



# The DINGLEY DOSSIER

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## DONATELIFE WEEK

29 JULY - 5 AUGUST

This August, if you haven't already done so, register to be an organ donor and discuss your donation decision with your family. Each and every person in Australia has a chance to make a real difference in the life of someone who is waiting for an organ or tissue transplant.

In 2017, 1,402 Australians received a lifesaving transplant through the generosity of 510 deceased organ donors and their families who agreed to a donation at the time of their loved one's death. One organ and tissue donor can save and transform the lives of ten or more people.

If you want your family to honour your decision, then they need to know. You also need to know your family's donation decisions so you can fulfil their wishes.

Registering to be a donor directly influences consent rates, with 90 per cent of families agreeing to donation proceeding when their loved one is registered. This drops to 40 per cent when the family is unaware of their loved one's donation decision. Knowing what their loved one wanted brings comfort to families at a very difficult time.

### ORGAN DONATION MYTHS

#### **Organ donation is against my religion.**

Most religions support organ and tissue donation as an act of compassion and generosity. Religious leaders from the Islamic, Hindu, Catholic, Jewish Buddhist and Greek Orthodox faiths have all acknowledged their support for donation. If you are not sure whether your religion



is supportive, speak to your religious adviser. You can also visit [www.donatelife.gov.au](http://www.donatelife.gov.au) to find information on organ and tissue donation for people of a diverse range of faith, cultural and language backgrounds.

#### **I'm too old, too young or not healthy enough to donate.**

Almost anyone can donate their organs and tissue. While your age and medical history will be considered, you shouldn't assume you are too old, too young or not healthy enough. There's every chance that some of your organs and tissues will be suitable for donation. Only some medical conditions may prevent you from being a donor, such as transmissible diseases like HIV.

#### **My family won't be able to view my body.**

Yes, they will. The removal of organs and tissue is no different from any other surgical operation, and is performed by highly skilled health professionals. The donor's body is always treated with dignity and respect. The donation of organs and tissue does not alter the physical appearance of the body, and your family will be able to view your body and have an open casket if they wish.

#### **I've already registered. I don't need to tell my family.**

You do need to discuss your decision with your family and friends, even if you have registered on the Australian Organ Donor Register.

Donation won't proceed without your family's consent. Families are less likely to give consent for donation if they do not know the donation decision of the deceased. That's why every family is encouraged to discuss and know each other's decision.

If you are willing to one day save lives as an organ and tissue donor, please register your donation decision online today at <https://register.donatelife.gov.au/>

It only takes a minute or two, all you need is your Medicare Card number.

If you previously recorded a donation decision on your state driver's licence, you still need to join the Australian Organ Donor Register.

## LIVING IN DINGLEY VILLAGE

### IMPORTANT NUMBERS

City of Kingston:  
**1300 653 356**

Emergency: **000**

Lifeline: **13 11 14**  
SES: **13 25 00**

Poisons Info: **13 11 26**

Nurse on Call:  
**1800 022 222**

National Security:  
**1800 123 400**

Cheltenham Police  
Station:  
**9583 9767**

MensLine:  
**1300 789 978**

WIRE

(Women's Information and Referral  
Exchange):

**1300 134 130**

1800Respect

**1800 737 732**

Tip Smells & Dust:  
EPA **1300 372 842**

Cleanaway  
**1800 213 753**

Aircraft Noise:  
**1800 802 584**

Neighbourhood Centre  
**9558 1866**

Community Association  
**9551 5442**

Men's Shed  
**9551 5892**

VicRoads Faults and  
Hazards:  
**13 11 70**

RSPCA

**9224 2222**

# COMMUNITY

## BIODEGRADABLE WASTE BAGS FOR DOG WALKERS

You can pick up Free 'Green Doggy Waste Bags' from the Neighbourhood Centre and after use you can pop them into your red lidded garbage bin.

These bags are provided by City of Kingston to help dog owners keep our parks and streets clean.



## DINGLEY SCOUTS GROUP

Mondays: Joeys (5 – 8 years of age): 5.00pm – 6.00pm

Cubs (8 – 11 years of age): 7.00pm-8.30pm

Tuesdays: Rovers (18-26 years of age): 8.00pm – late

Fridays: Scouts (11 -14 years of age): 7.30pm-9.30pm

Scout Hall 65 Centre Dandenong Road, Dingley Village



### Dingley Scout Group celebrated a range of achievements recently.

We invited several members of the community to attend our celebrations. We had Joeys move up to Cubs, and we had Cubs graduate to Scouts.

Our Cubs section ran the evening and held some fun games, which we all enjoyed.

Ben, Leila and Shea were awarded their Grey Wolf certificates. The Grey

Wolf is the highest achievement of the Cub Scout section and there are a number of requirements involved in earning this big achievement.

Coming up this term our group will be visiting many buildings as part of Melbourne Open House. Plus, our scouts attending Jamboree will be doing a few more fundraising activities.

For further information please email: [gl.dingley@scoutsvictoria.com.au](mailto:gl.dingley@scoutsvictoria.com.au) or phone/text 0402 489 773

## FARMERS' MARKET: ALL WEATHER ALL YEAR

YES, the Dingley Village Farmers' Market still runs over the winter months and all our regular stallholders are in attendance, so don't forget to pop in to Marcus Rd Reserve on Saturday 18th August to pick up your special goodies.

## DINGLEY VILLAGE NEIGHBOURHOOD CENTRE AGM

Tuesday 28th August 2018 @ 8am, Dingley Village Neighbourhood Centre, 31B Marcus Road, light breakfast provided. RSVP 9558 1866 or [admin@dvnc.com.au](mailto:admin@dvnc.com.au) by 22nd August.

## THE SINGLE USE SUPERMARKET BAGS IS NO MORE

Boomerang Bags for Dingley Village is a small group of volunteers creating reusable shopping bags from recycled and donated materials. There are three Sewing groups one on the 2nd and 3rd



Tuesday of the month at the Dingley Village Neighbourhood Centre and the second held at the Dingley Scout Hall on the 4th Saturday of the month. The 3rd Tuesday is going to be preparation day – no sewing just cutting out, ironing and screen printing. No skills are required. We need more volunteers to assist in the community project of creating reusable bags. The bags are distributed at the Dingley Village Farmers Market.

We would like to thank everyone who has responded to our plea for sewing material donations including doona covers, sheets or table cloths and still need lots more to keep up supplies to make new bags. On Tuesday we welcomed Isabella, Catherine and Trill to our sewing group, but we need lots more many hand make light work. If you would like to participate in any way please contact us and we will be willing to chat and answer any questions.

Saturday - Tiffany McDonald 0425 222 089. Tuesday - Debbie 9551 6521 or Helen 9551 1658.

## BROADBENT DANCE ACADEMY STUDENTS – 5 STATE CHAMPIONS!

The Broadbent Dance Academy is the local dance school here in Dingley and we have been running for 42 years, teaching ballet, jazz, tap, hip hop, acrobatics, contemporary, lyrical and musical theatre. Recently some of the solo students of our Academy competed in the State A.T.O.D. Competitions. These were held in ballet, jazz, tap and hip-hop, in sub-junior, junior, intermediate and senior. Competing against students from all over Victoria,

we had five students receive 1st place in their category, which was our best result ever in the history of the competitions.

State Champions for 2018 are:

Sienna DeForest – Sub-junior Ballet  
 Chelsea Armstrong – Sub-junior Hip Hop  
 Mikayla Mildern – Intermediate Tap  
 Tahlia Hansen – Senior Ballet  
 Matisse Kosmas – Senior Hip Hop

The first four place getters in each section earn the right to go onto the Nationals to compete against the winners from Qld, NSW, WA, and SA, which are being held in Melbourne on the 27th – 29th July. We wish them all the best along with some of our other students that received minor placings to qualify through:

Ballet: Junior – Erica Kitney  
 Jazz: Sub-junior – Jack Harris, Amelia Lea; Senior – Matisse Kosmas, Elana Kosmas

Tap: Senior – Maya Fee  
 Hip Hop: Sub-junior – Lexie Connell, Jack Harris; Junior – Isabella Fidanza, Tessa Armstrong, Taylah Harris; Intermediate – Tahlia Hansen, Tiffany Smith; Senior – Maya Fee, Elana Kosmas  
 David Atkins Award : Tara Presnell, George Presnell

Well done everyone and good luck for the Nationals!

