

## The JCLEY

#### Volume 48 Number 6 **July 2020**

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## **NAIDOC WEEK POSTPONED DUE TO COVID-19**

NAIDOC stands for National Aborigines and Islanders Day Observance Committee. NAIDOC Week is held in the first full week of July. It is a time to celebrate Aboriginal and Torres Strait Islander cultures and an opportunity to recognise the contributions that Indigenous Australians make to our country and our society.

The July edition of the Dingley Dossier was going to highlight the positive contributions our Indigenous community has made to Australia, but with NAIDOC week postponed, it was decided to address the issue of 'Black Lives Matter' vs 'All Lives Matter.

#### Why saying 'All Lives Matter' is problematic

With Black Lives Matter protests taking place across the world and discussion about racism in Australia at an all-time high, you've probably seen the phrase 'All Lives Matter' used in response. When people say 'Black Lives Matter' there is an implicit too at the end, it's about focus not exclusion.

Black Lives Matter, as a movement, is NOT suggesting that white lives 'don't matter' or that black lives are 'more important'. We wouldn't need a "Black Lives Matter" movement if all lives truly mattered.

Quite often, the people who say 'All Lives Matter' in response to 'Black Lives Matter' believe they are doing a good thing by grouping the fight against racism into one overarching battle.

And while this theory holds some weight, it completely denies the longstanding, racially-specific struggles faced by Black and Indigenous communities. It negates the unique sets of issues that Black and Indigenous peoples experience, which white people historically have not and do not face 'as a people' because of the colour of their skin.

"Saying 'All Lives Matter' right now is like saying 'Save All Forests' in response to someone saying 'Save the Amazon'."

"That's like saying 'all houses matter' when your neighbour's house is on fire."

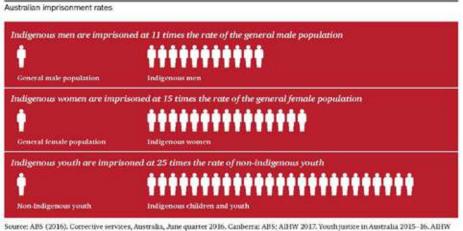
"Saying 'All Lives Matter' is like going to a breast cancer fundraiser and saying 'There are other diseases, too!'.

#### Why 'Black Lives Matter" is relevant in Australia.

Indigenous peoples are 16.5 times more likely to die in custody than white Australians, there have been 432 deaths since the Royal Commission in 1991, and not a single conviction. While the rate of imprisonment in Australia has remained relatively unchanged for non-Indigenous peoples over the last ten years, for Indigenous peoples the imprisonment rate has almost doubled, and continues to rise. The major cause of the rising rates of Indigenous people's deaths in custody is the failure to simply provide appropriate medical care.

Despite the Indigenous community making up only three percent of our national population, they make up more than 27 per cent of our prison population and 55 per cent of the youth detention population. The factors for the high imprisonment rates for Indigenous persons fall into two main categories. The first category are underlying factors, such as poverty and disadvantage that contribute to higher rates of offending. The second category is structural bias or discriminatory practices within the justice system itself.

The time is always right to do what is right - Martin Luther King



Source: ABS (2016). Corrective services, Australia, Jane quarter 2016. Canberra: ABS; ABHW 2017. Youth justice in Australia 2015–16. ABHW Bulletin no. 139. Cat. no. AUS 211. Canberra: ABW.

FARMERS' MARKET 18th July 8.30 am - 1

#### LIVING IN DINGLEY VILLAGE

#### **IMPORTANT NUMBERS**

City of Kingston: 1300 653 356 Emergency: 000 Cheltenham Police Station: 9583 9767 Crime Stoppers: 1800 333 000 Lifeline: 13 11 14 SES: 13 25 00 Poisons Info: 13 11 26 Nurse on Call: 1800 022 222 National Security: 1800 123 400 MensLine: 1300 789 978 WIRE (Women's Information and Referral Exchange): 1300 134 130 Safe Steps 1800 015 188 Tip Smells & Dust: EPA 1300 372 842 Cleanaway 1800 213 753 Aircraft Noise: 1800 802 584 Neighbourhood Centre 9558 1866 Community Association 9551 5442 Men's Shed 9551 5892 VicRoads Faults and Hazards:

13 11 70 RSPCA 9224 2222

## COMMUNITY

## "Why doesn't she just leave?"



#### 'WHY DOESN'T SHE LEAVE?'

The question most commonly asked by people trying to understand domestic violence is why doesn't she just leave? It is hard to imagine what it is like to be abused when you are not in the situation yourself. From the outside, it may seem easier to leave than it actually is. Domestic violence survivors attempted to leave their abusers SEVEN times before actually being able to escape?

"There are many different reasons why it's really difficult for women to leave," Domestic Violence Victoria then CEO Fiona McCormack stated.

"Firstly and the most important is that we know that ending a relationship is a time when risk really escalates for women who are in abusive relationships- it's the time when she's most likely to be killed. Other reasons are:

She may stay 'for the sake of the children', and that it is best that children

live with both parents. Her partner may have threatened to take or harm the children.

She doesn't have the means to survive if the relationship ends. She might not have anywhere to live, or access to money, or transport, and she may be dependent upon her partner's income. If she has a disability, she may depend upon the abuser for assistance.

She may be afraid of what the abuser will do if she leaves (the perpetrator may have threatened to harm her, her relatives, or the children, pets or property; they may threaten to commit suicide if she talks about leaving).

A lack of confidence because the person who is abusive has tried to break down their partner's confidence, and make her feel like she is stupid, hopeless, and responsible for the abuse. So she may feel powerless and unable to make decisions. She has a commitment to the relationship or a belief that marriage is forever, for 'better or worse'.

She hopes her partner will change, and the abusive person might promise to change.

So the question we should be asking isn't 'Why doesn't she leave' but 'Why doesn't he stop abusing her?'



#### WANTED - JUNIOR SPORTS STARS 2019 AND 2020.

Because of the effect of the COVID 19 restrictions on sports activities we have opened eligibility for this years' Junior Sports Star awards to include Sports achievements from 2019 for under 16 Dingley junior sports participants.

Children can be nominated by any adult, for monthly awards by filling out the form on the website https://dingleysportsclub.com.au . The nominee must be a resident of Dingley Village, attend a Dingley Village based school or participate with a Dingley Village sports club. The child must be 16 years of age or under at the time of their achievement.



#### **CLAP YOUR HANDS**

Dingley Village residents have stepped up to assist families in crisis.

Make a Difference is the small charity in our village that supports families in crisis.

Through these incredibly difficult times, members of the community have volunteered their time and efforts on a Wednesday morning where we provide grocery vouchers and other services to those in crisis.

Make a Difference clap their hands to say a big thank you.

We have supported up to 90 plus families each week, a great effort for a small organisation.

David, Marion and the team.



#### SHOP LOCAL

It is more important than ever to shop and do business locally, so if you are still working, consider using a local trade to get that project done. Many of our local businesses have adapted their services to stay in business and if we want them to still be here in 6 - 12 months' time, they need our support now.

