

# The DINGLEY DOSSIER

Volume 47 Number 3 April 2019

Circulation 5,500 Online: www.dvnc.com.au/dossier

# THE DINGLEY VILLAGE FARMERS' MARKET AND THE DINGLEY VILLAGE NEIGHBOURHOOD CENTRE ARE STILL OPERATING

The redevelopment of the Dingley Village Library and Harold Box Hall in Marcus Rd has finally begun.

The builders have moved in, the site fencing installed, preliminary site works begun and soon the materials and cranes will arrive. During this time the Dingley Village Farmers' Market and the Dingley Village Neighbourhood Centre will still be operating.

All the regular programs and activities, as well as the new maternal and child health service at the Neighbourhood Centre will continue. Parking is limited in the front of the Centre but extra parking is available on the basketball court at the rear of the construction. You will be able to enter the Centre through the rear doors and directional signage is being installed to assist you.

The Dingley Village Farmers' Market will still run on the 3rd Saturday of each month but will operate from the basketball court in the Marcus Rd Reserve from April to November. All the regular stall holders will be in attendance during this time. Next market Saturday 20th April.

Please continue to come along and support your community market throughout 2019.

A free Easter Egg hunt will be held during the April market on Easter Saturday, so bring the family along for this free fun activity and browse among the food stalls.





Farmers' market dates for 2019

- April 20th
- May 18th
- June 15th
- July 20th
- August 17th
- September 21st
- October 19th
- November 16th
- December 21st



I met a magical fairy yesterday who said she would grant me one wish.

''I wish to live forever,'' I said.

"Sorry," said the fairy, "I'm not allowed to grant that particular wish."

"Fine," I said, "then I want to die the day after Parliament is filled with honest, hard-working, bipartisan men and women who act only in the people's best interests!"

"You crafty so and so," replied the fairy.



#### **ANZAC SERVICES**

The Rotary Club of Dingley Village will be organising services to commemorate Anzac Day at the memorial in Marcus Road. The Community Anzac Day Commemoration Service will be held on the 24th April commencing at 11am with the Anzac Day Dawn Service commencing at 5.45 am.

Once again, at the conclusion of the Dawn service there will be a Gun Shot breakfast sponsored by the Dingley International at the Dingley Dingoes Club rooms at Souter Oval.

Gold coin donation, with all money raised from the Gun Shot Breakfast going to the welfare of servicemen and women.

# POUCHES-FOR ORPHANED JOEYS

CWA Dingley Village is seeking donations of 8 ply **pure wool** and flannelette material to make pouches for injured joeys. (They are unable to use synthetic wool or materials to make pouches) Donations can be dropped off to the Neighbourhood Centre office.

#### LIBRARY & HAROLD BOX HALL REDEVELOPMENT

The site fence has gone up and preliminary site works have commenced.

Parking has significantly been reduced at the Neighbourhood Centre and the remaining car park will be closed at times throughout the works, Car parking is available on the basketball court at the rear of the redevelopment and there will be additional access through the rear of the Centre.

Keep your eye out for directional signage in the reserve during works.



#### MAKERS MARKET

Make A Difference Dingley Village Inc. is bringing a monthly market to Dingley Village.

The Dingley Primary School has kindly offered its grounds for the Make A Difference Makers Market.

Handmade artisan vendors: gifts, clothing, household items, coffee drinks and food. April 14th 9am - 2pm enter via Marcus Road

Any enquiries can be made direct via Facebook @dingleymakersmarket or email Simone: spellbound1972@ hotmail.com

#### **TRIVIA NIGHT**

Cheltenham Life Activities Club is holding a Trivia Afternoon on Monday 29th of April 1.15pm – 4.00pm at the Follett Rd Hall, Cheltenham East. Put on your thinking caps and make tables of four with family, friends or neighbours. Or come on your own and we'll find a table for you. Cost is \$7. Good prizes and afternoon tea, book early with Vera 9798 1893.

Cheltenham Life Activities Club provides a range of activities for Senior's, these include pursuits for the active such as Walks, Table Tennis, Badminton and Tai Chi. Cards and other Table Games are enjoyed by the less active as well as social activities like Movies and Dineouts. If you would like to receive a copy of our 3-monthly newsletter, ring Betty 9583 6345. New members are always welcome.

#### LIBRARY SERVICES

Don't forget, you can drop off and collect library books from the Neighbourhood Centre Office, Mon – Friday 9am - 3pm. Library staff are at the Centre Mondays 2.30 - 3.30pm to assist and answer any questions.

Library books ordered online are available for collection after 2.30pm the following Monday.



#### TINY TOTS STORY TIME

Come and enjoy songs, rhymes, stories and finger play with your little one. Enjoy the company of other babies and parents in an entertaining twenty minute session. Get first choice of new books for toddlers and babies.

Tiny Tots Story time is suitable for children aged 0-24 months.

Dingley Village Neighbourhood Centre Mondays 2.30 pm



#### COMPUTERS AVAILABLE FOR USE BY LIBRARY MEMBERS

Library members can access the computer lab at the Neighbourhood Centre Monday – Friday 9.30am – 3pm (except Wednesday). There are 10 workstations with internet access and printing also available.



#### BOOMERANG BAGS FOR DINGLEY VILLAGE

Boomerang Bags Dingley Village is a community group who use donated and recycled fabrics to create reusable shopping bags for use within our community.

Our group meets each Thursday morning at the Dingley Village Neighbourhood Centre, 9:30-12pm and on the 4th Sunday of the month 1:30-5pm. If you can sew then we would love to have you. If you can't sew, we would love to teach you! All materials and machines are provided, and we always need extra hands for non-sewing jobs as well.

We have a stall at the monthly Dingley Village Farmers Market where you can purchase a 'Bought to Support' bag or collect a free 'Borrow and Reuse' bag. Everyone is welcome, no skills required we badly need more volunteers to assist in the community project of creating reusable bags.

If you would like to participate in any way, please contact either of the names below and we will be willing to chat and answer any questions. Debbie 9551 6521 or Helen 9551 1658.



## PROPOSED WATER PARK

There has been lots of chatter about the proposed Water Park in Dingley Village, especially where exactly it would be. For more details see the media release on page 14 of the Dossier and at https://www.facebook.com/zagameswildwaterpark/





## KINGSTON TO REFUND UNSUCCESSFULLY APPEALED PARKING FINES BETWEEN 2006 AND 2016

Kingston Council will refund 10 years of unsuccessfully appealed parking fines, following concerns raised over the wording of Victorian Government legislation governing how parking fine reviews should be handled.

Fines issued in Kingston between 2006 and 2016 that were appealed under the Infringements Act 2006 and then paid will be refunded.

It is estimated that around 20,000 fines may be impacted, worth approximately \$2.3million.

Council has been looking into a refund program for a number of weeks and is finalising a list of impacted motorists.

Kingston Mayor Georgina Oxley said the wording of the Infringements Act 2006 was unclear and that advice on the issue had been mixed.

"It is common for Councils, and potentially some state agencies, to outsource the issuing of infringement tickets to an external contractor, however there have been concerns raised that the legislation may not allow external agencies to conduct appeals," Cr Oxley said.

"In 2016 we received advice that, although the wording of the Act wasn't clear, our processes were acceptable. We wanted to remove any confusion and since 2016 have conducted all reviews ourselves," Cr Oxley. "However, we recently received updated advice and Council now believes that the introduction of the Act meant the final decision of the review should not have been outsourced, and that council rather than its contractor should have undertaken the review."

"For that reason, we want to be fair and transparent and therefore will be refunding appealed fines during the 10-year period," Cr Oxley said. "We are in the final stages of preparing the refund process and will have further details in coming weeks."

Kingston Council will also write to the Victorian Attorney General to express concerns about the wording of the legislation and to urge State Government to immediately address these concerns through legislative changes.

#### KINGSTON'S 2019 WOMAN OF THE YEAR ANNOUNCED

On Friday 8th March, Kingston celebrated International Woman's Day, with a community breakfast and the announcement of the winner of the inaugural Kingston Woman of the Year Award.

The 2019 Award was given to Emma Gierschick, who advocates for increased support, information and awareness of family violence, disability support and cancer.

"Emma has experienced and overcome many challenges in these areas. She has used her personal experiences to drive her forward, and it has seen her make a real difference," said Kingston Mayor Georgina Oxley.

Recognised by the Australian Financial review as one of the top 100 Women of Influence in 2018, Emma has been a leading voice presenting to parliament, the Royal Commission into Family Violence and is a sought-after advisor to MPs, service providers and local government – including Kingston Council where she serves on the Kingston's Family Violence Working Group. "She makes an outstanding contribution to our community and the City of Kingston is thrilled to honour her on International Women's Day."

