Dingley Village Men's Shed has donated many hundreds of hours to various projects for the benefit of a wide range of community recipients. Parks Victoria's Braeside Park including the Friends of Braeside Park and the newly established Community Garden, Karkarook Park and Lysterfield Park are all major beneficiaries of our member's time and varied skills. One example being the construction of 40 koala transport boxes by our members, which enabled the safe relocation of many of the marsupials from the overcrowded French Island to repopulate the Kinglake region which had been devastated during the Black Saturday bushfires in 2009. There are of course many other community groups, clubs and organisations that have also benefited from our men's shed involvement and all will continue to do so.

Subsequent to the previous references, this disturbing trend to display the Dingley Village Men's Shed as anything but what we actually are, is both perplexing and very disappointing to our membership, and also those in the community who are informed, and aware of our presence and involvement in the community. In light of the spurious references, we believe the **TRAGEDY** lies in the perception, not the fact!

*Dingley Village Men's Shed Inc.*

## LIVING IN DINGLEY VILLAGE

### IMPORTANT NUMBERS

City of Kingston:  
1300 653 356

Emergency: 000

Cheltenham Police  
Station: 9583 9767

Crime Stoppers:  
1800 333 000

Lifeline: 13 11 14

SES: 13 25 00

Poisons Info: 13 11 26

Nurse on Call:  
1800 022 222

National Security:  
1800 123 400

MensLine:  
1300 789 978

### WIRE

(Women's Information and Referral  
Exchange):

1300 134 130

Safe Steps  
1800 015 188

Tip Smells & Dust:  
EPA 1300 372 842

Cleanaway  
1800 213 753

Aircraft Noise:  
1800 802 584

Neighbourhood Centre  
9558 1866

Community Association  
9551 5442

Men's Shed  
9551 5892

VicRoads Faults and  
Hazards:  
13 11 70

RSPCA  
9224 2222



# SCAMS

Unfortunately, scammers are taking advantage of the spread of coronavirus to exploit and play on the fears of consumers across Australia.

The Australian Competition and Consumer Commission (ACCC) Scamwatch has received hundreds of coronavirus-related scam reports since the outbreak. Common scams include phishing for personal information, online shopping, and superannuation scams.

If you have been scammed or have seen a scam, you can make a report on the Scamwatch website, and find more information about where to get help. <https://www.scamwatch.gov.au/>

Scamwatch urges everyone to be cautious and remain alert to coronavirus-

**HOW TO SPOT A SCAM EMAIL**

Check the **sender's email address**, but be aware that this may be forged even if it looks legitimate.

**FROM:** customerservice@company.com  
**TO:** John Smith (me)  
**SUBJECT:** Suspicious Account Activity

Dear John,  
 We have notice suspicious activity on your account. Please verify your details now.

**CLICK HERE TO VERIFY DETAILS**  
<https://service.company2345.com>

**details-verify.exe (55 KB)**

Look out for spelling and grammar **errors**.

Only click links from **trusted senders**.  
 Hover to check the destination or manually type the company URL into your browser.

Never open suspicious **attachments**, especially .EXE files

related scams. Scammers are hoping that you have let your guard down. Do not provide your personal, banking or superannuation details to strangers who have approached you.

Scammers may pretend to have a connection with you. So it's important to stop and check, even when you are approached by what you think is a trusted organisation.



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[www.caringsupportathome.com.au](http://www.caringsupportathome.com.au)

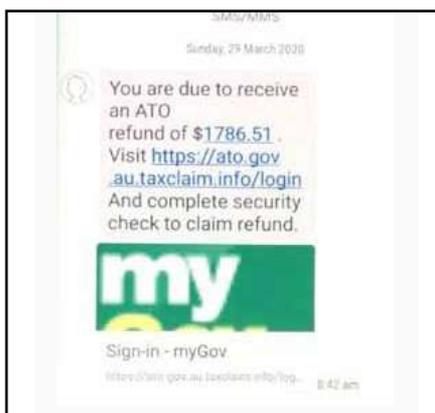
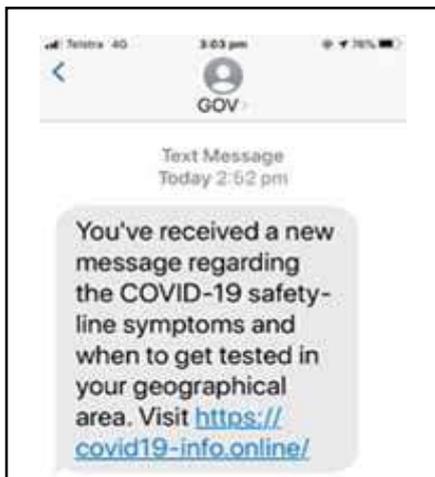
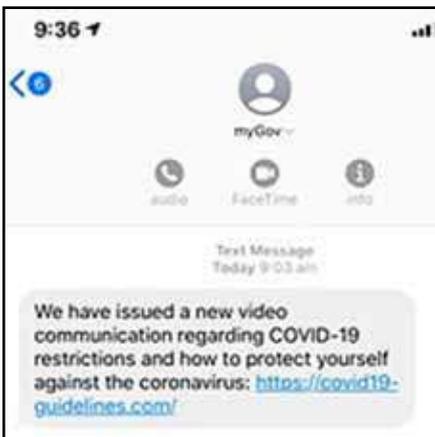
2a/12-16 Garden Boulevard, Dingley Village VIC 3172

These are a few examples, but there are many more. If your experience does not match any of the examples provided, it could still be a scam. If you have any doubts at all, don't proceed.

## PHISHING – GOVERNMENT IMPERSONATION SCAMS

Scammers are pretending to be government agencies providing information on COVID-19 through text messages and emails 'phishing' for your information. These contain malicious links and attachments designed to steal your personal and financial information.

In the examples below the text messages appear to come from 'GOV' and 'myGov', with a malicious link to more information on COVID-19.



Scammers are also pretending to be Government agencies and other entities offering to help you with applications for financial assistance or payments for staying home.

## Tips to protect yourself from these types of scams:

- Don't click on hyperlinks in text/social media messages or emails, even if it appears to come from a trusted source.
- Go directly to the website through your browser. For example, to reach the MyGov website type 'my.gov.au' into your browser yourself.
- Never respond to unsolicited messages and calls that ask for personal or financial details, even if they claim to be from a reputable organisation or government authority — just press delete or hang up.

Australians are also warned of scammers that are distributing misinformation about cures for coronavirus.

ACCC's Scamwatch says the message is clear - do not buy products that claim to cure or prevent COVID-19 because "they simply don't exist".

"There is no known vaccine or cure for coronavirus and a vaccine isn't expected to be available for 18 months," ACCC Deputy Chair Delia Rickard said.

"We've had a wide variety of scams reported to us, including fake online stores selling products claiming to be a vaccine or cure for coronavirus, and stores selling products such as face masks and not providing the goods."

An ACCC spokesperson said scams reported to Scamwatch include a [now removed] website that advertised a coronavirus vaccine which claimed to be from an Australian medical university.