Now is the perfect time to can catch up face to face with friends and extended family over a meal or coffee & cake and at the same time support your local traders.

#### SAVE KINGSWOOD

Two new developments affect our Save Kingswood campaign Three storeys in



Dingley Village After considerable

objections from residents, modified zoning plans have been produced, but still have some three storey buildings. The matter has now been held over until the next council elections.

#### **Eleven new councillors**

Despite objections, the State Government decided to change from 3 councillors per ward, to 11 wards with only one Councillor to represent Dingley Village. Before the election in October we will advise candidates that will represent our cause best.

Please contact me if you see unusual wildlife and birds, have flood photographs or tree felling.

Kevin Poulter, President, Save Kingswood Group Inc. 0435 378 678, savedingley@gmail.com www.dingley1.com



May I, on behalf of the residents of Abbeyfield in Dingley Village express thanks to the staff and committee members, who have taken such excellent care of our family living at 267 Spring Road.

During COVID-19, our elderly family members have been kept warm, comfortable, well-fed, and their needs met. The residents were co-operative at all times with rules set, and voluntary committee members kept in touch with them on a regular basis.

The residents Janine, Brian, Tellie, Alan, Flo, John, Michael, Alyson, Max, Meg and Kevin join me in these thanks. *Grant Rattenbury*.





## PLEASE SUPPORT YOUR LOCAL FARMERS MARKET DURING WINTER

Shop for your ESSENTIAL fruit, veg, bread, cheese, small goods and EGGS in the fresh air. Our next market on Saturday 18th July is again in the forecourt of the Neighbourhood Centre and incorporates the decking and foyer of the new hall complex.



*Eat Freely* make a range of scrumptious cupcakes and cookies with Gluten free and allergy friendly options available. But did you know they also do custom orders for wedding and celebration cakes, cupcakes and cookies. Deb recently did this special order for a customer. Visit the

Dingley Village farmers' and pick up some delightful cupcakes, brownies or cookies!

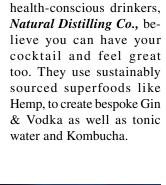
Have you tried the 'orange and walnut' salami from *Salami Shack* ?

The invigorating taste of orange and aristocratic walnut give you a unique morning mix which pairs well coffee, stop in and pick yours up.





BEST SPRING ROLLS EVER !!! *Giant Springs* are delicious spring rolls hand crafted in Melbourne with premium cuts of meat and super fresh vegetables. Slow Roast Pork, Roast Duck, Chicken Breast and Classic Vegetarian/Vegan



Environmentally and



Spring Rolls are available cooked ready to eat or in take home packs. To make sure you get the best taste sensation from your take home pack, Giants Springs have cooking instructions on their web page https://giantsprings.com.au/how-to-shallow-fry/

The Dingley Village Farmers' Market is lucky to have wonderful stall holders, several who have been with us from the beginning. You can find out more about them by visting our market facebook page https://www.facebook.com/DingleyVillageFarmersMarket/ and following links to individual stallholders Facebook page or website.

All produce is sold direct to you by the farmer or producer, ensuring you get access to fresh produce as well as the opportunity to talk to the farmer/producer about their produce.



Cash Out facility is available at the Neighbourhood Centre office during the market, if you require extra cash for shopping.

We will continue to monitor COVID-19 restrictions and how they impact on the Farmers' Market, we will also maintain measures to

promote the safety of customers, stallholders and staff.



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Debbie Owen



Kathy Tiermanis



Joshua Fabris

Lauren Attard

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**Dingley Village** 9B/79 Centre Dandenong Road, **Dingley Village** 

Mordialloc 582 Main Street. Mordialloc

Mentone-Cheltenham 18 Nepean Highway, Mentone

### 9586 0500 bayside@barryplant.com.au

## DINGLEY VILLAGE Community Association

## DVCA ANNUAL GENERAL MEETING

The DVCA Annual General Meeting will be held on Tuesday 11th August 2020 at 7.30pm at the Community Centre, Marcus Road Dingley Village. All residents of Dingley Village are welcome to attend, so come along & see what we do. Further information will be provided in next month's August Dossier.

#### MAJOR PROJECTS /ISSUES FOR DINGLEY VILLAGE: CURRENT STATUS UPDATE Mordialloc Freeway

The Mordialloc Freeway is due to be completed by the end of 2021. Construction of this freeway, connecting the Mornington Peninsula Freeway to the Dingley Bypass is now well under way, with multiple bridges undergoing construction, including a Pedestrian underpass between Braeside Park and the Woodlands Industrial Estate.

A Community Reference Group (CRG) has been recently established to provide advice on community concerns and share information with the community about the Mordialloc Freeway construction. Representatives from Dingley Village, Waterways and Aspendale Gardens communities have been appointed, including DVCA member Jon Garrard.

#### **Kingswood Golf Course**

Kingston Council in October 2018, after receiving a record breaking number of 8,000 objections, refused an application to rezone Kingswood Golf Course from Special Use Golf Course to Residential.

Subsequent to this, in August 2019 the State Government advised that draft planning for Golf Course Development Guidelines for Melbourne had been



All Aspects of Plastering

Call Mark on 0402 917 110 For a Free Quote prepared and a Golf Course Redevelopment Standing Advisory Committee appointed to review and implement these guidelines.

DVCA awaits the release of the finalised guidelines for public comment. Australian Super, as owner of Kingswood golf Course, intends to review these guidelines when they are released and assess their impact on the potential development of the Kingswood Golf Course.

DVCA will continue to work hard for Dingley Village against Kingswood redevelopment proposals, if any proposal for Kingswood appears before the Advisory Committee or Council.

Kevin Poulter is in the DVCA Kingswood sub-committee and President of the Save Kingswood Group Incorporated. Please visit www.dingley1.com or email savedingley@gmail.com to advise about chainsaws or other undesirable activity in the Kingswood Golf Course and also if you hear about or see rare any wildlife sightings and photos of floods.

#### Alex Fraser Planning Application -Demolition & Construction Materials Recycling Plant Kingston Rd Clayton In 2009 a permit was issued by Council to Alex Fraser for the operation of a demoli-

tion materials recycling plant until 2023, after which the material recycling operations were then to cease permanently. The site, located on 275- 315 Kingston Rd Clayton has been zoned Green Wedge and is intended to form an integral part of the Chain of Parks

Last year Alex Fraser sought a permit extension of a further 15 years from Council to continue operating construction material recycling at this site. In December 2019 Council refused the permit extension on the grounds that this operation on this site was not suited to the Green Wedge zoning.

The VCAT appeal lodged by Alex Fraser against the refusal by Kingston Council to extend their permit to operate on this site for a further 15 years, has now been called in by the Minster for Planning and an Advisory Committee has been appointed to advise the Minister on whether the existing planning permit for the recycling facility should be extended, and if so, for how long. The Advisory Committee Panel Hearing is scheduled to start on 29 June 2020.