**ZUMBA GOLD** 



If you can still feel that dance beat in your body – Zumba Gold is for YOU ! ZUMBA GOLD is a fun exercise class designed for active older adults that focuses on balance, range of motion and co-ordination all to the sounds of Latin rhythms. Come along and try . Thurs 9.30 – 10.30am \$8 per class.

#### Senior's Body and Balance

This class will improve your mobility, strength, balance, co-ordination, flexibility and will be fun because it is a group class. A healthy body that moves more easily to achieve our daily tasks as we age can only be good for us. Do it at your speed and enjoy the benefits to your body ! Thurs 11am – 12 noon \$8 per class.

Dingley Village Neighbourhood Centre, 31B Marcus Rd, Dingley Village, 3172 9558 1866

The inaugural Woman of the Year Award received a strong community response, with 25 nominations received for women excelling across a broad range of areas but with each making a positive difference to the community.

With such a strong field, Councillors found it difficult to single out just one winner and also honoured an 'Honourable Mention' across the following categories:

• **Inspiring Innovation:** Alecia Minster-Entrepreneur and founder of Girl Bosses Australia, Alecia inspires and supports thousands of women to realise their dreams in business. As president of the fundraising team at Bayside Treasures, Alecia has lead the group to raise \$55K for mental health charities over the past 4 years.

• Humanitarian: Anna Wang - Since arriving in Australia 32 years ago, Anna founded and is president of two Chinese Senior Citizen clubs, co-ordinates cultural festivals and community events that provide opportunities for all members of the community to connect and celebrate our cultural diversity.

• Champion of Change: Sarah Loh -The first female CEO in the AFL, Sarah demonstrates great leadership and business acumen for the South Metro Junior Football League (SMJFL). She has eliminated junk food sponsorship and has implemented the Victorian Governments Child Safety Standards. Over the past year she's overseen improvements to facilities and structures to enable 30 new girls' teams to participate.

• Excelling in Arts and Sport: Cindy Rella -Cindy's drive to excel in any pursuit, has seen her successfully represent Australia and gain World Championship status in Karate and Kettlebell. Cindy generously supports and inspire people of all ages and abilities to attain their sporting aspirations and develop mental fortitude.

• Success in STEM (Science, Technology, Engineering & Maths): Shauna Moore & Marissa Palamaras. Shauna and Marissa provide expert co-ordination, leadership, design advice and community engagement, whilst leading the delivery of an environmentally aware, paperless project for the construction of the Patterson River Bridge. They proactively mentor and promote younger engineers, women in construction in general, and encourage children, particularly girls, to take up maths and science subjects.

# It's not about changing the world, it's about changing your world.



Ray White Dingley Village | 03 9551 3533 | raywhitedingleyvillage.com



## PROPOSED NEW WATER ACTIVITIES PARK IN DINGLEY VILLAGE

Zagame's Wild Water Park, proposed for Dingley Village by the Pellicano and Zagame families, would be one of the biggest water parks in the southern hemisphere.

The proposed site for this park is 351 Old Dandenong Rd., a 30 hectares site which also has a significant Boundary Rd frontage. This land is zoned Green Wedge. Council have only recently received a copy of the plans and they have been met with caution from local councillors. It is likely there will be a lengthy process before any decision is reached.

#### NEW PEDESTRIAN CROSSING - CENTRE DANDENONG ROAD AND BOUNDARY ROAD SW

A zebra crossing with signs has now been installed for pedestrians crossing at the South West corner of the Centre Dandenong Rd and Boundary Rd intersection.

All vehicles travelling north on Boundary Road and turning left into Centre Dandenong Rd must now stop for all pedestrians on this zebra crossing.

However as vehicles travelling north on Boundary Rd may be approaching this corner at speeds of up to 80kms, please continue to take care when using this crossing to walk to the airport, offices, DFO and McDonalds.

- Be alert and look and listen for approaching traffic
- Make sure that any approaching drivers have seen you and are stopping
- Decide whether it safe to cross and only cross when it is safe to do so
- Stay alert when crossing keep looking and listening for traffic while crossing

#### COUNCIL LAND PURCHASE - KINGSTON GREEN WEDGE -**52 & 62 VICTORY RD CLARINDA**

Council has recently purchased 52-62 Victory Rd, Clarinda for \$2.6 million with funds from the Council's Green Wedge Fund.

This 3.02ha site purchased will be used for future open space provision, potential uses being parkland, sporting fields or market gardens and is adjacent to the proposed Victory Rd Park, (currently a landfill site scheduled for closure in 2019).

The proposed future transformation of the current Victory Rd landfill into a 31ha park, is a significant part of the Chain of Parks Project linking Karkarook Park through to Braeside Park, with parklands, sporting facilities and other open spaces.

Following on from this, DVCA has urged the Council to consider buying 263-



# **DINGLEY VILLAGE NEIGHBOURHOOD CENTRE**



## Courses and activities being offered from April—June 2019

31b Marcus Rd, Dingley Village 3172, Ph.: 9558 1866 Email: dvnc@satlink.com.au Website: www.dvnc.com.au

#### Social Table Tennis

Women's, Men's & Mixed All skill levels Mondays 9.30 am & Wednesdays 12.30 pm Come along and join this friendly group.





ZUMBA GOLD is a fun exercise class designed for active older adults.

Thurs 9.30 – 10.30am \$8 per class.

## Zumba Gold Starts 1st May, Cost \$25



courses.

iPads A hands-on practical course. Wednesdays 9.30 am—12 x 8 weeks Starts 1st May Total Cost \$25.00 BYO iPad

#### Writing for Pleasure

**Basic Computer Skills** 

Get together with others interested in writing for their Crafty Crafters own enjoyment.

Tuesdays 10am-12, Gold Coin donation

Covers all the skills you will need to use

your computer or as a pathway to other

Wednesday 1—3.30 pm x 8 weeks

COLLECTION POINT Did you know that you can drop off the following items at the Neighbourhood Centre. Complimentary hotel toiletries,

prescription glasses, hearing aids, toiletries and metal ring pulls from cans. These items are then recycled for use by local service groups.







This social craft group meets for some craft, a cuppa, fun & laughter. Every Friday 1 – 3 pm Cost \$2

#### Tai Chi

Suitable for people of all ages. Tues 12.30-2.30 pm at Centre Contact Eddie 0419 108 573

265 Spring Rd Dingley Village (next door to Abbeyfield). This site is up for sale and has been a long term eyesore. It may be that council could demolish it and return the land to the new park, build a public toilet facility for the new Spring rd. Park or hold the land for a future extension of Abbeyfield.

#### SPRING RD RESERVE - DOG CONTROL

Spring Rd Reserve - a wonderful open space for everyone to use - walkers, runners, kite flyers, bird watchers and yes, but not least DOGS!!

The park now has clearly marked areas for the dogs to be off leash - so please do the right thing and ensure that your dog/s are off leash only in the designated areas - as shown on the parks signs. Fines for dogs off leash are \$180 (1st offence), failing to pick up your dog's droppings \$152 (1st offence). You have been warned.

This is really important - as all park users have equal rights to feel safe and some people don't want to associate with dogs or don't want their young children near them. Other people are scared of dogs (no matter how small and friendly) or have allergic reactions whilst being around dogs.

So when your dog leaves the Off-Leash area in Spring Rd Reserve, make certain it is on a leash and you are in control - to ensure every park user's well being, enjoyment and safety.

#### ARE YOU INTERESTED IN FORMING A RESIDENTS GROUP FOR SPRING RD RESERVE?

As park improvements continue to be implemented in our Spring Road Reserve, DVCA would like to know if any residents would be interested in forming a Friends Group.

A "Friends of Spring Road Reserve" group would be involved with improving the Reserve by helping with various activities e.g. planting, weeding etc.

Note, all necessary equipment will be provided - you need only bring gloves, sun protection & enthusiasm.

We have already had several residents indicate their interest and willingness to help.

If you would like to register your interest for this:

Please contact Pam or Trudy at the Dingley Village Neighbourhood Centre, 31b Marcus Rd Dingley Village, phone 9558 1866, email: dvnc@satlink.com. au and leave your name and contact details, (email, phone number) so we can follow up.

#### Facebook

The DVCA is now on Facebook and you can find us at; https://www.facebook.com Type in: Dingley Village Community Association in the top search area to see our page

#### DVCA

Open to all residents who genuinely care about our Village. Meetings are held in the Community Centre, Marcus Rd Dingley Village 2nd Tuesday each month (except Dec. & Jan.) at 7.30pm and new members are most welcome to attend. PLEASE CONSIDER JOINING the DVCA and make a constructive difference in our community.