We are also currently preparing a group of 28 dancers to travel to Los Angeles, USA, in September this year to perform. We will follow up with a report on this wonderful experience upon our return!



# Curious Minds

**Curiosity.** The defining trait of the world's brightest thinkers and innovators.

For children to succeed in this complex world, we must nurture their **curious minds**.

Haileybury is the **No. 1 Ranked** co-education primary school in Victoria. Our NAPLAN results are outstanding and our **Parallel Education** model is acclaimed.

Our strategy? Enhance **children's curiosity**. Surround them with the **very best teachers**. Keep classes small. And, ensure **academic results** are the nation's best.

**Yes, an Australian education success story !**



**HAILEYBURY**  
 KEYSBOROUGH BRIGHTON BERWICK CITY DARWIN BEIJING

CM253793

# VILLAGE REFLECTIONS



Dingley Village  
Historical Society

- Settled 1855 -

WHERE DO YOU LIVE? Thomas Attenborough and his sister Mary arrived in the Port Phillip colony in July 1853 and within three years they had purchased 170 acres of bushland from Patrick Riley for 280 pounds.

They then built a home, erected fences, grew vegetables and stocked the property with cattle and sheep. Thomas and Mary named their house "Dingley Grange" after Dingley Hall, which exists in Dingley in his native Northamptonshire, England. The surrounding area then became known as Dingley

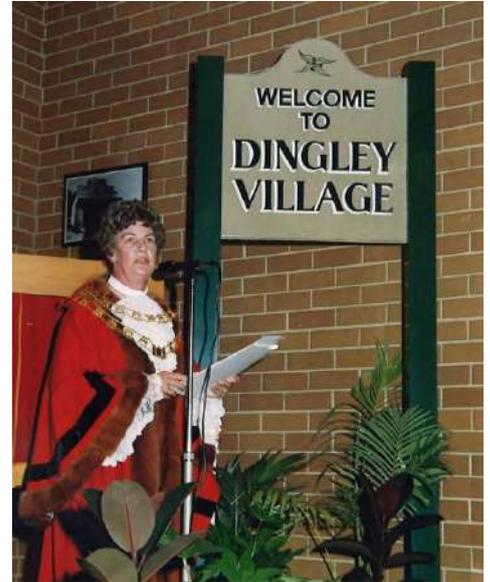
In 1989 a local committee was formed to "let's put the Village back into Dingley", with a major project being the gaining of official approval to change the name Dingley to Dingley Village. The secretary of the Place Names Committee asked for evidence of community

support for such a change. The "let's put the Village back into Dingley", committee proceeded to gather evidence to support its proposal and 482 individuals signed the petition for the change of name.

On August 26, 1991, the Victorian Governments Place-names Committee confirmed by notice in the Government Gazette that the new name for Dingley was to be Dingley Village. A weekend of celebrations was held to mark the success of "Goodbye Dingley, Hello Dingley Village".

The name "Dingley Village" is now firmly entrenched in the community with most people giving it little thought.

The authorities at local and state government level know that you live in Dingley Village-----do you??



*Springvale Mayor Councillor Joan Sheen at official name change ceremony*

## MARK DREYFUS QC MP Federal Member for Isaacs



Dear residents of Dingley Village,

You may have heard that the electoral boundaries for Victoria have changed - I am very excited to welcome Dingley Village to the Isaacs electorate.

I will be doorknocking, holding street and market stalls and meeting with Dingley Village schools, sporting clubs and community groups over the coming months.

Already I've held several street stalls and local residents have raised with me concerns about the bungled NBN rollout, schooling options and development in Dingley Village.

I'm here to deliver for Dingley. If there's anything you'd like to discuss, please have a chat to me next time you see me in Dingley Village, or please call my office on 9580 4651.

I'd love to have a chat.

Yours sincerely,

Mark Dreyfus



/markdreyfus E: mark.dreyfus.mp@aph.gov.au

# Ready for Retirement?

**RayWhite**<sup>®</sup>

Dingley Village is a wonderful place to raise a family, and more people are downsizing & retiring in Dingley Village. Did you know 34% of people who live in Dingley Village are aged over 55 and 20% percent are over 65.

Are you thinking of the next step and downsizing, or are you planning your retirement?

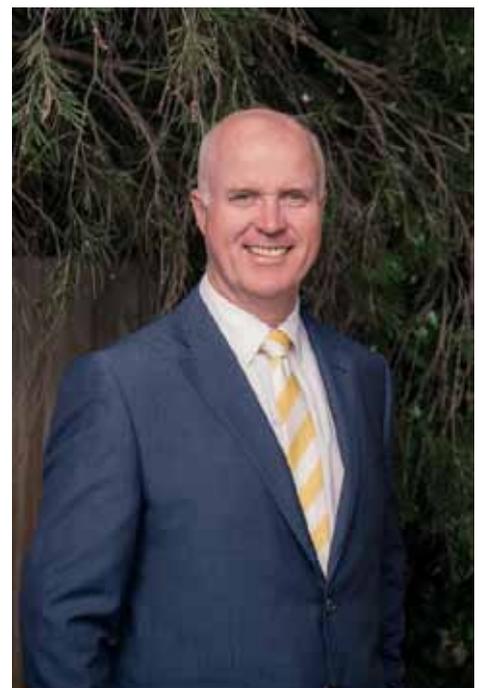
Mark Kenny is the retirement specialist in the Dingley Village area. Mark will be able to guide you with facts regarding a move to a retirement community.

As the preferred expert for Greenwood Village Mews, Mark is more than willing to help answer your questions about retirement, downsizing and even investing for your future.

**Mark Kenny**

0432 799 725

[Mark.kenny@raywhite.com](mailto:Mark.kenny@raywhite.com)



# DINGLEY VILLAGE COMMUNITY ASSOCIATION

## DVCA ANNUAL GENERAL MEETING

The DVCA Annual General Meeting will be held on Tuesday 11th September 2018 at 7.30pm at the Community Centre, Marcus Road Dingley Village. Rev. Wayne Walters, Christ Church Dingley Village will be speaking on "Serving Your Community". All residents of Dingley Village are welcome to attend, so come along & see what we do.

## IT'S CRUNCH TIME - KINGSWOOD GOLF COURSE

Our final chance to SAVE DINGLEY VILLAGE from rampant over development of the Kingswood Golf Course is NOW!!

The formal exhibition period for the Planning Scheme Amendment started on 19th July and is open for comment for 6 weeks.

Kingston Council will send a letter to all owners and occupiers in Dingley Village, notifying us of the date by which comments/ submissions must to be lodged.

### WHAT CAN YOU DO?

**When you receive the Council letter - Please Send in Your Objection.**

A sample objection letter is included in this Dossier issue. If you have not already filled out an objection letter, please do so, sign and;

- post to Kingston Council,
- or leave in the collection boxes at the Neighbourhood Centre, 31B Marcus Rd.
- or leave at Michael Benjamin's Law Office 117 Centre Dandenong Rd.

**If we all object, we can stop this disaster ruining the quality of life in our unique village.**

If a large number of residents of Dingley Village and other concerned people say NO, the Council will withdraw the request and ask the Minister NOT to approve any change.

Do not leave it up to your neighbour or the people down the street to lodge an objection. Tell your friends and neighbours to be sure to object. Apathy will ensure we get swamped with a high rise slum and a traffic nightmare.

**YOUR OBJECTION IS VITAL - IT IS ALL ABOUT NUMBERS.** (e.g., 890 residents managed to stop the over-development of the old Mentone Hotel site). If you don't object now, please don't complain when our Village is turned into a traffic snarled, high rise Ghetto with overcrowded schools and facilities!

**This is our FINAL chance to have a say in stopping this damaging project.**

If you need more copies of the sample objection letter, please photocopy the letter or collect spare copies from the Neighbourhood Centre or Michael Benjamin's office. Everyone over 10 years old can object. (whether they live in Dingley Village or not).