"Scammers are impersonating official organisations such as the World Health Organisation and the Department of Health or legitimate businesses such as travel agents and telecommunications companies," Ms Rickard said.

Other scam reports include websites and social media ads that claim to sell at home test kits for the Coronavirus, expensive medical face masks, long life survival food and expensive hand sanitiser.

Scamwatch says that if you think you are being scammed contact your bank or financial institution immediately.

*Information provided by Australian Competition and Consumer Commission*

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# FARMERS' MARKET



*Our next market on Saturday 16th May is again in the forecourt of the Neighbourhood Centre and incorporates the decking and foyer of the new hall complex. Farmers' Market's are classified as an essential food service under COVID-19 restrictions and we have put in place measures to minimise risk to customers, stallholders and staff. Handwashing & hand sanitising stations are available, space between stalls has been increased, market fenced and numbers accessing at any one time controlled, social distancing encouraged and monitored, Shop and Go, removal of chairs and tables plus increased usage of paypass and EFTPOS encouraged.*



## What is the risk of getting COVID-19 infection through food?

There is no current evidence you become infected by eating the coronavirus. It's a respiratory virus transmitted mainly via nose and eyes, not a gastrointestinal virus. The acid in our stomach is expected to inactivate the virus. You only need to wash your produce in water prior to eating you do not need to use soap or detergent.

Many of our stallholders are selling direct to the public, Sam from 280 Fresh Veg offers The Essentials or The Family, boxes filled with inseason fresh vegetables and the best thing is they deliver.



As winter approaches there is nothing better than hot tasty food to warm you and your family. Spud Sisters have the perfect potato for creamy mash, Villa Salumi, delicious bacon to add that special flavour to your dish and don't forget Italian Chef has restaurant quality pasta in take home packs.

*All produce is sold direct to you by the farmer or producer, ensuring you get access to fresh produce as well as the opportunity to talk to the farmer/producer about their produce. Whilst many items are seasonal, this ensures you are buying fresh quality products*

Cash Out facility is available at the Neighbourhood Centre office during the market, if you require extra cash for shopping and as always there is plenty of free parking



# DINGLEY VILLAGE FARMERS' MARKET

SATURDAY  
16th May

8.30AM—1 PM

31 Marcus Rd,  
Dingley Village

Free entry & parking

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# Kingston AccessCare Services

**Updated: 1 April 2020**

AccessCare is acting on the advice of Government and health authorities in relation to COVID-19 and will continuously review and adapt its services to the community as we progress through this pandemic.

As at **1 April** we are still running the following essential services:

- Personal care
- Delivered meals
- Unescorted shopping
- Urgent home modifications
- Escorted shopping if required (bank visits, pay bills etc)
- Essential domestic assistance for vulnerable people
- Home maintenance, urgent and outdoor work only
- Transport to essential medical appointments
- Welfare phone checks as required
- Phone assessments

As this is a fast-changing situation, further changes may be required in the future to limit services to only our most vulnerable clients.

If you don't have any friends, family or neighbours who could support you in this situation, please let us know now by calling us on 📞 **1300 819 200**.

## Delivered Meals

The City of Kingston Delivered Meals service can help people who are vulnerable in our community that are missing out on food from the supermarkets.

If you know of anyone aged 65 or over that may need extra support with their meals during this time, please call My Aged Care on 📞 **1800 200 422** to see if you are eligible for this service.

**If your request is urgent, please call AccessCare directly on 📞 1300 819 200.**

## Home Care Packages still open for new clients

During this pandemic we are still taking on new Home Care Package clients. We are offering phone assessments and are also doing face-to-face assessments where required.

**REMINDER:** if you don't sign up with a service provider by the required take-up date as stated in your letter, you may lose your assigned Home Care Package. If you've been assigned a Home Care Package please call us on 📞 **1300 819 200**.

## Urgent access to new or increased services

If you are looking for new or increased services, please call the My Aged Care contact centre on 📞 **1800 200 422**. Assessors can be flexible and undertake urgent telephone assessments where these are required for at risk people.

If you are currently on a Home Care Package and require additional urgent services due to COVID-19 and your package funds are already fully allocated, you may be able to access additional services through the Commonwealth Home Support Programme. The services are available on a short-term basis and only for up to six (6) weeks. Please talk to your AccessCare Aged Care Adviser about this option.

## Respite for carers

My Aged Care can assist in locating Commonwealth Home Support Programme respite services or emergency respite for clients who are affected by COVID-19 where required. Please call My Aged Care on 📞 **1800 200 422** for more information.

## Staying safe at home

AccessCare is committed to supporting people in our community who are experiencing domestic violence. This can include physical, sexual, financial, social, religious and emotional abuse. Abuse is never your fault.

To get help contact:

- **1800RESPECT** call 📞 **1800 737 732** (24 hours). National sexual assault, domestic and family violence counselling service.
- **safesteps** Family Violence Response Centre call 📞 **03 9322 3555** or 📞 **1800 015 188** (24 hours). Crisis support and referral to safe accommodation for women and children.
- **The Orange Door** call 📞 **1800 319 353** (9am-5pm weekdays). Local Support and Safety Hub for families experiencing family violence

## If you're feeling unwell

It's an important time to check in with yourself and monitor your health. If you are a client of AccessCare – City of Kingston, and are feeling unwell or have recently been unwell, please call us on 📞 **1300 819 200** to discuss your options for support in your home.

## TEMPORARY CLOSURE OF COUNCIL FACILITIES

The City of Kingston has temporarily closed its public libraries, recreation centres, cultural and arts venues and customer service centres to try to help slow the spread of the COVID-19 virus within the community.

Mayor Georgina Oxley said the City of Kingston needs to act responsibly and do what we can to slow the spread of the virus within the community.

All Council's child care facilities will continue to operate during this time.

The Mayor said Council's aged care services, including delivered meals, personal care and the assessments of vulnerable clients will continue as per usual. The community bus will run for essential shopping trips only.

"This is a time when we need to look out for all members of our community," Cr Oxley said.

Planning, building, waste and recycling, animal management, and parking and traffic services will also continue to operate as usual.

Council meetings will continue as planned. The public is welcome to attend but we encourage you to instead watch via our regular live streaming service.

"Our organisation has done a significant amount of planning to ensure

crucial services to the community are not severely impacted by this pandemic," the Mayor said.

### COVID-19 COMMUNITY AND BUSINESS SUPPORT PACKAGE UNVEILED

Kingston Council has announced a \$2.8 million assistance package for the community and businesses to help alleviate the economic impact of the COVID-19 pandemic.

Kingston Mayor Georgina Oxley said Council wanted to support local businesses, community groups and vulnerable residents during these unprecedented times.

"There are many people and businesses in our community doing it really tough right now and it is important that Council finds a way to help reduce that financial pressure," said Cr Oxley.

"For those in our community struggling to pay their rates, we will defer payments to 30 June 2021 under our Hardship Policy," Cr Oxley said. "We will also be waiving childcare fees (conditions apply), handing back food business registration fees and footpath trading fees plus halting community and sports clubs rents for 12 months. Many

local businesses and families have been severely impacted by this crisis, hopefully this assistance package can make a positive difference."