#### **DVCA Contact Details**

Please contact the Chairman on 9551 5442, 2 Mungari St Dingley Village, or e mail. david@llidam.net



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# FARMERS' MARKET

#### Next Market, Saturday 20th April: Easter Saturday

The April to November markets will be operating from the Basketball court between the construction zone and the rear ovals in the Marcus Rd Reserve. Stalls will be sited on the court area with tables and chairs under the trees behind the Neighbourhood Centre. Please come along and support the market during its temporary relocation, all our regular stall holders will be in attendance.

The April market will have a Free Easter egg hunt and giveaways, so bring the family along and enjoy this wonderful family market. Whilst we are not a huge market, we do have delicious quality produce and products from passionate farmers and producers. We can only grow with your support so make sure

you do come down and support those stall holders that make the effort to come along.





We welcome these new stallholders. Italian Chef: the best Italian handmade Pasta in Melbourne & La Villa Salumi: Artisan smallgoods.



All our regular stallholders will be in attendance in 2019 including fresh bread, pastries, cheeses, free range eggs, honey, potatoes and in season vegetables. Specialty stalls include Gorgeous George Probiotics, Salami Shack, Tummy Lovin, 'a lot of good stuff ', Anja's scones and Outback spirit. You'll also find hot food and drinks and the fantastic boomerang bags, these are free and reusable bags that you can collect at the market.

All produce, is sold direct to you by the farmer or producer, ensuring you get access to fresh produce as well as the opportunity to talk to the farmer/producer about their produce. Whilst many items are seasonal, this ensures you are buying fresh quality products.

Cash Out facility is available at the Neighbourhood Centre office during the market, if you require extra cash for shopping.

Don't forget that parking is free onsite at the market. Dingley Village Men's Shed members will assist you with parking and you will not have far to carry your purchases back to your car.

What our happy customers have said

"Another fabulous day at the DVFM. Bought so much fresh produce & the scones were scrumptious. Great work Dingley Market"

"Great selection of fresh produce"

"Local produce  $\cdot$  Convenient location  $\cdot$  Organic products  $\cdot$  Fresh food  $\cdot$  Prepared foods"

"Just had the pumpkin arancini for dinner. Talk about at flavour bomb in your mouth!!"



# Club of Dingley Village





# 2019 ANZAC DAY SERVICES At Dingley Village Memorial

The Rotary Club of Dingley Village in conjunction with Springvale Sub Branch RSL invite you to attend our ANZAC Day Commemoration Services.

The Dingley Village Schools and Community ANZAC Day Commemoration Service on **Wednesday 24th April** commencing at **11.00 am.** 

# A **Dawn Service** on ANZAC Day commencing at **5.45am**.

A Gunfire Breakfast sponsored by the Dingley International Hotel will be available after the Dawn Service. Gold coin donation appreciated.

# Lest We Forget.

This event kindly sponsored by

Dingley Village Community Bank<sup>®</sup> Branch **Bendigo Bank** 



# **AN IMPORTANT CONVERSATION**

None of us likes to consider our own mortality. For our older loved ones, it's an even more confronting topic and difficult to discuss.

Let me share with you a story that was told to me by someone I met at a recent function I attended about their father "Lindsay" who had recently passed away

When Lindsay became ill, his family's priority was to support him through his treatment, and keep him positive and as comfortable as possible.

Typical of his generation, Lindsay had always been very private, never sharing personal information – not even with his nearest and dearest. After he passed away, it dawned on the family that nobody knew whether Lindsay would have preferred cremation or burial. At such an emotionally charged time, the question caused quite a dispute.

As parents, we aim to have open dialogue with our children over issues like drugs, sex, etc. But as our parents age, difficult discussions around medical arrangements, Wills, money, etc, are usually put off until something occurs to trigger the talk. Often, by then it's too late, which is why it's so important to communicate while you still can.

Once Lindsay's funeral was over, the family faced more complex questions: did Lindsay have a Will? Was there any insurance? What investments and assets did he have? Trying to locate Lindsay's paperwork and make sense of his finances became a nightmare.

If only someone had asked him. What should you talk to your parents about?

If you think about all those things you'd rather not discuss you're off to a good start.

#### **BEFORE THE CONVERSATION, CONSIDER:**

- Finances, assets, investments, accounts, insurance policies, etc
- Will:
  - Is it current?
  - Where is it kept?
  - Who is the executor?
- Medical:
  - Medications
  - Power of attorney
- Funeral preferences
- Aged care arrangements, family home, care facilities
- Location of important documents
- Usernames and passwords for online accounts
- Contact details for doctor, financial adviser, trustees, power of attorney, solicitor, executor, etc.

Carefully consider your approach. These are sensitive topics; introduce them gently and tactfully. It may be helpful to involve their executor, financial adviser or accountant.





### DURING THE CONVERSATION:

Extend an invitation

Invite your loved one to express their feelings and articulate their wants. Present the discussion as a means to making their life more manageable. Stress that you're not taking over, but that you care and that they are in control.

Present an example

Use examples of challenges faced by others, explaining that you hope to avoid the same situation. Tell them you'd like to help them organise their paperwork to provide peace of mind and a plan for their future.

#### • Support independence

Point out that you're not reducing their independence but ensuring they maintain their independence as long as possible.

• Don't judge

As your loved one opens up, listen respectfully and without judgement. Encourage discussion around their choices so you can understand and help implement them.

Afterwards, follow up and fulfil any promises you made.

Finally, just when you think your job is done, have the same discussion with your children, only in reverse. Be clear about what you want and why you're talking to them. Children don't want to think about your mortality any more than you do. They'll think you're overreacting and probably won't thank you for the information – not right now anyway. But that's the nature of kids.

The main thing is that when your time comes, they'll realise you've saved them a lot of heartache.

Ashfords Wealth Advisors can assist you and your family put in place a plan so that in the event of the worst happening, there is one less thing that your loved ones need to worry about.

Michael Ryan CPA CFP© Ashfords Wealth Advisors Tel 9551 2822

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Join us for an informative10-week free program focusing on the importance of raising healthy families

Key topics from a range of guest speakers

- respectful relationships
- importance of play
- safety for parents and children
- healthy eating
- child development & needs
- school age behaviour- what to expect
- family rules encouraging good behaviour/logical consequences
- family routines mornings & bedtime
- mindful parenting
- ...and more!

10-week program every Wednesday
9.30am -10.45am
1 May to 3 July
Westall Community Hub 35 Fairbank Road Clayton South

Morning tea provided

Registrations close Wednesday 24 April 2019 Kingston Family Support Service t 9581 4860 e cf2fs@kingston.vic.gov.au or Ranka Trisic on 8551 1202







# FLU ALSO KNOWN AS INFLUENZA

A common viral infection that easily spreads from person to person and can be deadly, especially in high-risk groups.

The flu attacks the lungs, nose and throat. Young children, older adults, pregnant women and people with chronic disease or weak immune systems are at high risk but anyone can get influenza.



#### SYMPTOMS

People with influenza typically experience some or all of the following symptoms:

- fever and chills
- cough, sore throat and runny or stuffy nose
- muscle aches, joint pains, headaches and fatigue (feeling very tired)
- nausea, vomiting and diarrhoea (more common in children than adults).

Seek immediate medical advice if the illness quickly becomes worse or if any of the following symptoms occur:

- shortness of breath or rapid breathing
- chest pain
- confusion or sudden dizziness
- persistent vomiting.



110 Centre Dandenong Road Dingley 3172 Phone 9558 2155

**OPEN** Monday to Thursday 8.00am to 8.00pm

## **Friday** 8.00am to 6.00pm

Saturday 9.00am to 1.00pm

(Closed Sundays & Public Holidays)

By Appointment

### TREATMENT

The flu is treated primarily with rest and fluid to let the body fight the infection on its own. Over-the-counter anti-inflammatory pain relievers may help with symptoms.

#### **HOW IT SPREADS**

By airborne respiratory droplets (coughs or sneezes).

By skin-to-skin contact (handshakes or hugs).

- By saliva (kissing or shared drinks).
- By touching a contaminated surface (blanket or doorknob).

People with influenza can be infectious from the day before their symptoms start. Adults are most infectious in the first 3-5 days of their illness, while children remain infectious for 7-10 days, and people with weakened immune systems may be infectious for longer.

#### HOW IS FLU **PREVENTED?** Get a flu shot

Influenza vaccination each year before winter arrives is the best way to prevent influenza. Every year, the flu

causes widespread illness in the community and immunisation of people who are at risk of complications from the flu is the most important way we have to reduce the number of flu infections and deaths.

#### Sneeze into your elbow

Sneeze into your elbow instead of your hands, or cover your face

## Cheltenham **Medical Centre**

145 Centre Dandenong Rd Cheltenham 3192 Telephone: 9584 3055

**OPEN** Monday to Thursday 8.00am to 8.00pm

Friday 8.00am to 6.00pm

**Saturday** 9.00am to 5.00pm

**Sunday & Public Holidays** 9.00am to 1.00pm

**By** Appointment



Phone 9558 2155

# Childhood Immunisation Clinics

held on Wednesdays & Fridays 9.00am to 10.30am

All Consultations Bulk Billed. No Appointment necessary



with a tissue when you cough or sneeze and throw used tissues in a rubbish bin.