DVCA will be represented at this Hearing as an objector, supporting Council's refusal to extend the permit for the Alex Fraser demolition materials recycling operations, such as concrete crushing, at this Kingston Rd site, being adjacent to Dingley Village and impacting adversely on our environment and health. Other reasons to object include a) the area has now been rezoned to exclude recycling, b) support for local residents, citing Dingley Villages' years of dust, noise and spoiled amenity.

#### FRIENDS OF SPRING ROAD RESERVE - VOLUNTEERS NEEDED

Kingston Council has now completed a Spring Rd Reserve Planting Plan, as part of the park improvements to be implemented. Council is hoping to begin planting throughout the Reserve this springtime. The Friends of Spring Rd Reserve group will be assisting Council in the planting and are looking for volunteers to help and further improve our great new park.

If you would like to register your interest for this:

Please contact Pam or Trudy at the Dingley Village Neighbourhood Centre, 31b Marcus Rd Dingley Village, phone 9558 1866, email: dvnc@satlink.com. au and leave your name and contact details, (email, phone number) so we can follow up.

Note, all necessary equipment is provided - you need only bring gloves, sun protection & enthusiasm.

#### DVCA

PLEASE CONSIDER JOINING the DVCA - The DVCA is open to all residents who genuinely care about our Village.

Meetings are held in the Community Centre, 2nd Tuesday each month (except Dec. and Jan.) at 7.30pm. New members are most welcome to attend.

#### **DVCA Contact Details**

Please note our new DVCA website please check it out: www.dvca.info

For further information: contact the Chairman/Sec by e mail: david@ llidam.net



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## $9586\,0500$

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www.facebook.com/barryplant.bayside/

## OUR COUNCIL

### KINGSTON REOPENS COMMUNITY FACILITIES AS RESTRICTIONS EASE

Kingston Council has reopened its libraries, recreation centres and community sporting grounds as COVID-19 restrictions are eased across Victoria.

Kingston Mayor Georgina Oxley said for safety reasons it won't be back to business as usual just yet as Council needs to continue to follow strict capacity and physical distancing rules.

"We are really excited to be able to open up our community facilities again to residents and visitors to Kingston, but safety is our main priority and we want to make sure we reopen in a staged way that allows people some access but doesn't create any additional risks", Cr Oxley said.

"I know the community has missed being able to take their children to their local library, go for a swim at our wonderful Waves Leisure Centre or play sport on our netball courts and sporting fields, I have too, but we can't rush into this we need to work together to keep the community and our staff safe."

"It's terrific we can now access some of our libraries again but don't forget you can still continue to access our Home Library Service and online library with a huge range of virtual programs and clubs plus eBooks, eAudiobooks, eMagazines and much more," Cr Oxley said.

The pool facilities at Waves Leisure Centre are now open again as well for pre-booked lap swimming and exercise rehabilitation purposes. The gym remains closed for now, but you can still stay active at home with Kingston Active's free online classes or Facebook Live workouts.

Kingston's Customer Care centre in Cheltenham has also reopened.

"It's really important that when the community visit our libraries, recreation centres and other facilities or meet friends at our skate parks and playgrounds, they continue to follow physical distancing guidelines and keep up the hygiene practices we have all become so good at", said Cr Oxley.

For more information about Kingston Libraries' services and when your local branch is reopening visit Kingston.vic. gov.au/library. Bookings are via phone only, please call 1300 135 668.

To book a swim at Waves Leisure Centre or to access free workouts visit kingstonactive.com.au

#### OPEN-AIR ART BRINGS COLOUR AND CULTURE AMID COVID-19

Kingston Mayor Georgina Oxley said with a new large-scale mural in Chelsea and a vibrant artwork in Parkdale there are many ways for the community to enjoy the work of local artists despite the lockdown.

"Now restrictions have been lifted a little and we can get out and about a bit more, I really encourage people to visit the Chelsea Sportswomen's Centre to check out the amazing mural painted by Geoffrey Carran," said Cr Oxley. "The mural pays homage to the Sharp-Tailed Sandpiper, which annually migrate from Siberia to our very own Edithvale Wetlands. It looks truly spectacular at sunset."

For families, a trip to Parkdale's Shirley Burke Theatre is a must. Although the building is closed to the public right now, local artist, Deb McNaughton has painted a bright mural on the façade.

"The joyful artwork pays homage to the Rainbow Trail movement which has inspired families to draw rainbows on their footpaths and driveways, as a sign of unity," said Cr Oxley. "There's already been an outpouring of love for the mural from the local residents walking and riding by. Make sure you bring the family and get down to Parkdale for a look."

"Or why not take a stroll along one of the City of Kingston's Historical Walking Trails and discover the rich history of Mentone and Mordialloc," Cr Oxley said.

## Support the bank that supports your community.

When you choose to bank with Bendigo Bank, good things happen in your community.

Local projects find funding. Local clubs find sponsorships. Local schools benefit. And, you can access a suite of financial services rivalling any bank in the country.

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## Bendigo Bank

Bendigo and Adelaide Bank Limited ABN 11 068 049 178, AFSL/Australian Credit Licence 237879 A1389134, OUT\_1269197, 28/05/2020

Community Bank Dingley Village Pocket guides are available to download from the Kingston library website to accompany you on the walking trails. Each guide includes a trail map, so you don't get lost, and a brief piece of history for each stop.

For more information on Kingston's outdoor artworks visit kingstonarts.com. au/VISUAL-ART/Exhibitions/Rainbowof-Hope-by-Deb-McNaughton

To download a Historical Walking Trail guide visit kingston.vic.gov.au/ walkingtrails

#### DELIVERING FINANCIAL SUPPORT TO THE COMMUNITY A KEY PART OF KINGSTON'S DRAFT BUDGET

Kingston Council has released a Draft Budget for 2020 – 21 that prioritises financial relief for residents and local businesses impacted by COVID-19, continuing the support package announced in March.

Kingston Mayor Georgina Oxley said Council had worked very hard to deliver a budget that has something in it for everyone in Kingston during this unprecedented time.

"These are very tough and uncertain times and Council has been able to put together a draft budget that continues to provide vital financial support for our residents and businesses while also delivering essential services, infrastructure repairs and important major projects to improve community facilities," said Cr Oxley.

"To assist ratepayers in our community who are struggling, Council will extend the \$112.20 Pensioner Rebate to ratepayers who are on the JobSeeker allowance and to businesses that are registered for the Federal Government JobKeeper payment scheme for the 2020/21 year."

In addition, no interest will be charged on overdue rates during 2020/21 and rates can also be deferred for payment until 30 June 2021.

Council will also continue to invest ratepayer funds to provide high-quality children's services, upgrade local Scout and Girl Guide Halls, roll-out library improvements and vital infrastructure including footpaths, roads and drainage

"We're continuing to invest in our beautiful foreshore as well, and ensuring our community has access to modern and well-maintained facilities, we're also making sure our environment is protected," Cr Oxley said.

The \$65.9 million capital works Budget features a wide range of projects, services and initiatives to support our community.