### The business and community support package includes:

#### For residents:

- Rate payments deferred until 30 June 2021 for residents who apply under Council's Hardship Policy
- Any interest from unpaid rates (2019/20) will be waived. Interest will not be added until after 30 June 2021
- Childcare fees waived at Council's childcare services (conditions apply)
- Animal Registration fee due date extended until 30 June 2020

#### For businesses:

- Rate payments deferred until 30 June 2021 for businesses who apply under Council's Hardship Policy
- Refund of current Health and Food Premises registrations
- Refund of current Footpath Trading fees
- Commercial rents of Council buildings waived for 3 months (up to 6 months if State of Emergency remains in place)
- Family Day Care Educators Fee waived for 3 months (up to 6 months if State of Emergency remains in place)

#### For sporting/Community Groups:

- No rents for Community Groups/Sporting Clubs for 12 months
- No Winter season rents for Sporting Clubs



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[www.dvnc.com.au/childcare](http://www.dvnc.com.au/childcare)

For more information about the community and business support package visit [kingston.vic.gov.au/support-package](http://kingston.vic.gov.au/support-package).

## COUNCIL MEETINGS CONTINUE WITH LIMITED PUBLIC GALLERY SEATING

Kingston Council meetings will continue during the current COVID-19 closures, however we strongly encourage the community to view the meetings online rather than in-person.

The public gallery at Council Meetings will remain open, however a reduced number of only 5 seats can be provided to ensure social distancing.

Kingston Mayor Georgina Oxley said Council meetings will continue to ensure vital decisions and services continue to operate.

"We are pushing ahead with essential Council services and decisions to ensure we continue to serve our community," Cr Oxley said.

"It's vital that our decisions are made in a transparent way, so we will not be closing our meetings to the public. However, we do want to protect the health of our community and encourage people to watch the live stream online rather than attend in person. In order to meet the Federal Government's recommended social distancing we are only able to accommodate five visitors in the public gallery."

View Council Meetings live at <http://stream.kingston.vic.gov.au/>

Public Question time will still continue, with the community able to lodge questions by 5pm the morning of the

meeting via our online form or emailing [governance@kingston.vic.gov.au](mailto:governance@kingston.vic.gov.au)

Questions will be read out and answered during the meeting, and the usual requirement that the person must be present in the meeting will be waived during the COVID-19 State of Emergency.

## COUNCILS SEEK A SMARTER SOLUTION FOR HOUSEHOLD RUBBISH

Kingston Council and 15 other councils from Melbourne's south-east have launched the first collective tender for advanced waste processing solutions that will process household rubbish instead of sending it straight to landfill.

"This is the biggest tender for new waste management infrastructure ever undertaken by councils in Melbourne" said Kingston Mayor Georgina Oxley. "Advanced waste processing will transform how Kingston manages the rubbish we collect from residents."

Advanced waste processing technologies are being used successfully and safely overseas to recover valuable materials in household rubbish or transform it into energy. These technologies can reduce the amount of household rubbish sent to landfill by at least 85% and reduce our impact on the environment.

The amount of rubbish generated in the south-east is increasing substantially with household rubbish in the 16 councils projected to increase by 40% over the next 25 years. Rubbish will all go to landfill unless another solution is found.

Landfills in the south-east are set to

close in a few years, which means councils will have to transport rubbish across Melbourne to other landfills.

"Advanced waste processing is a great solution for household rubbish that would normally go to landfill. We still need to continue kerbside recycling and green and food waste collection services as part of a total approach to managing waste," Cr Oxley said.

"Advanced waste processing will do more with the valuable resources that are being put in landfill and achieve better financial, environmental and social outcomes."

The tender has started with an Expression of Interest to identify businesses with the right experience and capability to design, build and operate a facility. It will take another two years before a preferred bid is selected.

No decisions have been made yet regarding the type or location of any facilities. This will be identified during the procurement process.

It will be five to six years before a facility is operating.

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## **MEDIA RELEASE** **Thursday, 9 April 2020**

### **Make a Difference Dingley Village responding to community need in time of coronavirus**

Local community information and support agencies are responding to calls for help from people who are suddenly without jobs and income due to the coronavirus. According to the Executive Officer of peak body Community Information & Support Victoria (CISVic), Kate Wheller: 'We are the entry point for a lot of people who are new to welfare and just don't know where to get assistance'.

CISVic member agencies assist people experiencing personal and financial difficulties by providing information, referral, advocacy and support. Emergency relief can include things like food, transport or chemist vouchers, food parcels or clothing, and referrals to other local services. Limited financial assistance is also available.

'Because our agencies are smaller and nimbler, they have been very quick to work out ways to safely deliver a local service that protects everyone', said Kate Wheller.

According to Marion Harriden, Executive Officer of Make A Difference, which is situated in Dingley Village, 'We are getting calls from people needing help who have no money in their bank accounts. It is a whole new group of people who have never accessed welfare services or payments or ever been in financial difficulty. They don't know who to ask for help or where to go. It is incredibly distressing for them.'

She said: 'That's where agencies like us come in – being able to refer to local services relevant to their needs and to provide support to them when their world is changing in so many ways'. Make a Difference Dingley Village has altered its service to ensure strict social distancing, hygiene and all other recommended precautions are in place. Make A Difference Dingley Village, at 31B Marcus Road Dingley, is providing emergency relief on Wednesday morning from 9.30-11.30 in the form of grocery vouchers, utility bill support, pharmacy bill support and financial management advice (remote). They are working closely with other service providers to make sure that the changing needs of the community of Dingley Village are met.

Make a Difference Dingley Village already supports over 2,500 individuals and families each year and expect numbers to increase significantly in coming months. We welcome any donations or grants to help us continue to be able to 'Make A Difference' to those in need, donations can be made via our website <http://maddv.com.au/make-a-donation/>, donations over \$2.00 are tax deductible.

**For more information please contact Make a Difference Dingley Village Direct on 9551-1799.**

# THINGS TO DO AT HOME DURING SELF-ISOLATION



Call Your Friends and Family regularly

Reconnect with friends and family you may not have talked to for a while.

Talk to your neighbour over the fence (but remember to social distance)

Put a bear in your front window and go for a Bear Hunt in surrounding streets (it's not just fun for the kids)

Now's the time to write down your life story or family stories

Start that great novel you were going to write

Put a box at front fence with items to share with others: books, produce, flowers.....

Read a book

Play Board games

Start a veggie patch or herb garden

Declutter

Organise Your Photos

Sort through all your old paperwork, and wonder why you kept half of it.

Complete old projects that were on hold  
If you have access to it, use technology to stay in touch. If you have a smartphone, use the video capabilities (seeing someone's facial expressions can help increase connection)

## Then there are all the things you can do online:

### Join a YouTube tutorial

Whether you want to learn to sing, improve your photography skills or make a table from scrap timber, there's a YouTube tutorial for that.

### Go on a virtual tour

While galleries and museums are closed to the public, you can still get your art and history fix online.