## RETIREMENT LIVING OPEN DAY

10.30am, Friday 10th August 2018  
**Baldwin Living Spring Gardens**  
387-421 Spring Road, Dingley Village

Come along to our Open Day and enjoy a Complimentary Devonshire Tea.

- Information presentation on "Living at Spring Gardens"
- Village Tours • Lucky Door Prize

Please RSVP to Maria on:  
(03) 8558 1654 by Wednesday 8th August.

Two Bedroom Retirement Villas from \$695,000\*

- boutique, friendly village • spacious homes
- excellent village facilities
- indoor heated swimming pool
- close to shops, transport and golf course
- 24-hour emergency call system



## Devonshire Tea & Open Day



387-421 Spring Rd, Dingley Village  
Tel: (03) 8558 1654  
[www.melbourne.baldwinliving.com.au](http://www.melbourne.baldwinliving.com.au)

It is not in anyone's interest (except the developer) for this development proposal to proceed. Planning decisions should be about improving our lives NOT about making them more difficult and stressful. **THIS IS OUR FINAL CHANCE TO BE HEARD - SO LET'S STOP THIS DEVELOPMENT AND SAVE THE TREES, BIRDS AND WILDLIFE IN THIS SIGNIFICANT OPEN SPACE FOR DINGLEY VILLAGE.**

### FEDERAL ELECTORATE CHANGE - DINGLEY VILLAGE

The recently completed 2018 Redistribution of Federal Electorates has changed electorate boundaries across Melbourne and Victoria. Consequently, due to boundary changes between Hotham and Isaacs electorates, Dingley Village is now located in the Federal Electorate of Isaacs.

### What does this mean for Dingley Village?

Dingley Village will now be represented in Federal Parliament by the Member for Isaacs, Hon Mark Dreyfus QC MP. Hon Clare O'Neill, the Federal Member for Hotham will no longer be our Federal representative.

DVCA would like to sincerely thank Clare O'Neill for the support she has shown Dingley Village, particularly her public endorsement of action to the problems caused by Moorabbin airport and the proposed overdevelopment of Kingswood Golf Course in Dingley Village. She has been an excellent example of how a politician should serve their electorate.

DVCA looks forward to our new Isaacs Federal Representative, Mark Dreyfus, continuing the hard work on behalf of the Dingley Village community.

### Facebook

The DVCA is now on Facebook and you can find us at; <https://www.facebook.com/Dingley-Village-Community-Association-183239365820388/>

### DVCA Membership

Open to all residents who genuinely care about our Village. Meetings are held in the Community Centre, Marcus Rd Dingley Village 2nd Tuesday each month (except Dec. & Jan.) at 7.30pm and new members are most welcome to attend. PLEASE CONSIDER JOINING the DVCA and make a constructive difference in our community.

### DVCA Contact Details

Please contact the Chairman on 9551 5442, 2 Mungari St Dingley Village, or e-mail. [david@lidam.net](mailto:david@lidam.net)



**Wendy Thomas Podiatrist**  
 General Foot Care  
 Sports and Fitness  
 Orthotics 3D Scanner  
 Kid's Feet  
 Diabetes  
 110 Centre Dandenong Rd  
 Dingley Village **9558 2155**  
 Book online at  
[dynamicfootclinic.com.au](http://dynamicfootclinic.com.au)

**VIRTUAL GASTRIC BAND HYPNOSIS**  
 Take back control  
 Be your ideal healthy weight  
 Enjoy eating well  
 Look good, feel great  
**BECAUSE NOTHING TASTES AS GOOD AS SLIM FEELS**  
 Kerry Strachan B.Ed., Dip Clinical Hypnotherapy  
 Ph 9558 1436  
 118 Centre D'nong Road, Dingley

**DINGLEY VILLAGE BATHROOM REVIVAL**  
 Complete service including:  
 Plumbing • Tiling • Carpentry  
 • Electrical • Plastering  
 All work Guaranteed  
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- Very competitive bar prices
- Great staff and fun golf activities
- 34 undercover flood lit bays & 6 outdoor
- Tournament class putting green (no charge)
- Individual chipping and bunker greens
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- 5 PGA Professional Coaches
- Open 8am-10pm daily (excluding Monday 10am-10pm)



**MELBOURNE GOLF ACADEMY**  
 385 CENTRE DANDENONG ROAD  
 HEATHERTON, VICTORIA, 3202

Please contact us on 03 9558 3477,  
 or visit [www.mgagolf.com.au](http://www.mgagolf.com.au)

# THINK LOCAL FIRST

Locally owned businesses have more than an economic benefit for our community and as part of our Think Local First campaign we want to highlight their stories. 'Support the local businesses that have made a commitment to Dingley Village'

## THE DUGUID PLUMBING & TILING DYNASTY

Having been raised in the Village, two young tradies are now establishing their own businesses.

The Duguid cousins, Greg (GJD Plumbing) and Cameron (Pro Notch Tiling P/L), have spent the vast majority of their lives in and around the Dingley Village area. Although running separate businesses, they often work together on joint projects such as bathroom renovations and are well qualified to service the community's needs in their respective trades.

Cameron attended Kingswood Primary and then Cheltenham Secondary College, where in 2009 he completed his VCE year, which included gaining a Certificate II in Hospitality Operations. He had thoughts at that stage to become a chef.

That thought soon changed when several of his friends started trade apprenticeships and together they had dreams of a renovation business but what skills would Cameron bring to the group of friends? Somehow, floor and wall tiling entered his head so he undertook a pre-apprenticeship course at Holmes-glen TAFE to see if he was suited to it. Turns out he was, so much so that he was awarded Best Pre-Apprentice for tiling by the Master Builders Association! He started an apprenticeship in June 2011, learning on the job around the south-eastern suburbs. Although the apprenticeship course is usually for four years, his competency was acknowledged after two years and in November 2013, he started out on his own as a qualified tiler. He has formed strong associations



with several builders and local tile retail stores and mainly from word of mouth recommendations is establishing a successful business.

During his teenage years and then while an apprentice he worked on a casual basis at the now Dingley Village Woolworths and also delivered the Dossier as a schoolboy, but passed that on to his father Tom who still carries out that role.

Cameron is currently living in a Dingley residence that he and his mates are renovating when time permits.

Greg attended Dingley Primary School and then Parkdale Secondary College. At the end of Year 10, he left school to follow in his father's footsteps to become a plumber.

Greg did his apprenticeship with his father Colin, a Dingley Village resident for thirty-two years, and then continued in his employ for a further twelve years, working together on large architectural projects as well as general household plumbing.

Following his father's retirement two years ago, Greg took over and became his own boss, concentrating on local general

plumbing and bathroom renovations. He is married with two young sons.

Greg and Cameron are available to discuss your tradie queries, whether it be a small repair job or a large renovation that they can project manage in conjunction with other local, qualified tradesmen.



## BROADBENT DANCE ACADEMY

A born and bred Dingley Villager is local business woman Marnie Armstrong, owner of Broadbent Dance Academy.

Broadbent Dance Academy is a dance school in Dingley Village opened in 1976 as the Pam Broadbent School of Dance by Marnie's mother. A successful dancer herself, Pam developed the school, not only as a result of her love for the art of dance, but to impart some of her knowledge and experience to others.

Having been a student at the school since the age of three, Marnie (Broadbent) Armstrong joined Pam as a teacher of the school, after successfully completing her required teaching qualifications. In 1994, Marnie and Pam formed a partnership and the Pam Broadbent School of Dance was to become known as the Broadbent Dance Academy.

Broadbent Dance Academy's long term success now sees past students bringing their children to the academy to learn to dance, plus check out information about the Academy's recent success in our Community article

Marnie is a local girl through and through and now raises her children in the village she grew up in. The Broadbent Dance Academy supports local kinders and schools through vouchers for raffles and auctions as well as performs annually at all local school fetes. Marnie endeavours to employ and shop locally with many of the dance teachers, past students of the Dance Academy.

Is your child a budding dancer? Then contact Broadbent Dance Academy.