#### **Clean your hands**

Wash your hands thoroughly and often. Wash hands for at least 10 seconds, especially after coughing, sneezing or blowing your nose, or use an alcohol-based hand rub.

#### Stay at home if sick

If you are sick with flu, stay at home and avoid close contact with other people to prevent them from also becoming sick. Keep sick children away from school and other activities. Wait at least 24 hours after fever resolves so you that you are unlikely to infect other people.

This is especially important if you visit people who are more likely to get really sick if they get the flu - including pregnant women, infants, older people or people in hospital or residential aged care. Similarly, if you think you may have influenza and you need to see a doctor, call ahead so the clinic can take precautions to reduce the risk to other people.

#### WHO IS AT HIGH RISK?

- all Victorian children aged six months to less than five years of age.
- people who have medical conditions that put them at risk of serious complications of the flu.
- Aboriginal and Torres Strait Islander people aged six months to under five years and 15 years and over.
- pregnant women at any stage of pregnancy.
- people 65 years and over.

An annual flu vaccination is provided through the National Immunisation Program for most people in the community who are considered to be at an increased risk of complications. In Victoria, an annual vaccination against the flu is free for those at high risk.

Contact your doctor or immunisation provider for further information about eligibility.

#### WHY ANNUAL VACCINATION?

Influenza viruses change every year because the influenza virus has a unique ability to change its surface structure.

This means that even if you had the flu or an immunisation one year, your body's immune system might be unable to fight the changed version of the virus that will be circulating the following year.



Each year, a new vaccine is developed (usually called the seasonal vaccine) and is available for those who wish to be immunised. The seasonal influenza vaccine includes protection against four strains of influenza.

#### MYTHS

**MYTH:** Herd immunity will protect me.

**FACT:** This isn't true. Flu strains are highly contagious, often spreading from person to person through un-



washed hands or air droplets after someone's uncovered cough or sneeze. Each time you get the flu shot, your body learns how to fight the injected flu strains, strengthening your immune system. If enough people do this in your community, it bolsters overall health of everyone around you and protects people whose immune systems are too weak to sustain a flu shot, such as a newborn baby, or someone with cancer or type 1 diabetes.

But that system falls apart if you (and others) dodge getting a flu shot. "Community immunity" protects us only if enough people continue to get vaccinated.

#### MYTH: The flu shot gives you the flu.

**FACT:** The influenza vaccine cannot give you a dose of flu because it does not contain live virus. Some people may still contract the flu because the vaccine may not always protect against all strains of the influenza virus circulating in the community.

#### MYTH: Antibiotics will help.

**FACT:** Antibiotics are designed to give your body the boost it needs to fight bacteria. But antibiotics are no use if you've contracted a virus, such as the common cold or the flu.

# WRITING FOR PLEASURE

#### **Beginners to Established**

People write for many different reasons. Some write because they feel compelled to express themselves and share their ideas. Some write because the act of writing, creating and recording their thoughts, ideas, creativity brings them pleasure.

And some just want to start writing

Also studies show that writing offers a number of physical and mental health benefits.



Would you like to explore your creativity in a relaxed supportive group? Join us every Tuesday 10am—12 noon Gold coin donation Dingley Village Neighbourhood Centre

## Pellicano MEDIA RELEASE - MARCH 2019 -

#### PELLICANO AND ZAGAME MAKE A SPLASH: FAMILY-OWNED COMPANIES TEAM UP TO REVEAL PLANS FOR LARGEST INDOOR WATERPARK IN SOUTHERN HEMISPHERE

Diversified property group Pellicano and hospitality experts Zagame have revealed huge plans for Zagame's Wild Water Park: a unique, resort-style waterpark and complete family entertainment venue set to deliver a significant tourism boost to the south-eastern suburb of Dingley Village.

Plans for the \$100 million project detail construction of the largest indoor waterpark in the southern hemisphere, the fun-filled, dynamic new facility will deliver a year-round, allweather experience with 18,200sqm of indoor and 20,000sqm of outdoor water attractions to be positioned alongside Zagame's industry-leading food, beverage and entertainment offerings.

Marking a major investment in Victoria's tourism industry, the project is estimated to create 1,184 new full-time job opportunities within Dingley Village and the wider City of Kingston community, with forecasts placing projected visitation numbers at over one million annually.

Created by Zagame's and Pellicano in conjunction with Canadian-based leading water park professionals WhiteWater West and local architectural practice Peddle Thorp, the impressive new facility will showcase cutting-edge technology previously unseen in Australian waterparks, enhancing Melbourne's competitive edge as a leading entertainment destination.

Among the Australian-firsts will be thrilling entertainment options including interactive and unique attractions such as an epic, 180-degree semi-circular stand-up surf pool, a tunnel-like wave ski-slide complete with video controls and an impressive indoor-outdoor 'lazy river' – perfect for unwinding year-round!

Distinctly, both Zagame's and Pellicano have together committed to implementing extensive sustainable practices on site, with plans detailing the use of a venue-wide eWater system, solar power technology, systems for the collection and reuse of rainwater, extensive plantation of indigenous wetland vegetation and a concentration on composting, recycling and biodegradable processes.

Other exciting features for the local community include an array of hands-on learning opportunities such as a freshwater aquarium and accompanying exhibit, portable toys and puzzles to minimise wait-time boredom, and a community vegetable garden complete with interactive iPad stations where children can learn the lifecycle of food.

Engineering students from universities will be able to attend guided tours of the water management technology to can learn the best practice of environmentally sustainable design.

Pellicano managing director Nando Pellicano says the combination of cutting-edge technology and a 'learn-whileplaying' philosophy will provide visitors and the wider community with a harmonious amalgam of fun and education.

"Pellicano has owned this site for over 30 years and is thrilled to reveal our plans to inject much-needed, yearround, all-weather fun into Melbourne's family entertainment landscape. At Pellicano we consistently aim to deliver highquality, dynamic projects and we have made every effort to incorporate this ideology of excellence in the planning stages of this project," Mr Pellicano said.

Complementing the play and leisure facilities at the new waterpark will be the extensive and varied food and beverage options on offer. With nine outlets highlighted in the master plan, a key point of difference for this family-friendly project will be the premium quality of Zagame's food and beverage services, with the industry-leaders ensuring patrons of allages can enjoy the venue equally.

Both family-owned companies with over 50 years' experience in their fields, Pellicano and Zagame's have previously collaborated on a highly successful joint venture on the Gold Coast - the regeneration of Paradise Resort which was one of the Gold Coast's best performing hotels.

Zagame Corporation's director Robert Zagame says partnering with Pellicano for this project was an exciting opportunity for the company and a welcome return to this successful joint venture.

"This partnership was a natural fit for Zagame's; as a well-established family-owned business, Pellicano's values align closely with our own and we both continue to maintain a benchmark of excellence in all our business dealings."

"With both companies established in Victoria, we embrace any opportunity to position our home state as the place to be, and we're excited to witness the economic benefits a major tourism project such as this will deliver to our home."

"Upon completion we will not only be opening our doors to leisure and fun seekers but to primary, secondary and tertiary students who will benefit from behind-the-scenes exposure to the best-practice engineering and technology which will be on display."

Mr Pellicano mirrored this sentiment, adding:

"We look forward to working closely with Zagame, the people of Dingley Village and the wider City of Kingston region to deliver a facility that provides safe and educational fun for all-ages."

On the project, world leading water park company, White-Water West commented:

"WhiteWater West, the leading water park company in the world which is headquartered in Vancouver, BC, Canada is thrilled to be a part of this exciting project down under. We're proud that our local branch, WhiteWater West Australia will be partnering with Australian companies to build this groundbreaking water park that features some of our most iconic rides and will provide huge entertainment value for families." – Geoff Chutter, President & CEO of WhiteWater

"All of us at WhiteWater West Australia have been working closely with the Zagame's/Pellicano team to make their vision for the park a reality with the help of Peddle Thorpe Architects and Master Planners Pico Play. The park will be home to some of WhiteWater's latest innovations in technology and design, bringing a truly one-of-a-kind experience to all Australians." – James Corbett, Managing Director of WhiteWater West Australia

To keep up to date and join the conversation on the progress of the water park, visit:

https://www.facebook.com/zagameswildwaterpark/



# **DRY EYE IN CHILDREN?**

Dry eye has been traditionally thought to be a condition affecting adults, and especially women later in life. An imbalance to the surface of the eye leading to dry eyes can be quite frustrating, with the constant sensation of sore, tired, gritty eyes with little to no relief.