Visit the NGV; <https://www.ngv.vic.gov.au/channel/>

Check out the art at the Australian National Portrait Gallery; <https://www.portrait.gov.au/portraits/>

Explore the current collections at Museums Victoria; <https://collections.museumvictoria.com.au/>

Spy on animals at the Royal Melbourne Zoo; <https://www.zoo.org.au/animals-at-home/>



Forget productivity. You can waste hours watching the animals at Melbourne Zoo and Werribee Open Range Zoo. Zoos Victoria has set up live stream cameras around the grounds so, instead of background TV noise, why not let the zoos' gorgeous baby snow leopard cubs, lazy lions or hungry giraffes keep you company all day, every day.

Go to the Louvre; <https://www.louvre.fr/en/visites-en-ligne>

Further afield, the Paris Louvre has online tours of some of its exhibitions and galleries, including its Egyptian antiquities collection.

Wander through the Victoria and Albert Museum; <https://collections.vam.ac.uk/>

Click through themed collections from the Uffizi; <https://www.uffizi.it/en/online-exhibitions>

The Uffizi museum and gallery in Florence, Italy, has themed online collections like The Easter Story with artworks on the

Passion, death and resurrection of Christ.

Check out The Met Gallery in New York; <https://www.metmuseum.org/art/online-features/met-360-project>

Get inside access to The Met Gallery through The Met 360° Project.

### Listen to Music

Melbourne Symphony Orchestra  
The MSO will continue to perform for you. Our mission is to share great music, even if you cannot join us in the concert hall. Just use #KeepTheMusicGoing in search function on YouTube

### Dance

Australian Ballet

The Australian Ballet Digital Season will beam their premium-quality productions right to your couch for free. They've hand-picked a selection of their most beloved and inspiring ballets, and each will have a limited two-week season on their streaming platform, Ballet TV. Absolutely free!  
<https://australianballet.com.au/the-ballets/digital-season>

Try learning 12 basic moves of Bollywood dance <https://www.youtube.com/watch?v=SsGtNa3Oo3Y>

Arm Chair Travel

<https://www.buzzfeed.com/annahaines/virtual-travel-experiences>

This list is only a small example of what is available, but we hope you enjoy.

# Lyttletons & Lawyers

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[www.lyttletonslawyers.com](http://www.lyttletonslawyers.com)

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2/128 Centre Dandenong Road Dingley Village 3172

# VILLAGE REFLECTIONS

**At this time when our sporting activities are suspended, it seems timely to reflect on the past and how our local facilities originated and to appreciate those who played a part.**

The Dingley Football Club first competed in the Caulfield/Oakleigh Football League in 1959.

Plans for a football team to represent the Dingley District go back, however, to 1947 when a group of local market gardeners, headed up by Mr Lawrie Barnett, a Dandenong Councillor, initiated talks with the Council with a view to purchasing land in Marcus Rd, specifically for a sports oval. Mr Barnett was a visionary and a man who could 'get things done'.

It is reported that the first ten acres of land was bought by the council from the 'Lake Brothers' in 1953 for 2,500 Pounds. An additional three acres was purchased in 1957 for the Dingley Hall in Marcus Rd for a further 589 Pounds, 13 Shillings and 9 Pence.

The Dingley Recreation Reserve Committee was formed in 1957 with a view to seek State Government funding for the venture, to be matched Pound for Pound by the local community. In March 1957, the committee set itself a target of raising 1,000 pounds by June of that year.

Bearing in mind that the local industry consisted of the Gartside Cannery, market gardeners, poultry farmers and flower growers, it was an ambitious aim. That target was met and passed and the



*Mr Lawrie Barnett in 1953 [left] and Mr Joe Souter in 1950.*

group set itself the additional task of clearing the land by its own volunteer labour.

Local farmers progressively cleared the land on weekend working bees. Mr Leonard Arthur 'Joe' Souter lent his tractor for the purpose and the main football oval is named after him.

This was an extraordinary community project by these pioneering Dingley families.

We owe a great deal to the Barnett, Kirkcaldy, Souter, Holland, Corrigan, Bursill, Coles, Gartside, Booker, Puller, Schmidt, Goodrich, Talbot, Swallow and Giannis families and many, many more.

How proud must have been those first 1959 Dingley players who adopted the blue and gold colours of the Dingley Tennis Club which was also located in Marcus Rd next to the Primary School.

Many of the first teams were sons of those pioneers, mostly just skinny teenagers.

Though they're getting up in years, some still make it to games and long may they do so.

The complete history of the club, 'Dingo Tales' is still available at a cost of just \$30.

David Meeve [0448767808] or Brian Edwards [0412545443] can assist.



Victoria Police acknowledges this is a difficult and challenging time in the community and we are encouraging people to act in a respectful and law-abiding manner.

Police will be patrolling beach areas, shopping centres, parks and public spaces to ensure public order and compliance with the current health recommendations (social distancing) to limit the spread of the Corona Virus (COVID-19).

It is critical that we ALL comply with the Government and Health Authorities' recommendations to:

- 1) stay home unless absolutely necessary, and
- 2) maintain your social distancing if you must go out (2 metres between people at all times), and
- 3) maintain your hygiene procedures - wash hands frequently for 20 seconds, wear gloves and facemasks

Please remember that it is EVERYONE's responsibility to follow these recommended practises, in order to save lives in Victoria.



*Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.*

# DINGLEY VILLAGE COMMUNITY ASSOCIATION

## **CORONA VIRUS - DINGLEY VILLAGE**

DVCA hopes everyone is staying healthy during the challenging times of the Corona virus crisis.

**THANKYOU** to our local shopping centre for staying open and providing us with great local services right here in Dingley Village.

Please remember to keep supporting the local shops and businesses working hard to continue their services during the Corona virus shutdown.

Being required to stay at home, is a great opportunity to catch up on things around the house and now is the time to get out and see what your garden looks like - does it need a good weeding or pruning? A good tidy up will ensure that your garden is well maintained and looking its best.

We are also very lucky to have such attractive and safe streets with their pleasant homes and gardens to walk and cycle along. So, if possible, why not get out of the house and go for and explore around the Village (observing social distance requirements - of course). Walking is great exercise - good for both the mind and body.

## **SPRING RD RESERVE - DOG CONTROL RULES**

**PLEASE REMEMBER YOU MUST KEEP YOUR DOG ON- LEASH, UNTIL YOU ARE IN THE CLEARLY MARKED AND DESIGNATED OFF-LEASH AREAS IN THE SPRING RD RESERVE.**

Unfortunately dogs are still being sighted regularly off leash in the Reserve's designated on-leash areas.

You are responsible for your dog at all times and you are required to observe the park rules. On entering the park YOU MUST keep your dog on leash until you reach the clearly marked designated Off Leash Area and ONLY THEN can your dog be off leash

## **WHY IS THIS NECESSARY?**

All park users have equal rights to feel safe and some people don't want to associate with dogs or don't want their young children near them. Other people are

scared of dogs (no matter how small and friendly) or have allergic reactions whilst being around dogs.

Even when you see no one around, remember at any point in time in the on-leash areas, a jogger, walker, cyclist could be approaching out of sight and if your dog is off leash, it may not be under your immediate control.

With the increased park use during this Corona virus shutdown period, it is essential that you keep your dog on leash when required, allowing all park users access to walk, run and cycle in safety.