#### **Budget highlights:**

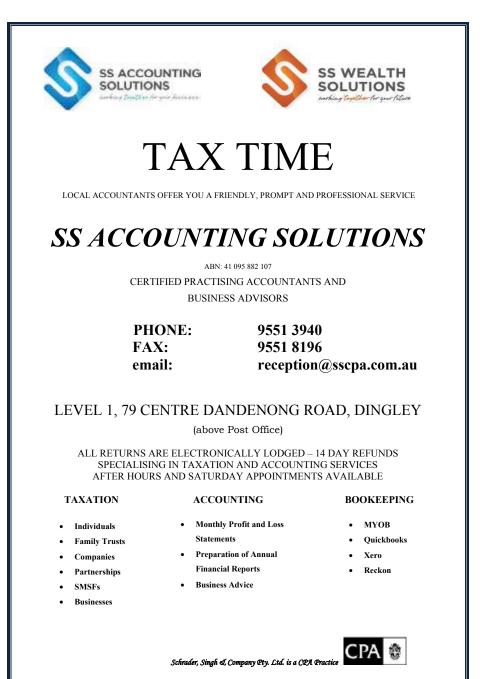
Investing in sport and recreation facilities including the Dolamore Reserve athletic track renewal, the Ben Kavanagh Reserve Master Plan and netball courts, the soon to be launched Aspendale Gardens Pavilion and sports field, upgrading Dingley's Chadwick Reserve, completing the final stage of the G.H. Soppet Pavilion Redevelopment in Mentone, and putting the finishing touches on the new Dales Park netball centre in Oakleigh South.

Major investment in important community facilities including improving Scout and Girl Guide Halls to ensure they are accessible to all and refurbishing the 5th Mordialloc Sea Scouts building.

Maintaining vital community infrastructure including spending \$6.9 million on Kingston's roads and \$0.7m on footpath repairs. Another \$3.5 million will be spent on flood mitigation/drainage works.

#### Continuing to provide financial support

Council will extend the Pensioner Rebate to ratepayers who are on the JobSeeker allowance and to businesses that are registered for the Federal Government JobKeeper payment scheme for the 2020/21 year. No interest will be charged on overdue rates during 2020/21 and rates can also be deferred for payment until 30 June 2021, and payment arrangements are available.



## LOCAL SPQRTS



#### DINGLEY FOOTBALL NETBALL CLUB

At the time of writing these notes (mid June), the following was correct, but due to the ongoing changes to COVID-19 restrictions please keep in touch with the club for updates.

"Several major Football and Netball Leagues including Eastern and Northern have already cancelled their 2020 seasons. Our own Southern Football Netball League continue to plan for shortened seasons in both Football and Netball with Grand Finals scheduled for late October.

Footballers have been training for several weeks under the close scrutiny of Kingston Council and our netballers plan to start their preparation soon.

Suffice to say that things could change even before you read this, but we are hopeful that some local football will take place this year as we believe that



DINGLEY SENIORS 1968 – RUNNERS-UP, SOUTH EAST SUBURBAN FOOTBALL LEAGUE Bock Row: C.Keleher, N.Billing, L.Galenda, F.Davidson, K.Mitchell, A.Weedon. 3rd Row: R.Corrigan, W.Stirland, A.Roberts, G.Lee, H.Basedow, M.Gionnis. 2nd Row: L.Tamblyn, C.Dimassi, F.Waaldyk, J.Kerr, G.Riseley, K.Riseley, D.Jones, J.O'Neill, C.Dixon. Front Row: Ray, L.Curuana, B.Burns, L.Waters, H.Saunders (Pres), D.Duncan (Capt-Coach), I.Morgan (Soc), L.Barrile, W.Rodgers, 8.Herbert (trainer), J.O'Neill (Vice-Pres). Absent: J.Hewitt, M.Corrigan, L.Visser, A.McDonald, K.Callahan, R.Bell, B.Doderico, L.Brodzik.

footy is a glue which communities need to function properly.

The playing group have been training in small groups of ten as allowed, and although this is far from ideal, they are keen to get their season underway.

The challengers ahead are enormous but we live in strange times. Thankfully many of our loyal sponsors have remained on board.

From the pages of history, it was way back in 1968, ten years after the club's inception that we participated in Finals for the first time. Although there was no Reserves team to fall back on, the Don Duncan coached team made the Grand Final, but fell short by seventeen points.

I hope to have some news of real progress in future issues."

#### WANTED - JUNIOR SPORTS STARS 2019 AND 2020.



Because of the effect

of the COVID 19 restrictions on sports activities we have opened eligibility for this years' Junior Sports Star awards to include Sports achievements from 2019 for under 16 Dingley junior sports participants.

Children can be nominated by any adult, for monthly awards by filling out the form on the website https://dingleysportsclub.com.au . The nominee must be a resident of Dingley Village, attend a Dingley Village based school or participate with a Dingley Village sports club. The child must be 16 years of age or under at the time of their achievement.



## COMMUNITY BANK UPDATE

### Wow! What a crazy few months it has been for us all.

The Coronavirus pandemic has shown us that it's more important than ever to focus on connecting with our customers and supporting our local communities. Supporting local businesses has never been more important than it is right now. It is great to see people supporting their local business and shopping local and being community minded in and around Dingley Village.

The Coronavirus pandemic has presented many challenges but one thing that hasn't changed is our commitment to you and our Dingley Village Community. The Bendigo Bank is an essential service and we'll support you as we've always done. With over 160 years, Bendigo Bank has been committed to our customers and communities through the good times and tough times. Whether you're a homeowner, business owner, retiree, casual worker or a student, that commitment continues.

As Australia's fifth biggest retail bank and one of Australia's most trusted brands, we're in a strong position to help you through this. We've always been here for you. And we always will be.

When you need a bank to give you the products and services you need we are here and we need your support in the form of your banking so we can make a difference in the local community. We know you also need someone who knows you and your banking so make the change if you don't already bank with us and choose Dingley Village Bendigo Bank. Take comfort in knowing Penelope and her team are here to help you and your family with life's financial goals and support your local community.

We rely on you to be the voice of the bank and refer your friend's and their family to our Dingley Village Community Bank. The more people bank with us the more we have to give back to our community.

So, tell your friends and family to pop in and see us or call 9551 6111 our team will make switching to a bank that cares about you easy!



The Chairman, Directors and staff at Dingley Village Community Bank are deeply saddened by the passing of ex-director Bryan Ford. We extend our sympathy and condolences to Bryan's family and friends. He embraced our community wholeheartedly and will be greatly missed.

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## Josie & I really appreciate all the support you've shown us. With your help, we've used this time to improve and develop new ways to make the Match & Co experience safer and easier for you...

Whether its ordering Breaky or Lunch, a takeaway coffee or helping you select a HOME COOKED Dinner for the family and providing contactless delivery services – We could not have done it without our valued partnership with YOU! And it only drives us to innovate and provide the quality of service you've come to expect. You've been there for us when it counts, and we cannot thank you enough...