**DUGUID**

## Plumbing & Tiling

**Your local qualified tradies**  
For all Plumbing jobs-  
**Greg (0409 962879)**  
**Colin (0408 537914)**  
For Floor & Wall Tiling -  
**Cameron (0405 294342)**  
Quality assured – Free quotes

**BROADBENT DANCE ACADEMY**

2 Plane Tree Avenue  
Dingley Village  
Principal : Marnie Armstrong

- Brand New Studios – October 2014 – 3 studios with sprung floors, mirrors, barres, change rooms
- Classes in Classical Ballet, Jazz, Tap, Hip Hop, Acrobatics, Solos & Troupes
- Open to all ages – Beginners to Advanced
- Specially designed pre-school program
- Offering exams in A.T.O.D. Ltd. syllabus, competition work, concert performances, overseas trips
- Qualified teachers conducting all classes

For more information contact:  
Marnie - 0411 024 438  
marnie@broadbentdance.com.au  
or visit [www.broadbentdance.com.au](http://www.broadbentdance.com.au)

# **Save Kingswood Central Park from Destruction**

**Save Kingswood Group Inc August 2018 URGENT UPDATE**

***“You’re the Voice try and understand it.  
Make the noise and make it clear.”***

***Say No Rezoning, Say No Subdivision, Say No Over-development.***

By now you may know that State Planning Minister Wynne has authorised public exhibition of the rezoning plans for Kingswood Golf Course from the 19th July for a period of 6 weeks.

Kingston Council tell us that the zoning “Amendment, planning permit and supporting information for the proposal and details on how to lodge a submission will be available on the Department's website, our website, Cheltenham office, and Dingley Library during this time. A mail out to Dingley residents and landowners notifying them of the combined Amendment and Permit will also occur along with other media communication.” We understand however that the plans are substantially unchanged from previous displays.

***“We’re Not Going To Sit In Silence !  
We're Not Gonna Live With Fear !”***

You must have heard of all the downgrades Dingley Village will have to endure if this horrendous plan is approved. We want the land to remain open space for public recreational use, not bulldozed and built out wall to wall with three storey flats on lots a third the size of current Dingley Village lots.

Despite overwhelming rejection of the developer's plan by Dingley Village residents, your Council officers have been working with the developers to find a way to satisfy statutory requirements and therefore gain the Minister's approval to trash Dingley Village by this massive over-development.

***“Tell ‘em they are dreaming.”  
They are not getting our “Castle”***

It’s now over to you to make sure that Dingley Village is not taken advantage of just to line the pockets of the “build and run” brigade. We had nothing to do with the developer’s financial decisions and we will not wear this disastrous project just to save their project.

The previous golf club board betrayed its members by flooding membership with Frankston members then taking a vote to sell. We won't allow them to betray the whole of Dingley Village just for the sake of profits.

**You must convince the Minister by weight of numbers that Dingley Villagers reject this plan.**

***“This time, we know we all can stand together  
With the power to be powerful  
Believing we can make it better.”***

**Attend Our Public Meeting**

***Come to the public meeting Save Kingswood Group has called for 7pm on Tuesday the 14<sup>th</sup> August 2018 at the Southern Golf Club, corner of Lower Dandenong Rd and Springvale Rd and be prepared to volunteer to doorknock your street gathering objection forms.***

***See the full version of this article printed on the flyer inserted in the August Dossier.***

***It has all the details of action you must take NOW to save Dingley Village.***

***You will also find inserted a blank objection form for you to copy and use among your friends and family.***

***Or print a blank form from [www.aaa1.biz/save.html](http://www.aaa1.biz/save.html)***

Facebook.Save Kingswood Golf Course (Dingley) Web.[www.savedingley.com](http://www.savedingley.com) Email.[savedingley@gmail.com](mailto:savedingley@gmail.com)

**Save Kingswood Group Inc**

Thanks To John Farnham and Darryl Kerrigan



# OUR COUNCIL

## SUPPORTING OUR COMMUNITY THANKS TO THE KINGSTON CHARITABLE FUND GRANTS

The Kingston Charitable Fund is pouring \$32,000 back into nine worthy local groups to help them continue their good work in the community. Emergency food services, a life saving club, support services for new mothers and local charities will all be given much-needed funding thanks to the annual grants program.

Kingston Mayor Steve Staikos said the Kingston Charitable Fund had given out more than \$500,000 to local groups since its launch in 2007. "Local community groups play an important role in strengthening the Kingston community and helping the disadvantaged," Cr Staikos said. "Kingston Council, through the Kingston Charitable Fund, is pleased and proud to support them to continue their good work."

### The 2018 Kingston Charitable Fund grant recipients are:

**Abbeyfield Society Dingley Village Inc.** - \$1,499 to purchase a steam cleaner for Abbeyfield House Dingley Village. The appliance will be used by staff for carpets, upholstery and general cleaning. Melbourne Anglican Benevolent Society Inc. - \$5,000 to support the cost of food distributed to guests of Pantry 5000 and the provision of Christmas hampers to families in need..

**Make A Difference Dingley Village Inc.** - \$7,000 to assist clients with the cost of utility bills according to the urgency of the situation.

**Springvale Benevolent Society Inc.** - \$2,000 to offer hampers and vouchers to disadvantaged residents during the Christmas period.

**Bonbeach Life Saving Club Inc.** - \$5,227 to purchase four new rescue boards for the Bonbeach Life Saving Club.

**Lighthouse Foundation** - \$2,500 to maintain and grow the Bonbeach House Community Committee through recruitment, education and training.

**Bayside Community Information And Support Service Inc.** - \$2,000 to produce and maintain 'Homeless packs' specifically for supporting this people identifying as homeless or at risk of homelessness.

**St Kilda Mums** - \$3,600 to support disadvantaged families in the City of Kingston with the purchase of prams, cot packages and car restraints.

**Mums Supporting Families In Need Inc.** - \$3,600 to contribute towards warehouse rental where donated items are received, sorted, cleaned, fixed, packed and despatched to families in need.

The Kingston Charitable Fund raises money from local business and philan-

thropic communities in the municipality, which is then invested and the annual income earned is distributed back to the community in the form of grants. It is a charitable fund account of the Lord Mayor's Charitable Foundation, which has been inspiring philanthropy since 1923.

## NEW PUBLIC TOILET FACILITIES OPENED

New public toilet facilities have opened in Dingley Village and Clayton to serve the community when they are out and about.

Mayor Steve Staikos said new toilets have been completed at Dingley Reserve and Bald Hill Park in Clayton.

"Public toilet facilities provide a vital community service and allow people of all ages – particularly the elderly, parents with young children and people with medical conditions – to get out and about with access to modern conveniences," Cr Staikos said.

"Kingston Council invests \$450,000 annually on upgrading/replacing public toilet facilities in addition to the significant costs on cleaning and regular maintenance."

Council has set out a 10-year action plan to ensure public toilets across Kingston are strategically located, provided free-of-charge and improved or replaced where necessary.

The new strategy was adopted in 2016 following extensive consultation with community groups and a public survey with over 400 responses.

It identified priority public toilets for major works over the next 10 years.



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Cash Out facility is now available at the Neighbourhood Centre office during the market, if you require extra cash for shopping

Boomerang Bags will once again be onsite supplying recyclable shopping bags.

If you are attending the market, parking is FREE, and the parking attendants from the Dingley Village Men's Shed will assist you with parking? Very handy for getting your shopping back to your car.

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"My absolute favourite market! Best veggies and spuds in town, delish homemade gnocchi, gorgeous sweets and mouth watering pancakes. Love it!"

"Such a wonderful little market. The quality & range is fabulous & the stall holders are happy & helpful!"



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# DOLLARS & SENSE



By  
Michael  
Ryan

## SUPER IN YOUR 60S. IT'S STILL NOT TOO LATE!

For most Australians, their 60s is the decade that marks retirement. For some this means a graceful slide into a fulfilling life of leisure, enjoying the fruits of a lifetime of hard work. However, for many it means a substantial drop in income and living standards. So how can you make the most of the last few years of work before taking that big step into retirement?