What's more alarming is that now, more children are presenting with dry eyes. Recent studies have shown that dry eyes and "digital eye strain" is becoming more common in children, and may present itself as a visual problem such as headaches and difficulties focusing, even though the underlying cause is related to the eye's surface.

For children and teenagers, the earlier these symptoms start, the potential for more profound visual issues in adulthood begin. Recent studies have found that 80% of teenagers start to experience dry eyes following two hours or more of digital screen use. Another study showed that between the ages of 8 and 18, screens were used on average 7.5 hours a day; and pre-school aged children were already using screens for 2.5 hours a day.

Spending time on screens for work and leisure is a ubiquitous part of almost

everyone's day to day life. Whenever we are required to focus on a screen, our blink rate and the quality of our blinks are significantly reduced, when compared with reading physical copies of the same material.

Incomplete blinking, is where the eyelids fail to fully meet, and is a common side effect of screen based work. When a blink is incomplete, then the surface of the eye isn't lubricated effectively, and can dry out. This then causes the classic symptoms of having tired or sore eyes after prolonged screen time.

Regular breaks from screen based tasks are essential in maintaining good ocular surface health, and from a young age. The 20/20/20 rule, is a good way to ensure you're taking regular breaks from screens and to maintain eye health. For every 20 minutes of screen time, take a 20 second break to look at something 20 feet away. This is also a good opportunity to take a few "exaggerated" blinks and make sure you're keeping your eyes nice and lubricated.

At Dingley Eye Centre, we are passionate about your vision and the health of your families' eyes. Call us to make an appointment, book online or come down for a chat about how we can help you and your children combat dry, tired eyes.

Dr Hashini Seneviratne, Darran Yeow and the team @ Dingley Eye Centre We are your local optometrist Ph: 9551 4244 116 Centre Dandenong Rd, Dingley Village

Website: www.dingleyeyecentre.com Email: admin@dingleyeyecentre.com

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# TIME FOR A HEALTH CHECK?

#### When was your last loan health check (home or business)?

Circumstances can change, leaving your loan less suitable than it was originally. A health check can reveal if you're paying too much.

#### What's involved?

Your finance broker can do a full lending health check for you either in person or over the phone. They will check if your loan is still competitive and still suited to your individual needs.

Having an expert do this for you can take the stress out of the process for you. It is advisable to get this check done at least once a year, or if your circumstances change.

#### **Ouestions to ask**

Be aware of what you want checked. Think about the following when you speak to your broker:

- Am I paying an unreasonably high interest rate?
- Am I paying high fees?
- Am I happy with the service I receive?

- Does my loan give me the features I • need?
- Am I paying for features I don't use?
- Have my financial circumstances changed?
- Are my circumstances going to change?

#### **Benefits**

A loan health check will cost you nothing and could save you thousands. Your loan features could be improved or you could find yourself with a lower interest rate.

A better payment structure could also be introduced, making your repayments more manageable.

Some banks are currently increasing rates, others are offering discount rates. This is a great time to assess your loans and potentially refinance. At Integrity Finance we recently refinanced a couple saving them over \$700 per month which will translate to over \$100.000 in interest saved

Checking the state of your current loan could also uncover the possibility of taking out additional finance, which can consolidate any other debt you may have or help you purchase an investment property.

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# 50TH ANNIVERSARY CELEBRATIONS FOR ST. MARK'S CATHOLIC CHURCH COMMUNITY

#### Celebrating the achievements, thanksgiving and looking to the future....

The Celebrations of the 50th Anniversary of the first Catholic Mass held in the Harold Box Hall and the 20th Anniversary of the Consecration of the first Mass at St Mark's Catholic Church will take place on Saturday 27 and Sunday 28 April, 2019.

Fr Joseph Truong Nguyen, O.F.M. Conv., Parish Priest, with excitement says, "What a joy it is to announce the anniversary celebrations of St. Mark's, and I take the opportunity to invite all present and past parishioners to these celebrations".



"You've got to have faith" quoting Father Joe Nguyen from 1999 as the new church opened its new doors. Parishioners had waited twenty-five years for the new church to be built, and had attended services in the hall that doubled as a function room for the community, and



a multi-purpose building for students, at the adjacent school.

It is now a time of great joy and celebration for the community to see that the community has come such a long way – not only in establishing a new church and a new school. In the last two years, there has been an upgrade of the Church hall and the ongoing refurbishment of the church. Celebrating these achievements honours those who came before us, who worked tirelessly with a vision and commitment for our faith to be shared.

Fifty years of celebrating baptisms, first communions, confirmations and weddings; nearly forty years of educating young people, caring for the elderly, and we have done all that by God's grace. As we go into the future, we pray to be people of courage and hope to continue the next fifty years in strong faith.

## Anniversary Celebration Details

Saturday, 27 April, 2019 at 6 p.m. Celebration of the Holy Eucharist By His Excellency THE MOST REVEREND PETER ANDREW COMENSOLI, D.D. Archbishop of Melbourne

> Sunday, 28 April, 2019 at 9.30 a.m. Celebration of the Holy Eucharist Followed by Family BBQ from 11.30 a.m.





## **CO-OWNERSHIP OF REAL PROPERTY**

Where two or more people own the same item of property, they do so as either joint tenants or as tenants-in-common. This article explores the similarities and differences between these two forms of ownership on the rights and obligations of the co-owners. While all property can be owned by two or more people, this discussion is only intended to apply to of co-ownership of real property (homes and land).

#### Joint Tenancy

If a property is owned in the form of a joint tenancy each owner holds the property 'for nothing and for all'. This means that no co-owner has an individual interest in the property he or she can deal with separately from the other co-owners, but rather that each owner has a right to the whole of the property.

As a form of ownership, a joint tenancy's main distinguishing feature is the right of survivorship. Upon the death of a co-owner, the whole of the property remains with the surviving joint tenant(s). From a legal perspective, the surviving joint tenant(s) do not acquire anything



more than they already had (as all ownership interests were acquired at the time of transfer).

The right of survivorship cannot be defeated, for example, by the terms of a Will as long as a joint tenancy remains in place. The only way to terminate a joint tenancy is though an act of severance by a co-owner during their lifetime thereby creating a tenancy-in-common. While severance is usually effected by unilateral action by one of the joint tenants, or by agreement between joint tenants, severance can also be effected by court order, bankruptcy or homicide.

#### Tenancy-in-common

Co-ownership of property in the form of a tenancy-in-common entitles each owner to a distinct but undivided share of the entire property. Nonetheless, each co-owner is entitled to possession of the entire property (because it would be practically impossible to draw physical boundaries through the property reflecting each co-owners share).

As no right of survivorship applies between the co-owners, each co-owner is free to deal with his or her share of the property as they so choose. For example, a co-owner can sell their share during their lifetime or pass it to a beneficiary of their Will.

Where two parties have contributed unequally to the purchase price of a property, or assumed unequal liability under a mortgage, the co-owners are presumed in equity to hold the property as tenants-in-common according to their respective contributions.

#### **Co-ownership of Property**

The following rights and obligations apply to all co-owners of real property:

- Right of use and occupation each co-owner has the right to possess the whole of the property (and invite someone else to live on the property) provided that no other co-owner's use and enjoyment of the property is interfered with or is excluded from the property. If a co-owner excludes another co-owner from the property, the excluded co-owner is entitled to receive rent from the occupying coowner.
- Compensation for improvements and repairs – a co-owner's right to compensation for making improvements to the property is a 'defensive' equity that can only be exercised in situations involving the rights of the other co-owners, for example, in an action for the sale of the property. The co-owner is entitled to recover both the costs of any improvements and a proportionate share in the increase in value of the property. A co-owner's right to compensation for improvements is not personal to the co-owner but rather an equitable charge attached to the land.
- Liability for waste a co-owner can seek an injunction against another co-owner to prevent damage to the property.

This article is of a general nature and may not apply to your specific situation. For more detailed property law advice please contact the team at Lyttletons Lawyers on (03) 8555 3895.



# LOCAL SPQRTS

## **DINGLEY TENNIS CLUB**

If you play tennis or played in the past & would like to have a hit again we have 3 nights of night competition and would welcome anyone that is interested in joining, for more info please call 9547 4839 or email admin@dingleytennisclub.com.au.

# Monday Nights – Men's Comp, A and B grades.

Wednesday Nights – **Mixed Comp** Thursday Nights – **Open A Grade.** This night is open to all player and is our strongest competition. This night is designed for the serious player looking



for strong matches each week with the format being a Singles Super Set and a 3 Set Doubles (3rd set a match tiebreak).

Our coaching is run by Daniel Wendler from S.E.T Academy and provides for all skill levels. We also have a great program called "Hot Shots" to introduce the young ones into the great sport of



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Tennis. Please call 0402 000 874 for any further information.