## A BIG Thank You to all our Staff

Josie & I are enormously grateful to all our wonderful staff, who continue to display their can-do spirit whilst we all adapt to the challenges presented by the COVID -`19 pandemic.

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AND BEAUTIFULLY PREPARED HOME COOKED MEALS



Best regards, Josie & Adrian

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ARES/ Salads

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NOME MAIL Pasta for 2

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Egg & Bacon Roll OR Muffin with a large Coffee

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14/79 Centre Dandenong Rd DINGLEY VILLAGE CALL DIRECT TO **9551 577** 

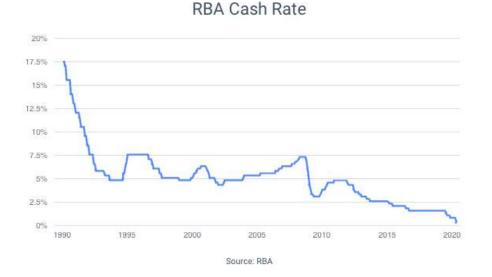


SPECIALS EXPIRE 31ST JULY 2020



## REFINANCING SURGES AS RATES TUMBLE

#### Sometimes a graph says it all!



There will be many in Dingley Village who remember paying mortgage rates around 17%. It was a very different time to what we face now.

Today the RBA cash rate is at record lows, and the Reserve Bank has stated it cannot and will not drop it below the current 0.25%. We have now also seen the introduction of Quantitative Easing (QE) in Australia, sending Fixed Rate loans down below 2.20%

Small wonder refinancing has surged to over 70% of loan applications.

For many in an older loan there can be substantial benefit in refinancing, depending on current circumstances. Is now the ideal time for you to review your loan?

#### Things you should consider:

- Fixed rates are very low. There are better reasons to fix now than ever before, but it is not appropriate for everyone, consult with your broker first
- Benefit to refinance is proportional to debt: If your balance owed to the



bank is low there will be little to be gained from the costs of refinancing

- If you are suffering loss of income due to Covid-19 you may need to delay refinancing, however lower rates may be achievable without moving banks, call your broker for advice
- Your property may not be valued at what you know it is worth - we have recently seen some property valuers being extremely conservative
- Some lenders are experiencing very slow processing times, another Covid-19 side effect. If turn- around time is a priority you must let your broker know as part of lender selection
- Remember bank staff are not licenced credit advisors, they are product provider facilitators. They are very good at their job, you just have to note what their job is. To seek credit advice call your broker, remember there is no fee for the ongoing credit advice offered. If you do not have a broker and need one call us!

Daryl Borden, your Dingley Village Mortgage Broker, Ph. 03 9511 8883 ACL 392184

Integrity Finance Australia– Changing Lives





### NAVIGATING THROUGH THE FINANCIAL IMPACT OF COVID-19

Since precautionary measures were heightened to slow the spread of COV-ID-19, almost 1 million Australians have lost their jobs. According to the Australian Bureau of Statistics, Australia lost 7.5 per cent of its jobs between 14 March and 18 April. If you're one of the many Australians who has lost their job, it's understandable that you may be feeling stressed about managing your finances.

#### Put together a new budget

The first thing you need to do if your income has fallen is put together a new budget. With a reduction in your income, you'll likely be looking to reduce your fixed and discretionary expenses. Put together a budget that includes your essential expenses such as your mortgage or rent payments, bills, and groceries. This is also a good time to assess which expenses you can do without until your income rises again.

#### Set up payment plans

Losing your source of income can be stressful, especially when you have ongoing payments to meet. If you've put together your new budget and you're not sure you'll be able to meet your regular payments, speak to your mortgage lender and other providers about setting up a payment plan. The important thing is that you do this proactively and keep communication open as having these conversations now will put you in a much better place to negotiate.

### See what support you may be entitled to

The government has announced a range of support packages available to people who have lost their source of income or have had their income significantly reduced. Check which support you may be eligible to receive and organise all of the details you need to apply. Full details about the Federal Government's measures to support individuals and businesses are available on the Treasury website.

If you've lost your income due to illness or injury and you have income protection insurance, check what claims you are eligible to make and what payments may be available to you.



By Appointment

## Cheltenham Medical Centre

145 Centre Dandenong Rd Cheltenham 3192 Telephone: 9584 3055

OPEN Monday to Thursday 8.00am to 8.00pm

Friday 8.00am to 6.00pm

Saturday 9.00am to 5.00pm

Sunday & Public Holidays 9.00am to 1.00pm

By Appointment

#### **Identify potential savings**

When you put together your new budget, you probably identified expenses you could do without such as gym memberships and other discretionary expenses. To identify further savings, check if you can switch to cheaper providers for your utilities such as electricity, gas and internet and consider winding back your mortgage payments if you have been paying extra.

### Seek advice from financial professionals

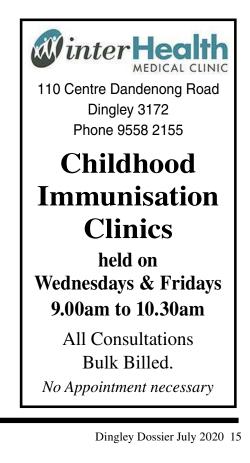
In stressful times, it can be hard to look beyond the current period of financial stress. However, this is also an opportune time to reset your financial plan for the future. Take this opportunity to speak with your financial professionals, including your mortgage lender or broker, accountant, and a financial adviser to manage your finances now and into the future effectively.

#### Moving forward

At a stressful time for people, it's important that you don't feel like you need to weather financial challenges alone. Taking the time to see what support may be available through the government's support packages is a good place to start. And to set up a financial plan for the future that also addresses your current financial challenges, make sure you speak to a qualified financial professional for tailored advice.

#### Richard Vaughan

Ashfords Wealth Advisors Tel 9551 2822 Corporate Authorised Representative 358609 of Ashfords Wealth Advisors Pty Ltd AFSL 226184





### WHAT CAUSES COMPUTER VISION SYNDROME OR DIGITAL EYE STRAIN?

In last month's edition, the common symptoms of digital eye strain (DES) were described as eyestrain, headaches, blurred vision, dry eyes in addition to neck and shoulder pain. This month's article will cover the causes and the means to achieve diagnosis.

Viewing a computer or digital screen places a workload on the eyes and is different from reading a printed page. Often the letters on the computer or handheld device are not as precise or sharply defined, the level of contrast of the letters to the background is reduced, and the presence of glare and reflections on the screen may make viewing difficult. Not to mention viewing distances and angles used for this type of work are also often different from those commonly used for other reading or writing tasks; the eyes are less suited to meet these focusing and postural requirements.

In addition, the presence of even minor vision problems can often significantly affect visual comfort and performance at a computer. Otherwise latent vision problems may manifest based on the visual demand that screen viewing places on the eyes. Much in the same way a small stone in a shoe can cause great discomfort if left unattended for prolonged periods. Uncorrected or under corrected vision problems can be major contributing factors to computer-related eye strain.