### Are we there yet?

Allowing for future age pension entitlement the Association of Superannuation Funds of Australia (ASFA) calculates that a couple will need savings of \$640,000 at retirement to maintain a 'comfortable lifestyle'. (ASFA equates 'comfortable' to an annual income of \$60,264.)

### How are we tracking as a nation?

In 2015-2016, 50% of men aged 60-64 had super balances of less than \$110,000. For women the figure was a more alarming \$36,000 – not even enough to provide a single person with a 'modest' lifestyle. (ASFA estimates that to upgrade from a 'pension only' to a 'modest' lifestyle would require a retirement nest egg of \$70,000.)

### Last minute lift

If your super is looking a little on the thin side there are a few ways to give it a boost before retirement.

- Make the most of your concessional contributions cap. Ask your employer if you can increase your employer contributions under a 'salary sacrifice' arrangement. Alternatively, you can claim a tax deduction for personal contributions you make. Total concessional contributions must not exceed \$25,000 per year, although from July 2018 you may be able to carry forward any unused portion of this cap for up to five years.
- Investigate the benefits of a 'transition to retirement' (TTR) income stream. This can be combined with a re-contribution strategy that, depending on your marginal tax rate, can give your retirement savings a significant boost.
- Review your investment strategy. A common view is that as we near retirement our investments should be shifted to the conservative end of the risk and return spectrum. However, in an age of low returns and longer life expectancies, some growth assets may be required to provide the returns that will be necessary to support a long and comfortable retirement.
- Make non-concessional contributions. If you have substantial funds outside of super, it may be worthwhile transferring them into the concessional tax super environment. You can contribute up to \$100,000 per year, or \$300,000

within a three-year period. A work test applies if you are over 65.

- The 60s is often a time for home downsizing. This can free up some cash to help with retirement. The 'downsizer contribution' allows a couple to jointly contribute up to \$600,000 to superannuation without it counting towards their non-concessional contributions caps.

### Bye-bye tax, hello aged pension?

One reward, just for turning 60, is that any withdrawals from your super account will be tax-free. This applies to both lump sum withdrawals and income stream payments. Depending on the preservation status of your funds, you may need to meet a condition of release to access your superannuation.

Based on your date of birth, somewhere between age 65 and 67 you will reach age pension age. The age pension is subject to both an assets test and an income test and some advanced planning can boost your eligibility for the pension. For example, the family home is exempt from the assets test. Releasing cash by downsizing may reduce your eligibility for the age pension.

### Get it right

This important decade is when you will make the key decisions that will determine your quality of life in retirement. Those decisions are both numerous and complex. Quality, knowledgeable advice is critical, and wherever you are on your path to retirement, now is always the best time to talk to your licensed financial adviser.

*Michael Ryan CPA CFP®. Ashfords Wealth Advisors: Tel 9551 2822  
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271285 of Ashfords Wealth Advisors Pty Ltd AFSL 226184*

## Did you know - 80% of the profits from your Community Bank are returned to the Community?

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At a time when other banks are posting massive profits in dividends back to shareholders and paying large salaries to corporate board members and employees, we thought we should remind you of this important point of difference in banking concepts. We still provide the vast majority of services that the other banks do, we just hand the majority of the profits back to the community. Ask yourself, do you think that's a good model for the Community and therefore a worthwhile reason to transfer your business across to Bendigo Bank – Dingley Village?



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# EYES RIGHT

By Darran Yeow



## INTERNATIONAL CONGRESS OF BEHAVIOURAL OPTOMETRY AND JAY GOING ON AN ADVENTURE

A few weeks ago I went to the international conference of behavioural optometry in Sydney. I had the opportunity to meet some amazing behavioural optometrists from around the world. There were speakers who enlightened us on how anxiety and stress can affect the visual process, the power of vision therapy for rehabilitation of patients with brain injuries, different philosophies of prescribing optical lenses and more on the emerging myope and myopia control.

Perhaps the most interesting and informative talks were given by Patti Andrich who is an occupational therapist trained vision therapist in the United States. She talked about primitive reflexes and how the integration of these reflexes is essential to establish connections between vision and other senses. Primitive reflexes are seen in all new-borns and eventually become integrated throughout the infant's development. Some reflexes that might be familiar include the grasp

reflex where the baby's fingers grasps the objects when touched or the rooting reflex when the baby's mouth opens when touched which is important for feeding.

In some children certain reflexes can be retained even when starting school which can hinder their ability to learn and coordinate their body. The primitive reflexes can be retained for a number of reasons including trauma at birth, falls, head injury, skipping or delays in crawling and chronic ear infections. An appropriate vision therapist can check for retained primitive reflexes and re-visit the developmental milestones that might have been missed.

Vision therapy can be used to make connections between vision and other senses such as auditory, tactile, and vestibular systems to integrate the retained reflexes with the central nervous system. The conference was a great insight into how behavioural optometry is growing around the world.

I am also saddened to say this will be my last article for the Dingley Dossier. My husband and I have decided to take a year off to travel the world. I will be finishing up at the Dingley Eye Centre at the end of July to commence our travels in August.

It has been a pleasure seeing you all and I will sincerely miss the patients and team at Dingley Eye Centre. I have thoroughly enjoyed my time working amongst such incredible people.

*Written by Dr Jayami Ganepola*

On behalf of the Dingley Eye Centre team, we would like to thank Jay for her wonderful service to our community and wish her all the best on her travels. Stay tuned, as we update you on our new optometrist that will be joining the team. Of course, it is business as usual as we will continue to bring you the same friendly, professional service that we are renowned for.

*Darran Yeow and team*

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# LOOKING AT LOANS



## CHOOSING BANKS

Owning your own home outright at retirement is right at the top of lists of happiness and well-being. One of the most important decisions you will make in achieving that is choosing banks. Yet historically many Australians give this scant consideration.

Structuring your lending correctly and at a lower interest rate can save you over \$100,000 in interest expense and enable you to own your home outright many years sooner. Current record low interest rates and increased competition in the market place is your friend!

We are fortunate today to have a wide range of institutions from which to choose, from the 'Big 4', to international banks represented in Australia, to smaller banks and non-banking lenders.

Market share for smaller lenders not associated with the 4 majors has grown rapidly over the last 4 years, with increasing competition driving value for customers and benefiting the retirement of average Australians. The current Royal Commission into the banking industry is adding to these competitive pressures, with major banks losing reputation in the eyes of many of their previously loyal customers, who are now more prepared to look elsewhere.

Mortgage Brokers have been fundamental in this move to alternate lenders. In the last 4 years alone, the share of broker loans concluded directly with the 4 major lenders has declined from 58.5 per cent to 50.7 per cent.

At the same time the percentage of loans originated by brokers has continued to increase, now firmly entrenched over 50%.

It is interesting that whilst some sections of the media look at headlining problems in the broker industry, complaints about mortgage brokers account for just 1% of complaints to the Financial Ombudsman Service (FOS).

At Integrity Finance Australia, we have seen a notable shift in client mindset, with clients increasingly likely to look at alternate lenders.

Potential benefits of an alternate lender

There are several potential benefits associated with having your home loan with an alternate lender, including:

- **Money in your pocket.** Alternate lenders usually have smaller overheads, because they have fewer offices and fewer expenses when it comes to marketing and labour. This should lead to lower fees and better rates.
- **Customer service.** Alternate lenders try to offer a more personalised service because they tend to have a smaller database. Improved internet facilities and telephone assistance replace branches.
- **Policy differences.** Alternate lenders often have more flexibility in policy. If your application is marginally outside major bank policy guidelines, you may find an alternate lender will suit your particular needs and circumstances.

At Integrity Finance Australia we want to help you buy your home then become debt free as fast as possible. There are pros and cons for both big banks and alternate lenders, finding the right deal for you is what's most important. You'll be the one making the repayments, so you need to be happy with the rates, service and fees that are offered.

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# SENIOR SERVICES



## CAREGIVER BURNOUT

Caregiver burnout is defined as a state of physical, mental and emotional exhaustion. It is often accompanied by a change in attitude from positive and caring to negative and unemotional. Burnout often occurs when caregivers don't get the support they require or they try to do too much on their own.