Did you know that our tennis club is located on Rowans Road Dingley, next to the netball courts? We have 16 courts all with lights, the club is open early in the morning until late at night, we have a magnificent club house, outdoor BBQ facilities, licensed bar and full kitchen facilities. Come and have a look, we would love to see you.

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Good morning fellow Dingleyites on a cloudy and warm morning. This is your scribe's first missive for the New Year and I and all fellow members of your Rotary Club wish you a happy and successful year to come. Today, instead of my usual rundown of recent Rotary events, I am required to cover a much more urgent and serious topic.

There is no easy way to tell you that that your Rotary Club is in crisis. This proud club that has served the Dingley Village well for over forty years is in immediate danger of being required to merge with another club and so to lose its Dingley identity. Over recent years, our number of dedicated male and female members has been reducing, due to natural attrition as people change address, move on to other interests, and of course, the march of time has aged our willing members and new members have been hard to find to strengthen our dwindling numbers. We no longer have sufficient manpower (and women power) to support our present projects, and of course, new projects cannot be commenced. If I may wax biblical for a moment, "The harvest is ready, but the labourers are few. " It is no small thing for a district to boast a Rotary Club. The charter is not readily granted, and once surrendered, it is highly unlikely that a new charter will be granted in the future. There is no longer

a golf club in our immediate environs; is the Village content to lose its Rotary Club as well? A wise philosopher once mused, and I quote,

"I have looked on the world as it is, and wondered why, but I have also dreamed of the world as it never has been and wondered why not?"

This is the mindset of a true Rotarian. We see the world as it is, and spend our time trying to rectify its faults. There are more than 1.3 million of us existent in many countries of the world, meeting in more than 33000 clubs. This number of clubs is more than there are McDonalds outlets. We know that the only thing necessary for evil to triumph in our troubled world is for good people to do nothing. I have no doubt whatsoever that the vast majority of my fellow Dinglevites are very good people indeed, possessing an array of varied talents that your Rotary Club needs. The task is not onerous. We meet weekly, but no individual member is required to attend all meetings. We support many local issues, as well as national and international tasks. We were the force behind the construction of the War Memorial. We run the Anzac Day service that many of you are pleased to attend. We support the local kindergarten, schools and sporting bodies, to name but a few of our local commitments. We make a difference, but we need YOU to join our ranks NOW. Otherwise, if our local community does not value the work we do, there is no further purpose to our

## Did you know - 80% of the profits from your Community Bank are <u>returned</u> to the Community?

It's a little known fact, but as part of your local Bendigo Bank's franchise agreement with Bendigo Bank Limited, 80% of the profits we raise must be returned to the community. Why? It's because when Bendigo Bank first came up with the concept of "Community Banking" they realised that it must be "of the Community, by the Community, for the Community". It is this concept that drives the Manager, the Employees and the Volunteer Board of your local bank to return hundreds of thousands of dollars of profit straight back to your Community every year for funding projects and programs.

At a time when other banks are posting massive profits in dividends back to shareholders and paying large salaries to corporate board members and employees, we thought we should remind you of this important point of difference in banking concepts. We still provide the vast majority of services that the other banks do, we just hand the majority of the profits back to the community. Ask yourself, do you think that's a good model for the Community and therefore a worthwhile reason to transfer your business across to Bendigo Bank – Dingley Village? Bendigo Bank Dingley Village Community Bank® Branch

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existence. Dingley Village will lose its proud and well respected Rotary Club, and your Village will be so much the poorer. Please access our website, leave your name and contact details and we will contact you and arrange for you to attend one of our meetings. Do not put off this task until tomorrow, the situation is critical. I leave the future of your Club where it belongs. IN YOUR HANDS.

*Your Rotary Scribe, Dudley Podbury.* Thursday 6.30pm for 6.45pm star: Dinner meeting

(First three Thursdays of the month) Mentone RSL, 9 Palermo St, Mentone General enquiries 0477 682 576

#### DINGLEY VILLAGE SENIOR CITIZENS CLUB

Please note that we will be meeting in the small hall in the Neighbourhood Centre while renovations are being carried out to the Harold Box Hall.

My Goodness, how the weeks are flying by! It is nearly time for the First Term School Break and the Easter Holidays. We would like to wish everyone a safe and happy Easter time.

Thanks to everyone who helped with and contributed to our Trade Table last month. The Blue Lotus bus outing and lunch at the Upper Yarra RSL was very enjoyable.

#### Activities for April are as follows:

1st – Committee Meeting followed by Cards and Games – as well as afternoon tea;

8th – Bingo, eyes down at 1:00 p.m., followed by afternoon tea;

15th – Luncheon at the Club together with entertainment;

22nd – no meeting – Easter Monday Holiday; and

29th – Bingo, eyes down at 1:00 p.m.; followed by afternoon tea.

Our friendly group meets, mostly of a Monday unless otherwise indicated, from 12:30 p.m. If you have a query, or for any further information, please contact our President, Lyn, on 9585 5039 or our Vice President, Maureen, on 9551 8425.

# DINGLEY 60 PLUS SOCIAL GROUP

March has seen our members enjoying dinner, live music and dancing at our local Night Clubs. Our night dinner dates at Saturday night venues were at Cheltenham – Steak, Springvale - International and Asian, Highett – Mexican, Oakleigh - Greek and Chelsea – Dumplings. Other activities included movies at Brighton plus music and wine festivals at Mordialloc and Dromana.

To our sickies keep getting better – hasn't medical treatment and science improved so much over the years.

If you are in the 60 Plus age group and are at a bit of a loose end any Thursday night come along and join the group for a casual chat and your preferred beverage. We now meet from 7.30 pm at the Dingley International Hotel (DIH) in the Sports Bar.

A list of proposed activities over the next month or so is available at these gatherings. Regular activities undertaken by the group include dinners, theatre nights, movies, BBQs, picnics, breakfasts, concerts, holidays, trips, walks and dinner dances.

We are always happy to welcome new members to the Group. Any enquiries about the group may be directed to Graeme on 9551 3462 or Shirley on 9551 1398.

#### DINGLEY CHELTENHAM VIEW CLUB



(Voice Interests Education of Women) Women of all ages are most welcome to join us as we share lots of fun, friendship and learning as we support The Smith Family in their Learning for Life Programme. This programme enables vulnerable Australian students from primary to university receive an education.

We have a monthly meeting with guest speaker and monthly outing.

We meet second Tuesday of the month 10am to 11.30am at Keysborough Golf Club 55 Hutton Rd, Keysborough. Easy Parking.

For further information, please do not hesitate to contact Fran Thomas 0419 309 391 or email: franniet@gmail.com

#### PROBUS CLUB OF DINGLEY VILLAGE INC.

Our March general meeting

was shorter than usual, to allow time for an extended morning tea before the Annual General Meeting. Members appreciated the extra time for a cup of tea or coffee, and a chat.

The Annual meeting heard reports from the outgoing President, and the Secretary and Treasurer. Following this, the returning officer confirmed the nominations of the office bearers and management committee for the following year 2019/2020.

The April general meeting will hear from Graham Johnson, author and investigative journalist, who has written for a number of publications including "News of the World" and the "Sunday Mirror". During his time at the "Sunday Mirror" he blew the whistle regarding phone hacking at the publication. He also ex-









posed the fabrication of stories at "News of the World", which led to the exposure of the then editor, and the forced appearance of Rupert Murdoch before a House of Commons enquiry.

Other activities in April will include a Mystery Trip on the 18th, and Morning Melodies at the Waltzing Matilda Hotel on the 26th from 9.30am.

We meet on the first Thursday of the month at the Dingley Sports and Social Club at Souter Oval, from 10.00am. Visitors and prospective members are always welcome at our meetings, and for further information, or to join one of our activities, please contact either President Vi on 9551 1076 or Secretary Davina on 9551 1217.

#### DINGLEY VILLAGE MEN'S SHED

Our new DVMS web site has got everything -Club History, Club News, What's

On, Gallery, Links, OH&S, and our Contact details for potential new members. www.dvms.org.au

February - Saturday 16th was a busy day for DVMS as manpower was required for our two main fund raisers - the Dingley Farmers Market and the annual Bunnings BBQ. A profit for the BBQ of over \$1,100 makes it all worthwhile.

The carpeting and ceiling in the amenities shed has been completed along with vinyl laid in kitchen area, plus the putting green is also taking shape.

Members Morning Muster: Friday, 9am till 2pm.

The Dingley Village Men's Shed is in Cypress Drive, Braeside Park (near Visitors Centre), Lower Dandenong Road. Ph.



9551 5892, E-mail: dvms3172@gmail. com www.dvms.org.au

New members welcome, drop in to the Shed on Friday mornings to find out more about us.

#### PROBUS CLUB DINGLEY CENTRAL



On our day tour, we travelled to the Diamond Valley Railway in Eltham.