Even people who have glasses or a contact lens prescription for general viewing may find it is not suitable for the specific viewing distances of their computer screen. Some people tilt their heads at odd angles because their glasses aren't designed for looking at a computer. Or they lean towards the screen in order to see it clearly. Their posture can result in muscle spasms or pain in the neck, shoulder or back.

Because concentration is associated with a 50-70% reduction in blink rate, dry eyes is commonly experienced by those who spend prolonged time working on digital devices. This is often exacerbated by the environment where the work is performed, which tends to be air conditioned or heated. This can destabilise the protective effects of the tear film, giving rise to an inflamed ocular surface.

Generally speaking, symptoms of DES occur because the visual demands of the task exceed the visual abilities of the individual to comfortably perform them. At greatest risk for developing digital eye strain are those who spend two or more continuous hours at a computer, with under or uncorrected vision problems, working in environments with

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GUTTER-VAC Vacuum clean gutters • Fully insured • Safety trained • Free quotes Call Paul & Julia 0448 488 837 www.guttervac.com.au unfavourable conditions for normal tear physiology.

Computer Vision Syndrome, or Digital Eye Strain, can be diagnosed through a comprehensive eye examination. Testing, with special emphasis on visual requirements at the computer or digital device working distance, may include:

- Patient history to determine any symptoms the patient is experiencing and the presence of any general health problems, medications taken, or environmental factors that may be contributing to the symptoms related to computer use.
- Visual acuity measurements to assess the extent to which vision may be affected.
- A refraction to determine the appropriate lens power needed to compensate for any refractive errors (myopia, hyperopia, astigmatism or presbyopia).
- Binocular vision assessments to measure eye focusing, movement and coordination. In order to obtain a clear, single image of what is being viewed, the eyes must effectively change focus, move and work in unison. This testing will look for problems that keep your eyes from focusing effectively or make it difficult to use both eyes together.

This testing may be done with or without the use of eye drops to determine how the eyes respond under normal seeing conditions or while their focusing capacity has been temporarily paralysed. This keeps the eyes from inadvertently changing focus while testing is done.

Using the information obtained from these tests, your optometrist can determine if you have Computer Vision Syndrome or Digital Eye Strain and advise you on treatment options, which will be covered in next month's edition of Eyes Right.

At Dingley Eye Centre, we are passionate about your vision and the health of your families' eyes. Call us to make an appointment, book online or come down for a chat about how we can assess you and your children for digital eye strain.

Dr Richard Pryor, Darran Yeow and the team @ Dingley Eye Centre We are your local optometrist Ph: 9551 4244 116 Centre Dandenong Rd, Dingley Village Website: www.dingleyeyecentre.com Email: admin@dingleyeyecentre.com



As restrictions may change please check with individual clubs for any changes or updates.

#### COUNTRY WOMEN'S ASSOCIATION DINGLEY VILLAGE



"All Women, All Ages, All Places. Grow, Connect, Improve." A small number of our members met last month in Karkarook Park with b.y.o chairs and thermos for a cuppa and a chat. It was great to see everyone again.

In April members and friends donated a large number of knitted and various other clothing items to the farmers in need in East Gippsland. Two of our members sorted, labelled and packed them and then borrowed a truck and delivered to them to Sale to a very grateful community.

Members have been knitting poppies for the Moorabbin Aviation Museum ANZAC Day Commemoration and we would like to thank others who have also contributed. These will be held over until next year.

CWA members are looking forward to the easing of restrictions and holding our first meeting since the start of the pandemic, at 10 a.m. on 26th August, 2020. We are meeting in a larger room to enable us to comply with the social distancing rules. We are not able to hold our craft meetings as yet.

If you would like more information about the CWA or would like to become a member, you can contact President Carmel Mullen on 9796 2897 or Secretary Diana Muir on 0409 031 942.

#### **DINGLEY 60 PLUS SOCIAL** GROUP

The current restrictions have forced the Group into temporary lockdown with the closure of our weekly meeting venue and other places that we would normally frequent for entertainment and meals. When we are able to resume our activities it will be back to business as usual.

Our activities are suitable for those in the 60 plus age group and provide an opportunity to socialise with your peers. The week would start on a Thursday night from 7.30 pm in the Sports Bar of the Dingley International Hotel (DIH) where you can join the Group for a casual chat and a drop of your preferred beverage.

A list of proposed activities over the next month or so is available at these gatherings.

Regular activities undertaken by the group include dinners, theatre nights, movies, BBQs, picnics, breakfasts, concerts, holidays, trips, walks and dinner dances.

For our members and the Dossier readers try to keep in touch with your friends and relatives in these trying and restrictive times.

We are always happy to welcome new members. Any enquiries about the Group may be directed to Graeme on 9551 3462 or Shirley on 0410 625 731.

PS Is that a glimmer of light we can see in the distance.



For more information contact:

Marnie - 0411 024 438 marnie@bbdance.com.au or www nce.com.au



2020 marks 50 years since Victoria became the first jurisdiction in the world to make wearing a seatbelt mandatory. Yet people still don't wear them. Victoria Police encountered 208 seatbelt offences over the Queen's birthday long weekend, including two instances of children who were not restrained. Whenever you get into a car, remember that your seatbelt is a life vest – it can save your life in the event of a collision.

Remember what is at stake and always buckle up.

Thank you Victoria, There's a lot to be proud of. But there's still a way to go.If you've been working from home you must keep working from home. At least until the end of June. Keep using your common sense. And keep your distance. It's up to all of us to make this work.

Our police officers work in risky situations, so if you see a police car with flashing lights on the side of the road, you must pass at 40km/h.







Neighbourhood Watch & Victoria Police would like to remind everyone to always securely lock your vehicle and never leave valuables visible.

#### PROBUS CLUB DINGLEY CENTRAL

Probus Club of Dingley Central is a mixed group of active



retirees enjoying fun, fellowship and friendship. We are looking forward to restrictions ending so we can meet again face to face and listen to the wide ranging topics from our informative guest speakers. During isolation we have been able to keep in contact via virtual morning teas, emails and phone calls.

A video clip of greetings from individual committee members has been distributed online to the members. Our walking group is now active since restrictions have eased and of course we are keeping in touch with members in need.

When we resume our meetings will be held on the first Monday of the month at 9:30am for 10:00am start at "The Salvation Army Kingston City", 12-16 Boulevard, Dingley Village. For more information about Dingley Central Probus please contact our secretary, Ruth, on 9587 0432.



#### LIONS CLUB OF DINGLEY VILLAGE

The Lions Club of Dingley Village are set to resume

meetings at Dingley Village Neighbourhood Centre on Monday the 22nd June at 7.00pm, social distancing applies and will not be a problem.

We are in need of new members, great opportunity to help your community.

Our fundraiser this year is the Entertainment Book at a cost of \$70.00. This can be purchased as a digital copy, and great savings can be had. (hard copy books not available this year). The application can be purchased through www. entbook.com.au/9121w52. The money raised will go towards ongoing Lions' projects. Many of our normal fundraising activities have been cancelled due to the Corona Virus, making this fundraiser important to our club.