### Symptoms

Common symptoms include withdrawal from friends and family, loss of interest, feeling blue and thoughts of self-harm. Such symptoms are often similar to depression so it can be difficult to identify caregiver burnout.

Feeling powerless is often the first sign of caregiver burnout, particularly if you feel stuck in a role you didn't expect or your loved one has a termi-

nal illness that is unlikely to be cured. A feeling of powerlessness can often be alleviated by celebrating the small victories and focusing on the things you can control.

### What to do

There are numerous steps that one can take to prevent caregiver burnout. These steps include setting realistic goals for caring for your loved one, developing tools for coping and using respite care services such as Home Care Assistance. At Home Care Assistance, our team consists of the best caregivers in the industry with each employee carefully screened for their skills and compassion. Once hired, our caregivers go through specialised training for the Balanced Care Method and the Cognitive Thera-

peutics Method to help meet the needs of our clients.

As a caregiver, leisure time may seem like a luxury. However, you owe it to yourself and the person you are caring for to give yourself permission to do the things that you enjoy.

If you're not taking time off to destress, you end up getting less done in the long run. Therefore, relaxation time is important for your productivity as a caregiver. Relaxation activities can include maintaining friendships, making time for hobbies such as reading or playing with dogs and spending time out of the house.

Caregiver burnout is easily preventable if you follow a few simple steps. By setting realistic goals, using respite care if required and giving yourself leisure time; your chances of developing caregiver burnout will be significantly reduced.

Feel free to reach out to us at Home Care Assistance, SE Melbourne, for professional carer support or just a friendly chat.

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# PHYSIO FILE

## EXERCISE IS MEDICINE

The term, "exercise is medicine" is often used to help manage people with hip and knee osteoarthritis but how true is this phrase?

A recent article in the Journal of Orthopaedic and Sport Physiotherapy highlighted that there is high quality research that exercise can help reduce pain and improve joint movement. Being physically active and exercises can also prevent heart disease, diabetes, dementia and other health conditions.

Research has also shown that specific exercise therapy can result in better outcomes for yourself when compared to medications, injections or surgery. So having hip and knee osteoarthritis may prevent you from gaining all the varying health benefits from exercises.

How do you go about exercising if you do have hip and knee arthritis? Well, exercise could be simply be walking, cycling or water hydrotherapy. It is also shown that improving your overall strength is critical in improving your ability to do things around home. From this research, there are several key recommendations:

1. Exercises programs should be tailored to meet your needs

2. Consider low impact exercises such as hydrotherapy or clinical pilates if there is too much pain when exercising on land
3. Starting with a supervised exercise program is beneficial
4. Once you have started exercises, regular review of your program is recommended, to make sure to get the most out of your program.
5. Make sure you do your exercises at home to ensure your osteoarthritis is being well managed long term.
6. Ensure that you understand how to manage your flare-up in pain and how to modify your program when your pain does increase.

Still not sure what to do or how to start? At PhysioChoice, we are happy to assist in assessing your needs and developing a custom exercise program with you. We offer various forms of exercise program including clinical pilates in our rehabilitation and exercise area.

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## INTERVENTION ORDERS

Intervention Orders are court orders that place legal restrictions on one person against another person/s. It may prohibit an individual from being within a certain distance from another person. It may also place restrictions on a particular person communicating with another and so on.

The Magistrates Court can make intervention orders to protect people who have experienced violent, threatening or abusive behaviour.

### What are they

There are two types of intervention orders:

- (i) A family violence intervention order helps to protect you from a family member who is violent to you. These types of orders can be sought under the Family Violence Protection Act 2008 where there is a family relationship or a person is or has been involved in a relationship.
- (ii) A personal safety intervention order helps to protect you from someone, other than a family member, who makes you feel unsafe. These types of orders can be under the Personal Safety Intervention Orders Act 2010 where there is no family relationship or the parties are neighbours or friends.

In some instances application for an Intervention Order is made or sought by the Police. In other circumstances a

person will be required to make their own application. This will involve making an application to the Magistrates Court

### Interim orders

A magistrate can make an interim order if they believe a person is not safe and needs protecting immediately. It usually lasts until a magistrate decides whether to make a final order.

An interim order can be made without the respondent being at court or knowing about the order. It has the same effect as a final intervention order.

### Final orders

A magistrate can make a final order after they have heard the evidence at a contested hearing. The magistrate must be satisfied that the respondent has committed family violence or threats and is likely to do so again. A magistrate can also make a final order if both sides agree (consent) to the order being made, the respondent has not opposed the order, by for example, they did not turn up to the hearing.

If an Interim Order has been taken out against you, you will be served a copy of the order. This means the Police will contact you in relation to the Interim Order and the Police will provide you with a copy of the Interim Order.

### Legal assistance

Intervention orders are not simple and can have far reaching consequences particularly where children are named on an

order. Therefore, if you are considering making an application for an Intervention Order, are subject to one, or are considering defending one, it is important that you seek legal advice even if only as a one off.

It is also important that you understand the potential consequences of any breach of any Intervention Order including an interim one as a breach may have criminal consequences - meaning you might be arrested and charged by Police.

If you require further assistance with any aspect of an Intervention Order please do not hesitate to contact us on 8555 3895.

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# SCANNING THE SCHOOLS




## KINGSWOOD PRIMARY SCHOOL

Term Three at Kingswood Primary School has gotten off to a busy start. Over the school holidays we have had some changes to the school, including the installation of new bubble taps for the students, made possible by the generous donations from our Kingswood families. During the first two weeks of the term, three members of our staff travelled to Harvard University in Boston, to study an intensive course called Project Zero Classroom.

Kingswood is recognised as a school of excellence in the field of thinking and over the years, more than 11 staff have directly studied at Harvard in Boston. Now that they have returned, they have begun to share their learning with the rest of the staff.

We have many exciting things to look forward to at Kingswood in Term Three including our iiiSTEAM Conference. Once again, Kingswood Primary School is proud to host classroom practitioners that are working on the edge of required skills for the future. After a hugely successful sixth conference held last year,

we welcome keynote speakers, who will be supported by other award-winning STEAM teachers (Science, Technology, Engineering, Art & Maths) from across the country to deliver workshops that support teacher best practice in science, technology, engineering, art, and mathematics.

Kingswood Primary School, in association with Dingley Primary School and St. Mark's School, hosted a free Parent Presentation: Moving Kids from Anxious to Resilient. This presentation will help parents to recognise and understand anxiety, how it impacts on learning and happiness and learn practical steps to lessen its impact on a child's and family's life.

The presentation was proudly supported by the Rotary Club of Dingley Village. We would like to thank them for their generosity in allowing us to offer this presentation at no cost to the Families of Dingley Village.

The highlight of the year for many of our students and Families alike will be our whole school production of Peter Pan, which will take place in September. Our students have been working hard learning their lyrics and practising their dance moves. Whether our students are on stage or working behind the scenes, we are always very proud to see our community working interdependently to bring all of the elements of a major production together.

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# CIRCLING THE CLUBS



## DINGLEY VILLAGE MEN'S SHED

We have lots happening at the shed,



Our morning teas and lunches have certainly been a feature of our shed BUT who invited the termites to join us? The little blighters have eaten out a section of the back wall and we can consider ourselves lucky that the new office wall was being constructed otherwise we may never have found them until it was way too late.

Braeside Park Ranger Digger, was kind enough to bring in his miniature train on his day off and layout some track so we could all have a play. Like kids in a toy shop.

Our second Bunnings golf day 2018 was held on the 31st May at Spring Park Golf Club with Bunnings Keysborough providing gift vouchers for winners on the day.

A lot happens at the sheds, we have a new music group, the photography group are recording shed activities and our workshop is as busy as ever. Why not drop into the shed on a Friday and see what's going on.

Dingley Village Men's Shed, Cypress Drive, Braeside Park. (near Visitors Centre)

## PROBUS CLUB DINGLEY CENTRAL



Our speaker for the July meeting was Detective Senior Sergeant, Wayne Laver - 'My Life in the Police Force', who is still full-time and with 52 years' experience, presently in Detective training.

He told us several stories of what dangerous and difficult situations our police go into. We are indeed indebted to our dedicated and very brave Police force.