## **DINGLEY PLAYGROUND REDEVELOPMENT**

Great news that the Council is redeveloping the Dingley Reserve Playground.

Located in the Dingley Village Neighbourhood Centre precinct, adjacent to Corrigan Oval, the playground will feature exciting new play equipment, park furniture and BBQ. DVCA is pleased to see that the new playspace is to be fully fenced - essential for child safety. A full landscaping of gardens, trees and paths is also being undertaken for the playground.

The redevelopment works are scheduled to commence in April and should be completed by the end of June. With the Corona virus shutdown of playgrounds, this certainly is an opportune time for the playground redevelopment.

## **RUBBISH DUMPING - NW CORNER CHELTENHAM & SPRINGVALE RDS**

**DVCA has contacted the Council about the dumping of soil and other waste on the vacant site located at the North West corner of Cheltenham and Springvale Rds (645 – 653 Lower Dandenong Road, Dingley Village).**

A Shell Petrol Station was located on the site for many years until it was closed in 1999. The site was then fully fenced off until recently, whereby the access gate has been permanently left open, allowing this waste dumping to occur.

DVCA is concerned about waste dumping on this site and whether site contamination of the dumped waste could/has/will react with residual soil chemical pollutants due to the former petrol station site usage.

As the site is located at a significant entry point / gateway for Dingley Village and the DVCA has for many years ensured that illegal fence advertising signs are removed. In addition, to improve the site's visual appearance, DVCA members have planted, with permission, flowering creepers along the Lower Dandenong Rd boundary fence.

## **What Next?**

Council advises they are contacting the site owner and also the Environmental Protection Authority (EPA) about these site issues.

DVCA will continue to monitor and provide further update/s on this issue.

## **DVCA**

**PLEASE CONSIDER JOINING** the DVCA - The DVCA is open to all residents who genuinely care about our Village.

Meetings are held in the Community Centre, 2nd Tuesday each month (except Dec. and Jan.) at 7.30pm. New members are most welcome to attend.

Please note no DVCA meetings will be held during the Corona virus shutdown period.

## **DVCA Contact Details**

Please note our new DVCA website please check it out: [www.dvca.info](http://www.dvca.info)

For further information: contact the Chairman/Sec by e mail: [david@lildam.net](mailto:david@lildam.net)



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**We are delighted to announce Genevieve Beacom as the DSRC Dingley Junior Sports Star for March.**

Genevieve has been honing her skills at the Dingley Baseball Club over the past four years. She has become one of the most promising up-and-coming baseball players in Victoria,

At only 15 years of age, Genevieve has already made her way to state, national and even international competitions.

She became the first ever female representative selected to attend the Australian MLB Invitational, a coveted invitation and a testament to her undeniable pitching prowess.



Genevieve represented Victoria at the U16 National Youth Championships in January 2020 and will also represent the Victoria Diamonds (Women's Senior State team due to play in April) postponed to later in the year.

Genevieve made her Division 1 Summer League debut last month. Gen became the first female to pitch in a Div 1 game - highest Senior Victorian Baseball League.

We admire her enthusiasm, work ethic and drive and we know she will continue to pursue excellence in this field.

Genevieve will receive the Dingley Sports and Recreation Club's Junior Sports Star Certificate, a voucher from Decathlon Sports and be considered for the Bendigo Bank Sport Star of the Year award.

To nominate a junior sports star go to [www.dingleysportsclub.com.au](http://www.dingleysportsclub.com.au)



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# DOLLARS & SENSE



## WHERE DOES THE MONEY GO WHEN THE SHARE MARKET “CORRECTS”

During a share market correction or downturn the media will report that a certain market has ‘lost’ billions of dollars. But what happens to all that money and where does it go? Is it really lost?

The answer is that it is purely a book figure – a ‘paper loss’. There is no magical drain other than the metaphorical one to explain this economic concept.

Imagine a real estate agent estimated the value of your home as \$450,000. Next

week a second agent estimates it would sell for \$400,000.

Have you lost \$50,000?

No, even though no money has changed hands, you may feel poorer. This is the difference between value (what someone may be prepared to pay) and the price at which a sale actually happened.

It’s the same with the share market. When there are more buyers than sellers,

the price of a share increases and holders of that share feel richer. Conversely, when there are more sellers than buyers, share prices fall. The holder of the devalued shares has not actually lost any money - unless they sell the shares and realise the loss.

Share speculators get burnt by rapid changes in value because they want to realise short-term profits. Investors hold on to their shares in quality companies throughout price fluctuations because they believe in the future of the business and the flow of future dividends.

The secret is to follow your investment strategy not the headlines.

*Richard Vaughan*

*Ashfords Wealth Advisors*

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# EYES RIGHT

*By Dingley Eye Centre*



## DINGLEY EYE CENTRE AND COVID-19

As we rapidly try to adjust to the fast-changing environment we find ourselves in, due to the COVID-19 pandemic, many people have questions about what the social distancing measures mean for them in relation to their eye care. Due to COVID-19, not all optometry practices are currently open or seeing patients outside of urgent eye health services. Optometrists have been advised to use their clinical judgement to determine if appointments can be postponed. We recommend calling and discussing your eye health concerns with us to determine if an appointment is necessary. Urgent care is care that can't be postponed without risk to your health or wellbeing. This may include replacing lost or broken glasses, having issues with your contact lenses, investigating red or painful eyes, recent or sudden changes in vision, increased sensitivity to light, flashing lights or new floaters.

If you are a contact lens wearer, it is safe to continue but in times such as these it would be prudent to evaluate your habits and behaviours closely. Hand washing, replacing lenses as directed, using prescribed cleaning solutions as well as avoiding sleeping, swimming and

showing with contact lenses drastically reduces the risk of eye infection. Nothing has changed in this regard.

If you have any of these symptoms: fever, cough, fatigue, shortness of breath or have recently returned to Melbourne from overseas or interstate, or had close contact with someone diagnosed with or suspected of having COVID-19 in the past 14 days, please notify us before attending to your appointment.

The Federal Health Minister has also discussed extending telehealth options through Medicare to Optometry. At this stage, unfortunately, there is no Medicare item number for this, but we are already setup for the telehealth service if you would prefer not to come into the practice. Updates regarding this will be made available on our website [www.dingleyeyecentre.com](http://www.dingleyeyecentre.com) as well as social media channels.

Dingley Eye Centre will continue operating albeit at reduced capacity and remain available for consultations via telephone, telehealth or face to face if required. We continue to follow best practice infection control guidelines and like all health professionals in Australia

have elevated these precautions in light of these circumstances. These are in place to protect you and our staff. While these measures may be disruptive we thank you for your cooperation and understanding.

At Dingley Eye Centre, we are passionate about your vision and the health of your families' eyes. Call us to make an appointment, book online or email us for any queries you may have about your vision, the health of your eyes or any other concerns that we may be able to assist you with. Stay safe, take care and we will all get through this together.