If anybody has any of the following items, they can be left at the Dingley Village Neighbourhood Centre.

Pre loved spectacles, sunglasses, hearing aids and used stamps are still needed. Thank you to all who have donated, please keep them coming in.

Our meetings are held on the 2nd and 4th Monday at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

For any enquiries please contact Lynne – 9551 3770 /0488 004 809.

dingleylions@gmail.com

#### PROBUS CLUB OF DINGLEY VILLAGE

We will meet on the first Thursday of the month at the

Dingley Sports and Social Club at Souter Oval, from 10.00am once restrictions are lifted. Visitors and prospective members are always welcome at our meetings, and for further information, or to join one of our activities, please contact President Vi on 9551 1076.

#### DINGLEY VILLAGE SENIOR CITIZENS CLUB Hello readers!

Well, we have now been advised that relaxation of certain Coronavirus (COV-ID-19) associated restrictions has been implemented. Again, we are very much looking forward to meeting up, of a Monday afternoon, in a beautiful warm room in the new Hall facility.

A Committee Meeting will be held on Monday, July the 6th, at 11:00 a.m. to decide on future activities. Meanwhile, on the same day, this will be followed by a Bingo afternoon from 1:00 p.m.

It will still be necessary to practice safe social distancing during our meetings.

As always, visitors and prospective members would be very welcome.

If you have a query, or for any further information, please contact our President, Lyn, on 9585 5039 or our Vice President, Maureen, on 9551 8425.

#### DINGLEY CHELTENHAM VIEW CLUB (Voice Interests



#### Education of Women)

Women of all ages are invited to join our monthly meetings, once restrictions are lifted, which includes a guest speaker followed by morning tea.

Where; Keysborough Golf Club, 55 Hutton Rd Keysborough.

When Second Tuesday of the month. Time 10am till 11.30am approx.

Please contact Fran Thomas for further information. franniet@gmail.com or call 0419 309 931

#### BOOMERANG BAGS, DINGLEY VILLAGE



Our aim is to REDUCE waste, REUSE quality shopping bags and

RECYCLE fabric. Boomerang Bags Dingley Village is a community group who creates reusable shopping bags from donated recycled fabrics. So far, our small group of volunteers has made over 1400 FREE shopping bags for our community. You can help yourself to one of our FREE bags at the Dingley Village Farmers market or pick one up at the Dingley Village Neighbourhood Centre reception.

The group meets each Thursday morning, once restrictions lifted, at the Dingley Village Neighbourhood Centre, 9:30-12pm and the 4th Sunday of the month 2-5pm. If you have clean sheets or fabrics you would like to donate then please contact Debbie 0411 058 804 or Helen 0425 862 718.

#### DINGLEY VILLAGE MEN'S SHED

The Shed is currently closed and will re-open when restrictions lifted



Member's Morning Muster: Friday, 9am till 2pm.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road. Ph. 9551 5892, E-mail: dvms3172@gmail. com www.dvms.org.au



## As restrictions ease please check with individual churches for any changes or updates.

#### HEATHERTON-DINGLEY UNITING CHURCH



Cnr. Kingston and Old Dandenong Roads, Heatherton Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.30 a.m.

All enquiries phone 9580 6983 www.heathertondingley.unitingchurch. org.au

Our Vision and our Mission: To seek to connect people to God and each other Heatherton-Dingley Uniting Church -Meeting U at the Crossroads of Life

TO VIEW OUR WORSHIP SERVICE PLEASE VISIT OUR FACEBOOK PAGE: Heatherton-Dingley Uniting Church FOR THE LINK.

#### What's On once restrictions lifted

Wednesdays – Prayer meeting at the church 9.00 - 9.30 a.m.

If you have a concern that you would like prayed about ring Margaret on 9551 9494

**Know Your Bible** 9.30 – 11.00 a.m. An interdenominational study of the Bible for women. For further information contact Jennifer on 0419 115 811

FIRST FRIDAY OF EACH MONTH Indoor Carpet Bowls – 7.30 p.m. in the Church Hall followed by supper

## SECOND AND FOURTH THURSDAYS OF THE MONTH

**Unleash the Music in You** – 8.00 p.m. at the Church

For further information contact Bob Lorraine on 9589 493 or 0418 998 714

#### ST. MARK'S CATHOLIC CHURCH

511 Lower Dandenong Road, Dingley Village 3172

*Office open Tuesdays* 8:30*am to* 11:30*am Phone / Fax:* 9551 6930

Parish Priest: Fr. Joseph Truong Nguyen OFM Conv.

The Church is presently closed due to the social distancing regulations, but if you have any enquiries, please contact the Friars at St Mark's or St Joseph's. **Baptism:** Bookings through the St. Joseph's Parish Office, Springvale (9547 4877). Baptisms will be held at St Joseph's Springvale and St Mark's Dingley on alternate months- contact the church offices Weddings: By appointment only Confession: 5:30pm prior to Saturday Vigil Holy Mass, or by appointment

#### Holy Mass Times:

Monday to Friday: 7:00am in the Friary Chapel

Saturday: 6:00pm Vigil in the Church Sundays: 9:30 AM Sunday Mass (NB. only one Mass on Sunday)

### Some important dates for the month of July

3rd	St Thomas Apostle	e

- 6th St Maria Goretti Virgin & Martyr
- 9th Mary Queen of Peace
- 11th St Benedict
- 15th St Bonaventure Bishop & Doctor
- 16th Our Lady of Mt Carmel
- 22nd St Mary Magdalene
- 23rd St Bridget of Sweden
- 25th St James Apostle
- 31st St Ignatius of Loyola



#### KINGSTON CITY CHURCH

*OUR VISION: CONNECTING PEOPLE TO JESUS CHRIST* 

OUR MISSION: REACH, RESTORE, RELATE, RESOURCE and RELEASE 316-322 Kingston Road, Clarinda, 3169 (near Clayton & Boundary Roads intersection).

Ph: 8551 6600, Fax: 8551 6690. Web: www.kingstoncitychurch.com.au Email: admin@crm.org.au Senior Pastor: Dan Parker Senior Associate Pastor: Dave Harrison Sunday Services: 10am Service has Children's Ministry.

## How have your teens been handling this COVID 19 season?

Revival Youth is the youth program at Kingston City Church, and during this



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Contact Peter 9558-1288, Mob. 0418-390-120 Visit our web site: www.electricians.com.au extended isolation period we have been creating ways to keep our young people engaged and filled with hope. Being a tech savvy generation already, coping with the new demand of technology hasn't been a struggle for most of them, however, dealing with face to face social interaction has indeed been taking its toll. Where Revival youth has been able to help is in keeping that social interaction and positive online socializing going so that our Kingston kids have an alternative positive option to tap into, other than the often-risky options that are scattered all over the internet at present. Each Friday we have leaders that run fun interactive small group Zoom, messenger and Discord video calls where youth get to interact with their friends under a healthy leadership environment, as well as each fortnight we run a live Instagram event with Uber eats give a ways and multiple other crazy fun competitions as well. If you are looking for something positive to tap your teens into even while they may be restricted to stay at home, Revival Youth is offering just that.