We commence our August activities with Michael Cormick 'This is the Moment' at FAC on 3rd, 10.30am. General



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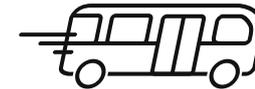
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meeting at 10am on 6th. Film day on 8th. The Camera Club meet on 9th on location. On 12th, members are leaving for their Sri Lanka trip returning on 26th. Morning coffee 'The Nest' on 13th, 10.30am. Our Day tour on 15th - Lynbrook Hotel, Self/shared drive event. The Men's lunch at 50 Acres Cheltenham RSL on 16th, 12.30pm. Craft group meet at DVNC 10am, 27th. Games Day on 30th, 10.30am. 3 events on the 31st, The Walking group meet at DVNC, 9.30am, Morning Melodies 'A Tribute to the Jersey Boys' at Waltzing Matilda Hotel at 10am and at the MTC, 'A Pack of Lies' at 8pm.

We meet on the 1st Monday of each month at the Salvation Army Hall, 13 Garden Boulevard, Dingley Village and we always welcome new members and visitors.

For further information, please contact Graham on 9551 9582.

**COUNTRY WOMEN'S ASSOCIATION DINGLEY VILLAGE**



At CWA's Dingley Village first evening meeting in June, President Lindy introduced three visitors. Karen, Jeanette, and Lesley. The members hope to have their company along with a few new ideas at the next evening meeting at 7-30pm Wednesday August 22nd at the Dingley Village Neighbourhood Centre (DVNC) in Marcus Rd.

Wednesday September 26th at 7 10am is the next daytime meeting and the following evening meeting is October 24th at 7-30pm.

All meetings will be held at the DVNC in Marcus Rd.

Our Craft days are the 2nd Wednesday at 10am of each month at a member's home. We are usually at advised at the monthly meeting, which members' house. **Future dates to mark on the calendar are:**

The State CWA Creative Arts Exhibition will be a good trip to make to Leongatha on August Friday 3rd 9 am - 5 pm and Saturday 4th 9 am - 4 pm at the Leongatha Memorial Hall.

Our Branch will be holding a Stall at Bunnings Keysborough from 10am to 2pm on September 1st, which will include cakes, scones and various craft items

CWA Dingley Village Association Day will be held on Wednesday 8th August.

Our guest speaker will be from K. O. G. O. "Knit one, Give one.

Their members knit to keep others warm during these cold winter days.

There will be a CWA National Conference on 28th - 31st September in Canberra. A few of our members hope to attend.

President Lindy at 9579 2574 or Secretary Dianna at 9580 6150 will happily pass on any information you will need to know about CWA Dingley or CWA wider community activities.

**DINGLEY VILLAGE SENIOR CITIZENS CLUB INCORPORATED**

Last month we noted that we would need our Winter woollies. Such need obviously continues! At this time of the year, some of our Members are crook with colds and the like - we wish them all a speedy recovery.

Sadly, we have to advise that our almost 100 years of age Member, Nell Slater, has passed away. Nell had been a long time Member of the Club. Our thoughts go out to her daughter, Julie.

Last month, we very much enjoyed our lunch outing to the Lynbrook Hotel.

**Our Club arrangements for the month of August are as follows:**

- 6th Committee Meeting to be followed by games and afternoon tea;
- 13th Bingo (eyes down at 1:00 p.m.);
- 20th Annual General Meeting at 1:00 p.m. followed by games and afternoon tea; and

27th Bingo (eyes down at 1:00 p.m.).  
September the 3rd – Committee Meeting  
followed by games and afternoon tea.

Our friendly group meets in the Harold  
Box Hall, Marcus Road, Dingley, mostly  
of a Monday (unless otherwise indicated)  
from 12:30 p.m. If you have a query,  
or for any further information, please  
contact our President, Lyn, on 9585  
5039 or our Vice President, Maureen,  
on 9551 8425.

### PROBUS CLUB OF DINGLEY VILLAGE INC.



The guest speaker at our July meeting  
was Wyn Roper from Quilts of Valour  
Australia, an organisation that has  
awarded quilts to Defence personnel  
touched by war, and the immediate  
families of fallen soldiers, since the  
beginning of 2012. Wyn gave us a com-  
prehensive account of the work done by  
her organisation, which is part of a world  
wide movement. Samples of their work  
were also on display.

The Guest Speaker at our August  
meeting will be Frank Carmody, one of  
the staff who tackled the Queen Street  
gunman and wrestled the gun from him,  
(after being shot 5 times) . We look for-  
ward to hearing his story.

Other August activities will include  
coffee morning on the 7th at The Nest,  
a movie lunch at the Waverley Cinema  
on the 9th, Dine Out at the Cheltenham  
RSL on the 23rd and Morning Melodies  
at the Waltzing Matilda Hotel, on the 31st  
(A tribute to the Jersey Boys with Louie  
Lee Feltree).

We meet on the first Thursday of the  
month at the Dingley Sports and Social  
Club at Souter Oval, from 10.00am.  
Visitors and prospective members are  
always welcome at our meetings, and for  
further information, or to join one of our  
activities, please contact either President  
Ursula on 9547 2580, or Secretary Davina  
on 9551 1217

### DINGLEY 60 PLUS SOCIAL GROUP

If you are in the 60 Plus age group and  
are at a bit of a loose end any Thursday  
night come along and join the group for a  
casual chat and your preferred beverage.  
We meet from 7.30 PM at the Dingley  
International Hotel (DIH) in the newly  
renovated Bistro, or sometimes just inside  
the Gaming Room door. Seek and you  
shall find.

Regular activities undertaken by the  
group include dinners, theatre nights,  
movies, BBQs, picnics, breakfasts, con-  
certs, holidays, trips, walks and dinner  
dances.

We are always happy to welcome  
new members to the Group. Any en-  
quiries about the group may be directed  
to Graeme on 9551 3462 or Shirley on  
9551 1398.



### DINGLEY CHELTENHAM VIEW CLUB

Women of all ages are most welcome to  
join. Please feel free to contact us.

We meet second Tuesday of the  
month 10.am until approx. 1130.

Where: Keysborough Golf Club 55  
Hutton Rd Keysborough.

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For further information contact Fran  
Thomas 0419 309 931 or franniet@  
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### ROTARY CLUB DINGLEY VILLAGE

For those interested, the Club has changed  
its meeting night and format. We now  
meet on the first three Thursdays of the  
month at 6.30 pm and on the second  
Thursday of the month, we are joined  
by the Rotary Club of Noble Park/Keys-  
borough for a combined meeting. Any  
prospective new members will always  
find a very warm welcome at any of our  
meetings.

Please do yourself a favour and  
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website is [www.rc-dingley-village.org.au](http://www.rc-dingley-village.org.au)  
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# CHURCHES & CHALLENGES



## HEATHERTON-DINGLEY UNITING CHURCH



Cnr. Kingston and Old Dandenong Roads, Heatherton

Sunday services at 10.00 a.m.

Sacrament of Holy Communion second Sunday of the month at 10.30 a.m.

All enquiries phone 9544 5324

[www.heathertondingley.unitingchurch.org.au](http://www.heathertondingley.unitingchurch.org.au)

*Our Vision and our Mission*

*To seek to connect people to God and each other*

*Heatherton-Dingley Uniting Church - Meeting U at the Crossroads of Life*

### What's On

Wednesdays – **Prayer meeting** at the church 9.00 – 9.30 a.m.

If you have a concern, that you would like prayed about, ring Margaret on 9551 9494

**Know Your Bible** 9.30 – 11.00 a.m. An interdenominational study for women of the Bible. For further information contact Jennifer on 0419 115 811

### FIRST FRIDAY OF EACH MONTH

**Indoor Carpet Bowls** – 7.30 p.m. in the Church Hall followed by supper

## VILLAGE CHURCH DINGLEY

*“Inspiring People to Discover and Develop Life in Christ”*

*Church Office: 7–9 Fiveways Blvd., Keysborough. 3173*

*Note new Phone number: 8712 8254*

*Email: [admin@villagechurch.org.au](mailto:admin@villagechurch.org.au)*

*[www.villagechurch.org.au](http://www.villagechurch.org.au)*

**Our Church program for AUGUST is as follows:**

### SUNDAYS

10.00 a.m. **Worship Service** at the Harold Box Hall, 31 Marcus Road, Dingley Village.