*Dr Richard Pryor, Darran Yeow and the team @ Dingley Eye Centre*

*Ph: 9551 4244. 116 Centre Dandenong Rd, Dingley Village*

*Website: [www.dingleyeyecentre.com](http://www.dingleyeyecentre.com)*

*Email: [admin@dingleyeyecentre.com](mailto:admin@dingleyeyecentre.com)*



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# LOOKING AT LOANS



## NOT JUST A HEALTH CRISIS

From all at Integrity Finance Australia, we hope you and your families are doing well in these crazy times. Covid-19 is front of mind for all of us: It is primarily a devastating health crisis, however it is also causing a worldwide financial crisis, unlike any we have known before.

We want to let you know that we are very much still open for business and are committed to providing continuing support and credit advice to our clients and to the wider community. Whilst our office is no longer taking face to face meetings we can meet via telephone, or online on Zoom or Skype.

Unfortunately we probably all know someone, or potentially it may be yourself, that has had their employment situation altered due to the Coronavirus and general slowdown/shutdown in the economy. Whilst the Government has tried to assist with their JobSeeker or JobKeeper stimulus package, this is of limited assistance, or it may not apply to you.

Lower income will put pressure on maintaining home loan repayments and you need to act to protect your future.

### What Options Are Available:

- 1) We always recommend clients have a financial buffer ('rainy day account') which may be in offset or re-draw. This is that rainy day! If you have sufficient surplus funds saved, using those is your first option.
- 2) Are you paying a higher repayment than you need to? Interest rates have significantly reduced. Banks often do not reduce your repayment as interest rates drop, so you may be paying more than the minimum required. You should be able to see this, and in need switch to minimum repayments, in your online banking.
- 3) It may be appropriate to review the rate you are paying. Lower rates mean lower interest cost and lower repayments. We are having some great success in interest reviews, particularly in older loans.
- 4) Banks have introduced a 'Mortgage

Repayment Pause' which can allow you to ease the cash flow burden by not having to make a repayment for at least 3 months (with the potential to extend this further).

We do note that this is not free money and the interest that is accrued each day is added to your home loan. In the long term you pay more to the bank, but you are delaying payments due, and for many this is an appropriate option.

Covid-19 is causing financial hardship to many. It is not something to be embarrassed about, it is not something to ignore. Most important at this time is not to fall behind on repayments: If you do not have the cash flow to make your repayments you must be proactive in doing something about it.

### How else can we help?

Most of us are locked away at home. At Integrity Finance Australia we are fielding continual phone calls from those taking advantage of this time to sit down and examine their finances. What are your goals? Are you on track to reach them? What do these economic changes mean for you? Are you on the best interest rate you can be?

The banks are still open for business, and there is strong competition. For those still in gainful employment normal banking operations continue.

We are open to assist, and yes, we are taking on new clients. Our business has technology platforms to enable us to do business efficiently without the need for face to face interaction.

We are online and available!

*Daryl Borden, your Dingley Village Mortgage Broker, Ph. 03 9511 8883 ACL 392184*

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To arrange an appointment contact one of our consultants



**Daryl Borden**  
0417 593 893



**David Browne**  
0409 051 111

[www.integrityfinanceaustralia.com.au](http://www.integrityfinanceaustralia.com.au)

# CIRCLING THE CLUBS



## PROBUS CLUB DINGLEY CENTRAL



Due to social isolation and restrictions on gatherings, our club has cancelled future meetings and activities until further notice. We are missing face to face contact at the regular meetings and activities, however, this has not stopped president, Greg Pullen, from trying out videoconference chats between members and emailing special bulletins with the aim of keeping our members in touch. The committee and members are active in ensuring each other remain healthy and in good spirits throughout this COVID-19 crisis.

When we resume our meetings will be held on the first Monday of the month at 9:30am for 10:00am start at "The Salvation Army Kingston City", 12-16 Boulevard, Dingley Village. For more information about Dingley Central Probus please contact our secretary, Ruth, on 9587 0432.

## DINGLEY VILLAGE SENIOR CITIZENS CLUB INCORPORATED

**Hello readers!**

Because of Coronavirus limitations, we have been unable to arrange any forward

activities at this time. It is our hope that you are all staying well and safe. This is a great opportunity, for those not working and the like, to catch up with things around the house (and watch DVD's perhaps???)

It is with great sadness that we have to report that Beryl Frost, our much-loved long-time Member and Past President, passed away suddenly last month. Beryl and her husband operated what used to be the Dingley Dairy and hence would have been known to a great many Dingley Village residents. Our condolences and thoughts go out to her family.

If you have a query, or for any further information, please contact our President, Lyn, on 9585 5039 or our Vice President, Maureen, on 9551 8425.

## DINGLEY 60 PLUS SOCIAL GROUP

The current restrictions have forced the Group into temporary lockdown with the closure of our weekly meeting venue and other places that we would normally frequent for entertainment and meals. When we are able to resume our activities it will be back to business as usual.

Our activities are suitable for those in the 60 plus age group and provide an

opportunity to socialise with your peers. The week would start on a Thursday night from 7.30 pm in the Sports Bar of the Dingley International Hotel (DIH) where you can join the Group for a casual chat and a drop of your preferred beverage.

A list of proposed activities over the next month or so is available at these gatherings.

Regular activities undertaken by the group include dinners, theatre nights, movies, BBQs, picnics, breakfasts, concerts, holidays, trips, walks and dinner dances.

For our members and the Dossier readers try to keep in touch with your friends and relatives in these trying and restrictive times.

We are always happy to welcome new members to the Group. Any enquiries about the Group may be directed to Graeme on 9551 3462 or Shirley on 0410 625 731. in 2020

## COUNTRY WOMEN'S ASSOCIATION DINGLEY VILLAGE



"All Women, All Ages, All Places. Grow, Connect, Improve."

Things are very different since the last edition of the Club News in the April Dingley Dossier.

The Dingley Village C W A members wish to pass on their Well Wishes to the Dingley Dossier readers, their families and friends, and hope all are keeping safe in their homes.



110 Centre Dandenong Road  
Dingley 3172  
Phone 9558 2155

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**Saturday**  
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**(Closed Sundays & Public  
Holidays)**

*By Appointment*



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Telephone: 9584 3055

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**8.00am to 8.00pm**

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**8.00am to 6.00pm**

**Saturday**  
**9.00am to 5.00pm**

**Sunday & Public Holidays**  
**9.00am to 1.00pm**

*By Appointment*



110 Centre Dandenong Road  
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*No Appointment necessary*

President Carmel and Secretary Diane are keeping in touch by phone and email with their members to pass on any information, and of course the members are supporting one another in any way they can.

Meanwhile like most people at home, we are catching up with odd jobs around the house and trying to finish all those unfinished craft items we have collected over the years.

The members are sorry they weren't able to have the Mother's Day stall at Woolworths, but the items have been tucked away for a later date.

"Keep Safe", and also the catchy tune one," Were all in this together", and thinking of you all

## PROBUS CLUB OF DINGLEY VILLAGE INC.



We will meet on the first Thursday of the month at the Dingley Sports and Social Club at Souter Oval, from 10.00am once restrictions are lifted. Visitors and prospective members are always welcome at our meetings, and for further information, or to join one of our activities, please contact President Vi on 9551 1076.