Chris Davis - Revival Youth Leader



#### VILLAGE CHURCH DINGLEY

"Inspiring People to Discover and Develop Life in Christ" Church Office: 7–9 Fiveways Blvd., Keysborough. 3173 Phone number: 8712 8254 Email: admin@villagechurch.org.au www.villagechurch.org.au

### See below for link to live streaming of services

## Our Church program for JULY is as follows:

SUNDAYS

10.00 a.m. Worship Service using livestream link: https://villagechurchau.faithlifesites.com/live

#### MONTHLY LADIES GROUPS:

\* **Homemakers** – not on for the time being

"Sisters in Christ" Ladies Group – 7-9pm. Fellowship and sharing. Tuesday 7th July. At 7 Fiveways Boulevard, Keysborough and also via Zoom for speaker. Contact Office for the Zoom link.

#### LIFE GROUPS:

\*Tuesday nights – Fortnightly 7.30-9.00pm. 21st July. Contact office for Zoom link.

\*Wednesday nights – Fortnightly 7.30-9.00pm. 15th and 29th July at Dingley Village.

Sunday nights – 1st and 3rd Sundays of the month 7-8.30pm. 5th and 19th July in Keysborough.

#### PRAYER TIME:

Weekly - Wednesdays 10-11am. At 7 Fiveways Boulevard, Keysborough. Monthly – Monday 13th July 7.30-8.30pm via Zoom link; Saturday 18th July; 9-10am at 7 Fiveways Boulevard, Keysborough. Contact office for links.

#### BIBLE STUDY:

\*Women's –Precept Ministries study on Genesis. Thursdays fortnightly (except during school holidays) 10-11.30am. Contact office for Zoom link. 23rd July. \*Open – Fortnightly Thursdays 16th and 30th July on the Gospel of Luke at 7 Fiveways Boulevard, Keysborough. \*Not held during school holidays.

#### MARRIAGE & FAMILY SUPPORT:

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all. As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions, to any and every area that brings tension, pain and confusion. Please give us a call on 0481 352 404, we'd love to be able to encourage, support and strengthen you. Our Church Office is at 7 Fiveways Boulevard, Keysborough, but contact is recommended by phone on 8712 8254 until the current restrictions are lifted. Please feel free to call Lesley with any enquiries you may have and leave a message if the office

Our Pastor is Rodney Hole who may be contacted through the Church Office.

#### THE SALVATION ARMY KINGSTON CITY



'You Belong' 13/12-16 Garden Boul-

is unattended.

evard, Dingley Village,

Office Phone: (03) 9558 2045 facebook. com/KingstonCitySalvos www.salvationarmy.org.au/kingstoncity/ Corps Officers (Ministers): Steph & Stuart Glover | Henry Roehrig Office Hours: Mon, Tues, Wed, Fri 9am – 4pm

#### **Our Mission**

The Salvation Army Australia is a Christian movement dedicated to sharing the love of Jesus, by caring for people, creating faith pathways, building healthy communities, & working for justice.

#### **Our Vision**

Wherever there is hardship or injustice Salvos will live, love and fight alongside



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## others to transform Australia one life at a time, with the love of Jesus.

#### FAMILY WORSHIP SERVICE

If you would like to receive a video link to our Sunday worship services, or a Sunday worship pack sent by mail, please email steph.glover@salvationarmy.org. au or phone 0414 430 414 and we will be in touch.

#### EMERGENCY RELIEF | CASEWORK

The Salvation Army Kingston City Doorways team offer Assessments for emergency relief (currently via phone). Please phone 9558 2045, Monday, Tuesday, Wednesday, Friday 9am – 4pm

#### 'BIG DAY OUT'

(Currently not running due to CoVid19 restrictions)

A ministry for people living with special needs (1st Tuesday of every Month) 10am – 2pm

Friendship, Lunch, and activities for community members with special needs (and their carers).

For more details, contact the church office, send us a message on Facebook @ KingstonCitySalvos

or phone Steph on 0414 430 414

#### HIRE OF FACILITIES

(Currently not available due to CoVid19 restrictions)

For enquiries please phone Steph on 0414 430 414 or email steph.glover@salvation-army.org.au

#### **CHRIST CHURCH DINGLEY**

387 Old Dandenong Road, Dingley (at the roundabout) Contact: admin@ccd.org.au or 9551 7871

Web: www.ccd.org.au

Our Vision: To be a Thriving, Need-Meeting and Life-Transforming Community with Jesus at the Centre.

CCD Weekly Church Service can be accessed at christchurchdingley on YouTube from 10.30 each Sunday.

Church Office:

For all enquiries contact the office: 9551 7871

#### Ministers:

Vicar: Rev. Wayne Walters: 0425 163 730 Associate Minister: Rev. Tanya Cummings 0408 912 412

Youth & Children's Minister: Baden Harvey

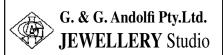
# We're All In This Together

## Even if we can't hold hands right now

#### EASING OF STAGE THREE RESTRICTIONS

Even though restrictions are easing it is important you do the following

- · practice good hygiene.
- maintain physical distancing, keep at least 1.5 metres away from others.
- · understand the risk and symptoms.
- help slow the spread of COVID-19 by getting tested, even if you have mild symptoms.
- · stay home and avoid contact if you're feeling unwell.
- take care wherever you go, assume others may be carrying the virus.



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A huge congratulations to one of Heatherton

Christian College's Grade 4 students, Zachary, for being selected to participate in the Auckland Philharmonic Orchestra (APO) Virtual Play-in of Radetzky March by Johann Strauss Sr.

APO is New Zealand's full-time professional Metropolitan orchestra that serves the country's largest city with a comprehensive programme of concerts, education, and outreach activities.

The APO Virtual Play-in involved over 250 musicians from across the world and our very own Zachary was one of them.

Zachary's cello instructor informed Zachary and his family of the Virtual Play-in and encouraged them to submit an audition entry for the intermediate level. He was given just over 2 weeks to prepare this challenging piece of music and was only able to have two online lessons with his cello instructor. Zachary was required to play his cello part together with a pre-recorded piano backing track, while trying his best to keep up with the speed of the March. A month after Zachary submitted his entry, the family received an email announcing the date for the Virtual Play-in release. The process itself had been a really good experience for Zachary and he was excited to have the opportunity to partner and play with



musicians all over the world for this special performance.

"I felt nervous at first because the music was very challenging, but I still wanted to give it my best shot. When I knew I was going to be part of the play-in, I could not believe it! I hope to be able to be part of a real orchestra one day. Music makes me feel relaxed and happy and it also gives me a sense of accomplishment when I master a challenging piece on my instrument." – Zachary.

We are incredibly proud of Zachary's achievement and continue to cheer him on his musical journey!

The Virtual Play-in can be found on the APO website or on YouTube.

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