On arrival we were greeted by volunteers, who run and maintain the miniature train engine and the surrounding areas, which are all kept in immaculate condition.

A train ride through the beautiful rustic setting, was thoroughly enjoyed by all.

The AGM was well attended, with all vacant positions filled. Retiring office bearers were thanked for their contributions, which enabled our club to have a very successful year.

Activities for April are, General meeting on the 1st, Jersey Boys on the 3rd, Morning Coffee on the 8th, Film day on the 10th, and Camera Club on the 11th, then we have our day tour on the 17th, Games day on the 25th, followed by Legs, Morning Melodies and FAC all on the 26th, and craft on the 29th.

Our meetings are held on the 1st Monday of the Month at the Salvation Army Hall, 13 Garden Boulevard, Dingley Village. New members are always welcome, and for further information contact Ruth on 9587 0432

#### COUNTRY WOMEN'S ASSOCIATION DINGLEY VILLAGE



President Carmel and the members wish to thank our friends with the busy finger who passed on the Poppies to Pam and the ladies in the office at the DVNC, we collected over 2000 poppies.

We now have another request to ask if there are any friends who have the odd ball pure wool to donate so that the CWA ladies can knit pouches for young Joeys (little kangaroos) whose mothers have been injured or killed on the roads when skittled by a car. The pure wool is so they can breathe better and it's softer



for the youngsters. You can drop off at the Neighbourhood Centre

Our craft days for the next few months have been replaced with outings and other adventures, while the members catch up with all the UFO's (unfinished objects) we have at home.

Our monthly meeting is at the Dingley Village Neighbourhood Centre on Wednesday the 24th of April at 10am. Visitors are most welcome

Our President Carmel can be contacted on 9551 1874 along with our Secretary Diana on 9580 6150.

#### LIONS CLUB OF DINGLEY VILLAGE



We are in need of new members to help to continue our projects, if you are interested please would you call Lynne 9551 3770.

Our meetings are held on the 2nd and 4th Monday at the Dingley Village Neighbourhood Centre, 31B Marcus Road, Dingley Village (Public Holidays excluded). These meetings are informal and friendly.

If anybody has any of the following items they can be left at the Dingley Village Neighbourhood Centre. Pre loved spectacles, sunglasses and hearing aids and used stamps are still needed. Please keep them coming in.

Please help us make a difference to our community – our members are our greatest asset.

Contact – President Lynne 9551 3770 dingleylions@gmail.com

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#### HEATHERTON-DINGLEY UNITING CHURCH



Cnr. Kingston and Old Dandenong Roads, Heatherton

Sunday services at 10.00 a.m. Sacrament of Holy Communion second Sunday of the month at 10.30 a.m. All enquiries phone 9544 5324 www.heathertondingley.unitingchurch. org.au

#### What's On

Wednesdays – Prayer meeting at the church 9.00 - 9.30 a.m.

If you have a concern that you would like prayed about, ring Margaret on 9551 9494 Know Your Bible, 9.30 – 11.00 a.m. An interdenominational study for women of the Bible. For further information contact Jennifer on 0419 115 811

First Friday of each month

Indoor Carpet Bowls – 7.30 p.m. in the Church Hall followed by supper

Second and Fourth Thursdays of each month

Unleash the Music in You - 8.00 p.m. at the Church. For further information contact Bob Lorraine on 9589 4939 or 0418 998 714

#### EASTER SERVICES

**Good Friday** – 9.00 a.m. followed by cup of tea and hot cross buns

Easter Sunday – 10.00 a.m. followed by morning tea

#### ST. MARK'S CATHOLIC CHURCH

511 Lower Dandenong Road, Dingley Village 3172

*Office open Tuesdays 8:30am to 11:30am Phone / Fax: 9551 6930* 

**Baptism:** Bookings through the St. Joseph's Parish Office, Springvale (9547 4877). Baptisms will be held at St Joseph's



Springvale and St Mark's Dingley on al-

#### Some important dates for April

- 14th Palm Sunday
- 16th St Bernadette Soubirous of Lourdes
- 18th Holy Thursday
- 19th Good Friday
- 21st Easter Sunday
- 25th St Mark Evangelist
- 28th Divine Mercy Sunday
- 29th St Catherine of Siena Virgin & Doctor
- Holy Week Services at St Mark's:
- Holy Thursday: Mass at 7:00pm
- Good Friday: Stations of the Cross
- 11:00am followed by soup lunch
- The Passion service 3:00pm

Holy Saturday: Reconciliation 9.30 - 10.30am

Easter Vigil: Mass at 7:00pm

#### VILLAGE CHURCH DINGLEY

Church Office: 7–9 Fiveways Blvd., Keysborough. 3173 Note new Phone number: 8712 8254 Email: admin@villagechurch.org.au www.villagechurch.org.au Our Church program for APRIL is as follows:

EASTER SERVICES

**Good Friday,** 19th April – 9.00 a.m. Communion Service at the Dingley Village Neighbourhood Centre, 31 Marcus Road, Dingley Village.

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JOE NARDELLA 0409 532 877 Easter Sunday, 21st April – 10.00 a.m. Worship Service at the Dingley Village Neighbourhood Centre, 31 Marcus Road, Dingley Village.

#### SUNDAYS

10.00 a.m. Worship Service at the Dingley Village Neighbourhood Centre, 31 Marcus Road, Dingley Village.

\*Kids Church in the Dingley Village Neighbourhood Centre - 10.30am to 12 noon, children from birth to Grade 6.

MONTHLY LADIES AND MENS GROUPS:\* Homemakers – 1st Monday of each month, 1st April, 7.45pm, Dingley. \*Men's Group – 6-9pm. BBQ, fellowship and sharing. Tuesday 9th April, 7 Fiveways Boulevard.

**LIFE GROUPS:** \*Wednesday nights – Fortnightly 7-8.30pm, Dingley. 24th April.

Sunday nights – 1st and 3rd Sundays of the month 7-8.30pm. Keysborough. 7th and 21st April.

#### **PRAYER TIME:**

Weekly - Wednesdays 10-11am at church office. Tea/coffee afterwards.

Monthly – Saturday 20th April; 7-8am and 9-10am at church office.

BIBLE STUDY:

\*Women's -Precept Ministries study on



www.dingleychiropractic.com.au

Philippians. Fortnightly at the church office 10-11.30am.

\*Open – Wednesday 24th April on the Gospel of Luke. Fortnightly at church office 2pm. Return to Thursdays in May. \*Not held during school holidays.

#### WOMEN'S BREAKFAST – AD-VANCE NOTICE

Saturday 4th May 8-10am at the Salt Café, Heatherton Christian College, 316-322 Kingston Road, Clarinda. Guest speaker is Helen Hole. Cost \$25. Contact Faye Hardman 0409 400 106 for tickets and any questions. Bookings open Sunday 21st April and close Monday 29th April. All welcome.



#### KINGSTON CITY CHURCH

316-322 Kingston Road, Clarinda, 3169 (near Clayton & Boundary Roads intersection).

Ph: 8551 6600, Fax: 8551 6690. Web: www.kingstoncitychurch.com.au

Email: admin@kingstoncitychurch.com. au

Sunday Services: 10am Service has Children's Ministry

What: Celebrate Easter 2019

#### When: Good Friday, 19 April, 1 – 2 pm Where: Federation Square, Cnr Flinders St and St Kilda Rd, Melbourne

Celebrate Easter is a celebration of the finished work of the cross. Three churches from different denominations have come together to host this event in the heart of Melbourne and everyone is invited.

It is focused on the love of God shown to mankind through the death of His only Son, Jesus and His resurrection three days later.

The songs sung and the words spoken all highlight the good news of the gospel and the hope that Jesus provides.

The host churches are Kingston City Church, Enjoy church and Oaktree Anglican church.

The event is in its fifth year with around 2000 people attending each year.

For more information see www.celebrateeaster.com.au or contact Kingston City Church on 8551 6600.



#### CHRIST CHURCH DINGLEY

387 Old Dandenong Road, Dingley (at the roundabout)

Contact: admin@ccd.org.au or ring on 9551 7871

Web: www.ccd.org.au

SUNDAY SERVICES:

8:30am: Traditional Service in the Church.

10:30am: Contemporary Service in the Auditorium.

'Kingdom Kids' and 'Xplore'

(Children's Ministry during the 10.30 service)

#### HOLY WEEK

Maundy Thursday (18 April) 7pm Good Friday (19 April) 10am Easter Sunday (21 April) 8.30am and

#### 10.30am DINGLEY 'ROUNDABOUT OP-SHOP'

Open -Wednesdays 9.30am-4pm & Saturdays 9.30am -1.30pm

Donations of good quality clothing, books, toys, bric- brac can be brought during open hours. (We cannot accept electrical goods, furniture, bedding or child car seats, highchairs or strollers).