## DINGLEY CHELTENHAM VIEW CLUB (VOICE INTERESTS EDUCATION OF WOMEN)



Women of VIEW partner with The Smith family in their Learning for Life Programme which enables vulnerable Australian children to receive an education. These programmes provide practical and financial support to the children and young people.

Dingley Cheltenham VIEW Club is small but we are proud to be supporting six students with their education. We have many

fun events throughout the year culminating in our Christmas celebrations.

Women of all ages are invited to join our monthly meetings, once restrictions are lifted, which includes a guest speaker followed by morning tea.

Where; Keysborough Golf Club, 55 Hutton Rd Keysborough.

When Second Tuesday of the month.

Time 10am till 11.30am approx.

Please contact Fran Thomas for further information. fran-niet@gmail.com or call 0419 309 931

## BOOMERANG BAGS, DINGLEY VILLAGE



Our aim is to REDUCE waste, REUSE quality shopping bags and RECYCLE fabric.

How often do you forget your green bags when shopping? Boomerang Bags can help!

Boomerang Bags Dingley Village is a community group who creates reusable shopping bags from donated recycled fabrics. So far, our small group of volunteers has made over 1400 FREE shopping bags for our community. You can help yourself to one of our FREE bags at the Dingley Village Farmers market or pick one up at the Dingley Village Neighbourhood Centre reception.

As well as shopping bags, our talented hands also create mesh produce bags, library bags and small toddler size carry bags – for some of these items we charge a small fee to assist with the operating costs of the group.

The group meets each Thursday morning, once restrictions lifted, at the Dingley Village Neighbourhood Centre, 9:30-12pm and the 4th Sunday of the month 2-5pm. If you have clean sheets or fabrics you would like to donate then please contact Debbie 0411 058 804 or Helen 0425 862 718.

## DINGLEY VILLAGE MEN'S SHED



The Shed is currently closed and will re-open when restrictions lifted

Member's Morning Muster: Friday, 9am till 2pm.

The Dingley Village Men's Shed is in Cypress Drive, Brae-side Park (near Visitors Centre), Lower Dandenong Road. Ph. 9551 5892, E-mail: dvms3172@gmail.com www.dvms.org.au

## LIONS CLUB OF DINGLEY VILLAGE



Once restrictions lifted we will meet on the 2nd and 4th Monday at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

Contact – President Lynne 9551 3770  
dingleylions@gmail.com

# WRITING FOR PLEASURE

## Beginners to Established

People write for many different reasons.

Some write because they feel compelled to express themselves and share their ideas.

Some write because the act of writing, creating and recording their thoughts, ideas, creativity brings them pleasure.

And some just want to start writing

Also studies show that writing offers a number of physical and mental health benefits.



**Would you like to explore your creativity in a relaxed supportive group?**

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10am—12 noon  
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# CHURCHES & CHALLENGES



## HEATHERTON-DINGLEY UNITING CHURCH

Cnr. Kingston and Old Dandenong Roads, Heatherton

Sunday services at 10.00 a.m.

Sacrament of Holy Communion second Sunday of the month at 10.30 a.m.

All enquiries phone 9580 6983

www.heathertondingley.unitingchurch.org.au

Our Vision and our Mission

To seek to connect people to God and each other

Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life

**DUE TO THE CORONAVIRUS, ALL FACE TO FACE WORSHIP AND ACTIVITIES HAVE BEEN CANCELLED UNTIL FURTHER NOTICE.**

**TO VIEW OUR WORSHIP SERVICE PLEASE VISIT OUR FACEBOOK PAGE: Heatherton-Dingley Uniting Church FOR THE LINK**

**What's On once restrictions lifted**  
Wednesdays – Prayer meeting at the

church 9.00 – 9.30 a.m. If you have a concern that you would like prayed about ring Margaret on 9551 9494

**Know Your Bible** 9.30 – 11.00 a.m.  
An interdenominational study of the Bible for women  
For further information contact Jennifer on 0419 115 811

**FIRST FRIDAY OF EACH MONTH**  
**Indoor Carpet Bowls** – 7.30 p.m. in the Church Hall followed by supper

**SECOND AND FOURTH THURSDAYS OF THE MONTH**  
**Unleash the Music in You** – 8.00 p.m. at the Church  
For further information please contact Bob Lorraine on 9589 493 or 0418 998 714.

**ST. MARK'S CATHOLIC CHURCH**  
511 Lower Dandenong Road, Dingley Village 3172  
Office open Tuesdays 8:30am to 11:30am  
Phone / Fax: 9551 6930  
Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

**DUE TO THE CORONAVIRUS, ALL FACE TO FACE WORSHIP AND ACTIVITIES HAVE BEEN CANCELLED UNTIL FURTHER NOTICE.**

If you have any enquiries, please contact the Friars at St Mark's or St Joseph's.

## Some important dates for the month of May

- 1st St Joseph the worker
- 2nd St Athanasius  
Bishop & Martyr
- 6th St Dominic Savio
- 13th Our Lady of Fatima
- 14th St Matthias  
Apostle
- 22nd St Rita of Cascia
- 24th Ascension of the Lord
- 25th St Bede Doctor
- 26th St Philip Neri



**VILLAGE CHURCH DINGLEY**  
"Inspiring People to Discover and Develop Life in Christ"  
Church Office: 7-9 Fiveways Blvd., Keysborough. 3173  
Phone number: 8712 8254  
Email: admin@villagechurch.org.au  
www.villagechurch.org.au  
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www.dingleychiropractic.com.au

**AND ACTIVITIES HAVE BEEN CANCELLED UNTIL FURTHER NOTICE.**

See below for link to live streaming of services

**Our Church program for MAY is as follows:**

**SUNDAYS**

10.00 a.m. Worship Service using live-stream link: <https://villagechurchau.faith-lifesites.com/live>

**MONTHLY LADIES GROUPS:**

\* **Homemakers** – not on for the time being

“**Sisters in Christ**” Ladies Group – 7-9pm. Fellowship and sharing. Tuesday 5th May.

Contact office for Zoom link.

**LIFE GROUPS:**

\*Wednesday nights – Weekly 7-8.30pm.

Contact office for Zoom link.

Sunday nights – 1st and 3rd Sundays of the month 7-8.30pm. 3rd and 17th May.

Contact office for Zoom link.

**PRAYER TIME:**

Weekly - Wednesdays 10-11am. Contact office for Zoom link.

Monthly – Monday 11th May 7.30-8.30pm; Saturday 16th May; 9-10am.

Contact office for Zoom links.

**BIBLE STUDY:**

\*Women’s –Precept Ministries study on Genesis. Thursdays fortnightly (except during school holidays) at the church office 10-11.30am. Contact office for Zoom link. 14th and 28th May.

\*Open – Fortnightly Thursdays 14th and 28th May on the Gospel of Luke. Contact office for Zoom link.

\*Not held during school holidays.

**MARRIAGE & FAMILY SUPPORT:**

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all. As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today’s climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don’t know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion. Please give us a call on 0481 352 404, we’d love to be able to encourage, support and strengthen you.