# Kids' Church

\***Kids Church** in the Dingley Village Neighbourhood Centre - 10.30am to 12 noon, children from birth to Grade 6. All welcome.

## MONTHLY LADIES AND MENS GROUPS:

\* **Homemakers** - 1st Monday of each month. 6th August, 7.45pm, Dingley.

**Men's Group** – Tuesday 14th August. 6-9pm. BBQ, fellowship and sharing. 7 Fiveways Boulevard.

## LIFE GROUPS:

\***Youth** – Fortnightly Tuesdays 7th, 21st August. 6.30pm. Springvale South.

\*Wednesday nights – Fortnightly 7-8.30pm. 1st, 15th and 29th August. Dingley.

Sunday nights – 1st and 3rd Sundays, 7-8.30pm. 5th and 19th August. Keysborough.

## PRAYER TIME:

Weekly - Wednesdays 10-11am at church office. Tea/coffee afterwards.

Monthly – Saturday 18th August, 7-8am and 9-10am at church office.

## BIBLE STUDY:

\*Women's – Thursday 2nd, 16th and 30th August. Precept Ministries study on the book of Ruth. Fortnightly at the church office 10-11.30am.

Open – Thursday 2nd, 16th and 30th August. Fortnightly at church office 2pm.

\*Not held during school holidays.

## MARRIAGE & FAMILY SUPPORT:

For nearly 80 years, Village Church has served the people of Dingley Village and its surrounding suburbs. We greatly value the involvement that we have always had in our community and desire to make a difference for the greater good of all. As a caring church, our heart is to serve the community, by having an impact in and amongst its families. In today's climate, families and marriages are under attack; many relationships are strained and are at breaking point. Many don't know where to turn, who to trust and as a result become despondent and disillusioned with life.

We believe that now more than ever, Village Church can play a pivotal role in strengthening and encouraging families, as we commit to giving our all to help you out. We have many gifted, equipped and willing members who would love to listen, encourage and give sound advice to you. Village Church desires to help and would love to present practical solutions, to any and every area that brings tension,

pain and confusion. Please give us a call on 0481 352 404, we would love to be able to encourage, support and strengthen you.

Our Church Office is at 7-9 Fiveways Boulevard, Keysborough, and is open from Monday to Friday, 9.00a.m. to 12pm - Phone Number 8712 8254. Please feel free to call Lesley with any enquiries you may have.

Our Senior Pastor is Rodney Hole who may be contacted through the Church Office.



## KINGSTON CITY CHURCH

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Email: [admin@kingstoncitychurch.com.au](mailto:admin@kingstoncitychurch.com.au)

Senior Pastor: Dan Parker Senior Associate Pastor: Dave Harrison

Sunday Services: 10am Service has Children's Ministry.

When God calls us to salvation, He calls us to fellowship with Himself, His Son and His Holy Spirit. New life is imparted as we are slowly being transformed. We learn to trust God in our daily walk. We surrender our struggles, anxieties and fears. If we ask, He promises us His peace.

Jesus said, 'I am leaving you with a gift – peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid.' (John 14:27 NLT)

In a day when life can be stressful and overwhelming; God's perfect peace is a must! God wants us to have a life lived to the fullest and that includes being at peace.

Discover God's peace 'that surpasses all understanding.'

Helen Nicolos  
Kingston City Church

## ST. MARK'S CATHOLIC CHURCH

511 Lower Dandenong Road, Dingley Village 3172

Office open Tuesdays 8:30am to 11:30am

Phone / Fax: 9551 6930

Parish Priest: Fr. Benedict M. La Volpe OFM Conv.

**Baptism:** Bookings through the St Joseph's Parish Office, Springvale (9547 4877).

Baptisms will be held at St Joseph's Springvale and St Mark's Dingley on alternate months- contact the church offices  
Weddings: By appointment only

**Confession:** 5:30pm prior to Saturday Vigil Holy Mass, or by appointment

**Holy Mass Times:**

Monday to Friday: 7:00am in the Friary Chapel

Saturday: 6:00pm Vigil in the Church

Sundays: 9:30 AM Sunday Mass (NB. only one Mass on Sunday)

**Some important dates for the month of August**

- 1st Saint Alphonsus Ligouri
- 3rd Saint Dominic
- 4th Saint John Vianney
- 6th Transfiguration of Our Lord
- 8th Saint Mary Mackillop
- 11th Saint Clare of Assisi
- 14th Saint Maximilian Kolbe
- 15th Assumption of the Blessed Virgin Mary
- 22nd Queenship of the Virgin Mary
- 27th Saint Monica
- 28th Saint Augustine - Bishop & Doctor
- 29th Passion of Saint John the Baptist

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10:30am: Contemporary Service in the Auditorium.

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**COMING EVENTS at CCD**

**First Aid Course** -Level 2 and CPR update - Saturday 4 August.

Cost \$110, (\$60 for CPR only). Register at 9551 7871. Pre-course homework required to be completed.

**Confirmation Service** with Bishop Paul

Barker on Sunday 5 August at 10am - one service only on this day.

**Alpha Course** – Commencing Tuesday 7 August 6.45-9.30pm (Meal Included)  
Video and discussion on seven weekly topics to give basic understanding of Christian Faith. All welcome. (No course cost -gold coin donation for meal).See [www.alpha.org.au](http://www.alpha.org.au)

**Pleasant Tuesday Communion Service** – 14 August, 2pm in the Church. Service includes Holy Communion and Favourite Hymns, followed by a sumptuous afternoon tea. Transport available on request: 9551 7871.

**Prison Ministry** – Hear Rev Ian Whitehill share the inside story on prison life to gain a new perspective -representing Prison Fellowship Australia.  
Sunday 19 August at 8.30 and 10.30am

**REGULAR MINISTRIES**

**Healing Prayer Ministry** (Inner Healing) Mondays & Thursdays 9:30am or 11:30am (during school term) by appointment: 9551 7871

**Healing Rooms** (Physical Healing) Wednesday Mornings: come between 10:30am and 11.30am

**Professional Christian Counselling**  
Appointments: 9551 7871

**Medical Mission Aid Stall** First Sunday of every month, (5 August this month) 8am until 1pm (before and after morning services). Beautiful homemade goods, new items, and yummy cakes, jams and relishes. Funding provides medical supplies to six hospitals in Tanzania, Kenya and Rwanda.

**Conversational English Classes** for Adult Students, Saturdays from 10am -12noon during School terms. Beginners to Advanced catered for.

**For Youth and Young Adults:**

**Reverse** (Youth) every Friday (in school term) from 7:00pm. All Years 7-12 welcome!

**Dare:** Tertiary students / Young Adults meet 7.30 pm Monday evenings.

**Church Office:**

For all enquiries, contact the office: 9551 7871

**Ministers:**

Vicar: Rev. Wayne Walters: 0425 163 730  
Associate Minister: Tanya Cummings 0408 912 412

Children, Youth & Young Adults' Minister: Andrew Capon



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Hondcar Service Centre	8555 0566		<b>JEWELLERY</b>		
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Ashfords Wealth Advisors	9551 2822		Tom the Lumberjack		0418 560 933
Integrity Finance Australia	9551 8883	0417 593 893	McPhees Gardening		041 957 1605
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Vaughan – Dingley Bicycle repairs	9551 1875		<b>LOCKSMITHS</b>		
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<b>CHIROPRACTOR</b>			PhysioChoice	9558 2155	
Dingley Chiropractic Centre	9558 1436		<b>MEDICAL SERVICES</b>		
<b>CHURCHES</b>			Interhealth Clinic	9558 2155	
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Salvation Army	9558 2045		Dingley Eye Centre	9551 4244	
Heatherton Dingley Uniting	9544 5324		<b>PAINTERS &amp; DECORATORS</b>		
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<b>COMMUNITY</b>			Keats Plaster		0402 917 110
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