#### **COMING EVENTS at CCD**

'Art & Spirituality' Workshop - Exploring Identity and Community

A unique interactive and creative experience. Sunday 7 April 1-5pm. \$25

Register at admin@ccd.org.au or 95517871

Alpha -starts 30 April for seven Tues nights – a great way to learn about the Christian faith, make friends and have fun around a meal, DVD and discussion. Find out more at www.alpha.org.au Register @ 95517871 or admin@ccd.org.au Walk at Braeside Park- Every Monday 6-7pm, meeting at Car Park No 10 near sculptures.

**Pleasant Tuesday Communion Service** – 9 April, 2pm in the Church. Service includes Holy Communion and Favourite Hymns and Carols, followed by a sumptuous afternoon tea. Transport available on request: 9551 7871.

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Hours: Mon - Friday 9am to 9pm Sat and Sunday 10am to 4pm

Bruce Pham Telephone 95 Victorian prisons this Easter. Contact the office for instructions. Delivery by 7 April -nut free!

#### **REGULAR MINISTRIES**

**Healing Prayer Ministry** (Inner Healing) Alternate Mondays & Thursdays 9:30am or 11:30am (during school term) by appointment: 9551 7871

Healing Rooms (Physical Healing) Weds Mornings: 10:30am - 11.30am (Closes after 5 Dec, reopens 6 Feb 2019) Professional Christian Counselling Appointments: 9551 7871

**Medical Mission Aid Stall** First Sunday of every month, (7 April this month) 8am until 1pm (before and after morning services). Delightful Christmas gifts, beautiful homemade goods, new items, and yummy cakes, jams and relishes. Funding provides medical supplies to six hospitals in Tanzania, Kenya and Rwanda.

**Conversational English Classes** for Adult Students, Saturdays from 10am -12noon during School terms. Beginners to Advanced catered for.

#### For Youth and Young Adults:

Youth - every Friday (in school term) from 7:00pm. All Years 7-12 welcome! **Dare:** Tertiary students / Young Adults meet 7.30 pm Monday evenings.

#### THE SALVATION ARMY Kingston Gardens



Worship & Community Centre 13/12-16 Garden Boulevard, Dingley Village,

(03) 9558 2045 | Facebook: @KG Salvos www.thesalvationarmy.org.au/kingstongardens

Office Hours: Monday, Wednesday, Friday 8.30am – 3.00pm

#### FAMILY WORSHIP SERVICE

Sundays at 10.30am

12-16 Garden Blvd, Dingley Village A warm and relaxed service.

We welcome people of all ages, cultures and walks of life to come and join our faith community.

#### SPECIAL NEEDS MINISTRY

(1st Tuesday of every Month) 2nd April, 10am – 2pm

Friendship, Lunch, and activities for community members with special needs (and their carers).

For more details, contact the church office, send us a message on Facebook @KG Salvos or phone Steph on 0414 430 414.

#### WEDDINGS & FUNERALS

For enquiries please contact Steph on 0414 430 414 or email steph.glover@aus. salvationarmy.org

#### HIRE OF FACILITIES / SENSORY GARDEN

For enquiries please phone Steph on 0414 430 414 or email steph.glover@aus. salvationarmy.org



#### **KILLESTER COLLEGE**

At Killester College, in partnership with Monash University, we have innovated and reviewed the delivery of curriculum and wellbeing with particular focus on Years 7 and 9. Findings from the Year 7 project, where there has been a ten year emphasis on raising the bar and closing the gap in numeracy and literacy, show that a combination of teacher collaboration and building positive relationships with students, are having significant positive influences on improvement. At Year 9, a flexible learning space and grouping of classes together aims to:

- Place greater emphasis on thinking and the development of problem solving skills
- Embrace new developments in e-Learning and training students in how to access and use information
- Engage students through relevant and empowering learning
- Encourage and empower students to take more responsibility for their learning
- Prioritise academic rigour
- Deliver curriculum skills and content in a variety of ways
- Focus on student-centred learning that caters to all learners through differentiation
- Embed the use of digital technology as a tool for learning

At Killester College we are ensuring this forward thinking approach will prepare our students for life beyond the classroom for careers not yet invented.

#### **KINGSWOOD PRIMARY**

At Kingswood Primary School we have had a very busy first term full of events for every year level. These include swimming lessons, Secondary School tours, Interschool sports, Grip Student Leadership Conference, a visit from St Kilda Football Club and even a 'Meet and Greet' night for our Parents and Principal Class.

One of our school community highlights has been contributing to Clean Up Australia Day. On Friday 1st March, the whole school set out to pick up every piece of rubbish in and around our school yard. We were pleasantly surprised to find that we actually struggled to find much rubbish at all. Members of the school community also participated in the official Clean Up Australia Day on Sunday 3rd March at Braeside Park. Many families and staff members turned up, despite the heat, to donate their time to cleaning up the park. After two hours of non-stop rubbish collection, we all celebrated our massive haul of over 30 big hessian bags of rubbish.



On Friday the 15th of March, Kingswood's Early Act Club, Student Representative Council, School Leaders and the Wellbeing committee organised a SMILES FOR MILES fundraiser, to raise money for Drought Affected Kids. Students decorated a smile and then lined up with their smiles to create a long line of colourful smiles around the school.

With only a few weeks left until the end of Term 1, we still have many things to look forward to including a Family Fun Night which has been organised by our Parent Club, the Year 5&6 Summer Sports Gala, Harmony day and science incursions for our Junior Students.





#### ST MARK'S PRIMARY SCHOOL

#### **Staff Professional Development**

This year the staff have begun professional development focussing on reviewing our guided meditation and mindfulness, Growth Mindset and the Habits of Mind. The staff are also participating in a two year project focussed on problem solving with the Mathematical Association of Victoria and Melbourne University.

#### 2019 School Leaders (Above)

School Leader - Caroline Mead &Harrison McCawley

Kolbe House Leader - Eva Jeanne & Harper Quinn

Claire House Leader - Chloe Shinkfield & Alex Kham

Francis House Leader - Jessica Smith & Ollie

Brigid House Leader -Manya Anantha-Kumar & Noah Mina

Sport House Leader - Jessica Haydon, Maddie Rabaut, Daniel Semmens & Michael Bose

Social Justice Leader - Kara Scott, Emilia Drozdz, Patrick Hibberd & Jude Davies Technology Leader - Kara DiMascolo & Bianca Mojaled

Buddies Leader - Alex Escudier & Grace Robins Environment / Sustainability Leader -Andrew Witchell, Tony Bui & Dante Sedita

Performing Arts Leader - Olivia Aplidjotis, Leah Royal, Caitlin Evans & Piper D'Rozario

#### Stephanie Alexander Garden Kitchen

Another successful start for our Stephanie Alexander Kitchen Garden Program for Years 3/4 with Ms Holly Donald. Tuesday morning begins with the students learning in our garden through planting and harvesting produce ready to use in preparing and cooking then sitting down to share the meal.

It's amazing the enjoyment that happens when the students take ownership of their cooking, and realise how much enjoyment comes with sharing it all together!

#### Welcome Picnic

A big thank you to everyone who came along to the Welcome School Picnic on Friday 1st March. Although the weather was hot, it was still a good night and everyone had fun! The kids had a great time with the various sports activities whilst local vocalist Kate Johnston provided some great tunes for all to enjoy. We would like to thank the following sports and their organisers for coming on the night and providing activities:

Gary Hannah from Sport Star Academy (Soccer)

Kirsten O'Callaghan from Dingley Baseball Club (Baseball)

Ollie and Josh from Shedlock Training Systems (Gym)

Mike from Moorabbin Rams Football Club (Rugby)

Annie Turner from YMCA at Springers Leisure Centre (Basketball)

Harrison from Sporty Stars (AFL footy) Also a big thank-you to all the PA

committee members and parents who helped organise the night including setting up, cooking the BBQ and serving the food. Your help is greatly appreciated.

#### **Swimming Sports**

On Wednesday 6th March 26 children represented St Mark's Primary School in the Interschool District Swimming carnival. While it was a cold day all the children tried their very best and produced some wonderful results. Overall our school placed 7th out of 11 school. This was an amazing result consider the number of children competing on the day.

Foundation (Prep) 2020 school tours are now being conducted. Below are the times for the tours. Please ring the office on 9551 1150 to book a tour.

- Mon 25th March 9:15am -10:15am
- Monday 1st April 9:15am 10:15am
- Thursday 4th April 9:15am -10:15am
- Tuesday 30th April 9:15am -10:15am
- Friday 3rd May 9:15am -10:15am
- Thursday 9th May 9:15am -10:15am
- Tuesday 14th may 9:15am -10:15am
- Wednesday 15th May 7pm -8pm



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We appreciate contributions from the community. Please contact us for details.

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