Our Church Office is at 7 Fiveways Boulevard, Keysborough, and is open from Monday to Friday, 9.00a.m. to 12pm - Phone Number 8712 8254. Please feel free to call Lesley with any enquiries you may have.

Our Pastor is Rodney Hole who may be contacted through the Church Office.



**CHRIST CHURCH DINGLEY**

387 Old Dandenong Road, Dingley (at the roundabout)

Contact [admin@ccd.org.au](mailto:admin@ccd.org.au) or 9551 7871

Web: [www.ccd.org.au](http://www.ccd.org.au)

*Our Vision: To be a Thriving, Need-Meeting and Life-Transforming Community with Jesus at the Centre.*

**DUE TO THE CORONAVIRUS, ALL FACE TO FACE WORSHIP AND ACTIVITIES HAVE BEEN CANCELLED UNTIL FURTHER NOTICE.**

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## CHURCH FROM HOME

Join us for church from your own home, every Sunday at 10:30am via our YouTube Channel.

### Church Office:

For all enquiries contact the office: 9551 7871

### Ministers:

Vicar: Rev. Wayne Walters: 0425 163 730  
Associate Minister: Rev. Tanya Cummings 0408 912 412  
Youth & Children's Minister: Baden Harvey



## KINGSTON CITY CHURCH

OUR VISION: CONNECTING PEOPLE TO JESUS CHRIST

OUR MISSION: REACH, RESTORE, RELATE, RESOURCE and RELEASE  
316-322 Kingston Road, Clarinda, 3169 (near Clayton & Boundary Roads intersection).

Ph: 8551 6600, Fax: 8551 6690. Web: [www.kingstoncitychurch.com.au](http://www.kingstoncitychurch.com.au)

Email: [admin@crm.org.au](mailto:admin@crm.org.au)

Senior Pastor: Dan Parker Senior Associate Pastor: Dave Harrison

**Sunday Services: 10am Service currently being streamed due to the Covid-19 crisis**

Our thoughts and prayers are with the whole community as we all try to navigate through these unprecedented times. As we watch the news we are confronted with the global impact and devastating loss of life Covid-19 is bringing upon the world.

Kingston City Church is praying for wisdom for our government and all those in authority responsible for making decisions to minimize the impact and spread of the Coronavirus here in Australia.

We also thank all of our Healthcare & Essential Workers for placing themselves on the front line for us all. We honour and commend you for everything you're doing to help us in these turbulent times.

The welfare department of Kingston City Church continues to distribute food parcels on a weekly basis as we strive to play a small part in helping those in need.

We are now streaming our Sunday services and our Home Groups. We are working hard to maintain contact and to be available to support one another dur-

ing these days of isolation.

I'll leave you with a verse from the bible, which I believe we as a community are putting into practice. Philippians 2:4 'do not merely look out for your own personal interests, but also for the interests of others.'

*Take care and stay safe.*

*Kind Regards*

*Pastor David Harrison*



## THE SALVATION ARMY KINGSTON CITY

'You Belong'

13/12-16 Garden Boulevard, Dingley Village,

Office Phone: (03) 9558 2045 [facebook.com/KingstonCitySalvos](https://www.facebook.com/KingstonCitySalvos)

[www.salvationarmy.org.au/kingstoncity/](http://www.salvationarmy.org.au/kingstoncity/)

Corps Officers (Ministers): Steph & Stuart Glover | Henry Roehrig

Office Hours: Mon, Tues, Wed, Fri 9am - 4pm

*Our Mission*

*The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.*

*Our Vision*

*Wherever there is hardship or injustice Salvos will live, love and fight alongside others to transform Australia one life at a time, with the love of Jesus.*

### FAMILY WORSHIP SERVICE

If you would like to receive a video link to our Sunday worship services, or a Sunday worship pack sent by mail, please email [steph.glover@salvationarmy.org.au](mailto:steph.glover@salvationarmy.org.au) or

phone 0414 430 414 and we will be in touch.

### EMERGENCY RELIEF | CASEWORK

The Salvation Army Kingston City Doorways team offer Assessments for emergency relief (currently via phone) Please phone 9558 2045, Monday, Tuesday, Wednesday, Friday 9am - 4pm

### 'BIG DAY OUT'

(Currently not running due to CoVid19 restrictions)

A ministry for people living with special needs (1st Tuesday of every Month) 10am - 2pm

Friendship, Lunch, and activities for community members with special needs (and their carers).

For more details, contact the church office, send us a message on Facebook @ KingstonCitySalvos or phone Steph on 0414 430 414

### HIRE OF FACILITIES

(Currently not available due to CoVid19 restrictions)

For enquiries please phone Steph on 0414 430 414 or email [steph.glover@salvationarmy.org.au](mailto:steph.glover@salvationarmy.org.au)



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# DINGLEY COMMUNITY TRADE DIRECTORY

Every so often, as a service to our readers, The Dingley Dossier runs an updated summary of its advertisers and contributors to make it easier for our readers to find the details of the services and tradespeople they may require. We urge you to "Look Locally" and support the businesses that support your community newspaper.

Service	Phone No.	Mobile No.	Service	Phone No.	Mobile No.
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Uptune Automotive	9551 5001	0418 485 898	<b>LOCKSMITHS</b>		
<b>BANKING</b>			MK Mobile Locksmiths		0413 422 652
Dingley Village Bendigo Bank	9551 6111		<b>MARTIAL ARTS</b>		
<b>BATHROOM SERVICES</b>			Southern Taekwondo	9583 5680	0439 304 579
Bathroom revival		0408 549 697	<b>MASSAGE -</b>		
<b>CHILDCARE</b>			Sports/Remedial Relaxation		
Little Villagers Childcare	9551 1321		Dingley Chiropractic Centre	9558 1436	
<b>CHIROPRACTOR</b>			PhysioChoice	9558 2155	
Dingley Chiropractic Centre	9558 1436		<b>MEDICAL SERVICES</b>		
<b>CHURCHES</b>			Interhealth Clinic	9558 2155	
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Salvation Army	9558 2045		Simon Candy - Guitar tuition		0407 861 343
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St. Mark's Church	9551 7224		Roundabout Op Shop	9551 7871	
Village Church Inc.	9798 1124		<b>OPTOMETRIST</b>		
<b>COLLEGES</b>			Dingley Eye Centre	9551 4244	
Haileybury College	9213 2222		<b>PAINTERS &amp; DECORATORS</b>		
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Killester College	9547 5000		<b>PANEL BEATING</b>		
Cornish College	9773 1011		Glendaren Auto Panels	9543 3331	
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Dingley Village Neighbourhood Centre	9558 1866		PhysioChoice	9558 2155	
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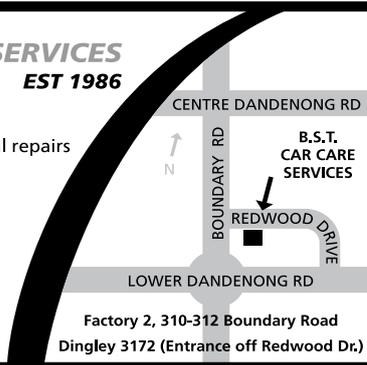
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